

A Group Project Report
On
**DIABETES DETECTION USING
MECHINE LEARNING**

Submitted
In the partial fulfilment of requirements for
The award of the degree of

BACHLEOR OF TECHNOLOGY

In
Electronics & Communication Engineering [ECE]

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CERTIFICATE

This is to certify that the DSP Lab Project work entitled “**DIABETES DETECTION USING MECHINE LEARNING**”, submitted by

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in fulfilment for the award of **Bachelor of Technology** Degree in **Electronics and Communication Engineering** from **Sreenidhi Institute of Science & Technology**, an autonomous institute under Jawaharlal Nehru Technological University, Telangana is a record of Bonafide work carried out by them during the academic year 2023-2024 under our guidance and supervision.

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DECLARATION

We hereby declare that the work described in this report, entitled " **DIABETES DETECTION USING MACHINE LEARNING** " which is being submitted by us in partial fulfilment for the award of Bachelor of Technology in Electronics and Communication Engineering (ECE), Sreenidhi Institute Of Science & Technology affiliated to Jawaharlal Nehru Technological University Hyderabad, Kukatpally, Hyderabad (Telangana) -500 085 is the result of investigations carried out by us under the Guidance of E. Lavanya Assistant Professor, ECE Department. Sreenidhi Institute of Science and Technology, Hyderabad. The work is original and has not been submitted for any Degree/Diploma of this or any other university.

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We would like to express my gratitude to all the people behind the screen who helped us to transform an idea into a real application.

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ABSTRACT

Diabetes is an illness caused because of high glucose level in a human body. Diabetes should not be ignored if it is untreated then Diabetes may cause some major issues in a person like: heart related problems, kidney problem, blood pressure, eye damage and it can also affect other organs of human body. Diabetes can be controlled if it is predicted earlier. To achieve this goal, we do early prediction of Diabetes in a human body or a patient for a higher accuracy through applying, various Machine Learning techniques. Machine learning techniques provide better result for prediction by constructing models from datasets collected from patients. In this project, we will use Machine Learning Classification and techniques on a dataset to predict diabetes which are Decision Tree (DT), Support Vector Machine (SVM), Gradient Boosting (GB) and Random Forest (RF). The accuracy is different for every model when compared to other models. The project work gives the accurate or higher accuracy model shows that the model is capable of predicting diabetes effectively. Our Result shows that Random Forest achieved higher accuracy compared to other machine learning techniques.

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CHAPTER 1

INTRODUCTION

1.1 DEFINITION OF DIABETES?:

Diabetes is the fastest growing disease among the people even among the youngsters. In understanding diabetes and how it develops, we need to understand what happens in the body without diabetes. Sugar (glucose) comes from the foods that we eat, specifically carbohydrate foods. Carbohydrate foods provide our body with its main energy source everybody, even those people with diabetes, needs carbohydrates. Carbohydrate foods include bread, cereal, pasta, rice, fruit, dairy products and vegetables (especially starchy vegetables). When we eat these foods, the body breaks them down into glucose. The glucose moves around the body in the bloodstream. Some of the glucose is taken to our brain to help us think clearly and function. The remainder of the glucose is taken to the cells of our body for energy and also to our liver, where it is stored as energy that is used later by the body. In order for the body to use glucose for energy, insulin is required. Insulin is a hormone that is produced by the beta cells in the pancreas. Insulin works like a key to a door. Insulin attaches itself to doors on the cell, opening the door to allow glucose to move from the blood stream, through the door, and into the cell. If the pancreas is not able to produce enough insulin (insulin deficiency) or if the body cannot use the insulin it produces (insulin resistance), glucose builds up in the bloodstream (hyperglycaemia) and diabetes develops. Diabetes Mellitus means high levels of sugar (glucose) in the blood stream and in the urine.

Symptoms of diabetes:

- Frequent Urination
- Increased thirst
- Tired/Sleepiness
- Weight loss
- Blurred vision
- Mood swings
- Confusion and difficulty concentrating

Causes of diabetes:

Genetic factors are the main cause of diabetes. It is caused by at least two mutant genes in the chromosome 6, the chromosome that affects the response of the body to various antigens. Viral

infection may also influence the occurrence of type 1 and type 2 diabetes. Studies have shown that infection with viruses such as rubella, Coxsackievirus, mumps, hepatitis B virus, and cytomegalovirus increase the risk of developing diabetes.

What is diabetes prediction?

Predicting whether the patient has diabetes or not on the basis of the features and machine learning model using algorithms is called diabetes prediction

1.2 SCPOE OF THE PEOJRCT:

The scope of using machine learning for diabetes prediction is quite promising. Machine learning algorithms can analyze large amounts of data and identify patterns that may be difficult for humans to detect. In the case of diabetes, machine learning models can be trained on various factors such as medical history, lifestyle choices, genetic information, and other relevant data to predict the likelihood of an individual developing diabetes in the future.

Here are some key areas where machine learning can contribute to diabetes prediction:

Early detection: Machine learning algorithms can help identify early signs of diabetes by analyzing a person's medical records, lab results, and other health-related data. By detecting diabetes at an early stage, interventions can be made to prevent or delay the onset of the disease.

Risk assessment: Machine learning models can assess an individual's risk of developing diabetes based on their demographics, lifestyle factors, and genetic predisposition. This can help prioritize preventive measures and provide personalized recommendations to reduce the risk of diabetes.

Predictive modeling: By analyzing historical data of patients with diabetes, machine learning models can predict the future progression of the disease for an individual. These models can help healthcare professionals estimate the likelihood of complications and guide treatment decisions.

Personalized medicine: Machine learning can enable the development of personalized treatment plans based on an individual's specific characteristics. By considering various factors such as age, weight, lifestyle, and medical history, machine learning models can suggest tailored interventions to manage diabetes effectively.

Remote monitoring: Machine learning algorithms can be used in conjunction with wearable devices and continuous glucose monitoring systems to track and analyze real-time data. This can provide valuable insights into an individual's glucose levels, insulin requirements, and overall health status, facilitating timely interventions and adjustments to treatment plans.

However, it is important to note that machine learning models for diabetes prediction are not without limitations. They rely heavily on the quality and representativeness of the data used for training, and their predictions are probabilistic in nature. Additionally, ethical considerations, data privacy, and regulatory compliance must be carefully addressed when implementing machine learning in healthcare settings.

Overall, the scope of using machine learning for diabetes prediction is promising and can significantly contribute to early detection, personalized treatment, and improved management of the disease. Ongoing research and advancements in this field hold great potential for enhancing diabetes care and patient outcomes.

3. PROJECT OVERVIEW:

- Data analysis: Here one will get to know about how the data analysis part is done in a data science life cycle.
- Exploratory data analysis: EDA is one of the most important steps in the data science project life cycle and here one will need to know that how to make inferences from the visualization and data analysis
- Model building: Here we will be using 4 ML models and then we will choose the best performing model.
- Saving model: Saving the best model using pickle to make the prediction from real data.

3. OBJECTIVE OF THE PROJECT:

The objective of diabetes prediction using machine learning is to develop models that can accurately predict the likelihood of an individual developing diabetes based on their features or risk factors. The primary goals of diabetes prediction are as follows:

1. **Early Detection:** Machine learning models can help identify individuals who are at a higher risk of developing diabetes in the future. By analyzing a combination of features such as age, body mass index (BMI), blood pressure, glucose levels, family history, etc., the models can

provide early warnings, allowing for proactive interventions and lifestyle modifications to prevent or delay the onset of diabetes.

2.Personalized Risk Assessment: Machine learning models can provide personalized risk assessments by analyzing an individual's unique combination of features. This can help healthcare providers and individuals understand their specific risk factors and take appropriate preventive measures.

3.Support Clinical Decision-Making: Machine learning models can assist healthcare professionals in making informed decisions about diabetes diagnosis and treatment. By analyzing patient data and providing predictions, the models can act as decision support tools, aiding healthcare providers in diagnosis, treatment planning, and monitoring.

