**Hannah Joy Sparks | Phone: 713-542-4186 | Email:** [**hannahjsparks@gmail.com**](mailto:hannahjsparks@gmail.com)

# SUMMARY

Nursing Student in a highly ranked program, with experience in a healthcare setting. Certified Basic Life Support Provider with American Heart Association. Organized and team-oriented with proficiency in direct patient care for various populations, with an aim to improve overall health and wellness of the community.

# EDUCATION / AWARDS

**Bachelor of Science, Nursing**  December 2020  
University of Houston – Sugar Land

The George Foundation Scholarship Spring, Summer 2020

Dean’s List Recipient Spring 2020

Completed: Pharmacology | Fundamentals | Pathophysiology | Mental Health

Policy and Ethics | Nursing Research | Reading and Interpreting

Scientific Literature | Leadership and Management | Perioperative

Nursing | Professional Nursing Roles | Obstetrics | Nutrition

**Bachelor of Science, Exercise Science** December 2018

University of Texas at Arlington

Dean’s List Recipient – College of Nursing and Health Innovation 2017, 2018

# CERTIFICATIONS

Basic Life Support Provider | EpiCorps Contact Tracing

# CLINICAL EXPERIENCE

* Houston Methodist | Sugar Land, TX | Med- Surg/ Telemetry February – March 2020
* UT Health Harris County Psychiatric Center | Houston, TX | Pediatric and Adult February – March 2020
* Texana Behavioral Health Clinic | Sugar Land, TX | Pediatric April 2020
* St. Peter’s Early Childhood Development Center | Katy, TX | Pediatric April 2020
* Devereux Advanced Behavioral Health | League City, TX | Adult April 2020

# EXPERIENCE

## Patient Care Assistant I | CHI St. Luke’s Hospital (Med-Surg/Telemetry), Houston, TX 05/2019-01/2020

* Assess and chart vital signs of patients every 4 hours – heart rate, temperature, blood pressure, oxygen
* Assess and document blood sugar for ACHS patients
* Draw the blood of each patient assigned during the shift, when ordered by the nurse
* Assist the patient with hygiene if needed (Perineal care, Foley/Catheter care, Bathing, and any other personal needs)

## Newborn Hearing Screener | The Woman’s Hospital of Texas (Mednax), Houston, TX 04/2019- 10/2019

* Conduct newborn hearing screens using the ABER test
* Educate parents about the importance of hearing screening
* Enter patient data into hospital records and hearing screen databases
* Validate hearing screens on pass/refer basis

## Cardiac Rehab Intern | Texas Health Arlington Memorial Hospital, Arlington, TX 08/2018- 12/2018

* Assessed vital signs of patients – heart rate, temperature, blood pressure, oxygen
* Directed exercise routines for Phase 4 cardiac patients and monitored as they completed their exercise prescriptions
* Documented RPE, RPM/Watts, Heart Rate, and Blood Pressure (if needed) as patients exercised, while making sure they reach their MET goal by the end of their 36 visits
* Monitored ECGs of patients on Holter Monitors for any abnormalities during cardiac rehab sessions

# SKILLS

Vital Signs | Basic Life Support | Glucose Testing | ABER Hearing Screens | Information Systems | Patient Education | Medication Administration | Foley Administration and Care