

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mrs. YASMEEN KHAN	Admission No	: IP2303048
Age/Gender	: 55 Years/Female	Weight	: 74
		UMR No	: UMR12511
Admission Dt	: 11-Mar-2023	Discharge Dt	: 15-Mar-2023
Consultant	: Dr. ORTHOPEDIC DEPARTMENT	Referred By	: Dr. THC
Department	: ORTHOPAEDICS	Ward	: 4TH FLOOR/409/3
Patient Address	: SATNA Satna , MADHYA PRADESH 9111000592		

DIAGNOSIS

Proximal Humerus Lt. with K/c of DM-II & HTN.

ICD CODE

S42.202A, E11.4, R03.0

CHIEF COMPLAINTS

Trauma on 09.03.2023 at around 03.30 PM due to hit a gate & injured herself.

Primary t/t elsewhere.

C/o- Pain & Swelling- Lt. arm since trauma.

CLINICAL EXAMINATION

Local: Oedema, Tenderness & Deformity- Lt. arm.

General: HR- 88/min, BP- 120/80 mmHg, RR- 20/min, SpO2- 98%, Temp.- 98.6 Degree F.

RS - B/L Clear. -CVS - S1 S2+.

PA - Soft. -CNS - Conscious.

INVESTIGATION

HB- 13.7, WBC- 7400, Platelets- 1.06, BSR- 258, B.Urea- 35, Creatinine- 0.8, HbA1c- 8.8%,

FBS- 128, Total Bilirubin- 0.98, SGPT- 29, PT Test- 14.9, INR- 1.0,

HBsAg- Negative, HIV- Negative, B.Group-"B" +VE,

11/03/2023 2D Echo- Chambers normal. No RWMA. LV systolic function fair, EF 50%. Gr-I diastolic dysfunction+. Valve echos normal. No PAH. No LA/LV clot, no vegetation, no pericardial effusion.

PROCEDURE

- Open reduction locking plate neck humerus Lt. done under GA+USGuided BB on 13/03/2023.

IMPLANT

6 hole Philos locking plate neck humerus (SS Orthomax)

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TREATMENT GIVEN

Blood Transfusion- 1 unit given, Inj. Wilcef S 1.5gm, Inj. Lines 1amp, Inj. Tramazac 100mg, Inj. Peploc 1amp, Inj. Decifen AQ, Inj. Phenargan, Inj. Rubuphin,

COURSE IN HOSPITAL

Smt. Yashmeen Khan, 55y/F, presented with trauma on her left shoulder on 09/03/2023 at around 03.30 PM. Patient was hit by a harricane she was thrown away & hit a gate & injured herself. Took primary treatment elsewhere. She is a known case of DM & hypertension taking regular treatment. Seen by Orthopedic surgeon, X-ray shows fracture proximal humerus left and advised surgery. Blood investigation were done, which were normal. After medical fitness & pre anesthetic checkup, patient was planned for procedure. Open reduction locking plate neck humerus left done under general anesthesia+USGuided BB on 13/03/2023. Post operative period was uneventful. Physiotherapy given as advised by physiotherapist. Patient is being discharged in a stable condition.

SPECIAL INSTRUCTION

Bed Rest.

Elevation and Finger exercises.

-Regular consultation of physician for DM & HTN.

-Blood Sugar Fasting, Pre Lunch, Pre Dinner Daily Inform Report to Dr. Anushri Jamdar, Whatsapp No.-9838962648.

TREATMENT ON DISCHARGE

Tab Wilcef 250mg 1 BD (Twice a day) x 10 days
Cap Lines 500mg 1 TDS (Thrice a day) x 10 days
Tab Dompan SR 1 OD (Once a day) x 10 days
Tab Calastan 1 HS (Once a day at night) x 30 days
Tab Limcee 1 OD (Once a day) x 30 days
Tab Convidex Forte 1 BD (Twice a day) x 15 days
Tab Modvita Forte 1 OD (Once a day) x 15 days
Tab Nucoxia SP 1 BD (Twice a day) x 5 days
Tab Ketotru S/L SOS (for severe pain)
Tab Glycomet Trio-2 1 OD (Before breakfast)- As per physician
Tab Dapamac M 1 OD (Before Lunch)- As per physician
Tab Intaglip M 1 OD (Before Dinner)- As per physician
Tab Cresar H 1 OD (Once a day at Morning)- As per physician

DATE OF FOLLOW UP

Review on 25/03/2023 at 9.00 AM in Ortho OPD for Removal of Sutures.

Transcribed By : ASHISH

Resident Doctor

Dr. ORTHOPEDIC DEPARTMENT
CONSULTANT ORTHOPAEDIC SURGEON