

Average Total Steps

7.64K

Average Calories Burned

2.30K

Average Minutes Asleep

419.17

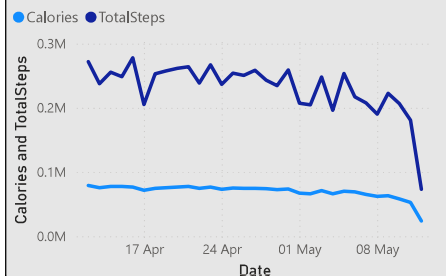
Average of VeryActiveMinutes

21.16

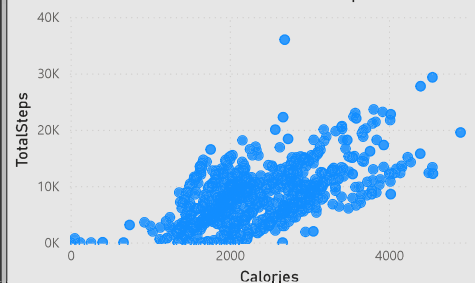
Average Heartrate per hour

74.85

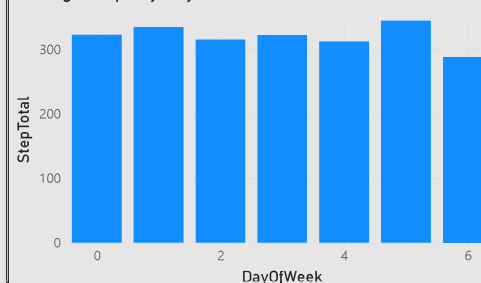
Calories and Total Steps Over Time



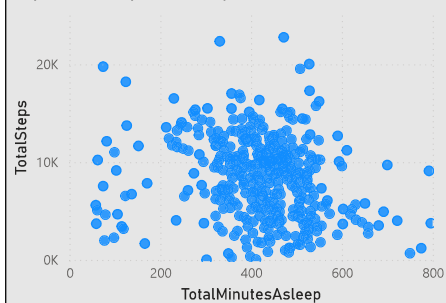
Correlation: Calories Burned vs Total Steps



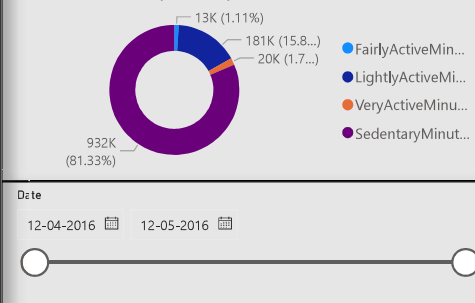
Average Steps by Day of Week



Impact of Sleep on Activity



Breakdown of Daily Activity Minutes



Average of AvgHeartRate by Hour

