

## Contact

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(LinkedIn)

## Top Skills

Nursing

PALS

BLS

## Languages

Spanish (Limited Working)

## Certifications

Pediatric Advanced Life Support

Registered Nurse License - New York

CCRN-Pediatric

## Honors-Awards

Dean's List

Area VII Physicians Review  
Organization, Inc. Scholarship

Caroline E. Krajewski Manney  
Nursing Scholarship

Student-Athlete Academic Honor

New Jersey Association Athletic All-  
Academic Honorable Mention

# Lydia Carra

BSN, RN, CCRN

Bridgewater, New Jersey

## Experience

NewYork-Presbyterian Morgan Stanley Children's Hospital

PCICU RN

August 2015 - Present (4 years 11 months)

New York, NY

- Provide critical care nursing assessments and interventions to pediatric patients with congenital heart defects, for medical management and during the pre/post operative periods following cardiac repairs and heart transplants
- Applies critical thinking skills to assess patient's status and various changes to provide optimal care, while educating the patient and family
- Monitor telemetry and ABGs, while manage ventilation support (CPAP, BiPAP, SIMV, Oscillators, VDR) with iNO, Extracorporeal Membrane Oxygenation (VV and VA ECMO), Right and Left Ventricular Support (Berlin, Heartware, Heartmate, Centrimag, Impella), and Continuous Veno-Venous Hemofiltration
- Assist in performing bedside procedures; such as placing chest tubes and arterial/Vascath/CVL lines, intubation, emergent ECMO cannulation, chest washouts, and chest closures
- Assume role as charge nurse and as a preceptor and mentor to new nurses
- Involved as Hospital Wide HAI CLABSI RN Lead, Co-Chair of the Unit Practice Council, Unit CLABSI Champion, and Education Council Committee member
- Recognized for excellence nursing care as a Daisy Nominee, Employee of the Month, and through numerous Gold Accomplishment Awards
- Completed the year long Nurse Residency Program- Presented PICO presentation at graduation
  - o "In sedated pediatric intensive care patients, does implementing non-pharmacological calming techniques, compared to non-pharmacological interventions, reduce the incidence of ICU delirium?"

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## Education

The College of New Jersey

Bachelor of Science (B.S.), Nursing · (2011 - 2015)

Bridgewater-Raritan Regional High School  
High School · (2007 - 2011)