

RELATIONSHIP DREAMS:

Insights to Family -
Friends - Co-workers

By Janice Hinshaw Baylis, Ph.D.

Illustrated with Clip-art

Sun, Man, Moon, Inc. Seal Beach, California

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"We believe that dreams are agents for change and often reveal important new insights about the life of the dreamer, both personal and cultural. Recalling a dream is a signal that we are ready to understand the information that has been presented. Enacting the dream's hint can bring personal empowerment.

"Our goals are to unite and serve those who respect dreams, to empower dreamers in demystifying dreamwork and to assist with the integration of dreamsharing into our culture in whatever ways of integrity are shown and given us."

The material in this book was first published in our quarterly magazine as a series of columns over a four year period.

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**"I seek the adventure of interaction with others knowing that
it is the classroom of my evolution." Unknown**

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Foreword

By Roberta Ossana, "Dream Network Journal"
Publisher/Editor

Relationship Dreams covers nearly the full range of personal relationships in an easily comprehensible way. Clues on every page show what is being revealed in our night dreams. And how to use these insights to heal and improve the way we are with significant others. Discussed also is our relationship to our 'Higher Power,' our Spirit/Soul, the most important of our relationships.

Put to use, the information presented in ***Relationship Dreams*** can help to positively change the embattled course of human affairs. Jung summed it up when he said, "In the final analysis, what is the fate of great nations but a summation of the change in each individual." We begin with ourselves, at home and the ripple effect/chaos theory kicks in.

I once wrote a poem titled "Living in a Landscape of Fractured Relationships." The title quite accurately describes the human condition as it has been for centuries, and still is today. Whether family, friends, community, national or international relations are being considered, it is pathetically apparent the human species hasn't yet figured out how to do it right.

The intricacies and flaws involved in dysfunctional human interactions predominately revolve around issues of power and control, greed, lust, envy. The seven deadly sins sew the seeds that sprout in betrayals, all sorts of undesirable thought forms and interactions. Shakespeare, with his keen grasp of the shadow side of human nature, said it all.

But, take heart, there is hope! We have reports of tribal cultures which provide models that can be adopted in interpersonal relationships - the Senoi for example. They are mythically referred to as the 'Dream People'. In their culture top priority was dreamsharing and integration of this information into family and tribal life. The Senoi are reported to have had a non-violent existence. Their 'way' of working with the dreams of their children helped produce emotionally mature individuals by young adulthood. Remarkable.

The story of the Senoi points out that one reliable 'Way' to remedy our situation is to be found in our night dreams. These wonderful and sometimes awful/awe full nightly eruptions of Truth visit all human each night. Our challenge is to comprehend their meaning and apply that insight to our lives and relationships.

Relationship Dreams clearly and succinctly helps us understand how night dreams reveal the status of various relationships with mate, child, parent, friend, co-worker or our spiritual Higher Power.

Relationship Dreams consists of dream examples depicting situations special to the individual dreamers yet applicable to the reader. Dr. Baylis's straight-forward comments cross the bridge from literal to symbolic - from dreamstory associative thinking (symbol-metaphor-pun) to "Aha!" insights. In doing so, she educates without lecturing, making perfectly logical what often seemed mysterious. In essence, throughout she demonstrates the special logic of dreams.

Appendices summarize what family members and other people typically symbolize in our dreams. These help the reader determine whether to take the dream characters literally or symbolically.

Relationship Dreams is akin to taking a course in "Developing Emotional Maturity 101." The information can be likened to the pro-vision of insights for developing skills for evolving healthy human relationships. We would be well advised to include it as a required course on all levels of our educational system. Let's do it!

INTRODUCTION

This book is organized around different interpersonal relationships - family, friends and co-workers. The various associative thinking processes dream-mind uses occur throughout the dream examples. Readers will meet some associative substitutions that may seem strange.

My previous book, *Sex, SYMBOLS and Dreams*, is organized to explain and demonstrate how dream-mind choose the images it uses. Each kind of association is defined; presented in a comic strip illustration; and demonstrated by three dream examples. One dream is from my files, one dream from a noted authority and one dream where sexual imagery is used to represent a non-sexual meaning. The major associative substitution systems are:

- Life experiences
- Qualities or Properties
- Word associations
- Figures-of-speech
- Psychological
- Family
- People

Each of these has several sub-sets of associations. For example, the sub-sets of the Word Association system are:

Word Associations:

- Definitions
- Connotations
- Homographs
- Homonyms
- Puns
- Jargon
- Slang
- Syllables

Here is a partial list of associative thinking processes you will come across in this book.

Watch for dream-mind to:

- * Use one distinguishing feature to represent the whole - wheels = car.

- * Personify object so they can represent certain persons - wheat sheaves = Joseph's brothers.

- * Use something associated with a person to represent that person - loaf of bread = a baker.

- * Use visual meaning of a word to represent a non-visual, or less visual meaning - sexual intercourse to represent verbal intercourse.

- Use a visual of similar location to represent a non-visual associated with the same location - condition of a
- person's hair = the condition of their thinking - dandruff = flaky thinking.
- * Use sexual imagery or reference to represent a non-sexual meaning with some associative connection - penis or womb = creative production.
- * Make pictures of slang expressions or idioms - playing with koi fish = playing coy.
- * Make word puns - genital = gentle.
- * Split words into syllables to make two new words - shower = show her.

Remember dream-mind's modus operandi is to substitute an image for a latent referent. The referent and the image are similar in some way.

Chapter One

DREAMBOAT OR NIGHTMARE?

PEOPLE IN OUR DREAMS

Like most American children, I was taught to shun my dreams. When a dream frightened me or made me curious I was told, "Forget it! It was only a dream." When I was thirty-one a friend's dream changed all that.



A Crash Avoided Mabel phoned before I left the house to meet her in a store parking lot and car pool to work. She asked me to meet her on a nearby residential street instead. I did. As she was getting into my car we heard an enormous CRASH. A small airplane had landed upside down in our corner of the parking lot. That's when she told me she had dreamed it during the night. Of course, she wasn't sure it would really happen. She said, "I was afraid you'd think it was silly to pay attention to a dream."

This experience launched me on a lifetime of dream study. Eventually I began teaching dream study classes. This book will give examples of one practical aspect of dreams, dreams about interpersonal relationships.

The main material in this book first appeared as a four-year series of columns in the quarterly publication, DREAM NETWORK JOURNAL. The column was titled "Blood, Sweat and Cheers". Isn't that what relationships are like? Blood - ties, Sweat - problems and work, Cheers - love and joy.

Actual, factual interpersonal relationships in the dreamer's daytime life are the focus of this book. My tabulating shows that about 25% of our dreams are about these real relationships. This isn't surprising. What would life be without the other people in our lives?

Basically there are two kinds of personal relationships, WE-lationships and ME-lationships. We-lationships are best. These consist of two people having more or less equal exchange. Both have a balanced investment and help each other.

Me-lationships are one-sided. One person with a selfish, me-centered interest uses the relationship and the other person for their own advantage. The self-centered person in a Me-lationship could be either the dreamer or the other person.

Night dreams, sleep adventures, are a succession of images, thoughts or emotions passing through the mind during sleep. Dream-mind seldom shows its meaning in a literal fashion. Our associative thinking processes become highly active during dreams.

Most relationship dreams open with the dreamer and/or the other person concerned. When dream-mind is using a person's image associatively they usually show up a little later in the dream. Persons in dreams often represent something associated with that person. Even word associations appear, for example pop-singer Cher for share. Waking mind does this process all the time. Right now it is World Series Baseball 2002. The Anaheim Angels are frequently referred to as The Haloes. It's easy when we are awake and both sides of the similarity are in waking mind. In dreamtime one half of the equation, the referent, is in the unconscious mind the other half appears as a dream image.

Appendix A in this book deals sketchily with this aspect of people in dreams. It includes a "People Meaning List" from *Sex, SYMBOLS and Dreams** my book with a whole chapter titled, "What's So-and-So Doing in my Dream?".

Family members are even more complicated. They can represent themselves, or any of the things on the "People Meaning List" or psychological connotations based on their position relative to the dreamer. Chapter seven, "The Whole Family" in *Sex, SYMBOLS and Dreams* deals in depth with these positional connotations.

Appendix B in this book touches on such things as brothers and sisters representing contra-sexual traits in the dreamer's personality, or even the animus/anima features of the dreamer. The appendix charts, "Connotations of Family Relationships" and "Traditional Assignment of Traits to Male or Female" will help clarify this.

I'm working on another book, working title *The Stars at Night*, about how celebrities figure in our dreams.

IS HE A DREAMBOAT OR A NIGHTMARE?

This chapter covers dreams single women and men have had about their lovers. First some dreams women have had about the men lovers in their lives.

Are you and your boyfriend heading for smooth sailing or rough riding? About 25% of dreams are about relationships. If you are in a male-female relationship check your dreams for an evaluation. This goes for marriage relationships too. Dreams tap all of your inner intuitions.

These example dreams were created by the individual dreamers for their individual situations. But, they show the kinds of messages and guidance you can expect from your own dreams. The examples should be taken as illustrative of specific cases that may give clues to other cases, which will always differ in their particular details.

Spooning *"Vince came to pick me up for our first date. I lived with my parents and brothers and sisters.*

[Actually she lived alone. The dream family represents all the parts of her personality.] *When we came back to the house it seemed natural for Vince to stay the night, even with all the family members around.*

"Fully dressed we crawled into my single-sized bed. We snugly and cozily nested our legs, lying on our sides, like spoons. We fitted very nicely. We relaxed and contentedly stayed that way."

Ruth, the dreamer, had just met Vince. Legs are a person's foundation. Their foundations, basic life views and values, fit together nicely, like spoons in a drawer. Mark this one a dreamboat.



Making It Visible Jackie, a single again woman in her forties had been dating her new boyfriend for two months. The relationship built gradually but seemed to be going extremely well. This dream upset Jackie a lot. It seemed to be so unlike reality.

My boyfriend and I are in the desert. He sits on a rock. A snake crawls up on another rock behind his head.

Suddenly there is a gun and I shoot at the snake. Instead of hitting and killing the snake I hit my boyfriend in the head. His brain blows out. I wake up.

I think you can see why Jackie was upset when the relationship was going so well. But, there is a way dream-mind expresses that will explain why it was a good dream.

Dream-mind often makes pictures of what we would say in words - even slang. A popular saying at that time was "blew his mind", meaning, she amazed or astounded him. Also, brain and mind share a similarity of location, but brain is visible and mind is not. Dream-mind uses a visual of similar location to represent the non-visual -- brain to represent mind.

Her boyfriend, also in his forties, had been sexually impotent since his ugly divorce. One thing snakes can represent is sexuality. With Jackie his sexuality had become active again. This "blew his mind". They eventually married another dreamboat.

Tying The Knot A widow woman had this precognitive dreamabout her second love.

"I'm by a doorway in an unfamiliar house that I know in the dream is my house. There is a large white macrame wall hanging that goes from ceiling to floor. It is about six feet wide.

"I squeal, "O-o-oh" because it is so beautiful. I walk over to it and ripple it with my fingertips. My boss is watching me enjoy it. A man, very tall,

comes up I can't see him because he is behind me. He lifts me up. Now I can reach the top. We move sideways and I ripple my fingertips across the top. I feel very youthful. I wake up humming, "Love is better the second time around."

Soon after the dream her boss introduced her to a very tall man. They tied the marriage knots and his love lifted her to heights of happiness she'd never known. She said, "He makes me feel so young." Love was indeed better the second time around. Chalk up another dreamboat.



Lasting Love These unmarried lovers were having difficulties when Diane had this dream.

"I'm in bed with my boyfriend. We're in the same bed but not touching. [They are out of touch with each other] I dream I wake up get out of bed and go sit in the kitchen. I'm drinking hot coffee. He follows me and says, "What are you doing out here?"

I say, "Nothing."

"After awhile I go to the freezer and get some ice cream. He asks, "Do you really need that?"

I answer, "Mom just died, can't you cut me a little slack?" I start crying. He comes over and puts his arms around me. We walk hand in hand back to the bed. We make love and it seems very real. We kept making love. We never stopped until I woke up. We did it over and over again."

In the beginning of the dream they are together but out of touch, just as they were in waking life. The nurturing love (like a mother's milk) had died. Diane wasn't getting the nurturing she needed. It was frozen like ice cream. This is a picture of what had happened to their relationship.

Later Diane left him just as she did in the dream. He followed her. By leaving and crying Diane showed how she was feeling. He did respond lovingly to her feelings and needs. They got back together. The dream predicts a lasting and sustained love. Mark this another dreamboat.

No Control Nancy and Jim are lovers but not married. Here is Nancy's dream.

"I am with Jim, we are making love. I realize I have no birth control device. I say, "Please let's stop."

He says, "I'm almost ready to climax, I don't want to stop."

I'm thinking, 'I don't want to upset him.' so we continue. Just before climaxing he withdraws.

"Next we are in the kitchen and Jim is making breakfast for his three brothers and me. I have a business envelope I need to give to him. I'm afraid to approach him

while he's busy. I ask him where I should put the envelope. Without getting irritated or upset he says, "Just put it on the table."

Nancy chose the words making love. This extends the meaning of intercourse to express the way two people care about each other. She has no control and he withdraws. In their domestic situation he serves his full array of masculinity, represented by his three brothers. Nancy is outnumbered four to one. Nancy said he controls by irritability or withdrawal and always puts her need for communication aside. He always tables the business of their relationship issues. Is this any way to live, constantly afraid you'll upset your partner? Well, I guess it's one way. But it would be a nightmare.



Flaky Thinking Kathy is a divorcee in her forties. She was dating a man in his early fifties. The dream is set in a hotel, a place to stay temporarily. Here is Kathy's dream.

