

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

Patient Name	: Mr. PAWAN THAKUR	Admission No	: IP2201026
Age/Gender	: 25 Years/Male	UMR No	: UMR2435
Consultant 1	: Dr.AMIT SHRIVASTAVA	Ward	: 409 T/409/2
Department 1	: ORTHOPAEDICS	Date Of Admission	: 20-Jan-2022 8:40 pm
Consultant 2	:	Date of Discharge	: 25-Jan-2022
Department 2	:		
Address	: UJAR PURWA BALDEOBAG Jabalpur , MADHYA PRADESH 908446490		
Referred By	: WALK-IN		

### DIAGNOSIS

: **A case of RTA ,Fracture base 2nd, 3rd, 4th proximal phalanx Lt. hand and hemarthrosis Lt. knee. Post Op- Closed Reduction 2nd,3rd,4th proximal phalanx base.**  
Kwire fixation done under brachial block.  
Aspiration Lt knee done.

### CHIEF COMPLAINTS (REASON FOR ADMISSION)

: Alleged history of RTA on 20/1/2022 at 1pm near Chandalbhaata, Damoh Naka. Sustained injury over Left upper Limb and lower limb. C/O pain in this and swelling in this region since then.

### CLINICAL EXAMINATION

: Odema,tenderness, deformity -2nd,3rd,4th proximal phalanx Lt. and odema and tenderness Lt. knee.

#### GENERAL EXAMINATION-

BP-130/70mmHg, HR-100/min, R/R-18/min, SpO2-98% on room air.

#### SYSTEMIC EXAMINATION-

CNS-Patient is conscious alert, responds spontaneously to verbal commands.

CVS-S1, S2+

R/S-B/L air entry clear.

P/A-Soft, BS+

### INVESTIGATIONS

: HB % 13.1 gm % Platelets count 1.37Lacs/cumm.TLC 8000/cumm

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SGOT 33units/ml. S. Creatinine 1.1 mg/dl SGPT 35units/ml.,B. Urea 49mg/dl  
Prothombin Time 13.8second , Blood Group O"+",S. Alkaline Phosphatase  
289IU/L

S. Proteins (T) 5.9gm/dl, HIV & Australia Antigen Negative,S. Sodium  
139mEq/L

S. Potassium 5.8mEq/L, Urine RM 18 to 20 pus cells

**Urine Culture : Growth of E coli seen, HbA1c : 8.4%**

**USG Abdomen : PVR +200ml, TSH 2.20**

X-RAY

: Xrays done which were suggestive of **Fracture base 2nd, 3rd, 4th proximal phalanx Lt. hand and hemarthrosis Lt. knee.**

COURSE IN HOSPITAL

: Patient was admitted with complaints of history of trauma and severe back pain radiating to left lower limb and upperlimb. Xrays done which were suggestive of **Fracture base 2nd, 3rd, 4th proximal phalanx Lt. hand and hemarthrosis Lt. knee.**

After a protocol based PMC and PAc, patient was planned for surgery.

Date-20/1/2022

Closed Reduction 2nd,3rd,4th proximal phalanx base.

Kwire fixation done under brachial block.

Aspiration Lt knee done.

CONDITION ON DISCHARGE

: Better.

Vitals stable.

Systemic Examination- normal.

ADVISED

: **Physiotherapy as advised.**

-Avoid :

Forward bending, Heavy Weight Lifting, Use Western Commode Toilet, jerk,

Do not Sit on the ground.

TREATMENT ADVISED

: **Tab Cefuroxime 500mg**

**1BDx 5 days (Twice a day after food)**

**Tab Ultracet**

**1BD x5days (Twice a day after food)**

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**Tab Pantaprozole 40mg 1 OD x 10 days (once a day before breakfast)**

**Tab Callad 1 HS x30 days (once a day after food)**

**Tab Convidex Forte 1BDx 15 days**

**Tab Limcee 1BDx15days.**

**Tab CHYMORAL forte 1BDX 5days.**

**Artho Touch patch Daily x 7 days**

FOLLOWUP AND REVIEW  
DATE

: Follow Up Advice & Review Date :

Review on 10th feb,2022 inOrtho OPD

How to obtain urgent care in case of emergency 24x7 -( : 0761-2410333,  
2415333, 2412333 , Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

In Case Of Any Quries Or Emergencies Please Contact.Phone No:9676404488/04023783000

Medical Officer

Dr.AMIT SHRI VASTAVA  
CONSULTANT ORTHOPADEDIC SURGEON

Created By DRNARENDRA

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