4.Public Health Planning: Aggregate insights gained from machine learning models can be used for public health planning and resource allocation. By analyzing patterns and trends in large datasets, policymakers and public health officials can identify high-risk populations and develop targeted interventions and preventive strategies.

CHAPTER 2

LITERATURE SURVEY

A literature survey on diabetes detection involves reviewing existing research and developments in the field to understand current methodologies, technologies, and findings.

Diabetes, characterized by high blood glucose levels, requires early detection and continuous monitoring to prevent complications. Traditional detection methods include the Fasting Plasma Glucose (FPG) test, Oral Glucose Tolerance Test (OGTT), Hemoglobin A1c (HbA1c) test, and Random Plasma Glucose test, focusing on measuring blood glucose levels under various conditions.

Modern advancements leverage machine learning (ML) and artificial intelligence (AI) for improved accuracy and predictive capabilities. Techniques like Support Vector Machines (SVMs), neural networks, decision trees, and K-Nearest Neighbors (KNN) are employed in diabetes detection. Data sources such as Electronic Health Records (EHRs), wearable devices, and genomic data enhance these models' effectiveness. Biomarkers and genetic testing aid in early identification of at-risk individuals.

Advanced imaging techniques, including retinal imaging for diabetic retinopathy and foot scans for detecting ulcers, are also crucial. Recent innovations include smartphone apps, non-invasive glucose monitoring methods, and telemedicine, improving patient convenience and engagement. Challenges include ensuring data privacy, integrating new technologies with existing systems, and making advanced methods affordable and accessible. Despite these, AI-driven prediction models and wearable devices show promise in real-world applications, enhancing diabetes management and patient outcomes. Future research should address current limitations, focusing on accessibility, affordability, and integration with healthcare infrastructure.

CHAPTER 3

METHODOLOGY

1. PROBLEM STATEMENT:

Diabetes, a chronic condition characterized by high blood glucose levels, requires early detection and continuous monitoring to prevent severe complications. Traditional diagnostic methods are often delayed, invasive, and inconvenient, leading to reduced patient compliance and late diagnoses. Advanced tools are costly and inaccessible in low-resource settings, and fragmented health data hampers comprehensive management. Additionally, integrating new technologies raises privacy and security concerns. The objectives are to develop non-invasive detection methods, leverage AI and ML for predictive analysis, enhance data integration, ensure data privacy, and improve accessibility and affordability of diagnostic tools to better manage and prevent diabetes.

2. EXISTING METHODOLOGY:

There are several existing systems for the prediction of diabetes using machine learning. These systems utilize various machine learning algorithms to analyze patient data and make predictions about the likelihood of developing diabetes. Here are a few examples:

1.Support Vector Machines (SVM): SVM is a popular machine learning algorithm used for classification tasks. It can be applied to diabetes prediction by training the model on a dataset containing features such as age, body mass index (BMI), blood pressure, glucose levels, etc. The trained SVM model can then be used to predict whether a new patient is likely to develop diabetes based on their feature values.

2.Random Forest: Random Forest is an ensemble learning algorithm that combines multiple decision trees to make predictions. In the context of diabetes prediction, a Random Forest model can be trained on a dataset containing patient features and their corresponding diabetes status. The model can then be used to predict the likelihood of diabetes for new patients by aggregating the predictions of individual decision trees.

3.Artificial Neural Networks (ANN): ANNs are versatile machine learning models inspired

by the human brain's neural structure. They consist of interconnected layers of artificial neurons that learn from data through a process called training. ANN models can be trained on a diabetes dataset to learn complex patterns and make predictions about diabetes risk based on patient features.

4.Logistic Regression: Logistic Regression is a commonly used statistical model for binary classification tasks. It can be applied to diabetes prediction by fitting a logistic regression model to a dataset containing patient features and their corresponding diabetes outcomes. The model can then be used to estimate the probability of diabetes for new patients based on their feature values.

5.Gradient Boosting: Gradient Boosting is an ensemble learning technique that combines multiple weak prediction models (usually decision trees) to create a strong predictive model. By iteratively improving the model's predictions, gradient boosting can be used for diabetes prediction by training on a dataset with patient features and diabetes labels.

These are just a few examples of machine learning algorithms that can be used for diabetes prediction. The choice of algorithm depends on factors such as the size and nature of the dataset, computational resources, and desired performance. It's important to note that these systems are trained on historical data and provide predictions based on patterns observed in the training data, but they do not guarantee accuracy for individual cases. Medical professionals should be consulted for accurate diagnosis and treatment.

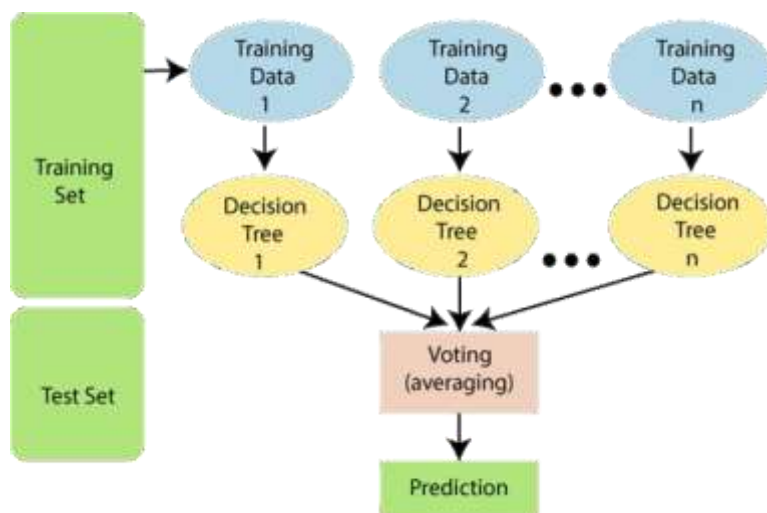
3.3 PROPOSED METHODOLOGY:

- 1.The main objective of this project is to predict diabetics using machine learning algorithms.
- 2.To achieve this goal, we do early prediction of Diabetes in a human body or a patient for a higher accuracy through applying various Machine Learning techniques.
- 3.In this project, we will use Machine Learning Classification and ensemble techniques on a dataset to predict diabetes which are Decision Tree (DT), Support Vector Machine (SVM), Gradient Boosting (GB) and Random Forest (RF).
- 4.The accuracy is different for every model when compared to other models. The project work gives the accurate or higher accuracy model shows that the model is capable of predicting diabetes effectively. Our Result shows that Random Forest achieved higher accuracy compared to other machine learning techniques.

3.4 ALGORITHM:

1.RANDOM FOREST ALGORITHM

Random Forest is a classifier that contains a number of decision trees on various subsets of the given dataset and takes the average to improve the predictive accuracy of that dataset. Instead of relying on one decision tree, the random forest takes the prediction from each tree and based on the majority votes of predictions, and it predicts the final output.



Working of Random Forest algorithm:

The Random Forest algorithm is a versatile and powerful ensemble learning method that combines the predictions of multiple decision trees to create a robust and accurate predictive model. It is known for its ability to handle complex data, maintain good generalization, and effectively address overfitting issues.

The working of the Random Forest algorithm can be summarized in the following steps:

- 1. Data Preparation:** As with any machine learning algorithm, the first step involves preparing the dataset by organizing it into a structured format. Each instance in the dataset represents a collection of features or attributes, along with their corresponding labels or target values.
- 2. Bootstrap Sampling:** Forest employs a technique called bootstrap sampling Random or bagging. In this step, random subsets of the original dataset are created through random

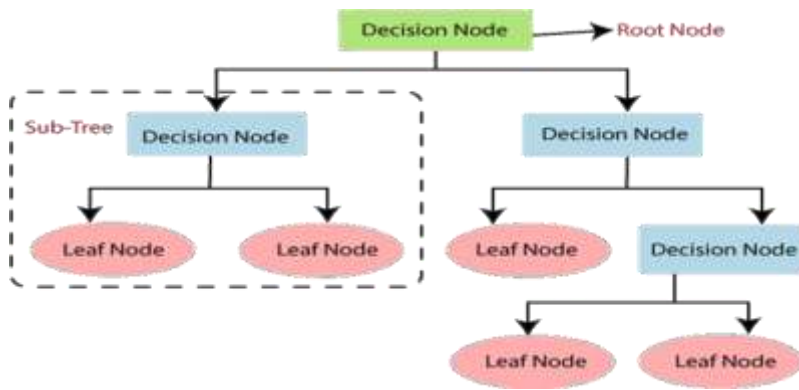
sampling with replacement. Each subset, called a bootstrap sample, is used to train an individual decision tree.

