

LIFELINE MEDICAL ASSOCIATES • 831 TENNENT RD, MANALAPAN NJ 07726-8288

ZZTEST, Wang (id #2192422, dob: 01/01/2000)

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Referral Order

08/12/2025

To Provider	From Provider
CURIO DIGITAL THERAPEUTICS 10 PRINCETON AVE ROCKY HILL, NJ 08553 Phone: Phone: (609) 212-1970 Fax: Fax: (908) 264-5144	SARDANA BELKIN, MD CC144 A Manalapan 831 TENNENT RD MANALAPAN, NJ 07726-8288 Phone: (732) 972-4200 Fax: (833) 449-3234

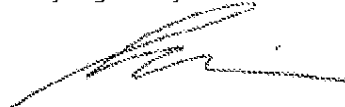
Referral Order Information

Diagnosis	Mixed anxiety depressive disorder ICD-10: F41.8: Other specified anxiety disorders
Order Name	Orders included: 1 Mixed anxiety depressive disorder ICD-10: F41.8: Other specified anxiety disorders • BEHAVIORAL HEALTH REFERRAL Schedule Within: provider's discretion
Notes	

Patient Information

Patient Name	ZZTEST, WANG
Sex - DOB - Age	F 01/01/2000 25yo
Address	466 OLD HOOK RD/16 EMERSON, NJ 07630
Phone	H: (201) 745-9242 M: (201) 745-9242
Primary Insurance	None recorded.
Secondary Insurance	None recorded.

Electronically Signed by: SARDANA BELKIN, MD



SARDANA BELKIN, MD

Encounters and Procedures

Clinical Encounter Summaries

Encounter Date: 05/15/2025

Patient

Name	ZZTEST, WANG (25yo, F) ID# 2192422	Appt. Date/Time	05/15/2025 12:30PM
DOB	01/01/2000	Service Dept.	CC183_Oradell
Provider	BELLE WANG, MD		

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Med Cash: SLIDING FEE SCHEDULE - DISCOUNT

Prescription: SURESCRIPTS LLC - This member could not be found in the payer's files. Please verify coverage and all member demographic information. details

Chief Complaint

*ANNUAL GYN EXAM

mgh - cancer history assessment result ABNORMAL

Patient's Care Team**Primary Care Provider:** DIANE SCHWARTZ: 215 OLD TAPPAN RD, OLD TAPPAN, NJ 07675, Ph (201) 666-1000, Fax (201) 666-4108 NPI: 1861400764**Patient's Pharmacies****CVS/PHARMACY #0320 (ERX): 289 BROADWAY, WESTWOOD, NJ 07675, Ph (201) 664-1004, Fax (201) 263-1886**

EXPRESS SCRIPTS HOME DELIVERY (MAIL-ORDER, ERX): 4600 NORTH HANLEY ROAD, ST. LOUIS, MO 63134, Ph (888) 327-9791, Fax (800) 837-0959

Vitals

2025-05-15 10:18

Ht: 5 ft 6 in**Allergies**

Reviewed Allergies

SULFA (SULFONAMIDE ANTIBIOTICS): Rash**Medications**

Reviewed Medications

ashwagandha extract

01/14/25 entered

Iron (ferrous sulfate) 325 mg (65 mg iron) tablet

01/07/25 started

Take 1 tablet(s) every day by oral route., start 01/07/2025

multivitamin

05/01/24 entered

takes everyday

Synthroid 112 mcg tablet

01/14/25 entered

Take 1 tablet(s) every day by oral route.

Synthroid 175 mcg tablet

04/14/25 started

Take 1 tablet(s) every day by oral route before meal(s) for 30 days., start 04/14/2025

Valtrex 500 mg tablet

04/08/25 prescribed

Take 1 tablet(s) every day by oral route at bedtime for 3 days.

Vitamin D3

01/14/25 entered

Yaz (28) 3 mg-0.02 mg tablet

04/26/24 prescribed

Take 1 tablet(s) every day by oral route.

