

## Contact

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[www.sierravistaregional.com/](http://www.sierravistaregional.com/) (Company)

## Top Skills

ACLS  
BLS  
Healthcare

## Languages

Spanish  
English

## Certifications

Trauma Certified Registered Nurse  
Certified In Executive Nurse Practice  
Certified Emergency Nurse  
Critical Care Registered Nurse  
Certified Pediatric Emergency Nurse

## Publications

Surge Plan - Code Alpha, Bravo, Charlie  
Decreasing Primary-Care-Related Emergency Department Visits in the Hispanic Population Using Patient Navigators

# Dr. Arthur Dominguez Jr., DNP, MSN, RN

Chief Nursing Officer at Sierra Vista Regional Medical Center  
San Luis Obispo, California Area

## Summary

Experienced Chief Nursing Officer with a demonstrated history of working in the hospital & health care industry. Has overall responsibility for providing leadership, direction, and administration of direct patient care activities, nursing practice, nursing education, and development across the organization. Responsible for driving, supporting and modeling a culture focused on employee engagement, quality, patient safety, fiscal responsibility, and the overall patient experience. Strong healthcare services professional with a Doctor of Nursing Practice (DNP).

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## Experience

Sierra Vista Regional Medical Center  
Chief Nursing Officer  
September 2017 - Present (2 years 11 months)  
San Luis Obispo, California

Desert Regional Medical Center  
11 years 5 months  
Assistant Chief Nursing Officer  
March 2015 - September 2017 (2 years 7 months)  
Palm Springs, CA

- 24 hour, 7 day a week responsibility providing leadership and support to the Chief Nursing Officer (CNO)
- Assume responsibility as CNO in CNO's absence
- Direct reporting departments:
  - Administrative nursing supervisors
  - One Call Center (data resource, clinical operations representatives, travel coordinator, float pool, contracted service RN's for dialysis and apheresis, occupational health, transporters, transport dispatchers, and transfer center)

- Intensive Care Units (Trauma, Neuro, Medical Surgical, and Cardiac)
- Pulmonary Services / Respiratory Therapy
- 2 Sinatra (progressive care unit/telemetry)
- Skilled Nursing Facility
- 3 East (telemetry and medical surgical overflow)
- 2 East (joint and spine pavilion)
- 1 Central (observation unit)
- Inpatient Wound Care / Wound Ostomy Care Nurses (Wound Care, Wound Care Center, Rehab, and PT) o Rehabilitation Services (physical therapy, occupational therapy, hand therapy, and speech therapy)
- Inpatient Acute Rehabilitation
- Women's Services (healthy beginnings, post partum, maternal fetal medicine center, and perinatal services)
- Pediatrics
- Level three Neonatal Intensive Care Unit (ground and air transport) o Neonatal Nurse Practitioners
- Develop new initiatives from planning to execution, while maintaining sustainability
- Liaison and intermediary between physicians and hospital administration • Facility steering support, resource, and workforce decisions
- Align clinical and financial goals and collaborate with all key stakeholders system-wide • Cost management and customer service
- Apply LEAN process improvement on hospital wide initiatives
- Standardize processes and ensure quality of work and care delivery
- Operationalize core measure initiatives and projects
- Dually accountable for 900+ FTE's and operating budget of \$150 million
- Partner with nearly 400 physician partners, with 200 being active

### Interim Director of 3 Sinatra and 3 East, Progressive Care Unit / Stroke and Telemetry Services

October 2014 - March 2015 (6 months)

Palm Springs, California

- 24 hour, 7 day a week responsibility to provide leadership for cost centers
- PCU Expansion
- Lead PCU lectures based on AACN, training and didactics for transition of 31 bed telemetry unit, on 3 Sinatra, to 15 bed, PCU and 16 bed telemetry unit
- Lead the construction planning, for installation, of Philips monitors
- Collaborated with ICU and 2 Sinatra Directors for PCU cross-training • Decreased RN FTE vacancies from 22.5 to 5.4 in one (4th) Quarter
- Increased productivity index to 113% through creative staffing

