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## Top Skills

State of California Registered Nurse  
- Active License

Critical Care Registered Nurse  
Certified (CCRN)

Trauma Nursing Course Certified  
(TNCC)

# Marlise Steward, SRNA

NURSE ANESTHESIA RESIDENT

San Francisco Bay Area

## Summary

Mission-focused, strategic, adaptable team player effective in building high performance cohesive teams. An avid-life learner, striving for the opportunity to grow. Determined individual with a diverse educational background and professional experience.

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## Experience

Samuel Merritt University  
Nurse Anesthesia Resident  
September 2019 - Present (11 months)

UC San Diego Health

3 years 1 month

ICU / CCU Registered Nurse  
March 2018 - August 2019 (1 year 6 months)

\*CODE NURSE / RAPID RESPONSE NURSE

Respond to Code Blue, Code STEMI, Code Stroke and Rapid Response calls; Provided staff education on Pacemakers, Precept new incoming nurses to the unit; Manage Pre-cardiac Transplants, Acute MI, Congestive Heart Failure, Stroke patients, Ventilators, Swan Ganz pulmonary arterial catheters, central venous catheters, arterial catheters, Pacemakers, Intra Aortic Balloon Pump (IABP), external ventriculostomy drainage systems (EVD), RotoProne, Continuous Renal Replacement Therapy (CRRT), Thermogard XP Temperature management system (Hypothermia Protocol Therapy) within a 13 bed unit.

Cardiothoracic Intensive Care Unit - Registered Nurse

March 2017 - March 2018 (1 year 1 month)

Greater San Diego Area

Manage patient care that involves Heart and Lung transplants, Pulmonary Thromboendarterectomy, Coronary Artery Bypass Grafting, Valve Repair, Transcatheter Aortic Valve Replacement, and Ventricular Assist Devices including Total Artificial Hearts, Stroke and Vascular Surgical patients, cardiac medicine population (ACS, CHF). Management of Ventricular Assist

Devices (VADS), Extracorporeal Membrane oxygenation (ECMO), Impella 2.5 & Impella 5.0, Swan Ganz pulmonary arterial catheters, central venous catheters, arterial catheters, Pacemakers with epicardial wires, Intra Aortic Balloon Pump (IABP), RotoProne, Continuous Renal Replacement Therapy (CRRT), and Artic Sun® temperature management system (Hypothermia Protocol Therapy) within a 24 bed unit.

#### Post Anesthesia Care Unit - Registered Nurse

August 2016 - February 2017 (7 months)

Greater San Diego Area

- Administer comprehensive care to patients recovering from general, spinal and/or MAC anesthesia. Provided direct quality care to patients undergoing a variety of scheduled and emergent surgeries ranging from General, Robotic, Neuro, Orthopedic, Breast, Plastic, Urologic, Gynecologic and Obstetrics.
- Perform airway assessment and management, cardiac and hemodynamic monitoring; Managed post-operative pain, surgical sites, hypothermia, nausea and vomiting; Effectively collaborate with the interdisciplinary team of physicians, CRNAs and nursing staff in early identification of acute changes in patient status; Provided education on pharmacological pain management administered through IV's, PCA pumps and epidurals.
- Educated client and responsible guardians of discharge instructions, including infection, post-operative complications, preventative measures, and medication administration.

#### Kaiser Permanente

4 years 3 months

#### Post Anesthesia Care Unit - Registered Nurse

March 2017 - August 2019 (2 years 6 months)

Greater San Diego Area

Recovered patients requiring general, spinal, local and/or MAC anesthesia for a variety of scheduled and emergent surgeries ranging from General, Robotic, Neuro, Orthopedic, Breast, Plastic, Urologic, Gynecologic, Obstetrics and Pediatrics; Perform airway assessment and management, cardiac and hemodynamic monitoring; Managed post-op pain, surgical sites, hypothermia, nausea, vomiting; Cardioversion, Prepared patients for discharge within a 30 bed unit.

#### Intensive Care Unit / Coronary Care Unit - Registered Nurse

June 2015 - March 2017 (1 year 10 months)

Greater San Diego Area

Promote and restore patients' health by completing the nursing process; collaborating with physicians and multidisciplinary team members; providing physical and psychological support to patients and families within a 24 bed critical care unit.

