AppetiGrow Kids Nutraceutical Syrup - Supplement Facts (Table Format)

Purpose: Supports Appetite, Digestion & Growth in Children aged 3-12 years

Sweetener: Stevia (No Added Sugar)

Regulatory Class: FSSAI Nutraceutical / Health Supplement

Flavor: Natural Mango / Mixed Fruit

Category / Ingredient	Composition (per 10 mL)	Use / Indication
L-Lysine HCI	150 mg	Improves appetite & supports growth
Vitamin C (Ascorbic acid)	20 mg	Boosts immunity & enhances iron absorption
Vitamin D3 (Cholecalciferol)	10 mcg (400 IU)	Supports bone growth
Vitamin B1 (Thiamine HCI)	0.5 mg	Improves appetite & carbohydrate metabolism
Vitamin B2 (Riboflavin)	0.5 mg	Energy & tissue growth
Niacinamide (Vitamin B3)	5 mg	Nervous system & energy support
Vitamin B6 (Pyridoxine HCI)	0.5 mg	Protein metabolism
Folic Acid	100 mcg	Cell growth & RBC formation
Vitamin B12 (Cyanocobalamin)	1 mcg	RBC formation & energy
D-Panthenol (Vitamin B5)	2 mg	Reduces fatigue & supports metabolism
Biotin (Vitamin B7)	15 mcg	Healthy skin, hair & metabolism
Zinc (as gluconate)	5 mg	Taste acuity & appetite
Magnesium (as citrate)	20 mg	Digestion & energy
Iron (as bisglycinate)*	5 mg	Hemoglobin & growth support
Copper (as gluconate)	0.3 mg	Iron metabolism & immunity
Selenium (as selenomethionine)	10 mcg	Antioxidant support
lodine (as potassium iodide)	50 mcg	Thyroid & growth regulation
Alpha-Amylase	>=5000 DU	Carbohydrate digestion
Protease	>=10000 HUT	Protein digestion
Bacillus coagulans (spores)	>=1x10^9 CFU	Improves gut flora
Fructo-oligosaccharides (FOS)	500 mg	Feeds beneficial gut bacteria
Amla Extract	150 mg	Antioxidant & digestion support
Fennel Extract	50 mg	Relieves gas & improves appetite
Ajwain Extract	50 mg	Stimulates digestive enzymes
Cumin Extract	50 mg	Promotes digestion
Ginger Extract	25 mg	Improves gastric motility

Pippali Extract	25 mg	Enhances nutrient absorption
Base & Excipients	-	Purified water, Sorbitol 70%, Stevia, Natural
		Mango flavor, Citric acid, Potassium sorbate,
		Beta-carotene color

Dosage & Directions:

3-5 years: 5 mL twice daily after meals

6-12 years: 10 mL once or twice daily after meals

Shake well before use. Use measuring cup.

Safety & Storage:

- Not for children below 3 years.
- Do not exceed the stated dose.
- If allergic reaction occurs, discontinue and consult a pediatrician.
- Store below 25C in a cool, dry place. Refrigerate after opening and use within 45 days.
- Health Supplement. Not for Medicinal Use.