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- Decreased premium labor 37% on 3 East and 40% on 3 Sinatra
- Decreased incremental overtime, 3rd quarter to 4th quarter by 5%
- Assisted in successful TJC Primary Stroke Center Survey
- Assisted in successful Bariatric Surgery Site Accreditation Survey
- Assisted in successful CHF Survey
- Assisted in Team Engagement Managing Patient Outcomes (TEMPO) roll out and constructed first TEMPO board for the hospital
- Met WHPPD goals
- Implemented Leader Standard Work, for Clinical Managers, which decreased variance and increased quality
- Decreased occurrences of pressure ulcers through team awareness, below national average of 2.6
- Increased engagement of team, which increased patient satisfaction scores by 10% in 4th quarter
- Implemented 0700 Team Huddle
- Worked closely with medical directors, medical department chairs, physicians and other disciplines to develop services and ensure quality
- Controlled and monitored supply costs, to achieve flexed budgeted costs, on a quarterly basis
- Promoted sound staffing practice by optimizing the utilization of human resources
- Anticipated and forecasted personnel needs, of the departments, with regard to fluctuation in the projected workload
- Assured effective staff recognition
- Established and maintained routine modes of communication with staff and peers

#### House Supervisor Nursing Administration

January 2014 - October 2014 (10 months)

Palm Springs, California

- Facilitated patient throughput through implementation of surge plan (Code Alpha, Bravo, Charlie)
- Lead bed huddles/maintained current census/ensured departments remained within productivity/purposefully rounded
- Assisted in decreasing discharge LOS by 24%
- Assisted in decreasing admit LOS by 23%

- Assisted in implementation of bed huddle data gathering, on Marbella, in order to gather departmental data attendance
- Facilitated appropriate placement of patients based on need and age of patient served
- Assisted in opening and training of the One Call Center (Admission, Transfer, Bed Control, and Staffing)
- Facilitated direct admits to increase revenue
- Competent in Patient Access Software System (PASS), OptiLink, Trace, Right Bed, FirstNet and Citrix
- Served as OptiLink System Administrator
- Contributed in opening of 15 bed Progressive Care Unit (PCU)
- Contributed to Versant Residency Program, education, and leadership training
- Directed TNCC and ENPC o Educated nurses on NIHSS o Precepted
- Contributed to committees that increased quality, patient safety, risk management and decreased infection o Active in starting Patient and Family Centered Care/Patient Advisory Council
- Started the Culture of Wellness Committee (Chair)
- Focused on a healthier environment for patients, families and staff, in a holistic manner by increasing energy, decreasing stress, and promoting wellness and positive energy
- Advanced Clinical Nurse (ACN) committee approved playing of baby grand piano, in lobby, for time to achieve ACN status
- Implemented hospital screen savers to promote exercise, at hospitals gym, and promote healing hands therapy for staff
- Provided administrative leadership for alignment of policies and procedures
- Ensured patient care standards were within state and federal regulations, TJC, HIPAA, title 22, and the state Nurse Practice Act
- Utilized data to support decision making • Administered and read TB skin tests

### Advanced Clinical Nurse in Emergency and Trauma Services

May 2006 - January 2014 (7 years 9 months)

Palm Springs, CA

Bilingual. Obtained my BLS, ACLS, PALS, NRP, S.T.A.B.L.E., ENPC, TNCC, ENPC Instructor, TNCC Director, Riverside County MICN, CEN, CPEN, Advanced Clinical Nurse, and Calmer Kids Certification. Fill in as Clinical Manager. Teach NIH Stroke Scale Assessment. Perform emergency

procedures in a Level 2 Trauma Center. Precept new graduate RN's in Versant Program and Paramedic Interns. Assess plans, evaluate patient care needs, carry out physicians orders, administer prescribed medications, change dressings, cleans wounds, monitor vital signs, provide respiratory and ventilator management and monitoring for patients, serve as the primary coordinator of all disciplines for well coordinated patient care, monitor, record and communicate patient conditions with appropriate documentation, instruct and educate patients and families, assess and coordinate patient discharge planning needs with members of the healthcare team, provide age and culturally appropriate care, follow standard precautions, and am competent with skills with which an ER/ Trauma nurse should be.

