

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

Patient Name	: Mr. RAJNEESH SONI	Admission No	: IP2201016
Age/Gender	: 30 Years/Male	UMR No	: UMR2320
Consultant 1	: Dr.NITIN WADHWA	Ward	: 408 T/408/3
Department 1	: ORTHOPAEDICS	Date Of Admission	: 12-Jan-2022 7:34 am
Consultant 2	:	Date of Discharge	: 19-Jan-2022
Department 2	:		
Address	: MAIN MARKET SHREE NAGAR MAHOBHA UP Mahoba , UTTAR PRADESH 708601625		
Referred By	: WALK-IN		

### DIAGNOSIS

: **RTA-Proximal Tibia Fracture Rt., Fracture Left DER, Fracture right mid shaft of radius and right 5th finger subluxation.**  
Post op-ORIF with Locking plate tibia RT with ORIF with B/L radius plating with ORIF with K-Wire fixation for left thumb done

### CHIEF COMPLAINTS (REASON FOR ADMISSION)

: Alleged history of RTA on 11/1/2022 at 6pm near Chhatarpur. Sustained injury over all 4 limbs. Complaint of pain in Rt. thigh and both upper limbs. Took primary treatment at Govt hospital, Chhatarpur. Then came here for further evaluation and management.

### GENERAL EXAMINATION-

BP-140/90mmHg, HR-112/min, R/R-22/min, SpO2-99% on room air

### SYSTEMIC EXAMINATION-

CNS- Patient is conscious alert, responds spontaneously to verbal commands.

CVS-S1 S2+

R/S-B/L air entry clear

P/A-Soft, Non Tender, no organomegaly

### TREATMENT GIVEN

: I/v fluids, I/v antibiotics, I/v PPI, I/v Analgesics and symptomatic and supportive treatment.

### PROCEDURE

: 13/1/2022 ORIF with Locking plate tibia RT was done under spinal Anaesthesia.

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IMPLANT

: SS. ORTHOMAX

Locking Plate L/R 3 hole (1)

K.wire (3)

semitubular plate 6 hole (1)

Tibia locking plate 10 hole (1)

COURSE IN HOSPITAL

: Alleged history of RTA on 11/1/2022 at 6pm near Chhatarpur.

Patient was admitted with above mentioned complaints. Orthopaedician's opinion was taken and Xrays were done which was suggestive of Proximal Tibia Fracture Rt., Fracture Left DER, Fracture right mid shaft of radius and right 5th finger subluxation. Routine blood investigations were done which were normal and patient was planned for surgery. After a protocol based Pre medical and pre anaesthesia checkup, patient was planned for surgery.

13/1/2022 ORIF with Locking plate tibia RT was done under spinal Anaesthesia.

Post op period was uneventful. One point Packed RBC was transfused (Hb-8.2g %) and patient was planned for upper limb fixation.

17/1/2022 ORIF with B/L radius plating with ORIF with K-Wire fixation for left thumb was done under General Anaesthesia.

Post op period was uneventful. Physiotherapy was done which the patient tolerated well and patient is being discharged in stable condition.

Note- Patient is being discharged on urinary catheter and has to be removed tomorrow.

CONDITION ON  
DISCHARGE

: Better. Vitals stable. Systemic examination-normal. Post op xrays satisfactory.

ADVISED

: -Hot Fomentation-Dynapar gel.

**-Physiotherapy as advised.**

Forward bending, Heavy Weight Lifting, Use Western Commode Toilet, jerk,

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Dressing at home on 26/1/2022.

TREATMENT ADVISED

<b>: Tab Xolid 600mg</b>	<b>1BDx 10 days (Twice a day after food)</b>
<b>Tab Lincs 500mg</b>	<b>1BDx 5 days (twice a day after food)</b>
<b>Tab Vitagut</b>	<b>1OD x5days (once a day after food)</b>
<b>Tab Dompan SR 40mg</b>	<b>1 OD x 10 days (once a day before breakfast)</b>
<b>Tab Ultracet</b>	<b>1Bdx 10 days (twice daily after meals)</b>
<b>Tab Caladd</b>	<b>1 HS x60 days (once a day after food)</b>
<b>Tab Convidex Forte</b>	<b>1BDx 15 days(once a day after meals)</b>
<b>Tab Limcee</b>	<b>1BDx 15 days(twice daily after meals)</b>
<b>Tab Chymoral forte</b>	<b>1BDx 10days(twice daily after meals)</b>
<b>Tab Sporolac Ds</b>	<b>1TDSx3days(thrice daily after meals)</b>

FOLLOWUP AND REVIEW DATE

: Followup after 20 days or SOS in Orthopaedics OPD. Date-10/2/2022  
Suture removal on followup.

How to obtain urgent care in case of emergency 24x7 -( : 0761-2410333,  
2415333, 2412333 , Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

In Case Of Any Queries Or Emergencies Please Contact.Phone No:9676404488/04023783000

Medical Officer

Dr.NI TIN WADHWA  
CONSULTANT ORTHOPAEDIC SURGEON

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