

Contact

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Top Skills

Microsoft Office

Customer Service

Microsoft Excel

Certifications

Advanced Cardiovascular Life Support Experienced Provider (ACLS)

A-GNP-C

Advanced Practice Registered Nurse (APRN) Verification for DEA Number

Monika Lynn MSN APRN, AGNP-C, CMSRN

Adult Gero Nurse Practitioner/ Advanced Practice Registered Nurse.
Tomball, Texas

Summary

As a dedicated and ethical recently-graduated Nurse Practitioner, I have a strong background of providing patient-focused care to patients of varying ages and backgrounds within primary care, skilled nursing, and long-term care facilities.

Over the course of my career, I have demonstrated my expertise contributing distinguished, individualized care to patients of varying ages and backgrounds while strictly complying with regulatory standards. By collaborating with multidisciplinary teams, I promote transparent communication at all levels. Additionally, by cultivating strong relationships with patients, colleagues, managers, industry professionals, and stakeholders to achieve optimal results.

Please connect with me if you would like to learn more about my healthcare background or are looking to network with other industry professionals.

Experience

Tomball Familicare- Dr. Michael J. Whiteley D.O
Clinical Rotation
2018 - 2018 (less than a year)
Tomball, TX

In this position, I cared for chronically-ill patients by assisting with developing long-term chronic pain management plans, performing annual well visits, well woman exams, annual physicals, and sports physicals. Other duties included aiding with cyst removals, applying liquid nitrogen to actinic keratosis lesions, and performing intra-articular joint injections. During this role, I cultivated comprehensive knowledge of EClinicWorks software.

Selected accomplishments include...

- Frequently requested by patients due to outstanding patient care.

- Recognized for compassionately educating newly-diagnosed COPD and Diabetes patients in easy-to-understand terms while developing individualized treatment plans and lifestyle modifications.
- Established medication reconciliation group, a free service that traveled to patient homes to educate, consolidate refill times, and pill pack for easier administration.
- Uncovered patient savings on drug expenses by strategically reconciling and eliminating unneeded medications.

CONROE WILLIS FAMILY MEDICINE, PLLC- Dr. Jeremy Laningham M.D.

Clinical Rotation

2018 - 2018 (less than a year)

Conroe, TX

During this clinical rotation, I assisted in planning and delivering individualized care to chronically-ill patients. I was tasked with generating long-term plans to manage chronic pain and performing annual well visits, well woman exams, annual physicals, and sports physicals. To facilitate optimal health, I educated patients on diabetes, COPD, hypertension, and importance of smoking cessation and receiving vaccinations. I also used Nextgen software to maintain accurate healthcare records according to standards.

A few achievements...

- Facilitated patient medication and treatment compliance by providing detailed, personable education based on individual backgrounds and cultures to effectively minimize side effects.
- Discovered vital clues previously missed by other healthcare professionals due to attention to detail, complete review of medical histories, and thorough examination technique.

Family Life Medical, Outpatient Family Practice - Dr. Kyle Scarborough M.D.

Clinical Rotations

2018 - 2018 (less than a year)

Conroe, TX

While aiding diagnosis and treatment of acute and chronically ill patients, I attained comprehensive industry knowledge through observing toenail avulsion, abscess incision and drainage, and ear lavage procedures. In this clinical rotation, I completed well woman exams and sports physicals

according to patient need. To manage patient records, I employed EClinicWorks.

Selected contributions...

- ▶ Carefully identified and diagnosed symptoms of a previously-dismissed patient with assistance of preceptor; referred patient to appropriate specialist for possible pulmonary sarcoidosis.
- ▶ Acknowledged by patients for having excellent bedside manner and vast knowledge of chronic illnesses to aid with at-home care management.

Collaborative Geriatrics Inc.

Clinical Rotation

2018 - 2018 (less than a year)

Katy, TX

In this role, I conducted annual wellness exams on geriatric patients within skilled nursing and long-term care environments. Major duties included providing care and assisting with decision-making for geriatric patients with complex chronic and acute diagnosis in the skilled nursing facility. During monthly rounds and visits, I monitored long-term care patient response to care rendered. Additionally, I oversaw new patient admission processes while reconciling gEHRiMed medical records and medications according to standards.

Key contributions from this position...

- ▶ Liaised between families and facilities to ensure discharged patients had proper equipment set-up for home health nurse visits.
- ▶ Completed after-hours house calls with preceptor to ensure delivery of medication and facilitate medicine administration.
- ▶ Identified and cared for overlooked patient during a physical exam, providing prompt and accurate care to enable a smooth recovery.
- ▶ Replaced medications with options better-suited for geriatric patients by diligently reviewing patient records.

Conroe Regional Medical Center

Trauma/post-op/neuro/ortho Med Surg Nurse

2015 - 2017 (2 years)

Conroe, TX

Serving as an integral component to a 46-bed post-surgical/trauma/orthopedics unit, I provided comprehensive patient care to diverse populations. I was tasked with accurately administering blood products, heparin drip

titrations, insulin, and managed PCA pumps. By liaising between physicians and patients, I efficiently updated health status, upgraded care plans, and adjusted medication. Communicating and educating patients and families from admission to discharge prevented readmission or relapse.

A few achievements from this role...

- ▶ Also held same position in 2015.
- ▶ Selected to serve as relief charge nurse and preceptor for new graduate nurses and contract hires due to exemplary performance and knowledge.
- ▶ Served as part of professional practice model and Chairman of Unit-Based Council committees.

Houston Methodist

Med/Surg Registered Nurse - Post surgical/ortho/neuro/bariatrics
2015 - 2016 (1 year)

Willowbrook, TX

Positioned as Med/Surg RN, I offered compassionate care to patients in a 28-bed post-surgical/orthopedics/bariatric unit. By assessing patient treatment plans, I guaranteed safety while supporting cultural diversity and sensitivity constraints in adherence to clinical goals and policies. Conducting hourly rounds fulfilled patient needs, effectively managed pain, and provided optimal care. I also diligently maintained updated patient records and surgical reports.

Major contributions...

- ▶ Quickly identified and resolved patient problems, reducing hospital stay by participating in interdisciplinary huddles.
- ▶ Played a key role in the professional practice model during Shared Governance Committee and monthly staff meetings.

Additional experience as Financial/Business Analyst at Atrium Windows and Doors, Data & Production Analyst at Pavestone Companies, and Professional Musician & Vocalist/Operations Director at Monhart Promotions.

Education

University of Phoenix

Doctor of Healthcare Administration DHA · (2020 - 2024)

The University of Texas Health Science Center at Houston
(UTHealth)

Adult-Gerontology Primary Care Nurse Practitioner · (2016 - 2018)

Texas Tech Health Sciences Center - School of Nursing
Bachelor of Science (BS), Nursing · (2013 - 2014)

Cisco College
Prenursing Student · (2011 - 2013)

University of Phoenix
Doctorate, Healthcare Administration