

# Storyboard

**Tyler Pranger 03/25/2021**

# Story 1 - Leia

1. Leia decides that she wants to keep track of her own personal progress
2. Googles fitness trackers and comes across the website
3. Reads the home page and decides to register for an account
4. Registers an account
5. Generates her first workout and modifies her workout
6. Works out and then enters in her stats for that workout and saves it
7. Does a few more workouts over the next few days
8. Generates an exercise stats based on the exercise she wanted to track
9. Is able to view the graph out her progress over the last few days

# Story 2 - Ben

1. Ben's spouse tells him that they would like to see him become more active
2. Ben previously had an exercise plan that was too difficult to navigate
3. Finds the web site doing research into finding which application to use and decides to register
4. Generates his first workout and modifies the exercises
5. Works out and then enters in his stats for that workout and saves it
6. Ben works out consistently 3 times a week for the next month and records his stats for each workout
7. Generates his first exercise stats report
8. Finds that he has made progress
9. Continues to use the application

# Story 3 - Luke

1. Luke decides to take up a new hobby to reduce stress and decided to start a workout program
2. Started going to the gym with no real workout plan, and heard about the application from a trainer
3. Luke registered for an account
4. Recorded his workouts for the next year and reviewed his results every few months
5. Enjoyed that there was progress was made
6. Continues to use the program for the foreseeable future