

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

### DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mr. ASHUTOSH AGRAWAL	Admission No	: IP2211014
Age/Gender	: 26 Years/Male	UMR No	: UMR6240
Admission Dt	: 13-Nov-2022	Discharge Dt	: 23-Nov-2022
Consultant	: Dr.JITENDRA JAMDAR	Referred By	: Dr.ANUSHRI JAMDAR
Department	: ORTHOPAEDICS	Ward	: 4 DELUXE/404
Patient Address	VINAY KUMAR AGRAWAL , 23 LAXMI BAI COLONY GRID GWALIOR R.S. GIRD GWALIOR M.P. 474002 Gwalior , MADHYA PRADESH 9826263190		

#### DIAGNOSIS

1.5 month old bilateral multiple fracture TIBIA fibula lower and with fracture TIBIA left chronic schizophrenia with bipolar disorder.

#### ICD CODE

S82.401A,F20.9,F31.5.

#### CHIEF COMPLAINTS

Pain in both ankle region since 19.10.2022.

#### CLINICAL EXAMINATION

HR-92/M, BP-100/60MMHG, RR-20 /M, SPO2-97% , Temp.-97.9F , Blood sugar (F)-444 mg/dl, no pallor, no jvc raised , no edema on feet, no icterus, no cynosis

R/S:-B/L Vesicular

CVS:- Heart sound normal

CNS:- Concious, oriented, no focal deficiet

P/A:- Soft,no tender, no organomegaly

#### INVESTIGATION

HB % 8.3gm % Platelets count 2.31Lacs/cumm.TLC 8,800/cumm.

DLC P-81%, -L-16%E-02%, -M-01%,S.Bilirubin (T) 0.47mg/dl.

SGOT 22units/ml. S. Creatinine 0.8 mg/dl SGPT 19umits/ml.,B. Urea 23mg/dl

Prothombin Time 14.3second , Blood Group O"+",S. Alkaline Phosphatase 454IU/L

S. Proteins (T) 6.0gm/dl, HIV & Australia Antigen Negative,S. Sodium 136mEq/L

S. Potassium 3.7mEq/L.

Patient Name : Mr. ASHUTOSH AGRAWAL

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#### COURSE IN HOSPITAL

Mr. Ashutosh Agrawal, 26y, M, presented with pain in both ankle region since 19.10.2022. Orthopedician's opinion was taken and examination was done, which revealed that there was bilateral multiple fracture tibia fibula lower and with fracture tibia left chronic schizophrenia with bipolar disorder. Routine blood investigations were done which were normal. After a protocol based pre medical and pre anesthetic checkup, patient was planned for procedure. **On 14.11.2022**- Patient supine under spinal anesthesia incision taken all to lateral approach of bilateral fibula fracture and fracture exposed, open osteoclasis done bilateral calcaneus pin traction applied. Second surgery **On-19.11.2022**- Patient supine under spinal anesthetic incision taken according to lateral approach of right fibula fracture exposed reduces ORIF with plating done (6 hole semi tubular plate-SS orthomax). Another incision taken according to medial approach of right tibia distal end fracture exposed reduced ORIF with plating done. Another incision taken according to lateral approach of left fibula distal end exposed reduced ORIF with plating done (6 hole semi tubular plate- SS orthomax). Another incision taken according to medial approach of left tibia distal end fracture exposed reduced ORIF with plating done. **On-22.11.2022**- Bilateral below knee cast applied under general anesthesia. Post op period was uneventful. Patient is being discharged in stable condition.

#### CONSULTANT NAME SIGN AND DATE

Dr. Jitendra Jamdar.

#### TREATMENT ON DISCHARGE

Tab. Xolid 600mg	BD(Twice a day).
Cap. Lines 500 mg	TDS(Three times a day).
Cap. Vitagut	BD(Twice a day).
Tab. Signoflam	BD(Twice a day).
Tab. Rantac	BD(Twice a day).
Tab. Convidex forte	BD(Twice a day).
Tab. Calastan	OD(Once a day).
Cap. Limcee 500mg	TDS(Three times a day).
Cap. Zincovit	OD(Once a day).
Tab. Oxy-mark cd	SOS(If necessary).
Tab. Clobabest	TDS(Three times a day).
Tab. Qutaza 10mg	TDS(Three times a day).
Tab. Voxa 10mg	HS(Bed time).
Tab. Pacitane 2mg	TDS(Three times a day).
Tab. Lopes MD 2mg	HS(Bed time).

#### DATE OF FOLLOW UP

Review on 10 days to Dr. Jitendra Jamdar.

Online free video consultation:- Doctor consultation (1), dressing (1)

When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound Infection, Seizures,

Patient Name : Mr. ASHUTOSH AGRAWAL

Admission No : IP2211014

How to obtain urgent care in case of emergency 24x7 -( 0761-3500283)

Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

Transcribed By : ADITI

Resident Doctor

Dr.JI TENDRA JAMDAR  
CONSULTANT ORTHOPAEDIC SURGEON