

LIVE MEDICO PHARMA

Supplement Fact Sheet- Male Fertility Nutraceutical

Dosage Form: Liquid-filled Hard Capsule (LFHC) / Softgel

Serving Size: 1 Capsule

Servings Per Container: 60 (for 30-day pack)

Suggested Use: Take 1 capsule twice daily after meals.

Intended Category: Health Supplement / Nutraceutical (Schedule IV compliant)

Supplement Facts (Per Capsule)				
Nutrient	Source / Form	Quantity per Capsule	% RDA	Function / Role
Ubiquinol (Coenzyme Q10)	Natural (Kaneka Ubiquinol 50%)	200 mg	–	Supports sperm motility and mitochondrial energy production
Astaxanthin	Natural from Haematococcus pluvialis	16 mg	–	Potent antioxidant improving sperm morphology
Omega-3 (EPA + DHA)	Fish / Algal Oil (rTG)	≥150 mg combined	–	Enhances sperm membrane fluidity and integrity
Vitamin E (as d-alpha tocopherol)	Natural mixed tocopherols	5 mg (α-TE)	33%	Protects sperm from oxidative damage
Vitamin C	Ascorbic acid (buffered)	40 mg	44%	Improves seminal antioxidant status
Vitamin D3	Cholecalciferol	7.5 µg (300 IU)	50%	Supports testosterone production and hormone balance

Vitamin B6	Pyridoxal-5-phosphate	1 mg	59%	Aids amino acid metabolism and hormone regulation
Vitamin B12	Methylcobalamin	1.1 µg	45%	Supports DNA integrity and energy metabolism
Folic Acid	Folic acid	100 µg	50%	Crucial for DNA synthesis and sperm morphology
Zinc	Zinc bisglycinate (elemental)	7.5 mg	44%	Improves sperm count and testosterone levels
Selenium	L-Selenomethionine	20 µg	36%	Protects sperm DNA and enhances motility
Copper	Copper bisglycinate	0.5 mg	55%	Cofactor for antioxidant enzymes
Manganese	Manganese bisglycinate	1.5 mg	43%	Antioxidant enzyme support
Iodine	Potassium iodide	70 µg	47%	Supports thyroid and hormonal regulation
Lycopene	Natural Tomato Extract (10%)	5 mg	–	Powerful antioxidant supporting sperm vitality

Contact Details:

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