\* Employee of the Month: January 2016

### Marine Corps Community Services

Combat Fitness Specialist / High Intensity Tactical Trainer (H.I.T.T.)

November 2011 - August 2019 (7 years 10 months)

Implement and coordinate High Intensity Tactical Training (H.I.T.T.) program to enhance operational fitness levels, optimize combat readiness and resiliency, and enhance athleticism for The United States Marines.

- Assess physical abilities
- Develop safe and vigorous exercise regimens
- Teach proper biomechanics
- Provide nutritional support
- Evaluate progress
- Train large groups of military personnel (+125 Marines) per session.

Target tactical training to the specific needs of the Marine Corps, Navy and Coast Guard units stationed at the Recruit Depot.

### Paradise Valley Hospital

Intensive Care Unit / Coronary Care Unit - Registered Nurse

March 2012 - May 2016 (4 years 3 months)

National City

Provide quality care for patients in critical condition suffering from acute illness or trauma, implement and modify therapeutic and effective nursing interventions; assess complex psychomotor skills; safely administer all medications; clarify physician orders, delegate appropriate level work to staff members; consult with health care team members (e.g., dietitian, physical therapist); promote patient education, healing and family support.

Specifics: Managed care for patients suffering from septic shock, multi-system organ failure, post cardiac arrest (hypothermia induced coma) on titratable drips (vasopressors), acute kidney injury, rhabdomyolysis, acute/

chronic kidney failure requiring continuous renal replacement therapy (CRRT), GI bleeds, small/large bowel obstruction, acute/chronic respiratory failure/copd/pna (intubated patients), guillian barre syndrome, stroke, s/p evacuation of subdural hematomas with ventriculostomy, diabetes (DKA/HNNK), SIADH, DI, cardiomyopathy, s/p pacemaker insertion, Afib with rapid RVR, pt's requiring cardioversion, acute STEMI, non-STEMI, heparin drips, s/p cardiac cath, s/p PTCA, s/p femoral popliteal bypass grafts, management of hypertensive crisis on nitroprusside drip, malignant hypertension management with cardene drip, arrhythmias managed on amiodarone drip or diltizem drip, thyroid storm, liver cirrhosis, hepatic encephalopathy, alcohol withdrawals, collaborating with life sharing for organ procurement and end of life care.

### Air Methods

#### Flight Nurse

November 2015 - February 2016 (4 months)

Yuma, Arizona Area

Provides high quality nursing care including assessment, triage, and treatment utilizing standards and guidelines established by TriState CareFlight and Medical Director(s); Assesses the nature and extent of illness or injury to establish and prioritize the care needed for safe transport of the critical patient to the appropriate facility; Provide care for patients across the life-span; Responsible for carrying out the mission and goals of TriState CareFlight, assuring that safety remains the highest priority throughout the transport continuum.

### Reel Pro Media

#### Co-Founder, Director of Media Operations

February 2014 - February 2016 (2 years 1 month)

Greater San Diego Area

We are an innovative media production company offering pre to post production services to enhance your business by connecting your targeted audience to your company, products and services. We also offer a variety of media platforms of content delivery through via broadcast television, online, and mobile devices. We specialize in creating various media content geared toward corporate entities, infomercials, instructional videos and animation.

### Reel Property Marketing

#### Co-Fouder, Director of Media Operations

January 2014 - January 2016 (2 years 1 month)

Greater San Diego Area

Responsible for developing consumer-centric marketing strategies, brand management and identity.

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#### Strategy, Vision and Leadership

- Advise key members of senior management on financial planning, budgeting, cash flow, investment priorities and policy matters.
- Serve as the management liaison with external partnering affiliations.
- Contribute to the development of RPM's strategic goals and objectives as well as the overall management of the organization.
- Facilitate effective communication between internal departmental entities.
- Oversee, direct, and organize the work of the finance and operation supervisors.

