

## Contact

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# Neika Smith

Psychiatric Nurse Practitioner at NapheCare  
Stone Mountain, Georgia

## Summary

My objective is to find a part-time or full-time psychiatric/mental health nurse practitioner position within your company, so that I may be a productive part of our society. I feel that I am a great candidate for this position as I possess the skills, education, and the life experiences that will help me succeed in this field and in your company. I am a very well-versed, creative, production oriented, outgoing person that is equally comfortable working independently or as part of a team.

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## Experience

### NapheCare

Psychiatric Nurse Practitioner

July 2020 - Present (1 month)

Lawrenceville, Georgia, United States

### CorrectHealth

Psychiatric Nurse Practitioner

October 2018 - Present (1 year 10 months)

Under the direct clinical supervision of physician: Stephen Kissinger, MD

- Perform psychiatric intake and follow up assessments as well as helped develop a working diagnosis according to DSM-5 criteria on new and returning patients/inmates while incarcerated
- Formulate/manage treatment plans which included detox protocols, initiating 1013 to state hospitals and providing education regarding health promotion, medications, substance use disorders, crisis hotline and counseling
- Management of medications & side effects.
- Apply measurement assessment tools.

### University of Alabama at Birmingham

3 years 11 months

Psychiatric Registered Nurse

January 2016 - September 2018 (2 years 9 months)

Birmingham, Alabama

- Identified patient care requirements by establishing personal rapport with potential and actual patients and other persons able to understand care requirements.
- Established a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Promoted patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills; answering questions.
- Assured quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments; following hospital and nursing division's philosophies and standards of care set by state board of nursing, state nurse practice act, and other governing agency regulations.

#### Patient Care Technician- Adolescent Psychiatry

November 2014 - February 2016 (1 year 4 months)

Birmingham, Alabama

- Assisted in providing direct patient care to adolescents with behavioral or mental illness
- Obtained and recording vitals, weight, inputs and outputs, checking and documenting every 15 minutes on patient rounds
- Drew blood, performing ECG
- Conducted educational and therapeutic activities
- Demonstrated an awareness of patient and personal safety

#### Birmingham Veteran Administration Medical Center

Psychiatric Mental Health Nurse Practitioner Student

August 2017 - August 2018 (1 year 1 month)

Birmingham, Alabama

Under the direct clinical supervision of physician: Amanda Davis, MSN, PMHNP-BC

- Rounded in an outpatient mental health clinic where most patients are seen for PTSD, mood d/o, anxiety d/o, substance use d/o, and psychotic d/o
- Performed psychiatric intake and follow up assessments as well as helped develop a working diagnosis according to DSM-5 criteria on new and returning patients
- Formulated/managed treatment plans while Providing education regarding health promotion, medications, gun control, substance use d/o, crisis hotline and counseling (individualized and family)
- Medication management.

- Applied measurement assessment tools such PHQ-9, GAD-7, AIMS, MMSE, AUDIT-C

### Children's of Alabama Hospital Ireland Center Inpatient Psychiatry Psychiatric Mental Health Nurse Practitioner Student

June 2018 - July 2018 (2 months)

Birmingham, Alabama

Children's of Alabama Hospital Ireland Center Inpatient Psychiatry (June 2018 – July 2018): 80 hours

Under the direct clinical supervision of physician: Tolulope Aduroja, MD

- Round on an inpatient child and adolescent psychiatric unit where most patients are seen for mood d/o, anxiety d/o, ASD, eating d/o, substance use d/o, psychotic d/o, and PTSD
- Perform psychiatric intake and follow up assessments as well as helped develop a working diagnosis according to DSM-5 criteria on new and returning patients
- Call/interview the patient's guardians to discuss care and treatment options for minors
- Formulate/manage treatment plans while providing education regarding health promotion, medications, substance use d/o, crisis hotline and counseling (individualized)
- Management of medications
- Apply measurement assessment tools such PHQ-9, GAD-7, Columbia Suicide Risk Severity Scale, MMSE, AUDIT-C, ADR-I

### Children's of Alabama

#### Emergency Room Registered Nurse

April 2016 - July 2018 (2 years 4 months)

Birmingham, Alabama

- Worked as part of a team with physicians, other nurses and healthcare professionals to provide care, as well as detected changes in symptoms, health or pain, and needing to know when action is necessary for patients/families that come into the emergency department.
- Administered medicine, used medical equipment, performed minor medical operations, and advising patients and their families on illness, care and continued care.

### St. Vincent's Health System

#### Psychiatric Registered Nurse

February 2016 - January 2017 (1 year)

Birmingham, Alabama

- Performed initial and on-going bio-psychosocial assessments according to accepted standards of nursing practice. Develops a nursing plan of care consistent with the master treatment plan.
- Participated in treatment team conferences to assist in planning and revising goals, objectives, and interventions appropriate to the age-related and problem-specific needs of each patient.
- Implemented nursing plan of care for assigned patients and conducts and/or co-leads group therapy sessions for patients.
- Evaluated patient's response to interventions and revises nursing plan of care as needed. Collaborates with the treatment team to revise goals, objectives, and interventions appropriate to the changes in patient status.

Brookwood Baptist Health- Shelby

Psychiatric Technician I

July 2014 - May 2015 (11 months)

Alabaster, Alabama

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## Education

University of Alabama at Birmingham

Master of Science - MS, Psychiatric/Mental Health Nurse/

Nursing · (2016 - 2018)

University of Alabama at Birmingham

BSN Equivalent, Registered Nursing/Registered Nurse · (2013 - 2015)

Tuskegee University

Bachelor of Arts - BA, Psychology · (2006 - 2011)