RSpec is a DSL that risks focusing too much on making the perfect testing language and not enough on making a testing interface that is easy to understand and build on to efficiently test the Rails app that you really care about. Minitest is much closer to Ruby. It's a simple framework that provides a nice set of primitives that you can use to build out a test suite quickly and efficiently.

Benfit

**Code Size for Minitest is Significantly Smaller**

**Run Time for Minitest is not Substantially Faster**

#### Setup for Minitest is Much Easier

If RSpec does one thing better than Minitest, I would say that the command line UI easily outshines Minitest.