

The vaginal tightening HIFU system uses a non-invasive ultrasonic focusing technique to focus on the mucous membrane and fibrous layer and muscle layer directly.

HIFU (High Intensity Focused Ultrasound) Vaginal Rejuvenation is the most powerful non-surgical treatment available. If childbirth or menopause has caused some changes in the health and anatomy of your vagina, then this could be the answer. The treatment offers a solution for a wide range of feminine health concerns including; vaginal looseness, dryness and bladder weakness.

HIFU technology targets the dermal and SMAS layer of the skin, for both superficial and muscular tightening; generating new collagen, causing the skin to tighten, tone and lift continually for up to 90 days. HIFU is a gold class, non-surgical procedure, which targets internal skin structures at depths of 3mm & 4.5mm per treatment at a 360-degree rotation. The main rejuvenation occurs by collagen stimulation using ultrasonic tissue destruction inside the tissue, generally at 3.0mm and 4.5mm in depth . The collagen stimulation is in the deeper layer of the skin.

This technique ensures consistent results with simultaneous toning and tightening. **HIFU vaginal rejuvenation has quickly become an advanced medical alternative to traditional Vaginoplasty** for the following reasons:

- Immediate and long term results
- Rejuvenation of vaginal tissue
- Tightening and toning of vaginal muscles
- Fast, virtually painless treatments
- No downtime

Ultrasound energy has a proven track record, in the field of medicine for over 50 years and achieves a staggering 20-25% instant result on average, with optimum results seen at approx. 3 months. 3 treatments are recommended for optimal results.

An annual maintenance treatment is also advised. Results last on average between 2 and 4 years. Results vary from person to person and are based on factors such as age, lifestyle habits and medical history.

## **Benefits of HIFU Vaginal Treatment:**

- Increased vaginal moisture
- Increased sensitivity during sexual activity
- Increased sex drive
- Improved vaginal tightness and firmness
- Stress incontinence is reduced and improved
- Improved, Firmer & tighter muscles in the treated area
- Reduction or elimination of vaginal bacterial Infections
- Helps treat signs of ageing and an overall revival of the vaginal region
- Clinically proven – safe and effective
- Cost-effective and less invasive alternative to surgical
- No need for anesthetic or other harmful drugs
- No incisions or risk of infection
- No Downtime
- Results can be seen after just 1 treatment
- Results can last for two years or more

## **FAQ's:**

### ***When will I notice results?***

Some results are virtually immediate with optimal results expected from 3 to 6 months, however, collagen regeneration has been clinically proven to keep regenerating at the 9-month period post-treatment on average.

Most clients report a significant improvement in stress incontinence within 7-10 days.

### ***How long do the results last?***

Individual results will differ, however a minimum of 18 months to 2 years.

### ***How many treatments are required?***

Between 1-3 treatments with an annual top-up is recommended.

### ***Does it hurt?***

You will feel the treatment as a warm prickle. Settings will be adjusted to suit your comfort levels. Therefore this treatment is classed as pain-free.

### ***Can I have the treatment whilst on my Period?***

It is advisable not to as you are more sensitive around your time of the month and a stronger setting and therefore better results can be obtained if carried out mid-cycle (two weeks after your period).

### ***I have a prolapsed womb; can I have the treatment?***

Unfortunately, you will not be suitable if you have an existing prolapse.

### ***What is the most effective treatment between CO2 Laser Vaginal and HIFU Vaginal Rejuvenation.***

They are both effective but in different ways, so much so that they are also complementary. They are both aesthetic treatments commonly referred to as “vaginal tightening” or “Vaginal Rejuvenation”.

We use the below two cartridges



