

-----the discharge sheet for Mr. Deepak Kumar Singh starts here----- PATIENT NAME: Mr. Deepak Kumar Singh ADMISSION NO: IP2303044 AGE/GENDER: 46 Years/Male UMR NO: UMR12457 ADMISSION DATE: 10-Mar-2023 DISCHARGE DATE: 24-Mar-2023 CONSULTANT: Dr.ORTHOPEDIC DEPARTMENT REFERRED BY: Walk-in DEPARTMENT: ORTHOPAEDICS Ward : 4TH FLOOR/410/2 DIAGNOSIS: 2 Days Old Central # Dislocation Lt. Hip with # Lower End Radius Lt. with Head Injury ICD CODE: S73.005A, S52.5, S09 CHIEF COMPLAINTS: Trauma on 07.03.2023 at around 06.00 PM due to a fall from height (2nd floor). Primary t/t elsewhere. C/o- Pain & Swelling- Lt. hip & Lt. wrist with sutured wound forehead since the trauma. PAST HISTORY: Catheterization done & BE Cast Lt. given on 07/03/2023 elsewhere. CLINICAL EXAMINATION: Local: Oedema, Tenderness & Deformity- Lt. hip & Lt. wrist. Sutured wound Lt. forehead. General: HR- 88/min, BP- 110/60 mmHg, RR- 20/min, SpO2- 97%, Temp.- 98.1 Degree F. RS - B/L Clear. CVS - S1 S2+. PA - Soft. CNS - Conscious INVESTIGATION: HB- 7.8, TLC- 7300, Platelets- 1.66, BSR- 96, B.Urea- 44, Creatinine- 1.1, TSH- 2.08, Total Bilirubin- 1.09, SGPT- 58, SGOT- 65, Total Protein- 5.8, PT Test- 17.4, INR- 1.3, HBsAg- Negative, HIV- Negative, B.Group-"O" +VE, 08/03/2023 CT Brain- Fracture of the left nasal bone. 09/03/2023 CXR AP View- No significant abnormality noted. 09/03/2023 CT Scan Pelvis with Both Hips- Comminuted fracture noted in iliac bone on the left side. Fracture extending upto the ileopectineal line involving roof and floor of acetabulum. Fractures also extend upto the superior and inferior pubic rami PROCEDURE: Lower femoral pin traction Lt. done under GA on 11/03/2023. # Pelvis fixed with ilioinguinal and stoppa's approach Lt. done under SA on 17/03/2023 IMPLANT: 16 hole Recon plate, 4mm Cancellous screw-1, Small washer-1 (SS Orthomax) TREATMENT GIVEN: ICU Care, Blood Transfusion- 4 units given, Inj. Tazofic 4.5gm, Inj. Oflokm 100ml, Inj. Histac 1amp, Inj. Tramazac 100mg, Inj. Nacphin, Inj. Phenargan, Inj. Delphi-L 1amp x 3 given, COURSE IN HOSPITAL: Mr. Deepak Kumar, 46y/M, presented with pain & swelling left hip and left wrist with a head injury with sutured wound forehead left side due to a fall from a height (2nd floor) on 07/03/2023 at around 06.00 PM. Catheterization & BE Cast left was given on 07/03/2023 elsewhere. Seen by an Orthopedic surgeon, an x-ray shows central fracture dislocation left hip with a fracture lower end radius left, advised pin traction followed by acetabulum plating. A blood investigation was done, which revealed anemia (HB7.8gm%) therefore 2 units of PRBC were given. After medical fitness & pre-anesthetic checkup were planned for the procedure. Lower femoral pin traction left was done under general anesthesia on 11/03/2023. Fracture of pelvis fixed with recon plate left done under spinal anesthesia on 17/03/2023. The postoperative period was uneventful. 2 units of PRBC were given. Physiotherapy is given as advised by the physiotherapist. The patient is being discharged in stable condition. SPECIAL INSTRUCTION: Complete Bed Rest with traction over pulley with 3 bricks. Elevation, Finger, and Toes exercises. Keep the limb in wide abduction. Static quadriceps exercises. Back Care with terogood powder. TREATMENT ON DISCHARGE: Tab Cefakind 1 BD (Twice a day) x 10 days Tab Levoflox 750mg 1 OD (Once a day) x 15 days Tab Nifty SR 1 BD (Twice a day) x 5 days Tab Sporlac 1 BD (Twice a day) x 15 days Tab Dompan SR 1 OD (Once a day) x 10 days Tab Calastan 1 HS (Once a day at night) x 30 days Tab Limcee 1 OD (Once a day) x 30 days Tab Convidex Forte 1 BD (Twice a day) x 15 days Tab Modvita Forte 1 OD (Once a day) x 15 days Tab Aciz SP 1 BD (Twice a day) x 5 days Tab Ketotru S/L SOS (for severe pain) Tab Gabaneuron NT 1 HS (Once a day at night) x 15 days (Before dinner) Tab Montair FX 1 HS (Once a day at night) x 5 days Tab Pyridium 1

TDS (Thrice a day) x 3 days Syp Cital 2tsf TDS with one cup of water thrice a day x 5 days
DATE OF FOLLOW-UP: Review on 07/04/2023 at 9.00 AM in Ortho OPD for Removal of
Sutures, Removal of Pin & Application of Long Bucks Traction. -----the discharge sheet for Mr.
Deepak Kumar Singh ends here-----