

## Contact

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## Top Skills

Nursing  
Healthcare  
Cardiology

## Languages

English

## Certifications

PALS  
ENPC  
PCCN  
TNCC

# Martha West

ICU RN at Holy Family Hospital  
Greater Boston

## Summary

Conscientious high energy, integrity driven nurse with strong cardiac clinical background and preceptor experience.

## Experience

Holy Family Hospital  
ICU RN  
June 2019 - Present (1 year 3 months)  
Methuen MA

Emerson Hospital  
Emergency Room RN  
May 2016 - Present (4 years 4 months)  
Concord, MA

Currently ensure quality emergency nursing care for a variety of medically and psychologically acute patients who present to the Emergency Dept.

Able to quickly triage and prioritize needs of patients and communicate with the charge nurse, physicians and techs to expedite exceptional medical care of patients.

Lowell General Hospital  
9 years 8 months

RN- Emergency Room  
January 2014 - July 2018 (4 years 7 months)  
Lowell MA

Ability to quickly judge patients conditions using emergency severity index and prioritize care of patients with a variety of systemic health challenges.

Ability to gain IV access quickly and administer IV medications for patients suffering from life threatening cardiac and vascular abnormalities, trauma and systemic medical emergencies.

Proper utilization of 50 bay emergency room facility to ensure all patients receive proper care consistent with medical needs.

Ability to collaborate and communicate well with staff during prolonged high energy and high census shifts and perform nursing tasks and treatments in a calm , confident and professional manner while focusing on accurate and expedient care following all emergency protocols.

#### Critical Care RN-Telemetry

December 2008 - January 2014 (5 years 2 months)

Lowell,MA

#### Intermediate Medical Care

Duties on this busy step down unit included working collaboratively with hospitalists, cardiology, pulmonology, neurology, GI and Infectious Disease physicians to achieve optimal patient care.

Vigilant monitoring of patients on telemetry monitors for life threatening arrhythmias and any subtle change in vital signs.

Careful titration of cardiac, anti coagulant and insulin drips as specified by LGH's IV grid guidelines.

Required to provide excellent nursing care to patients with a variety of cardiac,pulmonary and neurologic diagnoses including myocardial infarctions, cardiac dysrhythmias, angina, CHF,COPD, CVA, S/P pacemaker/AICD placement, s/p cardiac catheterization,s/p AAA repair and a variety of vascular bypass surgeries.

Accurate recording and reading of lab values and timely communication with physicians regarding abnormal values.

Possesses strong critical thinking skills which allow for proper prioritization and competent patient care.

Outstanding interpersonal and communication skills and proven ability to establish rapport with a wide diversity of patients and medical staff.

Acts as a preceptor to facilitate nursing education and competence to new nurses. Provides thorough medical education and compassion to patients and family regarding their current diagnoses.

Ability to work in tandem as charge nurse while maintaining own full assignment on the floor.

#### Lahey Hospital & Medical Center

#### Registered Nurse-CT Surgery

August 2007 - November 2009 (2 years 4 months)

6 East

RN on 30 bed cardio thoracic surgical telemetry floor.

### Bullock's Nursing Service

Registered Nurse/CNA

November 1997 - October 2009 (12 years)

Worked originally as home Health Aide in greater Concord area until gaining nursing License in 5/2007

### Oxford Global Resources

Account Representative

July 1993 - June 1998 (5 years)

Contract placement for temporary software and hardware engineers

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## Education

University of Massachusetts, Amherst

BS, Exercise Physiology · (1988 - 1991)

Middlesex Community College

ASN, Registered Nursing/Registered Nurse · (2003 - 2007)