Vaccines

Reviewed Vaccines

Vaccine Type	Date	Amt.	Route	Site	NDC	Lot #	Mfr.	Exp. Date	VIS Date	V/S Given	Vaccinator
COVID-19											
COVID-19 (SARS-COV-2) vaccine, unspecified	04/10/24										CVS
Diphtheria, Tetanus, Pertussis											
Tdap	01/07/25										

Pfizer booster

Problems

Reviewed Problems

- Post-term pregnancy - Onset: 01/06/2025
- Pregnancy - Onset: 05/15/2025

GYN History

Reviewed GYN History

Date of LMP: 01/02/2025.

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Date of Last Mammogram: 08/01/2024 (Notes: date and result(s) - followup?).
Date of Last Colonoscopy: 08/06/2024 (Notes: date(s) and result/results).
Date of Last Bone Density: 05/02/2024 (Notes: date(s) and result(s) -followup?).
Date of Last Pap Smear: 03/15/2023 (Notes: result -(include HPV?)).
HPV Test: Positive (Notes: date of positive - followup).
HPV Vaccination: Completed.
HPV Last Test Date: 03/15/2023 (Notes: Result - Neg or Pos with detail).
History of Abnormal PAP: Yes (Notes: date(s) of every abnormal pap with plan(s)).
History of Cervical Dysplasia: Y (Notes: date with details and plan).
Sexually Active: Y.
Age at first intercourse: 16.
Total lifetime partners: 5 or more.
Sexual Orientation: Heterosexual.
History of Sexually Transmitted Infection: Yes (Notes: do not put HPV here ----only CT NG RPR Tric HIV HSV).
Current Birth Control Method:: Menopause.
Age at Menopause: 50.
Post Menopausal Hormone Therapy User: Past Use.
History of Endometriosis: N.
History of Fibroids: Y.
History of Infertility: N.
History of Recurrent Ovarian Cysts: N.
History of PCOS: N.
History of Dysmenorrhea: N.
Age at Menarche: 15.

Obstetric History

Reviewed Obstetric History							
TOTAL	FULL	PRE	AB. I	AB. S	ECTOPICS	MULTIPLE	LIVING
4							

Past Pregnancies

Date	#	GA	Labor	Birth	Sex	Delivery	Outcome	Anesthesia	Delivery	Preterm	Notes	Source
	Fetuses	Wks	Length	Weight		Type			Place	Labor		
05/14/2025	1					Cesarean						episode
	1					Section						episode

Family History

Reviewed Family History	
Brother	- No family history of (onset age: 15) - use this if you do not have any information maybe adopted or you do not have contact with family member
Sister	- No current problems or disability (onset age: 20) - No current problems or disability (onset age: 30) - No current problems or disability (onset age: 25)
Mother	- Hypothyroidism (onset age: 70)
Father	- Hypercholesterolemia
Unspecified	- Malignant tumor of breast (onset age: 55)
Relation	- maternal cousin

Social History

Reviewed Social History	
Marriage and Sexuality	
What is your relationship status?: Other	
Substance Use	
Do you or have you ever smoked tobacco?: Never smoker	
What is your level of alcohol consumption?: Moderate	
How many times per week do you consume alcohol?: 3-4 times per week	
Do you use any illicit or recreational drugs?: No	
What is your level of caffeine consumption?: Moderate (Notes: 2-3 cups of coffee daily)	
Advance Directive	
Do you have an advance directive?: Yes	
Is blood transfusion acceptable in an emergency?: No	
Gender Identity and LGBTQ Identity	
First name used: WANG	

Surgical & Procedure History

Reviewed Surgical & Procedure History	
● Colposcopy - 06/18/2024	
● Caesarean Section - 06/04/2024	
● Dilation and Curettage - 06/04/2024	
● Dilation and Evacuation - 06/01/2024	
● Colonoscopy - 06/13/2020	
● Cholecystectomy - 06/13/1994	

Prenatal Flowsheet

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Wt	BP	Glucose	Protein	FM	FHR	Fundus	Cervix Exam	Pres	PLS	Edema	Albumin	Ketones	Nitrite	Leukocytes	Blood	Bishop Score
05/15/2025		bwang24														

