

Contact

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(LinkedIn)

Eupraxia.us (Company)

Top Skills

Teamwork

Healthcare

Cpr Certified

Languages

Spanish

Certifications

HeartMath Certificate

Spinning Certification

RN License

Certification in Neurology

200-HR YTT Bali, Indonesia

Honors-Awards

Carl Appell Scholarship Award

Female Athlete Freshmen Athlete of the Year

NIU Cross Country MVP 2009-2012

WIAA Scholar Athlete

NIU Dean's List

Courtney Dawn Oldenburg

Oncology/Hospice Travel Nurse

Denver, Colorado

Summary

I am a self-determined individual who enjoys being challenged. I was able to graduate with my nursing degree in three and half years, along with participating in Division-1 athletics. I find satisfaction working in fast-paced environments and therefore I genuinely appreciate my career as a nursing professional. The ability to create and enhance human connections is my favorite part of my career. I have a particular passion for working with oncology and hospice patients.

Experience

AccentCare, Inc.

Hospice Nurse Case Manager

February 2020 - Present (6 months)

Boulder county

Caring and supporting patients and families through the transitional phase of end-of-life. Working closely with the interdisciplinary team to effectively maximize each patients unique individualized experience.

HealthONE

Travel Registered Nurse

June 2019 - Present (1 year 2 months)

Greater Denver Area

Float Registered Nurse to various HCA affiliated hospitals within the Denver Metro Area. This new role has challenged me to remain versatile while caring for a diverse group of patients. As a chemotherapy certified nurse, I specialize in supporting both patient and families through unexpected and stressful situations, and in delivering chemotherapeutic agents.

Self-Employed

Yoga Teacher

October 2018 - Present (1 year 10 months)

La Crosse, Wisconsin Area

In-home yoga instructor for those who desire one-on-one or small group yoga practice. Create an individualized class based on clients needs, including vinyasa flow, yin/restorative, and forest yoga. I believe mindfulness is the key to being present and living life to our fullest potential. My hope is to explore that with those I have the privilege to teach.

Medical Staffing Solutions, Inc.

Travel Registered Nurse

December 2017 - June 2019 (1 year 7 months)

Wausau, Wisconsin Area

Worked various contracts on both the Medical floor, as well as the Oncology unit at Marshfield Medical Center.

Independent:

Home Hospice Registered Nurse

August 2018 - September 2018 (2 months)

Greater Chicago Area

Caring for a middle-aged individual with a terminal cancer requiring end-of-life care. Collaborating with other hospice team members and family, in order to create the most individualized plan of care for her. Developed a physical therapy regiment, and implemented a daily schedule most appropriate to maximize the quality of life for my patient. Most importantly, supporting and comforting my patient and her family during this highly sensitive time.

Axis Medical Staffing, Inc.

2 years 7 months

Travel Registered Nurse

May 2017 - November 2017 (7 months)

La Crosse, Wisconsin Area

Working on a Short-Stay unit, caring for patients that tentatively have a one to two day hospital stay. Taking this opportunity to break away from my primary focus, oncology, to enhance my skills and to become more open to caring for other patient populations.

Travel Registered Nurse

May 2015 - May 2017 (2 years 1 month)

Denver, CO

Working on a Medical, Surgical, and Oncology unit. Specializing on the oncology wing, as this patient population is my favorite to care for. These patients inspire me to LIVE everyday.

Gundersen Health System

2 years 3 months

Team Charge Nurse

June 2014 - May 2015 (1 year)

As a Team Charge Nurse, it is my honor to act as an ambassador for Gundersen Lutheran, utilizing numerous resources throughout the system. As a leader of the team, it is my duty to enhance my ability to take on a variety of roles, including, Clinical Nurse Leader, Charge Nurse, and Clinical Manager responsibilities.

Staff Registered Nurse

March 2013 - May 2015 (2 years 3 months)

La Crosse, Wisconsin Area

Care for complex medical patients, as well as oncology and hospice patients. Collaborate with the patient, family, and multi-disciplinary team to produce the most suitable individualized plan of care. I have taken on multiple new roles at our hospital, including, a flex role position and Charge Nurse. As a WCSI Affiliated hospital, it is my goal to co-create authentic relationships with my patients. I feel privileged to work for Gundersen Lutheran Health System, a top 50 hospital in the country according to HealthGrades.

Eupraxia

Fitness instructor

April 2013 - May 2015 (2 years 2 months)

Instruct various strength-training classes to primarily middle-aged adults. This includes high intensity workouts, such as, kettlebells, body-weight workouts, kickboxing, Tabata, yoga, amongst others. This opportunity has allowed me to learn how to stay fit and healthy, as well as becoming more familiar with why it is so important to listen to your body. It has helped me appreciate my health, and preach it to those that desire change. I have also had the opportunity to create cardio and core focused workouts. I hope one day to open my own Eupraxia to encourage primary prevention strategies in an era of poor health. Our gym focuses and sets goals for healthier living through proper diet, exercise, and mental hygiene.

Pet Sitter

Dog Walker

March 2013 - May 2015 (2 years 3 months)

La Crosse, Wisconsin Area

Northern Illinois University

Student

August 2009 - December 2012 (3 years 5 months)

DeKalb, Illinois

Nursing Program

D-1 Cross Country and Track and Field Athlete

Lakeview Health Center

Certified Nursing Assistant/Support Service Aide

June 2007 - July 2011 (4 years 2 months)

West Salem, Wisconsin

Starting when I just 16 years old, I worked as both a CNA and Support Service Aide in a long-term care facility. Cared for residents on dementia and mental illness units. Provided holistic care and attended to hygiene needs of residents with numerous mental illnesses by assisting with ADLs. Effectively de-escalated situations with agitated residents and worked with the other staff personnel to accommodate to the residents needs. Other duties included one-on-one supervision of high-risk residents/monitored intake and output/and performed blood glucose testing.

Education

Northern Illinois University

Bachelor's degree, Nursing Science · (2009 - 2012)

Chippewa Valley Technical College

Pre-requisite., Microbiology course with lab. · (2011 - 2011)

University of Wisconsin-La Crosse

General ed./pre-requisite., Advanced Chemistry Class/Lab - College English · (2008 - 2009)

West Salem High School

Diploma., Science. · (2005 - 2009)