

## LASER TREATMENTS – CLIENT INFORMATION AND CONSENT

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

HAVE BEEN ADVISED TO UNDERGO LASER (SKIN RESURFACING/HAIR REMOVAL/TATTOO REMOVAL/PIGMENT REDUCTION) FOR MY SKIN CONDITION \_\_\_\_\_

I HEREBY GIVE MY CONSENT AFTER BEING EXPLAINED ABOUT THE PROCEDURE BY  
DR \_\_\_\_\_

I ALSO STATE THAT I HAVE UNDERSTOOD THE FOLLOWING INFORMATION:

1. I AM AWARE THAT THIS IS A COSMETIC PROCEDURE AND I HAVE BEEN INVOLVED IN DECISION MAKING ABOUT THE CHOICE OF TREATMENT. I HAVE BEEN INFORMED ABOUT DIFFERENT OPTIONS AVAILABLE.
2. I AM AWARE THAT LASER WILL BE USED FOR THE PROCEDURE.
3. I AM ALSO AWARE THAT THE PROCEDURE WILL BE PERFORMED IN INCREASING DOSAGE.
4. I AM ALSO INFORMED THAT SEVERAL SESSIONS MAY BE NECESSARY FOR DESIRABLE RESULTS. THE NUMBER OF SESSIONS CANNOT BE PRECISELY GUARANTEED AND ARE VARIABLE FROM PATIENT TO PATIENT. I HAVE BEEN INFORMED THAT MOST PATIENTS RESPOND WITH IN 6-10 SESSIONS, THOUGH RARELY MORE SESSIONS MAY BE NEEDED.
5. I HAVE BEEN INFORMED THAT I MAY EXPERIENCE MILD BURNING DURING THE PROCEDURE AND FOR FEW DAYS AFTER PROCEDURE.
6. I AM AWARE THAT THE SKIN MAY BECOME SLIGHTLY REDDISH /BROWNISH FOR FEW DAYS AFTER THE PROCEDURE.
7. I HAVE BEEN INFORMED:
  - A) TO USE SUN BLOCKS REGULARLY.
  - B) TO AVOID IRRITANTS, SOAPS FOR 1 WEEK.
  - C) TO AVOID SUNLIGHT FOR 2 WEEKS.
  - D) TO USE HYDROCORTISONE CREAM FOR 1 WEEK.
  - E) TO USE TAB CETRIZINE IF BURNING SENSATION PERSISTS.
  - F) TO STOP HYDROCORTISONE CREAM ONCE ERYTHEMA SUBSIDES / AFTER 1 WEEK.
8. I AM AWARE THAT IMPROVEMENTS MAY TAKE FEW WEEKS TO OCCUR AND THAT I MAY NEED FURTHER FOLLOW-UP
9. I AM AWARE OF MY MEDICAL CONDITION CALLED PCOD. I HAVE BEEN INFORMED THAT THE NUMBER OF SESSIONS OF LASER REMOVAL TREATMENT CANNOT BE PREDICTED ACCURATELY DUE TO MY HORMONAL PROBLEM. AN AVERAGE OF 6-12 SESSIONS MAY BE REQUIRED AND I AGREE TO TAKE ADDITIONAL SESSIONS AS AND WHEN REQUIRED. I ALSO AGREE TO UNDERGO TREATMENT FOR PCOD PROBLEM SIMULTANEOUSLY

### **SKIN CARE HISTORY**

WHICH OF THE FOLLOWING MOST CLOSELY DESCRIBES YOUR SKIN TYPE?

- |    |                   |                                  |
|----|-------------------|----------------------------------|
| I  | CREAMY COMPLEXION | ALWAYS BURNS EASILY, NEVER TANS. |
| II | LIGHT COMPLEXION  | ALWAYS BURNS, MAY TAN SLIGHTLY.  |

- |     |                          |                                   |
|-----|--------------------------|-----------------------------------|
| III | LIGHT / MATTE COMPLEXION | BURNS MODERATELY, TANS GRADUALLY. |
| IV  | MATTE COMPLEXION         | SELDOM BURNS, ALWAYS TANS WELL.   |
| V   | BROWN COMPLEXION         | RARELY BURNS, DEEP TAN.           |
| VI  | BLACK COMPLEXION         | NEVER BURNS, DEEPLY PIGMENTED.    |

DO YOU HAVE ANY SPECIAL SKIN PROBLEMS OR CONCERNS? \_\_\_\_\_

PLEASE MENTION AREAS OF CONCERN YOU HAVE REGARDING YOUR SKIN:

DO YOU HAVE AN **ALLERGIC REACTION** TO ANY MEDICINE OR FOOD:

PLEASE INITIAL (PLEASE READ CAREFULLY)

\_\_\_\_\_ I AM NOT PREGNANT

\_\_\_\_\_ I HAVE NOT RECEIVED RADIATION TREATMENTS

\_\_\_\_\_ I HAVE NOT USED GLYCOLIC ACID FOR 24 HRS

\_\_\_\_\_ I HAVE NOT USED RETINOL PRODUCTS FOR 72 HRS

\_\_\_\_\_ I AGREE TO AVOID DIRECT SUN EXPOSURE FOR 2 WEEKS

\_\_\_\_\_ I AGREE TO NOTIFY DR/AESTHETICIAN OF ANY CONCERNS

\_\_\_\_\_ I DO NOT HAVE ACTIVE COLD SORES

\_\_\_\_\_ I AGREE NOT TO WAX FOR 7 DAYS PRE/POST-TREATMENTS

\_\_\_\_\_ I AGREE TO FOLLOW UP WITH SCHEDULED APPOINTMENT

\_\_\_\_\_ I AGREE NOT TO USE RETIN-A PRODUCTS 7 DAYS PRE/POST TREATMENTS

\_\_\_\_\_ ARE YOU TAKING HORMONAL CONTRACEPTIVES? \_\_\_\_\_ NO ARE YOU NURSING?

\_\_\_\_\_ EXPERIENCING ANY MENOPAUSE PROBLEMS?

\_\_\_\_\_ ARE YOU UNDERGOING ANY HORMONE REPLACEMENT THERAPY OR CANCER TREATMENTS?

\_\_\_\_\_ ARE YOU DIABETIC \_\_\_\_\_ DO YOU HAVE ANY HEART PROBLEM

\_\_\_\_\_ HYPERTENTION

**PRECAUTIONS (PLEASE READ CAREFULLY)**

I UNDERSTAND THIS CONSENT FORM AND HAVE ANSWERED EACH QUESTION TRUTHFULLY. THE TREATMENT WAS EXPLAINED TO ME IN DETAIL. THE BENEFITS OF WHAT I CAN REALISTICALLY EXPECT TO SEE FROM MY LASER TREATMENT HAVE BEEN FULLY EXPLAINED TO ME.

I UNDERSTAND THAT WITHHOLDING INFORMATION FROM MY SKIN CARE THERAPIST MAY RESULT IN CONTRAINDICATIONS OR SKIN IRRITATION FROM TREATMENTS RECEIVED. THE SKIN CARE TREATMENTS I RECEIVE AT EVOLVE ARE VOLUNTARY AND I RELEASE EVOLVE FROM LIABILITY AND ASSUME FULL RESPONSIBILITY THEREOF

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_