```
In [3]: import re
    text = "The quick brown fox is jumping over the lazy dog. It was a sunny day."

In [4]: stopwords_as_delimiters = ["was", "is", "the"]
    pattern = r'\b(?:'+'|'.join(stopwords_as_delimiters)+r')\b'
    tokens = re.split(pattern, text)
    meaningful_phrases = [token.strip() for token in tokens if token.strip()]
    print(f'Original text: {text}')
    print(f'Meaningful text: {meaningful_phrases}')

Original text: The quick brown fox is jumping over the lazy dog. It was a sunny day.
    Meaningful text: ['The quick brown fox', 'jumping over', 'lazy dog. It', 'a sun ny day.']
In []:
```