

Contact

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Top Skills

Post Anesthesia Care
Healthcare
Hospitals

Languages

English (Native or Bilingual)
Tagalog (Professional Working)

Certifications

FNP-C
CCRN

Rechel Delantar

MSN, APRN, FNP-C, CCRN - Centers for Liver Disease and Transplantation at Houston Methodist
Houston, Texas

Summary

Certified Nurse Practitioner with a strong healthcare service professional background. A member of the Sigma Theta Tau Honor Society. Experienced Transplant Coordinator with a demonstrated history of working in a dynamic hospital & health care system. Skilled in Post Anesthesia Care, Intensive Care, Advanced Cardiac Life Support (ACLS), Critical Care, and Transplantation. Provides comprehensive medical care to patients following transplant with focus on graft management, infectious disease prevention and management, diabetes, HTN, hyperlipidemia, cancer screening and other medical management issues that arise post transplant. Care is provided in conjunction with patients primary care MD, referring MD and other specialists. Covers Pre-transplant, Post Transplant PPB as well as NP walk in clinics in conjunction with attending MD.

Experience

Houston Methodist

6 years 11 months

Nurse Practitioner - Centers For Liver Disease and Transplantation
January 2019 - Present (1 year 5 months)

Houston, Texas

Heart Transplant Coordinator

July 2013 - Present (6 years 11 months)

Houston Methodist Hospital

As a Post Heart Transplant Coordinator I am responsible for the coordination of their immediate care of Post Heart Transplant patients as well as long-term management of patients after transplant. I am responsible for coordinating patient care across multiple areas – transplant office, the outpatient clinic, the inpatient nursing unit and the community – in order to provide continuity of patient care across settings. Problems encountered have a significant level of complexity due to both clinical and logistical issues. General supervision and direction is provided, but the transplant coordinator has wide latitude

in decision making within department policies and principles. It is a multi-disciplinary role and one that is rooted in a team approach to provide a comprehensive care to the patient. A wide variety of internal and external relationships are involved in performance of the transplant coordinator's duties. In the hospital, there are patients, families, nurses, pharmacists, social workers, and physicians (both faculty and house staff). Outside the institution, there is ongoing involvement with dialysis staff, community physicians, pharmacists, laboratory personnel, pharmaceutical representatives, insurance company case managers and medical directors. Organizational skill is of utmost importance. In addition to independently planning and scheduling one's own daily schedule, a coordinator must be able to prioritize clinical issues and case manage a large number of patients. As a Transplant Coordinator it is important to demonstrate competence and management in the care of people with renal and hepatic failure, diabetes, cardiopulmonary disease, hypertension, hyperlipidemia, and other disorders related to transplantation. There is also a certain level of comfort in the management of immunosuppression including a host of adverse reactions and drug interactions

CHI St. Luke's Health

CVRR Nurse

2007 - 2013 (6 years)

Received, recovered and stabilized Thoracic post-operative patients. Had the privilege of working with pioneers such as Dr. Denton Cooley, Dr. O.H. Frazier and Dr. Joseph Coselli.

A list of common CV surgical procedures that are performed in the CVOR and received into the CVRR/ICU post surgery:

Aorto coronary bypass with and without cardiopulmonary bypass (CPB)

Aortic valve replacement

Mitral valve repair or replacement

Transmyocardial laser revascularization

Thoracic and abdominal aortic aneurysm repair

Heart transplant, orthotopic & heterotopic

Lung transplant, single & double

Peripheral vascular surgery

Carotid endarterectomy

Aorto bi-femoral bypass

Femoral popliteal bypass

LV aneurysmectomy

Cardiac assist device implant (rvad, lvad, bivad)

ECMO

CVVHD

My experience here gave me a strong background on hemodynamics, patient management, improved my interpersonal skills as well organizational skills.

JKF Hospital

PACU

1997 - 2007 (10 years)

Edison, NJ

Education

Chamberlain College of Nursing

Master's Degree, FNP · (2014 - 2017)

Velez College of Nursing

Bachelor's Degree, Registered Nursing/Registered Nurse · (1986 - 1990)

St. Theresa's College

High School, High School · (1982 - 1986)