**Array.from() method**

* The Array.from() method returns an array from any object with a length property.
* The Array.from() method returns an array from any iterable object.

**Array.from()**

* Array.from() is a static property of the JavaScript Array object.
* You can only use it as Array.from().
* Using x.from(), where x is an array will return undefined.

**syntax**

Array.from(object, mapFunction, thisValue)

**Parameters**

|  |  |
| --- | --- |
| **Parameter** | **Description** |
| **object** | Required. The object to convert to an array. |
| **mapFunction** | Optional. A map function to call on each item. |
| **thisValue** | Optional. A value to use as this for the map Function |

**Example 1**

<script>

let text = "ABCDEFG"

const myArr = Array.from(text);

document.getElementById("demo").innerHTML = myArr;

</script>

**Output:** A,B,C,D,E,F,G