

### Professional Summary

Eleven plus years of case management and clinical person-centered experience. Preparing for the Virginia LPC Licensure Exam. Current Resident in Counseling and completing final steps for full licensing. Four plus years of supervisory experience. Master of Arts in Clinical Forensic Psychology, from The Chicago School of Professional Psychology. a conferred Juris Doctorate from David A. Clarke School of Law. Knowledge of community assistance and government aid programs including SSI, SSDI, Health Departments, and Community Service Boards. Skilled in written communication; treatment/service plans, discharge plans, reauthorizations, court progress notes, preadmission screening, and other documentation. Proven expertise in handling a diverse range of cases and making split-second decisions during crisis situations. Experience working and treatment planning with serious mentally ill and dual diagnosis clients.

### Education

#### Juris Doctorate Candidate

David A Clarke School of Law, Washington DC

05/2024

#### Master of Arts: Forensic Psychology, Licensure Track

The Chicago School of Professional Psychology, Chicago Illinois.

08/2012

#### Bachelor of Fine Arts: Painting & Extended Media,

Photography, Minor: Asian Studies & Religion,

Mary Baldwin College, Staunton Virginia.

05/2004

### Professional Experience

#### Behavioral Health Senior Clinician, Wellness Circle Crisis Unit

Fairfax County Community Service Board, Fairfax County, VA

01/2024 – Current

- Expertise in goal directed development: career, mental health, burnout.
- Proficiency in assessment: depression, anxiety, burnout, interest, skills, values.
- Adept in researching: connection, resources, growth pattern, trainings.
- Diagnosis, assessment, treatment, and case management for clients in a 16-bed crisis unit.
- Mastery in documentation and assessments: Crisis Care Intake, Crisis Education and Prevention Plan, Service/Treatment Plan, CSSRS, CAMS, Risk Assessments, Safety Planning, and Court Documentation.
- Assess, petition, and participate in TDO Hearings for client higher level of care.

#### Emergency Services Clinician, Behavioral Health Therapist II

Loudoun County Community Service Board, Loudoun County, VA

01/2018 – 07/2022

- Diagnosis and treatment of mental illness, substance use disorders, and intellectual/developmental disabilities.
- Case management to help link client, family, and supports to services and further treatment.
- Knowledge of the Virginia Behavioral Health code: Emergency Custody Orders and Temporary Detention Orders.
- Expertise in documentation and assessments: Prescreening Admission, CSSRS, CAMS, Risk Assessments, Safety Planning, and Court Documentation.
- Participate in Civil Commitment Hearings.
- Collaborate with law enforcement, other community service boards, hospitals, and other public or private agencies.
- Trained staff on overnight shifts and showed staff how to handle tasks as the sole provider on shift with innovative techniques.
- Discussed with management new ideas to improve services for clients.

#### Career Counselor

University of the District of Columbia, Washington, DC

**04/2016 – 01/2018**

- Coordinate Summer Youth Employment Program for University sites.
- Counsel students and alumni regarding career and professional development goals and barriers.
- Assess the interests, skills, personality, and values of students and alumni for career and professional develop. Myers-Briggs Type Indicator, Strong Interest Inventory, Self-Directed Search, and etc.
- Track and document the career counseling outcomes of students and alumni.
- Develop and instruct career workshops, and professional development courses.
- Advocate for student needs and participation in beneficial events.
- Discussed new ways to bring students and employers together to future events.
- Demonstrated innovated ways through outreach to students and employers.

### **Vocational Support Specialist/Case Manager**

Melwood Horticultural Training Center, Upper Marlboro Maryland

**12/2014 – 04/2016**

- Coordinated Social Security Administration's Ticket to Work Program
- Supported employees in community and government application such as: SSI, SSDI, Ticket to Work, and Health Department needs based assistance.
- Connected employees to needed resources within the organization and community.
- Provided individual task training on an ongoing basis through task analysis and task completion goal plans.
- Helped employees and supervisors identify factors which may impede job performance.
- Communicated strengths and weaknesses of employees and identified possible methods of increasing strengths and minimizing weaknesses.
- Provided comprehensive support and crisis intervention in areas such as, but not limited to, immediate on-site intervention, problem analysis and follow-up recommendations.
- Was a leader in record management.
- Worked with clients on work-life balance.
- Collaborated with supervisor to manage and create new ideas for reports, programs, and record management.

### **Out-Patient Mental Health Clinician – Contractor**

Associated Clinical Services, Springfield Virginia

**06/2014 – 12/2014**

- Collaborated and worked closely with clients and families in the formulation of treatment plans.
- Provided therapy services to clients in a manner consistent with treatment goals.
- Established a compassionate environment by providing emotional and psychological support to clients, couples, and families.
- Accurately documented, observed, and reported relevant findings, within the framework of counseling process.

### **In - Home Clinician**

Angels of Hope, Alexandria Virginia

**04/2014 -07/2014**

Compass Counseling Services, Staunton Virginia

**02/2013 – 04/2014**

- Provided structured, goal-oriented, time-limited therapy and psycho-social education in the natural environment of families.
- Worked with Child Protective Services, Medical Staff, Department of Social Services, Community Services Board, and others to formulate and follow through on service plans.
- Established rapport with clients using innovative techniques like, therapeutic nature excursions, introducing animal community services, and forging new family activities and interaction that had real impact on their mental health.

### **Internship**

Elgin Police Department – Social Services – Victim Services, Elgin City Illinois

**08/2011 – 05/2012**

- Worked with adolescent individuals with DSM IV diagnosis in-closing Bi-polar, major depressive disorder, mood disorder substance abuse disorders, ADHD, and anxiety disorders.
- Worked clinically with families and couples to strengthen their ability to communicate.
- Conducted assessment, evaluation & intervention based on individual requirements.
- Conducted groups consisting of troubled young women within the public school system.
- Worked as a Clinical Counseling Therapist Intern.

### **Assistant Manager**

Walgreens, Richmond Virginia

**04/2009 -02/2011**

- Managed overnight employees, money draw, stock, and safe.

**Programming Director**

Fairfax Public Access, Fairfax Virginia

*05/2006 -08/2008*

- Supervised 2 to 6 staff, managed air time and worked face to face with member producers.

**Traffic Manager**

Z24 Television, Salt Lake City Utah

*02/2005 -02/2006*

- Managed Department Staff, commercial contracts, commercial timing.

**Life Skills Coach**

Family Creative Solutions, Staunton Virginia

*01/2004 – 05/2004*

- Provided mental health support, worked with disabled young adults, at risk youth, and youth with autism.