3. **Decision Tree Construction:** For each bootstrap sample, a decision tree is constructed using a recursive partitioning process. At each node of the tree, a random subset of features is considered for splitting. This random selection of features helps in reducing correlation among the trees and promoting diversity in the ensemble.
4. **Ensemble Combination:** Once all the decision trees are constructed, the Random Forest algorithm combines their predictions to make the final prediction. In classification tasks, it uses majority voting, where the class label that appears most frequently among the trees is selected as the final prediction. In regression tasks, it takes the average of the predicted values from all the trees.
5. **Feature Importance:** Random Forest provides a measure of feature importance based on the reduction in impurity or error achieved by each feature during the tree construction process. This information helps in identifying the most influential features in the dataset and can aid in feature selection or understanding the underlying patterns.
6. **Prediction:** The trained Random Forest model can be used to make predictions on new, unseen instances by passing them through each individual decision tree and aggregating their predictions.

Random Forest algorithm offers several advantages. It can handle both categorical and numerical features, effectively handles high-dimensional data, and can deal with missing values. It is resistant to overfitting due to the use of bootstrap sampling and feature randomization. Additionally, Random Forest is computationally efficient and can parallelize the training process for large datasets.

2.DECISION TREE ALGORITHM

Decision Tree is a Supervised learning technique that can be used for both classification and Regression problems, but mostly it is preferred for solving Classification problems. It is a tree-structured classifier, where internal nodes represent the features of a dataset, branches represent the decision rules and each leaf node represents the outcome.



Working of decision tree algorithm:

The decision tree algorithm is a popular and intuitive machine learning technique used for both classification and regression tasks. It operates by constructing a tree-like model of decisions and their possible consequences. This algorithm is based on a divide-and-conquer strategy, recursively partitioning the data based on feature values to make predictions or draw conclusions.

The working of the decision tree algorithm can be summarized in the following steps:

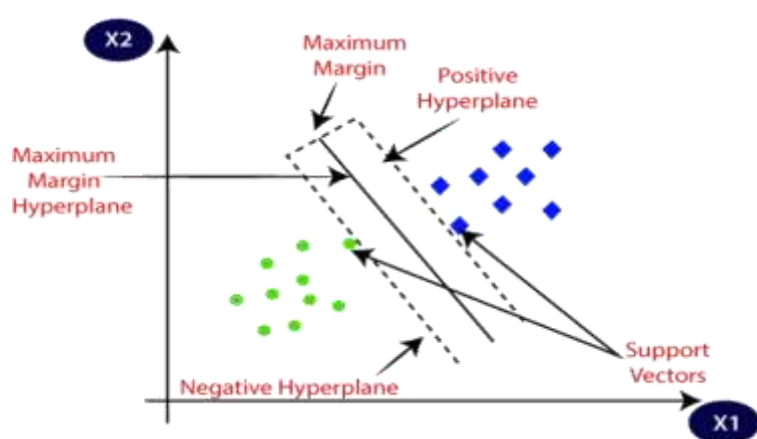
- 1. Data Preparation:** The first step involves preparing the dataset by organizing it into a structured format. Each instance in the dataset represents a collection of features or attributes, along with their corresponding labels or target values.
- 2. Tree Construction:** The algorithm starts with the entire dataset and analyzes the features to determine the best attribute that splits the data into subsets. It employs various criteria, such as Gini impurity or information gain, to measure the homogeneity or impurity of the target variable within each subset. The attribute with the highest impurity reduction is selected as the root node of the tree.
- 3. Recursive Partitioning:** The dataset is then partitioned based on the selected attribute. Each partition forms a branch or child node connected to the root node. The process is recursively repeated for each child node until certain termination conditions are met, such as reaching a maximum tree depth or a minimum number of instances in a node.
- 4. Leaf Node Assignment:** As the tree expands, decision rules are created at each internal node based on the chosen attribute. Eventually, the recursive partitioning process leads to the creation of leaf nodes, which represent the final predictions or conclusions. Leaf nodes are assigned the majority class label in the case of classification problems or the mean or median value for regression tasks.

5. **Pruning** (Optional): After the initial tree construction, pruning techniques may be applied to prevent overfitting and improve generalization. Pruning involves removing or merging certain nodes in the tree based on criteria such as cost complexity or cross-validation error.
6. **Prediction**: Once the decision tree is constructed, it can be used to make predictions on new, unseen instances. The algorithm follows the decision rules and traverses the tree from the root node to the appropriate leaf node, ultimately providing the predicted class label or numerical value.

The decision tree algorithm offers several advantages, including interpretability, as the resulting tree structure can be easily visualized and understood. It can handle both categorical and numerical features, as well as missing values.

3.SVM ALGORITHM

The goal of the SVM algorithm is to create the best line or decision boundary that can segregate n-dimensional space into classes so that we can easily put the new data point in the correct category in the future. This best decision boundary is called a hyperplane. SVM chooses the extreme points/vectors that help in creating the hyperplane. These extreme cases are called as support vectors, and hence algorithm is termed as Support Vector Machine.



Working of SVM Algorithm:

The Support Vector Machine (SVM) algorithm is a powerful machine learning technique used for both classification and regression tasks. It works by finding an optimal hyperplane that maximally separates data points belonging to different classes or predicts a continuous target variable.

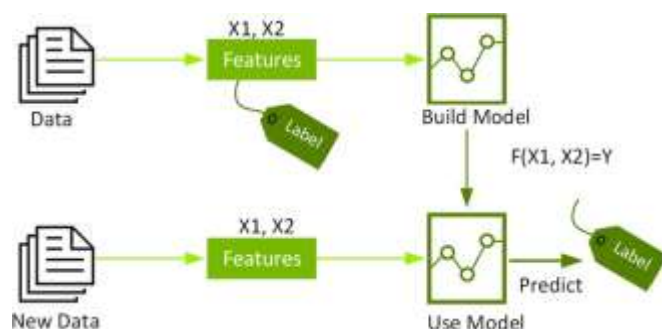
The working of the SVM algorithm can be summarized in the following steps:

1. **Data Preparation:** The first step involves preparing the dataset by organizing it into a structured format. Each instance in the dataset represents a collection of features or attributes, along with their corresponding class labels or target values.
2. **Feature Mapping (Optional):** In some cases, the SVM algorithm may require mapping the original feature space into a higher-dimensional space. This mapping is done using techniques like the kernel trick, which transforms the data to make it more amenable for linear separation.
3. **Margin and Hyperplane Calculation:** The SVM algorithm aims to find a hyperplane that maximally separates the data points of different classes while maximizing the margin between the hyperplane and the nearest data points. The margin is the distance between the hyperplane and the support vectors, which are the data points closest to the hyperplane.
4. **Optimization:** The SVM algorithm formulates the problem as an optimization task, typically a quadratic programming problem, to find the optimal hyperplane. It seeks to minimize the classification error and maximize the margin simultaneously. The optimization process involves solving the dual problem, which allows for efficient computations.
5. **Kernel Selection:** In the case of non-linearly separable data, the SVM algorithm employs kernel functions to implicitly map the data to a higher-dimensional space, where it becomes linearly separable. Commonly used kernel functions include linear, polynomial, Gaussian radial basis function (RBF), and sigmoid.
6. **Classification or Regression:** Once the optimal hyperplane is determined, the SVM algorithm can classify new, unseen instances by evaluating which side of the hyperplane they fall on. For binary classification, instances on one side of the hyperplane are assigned one class label, while instances on the other side are assigned the opposite class label. For regression, the SVM algorithm estimates the numerical target variable based on the position of the instance relative to the hyperplane.