"My boyfriend and I are in the lobby of a hotel. He is there looking for a group of young adults. He is dragging me along by the hand, not paying any attention to me. He goes to the pool. The young people have left. We go to the tennis courts, the bar and finally back to the lobby desk. He is told the young people left some time ago.

"We stand facing each other. I now notice he has flakes of dandruff on his glasses. I think this looks disgusting. Then I realize I am supposed to meet another man somewhere else. I disengage my hand and walk outside, leaving him behind."

Kathy recognized the dream's picture of his pursuit of lost youth. You know the type, fifty going on twenty. Dreams often substitute one thing for another if they share a similarity of location. Thinking comes from the head but can't be seen. Hair also comes from the head so the condition of a dream character's hair may represent the condition of that person's thinking. This man's pursuit of lost youth is "flaky thinking". It is also a flaky way to look at things; glasses represent the way we look at things. Mark this one a nightmare.

Wall Street Interference This dream example comes from *The Psychology of Dreams* by William S. Walsh, 1920. The problem with this young lady can still be found today. Here is her dream.



"I was in a lonely country place, anxious to reach my home, but couldn't get there. Every time I made a move there was a wall in the way. It looked

like a street full of walls. My legs were as heavy as lead.

"Then there was a flock of chickens in a crowded city street. The chickens ran after me. The biggest of all said something like, Come with me into the dark."

"In association with the word chicken she said, 'I remembered only the biggest chicken in the dream; the other chickens were blurred. This unusually big chicken had a long neck, and spoke to me.' She recalled the place where she used to go to school. The block was always crowded with other youngsters. Then she thought of her beau who was lanky and thin, who had a long neck. Her girlfriends would say, 'Here comes your chicken.'". Thus the chicken in the dream symbolized her girlhood sweetheart. He had asked her to marry him (Come with me into the dark).

"But, she had refused. The obstacle to her accepting him had been a matter of money, symbolized by the Wall Street, (which in turn symbolizes finances)." She needs to decide, does she want love or money?

The dream began with her in a place of loneliness; this will be the focus problem of the dream. In your dream openings try to find a situation you can identify as one of your personal problem areas.

No Blood and No Pain A woman friend called me when her boyfriend of a few months broke up with her. He announced that he was going back to his previous lover, a woman who had kept him financially for the previous three years. A few days before this break-up, he had told my friend this dream.

"I'm being operated on. The doctor amputates my penis, but there is no blood and no pain."

A man's penis is the distinguishing feature that makes him a man. It often symbolizes his manhood. This guy is sacrificing his manhood, his masculinity and his power. He is willing to be a "kept man", supported by a woman. He is submitting to psychological castration. This woman is quite an operator. The bloodless, lifeless guy is "feeling no pain".

My friend felt she was better off without this weakling. Mark this one a definite nightmare.

In most dreams about relationships the opening scene will show the two people together. Putting the dream pictures into words and noting what that says in street language often reveals the meaning. Is he a dreamboat or a nightmare? Are you heading for smooth sailing or rough riding? Look in your dreams for an answer.

IS SHE A DREAMBOAT OR A NIGHTMARE?

Human mind has been compared to an iceberg. About one-eighth is the conscious or waking-mind. This one-eighth deals

rationally with the environment, and the bombardment of sensory impression. The far greater, other seven-eighths, is below the surface, just as the largest part of an iceberg is below the surface.

Another comparison to help in understanding waking-mind in relation to the unconscious is a ladder. Consider the waking-mind to be one pole of the ladder. This pole probes the world through the five senses and evaluates experience in terms of logical thinking, emotional feelings, or sensory facts. It is limited to personal memory and the here and now.

Consider the unconscious mind as the other pole of this ladder. It has collective race memories and the ability to project forward or backward in time and space. It draws on possibilities and associations derived intuitively. Dreaming is a system used naturally by the unconscious part of our psyche to communicate with the conscious part. Dreams could be considered as the connection between them, as the rungs of a ladder connect the two poles. Dreams, as do rungs, connect and align the two poles, or minds, making a ladder useful for climbing. The more dreams remembered and understood, the higher the ladder goes, and the broader becomes the mind's view.

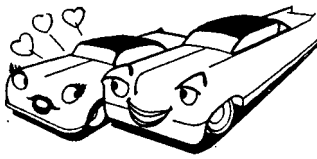
Now guys, are you and your girlfriend heading for smooth sailing or rough riding? Your dreams may have the answer. If you are in a male-female relationship check your dreams for an evaluation. Dreams tap all of your inner intuitions and "gut feelings".

The Lovers This dream is quoted from Freud's other book, *Wit and Its Relation to the Unconscious* pg. 182-3. "A young German man dreamed of the Tarot card, 'The Lovers'. The caption was in Latin. Instead of being *Amantes* (Lovers) it was *Amentes* (Lunatics).

"A 'good joke' [pun] results if the expectation is right, in the end, and if in the similarity of the words another similarity in meaning is really simultaneously produced - as in the example *Amantes* - *Amentes* (lovers - lunatics). Not only do the words bear a resemblance in sound, but the similarity between 'love' and 'lunacy' has been noted from time immemorial."

I'll let you decide whether you consider his dream a dreamboat or a nightmare.

Dancing VW's Bill's summary of his life at the time he started my dream class was this, "Christmas Eve 199-, beginning of a new love - end of an old love. September 199- end of a love that once was new. I feel like a "Pizza to go"." During the dream class semester Bill met a new girl. She owned a white VW, he owned a blue VW. Soon after they started dating he had this dream.



"I'm walking home I'm being pursued by a large construction machine. I run through several ditches. Along come the blue and white VW's driving in a kind of dance pattern. They remind me of the yin-yang symbol."

In the beginning of the dream he is heading for home. Bill had said he wanted a home and a lasting love. But, he is ditching constructive pursuits. This is not the way to prepare for a home. Cars often represent how the owner's life is moving. (You don't want to dream your car is lost in a huge parking lot.) Bill's dream suggests that the girl with the white VW could be a partner in the yin-yang dance of life. This one is a dreamboat.

Jane's ville Joe had been dating a girl named Jane. Bicycling was an activity they shared. Here is Joe's dream.

"Jane and I are meeting to go on a bike ride. Our destination is a nearby town, Janesville [This is an actual town he used to cycle to as a young boy in another state]. When Jane arrives she has a girlfriend with her. She is no one I know. Jane introduces this friend, her name is Eileen. We start off for Janesville."

Believe it or not dreams often play tricks with words. When Joe took the name Eileen and changed it to I lean, the dream made sense. Joe reasoned, I lean toward Jane's ville. I lean toward Jane and her way of life. He marked this one a dreamboat.

Here's Handing it to You Bruce was young and single and smart. He'd been debating whether to buy a condominium or continue paying rent on his apartment. He had started looking at condos that he might buy. After visiting several, he dreamed.

"A hand appeared with a business card. The hand gave the card to my girlfriend. We looked at it together. On the card was the address of the condo I liked the best."

Bruce bought the condo. Later while living there he married the girl in the dream. When they had a baby he was very pleased to be able to sell the condo and have a down payment on a nice house for his family. Chalk up another dreamboat.

Dreams may also comment on the dreamer's financial situation. Buying the condo was good business.

NOW ABOUT THOSE NIGHTMARES

'Cherchez la Femme' Look to the Woman

"The curtain rose on a puppet show. The chorus began to sing its lilting love song. 'I'm as restless as a willow in a wind storm, I'm as jumpy as a puppet on a string.' The dreamer was amazed as he watched the puppet. Whoever was



pulling the strings was keeping his feet off the ground - holding him up in the air. The dreamer drifted closer and saw that he, himself, was the puppet!"

The dreamer had another dream that same night.

"Would you like a bloody Mary, dear?"

"Yes, I'll have one. Cough, gag. Spit" Horrors!

The drink was laced with glass splinters! He looked unbelievably into the face of his sweetheart as he clutched at the glass in his throat. She smiled sweetly. He woke in a cold sweat."

This cut-throat gal is bad news, a real manipulator who keeps the guy "up in the air" all the time. A serious nightmare.

Heavyweight Irwin found his dream confusing because in waking life he was sexually attracted to Fay. His dream:

"Fay and I are having breakfast in a cafe. She invites me to come home with her and have sex. In the dream she has put on a lot of weight and is very fat.

I tell her, 'No thanks, you are not sexually appealing to me."

A little discussion revealed what he found unattractive about Fay was her religious fervor. He said, "Fay keeps throwing her weight around trying to get me to go to her church which is very important to her. Fay's religious ideas are not at all compatible with mine." That area of incompatibility was enough to make her a minor nightmare in Irwin's book.

* *Sex, SYMBOLS and Dreams* is about how dream-mind chooses the images it uses, namely, associative thinking processes. How sexual imagery functions symbolically is a secondary focus of this book.

Chapter Two

TO BE YOUR LAWFULLY WEDDED - FOR BETTER OR FOR WORSE

The previous chapter dealt with relationships between unmarried lovers. What happens after the knot is tied - those ties that bind?

FOR BETTER

String of Pearls *"My husband and I are driving on a freeway. We're both naked I'm wearing a very long string of pearls. We just drive along and smile at each other."*

They are moving freely through life. Being nude they are hiding nothing. The wife, dreamer, is wearing a necklace (circular, never ending) series of pearls (precious experiences). The prognosis seems promising.

You Can Have It Both Ways This dream is mainly about Belinda's relationship to her art creativity. This relationship will affect her relationship with her husband. Her dreams give hints on how to handle it.

Belinda's husband wanted her to stay home and not work even though their children were in school all day. However Belinda did sometimes take art classes with a girlfriend. She was very talented and had thought of trying to make some money with her art.



The beginning of her dream tells her it is about something developing in her life and she is supposed to be getting the picture. This something developing is between herself and what the male art instructor represents, namely her graphic art projects.

"I am picking up a set of photographic prints I had left to be developed. Inside the packet are pictures of me and the male instructor of the drawing and graphic arts class I'm taking. We have our arms around each other's waists. I sort of flashback to remember a time when he and I were having very exciting sexual intercourse."

"My stomach flutters. I look down and see that I'm pregnant. I realize it is the instructor's baby not my husband's. Since my husband is dark and this guy is blond and fair I know the baby will never pass as my husband's. I decide I'd better give myself an abortion."

"I go to the backseat of my car. I lie down and push. Out pop several black and white sea shells. I hold them in my hands and admire their designs. Then I remember the baby is still inside. I get into a

squatting position and am pulling on the baby's leg trying to get it out. My girlfriend is helping.

"Baby seems to be stuck. Finally it comes out. What I thought was its leg was the fat swollen penis of a baby boy. He is obviously a baby version of the art instructor. I love the baby very much but I'm worried about my husband's reaction.

"Then I'm at home in our kitchen with the baby. I hear my husband coming home. I think I'll tell him the baby is my girlfriend's.

"He says, 'What's cooking? Oh baby food. Where's MY dinner?'

"I hand him a plate of hot tamales. He seems to accept the baby so I decide not to say anything."

The sexual intercourse does not represent a literal wish to have sex with the instructor. It represents the energy exchange and attraction Belinda has for her creative art projects. She knows her husband doesn't like her having outside commitments. She considers giving up her art (abortion).

The products of her creativity, sea shells, are admirable. Sea shell sounds like she shall. It finally comes out that she gives birth to a baby boy (beginning project) version of art that has a lot of creative potential (swollen penis - organ of creativity).

At home, as long as she serves her husband first and quickly, he seems to accept the baby (art activity). The hot tamales are probably food slang for his sexual appetites. The dream encourages Belinda to fulfill her creative potentials while keeping up with her domestic duties.

Do Your Own Thing Later, when Belinda was seriously ready to start her art-on-consignment business, she had another dream. This dream too seemed to deal with the three-way relationship between Belinda, her art, and her husband.

"My husband kisses me good-bye as he is leaving for work. He is very affectionate and I know he is feeling sexy and will want intercourse that night.

"I'm feeling sexy now. I think, 'Could I masturbate now and still have enough energy left for intercourse tonight?' I decide Yes.

"I go into the bathroom and urinate first, then I masturbate."

Urinate is a visual and word pun for your innate (your natural inclinations). Masturbate is a visual for 'do your own intercourse (inner course). Belinda's innate inclination, her inner course, is her art business. She decides she has enough energy for both her family and a part-time art business.

She can maintain both relationships, have an art business and her marriage. She is now a happily married, money-making artist. She is having it both ways.

HOW TO KEEP IT GOING

Here are three short but sweet dream messages to help keep the marriage relationship on an even keel. After a judgmental argument with her husband one wife got her dream message in song.

Home on the Range "I woke up with these words and tune running through my mind.

*"Home, home on the range,
Where never is heard a discouraging word.
And the skies are not cloudy all day."*

Coming Across It won't be easy but growth is still possible in this troubled marriage relationship. The wife's dream:



"I dreamed my house was across the street from my husband's house. There were some trees at the side of his house but there was no hose or water at his house. I planned to come across the street and bring water each day for the trees. I knew if I didn't bring the water the trees would die. I knew if I did bring the water the trees would live. I didn't want the trees to die so I began carrying water over in buckets."

Water and emotions are similar in that both are very fluid. Her husband has no water he is an unemotional guy. She came across in the marriage relationship with the needed emotional output and fortitude. Growth did take place on the husband's side and the relationship again began to live.

Let's Make a Deal Another wife's dream:



"I'm standing on one side of a room. On the opposite side is my husband. Beside my husband is Monty Hall. They seem very friendly."

Monty Hall was the host of a television show titled, "Let's Make a Deal". There had been opposition between the husband and wife. But he seems to be friendly to making a deal. They worked things out and kept the relationship going.

FOR WORSE

This Stings This dreamer had recently married for the second time. Her dream shows disappointment in how the relationship is too focused on sex.

"My husband and I are in a strange car. It is an experimental model, long, low, red and very streamlined."

