

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

Patient Name	: Mr. KIRTI KUMAR VISHWAKARMA	Admission No	: IP2203002
Age/Gender	: 54 Years/Male	UMR No	: UMR3010
Consultant 1	: Dr.NITIN WADHWA	Ward	: 421/421/12
Department 1	: ORTHOPAEDICS	Date Of Admission	: 04-Mar-2022 10:17 pm
Consultant 2	:	Summary Date	: 15-Mar-2022
Department 2	:		
Address	: POST BARHATA TEH GOTEGAON DIST NARSINGPUR MP Narsinghpur, MADHYA PRADESH 9713854230		
Referred By	: WALK-IN		

DIAGNOSIS

• **RTA- Head Injury (Rt Frontal bone fracture with Contusion)with Fracture Lt Shaft of femur. Post Op- ORIF with I/M nailing Lt. femure under GA.**
K/C/O HTN, T2DM, CKD, Old CVA- Lt hemiparesis.
ICD CODE-S72.92XA, S02.OXXA, E11*, R03.0, Z86.73, N18.9

CHIEF COMPLAINTS (REASON FOR ADMISSION)

• Alleged history of RTA on 4/3/2022 . Sustained injury over Lt thigh and back and head as well.
Complain of pain and swelling in left limb since then. Inability to move the limb as well.
Took primary treatment at govt hospital., Narsinghpur. Then bought here for further evaluation and management.

CLINICAL EXAMINATION

• BP-130/90mmHg, HR-114/min, R/R-18/min, Spo2-99%on room air.

Systemic examination-

CNS- Patient is conscious alert, responds spontaneously to verbal commands.
No focal neurological deficit. Complaint of headache though.

CVS- S1 S2 +

R/S- Bilateral air entry clear

P/A- Distended mildly, Bowel sounds +

Local Examination- Rt eye subconjunctival hemorrhage, facial abrasions.

Tenderness present over left thigh with restricted ROM, Probably fracture femur.

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INVESTIGATIONS

• HB %-10.7gm % Platelets count -2.24 Lacs/cumm.TLC- 9,100/cumm ,
DLC P-83%, -L149%E-02%, -M-01%,Sugar
(R)-225mg/dl,HbA1C-9.2%,S.Bilirubin (T) -0.49mg/dl.
SGOT-34units/ml. S. Creatinine-2.1 mg/dl SGPT-25umits/ml.,B. Urea-54mg/dl
Prothombin Time 14.2second , Blood Group B-negative,S. Alkaline
Phosphatase-142IU/L
S. Proteins (T)- 5.8gm/dl, HIV & Australia Antigen -Negative,S.
Sodium-135.1mEq/L
S. Potassium-4.98mEq/L, Urine RM- 0 to 2 pus cells

CT SCAN

• C.T.SCAN BRAIN:- Small hemorrhagic contusion in right basifrontal lobe
,small extra-axial hemorrhage with air foci in right frontal region.
-Lacunar infarct is seen in left capsulo-ganglionic region.
-fracture right frontal bone, frontal sinus walls, anterior and postero-lateral wall
of right maxillary sinus with hyperdense collection in right maxillary sinus.

PROCEDURE

• **ORIF with I/M nailing Lt.femure done on 10/3/2022 under GA.**

IMPLANT

• S.S.ORTHOMAX-40x11 Canunulated femure nail-1

COURSE IN HOSPITAL

• Alleged history of RTA on 04/03/22 at 4:00pm near narshingpur.Patient was
admitted with above mentioned complaints. Orthopedecian,s opinion was taken
and Xrays were done which fracture shaft femure left and frantal bone
fracture.Routine blood investigation were done which were suggestive of
normal limit and patient plan for surgery.After neurosurgeon opinion and
nephro-opinion and diabetologist's opinion done and Premedical and
Preanaesthesia checkup done,patient was planned for surgery.
10/03/22-ORIF with IM nailing left femur done under general anaesthesia.
Post op period was uneventful.Physiotherapy was done which the patient
tolerated well and patient is being discharged in stable condition.

CONDITION ON DISCHARGE

• Better. Vitals stable.

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Systemic examination-Normal.

ADVISED

:-Hot Fomentation-Dynapar gel.

-Physiotherapy as advised.

Forward bending, Heavy Weight Lifting, Use Western Commode Toilet, jerk,
Do not Sit on the ground.

TREATMENT ADVISED

:-**Tab Duonem ER300 1BDx 3days(twice daily after meals)**

Tab Cefuroxime 250mg 1BDx 5 days (Twice a day after food)

Tab Ultracet 1BD x3days (Twice a day after food)

Then 1OD x 3 days (Once a day after food)

Then SOS on pain

**Tab Pantapazole 40mg 1 OD x 10 days (once a day before
breakfast)**

Tab Convindex forte 1BD x 10 days (twice daily after meals)

Tab Gemcal 1 HS x30 days (once a day after food)

(continue regular medicines as advised)

Tab Sobisis 1BD

Tab Dytor 10mg 1OD

Tab Nexovas 20mg 1OD

Tab Zilarbi 40mg 1OD

Tab Minipress XL 5mg 1OD

Tab Met XL 50mg 1OD

Tab Preva AS 150mg 1OD

Tab Fortius 10mg 1HS

Tab Nefrosave 1OD

S/C Lupinsulin M 18units-----12units

FOLLOWUP AND REVIEW
DATE

:- Follow Up Advice & Review Date :

Review on -31st march 2022 in Orthopaedics OPD.

When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound
Infection, Seizures, Weakness in any limb, Breathlessness etc.

How to obtain urgent care in case of emergency 24x7 -(: 0761-2410333,
2415333, 2412333 , Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

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In Case Of Any Queries Or Emergencies Please Contact:Phone No:9676404488/04023783000

Medical Officer

Dr.NITIN WADHWA
CONSULTANT ORTHOPAEDIC SURGEON

Created By SAKSHI

Modified By AKRITI