Contact

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Top Skills

Nursing Care

ICU

Patient Safety

Languages

English (Full Professional)
French (Elementary)

Certifications

Basic Life Support for Healthcare Providers (BLS)

Progressive Care Certified Nurse (PCCN)

Certified Medical Surgical Registered Nurse (CMSRN)

NIHSS (National Institutes of Health Stroke Scale)

TNCC (Trauma Nursing Core Course)

Publications

Goldstein, P.C. (2015) Venous Thromboembolic (VTE) Prophylaxis Part II: Challenges in the treatment of acute bleeding events and development of new thrombin and Factor Xa inhibitor antidotes.

Goldstein, P.C. (2008). Elders face complex problems in chronic disease self-management. Annals of Family Medicine, January 2, 2008

Goldstein, P.C. (2014). Healthy Practice Environments: Nurse Managers' expectations and utilization of travel nurses. MedSurg Matters, 23(6) 7-8, 15.

Perry Goldstein, MSN, RN, CMSRN, PCCN, TNCC

ICU/CCU PER DIEM/RESOURCE POOL RN at HealthTrust Workforce Solutions

Lebanon, Tennessee

Summary

CURRENT CAREER GOAL:

Supervisory or leadership position within a progressive healthcare organization.

CLINICAL EXPERIENCE:

MedSurg Certified(CMSRN) and Progressive Care/Stepdown Certified(PCCN) with 16 years of experience (7 years in stepdown and critical care areas, including CVICU, MICU). Current ICU employment. Case management experience using McKesson and Allscripts software. Proficient on multiple EMR programs and automated medication dispensing systems including Cerner, EPIC and Meditech. COVID-19 treatment of patients in ER and ICU settings.

THEORETICAL BASIS FOR CURRENT NURSING PRACTICE:

In today's world of healthcare, we must deal with a variety of challenges in acute and critical-care settings. Our first priority should always be providing a caring environment to enhance the healing process of patients. Hence, the model provided by Boykin and Schoenhofer (2001), Nursing as Caring, is a thoughtful approach in acute-care settings. The Middle Range Theory of Rozzano Locsin (2007), Technological Competency as Caring in Nursing, reflects a marriage of evidence-based and caring approaches applicable to acute and critical care areas. Finally, many aspects of Dorothea Orem's, Middle Range, Self-Care Deficit Theory (2001), are helpful when assisting patients and families in increasing independence and promoting self-care, for discharge and post-hospital care.

Goldstein, P.C. (2014). Venous Thromboembolism (VTE) Prophylaxis Part I: NSAIDs found to significantly increase bleeding risk with traditional and newer anticoagulant drugs. MedSurg Matters, 23(5), 14-15.

Goldstein, P.C. (2016). Update on Nursing and Healthcare in the Veterans Health Administration. MedSurg Matters, 25 (1), Back Cover.

PUBLISHING AND EDITORIAL:

Academy of Medical Surgical Nurses (AMSN): Journal editorial committee member - Medical Surgical Nursing, MedSurg Matters. Contributor to AMSN 2008 certification review question manual. Content reviewer (2013-2014), AMSN, Clinical Leadership Development Program (Online Learning Modules).

PROFESSIONAL ORGANIZATIONS:

Academy of Medical Surgical Nurses;
American Association of Critical-Care Nurses;
Emergency Nurses Association;
Preventive Cardiovascular Nurses Association';
Sigma Theta Tau

Experience

HealthTrust Workforce Solutions
10 months

ICU/CCU RESOURCE POOL RN FLOAT TO ER AND MEDSURG TELEMETRY UNITS

January 2020 - April 2020 (4 months)

HCA TRISTAR STONECREST MEDICAL CENTER

COVID-19 CARE WITH STRICT DROPLET/CONTACT ISOLATION ON ICU AND MEDSURG TELEMETRY UNITS;

Critical care drips, ventilator care, hemodynamic monitoring, chest tubes, chest pain, pre/post PTCA and stent care, pre/post surgical, CIWA and withdrawal protocols, sepsis, DKA. Ratios: 1:2 ICU, 1:4-5 MedSurg Telemetry, ER Variable.

Intensive Care Nurse

July 2019 - January 2020 (7 months)

HCA Tri-Star Hendersonville Medical Center ICU

ICU/ CCU RN, Float to ER. Critical Care Drips, Ventilator Care, Chest Pain, Pre/Post PTCA/Stent patients, Hypothermia Protocols., Sepsis Treatment, CIWA Withdrawal Protocols, DKA, Post-surgical care.

Hemodynamic Monitoring, Chest Tubes, 1:2 Patient Ratio. EMR= Meditech.

