

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

### DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mrs. NISHA RAJAK	Admission No	: IP2303104
Age/Gender	: 30 Years/Female	Weight	: 78
		UMR No	: UMR13117
Admission Dt	: 21-Mar-2023	Discharge Dt	: 25-Mar-2023
Consultant	: Dr. ORTHOPEDIC DEPARTMENT	Referred By	: Dr. THC
Department	: ORTHOPAEDICS	Ward	: 4TH FLOOR/406/3
Patient Address	: SINGRAULI SINGRAULI, MADHYA PRADESH 7376287432		

#### DIAGNOSIS

**Osteoid Osteoma Medial Side of Lower Tibia Lt. ? Osteomyelitis of Garre.**

#### ICD CODE

**D16.25,**

#### CHIEF COMPLAINTS

C/o- Mild Pain Lt. leg since 3-4 years.

Severe pain Lt. leg since 5-6 months.

Primary t/t at Baidhan.

#### CLINICAL EXAMINATION

**Local:** Tenderness Lt. leg.

**General:** HR- 90/min, BP- 110/80 mmHg, RR- 20/min, SpO2- 98%, Temp.- 98.5° F.

RS - B/L Clear.

CVS - S1 S2+.

PA - Soft.

CNS - Conscious.

#### INVESTIGATION

HB- 10.3, TLC- 9700, ESR- 57, Platelets- 1.87, Creatinine- 0.7, B.Urea- 18, SGOT- 19, SGPT- 20,  
FBS- 132, HbA1c- 6.8, PT Test- 18.9, INR- 1.4, HBsAg- Negative, HIV- Negative, B.Group-"O" +VE,

**22/03/2023 2D Echo Shows-** Good LV function at rest. LVEF 60%. No valvular pathology.

**24/03/2023 Marrow Fluid Culture- Sterile.**

#### PROCEDURE

**- Decortication/ Saucerisation tibia Lt. done under SA on 22/03/2023.**

#### TREATMENT GIVEN

Inj. Cetriax S 1.5gm, Inj. Oflokem 100ml, Inj. Peploc 1amp, Inj. Tramazac 100mg, Inj. Phenargan, Inj. Rubuphine, Inj. Decifen AQ,

Patient Name : Mrs. NISHA RAJAK

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#### COURSE IN HOSPITAL

Mrs. Nisha Rajak, 30y/F, a case of osteoid osteoma medial side of lower tibia left ? osteomyelitis of garre. Took primary treatment at Baidhan. Admitted on 21/03/2023 with complain of severe pain left leg since 5-6 months. Seen by Orthopedic surgeon advised saucerization. Blood investigation were done, which were normal. After medical fitness & pre anesthetic checkup, patient was planned for procedure. Decortication/ saucerisation tibia left done under spinal anesthesia on 22/03/2023. Post operative period was uneventful. Patient is being discharged in a stable condition.

#### SPECIAL INSTRUCTION

Bed Rest. - Diabetic Diet (HbA1c- 6.8).  
Elevation and Toes exercises.  
Static quadriceps exercises.  
Back Care with terogood powder.

#### TREATMENT ON DISCHARGE

Tab Xolid 600mg 1 BD (Twice a day) x 12 days  
Tab Alvix 500mg 1 OD (Once a day) x 12 days  
Tab Sporlac 1 BD (Twice a day) x 12 days  
Tab Dompan SR 1 OD (Once a day) x 12 days  
Tab Calastan 1 HS (Once a day at night) x 30 days  
Tab Limcee 1 OD (Once a day) x 30 days  
Tab Aciz SP 1 BD (Twice a day) x 5 days  
Tab Ketotru S/L SOS (for severe pain)

#### DATE OF FOLLOW UP

**Review on 06/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutures.**

Transcribed By : ASHISH

Resident Doctor

Dr. ORTHOPEDIC DEPARTMENT  
CONSULTANT ORTHOPAEDIC SURGEON