

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

Patient Name	: Mr. PURSHOTTAM NEMA	Admission No	: IP2111008
Age/Gender	: 59 Years/Male	UMR No	: UMR1555
Consultant 1	: Dr.VIKAS SAWLA	Ward	: 4TH FLOOR./401
Department 1	: ORTHOPAEDICS	Date Of Admission	: 15-Nov-2021 5:21 pm
Consultant 2	:	Date of Discharge	: 19-Nov-2021
Department 2	:		
Address	: SEONI Seoni , MADHYA PRADESH 918381619		
Referred By	: DR. VIKAS SAWLA		

### DIAGNOSIS

: **OA Knee (Left>Right)**  
**Left TKR done.**

### CHIEF COMPLAINTS (REASON FOR ADMISSION)

: Patient is a diagnosed case of Osteoarthritis both knee.( More in left knee)  
On admission complaints. pain in left knee. Inability to carry out activities of daily living because of pain.

General examination- BP-150/80mmHg, HR- 94/min, R/R-18/min, SPo2-99%  
in room air

Systemic examination- CNS-Patient is conscious, alert, responds spontaneously to verbal commands.

CVS- S1 S2 +

R/S- Bilateral air entry clear.

P/A- soft, BS+

Local examination Left Knee-Tenderness on palpation at joint line.

Pain on passive motion, crepitus+

### INVESTIGATIONS

: 15\11\2021

HB % 11.1gm % Platelets count 2.76 Lacs/cumm.TLC 5800/cumm

DLC P-76%, -L-21%E-02%, -M-01%, B-00%

15/11/2021 SARS COV-2 ANTIGEN TEST-Negative

15/11/2021 Glycosylated Hb-6.5%

15/11/2021 LFT

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serum creatinine-1.6

18/11/2021

Blood Urea-38, Serum creatinine-1.5

Hb-11.5g%, TLC-13200, Plt-2.43lacs

**Urine routine and microscopy- normal**

**2D-ECHO- LVEF-50-55% Concentric LVH**

**No RWMA**

#### PROCEDURE

**: Left Total Knee Replacement done on 16/11/2021**

**Surgeon- Dr. Vikas Sawla**

**Anaesthetist Incharge- Dr. R. Harne**

**Anaesthesia- Spinal+Epidural.**

#### IMPLANT

**: Medial parapatellar approach**

**Left TKR done using F3, T-2, 2x11 INSERT (Oxynium SN Implant)**

#### COURSE IN HOSPITAL

**: Patient was admitted with complaints of pain in left knee. Was diagnosed of OA knee about 1 year back. Pain and symptoms aggravated for which patient was admitted and planned for surgery after a complete workup. Routine blood investigations were within normal limits except for Borderline serum creatinine levels and borderline GFR. Patient has a similar history of this about an year back where he wasn't diagnosed of any renal pathology. Patient was taken for Left Total knee Replacement under spinal plus epidural anaesthesia on 16/11/2021. Patient withstood the surgery well and was kept under observation in SICU for 4-5 hours and was then shifted to ward. Physiotherapy was done and patient was mobilized under supervision the next day. Was managed with I/v fluids, I/V antibiotics, I/V PPI, I/V analgesics and symptomatic and supportive treatment. Regular physiotherapy was done post op and patient was able to climb the stairs on POD2. Patient responded well to the treatment given and is being discharged in stable condition.**

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CONDITION ON  
DISCHARGE

• Patient is comfortable. Vitals stable. Morning physiotherapy session done.

BP-130/80mmHg

HR-96/min

R/R-18/min

SPO2- 98%

S/E- Normal

Surgical site- wound healthy. No soakage.

ADVISED

• DFO Gel L/A

**-Physiotherapy as advised.**

-Avoid : Forward bending, Heavy Weight Lifting,

Use Western Commode Toilet, , Do not Sit on the ground

TREATMENT ADVISED

• **Tab Linid 600mg**

**1BDx 7days (Twice a day after food)**

**Tab Ultanise**

**1BD x15days (Twice a day after food)**

**Tab Pantocid DSR 40mg**  
**breakfast)**

**1 OD x 15 days (once a day before**

**Tab Chymoral AP**

**1 BDx 15 days (Twice a day after food)**

**Tab Ecosprin 75mg**

**1OD x15days(once a day after food)**

**Tab Calrest K27**

**1 OD x15days (once a day after food)**

**Tab Zincovit**

**1ODx15days (once a day after food)**

**Tab Uprise D3 60k**

**ONCE A WEEK FOR 6 WEEKS**

**DFO Gel L/A**

FOLLOWUP AND REVIEW  
DATE

• Follow Up Advice & Review Date :

Review after 15days on 3th Dec 2021 for suture removal to Dr. Vikas Sawla

When to obtain urgent care : Pain, Fever Surgical Site/Wound Infection,

How to obtain urgent care in case of emergency 24x7

Whatsapp and calling : 7566003344

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In Case Of Any Queries Or Emergencies Please Contact:Phone No:9676404488/04023783000

Medical Officer

Dr.VIKAS SAWLA  
CONSULTANT ORTHOPAEDIC SURGEON

Created By SAKSHI

Modified By SAKSHI