

Karina V. Cantu

Seeking to work as a Patient Care Assistant or Professional Student Nurse to take part of my Fall 2020 clinicals at the University of Houston College of Nursing.

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EXPERIENCE

Carestat's Buena Aventura Home Health, Laredo, TX — *Office Runner*

May 2014 - August 2016

Delivered all paperwork to doctors' offices and back to nurses to ensure that the patient's care plan was being followed and updated

EDUCATION

Texas A&M University, College Station — *Bachelor of Science in Health*

August 2016 - December 2019

GPA: 3.087

My time at Texas A&M has given me the opportunity to learn so much in the health field such as cultural differences, how to approach them with patients, how to write a grant, and global skills for worldwide work.

University of Houston, Sugar Land — *Bachelor of Science in Nursing*

January 2020 – December 2020

GPA: 3.45

University of Houston's College of Nursing has given me the best education at a faster pace. This experience has taught me how to be safe and efficient at a faster pace teaching me how to work under stress and be adaptable. This school is working me to be the best nurse I can possibly be.

CLINICAL EXPERIENCE

Houston Methodist Medical Surgical Unit at Sugar Land Spring 2020

Took vitals, ambulated patients in the safest way possible and provided patient centered care while learning nursing foundations.

Memorial Hermann Prevention & Recovery Center Spring 2020

Administered medications, took vitals, and attended meetings to better understand and provide nursing foundations to psychiatric patients

St. Peter's Child Development Center at Katy Spring 2020

Taught children the importance of covering coughs & sneezes in a way that allowed us to know the child development stages in pediatrics

SKILLS

Medication Administration

Vital Signs

Adaptable

Able to work with others

Leadership

Time Management

Communication

Leadership/Certification

Collaborative Aggies Leadership

Initiative Friendship Executive (2017-2018) Organized, planned, and coordinated all bonding events for all members

Collaborative Aggies Leadership

Initiative Vice President (2018-2019) Kept track of all members attendance for every event, coordinated with all executives, and fixed problems in the organization

Contact Tracing Certification

University of Houston Medical Program Training 2020

Basic Life support Certification (2019)

CITI Certification (2020)

Community Service

Compassionate Care Hospice (2018-2019) Read and visited hospice patients

