We started Eloheh with one simple belief: staying healthy should be fun, accessible, and personal. Eloheh has grown into a movement to help people feel stronger and more connected every day.

Thank you for being part of our journey. Your energy, motivation, and feedback inspire us to keep making wellness more enjoyable for everyone.

Warm regards,

Pranshu Aryal, Rachel Stiles, Artem Kolomiiets, Colby Stapleton, Avery Schaefer *Co-Founders, Eloheh*