A hose of some kind breaks and squirts milky white liquid in my face. It stings. The tube keeps overflowing and the liquid is filling the car. I ask my husband to pull over and stop the car so the tube can be fixed, and we can clean up the mess in the car."

The excessive and experimental sexuality in their car (way their life is moving) hurts her. She needs to face this and communicate the problem to her husband. Otherwise it will make a mess of their marriage relationship.



My Hero! This wife dreamt of her husband sharing identity with her movie hero John Wayne. It also shows the effect of her sexual inhibitions and holding back - this is not good.

"I'm at a zoo by the hippopotami. I'm taking a bath with my nightie on. A pair of white panties come floating to the top. I think mine must have come off. Now I'm getting cold. I pull the plug so the cold water can be replaced by hot water which I turn on.

"The scene changes and I'm in a hotel lobby with my robe on. I see John Wayne by the building. I think he is very handsome in person. As I get close I see he is not only John Wayne but also my husband at the same time. We're going to go up to a room and have sex.

"I offer him two quarters I had in my pocket. One is a bicentennial. I say, 'Just a minute, I save those.'

"He says, 'You shouldn't save coins. It makes a shortage.' He walks into the dining room and gets busy with some other people setting up tables."

The dream opens in a zoo, a place where wild animals (her sexual instincts) are confined and caged in. She is so inhibited she even bathes with her clothes on. When her panties come off (time for sex) she gets cold. The dream suggests it's time for her to unplug this attitude and turn on the hot water.

After she did that the scene changed. She found her hero/husband very attractive. She offers him her change but then holds back half of it. He objects! As in waking life he turns his attention to work, serving other people.

Little White Lies A forty-year-old Mexican American woman was having second thoughts about her marriage relationship. She dreamed:

"Sylvia walked toward me. I noticed white things on her clothes. As we stood face to face I saw they were little white lice.

They jumped off of her and on to me. I tried to pick them off but there were too many. I woke feeling squirmy."

Sylvia is a co-worker, aged nineteen and about to be married. Nineteen was the age of the dreamer when she got

married. "Lee-tle white lice", in the dreamer's accent translates to "little white lies". When she was a bride, many little white lies about marriage had been told to her by family, friends and society. 'Twas ever thus! Now she is facing these lies and it makes her squirm. In all fairness I should mention that young men also hear little white lies about marriage.

Control Freak I love those short, simple dream messages but sometimes it is more complicated. The dream-mind often makes a picture of a slang expression to depict a situation. Here is an example of a troubled marriage relationship. Control freak wives can expect to end up like this.

"My husband and I are in bed about to have sexual intercourse. I am massaging his balls (testicles) by using a remote control device. I operate the machine by my mind. When I think about and imagine myself rubbing his balls he feels the stimulation through this machine.

"There is some kind of interruption and he decides to go take a shower. I am disappointed that we didn't have intercourse."

"Having someone by the balls" is a slang expression for having power over the person, being in a position to rule, boss, hurt or cause trouble to the person. Her husband's balls (his masculinity) respond to her mental stimulation BUT it is a remote, out of touch, one-directional relationship. He is going to shower (show her) he feels like quitting, walking out on her. That is in fact how that marriage relationship ended.


"Marriage is a legal and religious ceremony by which two people of the opposite sex solemnly agree to harass and spy on each other until death do them join!"

Elbert Hubbard

The previous section dealt with dreams wives had about their husbands. Now we'll take a look at dreams husbands had about their wives. You know, fair is fair.

FOR BETTER

The Wife In relationships, as in most areas of life, the place to begin change is with yourself.



"I am in bed with the wife, smooching. I turnover onto my left side and face myself in the mirror. My hair is almost all white and gray. I know it has just been washed. Then I get out of bed and am getting ready to go to work."

Notice he called her "the wife". This shows a rather depersonalized attitude toward her. The dream shows him making a conscious (left side) turn to face himself and reflect on his appearance. His real hair is black and wavy. His dream

hair (substitute for thinking which also comes from the head) is white and gray (mature) and straight and cleaned up. He agreed that he'd been thinking a lot about his marriage relationship and was ready to go to work on it.

Meet Me At the Chapel Cayce Reading 900-85

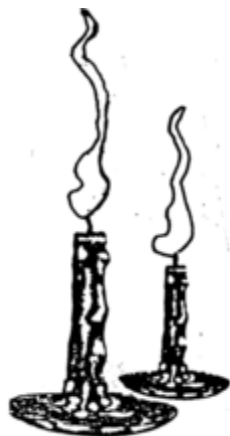
"Q-1. My wife and I are with a crowd who were more or less riotous, although they were the right people socially. ... We could have been in a restaurant. ...

The whole crowd decided to go to Temple and we started. They still carrying on I said, 'Look how they're going into the Temple. Laughingly they went into the back entrance. ...

"My wife and I rushed for the front entrance of the Temple, entered. ... The organ was playing, there was peace and we were contented."

"A-1. "We find the physical forces, and those of the mate, joined in their search for that which is right. ...We find these come into this (Temple) as it might be, food for the spiritual, as the restaurant might represent food for the physical."

Cayce Reading 900-85



The Flames of Love This husband already has a loving and mature attitude toward his wife. Their love relationship is personified as the blending of two candle flames.

"I saw two beautiful flames of light, one green, one blue. They represented and were the essence of myself and my wife. (She the blue one and myself the green). I became aware of actually being these flames whose colors blended exquisitely.

As the flames we looked up and saw whiteness like an angel or God passing over us."

Delaney, Gayle, *Living Your Dreams Revised &*

Expanded. p138-139.

KEEPING IT GOING



A Jeweled Brooch A couple of dictionary definitions will help explain this dream.

"broach - v. To mention or suggest for the first time: *to broach a subject.*"

"brooch - n. An ornament having a pin at the back for passing through the clothing and a catch for securing the point of the pin."

Broach and brooch are homonyms, two words that sound the same but have different meanings. The dream-mind often uses a visual word to substitute for one that is a homonym, similar in sound, but with the meaning it wants to

express. Here we have a visual brooch to represent broaching a subject to his wife.

"I dreamed I'd argued with my wife (in fact I had). I went to a gypsy for a potion to mend the rift. The gypsy sold me a jeweled brooch with my wife's picture in the center. I was told I should give this brooch to my wife to wear next to her skin."

When troubles or arguments erupt someone has to make the first move toward reconciliation. The dream advice was to picture his wife as a precious jewel and broach her with it (this attitude). If he suggests that she is a precious jewel he will be able to get close to her. This approach will be the best love potion for their relationship.



Button Your Lip Another husband has had words with his wife.

"I had a pierced lower lip. I noticed two crooked front teeth. I took a peg with a golden screw, put it through the pierced lip, and screwed the lip tightly to the teeth."

"Button your lip! The golden screw suggested, that 'Silence is golden'. The crooked teeth indicated ugly words."

Elsie Sechrist, *Dreams Your Magic Mirror*, pg. 66

I would add to Mrs. Sechrist's comments. I'll bet he'd made some rather piercing remarks to his wife. To keep this relationship going he'd better button his lip. The mouth and teeth share a similarity of location with one's words; therefore, the condition of the mouth or teeth in a dream may represent the condition of the character's speech.

FOR WORSE

Sandbagging This marriage ended in divorce. The husband's dream was alerting him to a situation he was aware of, intuitively, but he wasn't facing up to it.

"My wife was out walking along the street about 2 a.m. A police officer stopped her and asked, 'What do you have in your handbag?'"

My wife answered, 'It is sand.' She showed him her bag full of sand.

"The police officer said, 'You're under arrest.'"

According to the *Dictionary of American Slang* "**sandbag** v.t. in poker, to lead another player to a greater loss by pretending to have a weaker hand." It's sort of the opposite of bluffing where you pretend you have a stronger hand. This wife was pretending her nights out were spent at the laundromat. But she was "sandbagging" her husband and actually fooling around, "street walking" with other men. The dream suggests this should

be stopped (arrested). In typical dream style a picture is made of what we would say with words, including slang.

Putting on the Ritz This idiom means assuming a wealthy and sophisticated life style whether entitled to it or not. The wife was aspiring to a ritzy life style. Her husband's dream:



"My wife and I were getting into an elevator at the Ritz Carlton Hotel. The door opened.

There was another man already in the elevator. He wore a swimsuit and an open robe. My wife entered first. Due to some malfunction the door began to close.

I had a cane which I tried to wedge into keep the door open. But, the door closed and the elevator went down with my wife and the other man."

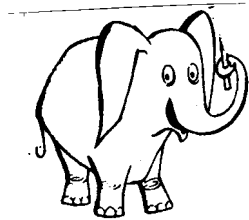
The wife is "putting on the Ritz", going down into the physicality of life with another man. And, there is nothing the husband **cane** do about it. There it is again, the dream using a visual "cane" for a not-so-visual "can". The two words sounds very similar.

So, we've looked at the husband's dreamy point of view regarding the marriage relationship sometimes for better or sometimes for worse.

Chapter Three
LOOK OUT WORLD HERE I COME

Prenatal dreams are dreams mothers and fathers have about their children **before** they are born. It is to be expected I think because the parent-child relationship is such an intense one. Reports of prenatal dreams are sprinkled through out history. When you think of prenatal dreams you probably think first of great spiritual leaders like Buddha and Jesus.

"The Dream of Buddha's mother: "Having fallen asleep at Lumbini, Maya, the mother of the Blessed, had a dream which she told to King Cudhodana and his soothsayers.



'White as snow or silver, more brilliant than the moon or the sun, the best of elephants, with fine feet, well-balanced, with strong joints, with six tusks hard as adamant [diamond], the magnanimous, the very beautiful has entered my womb. I must understand the meaning of this dream.'

"To these words the Brahmins replied:
'Superabundance of joy...It does not announce misfortune for the dynasty. A son will be born to Maya, his body will bear the characteristic marks. Issue of a royal line, the magnanimous one will be a universal monarch.

'He will abandon his capital, his kingdom (all) desires of his own home, detached by compassion for the three worlds, he will become a wandering monk....he will be able to satisfy all worlds.'" 1.

Joseph's Dream Joseph's prenatal dream of Jesus is well known from the Gospel of St. Matthew:

"the angel of the Lord appeared to him in a dream saying,

'Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost.

'And she shall bring forth a son, thou shalt call him JESUS: for he shall save his people from their sins...'

"Then Joseph, being raised from sleep did as the angel of the Lord had bidden him."

Matthew 1:20-21 and 1:24.

Prince Shotokutaishi Lesser religious leaders have also appeared in prenatal dreams. In Japanese history there is recorded a dream had by the pregnant mother of the future Prince Shotokutaishi. He is the monk who gave Buddhism its prominent place in Japanese culture.

"In her dream the future mother saw a monk the color of gold coming toward her.

He said, 'I have taken an oath to save the world. For a brief moment I intend to take shelter in your womb.'

The lady replied. 'Who are you, then, you who speak to me thus?'

The monk declared, 'I am the Bodhisatva, saviour of the world. My dwelling is the west.'

The lady said, 'My womb is impure. How could you find shelter in it?'

The monk declared, 'I do not fear impurity.' Then it seemed he entered her mouth with one bound, and she awoke from her dream,

A son was born. He became the illustrious Prince Shotokutaishi." 2.

His Seed Just because of the fame of these babies who became famous spiritual leaders some people doubt the authenticity of these dreams from far back in history. Moving forward in time we find that the third century Greek dream writer, Artemidorus reported a common man's prenatal dream.

"Someone dreamt that he had wheat instead of wool in his mattress. This man had a wife who had never previously conceived. That year she became pregnant and gave birth to a son.

*"For the mattress signified the man's wife and the wheat (seed) signified the male offspring."*3.

The Peacock Still further forward in time we find another prenatal dream. This report probably lasted because of the baby's future fame.



"Dante's mother dreamed she gave birth to a son. He was at first a shepherd but later was transformed into a peacock."

With this dream of glory in mind when the boy was born she named him Durante which meant "enduring to the last". 4.

Whether you attribute it to maternal and paternal instinct or extrasensory perception based on psychic ties, mothers often and fathers sometimes dream about their yet unborn children. In the Orient even to this day it is common knowledge and belief that some dreams give portend about a baby to come. There are in the communities Buddhists who specialize in the interpretation of dreams. Dragons are a common symbol of masculinity. To dream of a dragon holding a pearl means the baby will become an important person.

Misshapen Peaches A Korean-American woman I interviewed reported having twice dreamed of misshapen peaches before her two miscarriages. Then she dreamed of a chestnut before her son's birth and of jewelry before her daughter's birth.

Messenger to the Jewish Community In the modern day collection of dreams presented to the psychic, Edgar Cayce, there is a series of dreams submitted by a pregnant woman. Here is one near the beginning of the series.

"Q-1 I dreamed of my baby. It was born and weighed 11 pounds and 2 ounces. It had blue eyes, blond hair and was a boy. It had, however, a Jewish nose that I didn't like." [The parents were Jewish].

"A-1 In the birth there will be seen the boy. ... blue-eyed, or nearly blue, blond and presenting something of the characteristic condition as seen. [the Jewish nose] This, however, is rather that emblematical condition...respecting the outcome of the purpose of the entity [baby] in its passage or experience through the physical plane - a messenger to the Jews." Cayce Reading 136-51. 5.

So far we have had only positive reports. Moving to World War I we have a mother's precognitive prenatal dream with an unhappy ending.

Destiny "From early childhood a certain [English] lady dreamed regularly a dream which left behind an impression of misery.



"She found herself wandering in a woods, which became so familiar she could describe it in detail... there was some tragic incident which could never be recalled in waking. She would see some strange women dressed in a curious costume similar to pictures in "Punch" depicting the bloomer craze in America."

