

Sang Ju Yin Mulberry Leaf and Chrysanthemum Formula

External contraction of wind, heat and dryness resulting various acute respiratory tract infections, such as common cold, influenza, tonsillitis, bronchitis, and pneumonia, and conjunctivitis.

- **Action**

1. Releases Exterior
2. Clears Wind-Heat
3. Stops Coughing
4. Regulates Lung Qi

- **Syndrome**

1. Wind-Heat Attacks the Lungs (initial stage)
2. Wen Bing Wei Stage Dry Heat
3. Summer Heat with Damp
4. Damp Heat

- **Symptom**

1. Fever
2. Slight chills or chills only lasting a very brief period before aversion to heat develops
3. Headache
4. Thirst
5. Cough with thick, sticky, yellow sputum
6. Runny or blocked nose with thick yellow discharge
7. Sore throat

- **Sang Ju Yin Ingredients**

Pharmaceutical Latin	Pin Yin	Actions
Fol. Mori	Sang Ye	Relieves Wind-Heat, clears Lung Heat and stops cough.
Flos Chrysanthemi	Ju Hua	Relieves Wind-Heat from Upper Jiao, Liver and eyes.
Fr. Forsythiae	Lian Qiao	Clears Heat, relieves toxicity and expels Wind-Heat.
Hb. Menthae	Bo He	Disperses Wind-Heat, vents rashes, benefits the throat and clears the head and eyes.
Rx. Platycodi	Jie Geng	Regulates Lung Qi, stops cough, expels Phlegm, benefits the throat and directs the actions of the formula to the upper body.
Sm. Armeniacae	Xing Ren	Regulates Lung Qi and stops cough and wheezing.
Rz. Phragmitis	Lu Gen	Clears Lung Heat, generates Fluids and vents rashes.
Rx. Glycyrrhizae	Gan Cao	Tonifies Qi, moistens the Lungs, resolves Phlegm, stops cough, clears Heat, relieves Fire toxicity and harmonizes.