### Contact

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### Top Skills

Healthcare

Healthcare Information Technology Hospitals

### Languages

English (Native or Bilingual)
Tagalog

### **Publications**

Patient Recovery in Remote Areas of Australia

# Carolyn Laurea MSN RN CCRN

Vice President San Diego Nursing Council at CAHF Greater San Diego Area

# Summary

Develops, maintains, and implements nursing policies and procedures that conform to current standards of nursing practice, facility philosophy, and operational policies while maintaining compliance with state and federal laws and regulations.

# Experience

Rockport Healthcare Services
Regional Quality Management Consultant
November 2019 - Present (8 months)

**Ensign Services** 

6 years 1 month

Clinical Market Leader
June 2014 - Present (6 years 1 month)

San Diego, California

Post- Acute and LTC Services

Clinical Resource San Diego and El Cajon Area June 2015 - Present (5 years 1 month)

Greater San Diego Area

Ensign Facility Services, Inc.

Clinical Market Leader / Director of Clinixal Services for San Diego June 2014 - Present (6 years 1 month)

Greater San Diego Area

### LifeHOUSE Properties

Director of Nursing Service

September 2013 - June 2015 (1 year 10 months)

- Effectively managed Clinical Oversight for 305 Bed Facility
- Trained new Staff for Best Practice

- Coordinated Quality Improvement Activities to Identify Performance area of improvement
- Contributed Successfully to DHS Survey with corrective action plans
- Ensured HIPAA Compliance
- Initiated Facility wide study to identify areas for process improvement
- Processed Monthly report for Department performance
- Utilized Evidenced Based Agency such as AHCA, Point Right, NHSN and AHRQ, CMS and CDPH
- Provided all daily living tasks to enhance quality of life for elderly patient
- Developed Patient Care Plans including Assessments and Evaluation of Patient Outcome
- Responsible for hiring Licensed Nurse and Certified Nursing Assistant.
- Delegated Staff Nurse Duties and Responsibilities
- Followed Infection Control Procedures.
- Experience with various medical conditions.
- Liaised between patients and Physician to ensure comprehension of patient treatment plan.
- Maintained Star Rating of the Facility to 4 Star and 5 Star on Quality
   Measures
- Collaborate with IDT to manage any patient condition and conducted psychotropic drug reduction and maintained restraints free facility

University of South Australia Clinical Instructor 2009 - 2013 (4 years)

Adelaide Area, Australia

- Conducted mandated Health Screenings, Physicals and Special Education Assessment in schools. Ensure external follow –up where required.
- Initiated clinical practice guide to aid with students skills and abilities.
- Ensured HIPAA compliance.
- Supervised and teaches students in the clinical area of expertise.
- Developed and Implemented Nursing Care Plan with students.
- Conducted research and evidenced based of clinical practice for University students.

Calvary Wakefield Hospital Cardiac Interventionist Nurse 2009 - 2013 (4 years)

Adelaide Area, Australia

- Oversaw and managed clinical and support staff in patient care activities while maintaining a high level of professionalism
- Self directed with astute judgment skills. High Level of personal accountability
- Managed Care and promote Best Practice with Pre- and post- Cardiac Intervention
- · Quality Risks Utilization review
- Provide Education and training to Nursing Staff
- Demonstrated ability to lead and motivate outstanding healthcare teams.
- Contributed substantially successful department JHACO accreditation.
- Managed and Direct Quality Assurance program.

# Longwood Management Corporation Director of Nursing Services February 2002 - March 2009 (7 years 2 months) Long Beach, California

- Effectively managed Clinical Oversight for 285 Bed Facility
- Trained new Staff for Quality control procedures
- Coordinated Quality Improvement Activities to Identify Performance area of improvement
- Contributed Successfully to DHS Survey with corrective action plans
- Ensured HIPAA Compliance
- Initiated Facility wide study to identify areas for process improvement
- Processed Monthly report for Department performance
- Utilized Evidenced Based Agency such as AHCA, Point Right, NHSN and AHRQ
- Provided all daily living tasks to enhance quality of life for elderly patient
- Developed patient Care Plans including Assessments and Evaluation of Patient Outcome
- Responsible for hiring Licensed Nurse and Certified Nursing Assistant.
- Delegated Staff Nurse Duties and responsibilities.
- Followed Infection Control Procedures.
- Experience with various medical conditions.
- Liaised between patients and Physician to ensure comprehension of patient treatment plan.

Long Beach Memorial Medical Center Critical Care Nurse 2005 - 2009 (4 years) Long Beach, California

- Closely monitored Acute Condition
- Demonstrated ability to lead and motivate outstanding health care team.
- Monitored patient reaction to drugs
- Assists doctors with Interventional Implant and EPS
- Scrub, Scout and Monitor patient during Cardiac procedures.
- Medical Emergency Team duties and responsibilities
- Managed Ventilators, Balloon Pump and other external devices.

## Education

#### **UCSD**

Geriatric Nurse Practitioner, Adult Geriatric Nursing · (2015 - 2017)

### University of South Australia

Critical Care Nursing, Cardiac Interventionist, Electrophysiology, Anesthetic · (2011 - 2012)

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### University of South Australia

Master's degree, Geriatric Nurse/Nursing and Critical Care · (2009 - 2011)

# California State University-Long Beach - College of Business Administration

Post Graduate Degree, Nursing Administration · (2005 - 2009)

### California State University-Long Beach

BSN, General Nursing Practice · (2000 - 2005)