

umeta_id	user_id	meta_key	meta_value
1	1	nickname	admin
2	1	first_name	
3	1	last_name	
4	1	description	
5	1	rich_editing	true
6	1	comment_shortcuts	false
7	1	admin_color	fresh
8	1	use_ssl	0
9	1	show_admin_bar_front	true
10	1	locale	
11	1	wpgd_capabilities	a:2:{s:13:"administrator";b:1;s:11:"operate_alc";b:1;}
12	1	wpgd_user_level	10
13	1	dismissed_wp_pointers	vc_pointers_backend_editor,theme_editor_notice
14	1	show_welcome_panel	0
1450	1	closedpostboxes_dashboard	a:1:{i:0;s:21:"dashboard_quick_press";}
1451	1	metaboxhidden_dashboard	a:0:{}
16	1	wpgd_dashboard_quick_press_last_post_id	16336
17	1	manageedit-shop_ordercolumnshidden	a:1:{i:0;s:15:"billing_address";}
18	1	wpgd_r_tru_u_x	a:2:{s:2:"id";i:0;s:7:"expires";i:1487687611;}
19	1	wpgd_user-settings	libraryContent=browse&editor=tinymce&edit_element_vcUIPanelWidth=973&edit_element_vcUIPanelLeft=191px&edit_element_vcUIPanelTop=21px&hidetb=1&post_dfw=on
20	1	wpgd_user-settings-time	1594121456
21	1	nav_menu_recently_edited	63
22	1	managenav-menuscolumnshidden	a:4:{i:0;s:11:"link-target";i:1;s:15:"title-attribute";i:2;s:3:"xfn";i:3;s:11:"description";}
23	1	metaboxhidden_nav-menus	a:8:{i:0;s:30:"woocommerce_endpoints_nav_link";i:1;s:23:"add-post-type-portfolio";i:2;s:21:"add-post-type-product";i:3;s:12:"add-post_tag";i:4;s:15:"add-post_format";i:5;s:20:"add-portfolio_filter";i:6;s:15:"add-product_cat";i:7;s:15:"add-product_tag";}
24	1	meta-box-order_page	a:3:{s:4:"side";s:36:"submitdiv,pageparentdiv,postimagediv";s:6:"normal";s:125:"wpb_visual_composer,pagesettings,revisionsdiv,postcustom,commentstatusdiv,commentsdiv,slugdiv,authordiv,mymetabox_revslider_0";s:8:"advanced";s:0:"";}