HealthTrust Workforce Solutions

1 year 10 months

ICU RN Resource Float Pool

August 2018 - February 2019 (7 months)

HCA Gulf Coast Region@ HCA Houston Healthcare Southeast

ICU/CVICU RN in resource float pool for all HCA Hospitals in the Gulf Coast Region/Houston Area.

PRN Resource Nurse NIght Shift PRN Charge Nurse Night Shift. Ventilator Care, Hemodynamic Monitoring, Chest Tubes, IABP, Pre/Post PTCA/Surgical Care

ICU RN

May 2017 - August 2018 (1 year 4 months)

Greater Nashville Area, TN

Per Diem ICU RN for ICU/CCU Units in Nashville Area HCA Hospitals. Ventilator Care, Hemodynamic Monitoring, Chest Tubes, IABP, Pre/Post PTCA/Surgical Care

HCA

ICU RN-Disaster Relief Nursing

September 2017 - September 2017 (1 month)

Cypress-Fairbanks Hospital, Houston, Texas Area

10 Bed MICU, Ventilator care, Critical Care Titratable Drips, Pre/Post PTCA/ Surgical Care. Patient Ratio:1:2/1:3 non-ventilated. EMR: Cerner.

Appalachian Regional Healthcare System

CVICU RN

March 2017 - April 2017 (2 months)

HAZARD, KY

Ventilator care, Critical Care Titratable Drips, Pre/Post PTCA/Surgical Care; Charge Nurse Night Shift

Palmetto Health

CVICU RN

October 2016 - December 2016 (3 months)

CVICU in Specialty Heart Hospital. Pre/Post CABG, TAVR,, LVAD, IABP, Impella 2.5, CRRT, ECMO. Critical care IV drips, Swan-Ganz Catheters, Ventilator Care. Patient ratio: 2:1. EMR:Cerner.

Parkridge Health System
ICU RN, Medical Intensive Care Unit
July 2016 - October 2016 (4 months)

12 Bed Medical ICU-Float to Surgical ICU and Oncology.Post-Surgical, Cardiac Care, Chest Pain, General Medical, Ventilator, Sepsis Care. Primary Care Nursing. Patient ratio: 1:2/1:3 with non-ventilated patients. EMR: MEDITECH 6.0

Kearney Regional Medical Center ICU/CCU Registered Nurse May 2016 - July 2016 (3 months)

Kearney, Nebraska

8 Bed ICU. Critical care titratable drips, ventilator care, sedation management, pre/post PTCA, stent, CABG, cardiac valvular repair, transplant care. Hemodynamic assessment and management: CVP, Arterial lines, Swan-Ganz catheters, IABP, EV 1000 Non-Invasive Hemodynamic Monitoring, Sepsis, drug toxicity/withdrawal, renal failure, hepatic failure management. Patient ratio: 1:2;.EMR= NextGen

CHI Health

ICU/CCU Registered Nurse at Good Samaritan Hospital March 2016 - June 2016 (4 months)

Kearney, Nebraska

16 Bed ICU in Level III Regional Trauma Center, ANCC Magnet Certified Hospital. Critical care titratable drips, ventilator care, sedation management, pre/post PTCA, stent, CABG, cardiac valvular repair, transplant care. Hemodynamic assessment and management: CVP, Arterial lines, Swan-Ganz catheters, IABP, Impella 2.5. Sepsis, drug toxicity/withdrawal, renal failure, hepatic failure management. Patient ratio: 1:2; 1:3 non-ventilated patients. EMR= Meditech.

LifePoint Health

11 months

ICU/CCU Registered Nurse at Sumner Regional Medical Center May 2015 - March 2016 (11 months)

Gallatin, TN

24-Bed Intensive Care Unit, Ventilator Care, Titratable Critical Care Drips, Cardiac Care, Sepsis Care,

DKA, Alcohol/Medication Withdrawal, CIWA Protocol. Primary Care Nursing. EMR=Meditech.

ICU Registered Nurse, Intensive Care/Cardiac Care Unit, Southern Tennessee Regional Health System May 2015 - October 2015 (6 months) Winchester, Tennessee

10 Bed ICU/Charge Nurse responsibilities. PRN Charge Nurse, Night Shift. Post-Surgical, Cardiac Care, Chest Pain, General Medical, Ventilator, Sepsis Care. Primary Care Nursing. Patient ratio: 1:2/1:3 with non-ventilated patients. EMR: MEDITECH 6.0

HCA Greenview Regional Hospital ICU/CCU Registered Nurse November 2015 - February 2016 (4 months)

