

-----the discharge sheet for Mrs Nisha Rajak starts here----- PATIENT NAME: Mrs. Nisha Rajak ADMISSION NO: IP2303104 AGE/GENDER: 30 Years/Female WEIGHT: 78 UMR NO: UMR13117 ADMISSION DATE: 21-Mar-2023 DISCHARGE DATE: 25-Mar-2023 CONSULTANT: Dr.ORTHOPEDIC DEPARTMENT REFERRED BY: Dr.THG DEPARTMENT: ORTHOPAEDICS WARD: 4TH FLOOR/406/3 DIAGNOSIS: Osteoid Osteoma Medial Side of Lower Tibia Lt. ? Osteomyelitis of Garre. ICD CODE: D16.25, CHIEF COMPLAINTS: C/o- Mild Pain in Lt. leg for 3-4 years. Severe pain in Lt. leg for 5-6 months. Primary t/t at Baidhan. CLINICAL EXAMINATION: Local: Tenderness Lt. leg. General: HR- 90/min, BP- 110/80 mmHg, RR- 20/min, SpO2- 98%, Temp.- 98.5° F. RS - B/L Clear. CVS - S1 S2+. PA - Soft. CNS - Conscious. INVESTIGATION: HB- 10.3, TLC- 9700, ESR- 57, Platelets- 1.87, Creatinine- 0.7, B.Urea- 18, SGOT- 19, SGPT- 20, FBS- 132, HbA1c- 6.8, PT Test- 18.9, INR- 1.4, HBsAg- Negative, HIV- Negative, B.Group-"O" +VE, 22/03/2023 2D Echo Shows- Good LV function at rest. LVEF 60%. No valvular pathology. 24/03/2023 Marrow Fluid Culture- Sterile. PROCEDURE: - Decortication/ Saucerisation tibia Lt. done under SA on 22/03/2023. TREATMENT GIVEN: Inj. Cetriax S 1.5gm, Inj. Oflokem 100ml, Inj. Peploc 1amp, Inj. Tramazac 100mg, Inj. Phenargan, Inj. Rubuphine, Inj. Decifen AQ, COURSE IN HOSPITAL: Mrs. Nisha Rajak, 30y/F, a case of osteoid osteoma medial side of the lower tibia left. osteomyelitis of Garre. Took primary treatment at Baidhan. Admitted on 21/03/2023 with complaint of severe pain in left leg since 5-6 months. Seen by an Orthopedic surgeon advised saucerization. Blood investigations were done, which were normal. After medical fitness & pre-anesthetic checkup, the patient was planned for a procedure. Decortication/ saucerisation tibia left was done under spinal anesthesia on 22/03/2023. The postoperative period was uneventful. The patient is being discharged in stable condition. SPECIAL INSTRUCTION: Bed Rest. - Diabetic Diet (HbA1c- 6.8). Elevation and Toes exercises. Static quadriceps exercises. Back Care with terogood powder. TREATMENT ON DISCHARGE: Tab Xolid 600mg 1 BD (Twice a day) x 12 days Tab Alvix 500mg 1 OD (Once a day) x 12 days Tab Sporlac 1 BD (Twice a day) x 12 days Tab Dompan SR 1 OD (Once a day) x 12 days Tab Calastan 1 HS (Once a day at night) x 30 days Tab Limcee 1 OD (Once a day) x 30 days Tab Aciz SP 1 BD (Twice a day) x 5 days Tab Ketotru S/L SOS (for severe pain) DATE OF FOLLOW-UP: Review on 06/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutures. -----the discharge sheet for Mrs. Nisha Rajak ends here-----