

Contact

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Top Skills

Critical Care

Starting New Career LNC

Legal Nurse Consulting

Languages

English

Portuguese (Limited Working)

Certifications

Adult Critical Care Registered Nurse
- CCRN

Nancy Amaral

Nurse Consultant / Testifying Expert Witness / Cases for Merit Both Plaintiff and Defense / Medical Chronologies for Merit
Vero Beach, Florida

Summary

Nurse Consultant

A skilled and highly trained healthcare professional with 30 years of experience and proven ability to provide quality, evidence-based patient care within a dynamic and high-pressure environments. Well prepared to transition extensive experience and education to providing services as Nurse Consultant and ensuring proper application of medical standards of care. Possess expert knowledge of medical record and document interpretation as well as tenacious research skills.

My goal has always been to plan, assess, analysis, implement, evaluate and monitor patients by maintaining Standards of Care. Providing high quality of care to both patients and family members by using an interdisciplinary team approach. Utilizing my critical care knowledge, experience, and nursing skills to enhance positive patient outcomes. Maintaining appropriate nursing documentation for patient medical records using JACHO standard is a must. Interpreting handwritten and computer generated medical records is part of my expertise. Researching medical records and educating non-medical professionals is exciting. A finished work product that provides assistance in any realm of the healthcare/legal model is my ultimate goal. By concurrently studying to obtain certificates in paralegal studies, risk management for health care workers, project management for health care workers and case management for health care workers, my acquisition of knowledge can only make the work product more successful for my peers & the legal team as a whole.

Oral/Written Communication

Medical Record Review for Merit/Comprehensive Chronology

Organization/Analytical Skills/Tenacious Researcher

Complex Problem Solving

HIPAA Compliance

Goal & Detail Oriented

Medical Consultation
Interpersonal Skills
Strong Moral Standards
MS Word
MS PowerPoint
MS Outlook
MS Excel

Experience

Cleveland Clinic Indian River Hospital

9 years 6 months

ICU, CCA, SICU, MICU, CVICU, Charge RN, Rapid Response Team,
NIH Stroke Alert Team

February 2011 - Present (9 years 6 months)

Vero Beach, FL USA

SICU / MICU - Cardiovascular SICU - Neuro ICU - CCA RN, Resource-
Charge RN, Nursing Supervisor

February 2011 - Present (9 years 6 months)

Vero Beach, Florida

Provide reliable medical, behavioral, and emotional support to County's sole comprehensive cardiovascular program. Consistently ensure cardiovascular improvement postoperatively by adhering to policy and procedures, reviewing medical records, anticipating clinical problems, and offering comfort and reassurance to patients and families. Swiftly attend critical or emergent cardiovascular compromised patients with severe co-morbidities. Administer life-sustaining intravenous medications and other treatments. Meticulously care for patients with pacemakers, post thoracic surgical patients, and respiratory failure patients requiring ventilation support. Collaborate with fellow nurses and Cardiovascular Surgical Team to provide highest standards of care.

- Code Team, NIH Stroke Alert Team and Rapid Response Team, Expert of IABP, Impella, Vigileo, Licox, CRRT, chest tubes, and ventilators, CPAP, BIPAP, NIH Stroke Certified
- Provide training to step-down nurses on procedures after patients leave critical care.

-ICE. IMPELLA Certified Expert

- Recovering immediate Cardiovascular Surgical patients (by pass, valve replacement, aneurysms) striving for optimal cardiac output and recovery
- Hemodynamic monitoring w/ Swan Ganz Catheter - SV02 management-interpretation
- Advanced EKG interpretation
- Arterial & Venous Sheath care and removal (assess pseudoaneurysms) post op cardiac catheterization
- Impella / ICE-superuser
- IABP superuser
- CRRT Prisma - superuser
- Mixing/Administering IV medications-ACLS guidelines
- Therapeutic Temperature Management Protocol, Ventric Drains, Burr Holes (care and management)
- Ventilator management w/team approach from R.T. department implementing appropriate changes secondary to interpretation of ABGs
- Immediate care of surgical patient (neuro/abdominal/endovascular/thoracic)
- Epidurals/OnQ pain balls/dialysis catheters of all types/NGT/PEGs/PICCs/TLCLs

Independent

Testifying Expert Witness and Reviews for Merit / Opine on the Standard of Care

September 2016 - Present (3 years 11 months)

Vero Beach, FL USA

My goal is to create a working professional relationship with you and your legal team for successful outcomes for your client.

St. Mary's Medical Center

Trauma (Level 1) ICU, Neurological ICU, Medical/Surgical ICU RN

August 2008 - February 2011 (2 years 7 months)

West Palm Beach, Florida

Provided expert care in Trauma (Level 1), ICU, Neurological ICU, and Medical/Surgical ICU. Offered total and complete care to patients with multi-system, life-threatening traumatic injuries, sepsis, and organ failure using advanced technology, equipment, and nursing practices. Provided compassionate end of life education to families regarding patient demise and organ donation. Code Team and Rapid Response team member. Exceptional treatment of compromised patients with cerebral vascular insult, endovascular procedures, brain and spinal cord injuries, surgical interventions, and loss of limb or

traumatic insult. Provided educational in-services on cardiac compromised and kidney failure patients.

