#### Contact

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Top Skills ICU SICU ACLS

## **Anjie Austin**

Professional Registered Nurse

Sugar Land, Texas

### Summary

I am a Critical Care Registered Nurse of 15 years. My skill set foundation is SICU; as well as MICU, Neuro, & ED. happily employed at Houston Methodist Hospital. I'm so Blessed to great leadership, & an awesome team.

## Experience

Houston Methodist Sugarland Hospital Critical Care Registered Nurse August 2016 - Present (4 years) Houston, Texas

St. Joseph's Hospital and Medical Center Critical Care Nurse 2014 - Present (6 years) Houston, Texas

United Healthcare Insurance Company RN Case Manager/ Disease Management July 2013 - Present (7 years 1 month)

Conduct outbound calls to assess health status & education of chronic condition. Identifies gaps or barriers to recommended treatment plan consistent with optimal care for specified disease condition. Provides education for self-management, information on network access. Identifies/implements interventions & resources that address & close gaps in care. Contact members identified for the specific disease management program & promote program enrollment. Conduct initial assessment of the members clinical, behavioral, social, environmental & health-related financial circumstances or needs that may impact compliance with the optimal treatment plan. Following assessment, prioritize care needs & develop a plan of care to address gaps & or barriers, as well as to track the members health status & progress in achieving clinical & personal goals. Promote the patient/provider

relationship to support compliance with nationally established guidelines of care. Conduct individualized follow-up assessments or interventions. Engage member, family, caregivers, & health care providers to assure that a well-coordinated longitudinal treatment plan is established. Employ a holistic approach to patient care & integrate the members life & motivational goals into the care plan Identify lifestyle or behavior modification needs, direct member to available resources & reinforce behavior modification changes Work to facilitate patient compliance & ensure continuity of care. Monitor & evaluate members response to treatment. work with providers to revise care plans as needed. Provide education, information, direction & support related to care goals of member. Coordinates acquisition & proper use of medical equipment, initially & on an ongoing basis. Document assessments, interventions & follow-up activities. Assess the effectiveness, quality of service, & analyzing outcomes (clinical, process, member satisfaction & financial).

Parallon Business Solutions
Surgical & Critical Care RN
2005 - Present (15 years)
02/2012 to Current
Methodist Metropolitan Hospital, San Antonio TX

SICU & ICU float. Duties: Provide all nursing care & duties as listed below.

Sunrise Hospital and Medical Center, Las Vegas NV: ICU Float: Providing nursing care to patients within the medical/surgical, cardio, neuro, trauma, intermediate, surgical ICU and the emergency department; in addition to all duties listed below.

Methodist Surgical and Transplant Hospital, San Antonio TX.

Medical/Surgical ICU: provide all nursing care listed to renal and hepatic patients.

Managing patients with pre/post surgical complications & provide safe quality outcomes.

Main Methodist Hospital and Medical Center, San Antonio TX:

Aureus Medical Group Surgical ICU, General ICU, Intermediate Care float November 2010 - December 2012 (2 years 2 months) Trenton, & Camden New Jersey, Richmond Texas

Oakbend Medical Center, ICU. Richmond, Texas.

Our Lady of Lourdes Medical Center, Trenton, NJ.

Medical-Surgical ICU Duties: All responsibilities listed below.

Capital Healthcare Medical Center, Camden, NJ Neuro ICU Duties: All responsibilities listed below.

Duties: Delivers professional nursing care to patient populations in the Intensive Care Unit which includes but are not limited to general cardiology, cardiovascular surgery, stroke and other complex disease states with cardiac and vascular co-morbidities. Performs assessments, follows standards of care and disease specific protocols utilizing the Nursing Process in delivery of care. Maintains accountability in professional decisions and actions. Responsible for delivery of professional nursing care for assigned patients, performs nursing assessments / care plan implementation / implementation of treatment / evaluation of treatment / & discharge planning. Coordinates care with interdisciplinary team members & ancillary services. Responsible for delegation within scope of practice to provide safe & effective care to patient population. Integrates behavior standards & AIDET fundamentals of service into all work activities.

#### Fastaff

RN-ICU, and Critical Care Contract Travel
November 2008 - December 2012 (4 years 2 months)
6501 South Fiddlers Green Circle. # 200. Greenwood Village, CO 80111

- Baylor All Saints Medical Center, Ft. Worth Texas.

Duties: Deliver competent age appropriate care according to RN skills and patient population.

Coordinate, plan, and administer appropriate clinical decision making.

Collaborate with a multidisciplinary healthcare team to attain positive outcomes based on data, research, evidence and professional standards of care.

Meet treatment goals. Develops/implement, discharge and/or transfer plans.

Evaluate and contribute to quality of care, and revisions according to policies, procedures, and standards of care; including time/supply management and accuracy of practice. Maintain and Promotes professional/individual growth and development, continuing education, skills competency; support department-based goals, mentor and a resource less experienced staff.

Participate in systemic, interdisciplinary, and evaluation of programs, process improvement, and desired client-centered outcomes.

## WEST HOUSTON MEDICAL CENTER RN II SURGICAL ICU

August 2007 - November 2009 (2 years 4 months)

12141 Richmond Ave. Houston TX. 77024

RN II General Intensive Care Unit: All nursing care listed below.

# MEMORIAL CITY HOSPITAL RN II SURGICAL ICU

November 2005 - October 2008 (3 years)

921 Gessner Rd. Houston, TX 77024

Deliver individualized care to various surgical patients, such as carotids, fem-pop, 2nd day hearts, valve repair/replacements and graphs, plastics, amputations, Bariatric procedures, cesarean births etc. Monitor and maintain homeostasis of neurological, Respiratory, GI, GU Cardiovascular, Musculoskeletal, psychiatric, and psychosocial issues. Care of the family, and all IMCU duties.

Intermediate Care Unit- 11/05 to 08/07

Deliver competent, age appropriate patient care to patients and family. Appropriate clinical decision making, coordinate, plan, and deliver nursing care with a multidisciplinary team. Collaborate and direct healthcare team in attainment of positive outcomes based on data, research, evidence, and professional standards of care. Meet treatment goals; develop/implement discharge and/or transfer plans. Evaluate quality of care and contribute to revision of standards of care. Ensure patient safety; adhere to policies/ procedures/standards of care within budgetary specifications including time and supply management and accuracy of practice. Maintain requirements for mandatory and continuing education skills. Support department based goals, serve as mentor and resource. Participate in systemic, interdisciplinary and ongoing evaluation of programs, process improvement, and client centered outcomes.

### Education

The University of Texas at Arlington

Masters of Science, Registered Nursing/Registered Nurse · (2015 - 2017)

Baltimore City Community College Registered Nursing/Registered Nurse · (2000 - 2005) Texas Southern University Undergraduate Studies, MBA