Past Medical History

Reviewed Past Medical History
Cardiology- Heart Arrhythmia: **Y**
Dermatology-Acne: **Y**
ENT- Seasonal Allergies/Allergic Rhinitis: **Y**
Endocrinology- Hypothyroidism: **Y**
GI- Gallbladder Disease: **Y**
GI- Vitamin Deficiency: **Y**
Ortho-Other: **Y**

Screening

Name	Score	Notes
GAD-7	Not scored	
EPDS	Not scored	

Assessment / Plan

- 1. Family history of malignant neoplasm**
Z80.9: Family history of malignant neoplasm, unspecified
- MYRIAD BRACANALYSIS AND MYRISK / NOTE 2 TESTS
Height (ft.): 5 ft 6 in Height (in.): 66

Return to Office
Patient will return to the office as needed.

Encounter Sign-Off

Encounter signed-off by Belle Wang, MD, 05/16/2025.

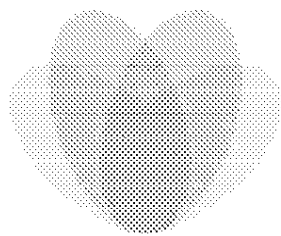
Encounter performed and documented by Belle Wang, MD
Encounter reviewed & signed by Belle Wang, MD on 05/16/2025 at 08:19 AM

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Lifeline Medical
Associates

Lifeline Medical Associates
831 TENNENT RD
MANALAPAN, NJ 07726-8288
Phone: (732) 972-4200, Fax: (833) 449-3234

Date: 08/14/2025

RE: Wang Zctest, DOB: 01/01/2000, PT ID #2192422

Dear Curio Digital Therapeutics,

The following is a summary of the care this patient has received at our practice. If you have questions, please contact our office.

Sincerely,

Electronically Signed by: SARDANA BELKIN, MD

Referral Note for Wang Zctest

Encounter Details

Sardana Belkin: 831 TENNENT RD , MANALAPAN, NJ 07726-8288, USA, Ph. tel: (732) 972-4200

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Demographics

Sex: Female **Ethnicity:** Not Hispanic or Latino
DOB: 01/01/2000 **Race:** Asian
Preferred language: English **Marital status:** Married
Previous Name:

Contact: 466 OLD HOOK RD, 16, EMERSON, NJ 07630, USA, Ph. tel:+1-(201) 745-9242 (Primary Home) tel:+1-(201) 745-9242 (Mobile) mailto:jmarcus@lma-llc.com (Primary Home)

Other Addresses: 466 OLD HOOK RD, EMERSON, NJ 07630, USA (Previous Home Address)
466 OLD HOOK RD, 16, EMERSON, NJ 07630, USA (Current Billing Address)
466 OLD HOOK RD, EMERSON, NJ 07630, USA (Previous Billing Address)

Care Team Members**Primary Care Provider**

ALLEN GRIGGS 466 OLD HOOK RD, STE 1, EMERSON, NJ 07630, Ph. tel: (201) 967-8221

OB/GYN

CENTER FOR MFM AT THE VALLEY HOSPITAL 140 E RIDGEWOOD AVE, THIRD FL, PARAMUS, NJ 07652, Ph. tel: (201) 291-6321

Maternal Fetal Medicine

VALLEY MEDICAL GROUP MATERNAL FETAL MEDICINE PARAMUS 140 E RIDGEWOOD AVE, STE 390S, PARAMUS, NJ 07652, Ph. tel: (201) 291-6321

Other

CENTER FOR MFM AT THE VALLEY HOSPITAL 140 E RIDGEWOOD AVE, THIRD FL, PARAMUS, NJ 07652, Ph. tel: (201) 291-6321

Reason for Referral**Reason for Visit**

None recorded.

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Assessment

No assessment recorded.

Plan of Treatment

Reminders	Order Date	Submit Date	Provider	Last Modified By	Organization Details	Last Modified Time	Details
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Appointments None recorded.

