

Contact

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Top Skills

Healthcare Management

Leadership

Mental Health

Languages

English (Native or Bilingual)

Spanish (Native or Bilingual)

Nadia Garcia

Director of Nursing
Houston, Texas Area

Experience

St. Joseph Medical Center
Nurse Manager II
September 2016 - Present (3 years 9 months)
Houston, Texas

HCA
Director Of Nursing
June 2014 - May 2016 (2 years)
Houston, Texas Area

HCA Healthcare
RN Nurse Manager Behavioral Health Department
January 2013 - April 2014 (1 year 4 months)
West Houston Medical Center

American Neuro-Psychiatric Network, Inc.
RN Charge Nurse
May 2007 - March 2013 (5 years 11 months)
Newport Beach, California

- Registered Nurse/ Charge / Newport Bay Hospital - Acute psychiatric facility. Newport Beach CA.

- # Responsibilities include assessing mental health needs, administering and monitoring treatment regimens and helping patients improve their coping abilities

- # Handle crisis intervention and counseling, and work with patient's families to help improve the patient's abilities.

- # Motivate staff in delivering effective and high quality care patient teaching.

- # Supervise staff that includes skilled CAN's and LPN's.

- # Determine patient care assignments in accordance with patient's requirements

- # Manage medical/psychiatric complications exercising strong observation, assessment and intervention skills.