

## Contact

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## Top Skills

Nursing Process

Communication

Interdisciplinary Collaboration

## Languages

English (Native or Bilingual)

Igbo (Native or Bilingual)

## Certifications

Six Sigma Green Belt (CSSGB)

Certified Professional in Healthcare Quality

Project Management Professional (PMP)

Board Certified Psychiatric- Mental Health Nurse

## Honors-Awards

Sigma Theta Tau International

# Donna Ikpeme

DNP, RN-BC, CPHQ, CLSSGB, PMP  
Houston, Texas Area

## Summary

Registered Nurse with professional healthcare experience in Psychiatric-Mental Health, Nursing leadership, Quality Management, Patient safety, Performance Improvement and Project Management. Skilled in identifying areas for continuous improvement, organizing and facilitating performance improvement initiatives across the healthcare systems using performance and process improvement methodologies at all levels of the organization. Liaison between Quality, Patient safety, Accreditation. Driven, innovative, result oriented, analytical, problem solver with impeccable verbal and written communication skills. DNP candidate- Informatics.

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## Experience

### Harris Health System

RN Project Manager - Performance Improvement

December 2016 - Present (3 years 8 months)

Manage and facilitate the work of performance improvement team projects (in collaboration with HHS leadership/management, medical staff, and department staff). Define project scope, objectives, staffing, resources and deliverables. Organize, implement and maintain scheduling management system supporting identified projects and other plans. Ensure that project milestones, completion dates, costs, risks, contingencies and other significant matters are communicated on a regular basis to team members and stakeholders. Maintain current knowledge of performance improvement methodologies and clinical informatics through regular review of the literature, attending conferences, participation in professional organizations.

### CHI St. Luke's Health

Medical Staff Quality Management

December 2015 - December 2016 (1 year 1 month)

Houston, Texas Area

Educate Physicians on the Peer Review process and Bylaws. Conducted Ongoing Professional Practice Evaluation, Focused Professional Performance

Evaluation and coordinated Peer Review process. Applied knowledge of CHI St. Luke's Health performance improvement plan (PDSA) in all aspects of job performance. Identified performance improvement opportunities and collaborated with all levels of staff to develop and implement process improvement.

### The Menninger Clinic

4 years 5 months

#### Charge Nurse on the Adolescent Treatment Program (ATP)

October 2014 - January 2016 (1 year 4 months)

Houston, Texas Area

Menninger's Adolescent Treatment Program (ATP) treats adolescents ages 12-17 who have complex psychiatric disorders or co-occurring disorders, that is, a psychiatric disorder coupled with substance abuse or dependence. The program has 15 beds. Specialized, on-site consultation, when appropriate, addresses both addictions and substance abuse and eating-disorder behaviors. Managed the milieu and nursing staff (Registered nurses and Mental health associates) Monday through Friday on the 3-11 evening shift. Provided leadership, delegation and direction to mental health associates and registered nurses on my shift. Led nursing staff in professional practice through role modeling, effective communication, delegation and offering patient-centered care. Inspired trust among staff and patients with the use of consistency, respect, compassion and honest feedback. Assessed educational needs for both staff and patients. Provided direct nursing care as well as leadership to the Adolescent Treatment Program. Managed patient's care plan from admission to the point of discharge with treatment team.

#### Registered Nurse on the Professionals in Crisis Program (PIC)

September 2011 - September 2014 (3 years 1 month)

Provide leadership, delegation and direction to mental health associates and registered nurses. Coordinated and managed care of patient's throughout their stay along with treatment team from admission to discharge. Assessed needs of both staff and patients on the unit. Educated nursing staff on policies, procedures, in service, etc. Educated Patients on medications, treatment plan, treatment guidelines. Utilize knowledge of the principles of growth and development as it relates to the different life cycles in patient care. Participate in hospital committees (Nursing Education Council), performance improvement initiatives, and activities such as; sleep enhance and promotion project, identifying ways to increase nurses attendance in educational offerings

within Menninger and offering accessible e-learning for nursing continuing education.

### Cypress Creek Hospital Adult

#### Charge Nurse

July 2010 - March 2013 (2 years 9 months)

Houston, Texas Area

Provide leadership, delegation and direction to mental health technicians, LVN's and registered nurses on my shift. Managed patient's plan of care from admission through discharge. Initiated and documented treatment plan. Continually assessed and modified the plan of care based on clinical need and patient preference. Led interdisciplinary rounds to coordinate care with the care team.

### INTEGRIS Mental Health

#### Student Nurse

October 2008 - May 2010 (1 year 8 months)

Spencer, Oklahoma

Assisted patients with daily living skills as needed and in attaining treatment goals. Documented information for assigned patients. Utilized acceptable intervention methods, under the direction of the RN, Administrator, or Director of Clinical Services, in dealing with problematic patient behaviors (i.e. therapeutic holds). Made patient rounds as prescribed by unit policy and/or patient needs. Assisted in patient admission/discharge and transportation as needed.

### Dafyik Financial Services

#### Project Coordinator

January 2002 - December 2007 (6 years)

Houston, Texas

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## Education

The University of Texas Health Science Center at Houston  
(UTHealth)

Doctor of Nursing Practice, Informatics · (2017 - 2020)

The University of Texas Health Science Center at Houston  
(UTHealth)

Master of Science (MSc), Nursing Leadership and  
Administration · (2013 - 2015)

Oklahoma City University

Bachelor of Science (BSc), Registered Nursing · (2008 - 2010)

University of Houston

Bachelor of Science (B.Sc.), Psychology Minor in Interpersonal  
Communications · (2004 - 2005)

Houston Community College

Associate of Arts (A.A.) · (2000 - 2003)