

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

Patient Name	: Mr. RAJKUMAR MEHRA	Admission No	: IP2201044
Age/Gender	: 29 Years/Male	UMR No	: UMR2597
Consultant 1	: Dr.NITIN WADHWA	Ward	: 408 T/408/1
Department 1	: ORTHOPAEDICS	Date Of Admission	: 31-Jan-2022 1:14 pm
Consultant 2	:	Summary Date	: 02-Feb-2022
Department 2	:		
Address	: NATWARA TH. SHAHPURA Jabalpur , MADHYA PRADESH 948973320		
Referred By	: WALK-IN		

### DIAGNOSIS

**: RTA-FRACTURE DISTAL FEMUR RT. AND ABRASION IN RT.  
ANKLE POST OP.-ORIF WITH RT. FEMUR PLATING  
DONE UNDER S.A. ICD CODE- S72.401A ,  
S90.511A**

### CHIEF COMPLAINTS (REASON FOR ADMISSION)

**: Alleged history of RTA on 30/01/22 at 8.00am .sustained injury over RT.distal femur and abrasion over Rt ankle. complain of pain in rt. thigh and leg then pt.took primary treatment elsewhere and now he came here for further evaluation and management.**

### CLINICAL EXAMINATION

**: GENERAL EXAMINATION-  
BP-140/90mmHg,HR-100min.,R/R-20/min,SpO2-99./. on room air.  
SYSTEMIC EXAMINATION-  
CNS-Patient is conscious alert, responds spontaneously to verbal commands.  
CVS-S1S2+ R/S-B/L air entry clear  
P/A-Soft, Non tender, no organomegaly.**

### INVESTIGATIONS

**: HB % 7.5gm % Platelets count 2.75 Lacs/cumm.TLC 9,500/cumm  
DLC P-89%, -L-10%E-01%, -M-00%,Sugar (R) 86mg/dl. S. Creatinine 1.0**

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Negativ, Urine RM -occ. pus cell.

TREATMENT GIVEN

: I/v fluids, I/v antibiotic, I/v Analgesics and Symptomatic and Supportive treatment.

PROCEDURE

: **02/02/22-ORIF with Distal femure plating under S.A.**

IMPLANT

: SS.ORTHOMAX -10 hole femure plate [1]  
- -32mm screw [1]

COURSE IN HOSPITAL

: Alleged history of RTA on 30/2/22 at 8.00 am. Pateint was admited with above mentioned complaints. orthopadecians, opinion was taken and xrays were done which was suggestive of Distal femure RT. fracture.Routine blood investigation were done which were normal and patient was planned for surgery,after a protocol based Pre medical and Pre anaesthesia checkup. 02/01/22-ORIF with Distal locking plate femure RT. was done under spinal anaesthesia. Post op period was uneventful. Physiotherapy was done which the patient tolerated well and patient is being discharged in tabel condition.

CONDITION ON DISCHARGE

: Better, vital stable,systemic examination- normal, post op. xrays satisfactory.

ADVISED

:  
-**Physiotherapy as advised Exercises as explained. static quadriceps,knee bending.**  
-Avoid :, Heavy Weight Lifting, Use Western Commode Toilet, jerk, Do not Sit on the ground.

TREATMENT ADVISED

: <b>Tab Cefrotux 500mg</b>	<b>1BDx 7 days (Twice a day after food)</b>
<b>Tab Ultracet</b>	<b>1BD x7days (Twice a day after food]</b>
<b>Tab Dompan SR 40mg</b>	<b>1 OD x 7 days (once a day before breakfast ]</b>
<b>Tab Chymoral forte</b>	<b>1BDx7days(Twice a day after food)</b>
<b>Tab Gemcal</b>	<b>1 HS x30 days (once a day after food)</b>

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**Tab celin**

**1BD [Twice a day]**

FOLLOWUP AND REVIEW  
DATE

: Follow Up Advice & Review Date :

Review on 11th feb. 2022 to Dr.Nitin wadhwa

When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound Infection.

How to obtain urgent care in case of emergency 24x7 -( : 0761-2410333, 2415333, 2412333 , Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

In Case Of Any Queries Or Emergencies Please Contact. Phone No: 9676404488/04023783000

Medical Officer

Dr. NITIN WADHWA  
CONSULTANT ORTHOPAEDIC SURGEON

Created By DRNARENDRA

Modified By ANUSHRI J