Lab None recorded.

Referral behavioral health referral08/12/202508/12/2025ATHENAFAX Curio Digital Therapeutics, 10 Princeton Ave, Rocky Hill, NJ, 08553, Ph (609) 212-197008/14/202517:24:00

Procedures None recorded.

Surgeries None recorded.

Imaging None recorded.

Medication Orders None recorded.

Patient Targets No targets recorded.
Patient Instructions No instructions recorded.

Results

None recorded.

Problems

Name	Problem Code	SNOMED	Status	Onset Date	Resolution Date	Notes	Provider Name and Address	Organization Details	Recorded Time
Pregnancy	77386006		Completed	11/25/2024	01/04/2025		Jinny Marcus null,	NJ - Lifeline Medical Associates	06/17/2025 10:41:20
Post-term pregnancy	90968009		Active	01/06/2025			Jinny Marcus null,	NJ - Lifeline Medical Associates	01/06/2025 15:54:32
Pregnancy	77386006		Completed	05/06/2025	05/15/2025		Jinny Marcus null,	NJ - Lifeline Medical Associates	06/17/2025 10:41:20
Pregnancy	77386006		Completed	05/15/2025	05/27/2025		Jinny Marcus null,	NJ - Lifeline Medical Associates	06/17/2025 10:41:20
Pregnancy	77386006		Completed	06/11/2025	06/17/2025		Jinny Marcus null,	NJ - Lifeline Medical Associates	06/17/2025 10:41:20

Problem Notes

None recorded.

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Date	Name	Laterality	Status	Provider Name and Address	Organization Details	Recorded Time
05/29/2025	UEHRC Annual Well-Woman Visit age 18-39 EST 99395 or NEW 99385		cancelled	Jinny Marcus	NJ - Lifeline Medical Associates	05/29/2025 11:13:50
05/29/2025	UEHRC Annual Well-Woman Visit age 18-39 EST 99395 or NEW 99385		cancelled	BRONWYN DWORKIN CNM 100 Campus Drive,SUITE 405, Florham Park, NJ, 07932-1006, US	NJ - Lifeline Medical Associates	05/29/2025 09:23:21
05/21/2025	Breast Implants		completed	BRONWYN DWORKIN CNM 100 Campus Drive,SUITE 405, Florham Park, NJ, 07932-1006, US	NJ - Lifeline Medical Associates	05/27/2025 14:52:49
03/03/2025	nasal cautery		completed	Jinny Marcus	NJ - Lifeline Medical Associates	05/29/2025 11:20:48
01/14/2025	Endometrial Biopsy		completed	BRONWYN DWORKIN CNM 100 Campus Drive,SUITE 405, Florham Park, NJ, 07932-1006, US	NJ - Lifeline Medical Associates	05/27/2025 14:52:49
01/07/2025	UEHRC Annual Well-Woman Visit age 18-39 EST 99395 or NEW 99385		cancelled	Belle Wang, MD 100 Campus Drive,SUITE 405, Florham Park, NJ, 07932-1006, US	NJ - Lifeline Medical Associates	01/04/2025 16:00:28
08/06/2024	Date of Last Colonoscopy		completed	Jinny Marcus	NJ - Lifeline Medical Associates	08/09/2024 09:50:25
08/01/2024	Date of Last Mammogram		completed	Jinny Marcus	NJ - Lifeline Medical Associates	08/08/2024 12:26:03
06/18/2024	Colposcopy		completed	Jinny Marcus	NJ - Lifeline Medical Associates	06/18/2024 08:55:08
06/04/2024	Dilation and Curettage		completed	Jinny Marcus	NJ - Lifeline Medical Associates	06/18/2024 08:55:08
06/01/2024	Dilation and Evacuation		completed	Jinny Marcus	NJ - Lifeline Medical Associates	06/18/2024 08:55:08
05/08/2024	Caesarean Section		completed	BRONWYN DWORKIN CNM 100 Campus Drive,SUITE 405, Florham Park, NJ, 07932-1006, US	NJ - Lifeline Medical Associates	05/27/2025 14:52:49
03/15/2023	Date of Last Pap Smear		completed	Jinny Marcus	NJ - Lifeline Medical Associates	08/08/2024 11:43:53
06/13/2020	Colonoscopy		completed	Jinny Marcus	NJ - Lifeline	06/18/2024

