

Contact

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Top Skills

Management
Presentation Skills
Leadership Development

Languages

English (Native or Bilingual)
Spanish (Professional Working)

Honors-Awards

Good Samaritan Foundation Bronze Medalist

Louly Contreras

Clinical Resource Nurse II at Harris Health System
Houston, Texas Area

Summary

Experienced Nurse Leader and educator with a demonstrated history of working in the hospital & health care industry. Skilled in Multiple Project Coordination, Presentation Skills, Team Building, Spanish, and Management. Strong healthcare services professional with a Master's degree in Nursing from The University of Texas Medical Branch at Galveston.

Experience

Harris Health System

8 years 11 months

Clinical Resource Nurse II

May 2019 - Present (1 year 1 month)
Houston, Texas Area

Nursing Professional Development Specialist

March 2017 - Present (3 years 3 months)
Houston, Texas Area

- Nursing Residency Program Coordinator
- Coordinate Schools of Nursing Clinical Placements for Harris Health System
- Nursing Education Website Developer

Nursing Clinical Manager

October 2014 - March 2017 (2 years 6 months)
Houston, Texas Area

- Coaches nursing staff and ancillary services in implementing nursing professional practice model (i.e evidence based practice/care plans, fostering shared governance, evaluating compliance and correcting practice variances)
- Demonstrates advanced knowledge in all services provided with specialty in trauma
- Addresses problem resolution using collaborative approach
- Assists in recruitment; developed a nursing internship relationship with UTMB to recruit nursing staff

-Maintains positive work environment with staff, physicians, and patients by maintaining open communication and team work approach to nursing leadership

Nurse Clinician

July 2011 - October 2014 (3 years 4 months)

Houston, Texas Area

- Functions as charge nurse on all shifts.
- EPIC OPTIME preference card creator (Nursing Informatics Lead)
- Developed multiple PowerPoint Presentations and creation of Post-Mortem Checklist to aide all nurses in their clinical practice.
- Successful completion of multiple classes in improving leadership skills such as: Conflict Management, Unlocking Staff Potential, Introduction to Nursing Leadership, and Developing Charge Nurse Excellence

Education

The University of Texas Medical Branch

Master's degree, Registered Nursing/Registered Nurse · (2017 - 2019)

San Jacinto College

Associate of Arts - AA, Biology, General · (2007 - 2009)