TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium Jabalpur 482002/ 7566003344

Patient Name : Mrs. PUSHPA SAHU Admission No : IP2201009

Age/Gender : 75 Years/Female UMR No : UMR2272

Consultant 1 : Dr.JITENDRA JAMDAR Ward : 409 T/409/3

Department 1 : ORTHOPAEDICS Date Of Admission : 08-Jan-2022 2:04 pm

Consultant 2 : Date of Discharge : 13-Jan-2022

Department 2 :

Address : PATAN ROAD TIMRI

Jabalpur, MADHYA PRADESH

7**DS** 902136

Referred By : WALK-IN

UTI with AKI with Pressure ulcers both buttocks with Rheumatoid

Arthritis with multiple bone deformities with ILD with CAD- Post PPI

(LVEF-20%)

CHIEF COMPLAINTS (REASON FOR

ADMISSION)

: C/O generalised weakness, burning micturition . fever since 5 days.

On examination - Bp- 110/60mmHg

HR-70/min R/R-20/min SpO2- 94% on room air.

Patient is conscious, dull drowsy responds to simple verbal commands.

CVS- S1S2+ R/S- rhonchi+

P/.A- Soft bowel sounds +

Local examination- Bone deep pressure ulcer midline above buttock. (grade 4)

pressure sore both buttocks as well.

investigations : HB % 9.3gm % Platelets count 1 Lacs/cumm.TLC 11200/cumm

DLC P-83%, -L-15%E-01%, -M-01%, Sugar (R) 92mg/dl, S. Bilirubin (T)

0.59mg/dl.

SGOT 20units/ml. S. Creatinine 2.4mg/dl SGPT 23umits/ml.,B. Urea 136mg/dl

Alkaline Phosphatase 199IU/L

S. Proteins (T) 4.9gm/dl,

Urinew routine suggestive of 10-12puscells culture suggestive of growth of E. Coli.

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TREATMENT GIVEN

I/v fluids, I/V antibiotics, I/V PPI, antipyretics, oral antiplatelets and symptomatic and supportive treatment.

COURSE IN HOSPITAL

Patient was admitte dwith complains of fever and burning sensation in urine and with generalized weakness. Patient is a bedridden patient, a known case of Rheumatoid arthrtis with bone contractures, with history of CHB-PPI in situ (LVEF-20%) and also ILD. Was investigated likewise. Routine blood investigations wee suggestive of raised WBC counts, low serum albumin, mildly derranged lfts and kfts, Urine routine was suggestive of raised pus cells and culture was suggestive of growth of E.Coli. Patient had multiple pressure ulcers due to her persistent bedridden state out of which one is a grade 4 bone deep ulcer. Physician's and nephrologist's opinion was taken and advise followed. Plastic surgeon's opinion was advised. Patient was managed with I/V fluids, I/v antibiotics, ppi, analgesics, antipyretics and symptomatic and supportive treatment. Pressure ulcer dressing was done twice daily. Patient is being dicharged on urinary catheter and care as explained has to be done. Patient requires constant care and mnitoring but is being discharged as requested by relatives.

CONDITION ON DISCHARGE

• Patient requires regular nursing care as she is bedridden and has pressure sores which require regular dressing.

Due to her comorbidities and present condition, she has guarded prognosis and requires constant care.

<u>ADVI SED</u>

TOTAL WATER INTAKE 1-1.2 LITRES/24 HOURS.

Encourage oral feeds.

Nephro HP powder 2 scoops twice daily with water.

Air bed or huntleigh mattress as advised. Pressure ulcer dressing as advised.

Urinary catheter care as advised.

TREATMENT ADVISED

Tab OREPENEM -ER 300MG
 Tab Pantaprozole 40mg
 Tab PREGABA-M
 1 OD x 10 days
 1 ODx30 days

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Tab Cardivas 3.125 1BD (to continue till next order)
Tab Ecosprin-AV 75/10 1 OD (to continue till next order)

Tab Zincovit 1 ODx 30 days

FOLLOW UP : follow up after 5days or SOS in medicine OPD.

followup investigations- CBC, Urine R/M , KFT

In Case Of Any Quries Or Emergencies Please Contact.Phone No:9676404488/04023783000

Dr.JI TENDRA JAMDAR

Medical Officer CONSULTANT ORTHOPADEDIC SURGEON

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