

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mr. AJAY SINGH	Admission No	: IP2303105
Age/Gender	: 35 Years/Male	UMR No	: UMR8674
Admission Dt	: 21-Mar-2023	Discharge Dt	: 24-Mar-2023
Consultant	: Dr.JITENDRA JAMDAR	Referred By	: Dr.THCH
Department	: ORTHOPAEDICS	Ward	: 4TH FLOOR/408/2
Patient Address	: SATNA A'ali. , CENTRAL GOVERNORATE 8815174308		

DIAGNOSIS

Old Operated Case of Locking Plate Distal Femur Lt.

ICD CODE

S72.143A,

CHIEF COMPLAINTS

C/o- Pain Lt. thigh & Difficulty in walking since 15 days.

PAST HISTORY

- ORIF locking plate distal femur Lt. was done on 02/06/2022 in this hospital.

CLINICAL EXAMINATION

Local: Tenderness Lt. thigh.

General: HR- 86/min, BP- 100/60mmHg, RR- 20/min, SpO2- 98%, Temp.- 98.2° F.

RS - B/L Clear.

CVS - S1 S2+.

PA - Soft.

CNS - Conscious.

INVESTIGATION

HB- 12.6, TLC- 8000, ESR- 22, Platelets- 1.94, BSR- 79, Creatinine- 0.9, B.Urea- 20, Sodium- 135, Potassium- 4.3, Total Bilirubin- 0.64, SGPT- 20, SGOT- 18, Total Protein- 18, PT - 14.3, INR- 1.0, Alkaline Phosphatase- 190, HBsAg- Negative, HIV- Negative,

PROCEDURE

- Open reduction medial plating distal femur Lt. done under SA on 22/03/2023.

IMPLANT

6 hole medial locking plate distal femur (SS Orthomax)

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TREATMENT GIVEN

ICU Care, Blood Transfusion- 1 unit given, Inj. Wilcef S 1.5gm, Inj. Oflokem 100ml, Inj. Tramazac 100mg, Inj. Peploc 1amp, Inj. Serenac 1amp,

COURSE IN HOSPITAL

Mr. Ajay Singh, 36y/M, a case of old operated locking plate distal femur left on 02/06/2022. Patient was discharged with advice medial plating bone grafting at a later date. Admitted on 21/03/2023 for surgery. Blood investigation were done, which were normal. After medical fitness & pre anesthetic checkup, patient was planned for procedure. Open reduction medial plating distal femur left done under spinal anesthesia on 22/03/2023. 1 units of PRBC given. Post operative period was uneventful. Physiotherapy given as advised by physiotherapist. Patient is being discharged in a stable condition.

SPECIAL INSTRUCTION

Bed Rest.

Elevation and Toes exercises.

Keep the limb in wide abduction.

Static quadriceps exercises.

Back Care with terogood powder.

TREATMENT ON DISCHARGE

Tab Cefquin 1 BD (Twice a day) x 12 days

Tab Levoflox 750mg 1 OD (Once a day) x 12 days

Tab Dompan SR 1 OD (Once a day) x 12 days

Tab Calastan 1 HS (Once a day at night) x 30 days

Tab Limcee 1 OD (Once a day) x 30 days

Tab Convindex Forte 1 BD (Twice a day) x 15 days

Tab Modvita Forte 1 OD (Once a day) x 15 days

Tab Aciz SP 1 BD (Twice a day) x 5 days

Tab Ketotru S/L SOS (for severe pain)

DATE OF FOLLOW UP

Review on 05/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutures.

Transcribed By : ASHISH

Resident Doctor

Dr. JI TENDRA JAMDAR
CONSULTANT ORTHOPAEDIC SURGEON