#### Advanced Clinical Nurse in CICU/MSICU

September 2011 - February 2013 (1 year 6 months)

Palm Springs, CA

Bilingual. Obtained my BLS, ACLS, PALS, NRP, ENPC, TNCC, ENPC Instructor, TNCC Director, CEN, CCRN, and Advanced Clinical Nurse. Teach NIH Stroke Scale Assessment. Provide nursing care to critical medical, surgical, cardiac, neurological, and traumatized patients. Support the patient and family in the dying process. Perform admission assessment and subsequent assessments. Complete required documentation. Address patients learning abilities and needs. Develop care plans. Enter orders by computer and participate in the daily operations of the ICU. Attend required in-service, yearly education day, and mandatory departmental meetings. Adhere to hospital and departmental policies. Practice good communication between departments, with physicians, each other, and the department managers. Demonstrate the knowledge and skills necessary to provide care appropriate to the age of the patients served. Demonstrate knowledge of the principles of growth and development over the life span and possess the ability to assess data reflective of the patient's status and interpret the appropriate information needed to identify each patient's requirements relative to his or her age-specific needs. Provide assistance to physicians or other medical personnel in the assessment of patients and delivery of treatments, such as dressing wounds, monitoring life support equipment, insertion of invasive lines or chest tubes, and other invasive and non-invasive monitoring equipment. Provide direction and guidance to other RN's in the ICU. Operate equipment: IV pumps, cardiac monitors (both room and central), pacemakers, ventilators, bi-pap, pressure modules (arterial line and central line), cooling/warming units, crash cart, dopplers, temperature probes, and ventriculostomy and chest tubes. Recognize cardiac arrhythmias. Intervene using physician orders, ACLS

Algorithm, or ICU standing orders. Am competent with skills with which an ICU nurse should be.

#### College of the Desert

Adjunct Clinical Nursing Instructor

February 2013 - January 2017 (4 years)

Palm Desert, CA

Fourth semester adjunct clinical nursing instructor. Demonstrate and teach patient care in the clinical settings of the critical care departments of the ICU and the ER. Instruct students in the application of biological, physical, and physiological subjects related to nursing. Participate in planning curriculum, teaching, and course outline. Cooperate with medical and nursing personnel with the evaluating and improving of teaching and nursing practices.

#### American Medical Response

Critical Care Transport Nurse

July 2010 - May 2015 (4 years 11 months)

Palm Springs, CA

Respond to emergency and non-emergency calls and deliver high quality patient care and customer service within the prescribed scope of practice. Assess, plan, implement, evaluate, and direct care for pediatric and adult patients. Oversee task performance of EMT or Paramedic partner and make or approve all decisions requiring interpretation of clinical delivery and company policies. Completed NIMS Training IS 100, 200, 700, and currently work with the LTV 1200 ventilator.

#### La Quinta Surgery Center

Pre-op, Circulating, PACU RN

September 2007 - December 2009 (2 years 4 months)

La Quinta, CA

Bilingual. Job includes: prepping patients for surgery, circulating in OR and recovering patients in PACU. Types of surgery are as follows: General, Plastics, ENT, Podiatry, Ophthalmic, Ortho, and Pain Management for patients ages 12 months and older. Other responsibilities include: Ordering/shopping for medications/supplies for cost effectiveness, Pre-Op teaching/discharge planning, auditing of charts and am competent with skills with which a Pre-op/ Circulating/PACU nurse should be.

#### Kelly's Coffee & Fudge Factory

Owner / Manager

January 2005 - December 2009 (5 years)

## Lake Havasu City, AZ

Was an active role in all phases necessary involving a new store opening. Assisted with floor plans, ordering supplies, hiring of employees, training, networking, recruiting, sales goals and trends, scheduling, human resources, housekeeping, shop-keeping, marketing, advertising, overall visual standards, cleanliness of store, and corporate training of new store managers and staff.

## American Eagle Outfitters

### Assistant Manager

October 2002 - December 2004 (2 years 3 months)

Temecula, CA

Customer service, loss prevention, human resources, merchandising, visual, scheduling, budgeting of hours, forecasting sales and hours, networking, recruiting, stock, inventory, training and developing of employees, interviewing, issuing performance appraisals, housekeeping, shop-keeping, and achieving sales goals.

## Anchor Blue / Millers Outpost

### Assistant Manager

April 1998 - September 2002 (4 years 6 months)

Temecula, CA

Customer service, loss prevention, human resources, merchandising, visual, scheduling, budgeting of hours, forecasting sales and hours, networking, recruiting, stock, inventory, training and developing of employees, interviewing, issuing performance appraisals, housekeeping, shop-keeping, and achieving sales goals.

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## Education

### Walden University

Doctor of Nursing Practice (DNP), Doctor in Nursing Practice · (2015 - 2017)

### Walden University

Master of Science in Nursing, Leadership and Management · (2010 - 2012)

### College of the Desert

Associate of Science, Registered Nurse · (2005 - 2006)

### Riverside Community College

Associate of Arts (AA) · (2000 - 2004)

Baptist Christian High School  
High School Diploma · (1997 - 2000)