

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium

Jabalpur 482002/ 7566003344

DISCHARGE SUMMARY

Patient Name	: Mrs. RAMMI SHARMA	Admission No	: IP2202012
Age/Gender	: 61 Years/Female	UMR No	: UMR2785
Consultant 1	: Dr.NITIN WADHWA	Ward	: 402/402
Department 1	: ORTHOPAEDICS	Date Of Admission	: 16-Feb-2022 4:26 pm
Consultant 2	: GOURAV KOCHAR	Date of Discharge	: 01-Mar-2022
Department 2	: PHYSIOTHERAPY.		
Address	: BANGLA NO 25 SADAR CANTT RAVI SHANKAR MARG SADAR BAZAR JBP MP PIN 482001 Jabalpur , MADHYA PRADESH 9827064589		
Referred By	: WALK-IN		

DIAGNOSIS

: Bilateral Osteoarthritis Knee.
Post op- Bilateral Total Knee Replacement under Spinal Epidural anaesthesia.

CHIEF COMPLAINTS

: Patient was diagnosed of bilateral osteoarthritis knee 3years back.
Complaint of pain increased two weeks back. Was unable to walk because of it and had joint stiffness.

PAST HISTORY

: K/C/O Hypertension, Hypothyroidism.

CLINICAL EXAMINATION

: **General:** Pulse 82/min, BP-160/100mmHg, R/R-18/min, SpO2-98%on room air

Systemic examination:

RS - B/L Clear.

CVA - S1 S2+.

PA - Soft.

CNS - Conscious, alert, responds spontaneously to verbal commands.

Local Examination of knees:

coarse crepitus, reduced range of movement, and joint-line tenderness. Rt>Lt.

IMPLANT

: Gentamicin bone cement (DePuy CMW 3-40g) (Right 9859818 and left)
Tibial base rotating platform size 3(right 9855005 and left 9855054)

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CONDITION ON
DISCHARGE

: **Better.**
Vitals stable.
Systemic Examination- normal

ADVISED

: Physiotherapy as advised.
Ankle pumps.
Practice getting up from a sitting position.
Knee straightening exercises.
Supported knee bends
Use elevated toilet seat.

Suture removal after 15 days n OPD.

NOTES

: **COURSE IN HOSPITAL:** Patient was admitted with above mentioned complaints. Orthopadecians opinion was taken and x-rays were done which osteoarthritis. Routine blood investigations were done which were normal and patient planed for surgery. After a protocol based pre medical checkup and pre anaesthesia checkup, patient was planned for surgery.
17/2/22-Bilateral total knee replacement under spinal epidural anaesthesia.
Post op period was uneventful. Physiotherapy was done which the patient tolerated well and patientis being discharged in stable condition.

TREATMENT ADVISED

:

SNo	Medicine Name	Route	M	A	E	N	Days.	Qty.
1	WILCEF 250 TAB	ORAL	1	-	1	-	5	
2	XOLID TAB	ORAL	1	-	1	-	7	
3	DOMPAN SR TAB	ORAL	1	-	-	-	10	
4	CHYMORAL FORTE TAB	ORAL	1	-	1	-	5	
5	CALADD-500 TAB	ORAL	-	1	-	-	30	

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6	KETOTRU TAB	ORAL	1	-	-	-	10	SOS
7	ULTRACET SEMI TAB	ORAL	1	1	1	-	5	
8	AMLOKIND AT TAB	ORAL	-	-	1	-	30	to cont
9	LOSAR 50MG TAB	ORAL	1	-	1	-	30	to cont
10	THYROX 150MG TAB	ORAL	1	-	-	-	30	toconti

FOLLOW UP & REVIEW

: Followup after 7days in Ortho OPD.

In Case Of Any Quries Or Emergencies Please Contact.Phone No:9676404488/04023783000

Medical Officer

Dr.NITIN WADHWA
CONSULTANT ORTHOPADEDIC SURGEON

Created By SAKSHI
Modified By SAKSHI