**At() Method**

The at() method returns an indexed element from an array.

Example:

<script>

const fruits = ["Banana", "Orange", "Apple", "Mango"];

let fruit = fruits.at(3);

document.getElementById("demo").innerHTML = fruit;

</script>

**Output:** Mango

The bracked notation [] returns an indexed element from an array.

<p id="demo"></p>

<script>

const fruits = ["Banana", "Orange", "Apple", "Mango"];

let fruit = fruits[2];

document.getElementById("demo").innerHTML = fruit;

</script>

**Output:** Apple