"This lady grew up, married, and had a son. In 1914 he . . . was killed in action in France. ...When the war was over, the mother went to see the spot where he fell, the forest of Compie'gne. There she recognized the woods of her dream and the sense of misery was now only too real. She described the dream to the officer who was accompanying her. ...On hearing of the "bloomer" dressed women the officer was deeply interested. He told her that at the time her son was killed, he was fighting near a group of Zouaves. Their baggy trousers resemble the bloomers of the American women." 6.

Six Fingers "Late in 1974 Nadia M. of Budapest, Hungary, kept having the same dream. She would wake up screaming and tell her husband,

'I've had it again. A pale hand pointing at me and there are six fingers bunched together. What ever can it mean?'

She learned its meaning when her son was born. The baby had six fingers on each hand. Budapest doctors are more interested in her dreams than the child's extra digits. They are trying to

understand the link between the malformation and her nightmares." 7.

To bring us up to date I asked over the Internet for reports of current pre-birth dreams. The response was sparse but here are a couple of typical responses.

"I did dream of my son before he was born. He is three now I dreamed exactly what he looks like at his current age - to the letter. He was riding a roller-coaster and laughing."

"Nine years ago my best friend dreamed I was pregnant with twin girls (not something I was hoping for at that moment). Surprise! They turned eight in June."

Twin Sisters Last but not least, my favorite from recent reports. It isn't a mother's or a father's dream it is from a future older brother.

"My mom had a special dinner for Dad and me one night. After a neat apple pie, she announced I was going to have a little brother or sister in about seven months.



"That night I dreamed it wasn't one little brother, but that two baby sisters were coming."

I told mother the next morning about the dream, and she just smiled. About a month later she came home real puzzled and said the doctor for the first time had heard two heart beats. She said the dream was right after all because there were going to be twins in our family. And when they finally arrived - guess what? Two baby sisters!" 8.

The next relationship dreams will feature dreams mothers have had about their living children. Parenting is a tough job but dreams can help.

- 1.Ch. VI of the *Lalita Vistara*, in *Les Songes et leur interpretations*, p. 237 in *The Understanding of Dreams* by Raynond De Becker p. 42.
2. (*Konjaku-monogatari*, Book XI, Tale I,) *ibid* p. 56.
- 3.Artemidorus, *Interpretation of Dreams*, 2nd Century translated by Robert White 1975, p. 230.
4. *Do You Believe in Dreams?* by Russ Murphy p. 27.
- 5.*Dreams and Dreaming Part I* Cayce Readings p. 102
6. *A Book of True Dreams* by Mary E. Monteith p. 114.
7. "Fate Magazine" November 1976.
8. *Crystallizing Children's Dreams* by Katherine Lee West, p. 51.

Chapter Four

PARENT'S DREAMS ABOUT THEIR CHILDREN

LULLABY AND GOODNIGHT - MOTHERLY DREAMS

These are dreams that have helped mothers with child rearing concerns.

A Stormy Night In *ESP in Life and Lab*, Louisa Rhine told of a mother who put her sleeping baby in its crib and went to sleep herself. It was a calm, clear night. The moon shone brightly. The mother had a dream that the glass chandelier above the baby's crib came crashing down. She awoke. The night was still clear and quiet, but the mother was not calm.

"Following her feelings, she took the baby from the crib and placed her on her parents' bed. About four a.m. a loud crash woke the mother and father. A storm had blown in and caused the chandelier to break loose, crashing into the now empty crib. Experiences like this are not uncommon."

Iron Needed Motherly dreams include the obvious concerns for their child's safety, health, friends, education and character. Teenage girls have a need for iron in their diet to keep a healthy blood supply. One mother dreamed this diet advice for her daughter.

"I'm driving my daughter and her friend to school. On the radio, a man is talking about healthy school lunches. He suggests a salad of cottage cheese, apricots and walnuts."

"I woke and realized that would be a good way to get my daughter to eat apricots which are high in iron. She liked cottage cheese and walnuts but not apricots. She did become very fond of this combination."

High Boy Drug abuse among today's teenagers causes mothers constant worry. Watch your dreams for clues.

"My son had a highboy chest in his bedroom. He moved it into our dining room. We were arguing about this when I woke up."

This dream alerted the mother that her boy had begun getting high on drugs. He didn't really have a highboy chest. Her awareness, very early in his drug experiments, enabled her to put a stop to it.

Off Balance Another major concern is the psychological health and well being of children. This dream uses the movie-like fade-in and out device to depict the similarity between the mother's father and her husband. A similarity in the harmful way

they treated their children. This is a two cycle/bicycle situation.

"My daughter lost her balance and fell off her bicycle. I brought her inside and sat her down on some stairs. We don't have any stairs in our house.

"Her eyes are rolling. Her father, my husband, came in and went to her.

"He started yelling, 'Why did you do that? Don't you know better than to fall off your bike?' His scolding face faded and became my father's face. My daughter's face faded and became the face of my younger sister. Then both faces faded back into the faces of my husband and daughter."

"I brought in an overfilled ice pack and put it on my daughter's head. We waited for an ambulance to come and take her to a hospital."

Immediately upon waking the mother realized clearly the resemblance between how her father had treated her harshly and the way her husband treated their daughter. It was enough to throw any little girl off balance. Importantly the overfilled ice pack pointed out that she also was being too cold, putting her daughter through the same steps she'd been through as a child. The dream caused her to come to her daughter's defense.

Gentle Does It It's a fine line between indifference and neglect as with this frigid mother.



"I'm walking in icy water formed from melted snow. To the right and up ahead are children playing in a snow bank. Suddenly I see a naked woman behind them. My eyes focus on her genitals. Now I realize she is another me."

The children are in a place of cold, frozen water. Water often represents feelings or emotions. The frozen emotions are melting. The mother focuses on the exposure of genitals, her organ for expressing love. Using a pun the dream suggests she expose her gentle, loving parts to her children. She seemed to get the message. Back your children up with love.

Be Unconventional After an awful argument with her daughter this mother had two helpful dreams.

"I'm at a convention with a large group of women. Every woman has a different reason for being there. A very stylish woman asks me my reason, then turns rudely without waiting for an answer. [It is stylish and conventional for mothers to ask but then not listen to or honor a daughter's answer].

"I tell her I am a shoe [understanding] saleslady. She turns back and says she doesn't believe me.

[Mothers try to sell the idea that they understand, but do they, did she?]

"I decide she is so rude I'll just tell her anything. So, I say, 'Really I'm President of the Cancer Prevention Society.' Now I notice a friend who is a therapist/healer beside me. We walk outside together and join a group of women [outside the conventional.] I begin to tell them teenagers are different now than when we were young."

To prevent a cancerous growth in her relationship to her daughter she should treat her daughter differently. Her second dream that night made further comment.

"I have a new goldfish in a bowl. I put in a lovely rock and think, 'Do fish in their natural habitat see rocks and use them as landmarks? I realized they don't need landmarks. They only Have to follow their own instincts.'"

She, too, has golden instinctual guides she can follow in raising her daughter.

On Vacation This mother had two sons, one was often a problem, the other was okay - she took him for granted. That is until this dream alerted her on his behalf.

"The family is on vacation [She's 'not on the job']. Our room is on the second floor. Son, "For Granted" comes in and asks if he can go out for a doughnut. [sounds like don't] Sleepily I say, 'Okay.' He heads for the French windows thinking they are a door and forgetting we are on the second floor."

"I yelled. 'Don't go out there!' but it is too late. I run to the window and look down to see him lying in a heap on the ground, moaning. I run down the stairs calling for my husband to follow. I call for the house physician. I woke flooded with anxiety for the son I usually took for granted."

In a couple of days this son had an experience with a friend which left him stunned, hurt, confused and bitterly disappointed. Being used to sleepy, inattentive parents he said very little about it. His friend had made him "the fall guy", leaving "For Granted" to take the blame for his friend's misconduct.

The mother, for warned by the dream, noticed his withdrawn attitude. She questioned him and took the time to talk to him about it. She helped him learn and grow from the experience. It brought them much closer together.

Change Harsh and cold parenting, often takes over when children become difficult teenagers. When parents get off track dreams suggest they change.

"Our son came into our bedroom while I was biting father's ear. Our son asked for some change for school. I told him there was a dollar on the dresser. He insisted he needed change, nickels, dimes, quarters, not paper money."

"I was upset. Then I saw him like he was about nine years old. I gave him a big hug remembering my freckle-faced darling."

Mom had been "biting father's ear", complaining about the son's behavior. She was always sorry afterward because the father was too harsh in his punishments. The dream suggests their son needs a change in her attitude. He needs to be embraced as her darling. They worked it out.

Flipping Out This mother was in therapy. Her recurrent dream is about her emotional flipping out and how this is harmful to her little girl. With her therapist she discussed whether the secondary gains the mother got from these flips was worth the harm to her daughter.



"I am walking down a residential street turning hand flips, cartwheels, sometimes in slow motion. Almost always passers-by are watching. I have on a dress, but my underclothes never show. But, I was concerned about it."

"The last time I had this dream my little girl was walking right behind me. I kept telling her to walk to the side. I was afraid I would kick her as I flipped over."

Her motherly instincts tell her that this attention getting device, emotional flipping out, is putting her daughter in danger. Her little girl may learn to follow along doing the same kind of flipping out.

Unhooked Bra Sometimes it's the other way around. The mother needs to be more strict. A bra controls the female breasts which, as a distinguishing feature of a woman, can represent a feature of feminine nature. In this case, display of emotion is the feature represented.

"My son, Billy, unhooked my bra while we were out in public. I lost my temper and screamed at him. He did it again and I screamed some more. Then I ducked into a cubicle to re-hook my bra. I told my sister to tell Billy that if he did it again, I'd kill him."

Billy had started acting up in public to get his mother's attention. And, yes, she lost control and yelled at him. Her

sister in the dream suggests another way, she could put a stop to this. Having a calm, reasonable discussion with Billy, in private, is the opposite approach called for. Giving him positive attention when deserved would do wonders.

While all mothers' dreams for their children are meant to be helpful, some are complicated others are very short. Here's a shorty.



Playing Coy *"I dreamed I saw my daughter in a pond playing with koi fish."*

"I looked up "playing coy" in an idiom dictionary. It means 'pretending to be more shy and innocent than one really is.' It was important for me at that time to realize my daughter wasn't all that innocent. She wasn't always going to the library to study!"

The words used to tell these dreams are extremely important. Notice the syllables as in highboy and high boy; that gentle, genital pun; the synonyms stairs and steps; the homographs change = money and change = shift; the homonyms koi and coy plus the idiom "playing coy." The words used to report dreams are very telling.

THE SUBTLE TIES THAT BIND - FATHER'S DREAMS

After his divorce this father's two-year old daughter was taken from California to Virginia. She lived there with her mother and stepfather. From time to time the natural father would dream of his daughter. Then he would phone his sister-in-law, the aunt, living nearby in California to ask about his daughter. The dreams followed major events in the girl's life: starting kindergarten; an appendectomy; graduating high-school etc.

When the daughter, Susan, was twenty-two she came to California to meet her father in person. Ah, those subtle ties that bind. How do I know all this? The father became my husband. He always told me when he had dreamed of Susan.

Joseph, Father of Jesus On a less subtle level is the Biblical story of Joseph, Father of Jesus. Joseph, being guided by a dream to take his son and hide in Egypt, fits the way dreams really work. There is high probability that a father would be warned of danger in a dream.

"13: ...the angel of the Lord appeareth to Joseph in a dream, saying, 'Arise and take the young child and his mother, and flee into Egypt, and be thou there until I bring thee word; for Herod will seek the young child to destroy him."

"14: When he arose, he took the young child and his mother by night and departed into Egypt."

"15: and was there until the death of Herod..." Matthew
2:13-15

Fathers' dreams about their children are less about day-to-day care and more about the father's psychological effect. Finding a proper balance between enough but not too much control is very tricky. Often the dream messages are clear.

Power and Tyranny *"I am in a jungle watching Tyrone Power and Gene Tierney acting in a movie. In the background is the ominous sound of native drums beating restlessly. I fear an uprising."*

In our discussion, this father agreed he acted with too much power and tyranny toward his children, saying, "It's for their own good." But he indicated that as teenagers they were beginning to rebel. Indeed "the natives were getting restless." - slang for trouble is brewing. Heeding the dream message, he began to honor their growing independence and individuality. It didn't come easily but he learned to be less controlling.

Hot Water In this next case the opposite, an uninvolved father, is the problem. The father had been leaving the mother to handle everything. His dream:

"My wife was leaving for work and I was staying home. I asked if she wanted me to clean the house.

"She said, "Great." As she walked upstairs a drop of hot water hit her face. We realized the ceiling was leaking. I, following her upstairs, had the same experience.

"We knew it was because our oldest son had been taking such long showers in such hot water.

"She left for work and I was going to clean up the bathroom and stop the hot water leak."

In the dream he comes behind the mother to clean up. Their son has been in too much hot water/trouble. Two days later there was another phone call from the school principal. This time the father went and talked to the school authorities. Later he confronted the boy. His son reacted very positively when his father finally took a hand in his guidance.

Dad's On a Head Trip Many men have been taught that showing affection or even friendliness toward their sons will cause weakness. These men tend to raise their sons from intellect only without feelings. Being too much in one's intellect is sometimes referred to as a "head trip".

"My son is playing at another boy's house. [This is the way it typically is for boys]. I go there to pick him up. I have a sense of danger. While waiting for my son to put on his shoes and socks [by association of location, under where we stand, shoes may represent understanding], I sit on the floor [also understanding].

"The woman there gets behind me. Before I know it she has stuck a long needle in the back of my head. [Feelings are needling him at the back of his mind]. I feel that I have floated to the top of the room. A few minutes later I realize I'm back on the floor in front of this spooky, scary woman. I realize my body hasn't left the floor. It only seemed that way. I'd been on a 'head trip' [intellectualizing]. I was furious that she would do that without asking and without warning. [this is from his unconscious training, out of his control] She was about to do it again but I grabbed her hand and made her stick the needle in her own neck.