SVM algorithm offers several advantages, including its ability to handle both linearly separable and non-linearly separable data through the use of kernel functions. It is effective in dealing with high-dimensional data and can be robust to noise. Additionally, SVMs have solid theoretical foundations and provide good generalization capabilities

4.XG BOOST

XGBoost is an optimized distributed gradient boosting library designed for efficient and scalable training of machine learning models. It is an ensemble learning method that combines the predictions of multiple weak models to produce a stronger prediction. XGBoost stands for “Extreme Gradient Boosting” and it has become one of the most popular and widely used machine learning algorithms due to its ability to handle large datasets and its ability to achieve state-of-the-art performance in many machine learning tasks such as classification and regression.



Working of XGBoost Algorithm:

The XGBoost (Extreme Gradient Boosting) algorithm is an advanced and highly effective machine learning technique known for its exceptional performance in various data analysis tasks, particularly in structured, tabular data scenarios. It is an ensemble learning method that combines the predictions of multiple weak learners (decision trees) to create a strong predictive model.

The working of the XGBoost algorithm can be summarized in the following steps:

1. **Data Preparation:** Similar to other machine learning algorithms, the first step involves preparing the dataset by organizing it into a structured format. Each instance in the dataset represents a collection of features or attributes, along with their corresponding labels or target values.
2. **Initialization:** XGBoost begins with an initial weak learner, usually a shallow decision tree, which serves as the starting point for subsequent iterations. The model starts with a prediction based on this initial tree and computes the associated residuals (the differences between the actual and predicted values).

CHAPTER 4

SYSTEM DESCRIPTION

4.1 SYSTEM ANALYSIS

1. Functional Requirements:

FUNCTIONAL REQUIREMENT (FR) indicates the quality property of a product framework. They judge the product framework dependent on Responsiveness, Usability, Security, Portability and other non-useful principles that are basic to the accomplishment of the product framework. Illustration of nonfunctional prerequisite, "how quick does the site load?" Failing to meet non- utilitarian necessities can bring about frameworks that neglect to fulfill client needs.

practical Requirements permits you to force imperatives or limitations on the plan of the framework across the different light-footed accumulations. Model, the site should stack in 3 seconds when the quantity of concurrent clients is > 10000. Portrayal of non-utilitarian necessities is similarly just about as basic as a useful prerequisite.

Instances OF FUNCTIONAL REQUIREMENTS Here, are a few instances of non-useful necessity:

- Users should transfer dataset
- The product ought to be compact. So, moving from one OS to other OS doesn't make any issue.
- Privacy of data, the fare of confined advances, scholarly 13 property rights, and so forth ought to be reviewed.

4.1.1ADVANTAGES OF FUNCTIONAL REQUIREMENT:

Advantages/aces of non-utilitarian testing are:

- The nonfunctional necessities guarantee the product framework adheres to lawful and consistence rules.
- They guarantee the unwavering quality, accessibility, and execution of the product framework
- They guarantee great client experience and simplicity of working the product.

4.1.1 DISADVANTAGES OF FUNCTIONAL REQUIREMENT:

Cons/disadvantages of non-practical necessity are:

- Non useful necessity may influence the different significant 14 level programming subsystem
- They require exceptional thought during the product engineering/significant level plan stage which builds costs.
- Their execution doesn't normally guide to the particular programming sub-framework,

4.1 Performance Requirements:

1.Accuracy: Accuracy is a fundamental performance requirement. The prediction model should have a high level of accuracy in correctly classifying individuals as either having diabetes or not. Accuracy is typically measured as the percentage of correct predictions compared to the total number of predictions.

2.Precision and Recall: Precision measures the proportion of true positive predictions out of all positive predictions, indicating the model's ability to avoid false positives. Recall (also known as sensitivity) measures the proportion of true positives out of all actual positive cases, indicating the model's ability to avoid false negatives. A good prediction model should have high precision and recall.

3.F1-Score: The F1-score is a metric that combines precision and recall into a single value, providing a balanced measure of the model's performance. It is the harmonic mean of precision and recall and is useful when there is an imbalanced distribution of positive and negative cases.

4.Area Under the Curve (AUC): The AUC of the receiver operating characteristic (ROC) curve is widely used metric for evaluating the overall performance of a prediction model. A higher AUC indicates better discrimination and predictive ability. A value of 0.5 suggests random prediction, while an AUC of 1.0 indicates perfect prediction.

5.Generalization: The model should demonstrate good generalization capabilities, meaning it should perform well on new, unseen data from the same population or similar populations. It should not be overly sensitive to minor fluctuations in the input data and should be robust against noise and variations.

1. Hardware Requirements:

Minimum hardware requirements are very dependent on the particular software being developed by a given Enthought Python / Canopy / VS Code user. Applications that need to store large arrays/objects in memory will require more RAM, whereas applications that need to perform numerous calculations or tasks more quickly will require a faster processor.

- 1.Front End-OS-Windows 7,8,10
- 2.Vs Code software
- 3.Python latest version with required libraries

1. Software requirements:

The functional requirements or the overall description documents include the product perspective and features, operating system and operating environment, graphics requirements, design constraints and user documentation. The appropriation of requirements and implementation constraints gives the general overview of the project in regards to what the areas of strength and deficit are and how to tackle them.

- 1.High end CPU or GPU with multiple cores to handle the computation-intensive operations
- 2.Sufficient RAM and Storage capacity to accomplish large data sets
- 3.A stable internet connection
- 4.Processor-Intel Pentium or higher

4.1 Feasibility study:

A feasible study for predicting diabetes using machine learning would involve collecting a representative dataset of individuals, including both positive and negative cases, and relevant features such as demographic information, clinical data, and lifestyle factors. Preprocessing steps would be performed to handle missing values and outliers, followed by feature selection to identify the most informative features. Different machine learning algorithms, such as logistic regression, support vector machines, or decision trees, would be trained and evaluated using appropriate metrics. The study would consider data quality, computational requirements, and ethical considerations while aiming for clinical relevance and interpretability.

4.2 SYSTEM DESIGN

When designing a system for predicting diabetes using machine learning, several components and considerations are involved. Here's an outline of the system design:

1.Data Collection and Storage: Gather a diverse dataset containing relevant features and labels. Ensure proper storage and organization of the data, adhering to privacy and security regulations.

2.Data Preprocessing: Implement preprocessing techniques to handle missing values, outliers, and normalize or standardize the data. This step prepares the dataset for model training.

3.Feature Engineering and Selection: Conduct feature engineering to extract additional meaningful features from the raw data. Then, select the most relevant features using techniques like correlation analysis or feature importance ranking.

4.Model Selection: Choose an appropriate machine learning algorithm for diabetes prediction based on the dataset characteristics. Consider algorithms such as logistic regression, support vector machines, decision trees, random forests, or neural networks.

5.Model Training: Split the dataset into training and validation sets. Train the selected model using the training set, adjusting its parameters to optimize performance. Validation ensures that the model generalizes well to unseen data.

6.Model Evaluation: Assess the trained model's performance using evaluation metrics like accuracy, precision, recall, F1-score, or AUC-ROC. Evaluate its robustness and potential biases to ensure reliable predictions.

7.Hyperparameter Tuning: Fine-tune the model's hyperparameters using techniques like grid search or Bayesian optimization. This process optimizes the model's performance on the validation set.

8.Model Deployment: Integrate the trained model into a user-friendly system or application. Design an interface that allows users to input relevant data for prediction and obtain the model's output.