Allergen ID	Allergen Name	Allergen Category	Reaction	Reaction Severity	Reaction Criticality	Documentation Date	Start Code	Code System	Note	Provider Name and Address	Organization Details	Recorded Time
550240	Substance with sulfonamide structure and antibacterial mechanism of action (substance)	medication	rash	Not available	Not available	01/14/2025	372788003	SNOMED		Joyce Kim null,	NJ - Lifeline Medical Associates	01/14/2025 15:38:20

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ZZTEST, Wang (id #2192422, dob: 01/01/2000)**Medications**

Name	Sig	Start Date	Stop Date	Status	Note	LastModified by	Organization Details	LastModified Time
Iron (ferrous sulfate) 325 mg (65 mg iron) tablet	Take 1 tablet every day by oral route.	01/07/2025	05/29/2025	completed		bdworkin	Not Available	05/29/2025 00:00:00
Diffucan 150 mg tablet	Take 1 tablet every day by oral route.	05/29/2025		active		ATHENA	Not Available	05/29/2025 00:00:00
Synthroid 175 mcg tablet	Take 1 tablet every day by oral route before meal(s) for 30 days.	04/14/2025		active		yharrigan	Not Available	Not Available
nystatin-triamcinolone 100,000 unit/g-0.1 % topical cream	APPLY TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY IN THE MORNING AND EVENING for 7 days	07/01/2024	01/14/2025	completed		ATHENA	Not Available	01/14/2025 00:00:00
Valtrex 500 mg tablet	Take 1 tablet every day by oral route at bedtime for 3 days.	04/08/2025		active		bwang24	Not Available	04/09/2025 00:00:00
Synthroid 112 mcg tablet	Take 1 tablet every day by oral route.		05/27/2025	completed	upped dose	bdworkin	Not Available	05/27/2025 00:00:00
Vitamin D3				active		jkim471	Not Available	Not Available
multivitamin	takes everyday			active		mleung13	Not Available	Not Available
YAZ (28) 3 mg-0.02 mg tablet	Take 1 tablet every day by oral route.	04/26/2024		active		bwang24	Not Available	04/26/2024 00:00:00
ashwagandha extract				active		jkim471	Not Available	Not Available

History of Present Illness

None recorded.

Physical Exam**Notes:** None recorded.**Review of Systems**

None recorded.

Vitals

None Recorded

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ZZTEST, Wang (id #2192422, dob: 01/01/2000)

Social History

Question	Answer	Notes	LastModified by	Organization Details	LastModified Time
Tobacco Smoking Status	Never Smoker		Jinny Marcus	NJ - Lifeline Medical Associates	06/18/2024 08:55:06
			null,		
Do You Have An Advance Directive?	No	Usually For Women Who Is Married And Older Or Have Multiple Medical Problems.It's A Statement Of Pt's Wishes Regarding Medical Treatment If They Are Unable To Communicate Themselves With Physician. ie, Living Will	bwang24	Information not available	06/22/2025
Is Blood Transfusion Acceptable In An Emergency?	No		jmarcus13	Information not available	06/18/2024
What Is Your Level Of Caffeine Consumption?	Moderate	2-3 Cups Of Coffee Daily	jkim471	Information not available	01/14/2025
What Is Your Relationship Status?	Married	Should Always Ask	bwang24	Information not available	06/22/2025
Are You Currently In School?	No		bwang24	Information not available	06/22/2025

Birth Sex: Unknown**Functional Status**

Question	Answer	Notes	LastModified by	Organization Details	LastModified Time
How many times per week do you consume alcohol?	3-4 times per week		jkim471	Information not available	01/14/2025
Do you use any illicit or recreational drugs?	No		jmarcus13	Information not available	06/18/2024
What is your level of alcohol consumption?	Moderate		bdworkin	Information not available	05/27/2025
Are you currently employed?	Yes		bwang24	Information not available	06/22/2025
What is your occupation?	??		bwang24	Information not available	06/22/2025

Mental Status

None recorded.

