

Contact

mt Ruhe88@gmail.com

www.linkedin.com/in/megan-
rupe-298569b8 (LinkedIn)

Top Skills

Nursing
Inpatient
Patient Safety

Languages

English

Certifications

National Institute of Health Stroke
Scale Certification
Nurse Executive (NE-BC)
Geriatric Resource Nurse
Board Certified Medical Surgical
Nurse

Megan Rupe

Clinical Nursing Director at INOVA Fairfax Hospital
Washington D.C. Metro Area

Summary

Board Certified Nurse Executive with 10 years of hospital experience as a Clinical Director, Patient Care Manager, Clinical Care Facilitator, and bedside RN.

Experience

Inova Health System
Clinical Nursing Director
January 2016 - Present (4 years 7 months)

Medstar Washington Hospital Center
5 years 4 months

Patient Care Manager
May 2015 - January 2016 (9 months)
Washington D.C. Metro Area

Acts as a clinical expert, integrator, clinical leader, and outcomes manager on a 30 bed cardiology and intermediate care unit. Oversees and facilitates holistic, quality, and cost-effective care for patients hospitalized for acute disease processes. Promotes hospital and unit based improvement initiatives. Collaborates with the interdisciplinary team to ensure comprehensive and efficient care of cardiology patients. Supervises registered nurses, patient care technicians, and unit clerks.

Department of Nursing lead for the new Logi-D Medical Supply implementation. Duties include coordination with an interdisciplinary team to ensure proper preparation, implementation, and follow up on the system.

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Organized the Handoff Communication Committee to research, design, and implement a new process and form for handoff communication within the Department of Nursing. Currently writing a Transport of Non-Critical Care Patients Policy and Handoff Communication Policy for the Department of Nursing.

Patient Care Manager

July 2014 - April 2015 (10 months)

Acts as a clinical expert, integrator, clinical leader, and outcomes manager on a 31 bed observation unit. Oversees and facilitates holistic, quality, and cost-effective care for patients hospitalized for observation during acute disease processes. Promotes hospital and unit based improvement initiatives. Collaborates with the interdisciplinary team to ensure comprehensive and efficient care of observation patients.

Instrumental in the development and implementation of an observation model of care on a 31 bed unit. Work included coordination of staff education regarding new patient populations, collaboration with an interdisciplinary team regarding roles in observation care, and multiple workflow changes to improve efficiency on the unit.

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Department of Nursing lead for the new Logi-D Medical Supply implementation. Duties include coordination with an interdisciplinary team to ensure proper preparation, implementation, and follow up on the system.

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Organized the Handoff Communication Committee to research, design, and implement a new process and form for handoff communication within the Department of Nursing. Presently writing a new handoff policy for the Department of Nursing.

Clinical Care Facilitator

April 2013 - July 2014 (1 year 4 months)

Acts as a clinical expert, lateral integrator, clinical leader, and outcomes manager on a 33 bed cardiac/short stay unit. Oversees and facilitates holistic, quality, and cost-effective care for patients/families. Promotes safety initiatives and collaborates on hospital and unit based improvements. Establishes and maintains effective relationships with the interdisciplinary team. Outcomes include:

Expert in patient care for cardiac and medical-surgical patient population.

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Effectively facilitates patient first care through role modeling.

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Supervises registered nurses, patient care technicians, and unit clerks on a 33 bed cardiac/short stay unit.

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Provides coaching and counseling to staff as needed for employee development.

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Making improvements on quality measures and meets regulatory standards of care.

Clinical Nurse

October 2010 - April 2013 (2 years 7 months)

Served as a member of the interdisciplinary team that provided care for patient's pre- and post- cardiac catheterizations, pre- and post-electrophysiology procedures, and patients arriving for emergent health conditions. Outcomes include:

Efficiently and knowledgeably provided RN care for cardiology and medical-surgical patients experiencing chest pain, heart arrhythmias, COPD, CHF, failure to thrive, and/or pneumonia.

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Dedicated N95 Fit Tester and member of the Interdisciplinary Patient Focused Committee and Process Improvement Team.

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Preceptor for new graduate nurses. Duties including coordination of shadowing days, orientation to unit, and continuing education through orientation.

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Performed duties of Clinical Resource Nurse on a weekly basis to ensure safety and quality on a 33 bed cardiac/short stay unit.

Education

The George Washington University

Master's Degree, Nursing Leadership and Management · (2012 - 2014)

Youngstown State University

Bachelor's Degree, Registered Nursing/Registered Nurse · (2006 - 2010)