**shift() method**

* The shift() method removes the first item of an array.
* The shift() method changes the original array.
* The shift() method returns the shifted element.

**Syntax**

array.shift()

**Example 1**

<script>

const fruits = ["Banana", "Orange", "Apple", "Mango"];

document.getElementById("demo").innerHTML = fruits.reverse();

</script>

**Output**: Orange, Apple, Mango

**Example 2**

<script>

const fruits = ["Banana", "Orange", "Apple", "Mango"];

document.getElementById("demo").innerHTML = fruits.shift();

</script>

**Output**: Banana