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Family History

Relationship	Description	Onset Age	Died of this Age	Resolved Age	Notes	Last Modified by	Organization Details	Last Modified Time
Brother	No family history of	15			use this if you do not have any information maybe adopted or you do not have contact with family member	bdworkin	Not available	05/27/2025 14:52:48
Brother	No current problems or disability	20				bdworkin	Not available	05/27/2025 14:52:48
Sister	No current problems or disability	30				bdworkin	Not available	05/27/2025 14:52:48
Sister	No current problems or disability	25				bdworkin	Not available	05/27/2025 14:52:48
Sister	Family history of breast cancer	50			just diag 1 mo ago	jmarcus13	Not available	05/29/2025 11:05:23
Mother	Hypothyroidism	70				jmarcus13	Not available	06/18/2024 08:55:11
Mother	Alzheimer's disease	60				bdworkin	Not available	05/27/2025 14:52:48
Father	Hypercholesterolemia					jkim471	Not available	01/14/2025 15:42:31
Unspecified Relation	Malignant tumor of breast	55			maternal cousin	jmarcus13	Not available	05/15/2025 10:55:26

Notes: -if any breast/uterine/colon/pancreatic/prostate/liver/lung/gallbladder cancer, please ask age of onset and if deceased due to CA, age of death -for >1 siblings, if can differentiate the siblings by stating oldest, 2nd oldest, 1st younger, 2nd younger or youngest with medical history, would be helpful since I would know it's the same sibling w/ multiple problems

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Medical History

Condition	Response
Reviewed with no changes	Y
No diseases or conditions	Y

Gynecological History

Statement/Question	Response
History of Abnormal PAP	Y
Sexually Active	Y
Flow	Moderate
Date of Last Mammogram	08/01/2024
Date of LMP	04/16/2025
HPV Test	Positive
History of Sexually Transmitted Infection	Yes
History of Fibroids	Y
Menstrual Cycle Length (days)	
Date of Last Cholesterol Screening	05/07/2025
History of PCOS	N
Date of Last Colonoscopy	08/06/2024
History of Vulvar Dysplasia	Y
Sexual Orientation	Heterosexual
History of Endometriosis	No
HPV Vaccination	Completed
History of Dysmenorrhea	No
What is the patient's current relationship to the practice?	
Date of Last Bone Density	05/02/2024
Age at first intercourse	16
Duration of Flow (days)	
Current Birth Control Method	Condoms
Age at Menarche	15
Current Birth Control Method:	Nexplanon
HPV Last Test Date	03/15/2023
Age at Menopause	
History of Recurrent Ovarian Cysts	N
Frequency of Cycle (Q days)	
History of Cervical Dysplasia	Yes
Total lifetime partners	5 or more
Menses Monthly	Yes
Post Menopausal Hormone Therapy User	Past Use
History of Infertility	No
Date of Last Pap Smear	03/15/2023

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Obstetrics History

GPAL:
G 1 P 0 0 0 0

Immunizations

Vaccine Type	Date	Status	Note	Provider Name and Address	Organization Details	Recorded Time
SARS-COV-2 (COVID-19) vaccine, UNSPECIFIED	04/10/2024	completed		Mimi Leung null,	NJ - Lifeline Medical Associates	05/01/2024 11:31:18
Tdap	01/07/2025	completed		Joyce Kim null,	NJ - Lifeline Medical Associates	01/07/2025 13:08:15

Past Encounters

None Reported.

Goals Section

None Recorded

Health Concerns Section

Related Observation	LastModified by		Organization Details	LastModified Time
None Recorded				
Concern	Status	LastModified by	Organization Details	LastModified Time
None Recorded				

Notes

None Recorded

Payers

None recorded.