

## Contact

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## Top Skills

Critical Care Nursing  
Medical Legal Consulting  
Nursing Standards of Care

## Certifications

Pediatric Advanced Life Support (PALS)  
Surgical Critical Care Certification  
Basic Life Support for Healthcare Providers (BLS)  
Trauma Nursing Core Course

## Honors-Awards

Two time Daisy Award nominee

# McBride Trulisa

BSN, RN, CCRN, CSC Independent Legal Nurse Consultant  
Tracy, California

## Summary

Experienced Cardiothoracic Intensive Care Nurse with a demonstrated history of working in the healthcare industry. I am known and respected as an influential leader and collaborator who guides clinical team members to document all treatments and interventions with attention and precision. I am passionate about building and maintaining lasting relationships throughout the healthcare industry to drive company objectives using a people-focused approach. I have established a reputation as a skilled communicator and collaborative out-of-the-box thinker who works to maximize productivity, efficiency, and efficacy of patient care. I have a proven track record of applying in-depth knowledge of state and federal medical laws and regulations to improve policies, procedures, and staff performance. With 15 years of progressive experience and dedication to improving quality and continuity of care, I will assuredly make a positive impact on medical-legal operations for an industry leader.

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## Experience

### Stanford Health Care

3 years 2 months

#### Cardio-thoracic Critical Care Registered Nurse II

October 2016 - November 2019 (3 years 2 months)

Palo Alto, California

- Treated and monitored immediate post-op patients with multiple cardiovascular and pulmonary comorbidities and life-threatening diseases, directing care using the nursing process, care plans, standards of care, and physician orders.
- Optimized patient care by administering and titrating vasoactive medications in accordance with hemodynamic readings, as well as explaining medical concepts, procedures, and treatments to patients and families.
- Directly interacted with and cared for patients with IABP, ECMO, CRRT, and numerous other life sustaining devices.

- Consistently demonstrated comprehensive medical knowledge and critical thinking expertise to manage complex cases involving hemodynamically unstable and critical ill patients.
- Recovered and cared for patients following serious procedures: heart/lung transplants, coronary artery bypass grafts, Tirone David procedures, aortic/mitral valve replacements, thoracoabdominal aortic aneurysm repairs.
- Strictly complied with clinical policies, accreditation standards, and reimbursement guidelines while evaluating and accurately documenting patient care and interventions delivered.
- Delegated tasks to colleagues and regularly followed up to ensure precise execution and appropriate outcome.

#### Critical Care RN

October 2016 - March 2017 (6 months)

#### Doctor Medical Center, Modesto, CA

Cardio-thoracic/Surgical/Trauma Intensive Care Registered Clinical Nurse III

December 2010 - October 2016 (5 years 11 months)

Modesto, California Area

- Recovered and cared for patients following cardiovascular and thoracic surgeries, such as CABG, AVR/MVR, and thoracotomies with &/or without IABP.
- Administered, titrated, and evaluated patients' responses to IV medications, including dopamine, dobutamine, norepinephrine, vasopressin, and epinephrine.
- Monitored and implemented treatment plans for hemodynamically stable and unstable, using invasive catheters such as Swan-Ganz and assisting medical practitioners with inserting invasive lines.
- Knowledgeably served a diverse patient care population that included ages spanning late teens to geriatrics and experiencing multi-system issues, such as renal, cardiovascular, neurological, and multi-system organ failure.
- Promptly recognized, reported, and treated life threatening arrhythmias, lab values, hemodynamic instability in patients requiring ventilator support, CRRT, roto prone bed, hypothermia protocol, and Trauma Level I patients.
- Successfully precepted new graduate nurses, oncoming staff, and traveling nurses to improve team collaboration and efficacy of patient treatments.
- Implemented and continuously evaluated care plans, coordinating with physicians, specialists, and nurse colleagues to update and optimize plans of care.

Relief Charge Nurse, Clinical Level III: December 2010 – 2016

- Critically evaluated patients and assigned them to nursing staff based on acuity, competency, experience, and skills, effectively managing patient flow and ensuring quality of care.
- Led nurses to strictly follow department-specific guidelines and hospital policies while caring for patients and documenting activities, utilizing the chain of command if initial, clinical, or safety issues remain unresolved.
- Established performance expectations, offered support and resources that enabled staff to meet targets, and conducted real-time productivity assessments and audited charts during shifts to maximize efficiency.

### Baptist Memorial Hosp Memphis

Cardio-thoracic Intensive Critical Care Registered Nurse

December 2004 - July 2010 (5 years 8 months)

Memphis.TN

Staff Nurse, Specialty Float Pool (CVICU, ICU, ICUSD, PACU, Pre-Op, Outpatient)

- Performed advanced cardiac monitoring for acute and chronically ill patients in the Cardiothoracic ICU.
- Prepared patients for CABG, heart catheterizations, cardiac interventions, thoracotomies, and other procedures and assisted in their recoveries, effectively responding in emergency situations when required.
- Initiated and maintained intravenous lines and administered medications while instructing patients, families, and caregivers on indications for use.
- Competently served in six different departments, providing attentive care to patients with a wide range of diagnoses and illnesses during staff shortages.
- Supported patient recovery in the Post-Anesthesia Care Unit following c-section deliveries and other gynecological procedures, monitoring IV magnesium and Pitocin to optimize comfort and efficacy.
- Prepared, screened, and educated patients prior to surgery and evaluated post-anesthesia patients for signs of readiness to return home, admitting them under inpatient status if necessary.

### Fast Staff Nursing Agency

Cardio-thoracic/ Surgical Critical Care Registered Nurse

May 2008 - June 2010 (2 years 2 months)

San Francisco Bay Area

Travel Nurse (Short-Term Assignment)

- Facilitated the opening of new Cardiothoracic ICUs at RNS Incorporated-Valley Care Hospital (Pleasanton, CA) and Washington Hospital (Fremont, CA).
- Recovered immediate post-operative cardiothoracic patients, administering excellent and attentive care to optimize and shorten their recovery periods.

Methodist University Healthcare  
Emergency Department Registered Nurse  
October 2006 - March 2007 (6 months)  
Greater Memphis Area

- Delivered emergent and non-emergent care to patients experiencing diverse symptoms, performing full-body assessments to establish a baseline for normal functioning and reporting significant abnormalities to practitioner.
- Obtained and monitored diagnostic lab results, utilizing information to correct and prevent future complications through maintenance of adequate electrolyte balance.
- Prepared patients for and accompanied them to ordered procedures, providing comfort and compassionate care.
- Promoted healing and prevention by educating patients on overall health and specific diseases, increasing the efficacy of prescribed treatments exponentially.

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## Education

Baptist College of Health Sciences  
Bachelor's of Science in Nursing, Registered Nursing/Registered Nurse · (2003 - 2005)

Mississippi County Community College  
Associate of Arts - AA, General Studies · (2000 - 2002)