-----the discharge sheet for Mr. Pankai Chaurasia starts here----- PATIENT NAME: Mr. Pankaj Chaurasia ADMISSION NO: IP2303103 AGE/GENDER: 31 Years/Male UMR NO: UMR13096 ADMISSION DATE: 21-Mar-2023 Discharge DATE: 24-Mar-2023 CONSULTANT: Dr.ORTHOPEDIC DEPARTMENT REFERRED BY: Dr. THC DEPARTMENT: ORTHOPAEDICS WARD: 4TH FLOOR/408/1 DIAGNOSIS: Comp. Comn. Intercondylar # Femur Lt. ICD CODE M25.502 CHIEF COMPLAINTS: Trauma on 20.03.2023 at around 07.30 PM due to fall from own bike. Primary t/t elsewhere. C/o- Pain & Swelling- Lt. knee & thigh. CLINICAL EXAMINATION: Local: Oedema, Tenderness & Deformity- Lt. thigh & knee. General: HR- 80/min, BP- 120/70 mmHg, RR- 20/min, SpO2- 98%, Temp.- 98.2° F. RS - B/L Clear. CVS - S1 S2+. PA - Soft. CNS - Conscious. INVESTIGATION: HB-11.8, TLC- 14100, Platelets- 1.73, Creatinine- 1.0, B. Urea- 29, SGOT- 61, SGPT- 34, PT Test- 15.9, INR- 1.2, TSH- 3.89, HBsAq- Negative, HIV- Negative, B.Group-"O" +VE, 23/03/2023 Wound Culture Lt. Knee- Growth of staph aurus seen. PROCEDURE: Open reduction locking plate distal femur Lt. with insertion of cement beads done under SA on 21/03/2023 IMPLANT: 10 hole locking plate distal femur (SS Orthomax) TREATMENT GIVEN: ICU Care, Blood Transfusion- 1 unit given, Inj. Wilcef 1.5gm, Inj. Oflokem 100ml, Inj. Peploc 1amp, Inj. Tramazac 100mg, Inj. Serenace 1amp, COURSE IN HOSPITAL: Mr. Pankaj Chourasiya, 31y/M, presented with pain & swelling left knee & thigh due to fall from own bike on 20/03/2023 at around 07.30 PM. Seen by Orthopedic surgeon, x-ray shows compound comminuted intercondylar fracture femur left and advised surgery. Blood investigation were done, which were normal. After medical fitness & pre anesthetic checkup, patient was planned for procedure. Open reduction locking plate distal femur left with insertion of cement beads done under spinal anesthesia on 21/03/2023. 1 unit of PRBC given. Post operative period was uneventful. Physiotherapy given as advised by physiotherapist. Patient is being discharged in a stable condition with advised will require medial plating & bone grafting a later date. Review after 12 days for removal of sutures SPECIAL INSTRUCTION: Bed Rest with Thomas splint. Elevation and Toes exercises. Keep the limb in wide abduction. Static quadriceps exercises. Back Care & Ring Care with terogood powder NOTE: Will require medial plating & bone grafting at a later date. TREATMENT ON DISCHARGE: Tab Cepodem 200mg 1 BD (Twice a day) x 12 days Tab Xolid 600mg 1 BD (Twice a day) x 12 days Tab Panda DSR 1 OD (Once a day) x 12 days Tab Calastan 1 HS (Once a day at night) x 30 days Tab Limcee 1 OD (Once a day) x 30 days Tab Convidex Forte 1 BD (Twice a day) x 15 days Tab Modvita Forte 1 OD (Once a day) x 15 days Tab Aciz SP 1 BD (Twice a day) x 5 days Tab Ketotru S/L SOS (for severe pain) Tab Hynorex 25mg 1 BD (Twice a day) x 3 days Tab Libotryp DS 1 HS (Once a day at night) x 10 day DATE OF FOLLOW-UP: Review on 05/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutrues -----the discharge sheet for Mr. Pankaj Chaurasia ends here-----