

## Contact

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(LinkedIn)

## Top Skills

Certified Gerontology Nurse

BLS

Medical/Surgical

## Languages

Igbo

English

## Certifications

RUG Certification

NIHSS Stroke Certification

# Cynthia Nwokocha MSN, BSN, RN-BC

Travel Nurse at Protocol Agency

Richmond, Texas

## Experience

Healthtrust Workforce Solutions

Agency/Travel RN

March 2011 - Present (9 years 4 months)

Houston, Texas Area

Work at several HCA Hospitals that have a need for RN Staff to temporarily fill the various department needs for patient care. Work experiences include Behavioral health, General Medical-Surgical, Neuro Medical-Surgical, Geriatrics, Telemetry, IMU, and Rehab/Ortho. Worked as a Charge Nurse Promotes and restores patients' health by completing the nursing process; collaborating with physicians and multidisciplinary team members; providing physical and psychological support to patients, friends, and families; supervising assigned team members.

Protocol Agency

Travel Nurse

October 2018 - February 2019 (5 months)

Texas Select Staffing

Agency/Travel RN

August 2017 - February 2019 (1 year 7 months)

Texas

Anthem, Inc.

Nurse Case Manager II

February 2015 - April 2018 (3 years 3 months)

Houston, Texas Area

Responsible for performing care management within the scope of licensure for members with complex and chronic care needs by assessing, developing, implementing, coordinating, monitoring, and evaluating care plans designed to optimize member health care across the care continuum serving members enrolled in Texas Medicare-Medicaid (MMP) health plan. Perform duties telephonically or on-site such as at hospitals or client's homes for discharge

planning. Primary duties may include, but are not limited to: Ensuring member access to services appropriate to their health needs; Conduct assessments to identify individual needs and a specific care management plan to address objectives and goals as identified during assessment. Implement care plan by facilitating authorizations/referrals as appropriate within benefits structure, or through extra-contractual arrangements. Coordinate internal and external resources to meet identified needs. Monitor and evaluate effectiveness of the care management plan and modifies as necessary. Interface with Medical Directors and Physician Advisors on the development of care management treatment plans. Negotiate rates of reimbursement, as applicable. Assist in problem solving with providers, claims or service issues.

#### ProHealth Staffing

##### Agency/Travel RN

January 2018 - March 2018 (3 months)

Houston, Texas

#### MEDRelief Staffing and Compassionate Care by MEDRelief Staffing

##### Agency/Travel RN

July 2015 - November 2015 (5 months)

Houston, Texas Area

Work at several Hospitals that have a need for RN Staff to temporarily fill the various department needs for patient care. Work experiences include Behavioral Health, General Medical-Surgical, Neuro Medical-Surgical, Geriatrics, Telemetry, IMU, Rehab/Ortho, LTACH, and SNF. Promotes and restores patients' health by completing the nursing process; collaborating with physicians and multidisciplinary team members; providing physical and psychological support to patients, friends, and families; supervising assigned team members.

#### Allstar Home Health Agency

##### Director of Nursing

June 2010 - March 2015 (4 years 10 months)

League City, TX

Implement and supervise all patient care activities. Plan, organize and direct home care services with emphasis on community health education/experience. Complete an initial assessment of patient and family to determine home care needs. Provide a complete nursing assessment and history of current and previous disease conditions. Regularly re-evaluate patient nursing needs. Initiate the plan of care and makes necessary revisions as patient status and

needs change. Use health assessment data to determine nursing diagnosis. Develop a care plan which establishes goals, based on nursing diagnosis and incorporates therapeutic, preventive, and rehabilitative nursing actions. Includes the patient and the family in the planning process. Initiate appropriate preventive and rehabilitative nursing procedures. Administer medications and treatments as prescribed by the physician. Counsel the patient and family in meeting nursing and related needs. Provide health care instructions to the patient as appropriate per assessment and plan. Identify discharge planning needs as part of the care plan development and implements prior to discharge of the patient. Prepare clinical notes and updates the primary physician when necessary. Participate in the case conferences and Quality Assurance and Performance Improvements plans and processes. Assure compliance with and ensure timely follow up on daily external vendor clinical edits, outcome support, and coding edits.

#### Houston Methodist

##### Charge Nurse/ RN II

March 2013 - January 2015 (1 year 11 months)

Houston, TX

Worked in the acute and post-acute care settings which included Medical-Surgical, IMU, Cardiovascular, Skilled Nursing Facility, Rehab, Progressive/Palliative Care Units. Performed as a charge nurse and occasionally as a preceptor. Managed medical conditions of the patients we serve by providing education on the conditions being treated, and the medication management. Perform Assessments, Medication administration, Teaching, Initiate Care plan, and Discharge Planning.

#### Garden Terrace of Houston

##### Charge Nurse/RN

July 2010 - May 2012 (1 year 11 months)

Houston, TX

Worked as a Charge Nurse in a skilled Nursing Facility providing care to those ranging from the young adults to the elderly requiring skilled nursing services, Alzheimer's disease/Dementia Care, respite care, hospice rehabilitation services, wound care management, and long-term care. Perform Assessments, Initiate Care Plan, Discharge Planning, Medication Administration (IV, PO, injections, enteral, etc.)

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## Education

Walden University

Doctor of Nursing Practice , Nursing Practice · (2018 - 2021)

Walden University

Master of Science (M.S.), Adult/Gerontology Primary Care NP · (2012 - 2018)

University of Phoenix

Master of Business Administration (M.B.A.), Health/Health Care  
Administration/Management · (2015 - 2016)

University of Texas Medical Branch

Bachelor of Science (B.S.), Nursing · (2007 - 2010)

San Jacinto College

Associates of Arts, General Studies · (2005 - 2007)