"I grabbed my son and ran from the house. We came to a church where there was a potluck in the kitchen. I felt we were safe here."

Religious feelings and teaching of love are a safe place to take his son and their relationship. This higher form of fatherhood seems to be the aim of fathers' dreams about their children.

Chapter Five

CHILDREN'S DREAMS ABOUT THEIR PARENTS

MOTHER DEAREST

Mothering, if done properly, makes a woman truly among the dearest experiences of our lives. Because it is so important it has many symbolic connotations. However, since this book deals with dreams of real-time relationships, the symbolic level of mother and mothering will be set aside in this chapter. These vital, symbolic levels of mothering are touched on in appendix B as well as being dealt with my book, *Sex, SYMBOLS and Dreams*.

The Unknown Young children often dream of their mother as provider of protection, security and moral guidance. Six-year-old Jill's dream could be considered generic.

"Something unseen was in the dark. I couldn't move or run. It was scary. I called my Mom and she came. She picked me up and I felt it was okay."

Dreams of scary monsters or wild animals fit this category. Such characters are often dream disguises for real adults, even parents, or older siblings. If a child reports such dreams check what happened in the child's life the day before the dreams.

Please Don't Leave Me The issue and fear of abandonment when his parents divorced led to Billy's generic dream. He dreamt:

"The whole world is breaking up in a giant earthquake. I fall into a big crack."

"Mom and Dad are standing at the top rim, looking down. They were arguing. When I hit bottom I was really surprised; it was rubbery. I bounced all the way back to the top. I landed next to my Mom, then I woke up."

Even though it seemed his whole world was shaking and breaking apart, Billy's dream brought him encouragement. He would be able to bounce back and be with his Mom.

Can't You Hear Me? Some mothers don't take it seriously when a child is having trouble fitting in with their peer group. A bad dream is almost certain to result.

"The Laughing Monster was chasing me home from school. Every time I passed another corner, two or three more Laughing Monsters joined the group. A whole bunch were chasing me and laughing weird laughs."

"I tumbled through the front door, slammed it and locked it. I told my mom to look out at the



Laughing Monsters. She laughed too, and said that she didn't see anyone out there. I started crying, 'Mom! Mom!'. I woke up crying because the kids at school made fun of me."

This little seven-year-old girl told also that her mom laughed it off. Her mother didn't sympathize or try to help.

I'm Thirsting For All too often, mothering is far from perfect. Abby's mother, cold and intellectual, lacks the emotional warmth that Abby needs. Here is one of Abby's dreams.



"I'm in a hospital, very thirsty. The nurse comes in. I read her name badge, Helen. My mother's name is Helen. I ask the nurse for a drink of water.

"She goes to the faucet but the cup leaks. By the time she gets back to me, the water is nearly all gone.

She gives me a painful shot and puts me in an upper bunk bed."

Abby is a little older and dreams with more sophistication. Her high school math teacher mother gives her intellectual "bunk" when Abby needs emotional support.

Life's a Gamble Older teen-agers arrive at the necessity to break with the mother in order to express more of their own personality. Here's an example from a San Diego high school girl.

"My mom was in Hawaii, I got a telegram saying she and Doug had gotten married. They would be staying there for their honeymoon. I decided to go to Las Vegas with Vicki.

Driving over to pick up Vicki I drew \$200.00 out of the ATM machine. I felt excited. Vegas would be fun on our own."

Her mother was newly engaged to Doug and will soon have a new life without her. Our dreamer will take a gamble on her own assets and it is exciting.

My New Generation Sandy is almost an adult but she still lives at home. The dream setting, a sandy beach, is a substitute for her name/identity. She sinks into the ocean, her subconscious mind.

"I'm walking on a wide beach. The sand is rather white. I feel lonely, but happy too. I wade out into the ocean and sink into the sand.

"I enter a house and the landlady there is having an argument with her daughter.

"The daughter is nipping on the lady's tits. She turns to me and says. "Too sweet!"

Sandy decided the landlady was her mother and the daughter, then, was Sandy. Sandy sometimes disagrees with her mother as role model. Her mother's femininity (tits as a part-for-whole represent femininity) is too sweet, too passive and non-assertive for Sandy and her generation.

Meanwhile Back at the Farm The break with mother dependency appears to be more complete and more difficult for boys.



"Dreamed I was upset with my older sister. The discussion was about a photo of Mom and Pop in front of the barn. I knew that Sis and I had been in the original and this one must be a fake. Sis said, 'No we weren't there.'"

"Mom came in and admired it. She said, '"Isn't this a good picture of Dad and me by our barn?"

They closed the photo album and left."

This young man's dream is encouraging him to get the picture that he is no longer in the picture with his parents. His older sister had married and moved out of the family. Now it's time for him to do likewise.

The Tide Turns Eventually the tide turns and older children dream about the mother's failing health and need of their care.

"Dreamed I wrote Mom a check for \$500.00 but I post dated it by a week.

Next there was trouble with her cashing it."

"A week after the dream, Mom was having trouble with her elimination system. I had to take her to the doctor for a check up. She had a bladder infection.

Turn About Is Fair Play A former teacher at my school had recently died of cancer. Just before his death they tried a treatment that made his legs swell up. This became an important association and symbol in a dream I had warning me of my mother's death. My mother had just been sent home from the hospital and my sister took that as a sign it was okay for her to go to Europe on vacation. I was due to go to the Midwest at the same time. Then I had this dream.

"I'm visiting my sick mother. My Dad is seated behind her where she can't see him. He looks at me with despair and says, 'Can you do something for her?' I realize he feels helpless. He just doesn't know what to do. Then, I notice my mother's legs are very swollen. (In reality, being unable to eat, she was very thin.) I got wet towels and put them on her swollen legs. She smiled to show how good that felt. I was relieved that I had helped both my Mom and Dad."

When I woke, I realized the swollen legs were meant to remind me of the last death I had known personally. Though she'd just been released from the hospital I knew my Mom, aged 80, was dying. I canceled my trip. When she took a turn for the worse, I went to them. She passed away with her head in my arms and with a weak smile. I was so glad I was there to help my parents.

No surprises here but I still find this mundane aspect of dreams is often overlooked in favor of deep psychological issues. Don't forget to check your dreams for simple clues about relationships.

CHILDREN'S DREAMS ABOUT THEIR FATHERS

Hey, Dad Once again we have a dream figure, father, which can be used by dream-mind in highly symbolic ways. Check the appendices for more on this. And once again, I set that aside and focus on actual child to father relationship dreams. There are plenty of these as well.

A Lady Or An Alley Cat? Fathers set much of the family's values and expectations. With Sherri this relationship helped to keep her teenage energy in check. Here is one of Sherri's dreams.



"I am wearing a sexy bikini and strutting in the street. I wiggle my butt and bounce. It feels real sexy. There are guys on both sides of the street hooting at me. A couple of them have their pants open."

"My Dad's car turns the corner onto the street. I panic because I know he'll be furious at me for showing off my body in front of these guys. It doesn't feel fun anymore, I'm embarrassed."

"Dad parks and I see him coming. I run into an alley to hide. There's a fence at the end of the alley and a big, fat, ugly cat is sitting there. I'm caught between my Dad and the cat and the fence."

Sherri's dream came after a day at the beach in a bikini. It was a "hoot", fun, at the time, but, she can't hide from the guilt that she had acted like an "alley cat". That's slang for "an easy promiscuous female". She knows her Dad has taught her to be more ladylike.

Overly Protective Many fathers in their zeal to be protective are too constrictive and it drives a wedge in the relationship. Often it isn't healed until the daughter is grown up. Here's an example of a healing dream message.

"I'm at a seminar learning how it is to marry your father. I'm taking notes [she's learning to be in a close, loving relationship with her father.]"

"A woman is teaching the class [she's learning from her feminine, feeling, nurturing nature]. I think of having intercourse with my father and get a strange feeling. It is something I would have to learn. It has been so far removed from us. I wonder if I can. [She has been trying to learn how to talk, have verbal intercourse/communication with her father, but it isn't easy. They've never done much talking].

"The teacher tells us to draw a star and I can't make it good. I keep trying to draw a five-pointed star.

[It's hard for her to see her father as a "star"].



"There's a snake in the room. We leave, frightened. It is a huge boa constrictor. It is next to my father. [She connects her father to a huge constrictor]. The snake has a huge head and the forehead is bandaged.

[Father thought [head] it was his duty to constrict her. But, this area has been wounded]. The snake follows us out the door"

The snake, her fear of her father's constrictive attitude, is still with them. But it is wounded and not as strong as in their past. She may learn to have a loving relationship with him yet.

Up and Down, Back and Forth Some men don't deserve to be fathers, they are too focused on themselves, unable to really love anyone else. Weekends with a divorced Dad and a new girlfriend can be devastating to a child.



"I dreamt Dad came and got me for a week-end visit. We were driving to a picnic. He and his girlfriend were in the front seat. I was alone in the backseat.

At the picnic park, Dad told me to go play on the swings. He and his girlfriend go dancing together in among the trees.

"After going up and down, back and forth, higher and higher, I fell out of the swing. I called, 'Dad! Dad! Help! Help!' He didn't hear me or see me. They just kept dancing farther and farther away. I woke up on the floor. I'd fallen out of my bed while visiting at my Dad's house." How sad.

Yo Feet's Too Big The relationship between this father and his wife and daughter stems from a bad attitude toward women. His macho treatment had far reaching effects on the daughter. Once she got the message of this recurring dream, her male-female relationships changed for the better. The girl had been

having this dream from age sixteen to twenty. Then she came to one of my dream study classes.



"A large pair of feet come out of the drawers of my bedroom chest. The feet come and walk up and down all over me. Sometimes I know they are my father's feet. Sometimes they are the feet of my different boyfriends."

That's it, just men's feet walking all over her. Once she realized the dream was a picture of a common idiom, she got the message. Her father had "walked all over her" and that was what she expected men to do. So, she let boyfriends "walk all over her" too. She didn't feel men could be expected to be any other way. It took some hefty insights and practice but she learned it didn't have to be that way. She soon projected different expectations and received different treatment from men.

Let Me Be Me The father and son relationship can also be constrictive and manipulative. This recurring dream reflects one such situation. The son was just home from the war and back on the farm. The father expected him to take over the farming. Here is the son's therapist's report.

"Shortly after the war a young man sought treatment for the sole reason that several nights a week he awakened terrified.

"He dreamed he was about to be dismembered by some complicated machinery into which he was falling."

His therapist was able to identify the machine, a composite threshing machine and electric generating plant both of which...[were] familiar on his father's farm. The nightmares ceased as soon as....he realized how narrowly he had escaped falling in with his father's, entirely benign, machinations to establish him in a career [as a farmer] for which he had neither inclination nor aptitude."

Charles Rycroft, *The Innocence of Dreams*, pg. 101

What Would Dad Do? When in high school my son, Allen, went into a janitorial business with two friends. Before long there was trouble, too much goofing off on the job. Allen had this dream.

"The other guys had been goofing off. Now it's morning and the regular workers are coming to the Data-Tech building. The boss comes over to us and says, "You did a crummy job. You're fired!"

"Next, I'm in the garage with Dad telling him how mad I am at the guys for getting us fired.

He says, "Gather your money together and start over again on your own."

"Now it's two days later, I'm back at Data-Tech working by myself."

The dream showed Allen's concern for the way things were going with the business. The dream father gave just the advice his real father would give. First he bought out one partner, then the other. He hired strangers to take their places and was able to really boss them into being good workers. It was great experience for him and good fatherly advice.

A Blue Mummy A step-father relationship can also be explored in dream. This dreamer was twenty-three years old when she finally got the courage to tell her mother that her step-father had sexually molested her when she was fourteen. After telling, she had this dream.

"I dreamed I woke up and discovered my step-father was beside me on the bed. I am facing him. He is dead, wrapped up like a mummy and blue."

Wake up and discover means exactly that. She is facing the memory of the molestation and realizing it has been "in bed with her", affecting her attitude toward sex, ever since. Now, it's dead. It's "all wrapped up", an idiom for concluding a task successfully. "The blues", feelings of sadness are there but also dead.

A Depressing Blow After my Mom died, Dad was living alone 30 miles from me. It was okay until he could no longer drive. Then my caretaker role increased considerably. I had a precognitive dream about it.

"Dreamed I was upstairs when the front door opened and a really big wind came blowing in. I went down to check. It was my oldest son. He had a big dent on the back of his head. I was worried as I took care of it."

I expected this son might get hurt and need attention, which wouldn't be unusual since he was born with physical problems and often needed special attention. But, he was fine. When I got a phone call that my Dad had an automobile accident I knew the dream referred to him. As a result of the accident he was no longer allowed to drive. This was a really big blow to him and he became mentally depressed (dented head). From then on he needed a lot more of my time and care just as my son always had.

Pay Special Attention To end on a high note here's a new bride's dream of building a relationship with her father-in-law.



"I'm walking through a defense factory during wartime. There is a large photographic negative on the floor. I pick it up and hold it to the light. It is a picture of my father-in-law. I start to throw it in a wastebasket but it is too big."

"There is a bulletin board nearby so I pin it on the board."

Her father-in-law is pictured as negative and defensive, which he was. He was often at war with other family members. His new daughter-in-law took the dream advice. He is too big a thing in her life to throw in the wastebasket. He needs special attention paid to him. She was careful to take special notice of him. She managed to get along fine with him which really impressed the rest of the family.

Keep monitoring your dreams for help with **your relationships.**

Chapter Six

SIBLING DREAMS

Ranging from sibling rivalry to brotherly love, dreams comment on sibling relationships.

Sheaves of Wheat Probably the best known such dream is that of Joseph, son of Jacob, in Genesis 37:2-8.



