

Contact

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Top Skills

Prenatal Care
Wellness
Nursing

Kay Mizon

RN, BSN, MSN, CCRN-A
Kapolei, Hawaii

Summary

MASTER of SCIENCE in NURSING (MSN). I am a seasoned perioperative nurse, with twenty six years of clinical nursing experience including charge RN, pre-op, post-op, and intra-op RN (circulating and scrubbing for procedural sedation cases). Critical Care Registered Nurse - Alumnus (CCRN-A) in NICU Level III. I completed my MSN during the pandemic of 2020 with a GPA 3.95.

Experience

Kaiser Permanente

RN

April 2004 - Present (16 years 3 months)

Honolulu, Hawaii, United States

- *Advocated for mask wearing during the beginning of the pandemic 2020.
- *Mentored and oriented new hire RNs and student nurses.
- *Taught staff RNs updated best practices and quality improvement processes.

I have coordinated patients' health care plans, and collaborated with other healthcare services to ensure the best quality care for every patient.

I have also spent sixteen years as a Perioperative RN for Same Day Services and Ambulatory Surgery Recovery in a fast-paced, outpatient and inpatient care setting with complex adult and pediatric populations.

My other experience include:

- *Charge RN
- *Circulating RN : Cardioversion (CV), Transesophageal Echocardiogram (TEE), bone marrow biopsy,
- *Scrub RN : GYN, Plastics, Vascular, Urology, and ENT
- *Procedural RN with sedation cases: Anesthesia blocks, gastroenterology cases (EGD, colonoscopy)
- *Recovery RN : phase II general anesthesia, Monitored Anesthesia Care (MAC), and procedural sedation.

Pharmanex

Project Leader

March 2006 - January 2010 (3 years 11 months)

Part of the largest wellness industry with global patents to a laser technology, which is revolutionizing the healthcare industry!

Progressive Nursing Staffers

Registered Nurse

December 2002 - March 2004 (1 year 4 months)

East Orange, New Jersey, United States

Morristown Memorial Hospital agency RN in Level III NICU

St. Barnabas Health System

Registered Nurse

August 1998 - March 2004 (5 years 8 months)

Livingston, New Jersey, United States

Muscle Therapy, LLC

LMT

2001 - 2003 (2 years)

Treatment included Neuromuscular Trigger Point Therapy, Myofascial Release, Sports Massage, Hot Stone Therapy, Prenatal.

Valedictorian from Somerset School of Massage Therapy

St. Peter's University Hospital

Registered Nurse

November 1998 - April 1999 (6 months)

New Brunswick, New Jersey, United States

Scrub RN

Circulating RN

St. Peter's University Hospital

Registered Nurse

August 1994 - August 1998 (4 years 1 month)

New Jersey, United States

New graduate RN trained in tertiary level NICU (Level III).

Achieved Critical Care Certification in 2 years (CCRN)

Education

Colorado Technical University

Master of Science in Nursing Education · (2018 - 2020)

University of Phoenix

Bachelor's of Science in Nursing, Nursing · (2007 - 2009)

Muhlenberg School of Nursing

RN, Nursing · (1991 - 1994)