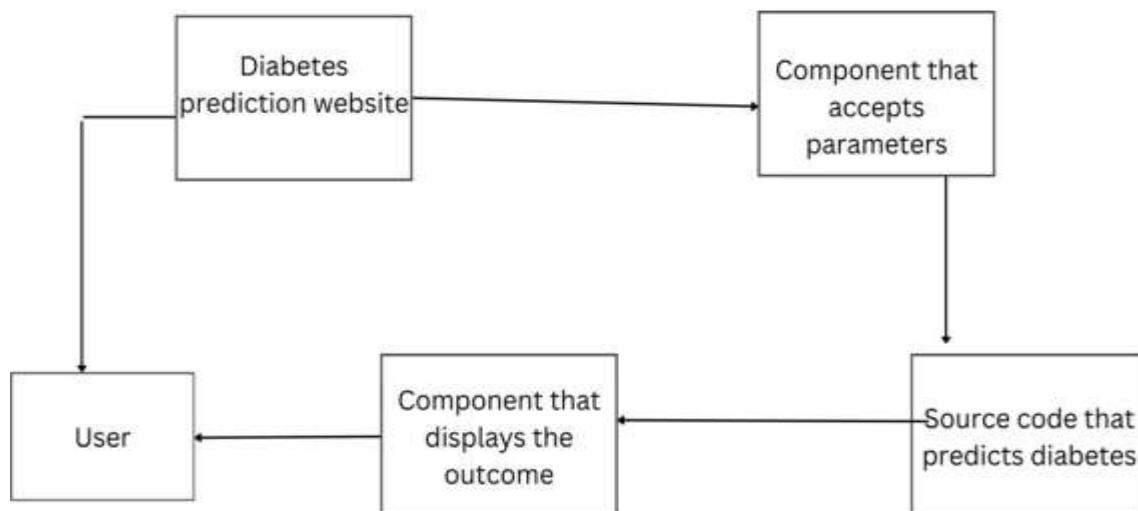
9.Real-time Prediction: Implement mechanisms for real-time prediction by accepting input data and processing it using the deployed model. Ensure the system can handle multiple concurrent requests efficiently.

10.Monitoring and Maintenance: Set up a system to monitor the performance of the deployed model, including regular checks for data drift and model degradation. Continuously update the system with new data and periodically retrain or update the model to maintain its accuracy.

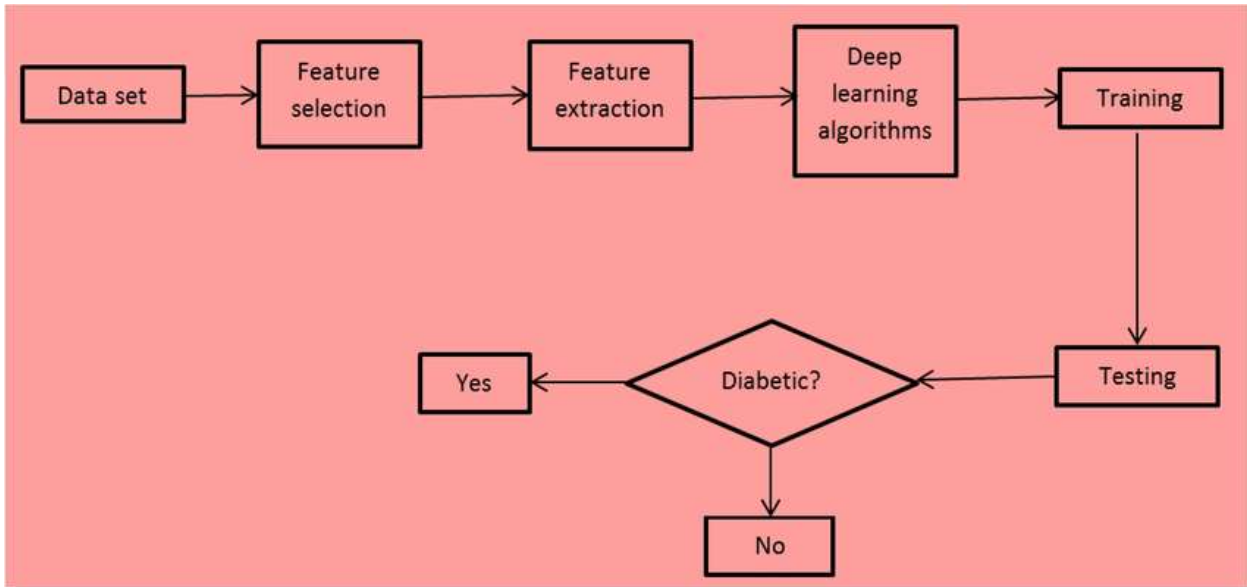
1. System Architecture:

1. Describing the overall features of the software is concerned with defining the requirements and establishing the high level of the system. During architectural design, the various web pages and their interconnections are identified and designed. The major software components are identified and decomposed into part.