"Joseph being seventeen years old. . . And when his brethren saw that their father loved him more than all his brethren, they hated him. . . He said unto them, 'Hear this dream which I have dreamed:

Behold we were binding sheaves in the field and, lo, my sheaf arose and also stood upright; and behold, your sheaves stood round about, and made obedience to my sheaf.' And his brethren said to him, 'Shalt thou indeed . . . have dominion over us?'"

Shortly after this his older half-brothers sold Joseph into slavery in Egypt. You know the rest of the story!

This is a great example of dream-mind using personification, giving inanimate objects human characteristics. It is also an example of people reversal. That's when something associated with a person is used by dream-mind to represent the person - wheat sheaves equal Joseph's brothers. This kind of associative thinking is dream-mind's *modus-operandi*.

Bottled-up Feelings As a mother of three sons I heard some of their dreams. Here is one my youngest son had about his relationship to his oldest brother. There is a four-year age difference.

"I dreamed I have a snake in a bottle. Brad came in and gave me a push. The venomous snake got out of the bottle and bit me."

Brad the oldest tended to push Allen, the youngest around quite a lot. Allen had some hard feelings bottled up. This anger was poisoning him, not his brother. After some discussion between the three of us, Brad improved as did the long-term relationship.

My Idol Younger siblings sometimes idolize older ones, wanting to be just like that idol. For example,

"Me and my older brother and his friends are at a convention. We all get up and make a protest march out of the convention meeting. We cause quite a disturbance. When we get outside there is a riot due to some other teenage demonstrators."

The older teenage boys, who the younger dreamer followed around like a puppy, were doing the usual anti-establishment protests. When they got outside the established conventional values there was some temporary trouble.

What's "Your Bag"? Younger sisters are equally prone to idolize older brothers. When Debbie's brother left home to go to college, she missed him a lot. She felt she wanted to follow him to the college of his choice. She was a high-school senior when she brought this dream to my class.

"I dreamed I went to visit my brother at his college in Oregon. A man pointed out his dorm. It was a pine tree. I climbed the wooden steps up to the fifth floor - Room 503. That's his phone area code. His room was in a paper bag. I was really disappointed that his room was so small and junky."

The dream pictures seemed to suggest, I wooden (wouldn't) take his steps. You will be disappointed in "his bag". "His bag" was a current colloquialism for "his thing" or "his choice". The dream helped her to think about it and see the logic that "his bag"/his thing wouldn't be right for her.

The Older Sister Role Older sisters often become caretakers for younger siblings, and this is reflected in their dreams. In this case, the older sister had suffered a miscarriage. A year later she dreamed,

"I am in a hospital. I have had a miscarriage. My sister is in the bed next to mine. She is quite sick. I'm telling her it isn't so bad."

Soon after the dream the younger sister also had a miscarriage and the older one was there to comfort her.

In the book so far I've been sticky to the real life relationships. This time I've decided to vary that a bit because so many brother and sister dreams are about the dreamer's anima or animus. An opposite sex sibling in a dream can represent the contra-sexual part of the dreamer's psyche. Chapter 9, "Personality Plus" in *Sex, SYMBOLS and Dreams* is all about this anima and animus aspect. Here are a couple of short examples.

A Dead Feminine Side First a man's dream about his sister.

"My sister is dying because she has taken a fatal drug. She is resigned and being practical about it. I am planning to make all of the arrangements for her funeral and property."

The objective view of the dream did not make sense, but the subjective view did. The dreamer made his life decisions from a logic that valued security. As he told it, he dared not follow his feelings. He said that his creative imagination had died years ago. He agreed he'd given his emotions and intuitions a

fatal drug. Men's sisters are a common dream symbol for their feminine qualities such as emotion and intuition.

A Lively Masculine Side In this woman's dream her brother represents her masculine qualities, such as logic, assertion, and risk-taking. She is developing a close relationship with these qualities, allowing them expression in her life.

"I'm driving my car and my brother is in the backseat. He smiles at me and I notice he is naked. Feeling attracted, I drive into a country park where there are trees [growth]. He gets a blanket from the trunk and spreads it on the ground.

"We lie down together. I get astride him, I am very excited by the idea of my brother coming inside me. I do not have a climax [this is an ongoing process].

"Back in my car [her life], I come to a railroad track and stop to wait for an Amtrak train to pass."



She am-on-the-track of an exciting growth as her masculine side, her brother, comes to expression/intercourse within her personality. This is a good example of how sexual imagery functions symbolically. This sexual symbolism is a secondary focus of *Sex, Symbols and Dreams*. The main focus is how dream-mind chooses the images it uses; namely, with associative thinking processes.

Family members are like that, they can represent themselves literally, or a connotation based on their relationship to the dreamer, as well as other associations.

Chapter Seven

WHAT A FRIEND I HAVE IN MY DREAMS

Having looked at family relationships - spouses, parents, children, siblings and even lovers - this book will move on to dreams about friends. The people's names have been changed to reflect their character.

Be a Friend To have a friend you need to BE a friend. When a good friend needs our help we may get the first clue in a dream. Mrs. Kind had a precognitive dream about Mrs. Shy, who would soon be her new friend at the women's group.

"We were at a meeting of the women's group. Mrs. Overbearing was wearing a puffed up bra and a black and white blouse. She kept getting between Mrs. Shy and the rest of the women. I reached over and deflated Mrs. Overbearing's left boob. I felt glad I'd done it because it showed her obviously false front."

"Mrs. Overbearing stormed out of the meeting. Mrs. Shy smiled at me and the other women. She seemed to sort of glow."

The opportunity to put the dream into action came at the next meeting when a shy new member joined. The dreamer, Mrs. Kind, put Mrs. Overbearing in her place. Mrs. Shy became a good friend to Mrs. Kind.

Thumb's Up Lily was a shy high school girl with an assignment to give an oral report. Luckily her mother was a student of dreams and able to help Lily recognize the vote of confidence from her dream.



"I am in the gym, the bleachers are filled with classmates. From the dressing room door I catch Susie's eye. She give me a big smile and a thumb's up sign."

"I go out and begin to do a striptease. I take off my blouse and then my skirt. I sway around to sexy music. The kids are applauding."

Surely her dream-mind wasn't suggesting that Lily literally do a striptease at school. The striptease gave a picture of a successful self-exposure. Susie is an extrovert friend whom Lily admires for her relaxed manner with their classmates.

To the Rescue Mr. Advisor had just learned that his friend Mrs. Flounderer was having trouble with a project. He was knowledgeable in the field. That night he dreamed.

"Mrs. Flounderer is my sister-in-law and she has died. It is necessary for me to go to the mortuary for the autopsy. I feel embarrassed when I see her laid out nude. But, I knew I had to help"

with the investigation into her death."

Mrs. Flounderer had not asked for his advise even though she was having serious trouble. The dream gave Mr. Advisor the courage to offer her some helpful information about the death of this phase of her project. Pointing out her mistakes was a bit embarrassing, but it made their friendship stronger.

Helping Sue Repair In another case, Listener and Sue were already close friends. When Sue was having a difficult time and needed a friend's support, Listener had this dream.

"I go into an appliance store. I've come to sue them. I am waiting to talk to the service repair manager."

The next week Listener and Sue talked about Sue's problem. They discovered the need for Sue to apply herself if she expected to manage the repair of the problem. That's what friends are for.

Young Love Emotions or wishful thinking often blind people to reality when a friendship dies. It's tough to be a teenager as this high school girl is learning.

"I had sent flowers (love feelings) to my boyfriend. But, the flowers came back in the mail marked "Return To Sender". I felt very sad as I looked at what I had given him. I knew he didn't want my love. I was very sad. She now acknowledged he didn't need or want her love.

Friendships end, they broke up. At least now she can move on to find a better friend.

Vampire Speak When we forget to be a good friend, dreams may send a reprimand. After gossiping about a high-school girlfriend. Gossip had this dream.



"We're in the "girl's room" at school. I'm gossiping to Cindy. I'm facing the mirror and see my reflection. To my horror I have bloody fangs like a vampire! I cover my mouth with my hands and stop talking. Cindy looks at me like she's horrified too."

The dream led Gossip to reflect on those bloody cutting remarks she'd made about the other girl. She realized they reflected badly on her, and didn't endear her to anyone. In fact they made her look horrible.

WITH FRIENDS LIKE THESE WHO NEEDS ENEMIES?

Monkey Business This potent dream was presented to my dream study class as a meaningless fragment.

"Something about a television rerun of the show by the rock and roll group, The Monkees. I was on the kitchen table and they were putting ice cream on my stomach."

I asked the dreamer, "What "monkey business" is being rerun in your life? Something that at a gut level makes you want to scream. (Ice cream/I scream). What a reaction that got.

"Oh! I know **WHO** that is. One of my friends did me dirt before and she's doing it again." The dreamer had her "Ah-ha!" The meaningless fragment was now a powerful message.

A Bungled Engagement Each dream has its own way of picturing life's situations. Often the words behind the pictures tell the tale. Here is another friendship going awry, but with very different dream imagery.

"I dreamed I went into a jewelry store to pick up a diamond ring [engagement ring]. I put it on my finger and hurried out. Then I noticed the ring wasn't the way I had ordered it. The diamond was in a rectangular shape but mounted crosswise instead of lengthwise. Also, the diamond was flush with the mounting so no light could get under it. There was no beautiful light refraction. I felt disgusted - the jeweler should have known better."

Here again, the dreamer knew which friend was bungling the set-up of a project they were engaged in together. The potential was being wrecked and tangled. The dream slowed her down to take notice of what was happening.

It'll Curl Your Hair The idiom, "curl your hair" means to shock, frighten, horrify or amaze. Ms. Shocked, Ms. Pointer and Ms. Curler were mutual friends. Ms. Shocked had this dream.



"Ms. Pointer brought me an envelope containing some of her curlers. These were curlers I had used to curl my hair while at Ms. Curler's house."

The dream came after Ms. Curler had told Ms. Pointer and Ms. Shocked about a shoddy business in which Ms. Curler was enveloped/wrapped up. Ms. Shocked said she felt the news had "curled her hair", shocking and frightening her.

Messy, Messy Misunderstandings between friends can lead to out-of-control emotions. By association of location, the floor can represent understanding. (See *Sex, Symbols and Dreams* for more on location association) A bra confines a feminine feature, an unhooked bra can represent a feminine quality unconfined or uncontrolled. Often the feminine quality associated is emotionality. This next dream seems to suggest a way for the dreamer to work it out. She can follow her own inner course before seeking redress of the misunderstanding.

"I'm in a room with my friend. Lots of papers and stuff are scattered all over the floor. It is very messy. We go out. I'm driving my car trying to hook my bra at the same time."

"We're back in the same messy room. She is in a larger messy room and I go into a closet and decide to masturbate before I finish redressing. I did and I reached a climax."

Of course messy misunderstandings can happen between friends. How one reacts is crucial. The dreamer was in charge, driving her own car. By masturbating, doing her own inner course, she gets redressed, relieved from injury. She reaches a climax - the end.

Not Satisfied This male dreamer, after having an argument with a woman friend, isn't feeling too happy. This was not a sexual relationship, it was a friendship. However, the dream used imagery of a sexual situation with similar feelings to depict his feeling after the argument, which he lost.

"I'm in Arizona at a New Age meeting. A psychic shows me a vision [his intuitive dream]. I see a man and a woman having sex (intercourse/discussion) in my bedroom. The woman is on top and very excited. She has an orgasm."

"I feel sorry for the man because she quits before he is satisfied."

In the discussion/verbal intercourse with his friend she had "come out on top". He was feeling dissatisfied, arid and maybe even deserted (Arizona - arid zone).

Relationships on a friendship basis are of all sorts, watch your dreams for comments and hidden feelings about your friendships.

Chapter Eight

On-the-Job Dreaming

Much of adult life is spent in the work place so, it's no wonder about 20% of dreams deal with job concerns. Many times relationships with co-workers need attention and cause concerns. This chapter features both positive and negative co-worker relationships as seen in dreams.

To the Rescue My all time favorite example comes from Rita Dwyer, Past-President of The Association for the Study of Dreams. Here is her story in her own words as told in *DREAMTIME*, Winter 2001, "Introduction: Psi Dreaming" p. 4.

"Years ago, I worked as a research chemist and would have scoffed at things psychic. All that changed when I was saved from death by a co-worker, Ed Butler. He'd had recurring dreams of saving me from a laboratory accident and when it occurred in waking life, he pulled my burning body to safety, performing his heroic act without thinking, doing exactly what he had done in his dream "rehearsals" as he calls them."

My own interest in dreams began in a similar fashion. Remember the airplane crash dream at the beginning of the book? Powerful, huh? Most co-worker dreams aren't that dramatic. But, they are useful nonetheless.

The Squelcher Now some dreams about problematic co-workers. Using birth control pills prevents a relationship from coming to fruition and producing offspring. This is a dream metaphor for squelching the productivity of a business partnership. The dreamer and her friend, Jane, were working on a business project together. Male offspring, sons, in dreams often represent creative projects - males are associated with work projects and children are associated with being a creative production.



"Jane is a servant girl in the home of a wealthy and important family. She asks me to bring her a birth control pill. The son of the family [their potential business] is supposed to take the pill. He asks me who sent it. I explain that Jane sent it.

He says sarcastically, "That figures!"

Something about Jane is going to take a birth control pill too, so she can have intercourse with the cousin and not get pregnant."

The opening shows the dream is about their potentially lucrative, creative project. Jane is asking the dreamer to cooperate in giving the project something to squelch its ability to produce. Jane is causin' (sounds like cousin) there to be no

productivity. The dreamer broke off the partnership and went ahead successfully on her own.

A Wiley Character A secretary was having trouble with one of the junior executives who was hired through nepotism. Her dream pointed out her two choices.

