

Saposhnikovia divaricata

Saposhnikovia divaricata known as Fang Feng and , Radix Saposhnikovia (lit. "protect against the wind") in Chinese and siler in English. it is known for treating complaints like headache, body ache, pain in rheumatoid arthritis, and more. It shows Antipyretic effects, some antibacterial effect, its ethanol extract can significantly improve pain threshold[1]

Used for the treatment of common cold, headache and dizziness, additionally for migraine, rheumatic disorders and diarrhoea. To induce diaphoresis, to dispel wind , to alleviate rheumatic condition and to relieve spasm. To dispel wind to release the exterior pattern, dispel dampness and relieve pain, arrest convulsions .[2]

-Feng, the dried root of Saposhnikovia divaricata (Turcz.) Schischk. (Umbelliferae), has been used as a crude drug in Saposhnikovia Radix, which is a wellknown Oriental crude drug employed as a diaphoretic, an analgesic, and an antipyretic in the treatment of common colds and concomitant headaches and arthralgia [3].

Synonyms

- Ledebouriella divaricata (Turcz.) Hiroe
- Ledebouriella seseloides auct.
- Siler divaricatum (Turcz.) Benth. & Hook.f.
- Stenocoelium divaricatum Turckz

REFERENCES:

- [1] <http://www.chineseherbshealing.com/fang-feng-saposhnikovia-divaricata-radix-saposhnikovia/>
- [2] Wagner H., Bauer R., Melchart D., Xiao PG., Staudinger A. (2015) Radix Saposhnikovia – Fangfeng. In: Wagner H., Bauer R., Melchart D., Xiao PG., Staudinger A. (eds) Chromatographic Fingerprint Analysis of Herbal Medicines Volume III. Springer, Cham
- [3] [14] K.Y. Yen, The Illustrated Chinese Materia Medica Crude and Prepared, SMC Publishing, Taiwan, 1992, pp. 1±340.