Bowling Green, KY

10 Bed ICU. Post-Surgical, Cardiac Care, Chest Pain, PTCA/PCI, DKA, General Medical, Ventilator, Sepsis Care. Titratable Critical Care IV Drips, Primary Care Nursing. Patient ratio: 1:2/1:3 with non-ventilated patients. EMR: MEDITECH 6.0

University of Tennessee

ICU Registered Nurse, Cardiovascular Intensive Care Unit (CVICU) December 2014 - May 2015 (6 months)

24 Bed CVICU in Level I Regional Trauma Center, ANCC Magnet Certified Hospital. Critical care titratable drips, ventilator care, sedation management, pre/post PTCA, stent, CABG, cardiac valvular repair, transplant care. Hemodynamic assessment and management: CVP, Arterial lines, Swan-Ganz catheters, IABP, Impella 2.5. Sepsis, drug toxicity/withdrawal, renal failure, hepatic failure management. Patient ratio: 1:2; 1:3 non-ventilated patients. EMR= Cerner.

LifePoint Health

ICU Registered Nurse, Medical/Surgical ICU at Lake Cumberland Regional Hospital

June 2014 - December 2014 (7 months)

Somerset, KY

20 Bed ICU, Post-Surgical, Cardiac Care, General Medical, Ventilator, Sepsis Care. Primary Care Nursing. Patient ratio: 1:2/1:3 with non-ventilated patients. EMR: MEDITECH 6.0

Carolinas Healthcare System MedSurg Telemetry RN May 2014 - July 2014 (3 months)

North Carolina

MedSurg Telemetry RN on 30 Bed Unit. PRN Night Charge Nurse; Primary care nursing. EMR:Cerner

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HCA Metropolitan Methodist Hospital PCU/Cardiac Stepdown/Telemetry/ICU RN February 2014 - May 2014 (4 months)

Level IV Trauma Center for Downtown, San Antonio area. PCU/cardiac stepdown nurse, float to Intermediate ICU. Pre-post CABG, PTCA care. Chest pain evaluation and treatment. Non-titratable and titratable cardiac and ICU IV drips on ICU Unit. Telemetry monitoring. Severe sepsis care. Ratio: 1:4/5 and 1:3/4. EMR:Meditech 6.4

Harris Health System

Medical Surgical/ Telemetry RN

December 2013 - March 2014 (4 months)

Level I Trauma Center for Houston Metro Area. MedSurg Telemetry Nurse, 1:5 Patient Ratio with primarily pre-and post-surgical population. Primary care nursing. EMR: EPIC

Cape Fear Valley Health System
PCU/ Cardiac Stepdown/Telemetry RN
April 2013 - November 2013 (8 months)
Fayetteville, North Carolina Area

Level III Trauma Center for Mid-Coastal North Carolina. PCU/Telemetry Nurse Chest Pain Observation Section, Post-Surgical Thoracic, Non-titratable Critical Care IV Drips, ETOH Withdrawal, Sepsis Care, DKA treatment Primary Care Nursing, Patient ratio: 1:4/5. PRN Charge Night Shift

EMR: SIEMENS/ VALLEY LINK

Community Health Systems at Turkey Creek Medical Center PCU/Cardiac Stepdown/Telemetry RN March 2013 - April 2013 (2 months)

PCU RN on 30-bed Cardiac Stepdown Unit. Pre/Post CABG, Pre/Post PTCA patients. Chest pain treatment and evaluation. Primary care nursing. Patient ratio: 1:5. EMR: McKesson HED.

Blount Memorial Hospital
Med/Surg/Telemetry RN Stroke Unit/Orthopedic Surgery/General
Surgery
February 2013 - March 2013 (2 months)

Maryville, Tennessee Area

Medical Surgical/Telemetry RN Float to Surgery and Stroke Units, 34 beds. Pre/post operative Care,

CVA evaluation and treatment, Chest pain evaluation and treatment. Primary Care Nursing. Patient Ratio: 1:6/7 EMR: McKesson HED.

Community Health Systems at Physicians Regional Medical Center Rehabilitation Nurse/Charge Nurse/Float to Cardiac Stepdown/Cardiac Observation Units

September 2012 - January 2013 (5 months)

Knoxville, Tennessee Area

Rehabilitation RN/Charge RN on 24-bed Physical Medicine and Rehabilitation Unit. Primary care nursing. Patient Ratio: 1:5. Float to Cardiac Stepdown/ Telemetry and Cardiac Observation/Telemetry Units, Patient Ratio: 1:4/5. EMR: McKesson HED.

Tenet Healthcare, North Fulton Hospital Medical Surgical/Telemetry/Cardiac Stepdown/ICU RN June 2012 - September 2012 (4 months) Roswell, Georgia

MedSurg/Telemetry RN, Primary Care Nursing. Patient ratio: 1:6/7. Postop and general medsurg population including cardiac, chest pain, renal, neurological and pulmonary care. Float to Cardiac Stepdown Unit and Medical/ Surgical ICUs.

