

Contact

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Top Skills

Healthcare

Nursing

Hospitals

Languages

English (Full Professional)

Spanish (Limited Working)

Filipino (Native or Bilingual)

Certifications

Family Nurse Practitioner (FNP)

Arvin Garcia

MSN, NP-C, CEN

Houston, Texas Area

Experience

iHealth Clinics

Family Nurse Practitioner

June 2020 - Present (1 month)

Katy, Texas, United States

- Provides care to patients ages 18 years old and up with various medical problems.
- Prescribing medications, referrals, and consults to cater the needs of patients seen in the clinic.
- Conducts visits in homes, group homes, and nursing facilities to address concerns and need for medical attention.
- Coordinates with the various members of the health care team to provide continuing care to both clinic patients and home patients.
- Performs simple procedures like suturing and wound care.
- Interprets laboratory results including blood work and urine tests, and manages acute and chronic problems.
- Interprets diagnostic tests like Xrays, CT scans, ultrasounds, and electrocardiograms and refer to specialists as needed.

Frontline ER 24 hour emergency care

Emergency Room Nurse

February 2020 - June 2020 (5 months)

Richmond Texas

- Provides care to all patients across the lifespan including pediatric, adult, geriatric populations
- Providing wound care and splinting procedures
- Quickly assess patients with high acuity levels, such as strokes, STEMIs, and sepsis patients and refer accordingly
- Facilitates quick transfers to inpatient hospital units
- Coordinating with different members of the health care team regarding patient care
- Performing lab specimen and diagnostic testing including blood work, urinalysis, and electrocardiograms.

Methodist West

Emergency Room Nurse

April 2018 - June 2020 (2 years 3 months)

Houston Texas

- Provides care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly
- Administers medication, cleaning lacerations, taking blood work, foley catheter insertions, inserting peripheral IV's and assisting physicians in the emergency room setting.
- Analyzes client ABGs, CBC/metabolic profiles, radiological results, and EKG readings.
- Trained in ultrasound guided IV insertions
- Assist in high acuity cases like code strokes, STEMIs, and conscious sedations.

Ben Taub General Hospital

Emergency Nurse Clinician II

December 2016 - April 2018 (1 year 5 months)

Houston Texas

- Assists in the care of multiple traumas, cardiac arrests, stroke codes, sexual assaults and conscious sedations
- Provides care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly
- Independently maintains safe and effective care to patients with different acuity levels in a time-restricted and demanding environment
- Closely monitors E.R. patients, and alerts Physicians/Charge nurses with any changes in patient status.
- Administers medication, cleaning lacerations, taking blood work, foley catheter insertions, inserting peripheral IV's and assisting physicians in and out of the emergency room along with many other tasks related to their field.
- Analyzed client ABGs, CBC/metabolic profiles, radiological results, and EKG readings.

SPANISH MEADOWS OF KATY LTD

4 years 7 months

Nurse Supervisor

November 2014 - November 2016 (2 years 1 month)

Katy Texas

Nursing Supervisor - 11/2014-11/2016

- Serves as the primary safety net five days per week for any events occurring during the shift that require the immediate attention of facility management.

- Guarantees that the facility is always operating with the appropriate staffing levels, during the shift.
- Communicates with Unit Manager regarding pertinent issues related to each unit (Example: falls, infections, negative outcomes, change in condition, per occurrence events, complaints, etc.).
- Evaluates, directly supervises, and writes performance plans for designated staff on assigned shift and communicates with department managers as indicated.
- Conducts on-the-job training as necessary and coordinates workflow to best suit the needs of the residents.
- Facilitates admissions and discharges during the shift.
- Acts as a resource for nursing staff. Attends licensed staff meetings and monthly management meetings.
- Monitors and ensures that incident reports are completed and reported per policy and procedure.

Charge Nurse

November 2012 - October 2014 (2 years)

Katy Texas

- Performs daily patient assessment and notify MD/NP/Family of any significant change.
- Carries out physician's orders and follow up with departments concerned.
- Administers medications and treatments
- Supervises and monitors Respiratory Therapists, LVN and CNA duties
- Monitors skin risks, breakdowns, and treatment outcomes.
- Updates care plans based on physician's orders received.
- Updates Dietitian, Occupation, Physical, Speech therapists on patient health status.
- Conducts Patient/family education on health-related topics and updates.
- Documents all health procedures done and updates patient's chart every shift.

Wound Care Nurse

May 2012 - October 2012 (6 months)

Katy Texas

- Responsible for wound management for varieties of wounds
- Provide direct, and in-direct clinical services to patients
- Ensure safety of patients and self while treating wounds
- Maintain compliance with applicable laws for patient care
- Assess and treat wounds using scientific principles
- Monitor the wound healing process and change medications

- Clean wounds and apply bandages to control infection
- Prepare and provide teaching materials to patients and their relatives
- Notify doctors after witnessing new skin condition problems

Education

United States University

Masters of Science in Nursing, Family Nurse Practitioner · (2018 - 2019)

Lyceum - St. Cabrini College of Allied Medicine

Bachelors, Nursing · (2005 - 2010)