1st step

Login to howdy repeatedly

website to login

<https://cas.tamu.edu/cas/login>

name='csrfmiddlewaretoken' value='IL7RlepfLona79unZlIT8q3IHh6xuKVE'

7:4 30 seconds

7:22

2nd step

Web Crawler

help: google python website crawler

3rd step

Poll the subject

<https://pypi.python.org/pypi/polling/0.3.0>

4th step

Email you

Reference Script

<https://github.com/rjshade/check-for-changes/blob/master/CheckForChange.py>

<https://pypi.python.org/pypi/polling/0.3.0>

web scraping