Fig 4.2.1 System Architecture

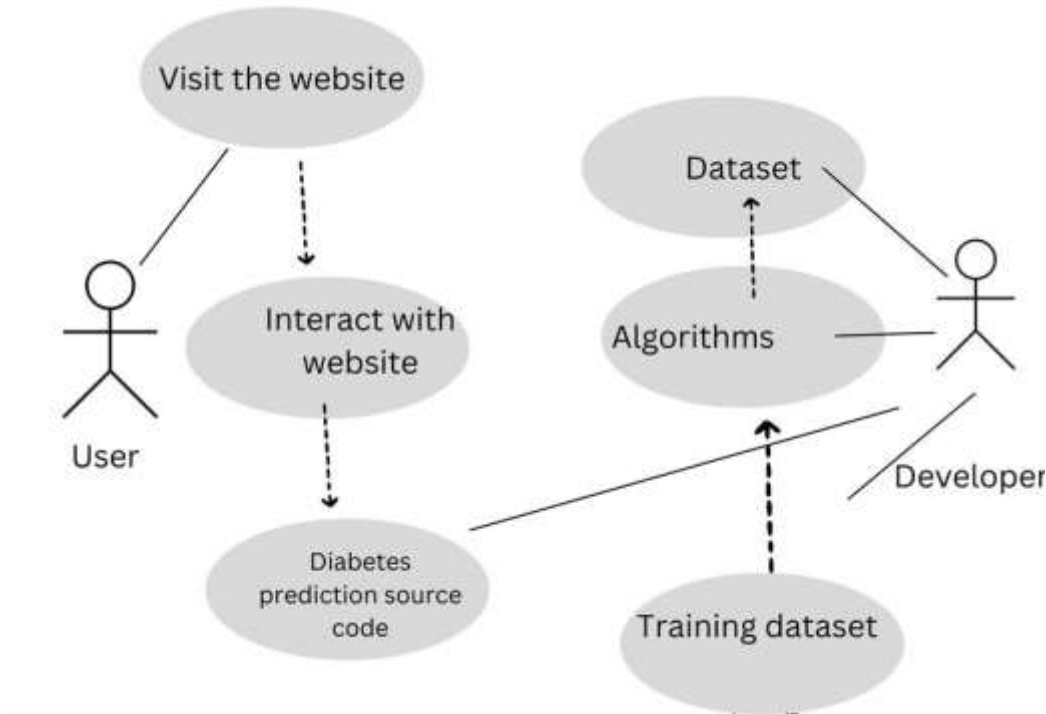


4.2.2 Data Flow Diagram:

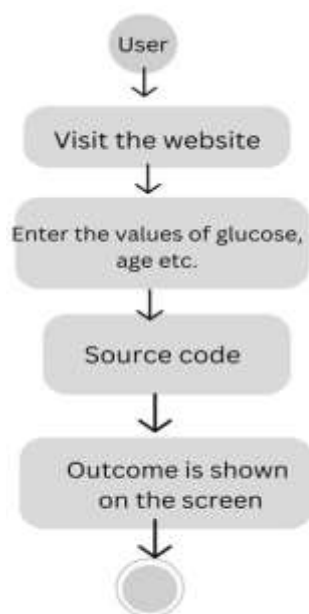


3. UML Diagrams:

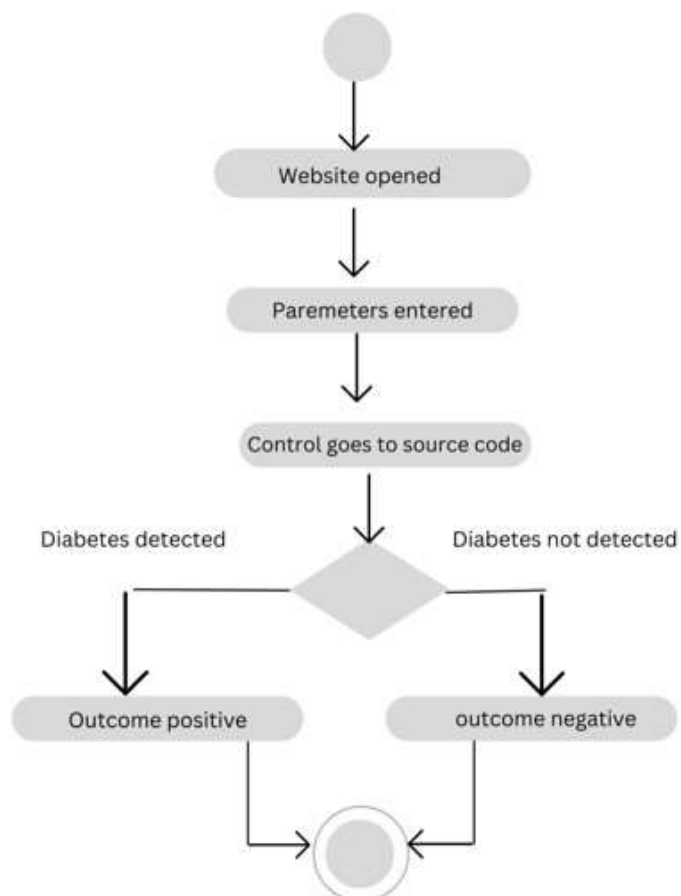
1. Use case Diagram



4.3.1 Activity Diagram:



4.3.3. Statechart Diagram



CHAPTER 5

IMPLEMENTATION AND RESULT

1. MODULES

When developing a machine learning model for diabetes prediction, you can consider using various modules or components to build an effective system. Here are some key modules commonly used in diabetes prediction using machine learning:

1.Data Collection: This module involves gathering relevant data for training and testing the machine learning model. Data can be obtained from electronic health records, medical databases, wearable devices, or surveys.

2.Data Preprocessing: In this module, the collected data is cleaned, transformed, and organized to make it suitable for analysis. Preprocessing steps may include handling missing values, normalizing or standardizing features, handling categorical variables, and removing outliers.

3.Feature Selection/Extraction: This module involves selecting the most relevant features from the dataset or extracting new features to enhance the predictive power of the model. Feature selection techniques like correlation analysis, statistical tests, or dimensionality reduction techniques (e.g., Principal Component Analysis) can be used.

4.Model Selection: Here, you choose an appropriate machine learning algorithm or model architecture for diabetes prediction. Commonly used algorithms include logistic regression, decision trees, random forests, support vector machines, and neural networks. The selection depends on the specific requirements and characteristics of the dataset.

5. Model Training: This module involves training the chosen machine learning model using labeled data. The labeled data consists of input features (e.g., patient characteristics, medical measurements) and corresponding target labels (e.g., diabetes or non-diabetes).

6.Model Evaluation: In this module, the trained model's performance is evaluated using suitable evaluation metrics such as accuracy, precision, recall, F1-score, or area under the receiver operating characteristic curve (AUC-ROC). Cross-validation or holdout validation techniques can be employed to assess the model's generalization capabilities.

7.Hyperparameter Tuning: Machine learning models often have hyperparameters that control their behavior. This module involves tuning these hyperparameters to optimize the model's performance. Techniques like grid search, random search, or Bayesian optimization can be employed to find the best combination of hyperparameters.

5.2 SOURCE CODE:

```
import numpy as np

import pandas as pd

import matplotlib.pyplot as plt

import seaborn as sns

from IPython.display import display

sns.set()

#from mlxtend.plotting import plot_decision_regions

#import missingno as msno

from pandas.plotting import scatter_matrix

from sklearn.preprocessing import StandardScaler

from sklearn.model_selection import train_test_split

from sklearn.neighbors import KNeighborsClassifier

from sklearn.metrics import confusion_matrix

from sklearn import metrics

from sklearn.metrics import classification_report

import warnings

warnings.filterwarnings('ignore')

#matplotlib inline

diabetes_df = pd.read_csv('diabetes.csv')

display(diabetes_df.head())#displays top 5 values

display(diabetes_df.columns)#displays the columns available

display(diabetes_df.info())#information about the type of data

display(diabetes_df.isnull().head(10))#checks for null values

display(diabetes_df.isnull().sum())#checks how many null values are there
```

```

diabetes_df_copy = diabetes_df.copy(deep = True)

diabetes_df_copy[['Glucose','BloodPressure','SkinThickness','Insulin','BMI']] =
diabetes_df_copy[['Glucose','BloodPressure','SkinThickness','Insulin','BMI']].replace(0,np.NaN)

print(diabetes_df_copy.isnull().sum())

p = diabetes_df.hist(figsize = (20,20))#creates a histogram before removing null values

plt.show()

```

#splitting the data

```

X = diabetes_df.drop('Outcome', axis=1)

y = diabetes_df['Outcome']

from sklearn.model_selection import train_test_split

X_train, X_test, y_train, y_test = train_test_split(X,y, test_size=0.33,

                                                    random_state=7)

```

#randomforest

```

from sklearn.ensemble import RandomForestClassifier

rfc = RandomForestClassifier(n_estimators=200)

rfc.fit(X_train, y_train)

rfc_train = rfc.predict(X_train)

from sklearn import metrics

print("Accuracy_Score =", format(metrics.accuracy_score(y_train, rfc_train)))

from sklearn import metrics

predictions = rfc.predict(X_test)

print("Random forest values")

print("Accuracy_Score =", format(metrics.accuracy_score(y_test, predictions)))

from sklearn.metrics import classification_report, confusion_matrix

print(confusion_matrix(y_test, predictions))

```

```
print(classification_report(y_test,predictions))
```

#decision tree

```
from sklearn.tree import DecisionTreeClassifier
```

```
dtree = DecisionTreeClassifier()
```

```
dtree.fit(X_train, y_train)
```

```
from sklearn import metrics
```

```
predictions = dtree.predict(X_test)
```

```
print("Decision tree values")
```

```
print("Accuracy Score =", format(metrics.accuracy_score(y_test,predictions)))
```

```
from sklearn.metrics import classification_report, confusion_matrix
```

```
print(confusion_matrix(y_test, predictions))
```

```
print(classification_report(y_test,predictions))
```

#xgboost classifier

```
from xgboost import XGBClassifier
```

```
xgb_model = XGBClassifier(gamma=0)
```

```
xgb_model.fit(X_train, y_train)
```

```
from sklearn import metrics
```

```
xgb_pred = xgb_model.predict(X_test)
```

```
print("xgboost values")
```

```
print("Accuracy Score =", format(metrics.accuracy_score(y_test, xgb_pred)))
```

#supportvectormachine

```
from sklearn.svm import SVC
```

```
svc_model = SVC()
```

```
svc_model.fit(X_train, y_train)
```

```
svc_pred = svc_model.predict(X_test)
```

```

from sklearn import metrics

print("SVM Values")

print("Accuracy Score =", format(metrics.accuracy_score(y_test, svc_pred)))

print("Accuracy Score =", format(metrics.accuracy_score(y_test, svc_pred)))

from sklearn.metrics import classification_report, confusion_matrix

print(confusion_matrix(y_test, svc_pred))

print(classification_report(y_test,svc_pred))

```

#getting feature importance

```

rfc.feature_importances_

(pd.Series(rfc.feature_importances_, index=X.columns).plot(kind='barh'))

plt.show()

import pickle

# Firstly we will be using the dump() function to save the model using pickle

saved_model = pickle.dumps(rfc)

```

Then we will be loading that saved model

```

rfc_from_pickle = pickle.loads(saved_model)

