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Top Skills

Healthcare
Nursing
Critical Care

Certifications

New Jersey State Board of Nursing,
Advanced Registered Nurse &
ACNPC- AG License, (Current).
New Jersey State Board of Nursing,
Registered Nurse License, (Current).
American Heart Association, ACLS,
BLS and PALS Certifications,
(Current).

Samira Akel, ICU/APN

Caring & Compassionate Nursing Professional |Eager to Deliver Top Quality Care as An Acute Care NP
Somerville, New Jersey

Summary

My name is Samera, and I am a motivated, dedicated and compassionate, multilingual (Arabic, French, & Light Spanish) healthcare professional with demonstrated expertise in the areas of acute patient care, staff development, and patient/family advocacy. As a newly graduated Adult Gerontology, Acute Care Nurse Practitioner, I bring many years of demonstrated expertise as a Registered Nurse in addition to a proven ability to independently provide high quality care in fast paced, high pressure environments. In working with my patients, I integrate strong communication, leadership, and interpersonal skills to forge relationships with other clinicians ensuring top of the line care to maximize recovery potential.

In addition to my professional experiences highlighted below, I have also served as a Travel Nurse with Nightingale Travel Agency, Registered Nurse with Phoenix Agency, and as a Staff Nurse: Neurology with UMDNJ. Further I have completed advanced clinical training in:

Emergency Department Orientation | Hunterdon Medical Center, Flemington, NJ.

Hospitalist Orientation| Hunterdon Medical Center, Flemington, NJ

I am eager to leverage my professional training, credentials, and experience to contribute to a multidisciplinary patient care team. I look forward to connecting with other nursing professionals to share more about my experiences and the added value I can bring to your patients and organization!

Experience

Hunterdon Medical Center
Staff nurse: Emergency Department

June 2016 - Present (4 years 2 months)

Flemington, New Jersey

In my most current role, I assess, plan, implement, and evaluate comprehensive care, in collaboration with a multidisciplinary team, for individuals with acute and non-acute injuries or illnesses including but not limited to: acute congestive failure, acute myocardial infarction, drug overdose, alcohol intoxication, and disseminated intravascular coagulopathy. I interact closely with units across the organization to facilitate admission, when required, on the basis of acuity, stability, and identified treatment needs. At the time of discharge, I work closely with patients to cultivate a strong understanding of ongoing and follow up care needs to minimize the risk of re-hospitalization .

My most prided achievements, contributions and accomplishments in this role have included

- * Regarded as a specialist for hard stick patients and for a strong ability to serve in the Charge Nurse role ensuring high quality care and optimized processes to ensure timely patient flow and provision of care.
- * Noted as a Triage Specialist for care decisions made prior to the patient being seen or evaluated by the physician.
- * Recipient of nomination letters from patients and the hospital CEO for commitment to quality patient care and service to the nursing profession.

Clara Maass Medical Center

Staff Nurse: Emergency Department

March 2003 - Present (17 years 5 months)

Belleville, New Jersey

While serving in this role, I have shown great proficiency in obtaining medical histories and performing problem focused health assessments to identify acuity levels and healthcare needs for diverse patient populations with varied medical needs. I have reviewed and administered physician's orders for direct care and specialized treatment and consistently ensure timely clinical notations to the patient's electronic medical record to support continuity of care across the continuum. I educate each of my patients and the families on follow up care to promote long term positive results. I have played a pivotal role as a Charge Nurse and Preceptor in training new personnel on application of best care practices to ensure high quality care and a satisfactory ER experience.

Princeton University Medical Center

9 years 8 months

Staff Nurse: Emergency Department
January 2015 - August 2017 (2 years 8 months)
Princeton, New Jersey

In collaboration with nurses, mid-level providers, and physicians, I delivered professional bedside care to patients with diverse acute and non-acute medical needs in an ER setting. I evaluated and triaged patients, prioritizing care on the basis of acuity, stability and available staffing resources. I fostered a strong, team oriented environment by assisting staff with the performance of care for patients with more complex needs. I interfaced with hospital units to facilitate the admission of patients and the submission of care orders to optimize healthcare results. I additionally offered discharge instructions for patients not requiring a longer hospital stay.

In this role, I was also able to successfully contribute to achievement of JCAHO departmental accreditation.

EXPERIENCE, CONT.

Staff Nurse: Intensive and Critical Care Units
January 2008 - January 2015 (7 years 1 month)
Princeton, New Jersey

As I transitioned back into Intensive and Critical care, I was an influential member of multidisciplinary care teams coordinating, providing, and overseeing tailored, therapeutic care plans for individuals with high acuity injuries or illnesses. I received and implemented physician's orders for pharmacologic and nonpharmacologic interventions and closely monitored hemodynamic and physiologic states for any abnormal changes. Any adverse reactions were promptly documented and recovered to ensure optimal continuity of care to prevent further complications.

As needed, I assumed the charge Nurse role in order to evaluate census, delegate staffing assignments, optimize patient flow, and resolve any care concerns or complaints to ensure a satisfying hospital experience.

Christ Hospital
Staff Nurse: Emergency Department
January 2007 - January 2014 (7 years 1 month)
Jersey City, New Jersey

This position afforded me the opportunity to provide emergency interventional care for patients across the lifespan with varied levels of acuity and life-threatening injuries or illnesses in the Emergency Department. I was

required to collaborate closely with multidisciplinary healthcare providers to ensure treatment efficacy to meet the changing needs of each patient. This position promoted growth in my ability to leverage interpersonal skills and communication, to multitask efficiently and to prioritize care needs in a prompt, professional manner. I facilitated the admission, discharge and transfer of patients on the basis of identified levels of care needed and ensured proper provision of instruction and resources for follow up care to support maximized recovery potential.

University of Medicine & Dentistry of New Jersey (UMDNJ)
Staff Nurse: ICU/ Trauma (2004-2008). Neurology department
(2001-2004)
2001 - 2008 (7 years)
Newark, New Jersey

In this, one of my earliest RN positions, I utilized the full scope of the nursing process to care for critically ill or injured and post-surgical patients on a combined ICU/Trauma unit. I collaborated with multi- and interdisciplinary clinicians to coordinate and deliver comprehensive care to effectively manage pain and diagnosed conditions towards the optimization of long term positive outcomes. I provided skilled bedside care including but not limited to preparation for surgical and radiological procedures, blood and blood product administration, and transfusion. Further, I am experienced in caring for CVVHD, liver transplant, and vented trauma patients. I take great pride and responsibility in closely monitoring my patients to ensure safety and treatment efficacy.

My most prided accomplishment in this role was my ability to contribute to successfully achieving JCAHO accreditation within the department.

SKILLS & EXPERTISE

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Acute Care
Critical Care
ICU, Trauma, ER Nursing
Medical Surgical/Telemetry
Admission and Discharge Planning
Ventilator Care and Management
Comprehensive Health Assessments
Phlebotomy and IV Therapy
Patient and Family Education
Individualized Care Planning
Charge Nursing
Preceptorship

Education

Walden University

Master of Science in Nursing, Adult Gerontology Acute Care Nurse
Practitioner · (2016 - 2019)

New Jersey City University

Bachelor of Science · (2015)

Felician University

Associate of Applied Science · (2001)

The College of New Jersey

Université Sidi Mohammed Ben Abdellah-Fès