#### Team Development

- Promote a culture of high performance and continuous improvement that values learning and a commitment to quality.
- Articulate shared goals and objectives.
- Enhance training and development for staff members.
- Establish and monitor staff performance and development goals, assign accountabilities, set objectives, establish priorities, conduct annual performance appraisals, and administer salary adjustments.
- Mentor staff using a supportive and collaborative approach, monitor and evaluate results.

#### Operations

- Upgrade and implement an appropriate system of policies, internal controls, accounting standards, and procedures.
- Plan, coordinate, and execute the annual budget process.
- Ensure that RPM is adhering to the strategic plan, delivering quarterly status reports.
- Provide analytical support to RPM internal management team.

- Clearly define standards and expectations at the individual, team, departmental, and organizational level.

## Fate Studios Global

Co-Owner / Operations Director

January 2013 - January 2015 (2 years 1 month)

greater san diego area

Responsible for daily operations of the company; conduct weekly meetings with department managers to continually evaluate the performance of multiple departments; use of strong decision-making, problem solving and time management skills to provide direction and support for workers at all levels; develop strategies to ensure attainment of quarterly goals; monitor and track the progress of all areas of the business through reviews of sales, production and financial reports; ensure spending falls within the company's overall plans and budget.

Oversee production for company departments: Media, Marketing, Management and Weddings

- Broadcast Media
- Corporate Media Coverage
- Commercial Real Estate
- Celebrity Behind The Scenes
- Advertisement Branding Campaigns
- Governmental and Private Sector
- Commercial Nightlife
- Community Empowerment
- Conceptual Films
- Live Events

Projects include but not limited to:

- NBC 7 San Diego \* 2 Time Emmy Award Winning Show - "Art Pulse"
- Discovery Channel's "TORQ Roadster" Electric Vehicle Launch Episode
- Global Growth Properties (GGP) Commercial for the Otay Ranch Shopping Center
- Asian Real Estate Association of America (AREAA) Convention Coverage
- Property Media for TriWest Real Estate and Keller William's Real Estate
- Scott Eblin's "Overworked and Overwhelmed: The Mindfulness Alternative" Book Launch

- Clever Talks Benefit Conference Media Coverage
- Kickstarter Marketing Campaigns (U Club, Passion Planner)
- Jimbo's Naturally! Grocery Store Marketing Video
- Universal Waste Recycling "Lights Out Disposal" Video
- Celebrity Behind-the-Scenes (Drake, Tyga, Keri Hilson and more)
- Fashion Shows and Fashion 5.0 magazine shoots for named celebrities such as
  - Victoria's Secret Model Alina Puscau
  - E! Network Host Ali Fedotowsky
  - Bravo TV's "Million Dollar Matchmaker" Patti Stanger
- San Diego Press Box "Day at the Del Mar Races"
- Exclusive Access and Coverage for San Diego Gaslamp Quarter Events (Mardigras)

## Diabetic Lifestyle

Co-Owner / Operations Director

October 2010 - October 2013 (3 years 1 month)

Greater San Diego Area

- Launched Diabetic Lifestyle Apparel in 2010, the first athletic apparel company tailor made for Type 1 Diabetes patients
- Formulated sustainable business plan through cost based analysis to properly forecast profits, cash flow, and product development
- Established relationships with influential for-profit and non-profit Diabetes organizations including: TCOYD, Insulindependence, and Gluco-Lift
- Performed brand marketing through community outreach and social media marketing.

Direct and coordinate business productivity, utilize financial data to improve profitability; manage shipping and inventory control; plan and implement promotions to support sales and marketing; provide quality customer service.

## 24 Hour Fitness Super Sport

Certified Personal Trainer

March 2010 - March 2012 (2 years 1 month)

Conduct physical and nutritional assessments, coordinate nutrition plans, develop client-specific fitness programs, evaluate goal attainment.

### Sunrise Senior Living

#### Care Manager

September 2007 - September 2008 (1 year 1 month)

Bonita, Ca

Performed essential duties outlined by the care plan, coordinated social activities, provided in home patient care and evaluated nutrition, lifted and transported injured patients, administered first aid, provided physical and emotional support to residents and family, encouraged independence among residents.

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## Education

### Grand Canyon University

Bachelor of Science (B.S.), Nursing Practice / Registered Nurse