```

lastly, after loading that model we will use this to make predictions

```

rfc_from_pickle.predict(X_test)

display(diabetes_df.head())

display(diabetes_df.tail())

display(rfc.predict([[0,137,40,35,168,43.1,2.228,33]])) #5th patient

display(rfc.predict([[10,101,76,48,180,32.9,0.171,63]])) #763 th patient

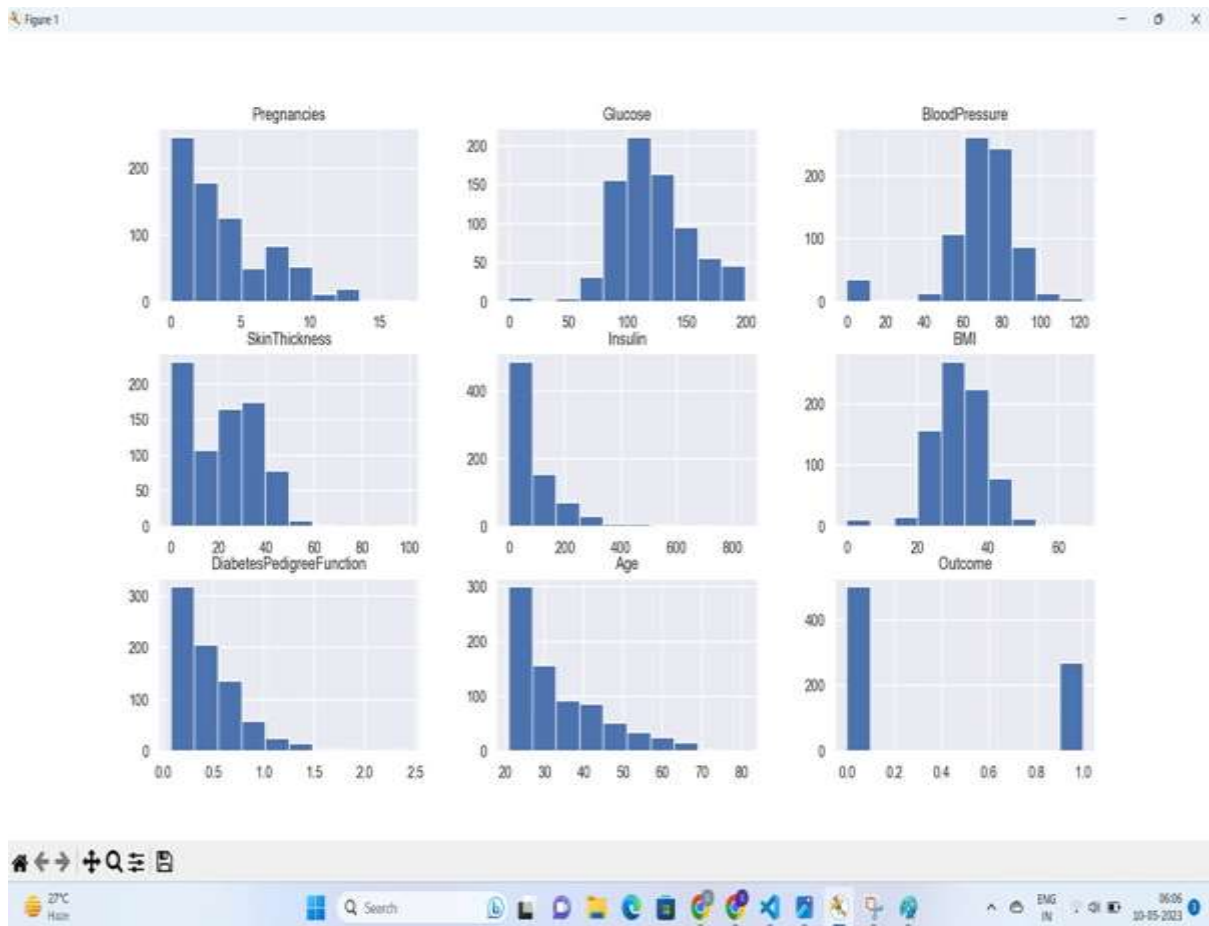
```


5.3 RESULT:

| | Pregnancies | Glucose | BloodPressure | SkinThickness | Insulin | BMI | DiabetesPedigreeFunction | Age | Outcome |
|---|-------------|---------|---------------|---------------|---------|------|--------------------------|-----|---------|
| 0 | 6 | 148 | 72 | 35 | 0 | 33.6 | 0.627 | 50 | 1 |
| 1 | 1 | 85 | 66 | 29 | 0 | 26.6 | 0.351 | 31 | 0 |
| 2 | 8 | 183 | 64 | 0 | 0 | 23.3 | 0.672 | 32 | 1 |
| 3 | 1 | 89 | 66 | 23 | 94 | 28.1 | 0.167 | 21 | 0 |
| 4 | 0 | 137 | 40 | 35 | 168 | 43.1 | 2.288 | 33 | 1 |

```
Index(['Pregnancies', 'Glucose', 'BloodPressure', 'SkinThickness', 'Insulin',  
      'BMI', 'DiabetesPedigreeFunction', 'Age', 'Outcome'],  
      dtype='object')
```

Histogram



Random forest values

```
Accuracy_Score = 0.7637795275590551
[[135  27]
 [ 33  59]]
```

| | precision | recall | f1-score | support |
|--------------|-----------|--------|----------|---------|
| 0 | 0.80 | 0.83 | 0.82 | 162 |
| 1 | 0.69 | 0.64 | 0.66 | 92 |
| accuracy | | | 0.76 | 254 |
| macro avg | 0.74 | 0.74 | 0.74 | 254 |
| weighted avg | 0.76 | 0.76 | 0.76 | 254 |

Decision tree values

```
Decision tree values
Accuracy Score = 0.6968503937007874
[[125  37]
 [ 40  52]]
```

| | precision | recall | f1-score | support |
|--------------|-----------|--------|----------|---------|
| 0 | 0.76 | 0.77 | 0.76 | 162 |
| 1 | 0.58 | 0.57 | 0.57 | 92 |
| accuracy | | | 0.70 | 254 |
| macro avg | 0.67 | 0.67 | 0.67 | 254 |
| weighted avg | 0.69 | 0.70 | 0.70 | 254 |

XG Boost values

```
xgboost values
Accuracy Score = 0.7401574803149606
```

SVM Values

| | | | | | |
|-------------------------------------|-----------|--------|----------|---------|--|
| SVM Values | | | | | |
| Accuracy Score = 0.7480314960629921 | | | | | |
| Accuracy Score = 0.7480314960629921 | | | | | |
| [[145 17] | | | | | |
| [47 45]] | | | | | |
| | precision | recall | f1-score | support | |
| 0 | 0.76 | 0.90 | 0.82 | 162 | |
| 1 | 0.73 | 0.49 | 0.58 | 92 | |
| accuracy | | | 0.75 | 254 | |
| macro avg | 0.74 | 0.69 | 0.70 | 254 | |
| weighted avg | 0.74 | 0.75 | 0.73 | 254 | |

Final Output

| | | | | | | | | | |
|-----|-------------|---------|---------------|---------------|---------|------|--------------------------|-----|---------|
| | Pregnancies | Glucose | BloodPressure | SkinThickness | Insulin | BMI | DiabetesPedigreeFunction | Age | Outcome |
| 0 | 6 | 148 | 72 | 35 | 0 | 33.6 | 0.627 | 50 | 1 |
| 1 | 1 | 85 | 66 | 29 | 0 | 26.6 | 0.351 | 31 | 0 |
| 2 | 8 | 183 | 64 | 0 | 0 | 23.3 | 0.672 | 32 | 1 |
| 3 | 1 | 89 | 66 | 23 | 94 | 28.1 | 0.167 | 21 | 0 |
| 4 | 0 | 137 | 40 | 35 | 168 | 43.1 | 2.288 | 33 | 1 |
| | Pregnancies | Glucose | BloodPressure | SkinThickness | Insulin | BMI | DiabetesPedigreeFunction | Age | Outcome |
| 763 | 10 | 101 | 76 | 48 | 180 | 32.9 | 0.171 | 63 | 0 |
| 764 | 2 | 122 | 70 | 27 | 0 | 36.8 | 0.340 | 27 | 0 |
| 765 | 5 | 121 | 72 | 23 | 112 | 26.2 | 0.245 | 30 | 0 |
| 766 | 1 | 126 | 60 | 0 | 0 | 30.1 | 0.349 | 47 | 1 |
| 767 | 1 | 93 | 70 | 31 | 0 | 30.4 | 0.315 | 23 | 0 |
| [1] | | | | | | | | | |
| [0] | | | | | | | | | |

CHAPTER 6

6.1ADVANTAGES:

Early detection: Machine learning models can analyze large amounts of data and identify patterns that are not easily detectable by humans. By utilizing various data sources such as medical records, lifestyle information, and genetic data, machine learning algorithms can predict the likelihood of developing diabetes at an early stage. Early detection allows for timely interventions and proactive management, potentially preventing or delaying the onset of diabetes-related complications.

