

## Contact

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## Top Skills

Team Building

Healthcare Information Technology

Healthcare Management

## Languages

Greek

## Certifications

Clinical Nurse Specialist

California Nursing License

# Antonia (Nia) Lendaris, MSN, CNS, RN

Chief Nursing Officer (CNO) | Healthcare Executive | Patient Care  
San Francisco Bay Area

## Summary

I am a goal-oriented and versatile Healthcare Executive with a proven aptitude in working with and leading cross-functional and multi-location teams, communicating with all levels of management and key stakeholders, and directing all aspects of job functionalities.

As a visionary and focused producer, I enhance operations for continued improvement in patient care to meet short- and long-term program growth objectives.

Extensive experience in:

Patient Care

Physician/Employee Relations

Budget Management

Program Development

Provider Satisfaction

Technology Implementations

Community Relations

Training and Development

Nursing Care

Regulatory Compliance

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## Experience

Chinese Hospital

Chief Nursing and Operations Officer

November 2019 - Present (9 months)

Adventist Health

34 years

Regional Vice President of Patient Care, Chief Nursing Executive  
2011 - 2019 (8 years)

#### St. Helena and Vallejo, California

Spearheaded all patient care over two facilities 35 miles apart. Oversaw all nursing units as well as perioperative surgical services, emergency services, cancer center, cardiac cath lab, medical imaging, pharmacy, clinical lab, rehabilitation services, respiratory services, cardiology, and clinical informatics. Participated in strategy planning for growth and new service lines.

Contributed to medical staff meetings, bioethics, and investigational review board. Worked closely with CEO to hire intensivist program for high-acuity ICU. Directed and spearheaded care redesign projects for sepsis and breast health.

#### Director of Patient Experience and Cardiovascular Service Line 2009 - 2011 (2 years)

St. Helena, California

Initiated hospital-wide patient experience program and directed interdisciplinary team to commence patient experience initiatives. Oversaw database of American College of Cardiology ICD and PCI. Directed database of Society of Thoracic Surgeons, abstracted and interpreted data, identified opportunities to improve patient care and initiate evidence-based improvements, and improved outcomes in renal failure rate and mortality rate.

Coordinated weekly cardiac catheterization conference with interdisciplinary cardiac physician team. Led primary stroke program. Mapped orthopedic experience touch points and implemented patient-centered experience in orthopedic service line.

#### Cardiovascular Service Line Manager 2005 - 2010 (5 years)

St. Helena, California

#### Director of Cardiovascular Rehabilitation 1997 - 2005 (8 years)

St. Helena, California

#### Staff Educator 1985 - 2005 (20 years)

St. Helena, California

#### Queen of the Valley Medical Center Cardiac Rehabilitation Staff Nurse and Nursing Educator 1991 - 1997 (6 years)

Napa, California

Sharp HealthCare  
Staff Nurse Cardiac Unit  
1982 - 1984 (2 years)  
San Diego, California

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## Education

University of California, San Francisco  
MS, Cardiovascular Clinical Nursing

University of San Francisco  
BSN, Nursing