

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mrs. ARCHANA PANDEY	Admission No	: IP2212006
Age/Gender	: 45 Years/Female	UMR No	: UMR6626
Admission Dt	: 06-Dec-2022	Discharge Dt	: 09-Dec-2022
Consultant	: Dr.JITENDRA JAMDAR	Referred By	: Dr.HOSPITAL PATIENT
Department	: ORTHOPAEDICS	Ward	: 410 TRIPLE SHARING/410/A
Patient Address	: 3/1 NERA SCHOOL DEORA BADAITMA SATNA M.P. 485881		
	Satna , MADHYA PRADESH 6261981337		

DIAGNOSIS

Comm. fracture lower end femur left head injury k/c DM type II.

ICD CODE

S72.402A,S09.90XA,E11.9

CHIEF COMPLAINTS

Pain & swelling left thigh & knee since trauma 4 days back.

CLINICAL EXAMINATION

HR-86/M, BP-100/60MMHG, RR-20 /M, SPO2-98% , Temp.-98F , Blood sugar (F)-237 mg/dl, no pallor, no jvc raised , no edema on feet, no icterus, no cynosis

R/S:-B/L Vesicular

CVS:- Heart sound normal

CNS:- Concious, oriented, no focal deficit

P/A:- Soft,no tender, no organomegaly

INVESTIGATION

HB % 9.2gm % Platelets count 1.90 Lacs/cumm.TLC 6,200/cumm.

DLC P-80%, -L-17%E-02%, -M-01%,Sugar (R) 237mg/dl.

SGOT 20.3units/ml. S. Creatinine 0.9 mg/dl SGPT 26.7units/ml.,B. Urea 26mg/dl

Blood Group AB"+",S. Alkaline Phosphatase 76.8IU/L

S. Proteins (T) 6.4gm/dl, HIV & Australia Antigen Negative.

Urine RM 26 pus cells

CT: Comminuted mildly displaced fracture in lower end of left femur involving the lower shaft, both femoral condyles, intercondylar region.

Mild fluid with fat knee joint s/o lipohemarthrosis.

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Admission No : IP2212006

COURSE IN HOSPITAL

Mrs. Archana Panday, 45y, F, presented with pain & swelling left thigh & knee since trauma 4 days back. Orthopedician's opinion was taken and examination was done, which revealed that there was # left distal end femur. Blood investigations were done, which were normal. After a protocol based pre medical and pre anesthetic checkup, patient was planned for surgery. **On- 07.12.2022- Open reduction done # lower and femur left fixed with 8 hole locking plate for distal femur under spinal anesthesia** was done. Post op period was uneventful. Patient is being discharged in stable condition.

Surgery

Open reduction done # lower and femur left fixed with 8 hole locking plate for distal femur under spinal anesthesia on 07.12.2022.

Implant

8 hole distal femur plate left (SS Orthomax).

CONSULTANT NAME SIGN AND DATE

Dr. Jitendra Jamdar.

SPECIAL INSTRUCTION

- Complete bed rest.
- Elevation toes exercise.
- Static quadriceps exercise.
- Patient will require medial plating & bone grafting.

TREATMENT ON DISCHARGE

Tab. Xolid 600 mg	BD(Twice a day).
Cap. Lince 600mg	TDS(Three time a day).
Cap. Vitagut	BD(Twice a day).
Tab. Signoflam	BD(Twice a day).
Tab. Convidex fort	BD((Twice a day).
Tab. Calastan	OD(Once a day).
Tab. Limcee 500mg	BD((Twice a day).
Tab. Dompan SR	OD(Once a day).

DATE OF FOLLOW UP

Review after 12 days for removal of sutures in ortho opd.

Online free video consultation:- Doctor consultation (1), dressing (1)

When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound Infection, Seizures, Weakness in any limb

How to obtain urgent care in case of emergency 24x7 -(0761-3500283)

Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

Patient Name : Mrs. ARCHANA PANDEY

Admission No : IP2212006

Transcribed By : ADITI

Resident Doctor

Dr.JI TENDRA JAMDAR
CONSULTANT ORTHOPAEDIC SURGEON