"I'm in a laundry room. The offending junior executive is there. A man I know named Mr. Wiley is standing behind him. The washing machine has only two buttons. One, the adjustment button, is flashing. The other is a restart button."

As she read the dream, the junior executive was a wiley character. She could either adjust to this situation or restart elsewhere. She elected to change jobs.

The Deadly Female This lady librarian had recently seen two movies about rape, "Lipstick" and "Looking for Mr. Goodbar". Here is her dream:

"I am at the library working late. I have a strong feeling of danger around me. I know I am being threatened with a rape. But, somehow I have the feeling the rapist is a female not a guy. The feeling is so awful that I wake up. I think, 'the female of the species is more deadly than the male.'"

The library setting showed it was a work related dream. She recognized the threat as coming from a female co-worker who was in competition with her for a promotion. This co-worker would not stop at trying to take unfair advantage to get the job. The dreamer took protective measures.

Lighten Up Girl Here is a slight twist on how dreams inform and help. The dreamer, C.S., was about to quit her good job in a medical lab. From her dream and our discussion of it, she learned that blaming her co-workers for her job unhappiness was a mistake. The fault lay elsewhere.



It was the last hour of work (on the verge of quitting time). My long dark hair was hanging in my face, getting in the way and making it hard for me to work. I went home and cut my hair short. At the same time it turned blonde.

The next day at work everyone was admiring my new short, blonde hair. They loved it!

A company nurse came and asked for some strands of my hair for a Petrie dish culture they were making. She was sure it would be an important healing culture. I couldn't wait for the experimental culture to grow. I was excited to see if it would produce a healing medication."

Her real hair was brown and medium in length. The long black hair represented her own long-standing, negative thinking

coming from her head. This interfered with her work efficiency and her co-worker relationships. The dream suggested that she cut that off AND lighten up her thinking. Her co-workers would love it and admire the change. If she would be more cultured in her thinking it could produce a healing. She actually was able to understand and act on the dream advice.

Testing 1 -2 -3 While working on my masters degree in psychology at Pepperdine University, one of the courses was on personality testing and assessment. Each student had to administer a battery of test to another student and vice versa. Bob chose me as his partner. We were united in this partnership, symbolized as a marriage, for an entire semester. After beginning the testing, I had this dream.

"Bob and I had recently been married. I know our consummating intercourse had been successful. On our second sexual encounter, I held back, somewhat rejecting him. (I had held back on answering some of the personality questions). He was so hurt that now he won't get together with me sexually.

"We come to a beautifully styled aqua-blue car. (Later I found out it was his actual classic 1956 T-Bird).

We go for a test drive with a salesman. (Our testing assignment is the subject of this dream). Bob asks, 'How much?'

'\$16,000.00.' he replies.

"Bob wrote a check for \$16,000.00 and we drive off in the snazzy car.

"Aren't you going to consider any other cars?" I asked.

'No, this is the one I like,' says Bob.

"I say. 'It has the nicest styling lines I've ever seen.' I'm thinking, Wow! What kind of husband do I have that can write a check for \$16.000.00 without batting an eye?

"Next we are in the backseat getting intimate again. I am talking him into having sex with me again."

This is a great example of how dream-mind uses one meaning of a word to substitute for a less visual meaning of the same word. Sexual intercourse troubles are substituted for verbal intercourse troubles. I learned my lesson. Holding back on verbal answers to the testing questions is harmful to the working relationship. Bob is a valuable partner, he has style and a lot to offer. I should communicate properly, and answer the testing questions fully from now on. We both got A's in the course.

Pig-headed A domineering man, Adler would say he had a power complex, reported this dream. Everyone in the dream study group could see the message, except for the dreamer.

"In my mailbox at work I found a box with plastic pigs' heads in it. I thought, 'These aren't mine. They must belong to Mr. K. for making puppets.' I looked closely; one pig head had pig skin but bad wolf features and teeth."

The dream message seems to be, at work YOU are pig-headed. Just as the dreamer thinks Mr. K. is pig-headed and manipulative. This is a bad wolf way to act. Teeth and speech share the location of the mouth. This indicates he uses words to intimidate his co-workers. Well, a dreamer is free to reject a dream's message if he so chooses.

Creativity in the Womb Let's end on a positive note. Glenn, a computer technician, has a very creative idea for a technical product. He has approached a co-worker, Brian, to share the idea and work it out together. The television is a symbol for Glenn's intuition by similarity of action, TV pictures and intuitions both seem to come out of thin air. A wife's womb is the place where her husband's seed comes to fruition hence it can be a symbol for the growth and birthplace of his creative seed idea. Here's Brian's dream.



"I'm at work. Another guy and I are fixing the TV set in the custodian's office. This guy's wife comes in. She's a real Wow! The guy looks at me, winks and says, 'Let's take her!' He takes her down to the floor and offers her to me."

"Next thing I know my whole head [his thinking] is inside her. I'm looking around inside this guy's woman's womb."

He taps me on the shoulder [Glenn has tapped him for technical advice]. When I pull my head out the TV starts working because the guy has connected up the antenna. [There are good connections here]. "We're getting a pretty clear picture. The wife is talking to me. I wake up before I get what she said."

At first Brian didn't have a clue what the dream was about. When he saw that the beginning indicated it was about a job he and another guy were doing together, he made the connection to his co-worker, Glenn, and their project. The prognosis for their project is good, they are getting a clear picture.

Often the opening of a dream will indicate that it is work related. Your dreams will try to help you with co-worker relationships. Let me know what clear pictures you get from your dreams.

CHECKS AND BALANCES

Cheating Bosses Do employees dream about their bosses? Oh yes, even from Biblical times. The story of Jacob and his Uncle Laban is told in Genesis, Chapter 31. Jacob served his Uncle Laban seven years for Rachel. Laban tricked him and Jacob got Leah instead. Jacob stayed and served another seven years for Rachel. Then he served six years to earn all the cattle which were ring-straked, speckled and grisled. That's when Jacob had this dream.

"...And the angel of God spake unto me in a dream, saying, 'Jacob'; and I said, 'Here am I.' And He said, 'Lift up now thine eyes and see, all the rams which leap upon the cattle are ring-straked, speckled and grisled; for I have seen all that Laban doeth unto thee. ...now arise, get thee out from this land, and return unto the land of thy kindred."

Genesis 31: 10-13

"And it was told Laban on the third day that Jacob was fled. And he took his brethren with him and pursued after him seven days' journey...

"And God came to Laban the Syrian in a dream by night, and said unto him, "Take heed that thou speak not to Jacob either good or bad."

Genesis 31: 22-25

Laban was one of those not very nice bosses that exist in life. The Bible has another employee-boss dream, this time about a good boss.

Good Leaders One of the associative thinking processes that dream-mind uses frequently is what I call reversal. Instead of using the image of the actual person, it substitutes some object associated with the person to represent that person. Here is that other Biblical example.

Soldier-leader Gideon is in charge of 300 soldiers in the Israelites' war against the Midianites. Before the war Gideon had been a baker. Gideon and his men were camped on a hill above the enemy's camp ready to attack at dawn. Upon awakening, one of Gideon's men reported this dream.

"Behold I dreamed, and lo, a cake of barley bread tumbled into the host of Midian, and came unto a tent and smote it that it fell, and overturned it that it lay along." And his fellows answered and said, 'This is nothing else save the sword of Gideon, the son of Joash, a man of Israel."

Judges 7: 13-15



The loaf of barley bread was recognized as representing their leader, Gideon, the baker.

The dream gave Gideon's soldiers confidence and courage.

As Tall as a Tree St. Francis was an ordinary man when he set out to join the Crusades. On the way to the battlegrounds he had this dream.

"Francis," said a voice, "Where are you going like this?"

"I am going to fight in Apulia."

"Tell me, from whom can you expect most, the master or the servant?"

"From the master, of course."

"Then why follow the servant, instead of the master from whom he takes his orders?"

"Lord, what do you want me to do?"

"Return to your country; that is where, what you ought to do, will be revealed to you and you will understand the meaning of this vision."

On the basis of this dream message from his "boss", Francis turned back and waited. In 1206 Francis had the idea to found the Franciscan Order of monks. But, there were others to convince. Before his interview with his earthly boss, Pope Innocent III, Francis had this encouraging dream.

"Having come across a large tree with vast spreading branches, I, [Francis] stopped to admire it. Suddenly a supernatural force made me grow as tall as the top of the tree. Without effort I bent the tree down with my hand."

To Francis this indicated the ease with which Pope Innocent III would be bent, by the grace of God. He left his papal interview with the Pope's blessings, and founded the Franciscan Order.

Identity Crisis This unassertive worker is being reminded not to let others in her office take credit for work she has done.

"When I get to work I am very much aware that Kris is in the office. [Kris is sounds like crisis]. I find a memo in my office mailbox; it is partly made of stickers. [A sticky crisis situation]. The message was a scolding to sign in daily and to put my signature all my work."

"The L.D. (Learning Disabilities) teacher was in the same trouble. [The dreamer had a learning disability, a hard time learning, not to let her work get mixed up with that of co-workers. Thereby, they took credit for her efforts]."

"I explained to the boss that I'd forgotten and

I apologized. My apologies were accepted. End of dream."

This is an example where problems at work are due to the dreamer's shortcomings. Sometimes that is the case.

Small Stuff Secretaries have a uniquely close working relationship with their bosses, and their dreams reflect that.

This secretary friend often complained about her boss's conceit. He name-dropped, barked orders and generally acted like a "Big Shot". She did most of the work and knew he wasn't really so great. One day she caught him in a really big faux pax.

Here's the dream she had that night.



"I open the door to the boss's inner office without buzzing first. I am embarrassed because his pants are down. Then I'm not embarrassed anymore.

I burst out laughing because his penis is a peanut.

I think, "peanuts are "small stuff". He isn't such a big man after all."

Peanuts sounds like *penis* and there is a sensible connection; therefore, we have a pun. The dream shows the degree to which she has lost respect for her boss. Of course, the pictured idiom is obvious, she "caught him with his pants down".

A Wobbly Position This secretary had a seriously problematic boss. Her dream gave her the nudge she needed to quit that job before it was too late.

"I dreamed I was climbing a dangerous oil rig with my boss. It was wobbly up there. I looked down and saw a man watching us. I recognized him as one of my father's friends, a long forgotten friend. I haven't thought of him since my childhood."

In associating to this man on my "People Meaning List", under the category of job, she remembered he owned a concession stand at the beach. Then she realized the dream was about the concessions she'd been making to her boss at the oil company where she worked. Her boss had been rigging things illegally. Wanting to keep her job, she had said nothing. After this dream warning that the situation was getting wobbly, she quit that job. A short time later the boss was indicted.

Mickey Mouse The night after she spent her first day working for a new boss this secretary had a dream she thought was strange. He'd seemed like a nice guy, someone who would be great to work for. Her intuition gave a different picture in this dream.



"Look Carol, there's the new boss out in front of the office. What do you suppose he's doing that for, having batting practice with some kids. Doesn't he look ridiculous in that Mickey Mouse sweatshirt!"

"And look, the Mickey Mouse face keeps changing its expression."

Time proved the dream to be correct. Everything he did was "Mickey Mouse", a cultural symbol for comically inefficient. He batted things around a lot, changing the way things were expressed, but it was all "Mickey Mouse". Not that he was hard to work for, but hard to have respect for.

Office Politics Office relationships can be tricky, maybe even dangerous. Barbara was caught between a rock and a hard place when she came to work one morning. Fortunately she'd had a warning dream the night before. Forewarned and forearmed she handled the situation carefully and with confidence that the top boss would back her up.



"Someone, I think a big man, was standing to the right side of me. We were there to clean out an area. I had to reach up over my head and take a book off of a dirty, dusty shelf. Bunches of black widow spiders crawled out. The other person stamped on several baby ones that fell on the floor. Two medium sized spiders landed on my forearm. I managed to push them off and felt relieved. I feared there was another one somewhere that might bite before I found it. Then I felt it near my shoulder; it was quite big. I was very scared. I pushed it off onto the floor and woke up."

That morning at work her immediate boss, Pam was absent. Their top boss directed Barbara to take over one of Pam's chores. He was using this opportunity to clear up an area where Pam had made a bit of a mess. He wanted to get this done while Pam was out of way. In other words, Barbara had to reach into a mess created by someone "over her head" in authority. The top boss was right beside her though. He helped stamp out the potentially deadly reaction of the "black widows" in the office hierarchy. Barbara figured that the really big spider on her shoulder was Pam and the two medium spiders were Pam's two best office friends. Barbara managed to satisfy the top boss without being bitten by the falling black widows.

Making A Federal Case The dream-mind can bring to waking mind information about a worker's boss. The reverse is also true, bosses dream about their employees. One teacher who had turned in a very fair and honest performance evaluation of her instructional aide dreamed this warning of the aide's over reaction to the one suggestion for improvement.

"Phyllis, my aide, had taken my Scott Foresman worksheets and filed them in the front office filing cabinet. I asked her, "Why did you do such a dumb thing? We need them here, accessible to us." She was coming out of the front office wearing a red, white and blue dress with a very wide ruffle at the bottom. When she saw how

angry I was she began to cry. I felt she was acting like a baby. I told her if she didn't want to keep MY papers in MY place she should buy her own set. She stormed away.

"When I got to our room I found a bunch of rocking chairs that Phyllis had told the office they could store there until the end of the school year. It was very awkward trying to maneuver around the rocking chairs."

When the teacher got to work that morning she learned the aide had taken her evaluation (the teacher's foreman type duty) to the principal. She was making a (red, white and blue) federal case out of her ruffled feelings. She was being a "cry baby". It made the rest of their school year together rocky and awkward!

Watch your dreams for performance evaluations of your bosses, your employees AND yourself.

