**RESUME**

Ishan Nepal

Unit 6/ 31 Sutherland Street

Cremorne, NSW 2090

Mobile: 0452436382

Email: anishbabu1580@gmail.com

**Summary**

* High level communication and negotiation skills
* Excellent presentation and pleasant manner

**Profile**

I am a hardworking person, ready to work and perform any sort of task at the given period of time. I am adaptable so I will not hesitate to work in any sort of atmosphere. I enjoy overcoming challenges and self-motivated. I am eager to learn new things and willing to work in team.

**Employment history**

* Crust Pizza ( Neutral Bay )

**Position:** Pizza maker, Dough roller, Cutter

Main responsibility included:

* Set up and stocking stations with all necessary supplies
* Preparing dough
* Preparing pizza
* Cutting pizzas
* Preparing required ingredients
* Cleaning station and Store
* Tara Sushi Bar (666 Crown St, Surry Hills NSW 2010)

**Position:** Cook

Main responsibilities included:

* Set up and stocking stations with all necessary supplies
* Prepare food for service (e.g. chopping vegetables, butchering meat, or preparing sauces)
* Cook menu items in cooperation with the rest of the kitchen staff
* Answer, report and follow executive or sous chef’s instructions
* Clean up station and take care of leftover food
* Stock inventory appropriately
* Ensure that food comes out simultaneously, in high quality and in a timely fashion
* Comply with nutrition and sanitation regulations and safety standards
* Maintain a positive and professional approach with co-workers and customers
* Cargo Bar & Lounge 52-60 The Promenade, Sydney NSW 2000

**Position:** Glassie/Bar back/Cellar/ Bartender

Main responsibilities included**:**

* Ensure there is always enough back up liquor
* Run to the storage area to get alcohol if any bartender runs out
* Change kegs when required
* Pick up empty glasses and bottles from the tables and outside the bar
* Wipe down tables and bar tops
* Re-stock garnishes and mixes
* Always ensure there is enough clean glassware
* Re-stock ice when needed
* Maintain clean rags in each bartender’s station
* Customer service and serving drinks
* Mode Management (Suite 301/3 Gladstone Street Newtown, NSW 2042)

**Position:** Cleaner

Main responsibilities included:

* Clean, stock and supply designated facility areas (dusting, sweeping, vacuuming, mopping, cleaning ceiling vents, restroom cleaning etc)
* Perform and document routine inspection and maintenance activities
* Carry out heavy cleansing tasks and special projects
* Notify management of occurring deficiencies or needs for repairs
* Make adjustments and minor repairs
* Stock and maintain supply rooms
* Cooperate with the rest of the staff
* Follow all health and safety regulations

**Current Education/ Qualification**

* Bachelors of Information Technology ( Federation University)
* Advance Diploma in Information Technology- Australian College of Technology
* Diploma in Information Technology- Australian College of Technology
* Higher Secondary Education- Global College of Management
* School Leaving Certificate- Tri Jyoti English Ma Vi Kapan

**Achievements**

* Successfully completed RSA training.

**Skills**

* Speaks a number of language English, Nepali, Hindi

**Availability:**

Provided upon request

**Reference**

Ms Bella Burgess Tate

Store manager Neutral Bay

Email:crustnb@gmail.com

Mr Lewis Mc Murtry

Operations Manager Cargo Bar & Lounge

Email: [lmcmurtry@tksg.com.au](mailto:lmcmurtry@tksg.com.au)

Mr Dean Gathercole

Managing Director at Mode Management (NSW) Pty Ltd

Phone: (02) 8090-5394

Mr Kamal Subedi

General Manager of Tara Sushi Bar

Phone: 0403542816

Rohil Dhungel

Manager at Indian Triveni Restaurant

Phone : 0415226262