- Successfully aided multiple patients as liaison with Poison Control Centers.
- Acted as liaison for referrals to Life Alliance Organ Donation Center
- Developed expert skills with bedside intracerebral pressure drains, RotoRest, hypothermia protocol, ventriculostomy drains, NIH stroke scale, and Glasgow Coma Scale. ICP (Intra-Cerebral Pressure), CPP (Cerebral Perfusion Pressure)

-Immediate care recovery from surgery (ie: Craniotomy/Aneurysm Coiling/Trauma-any body part)

Palm Beach Gardens Medical Center
Cardiac ICU, Medical/Surgical ICU RN
June 2006 - August 2008 (2 years 3 months)
Palm Beach Gardens FL

Skillfully monitored, assessed, and implemented applicable critical care skills in Medical/Surgical ICU and in Cardiovascular ICU. Gained valuable nursing experience caring for abdominal surgical patients with extreme complications, cardiovascular surgical patients, carotid endarterectomy patients, post cardiac catheterization patients, and patients suffering from alcohol/toxic substance abuse, over-dose and detoxification. Applied expert knowledge in helping patients to recover from triple aneurysm repairs, peripheral vascular insults/injuries, and invasive and non-invasive airway management.

- Specialized in CPAP, BiPAP, CRRT, and hypothermia protocols.

-Patient census consisted of s/p code, sepsis, neurological dx, medical-surgical dx, cardiovascular surgery and insults

St. Luke's Hospital
Cardiac ICU, Neurological ICU, Medical/Surgical ICU, Cardiac Rehab, Stroke Rehab RN
June 1989 - June 2006 (17 years 1 month)
New Bedford, Ma.

Developed exceptional nursing skills in Cardiac Care ICU, Medical/Surgical ICU, Neurological ICU, Cardiac Rehabilitation, Stroke Rehabilitation, and Progress Care Unit. Assistant Manager-Education-Resource Charge RN.

Significantly contributed to the success of hospital as committee representative for Quality Improvement, Quality Assurance, Peer-Review, Ethics, Nursing Documentation, Med-Exec, Shared Governance, Procedure & Policy, and Safety Compliance. Completed chart audits for all critical care floors. Involved in Professional Ladder Program from 1990 to 2006. Planned and delivered educational lectures to other disciplinary team members in regard to acute diagnosis for better patient outcome. Conducted evaluations in hiring process for nurse graduates and acted as preceptor in nurse graduate preceptorship program. Management for 8-16 nurses and 12-24 beds. Developed staff scheduling based on acuity versus census. Participated in JCAHO surveys and audits

- Coordinated with instructors at Southeastern Massachusetts University to place nursing students with experienced RN for clinical practicals.
- Managed Central Supply and maintained budget.

-Professional Ladder Program

-Community fairs regarding health/welfare/healthy heart information

-Transferring critical care pt to higher acuity level hospital (EMTALA)

-Accompanying pt to out of hospital MRI (earlier in career)

-Education for pt families regarding End-Of-Life decisions (Floor representative w/Social Services)

-Representative for Organ Donation (liaison for families-nurse-organ donation representative)

Physicians' Home Care

Case Manager RN

April 2002 - August 2005 (3 years 5 months)

New Bedford, Ma.

Conducted daily visits to home bound patients per Medicare/Medicaid guidelines. Case manager with responsibilities of transitioning in-hospital patients into home-care within the community. Monitored, assessed and implemented necessary changes to patient planned care. Strictly complied with Medicare/Medicaid guidelines to accurately conduct nursing chart audits. Participated in Interdisciplinary Team meetings regarding case-load, patient needs, family needs, and durable medical equipment needs. Applied knowledge and skills in wound assessment and care.

- Provided excellent nursing supervision of Certified Nursing Assistants in patient homes.
- Successfully informed, taught and cautioned patients and families about their medications.

-Nursing Chart Audits

Education

Southeast Massachusetts University

Bachelors of Sceince Nursing, Registered Nursing/Registered Nurse · (1985 - 1989)

American Association of Legal Nurse Consulting

Completion AALNC online, Legal Nurse Consultant · (2016 - 2016)

SEAK-NATIONAL EXPERT WITNESS CONFERENCE

Legal Nurse Consultant · (2017 - 2017)

University of Massachusetts Dartmouth

Bachelor of Science Degree Nursing, Registered Nursing/Registered Nurse · (1985 - 1989)

Abiomed

ICE Certification. Impella Clinical Expert Program, IMPELLA-Left/Right Ventricular Assistie Device · (2017)