

CHECK!

Talking about an important stage in my life

LEVEL

Intermediate (B1)

NUMBER

EN_B1_1104C

LANGUAGE

English



Let's check!

Can I talk about an important stage in my life?

- Can I talk about the past with *used to*?
- Can I talk about different stages in life?
- Can I talk about a turning point in my life?



Warm-up

Discuss the questions in breakout rooms or together as a class.

What was your dream as a child? What did you want to be when you grew up?



Has your life turned out differently since then?



Learning outcome 1

Can I talk about the past with *used to*?

Describing the past with *used to*

1. **Read** the prompts below.
2. **Fill in the gaps** with the correct form of the verb.
3. **Respond** to the prompts.

1 Name something you _____ (**use - eat**)
when you were a kid but don't eat anymore?

2 Describe someone you _____ (**use - hang
out with**) but don't hang out with anymore.

3 What's something you _____ (**not - use -
think**) about until you became an adult?

4 Talk about a film you _____ (**use - love**)
but you don't love anymore.

5 Think of a place you _____ (**not - use - go**)
until recently.





Let's check! Feedback round

Your teacher will now highlight what was done well and some mistakes that were made **in the last activity** for you to reflect on.



Good examples



Find the mistake!





Learning outcome 2

Can I talk about different stages in life?

Talk about an important stage in your life

1. Take 2 minutes to **think of** three important moments in your life.
2. **Share** your experience with the class. Has anybody got a similar story to you?



a trip abroad

meeting
someone special

finding a (new)
style

breaking a habit

marriage

starting or
finishing a job

losing a loved
one

buying or moving
into your first
house

starting
university or
college



Let's check! Feedback round

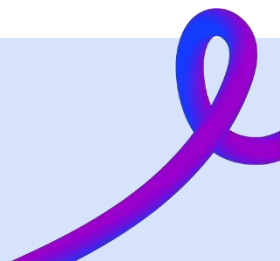
Your teacher will now highlight what was done well and some mistakes that were made **in the last activity** for you to reflect on.



Good examples



Find the mistake!





Learning outcome 3

Can I talk about a turning point in my life?



Describing a turning point in your life

1. **Answer** the questions below.
2. **Share** your answers with the rest of the class.

1 What's the best decision you've ever made? Why?

2 What's the toughest thing you've ever done? Why?

3 What's the best holiday you've ever taken? Why?

4 What's the happiest you've ever been? Why?





Let's check! Feedback round

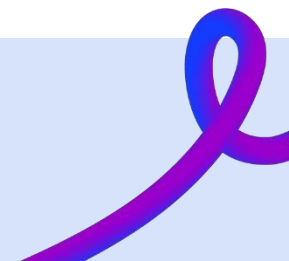
Your teacher will now highlight what was done well and some mistakes that were made **in the last activity** for you to reflect on.



Good examples



Find the mistake!





- Can I talk about the past with *used to*?
- Can I talk about different stages in life?
- Can I talk about a turning point in my life?

Your teacher will now recommend whether you should move on to the next chapter or review lessons from this chapter.

End of the lesson

Idiom

*Sometimes it's easier to just **go with the flow**.*

Meaning: to let things happen to you rather than trying to control events.



Additional practice



Discuss

Discuss your past habits in these four areas using ***used to***. How have things changed since then?

Eg: I used to party a lot when I lived in the city. Now I live in the countryside and I have two kids – so my party days are over!



work

family and friends

hobbies and interests

dreams and goals

Encouraging someone to make positive decisions

What would you suggest to these people below? How would you encourage them to change their situation for the better?



Suzy (23)

Wants to be an artist
Doesn't have enough money to go to art school
Feels like she has no options



Lionel (67)

Recently divorced
Wants to see the world and tick off places on his bucket list
Doesn't feel confident travelling alone



Graham (40)

Left his old job as a shop assistant
Needs to find a new job
Doesn't have enough qualifications



Sarah (31)

Recently had a baby
Is tired all the time and doesn't have time for herself
Wants to meet someone special but doesn't know how



Joel (55)

Recently moved to a new city
Wants to meet like-minded people but works long hours
Needs to find a better work-life balance



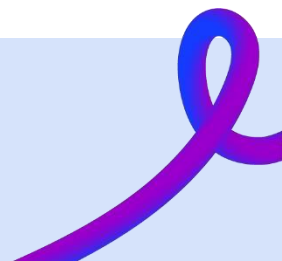
Describe...

**...a dish that reminds
you of childhood.**

**...a place you
remember going to
when you were a
kid.**

**...an inspiring
teacher you had in
high school.**

**...a song that reminds
you of a particular time
in your life.**





Discuss

What's the longest holiday you've ever had?



Who is the most interesting person you've ever met?



Discuss

Read the proverb and answer the questions below.



No pain, no gain.

What do you think this proverb means?

Do you agree with it? Why or why not?

Do you think it's necessary to leave your comfort zone in order to grow as a person?

What are some challenges that most people face over the course of a lifetime?





Check Summary

Discussing stages in life

to remember vs. to remind:

- Remember + verb + *ing* = *to have a memory of something we did or of something that happened in the past.*
- Remind someone of someone / something: makes you think of a certain person or thing
- We also use it to talk about states in the past which are **no longer true**.

Real-life language:

- Look at me now!
- I made it!
- You should be proud of yourself!

Phrases:

- a dream come true, to dwell on the past, times have changed, to stay true to yourself

Vocabulary:

- Memory, childhood, grown-up, to grow up



Check Summary

Talking about the past with *used to*

Used to:

- We use ***used to*** to talk about **habits** or **repeated actions** in the past which we don't do in the present.
- We also use it to talk about states in the past which are **no longer true**.

Real-life language:

- Trust me, ...
- That's what matters!



Check Summary

Sharing a life-changing experience

Superlative:

- We use superlative adjectives together with **the** to describe something that is at the upper or lower limit of quality.
- We add **-est** to one-syllable words.
- We use the word **most** to make superlatives for adjectives with two or more syllables.



Check Summary

Sharing a life-changing experience

Superlative – exceptions:

- If an adjective **ends in a consonant and –y**, we change –y to –i and add **-est**
- The superlative form of good, bad and far is **best**, **worst** and **farthest/furthest**.

Superlative – exceptions:

- If an adjective **ends in –e**, we add **-st**.
- If an adjective **ends in a vowel and a consonant**, we double the consonant, e.g. biggest.

Real-life language:

- Why don't you give it a go?, Come on! You've got nothing to lose!, I feel completely stuck at the moment.

Vocabulary:

- turning point, to get through something, bucket list, to take a toll on someone, to feel sorry for yourself, on your own, excuse



Vocabulary

memory

childhood

to grow up

grown-up

dream come true

to dwell on the past

times have changed

to stay true to yourself

to end up somewhere

to remind (of)

You should be proud of yourself!

to remember doing something



Vocabulary

to complain

used to

That's what matters!

Trust me, ...

to make an effort



Vocabulary

turning point

to get through something

to leave your comfort zone

bucket list

to take a toll on someone

Why don't you give it a go?

Come on! You've got nothing to lose!

I feel completely stuck at the moment.

excuse



Notes