Rapid City Regional Hospital PCU/Stepdown/Telemetry RN March 2012 - June 2012 (4 months)

Level II Trauma Center for most of Western, South Dakota. PCU/Telemetry Nurse, Cardiac

Stepdown Section, Post-CVA, Post-Surgical Thoracic, Non-titratable Critical Care IV Drips, ETOH Withdrawal, Sepsis Care, DKA treatment Primary Care Nursing, Patient ratio: 1:3/4.

EMR: Meditech 6.8.

Capella Healthcare

Charge Nurse Medical-Surgical Telemetry Unit/ER Nurse/House Supervisor

October 2010 - February 2012 (1 year 5 months)

Stones River Hospital

50 Bed Community Hospital, Medical-Surgical Unit, Geropsychiatric Unit, Emergency Room. Team Nursing. General Medical Surgical/Telemetry Unit, Post-surgical GI and Orthopedic care. Acute Chest Pain/AMI evaluation/

treatment. ETOH and other drug withdrawal care. Non-titratable cardiac and acute care IV Drips. Patient Ratio: 1:7. EMR=HMS.

OhioHealth

Medical Surgical/Telemetry RN Orthopedics/General Surgery November 2009 - January 2010 (3 months)

Level III Trauma Center for Metro Columbus, Ohio area. MedSurg/Telemetry Nurse on 34-Bed Unit. Chest Pain, Post-Surgical GI/Thoracic, Non-titratable IV Drips, ETOH Withdrawal, Sepsis Care, DKA treatment Primary Care Nursing, Patient ratio: 1:6. EMR:McKesson HED

Box Butte General Hospital Charge Nurse/Medical Surgical Telemetry RN February 2009 - August 2009 (7 months) Alliance, Nebraska

Critical Access Hospital for Western Nebraska, Southwest South Dakota and Southeast Wyoming. Charge Nurse on 20-bed Medical Surgical Telemetry Unit with 2 birthing suites for obstetrics care. Acute chest pain, CHF, COPD, sepsis, ETOH and narcotic withdrawal. Pre/post op GI and Orthopedic care. Newborn and maternity care. Team nursing. EMR: Dairyland/Healthland.

Nassau Health Care Corporation Medical Surgical RN Renal/Oncology September 2008 - October 2008 (2 months) Nassau University Medical Center

Level III Trauma Center, Nassau County, NY. Medical Surgical RN on oncology/renal/severe infectious disease unit. Primary Care Nursing. Patient ratio:1:9. EMR: Sunrise/Eclypsis

Susquehanna Health Charge Nurse, Medical-Surgical/Telemetry RN June 2008 - September 2008 (4 months) Muncy, PA

Critical Access Hospital in Central Pennsylvania. Charge Nurse on 20-Bed MedSurg Telemetry Unit. Chest pain, pulmonary, pre/post-op care for GI and Orthopedic surgery. Team Nursing. EMR:Siemens.

VCU Health System
PCU/Neurosciences Stepdown/Telemetry RN
March 2008 - May 2008 (3 months)
MCV Hospitals, Richmond, VA

Level I Trauma Center for Richmond and Southern Virginia Region. ANCC Certified Magnet Hospital. Pre and post-op neurosurgical (Spine/Brain) care, Tracheostomy, Paraplegia/Quadriplegia. Post- ventilator care Telemetry monitoring, Bedside seizure/EEG monitoring, Post-CVA care, Severe Traumatic Brain Injury, Non-titratable critical care drips, Narcotic and alcohol withdrawal care. Sepsis care. Primary care nursing. Patient ratio 1:4/5. EMR: Cerner.

Cardinal Hill Rehabilitation Hospital Staff Registered Nurse February 2006 - August 2006 (7 months) Lexington, Kentucky

CARF/JCAHO ACCREDITED, Acute Rehabilitation Facility, University of Kentucky School of Medicine, Department of Physical Medicine and Rehabilitation. 1. 24-bed, Neurological Rehabilitation Unit. Acute brain injury and spinal cord rehabilitation program. 2. 10-bed Pulmonary Rehabilitation Unit. Nurse- managed respiratory care, medication and behavioral management of TBI-related behavioral disorders.

Team nursing. Patient ratio: 1:7

Education

Florida Atlantic University

Master of Science Nursing(MSN), Management and Financial

Leadership · (2006 - 2010)

Florida Atlantic University

Bachelor of Science Nursing, Medical-Surgical Nursing (2004 - 2006)