

## Contact

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(LinkedIn)

## Top Skills

Charge Nurse  
Intrepreting ECG  
Microsoft Office

## Languages

English

## Certifications

Advanced Cardiac Life Support (ACLS)  
Emergency Communications Registered Nurse (ECRN)  
Basic Life Support (BLS)  
Pediatric Advanced Life Support (PALS)  
Emergency Nurse Pediatric Course (ENPC)

# Kristen Mikula, APRN, FNP-BC

Family Nurse Practitioner - Emergency Department at Ann & Robert H. Lurie Children's Hospital of Chicago  
Chicago, Illinois

## Summary

I started my first job as a family nurse practitioner (FNP) in the Emergency Department at Ann & Robert H. Lurie Children's Hospital. Before transitioning to a FNP, I worked as a RN in the same department. Prior to my transition to working in pediatrics, I worked at Northwestern Memorial Hospital in the Emergency Department for close to five years. I have strong analytical skills, capable of multi-tasking, and exceptional communication skills. My personality is welcoming which makes me a great team member of my profession. I'm approachable and willing to help other staff to complete tasks in a sufficient amount of time.

Being part of Northwestern Memorial and Lurie Children's has advanced my career in many ways in the field of emergency nursing. I received my ECRN, TNCC, ENPC and CEN. At Northwestern Memorial, I became a member for two committees: Interdisciplinary Emergency Department Practice Committee (chair) and Nursing Evidence Based and Research (representative). At Lurie Children's, I am a member of the education committee and a Magnet champion. By becoming a committee member, I am able to put my input and suggestions in ways to help improve not only the emergency department but also the hospital in its entirety.

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## Experience

Ann & Robert H. Lurie Children's Hospital of Chicago  
3 years 1 month

Family Nurse Practitioner  
May 2019 - Present (1 year 3 months)  
Greater Chicago Area

Emergency Room Registered Nurse  
July 2017 - May 2019 (1 year 11 months)  
Greater Chicago Area

- Responsible for all facets of triage, emergency patient care, inpatient procedures and trauma care for the pediatric population.
- As a Charge nurse, demonstrate awareness of ongoing ED unit needs to provide other team members with leadership and direction for reaching optimal nursing care standards and operations.
- Collaborate with other ED professionals to ensure effective patient care delivery.
- Utilize critical thinking skills to intervene with appropriate interventions for urgent/emergent patient care with acute and chronically ill pediatric patients.
- Preceptor for new hires and BSN/MSN nursing students.
- Magnet Champion for the department.
- Member of the department's education committee.

Northwestern University - The Feinberg School of Medicine  
 Simulation Nurse Instructor - Per Diem  
 2015 - May 2019 (4 years)  
 Greater Chicago Area

- Intravenous access training for 3rd year medical students.
- Mock page trials for 4th year medical students.
- Simulation nurse instructor for patient case scenarios

Northwestern Memorial Hospital  
 Staff Nurse  
 May 2012 - April 2017 (5 years)  
 Emergency Department

- Responsible for all facets of triage, emergency patient care, inpatient procedures and trauma care.
- Initiate stroke, STEMI and trauma level I and II codes.
- Demonstrated awareness of ongoing ED unit needs as a relief Charge Nurse to provide other team members with leadership and direction for reaching optimal nursing care standards.
- Utilized critical thinking skills to intervene with appropriate interventions for urgent/emergent patient care with acute and chronically ill adult patients.
- Collaborated with other ED professionals to ensure effective patient care delivery.
- Established peripheral ultrasound guided intravenous lines.
- Representative for Nursing Research and Evidence-Based Practice Committee.
- Chair of Interdisciplinary Emergency Department Practice Committee.

- Preceptor for new hires and BSN/MSN nursing students.
- Represented department during nursing fair.

## Resurrection Health Care

### Staff Nurse

May 2011 - May 2012 (1 year 1 month)

Medical-Surgical/Telemetry

- Coordinated admissions, transfers, and discharges of patients for a 40-bed unit.
- Proficient in interpreting EKG readings and labs.
- Monitored drainage devices, chest tubes, medication drips, and pacer wires.
- Managed and documented care and therapies for 4-7 patients per shift.
- Educated patients and families regarding plan of care.
- Coordinated patient care and health status with a multidisciplinary team.
- Preceptor for BSN nursing students and new-hires.
- Charge Nurse during night shift.

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## Education

### Olivet Nazarene University

Master's of Nursing, Family Nurse Practitioner · (2014 - 2017)

### Resurrection University

Bachelor of Science, Nursing · (2009 - 2011)