Chapter Nine

Between You and Your Higher Self

"In this age there is not sufficient credence given dreams, for the best development of the human family requires greater knowledge of the unconscious soul or spirit world. **This can be gained in dreams.**" Edgar Cayce Reading: 3744-A-41.

A lot of ground has been covered in these family, friends and co-worker dreams. There is one more. The **most important** relationship of all is an intra-personal one -- your relationship to your Higher Self and your Maker.

This aspect of dream function has long been noted. "The principle and highest function is performed when the senses are at rest and pause in their action, for then the faculty receives to some extent, divine inspiration **in a measure as it is predisposed for this influence.**" This is from *The Guide for the Perplexed* by Mose Maimonides (1135-1204).

Chapter Ten of *Sex, Symbols and Dreams* covers six stages or steps along the journey to becoming thus predisposed. Included there are dream examples for each.

1. Turning from external distractions to "inner space."
2. Observing and recognizing one's illusions and projections.
3. Strengthening one's perceptions.
4. Transmuting self-centeredness to universal brotherhood.
5. Birthing a universalized love consciousness.
6. Feelings of union with Divinity and oneness-with-all-that-is.

We may not have scientific proof but much has been written about the yet unfulfilled potential of humans. In my opinion, it is like the acorn and the oak tree. It is hard to imagine a huge oak tree coming from a small acorn, but given time, nourishment and sunlight it happens. "Know ye not that ye are gods in the making?"



Study the Texts Before having a dream experience of connecting to Cosmic Consciousness, one may need to

do some spiritual studying. Here are two dream suggestions that helped guide me.

"A large flashlight is shining on a book, 'The Gnostic Gospels.' A smaller light shone on a Jungian text."

In another spiritual guidance dream:

"I saw two golden rings floating toward each other. They came together and a voice said, 'Meditate and join the circle of inner knowing.'"

Cutting to the chase we'll view a few dreams from stage six. This is known variously as "Higher States of Consciousness" (HSC), "transcendence," "enlightenment," and "mystic experience."

The Spark of Spirit *"I was walking with another fellow and a girl. Suddenly we saw a pink and green spark winding in circles. 'The Holy Spirit' we cried. It came upon us and circled around, crackling as it went.*

We were highly elated and began to go onward. This was a very real experience."

Dreams the Language of the Unconscious by Hugh Lynn Cayce, et al p. 86.

Someone once asked Edgar Cayce's son, Hugh Lynn Cayce, if he had ever used a lucid dream to contact the Divine. Hugh Lynn answered, "Yes. And it was so ecstatic I would crawl across the United States on my hands and knees to have it again." Asilomar, California Conference.



Our Internal Star Seeing bright
sunlight disperse through ocean waves I
dreamed these words:

*"God is in all that we are seeing
In Him we move and have our being.
We have our day and our night
But never move from out His sight.
He is our*

Internal star." Janice Baylis

The Man Upstairs From one of my dream-study students came this dream.

"I'm in the laundry room of my apartment building. A handsome man enters. He falls in love with me instantly. I feel very, very loved. He tells me he lives on the uppermost floor. (He's 'The Man Upstairs')."

*He shows me a diamond in a tarnished
buttercup shaped setting. He takes out the*

diamond, cleans away the tarnish and replaces the stone in the pure gold ring. (forgiveness of mistakes/sins.) He places the ring on my left hand -- we are engaged to be married (they are engaged/involved.) He is very rich. He leaves but we are engaged and are going to meet again in his upstairs apartment. I feel bathed in love."

Impact Many of these dream experiences begin when the dreamer becomes lucid.

"...What appears to be a meteorite drops out of the eastern sky. I become lucid. ...As it hits the earth, there is a flash of bright light....Two lights approach me from the area of the impact... I wait until the lights are directly overhead...and meditate. "Immediately a tremendous energy wells up within my body. I try to surrender to it. As I do, the light begins to fill my vision. A tremendous sense of warmth and love continues for a good while."

Sparrow (1974) *Lucid Dreaming Dawning of the Clear Light* p.51.

Many cultures have a ritual for inducing such dreams or a visionary conversion experience. Native American Indians had their vision quest, African tribes their rite-of-passage initiation, African American slaves their "Seeking". These include undertaking a retreat with fasting, prayer and meditation.

Light and energy are common elements universally associated with these dreams of communion between the individual and the Divine. But, remember, dreams, like water, take the shape and level of the container, the dreamer.

"Composer William Grant Still, had countless religious experiences.

"In one dream, he heard a whole host of angels sing to him. It was an epiphany sort of thing. He realized, at that point, that the whole universe is really music. That creation is really music. And that the angels were the expression of God's sound." *Dream Singers*, Anthony Shafton p. 135.



Fly in the Sky Some flying dreams also make a connection to all-that-is.



"I haven't been the same since I dreamed, "I fell from a high place. I told myself the impact would not be painful. I never felt the impact at all. I felt nothing but the most exhilarating freedom I've ever experienced. I knew I was dead. It was glorious.

"There is no earthly way to describe it excepting as exquisite music. The white-cold mist in which I floated was not apart from me, it was as if I had vaporized and become it."

The ECK-YNARI, Paul Twitchell and Darwin Gross, p. 190.

"We need not, when a-bed, lie awake to talk to God; He can visit us while we sleep and cause us to hear His voice."

Mercy to Christiana in *Pilgrims Progress*

Here seems a good place to end this collection of relationship dreams.

Sweet dreams to you always and all ways,

Janice Baylis,

author of *Sex, Symbols and Dreams* available at Amazon.com

Or send check or money order for \$12.00 to SMM Code RD5, P.O. Box 2914; Seal Beach, CA 90740

The dreams in this book, unless otherwise noted, are from my files and my books, *SLEEP ON IT! The Practical Side of Dreaming*, and *Sex, Symbols and Dreams*

Appendix A

PEOPLE MEANING LIST

The people in one's life are used by dream-mind both as literal representations of themselves and as symbols. Close friends and family are more difficult than acquaintances and co-workers because they are more likely to represent themselves one time and some trait another time. This "People Meaning List" is a helpful method for determining what a person represents in a given dream.

Start with your close friends and family. Do not wait until they appear in a dream before entering them on your list. Add other people, including celebrities, if they appear in a dream.

Write the person's name in the column headed Name. Next enter a word or phrase under each heading on the list. Make a chart with these headings:

<u>Name</u>	<u>Relation</u>	<u>Job</u>	<u>Era</u>	<u>Character</u>	<u>Physical</u>	<u>Psychology</u>	<u>Belief</u>
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Add one more column, Other, for anything else that may come up. Here is a brief explanation about each heading.

Name: Many names have meaning as a regular word. For example, Mark this, Joy, Anita (A Need ta/to), Mr. Wiley, Johnny Cash.

Relation: For this column check the chart in Appendix B "Connotations of Family Relationships".

Job: A person may represent his or her job and the functions of that job. Policemen may represent authority, protection, or things arresting one's progress, etc. A construction worker may represent constructive pursuits, or something the dreamer is building literally or in their personality.

Era: When dream-mind dredges up a person from your past, he or she may represent the time period when they were actively present in your life. It could be childhood, teenage, young adulthood, early marriage, early career, etc.

Character: Most people have one or two character or behavior traits that others associate with that person. In a dream a person can represent such traits as dependability, laziness, kindness, sarcasm and so on.

Physical: Likewise a person can represent an outstanding physical or health habit trait. Strong arms might represent physical strength OR strong-arm tactics. Use your imagination.

Psychology: This is the place for psychological features as discussed in Chapters 8, 9 and 10 of *Sex, Symbols and Dreams*. Is the person egotistical, shy, introverted or extraverted, a thinking type or an intuitive type, etc.?

Belief: A person could stand for an idea or cause near and dear to their heart such as women's liberation or male chauvinism. Celebrities are often chosen for this category. Dream figures may represent a group with which they are associated such as their church, social or hobby group.

Other: This column is wide open for whatever association proves meaningful to the dreamer. It could be the person's astrological sign and its main characteristics. The possibilities are numerous, as I said, wide open.

The use of this "People Meaning List" has helped many dreamers figure out why a particular person appeared in their dream. As the song said, "You meet the nicest people in your dreams. Fine people, rambunctious people, you meet the nicest people in your dreams."

This appendix is reprinted from *Sex, Symbols and Dreams* by permission from the author Janice Baylis, Ph.D.

Appendix B

CONNOTATIONS OF FAMILY RELATIONSHIPS

This chart indicates generalized connotations associated with different family members based on their position relative to the dreamer.

Remember a family member may also be in a dream to symbolize any of the factors other people may represent such as Name, Job, Character Trait etc, (See Appendix A). And, the family member may also be in a dream as themselves.

IN MEN'S DREAMS

Female figures in men's dreams may represent the dreamer's feelings or emotions, or lack thereof; his intuitions or creative inspiration and spirituality.

IN WOMEN'S DREAMS

Male figures in women's dreams may represent some aspect of the dreamer's opinions, thinking processes, reasonableness, or lack thereof; her plans, actions, projects, or creativity.

GRANDMOTHER

Traditional, racial, national, societal or family ideas of the female role from a former era. Tried and true OR out-dated feminine ways. Traditional, conventional emotional or spiritual values - wise intuitions.

GRANDFATHER

Traditional, racial, national, societal or family ideas of the male role from a former era. Tried and true OR out-dated masculine ways. Traditional, conventional work and practicality values, good thinking or wise philosophies.

MOTHER

IN MEN'S DREAMS

His ideas about emotions, interpersonal relationships, and intuitions. Moral character and spiritual values.

IN WOMEN'S DREAMS

Her concept of femininity and the female role. Moral character and spiritual values. Her sense of self-worth.

FATHER

His image of masculinity, either striving to achieve this image or rebelling against that image. His sense of ability and talent.

Her ideas of what men are like and how they treat women. Patterns of thinking and behaving. Judgmental or accepting of self.

SISTER

MEN'S DREAMS

His feminine side/Anima.
His potential emotions and
intuitions he may need to
express

WOMEN'S DREAMS

Suppressed feminine traits
Her Shadow, negative and
unlived positive traits

BROTHER

Suppressed masculine traits
His Shadow, negative and
unlived positive traits

Her masculine side/Animus.
Her potential masculine ideas
and actions.

DAUGHTER OR GRANDDAUGHTER

Developing feelings and intuitions
Immature or childish emotions
Feelings and emotions to be indulged and enjoyed, child-like

SON OR GRANDSON

Developing thinking, ideas or actions
Immature or childish opinions or behavior
Projects or ideas being worked on to grow for the future

SPOUSE - WIFE OR HUSBAND

Feelings and intuitions
he wants in his life
Traits he doesn't express
because he considers them
too feminine
The emotions behind his actions
Feminine contents of his
Unconscious
His Anima
His inspiration to productivity
and spirituality

Actions and ideas she wants
in her life and that she felt
worthy of
Her "other half", masculine
contents of her unconscious
Her Animus
Her inspiration to initiative
and creativity

LOVER

Idealized feminine image
What a wife has failed to deliver

Emotions he should express
Seductress away from family
and work responsibilities

Idealized masculine image
What her husband has failed
to deliver

Actions she should take
Temptation away from family
responsibilities

APPENDIX C

TRADITIONAL ASSIGNMENT OF **MALE AND FEMALE ATTRIBUTES**

The ancient Chinese Yin-Yang symbol shows it so well. Each half is very different, black or white. The black feminine has a white eye, the masculine Animus within. The white masculine has a black eye, the feminine Anima within. The line between them is not stark and straight; it is gently flowing, like spoons in a drawer or a man and woman together in sleep. These are not competitive opposites. These are complementary opposites.

Much of life is learning to balance opposites - nothing to the extreme. All things in moderation. Take the middle ground or middle road. The assignment of a trait to the masculine or the feminine side is based on centuries of observation.

PHYSICAL TRAITS

<u>MALE</u>	<u>FEMALE</u>
cause	effect
dynamic	static
movement	rest
active	passive
dominant	submissive
aggressive	non-aggressive
war	peace
adventurous	cautious
strong	weak
firm	yielding
hard	soft
thrusting	receiving
competitive	non-competitive
right	left
light	dark
hero	mother
positive	negative
plug	socket
bolt	nut
pen	paper
black	white

EMOTIONAL TRAITS

<u>MALE</u>	<u>FEMALE</u>
unemotional	emotional
insensitive	easily hurt
detachment	attachment
objective	subjective
rational	irrational
rigid	adaptable
calm	excitable
independent	dependent
power	love
justice	mercy
conflict	harmony
will	understanding

MENTAL AND PSYCHOLOGICAL

<u>MALE</u>	<u>FEMALE</u>
logic	feelings
reason	values
facts	intuitions
thinking	emotion
analyze	compare
linear	global
detailed	holistic
organization	ceremony
knowledge	inspiration
science	philosophy
differentiating	interweaving
plan	work
discrimination	accepting
conscious	subconscious
clear	diffuse
lead	follow

SYMBOLIC

<u>MALE</u>	<u>FEMALE</u>
white	black
gold	silver
sun - radiate	moon - reflect
heaven	earth
dog	cat
dragon	horse
elongated	round or hollow
key	lock

SPIRITUAL AND CREATIVE

<u>MALE</u>	<u>FEMALE</u>
idea	form
cause	effect
spirit	matter, nature
time	space
will	wisdom
power	love
inner mind	outer body
positive	negative
design/plan	build

The goal is balance, having the ability to do or be either depending on the situation. An androgynous being has both male and female traits. As a man or woman becomes more ideally balanced, their ideal mate will be more balanced too.

Figures of history and classic literature present us with personifications of different levels of male and female development.

<u>MALE</u>		<u>FEMALE</u>	
Physical/power	Tarzan	physical/playgirl	Marilyn Monroe
Adventure	Columbus	romantic/aesthetic	Helen of Troy
Intellect/science	Plato	wisdom	Athena
Spiritual	Jesus	spiritual	Virgin Mary

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