

Contact

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Top Skills

Nursing
Hospitals
BLS

Certifications

CCRN

Cynthia McCreight

Nurse, CCRN | Pilates Trainer
New York

Summary

Experienced Registered Nurse with a demonstrated history of working in the hospital & health care industry. Skilled in Nursing Education, Strategic Planning, Cardiopulmonary Resuscitation (CPR), Intensive Care, and Advanced Cardiac Life Support (ACLS). Strong healthcare services professional with a Bachelor of Science (B.S.) focused in Registered Nursing/Registered Nurse from Stony Brook University.

Experience

Lenox Hill Hospital

CCRN

June 2009 - Present (11 years 3 months)

Cath Lab/MICU

Flex Studio

Pilates trainer

October 2015 - April 2017 (1 year 7 months)

Greater New York City Area

FlexPilates Instructor. Musically driven, pilates based reformer class catered to the client seeking a more challenging workout.

Crunch Fitness

Pilates Instructor

January 2013 - 2015 (2 years)

Mat Pilates Instructor

SIXTH STREET PILATES, INC.

Pilates Instructor

July 2013 - September 2014 (1 year 3 months)

new york

Private Pilates Trainer

Northwell Health

RN

September 2008 - June 2012 (3 years 10 months)

MICU

Education

Maharishi International University

Integrative Ayurvedic Medicine, Ayurvedic Medicine/Ayurveda · (2019 - 2022)

Exhale Spa

Barre Certified · (2017 - 2017)

Stony Brook University

Bachelor of Science (B.S.), Registered Nursing/Registered Nurse · (2008 - 2009)

University of Vermont

Bachelor of Science (BS), Environmental Studies · (2000 - 2005)

School for International Training

Public Health · (2003 - 2004)