Personalized risk assessment: Machine learning algorithms can analyze individual-level data and provide personalized risk assessments. By considering a person's specific characteristics, including demographics, medical history, and lifestyle factors, machine learning models can generate personalized predictions about an individual's risk of developing diabetes. This enables targeted interventions and interventions tailored to an individual's specific needs.

Improved accuracy: Machine learning algorithms can analyze vast amounts of data, including complex relationships between different variables, to make predictions. This often leads to more accurate and reliable predictions compared to traditional statistical methods. By leveraging advanced algorithms and techniques, machine learning models can identify subtle patterns and factors that may contribute to the development of diabetes, enhancing the accuracy of prediction models.

Scalability and efficiency: Once a machine learning model is trained, it can process large amounts of data quickly and efficiently. This scalability is particularly useful in healthcare settings where there is a substantial volume of patient data. Machine learning models can handle the increasing amount of medical information and provide real-time predictions, allowing healthcare professionals to make timely decisions and provide appropriate care to patients.

Continuous learning and improvement: Machine learning models can continuously learn from new data and adapt their predictions over time. As new patient data becomes available, the models can update and refine their predictions, improving their accuracy and performance. This adaptability ensures that prediction models remain up to date with the latest medical knowledge and can evolve as new risk factors or biomarkers are discovered.

Cost-effectiveness: Implementing machine learning-based diabetic prediction systems can be cost-effective in the long run. By identifying individuals at high risk of developing diabetes, healthcare resources can be allocated more efficiently. Targeted interventions and preventive measures can be implemented for high-risk individuals, potentially reducing the overall burden on healthcare systems and improving patient outcomes.

6.1 DISADVANTAGES:

Data quality and bias: Machine learning models heavily rely on the quality and representativeness of the data used for training. If the training data is incomplete, inaccurate, or biased, the predictions generated by the model may be compromised. Biases in the data, such as underrepresentation of certain demographics or socioeconomic groups, can lead to biased predictions and exacerbate health disparities.

Interpretability and transparency: Some machine learning algorithms, such as deep neural networks, are considered black boxes, meaning they provide predictions without clear explanations of how and why those predictions were made. This lack of interpretability can be a challenge in healthcare, where understanding the rationale behind predictions is crucial for gaining trust and acceptance from healthcare professionals and patients.

Limited domain knowledge: Machine learning models rely solely on the patterns and relationships found in the training data. They do not possess intrinsic domain knowledge or the ability to reason beyond the data they were trained on. As a result, they may miss important contextual information or fail to consider factors that are not explicitly captured in the data, potentially leading to inaccurate predictions or overlooking critical variables.

Human reliance and accountability: Machine learning models should be used as decision support tools, not as a substitute for healthcare professionals. However, there is a risk of overreliance on machine-generated predictions, leading to a reduced role for human judgement and clinical expertise. Healthcare professionals should always be involved in the interpretation of predictions and in making final decisions about patient care.

6.1 APPLICATIONS:

- Early Diagnosis:** Identifying diabetes in its early stages allows for timely intervention, reducing the risk of complications and improving long-term health outcomes.
- Personalized Treatment Plans:** Tailoring treatment based on individual patient data (e.g., genetics, lifestyle) enhances the effectiveness of diabetes management strategies.
- Remote Monitoring:** Wearable devices and telemedicine enable continuous monitoring of blood glucose levels, facilitating real-time adjustments in treatment and improving patient engagement.
- Predictive Analytics:** AI and machine learning algorithms predict the onset of diabetes and potential complications, enabling preventive measures and proactive care.
- Public Health Surveillance:** Aggregated data from diabetes detection systems can inform public health strategies, track disease prevalence, and identify at-risk populations for targeted interventions.
- Research and Development:** Large datasets from diabetes detection technologies provide valuable insights for developing new treatments and understanding disease mechanisms.
- Healthcare Cost Reduction:** Early detection and continuous monitoring can prevent costly complications, reducing the overall financial burden on healthcare systems.
- Enhanced Patient Education:** Digital platforms and apps provide patients with personalized feedback and education, empowering them to manage their condition more effectively

CHAPTER 7

7.1 CONCLUSION:

In conclusion, the use of machine learning techniques for diabetes prediction has shown tremendous potential and promising results. Through the analysis of large datasets and the application of advanced algorithms, machine learning models have been able to accurately predict the onset of diabetes in individuals. This has significant implications for both patients and healthcare professionals in terms of early detection, preventive measures, and personalized treatment plans.

Machine learning models have the ability to leverage a wide range of data, including medical records, genetic information, lifestyle factors, and demographic details, to identify patterns and risk factors associated with diabetes. By utilizing these models, healthcare providers can proactively identify individuals at a high risk of developing diabetes and intervene with preventive measures such as lifestyle modifications, dietary changes, and targeted medical interventions.

Furthermore, the integration of machine learning into healthcare systems can improve the efficiency and effectiveness of diabetes management. By utilizing predictive models, healthcare professionals can better allocate resources, prioritize high-risk patients, and optimize treatment plans based on individual needs. This can lead to improved patient outcomes, reduced healthcare costs, and enhanced overall quality of care.

However, it is important to note that machine learning models are not without limitations. The accuracy and reliability of predictions depend on the quality and representativeness of the data used for training. Additionally, ethical considerations regarding privacy, data security, and algorithm transparency must be carefully addressed to ensure the responsible and ethical implementation of these models.

In conclusion, the utilization of machine learning for diabetes prediction holds immense potential for revolutionizing diabetes care and management. With further research, refinement, and collaboration between healthcare professionals, data scientists, and policymakers, we can harness the power of machine learning to transform the prevention, diagnosis, and treatment of diabetes, ultimately leading to better health outcomes and improved quality of life for individuals living with or at risk of diabetes.

7.2 FUTURESCOPE:

The future scope of diabetes prediction using machine learning is highly promising. Advancements in machine learning algorithms, integration of diverse datasets, and incorporation of additional data sources such as genomics, wearable devices, and social determinants of health hold the potential to significantly enhance prediction accuracy and enable personalized medicine approaches. The focus will be on early intervention and preventive strategies, leveraging real-time monitoring systems and continuous feedback for individuals at risk. Further research will be directed towards explainable and interpretable models, integrating knowledge graphs and ontologies for a deeper understanding of diabetes complexities. Collaborative efforts, data sharing, and the integration of machine learning models with clinical decision support systems will contribute to more accurate predictions, improved healthcare outcomes, and effective public health planning.

Improved Accuracy: Researchers and data scientists are continuously working on developing more accurate prediction models for diabetes. This includes exploring advanced machine learning algorithms, incorporating more diverse and comprehensive datasets, and leveraging advanced techniques such as deep learning and ensemble methods to enhance prediction accuracy.

Personalized Medicine: Machine learning models can play a vital role in enabling personalized medicine approaches for diabetes. By integrating genomic data, electronic health records, wearable devices, and other sources of patient information, models can provide tailored predictions and treatment recommendations based on an individual's specific characteristics, lifestyle, and genetic profile.

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