

FITLIFE GYM MEMBERSHIP GUIDE


Welcome to FitLife Gym!

Where fitness meets dedication. Join our community and take the first step toward a healthier lifestyle.

Location

FitLife Gym

123 Wellness Avenue,
Downtown, Toronto, ON M5B 1K8

 Open every day: 5:00 AM – 11:00 PM

Contact Information

Phone: +1 (416) 555-1234

Email: support@fitlifegym.ca

Website: www.fitlifegym.ca

Instagram: @fitlife_gym

Membership Plans & Pricing

Plan Name	Duration	Price (CAD)	Features
Basic	Monthly	\$49/month	Access to gym equipment, locker room access
Standard	3 Months	\$129	Everything in Basic + 2 personal training sessions
Premium	6 Months	\$229	Everything in Standard + Unlimited group fitness classes
Elite	Annual	\$399	All Premium benefits + Nutrition counseling + Priority support

One-time registration fee: \$25 (waived for Premium & Elite plans)

Add-Ons

- Personal Training (1 Session): \$35
 - Diet Consultation: \$30
 - Group Classes (Yoga, Zumba, HIIT): \$10/class (free with Premium & Elite)
 - Towel Service: \$5/month
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How to Join

1. Visit us at the gym or register online: www.fitlifegym.ca/join
 2. Fill out the membership form.
 3. Choose your plan & complete payment.
 4. Get your access card & start training!
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Terms & Conditions

- Members must be 16 years or older.
- Memberships are non-transferable.
- Cancellation must be made 7 days before the renewal date.
- Proper gym attire is required.
- All members must follow safety and hygiene rules.