

-----the discharge sheet for Mr Shivanand jee starts here----- PATIENT NAME: Mr. Shivanand Jee ADMISSION NO: IP2303120 AGE/GENDER: 55 Years/Male UMR NO: UMR13277 ADMISSION DATE: 24-Mar-2023 Discharge DATE: 26-Mar-2023 CONSULTANT: Dr.PRIYANSHU DIXIT REFERRED BY: Dr.DR PRIYANSHU DIXIT DEPARTMENT: ORTHOPAEDICS WARD: 4 TRIPLE SHARING/407/3 DIAGNOSIS: Bimalleolar # Lt. Ankle with Obesity & HTN. ICD CODE M84.471A, R03.0, E66, CHIEF COMPLAINTS: Trauma on 23.03.2023 at around 8.00 PM due to a fall at home. Primary t/t elsewhere. C/o- Pain & Swelling- Lt. ankle since the trauma. CLINICAL EXAMINATION: Local: Oedema, Tenderness & Deformity- Lt. ankle. General: HR- 80/min, BP- 130/80 mmHg, RR- 20/min, SpO2- 80%, Temp.- 98° F. RS - B/L Clear. -CVS - S1 S2+. PA - Soft. -CNS - Conscious. INVESTIGATION: HB- 11.3, TLC- 8100, ESR- 34, Platelets- 1.52, BSR- 92, Creatinine- 0.9, B.Urea- 27, Total Bilirubin- 0.56, SGPT- 49, SGOT- 27, Total Protein- 6.6, Alkaline Phosphatase- 251, PT Test- 13.9, INR- 1.1, HBsAg- Negative, HIV- Negative, B.Group- "B" +VE, PROCEDURE: - Open reduction fibula plating with tension band wiring medial malleolus Lt. done under SA by Dr.P.Dixit on 24/03/2023. IMPLANT: 1/3rd Tubular Plate, K-wire-2, Tension band wire-1 (SS Orthomax) TREATMENT GIVEN: Inj. Cetriax S 1.5gm, Inj. Lines 1amp, Inj. Tramazac 100mg, Inj. Histac 1amp, Inj. Dicefin AQ, Inj.Phenargan, Inj. Rubuphin, COURSE IN HOSPITAL: Mr. Shivanand Jee, 55y/M, presented with pain & swelling left ankle due to a fall at home on 23/03/2023 at around 8.00 PM. Seen by an Orthopedic surgeon, x-rays show a bimalleolar fracture left ankle and advised surgery. Blood investigations were done, which were normal. After medical fitness & pre-anesthetic checkup, the patient was planned for the procedure. Open reduction fibula plating with tension band wiring medial malleolus left done under spinal anesthesia on 24/03/2023. The postoperative period was uneventful. The patient is being discharged in stable condition. SPECIAL INSTRUCTION: Bed Rest. Elevation and Toes exercises. Keep the limb in wide abduction. Static quadriceps exercises. Back Care with terogood powder. -Regular consultation with a physician for HTN & Regular BP Check-up. TREATMENT ON DISCHARGE: Tab Cefrotux 250mg 1 BD (Twice a day) x 10 days Cap Lines 500mg 1 TDS (Thrice a day) x 10 days Tab Sporlac 1 BD (Twice a day) x 10 days Tab Panda DSR 1 OD (Once a day) x 10 days Tab Calastan 1 HS (Once a day at night) x 30 days Tab Limcee 1 BD (Twice a day) x 30 days Tab Convindex Forte 1 BD (Twice a day) x 15 days Tab Modvita Forte 1 OD (Once a day) x 15 days Tab Troyfenac SP 1 BD (Twice a day) x 5 days Tab Zinase XT 1 TDS (Thrice a day) x 5 days Tab Ketotru S/L SOS (for severe pain) Tab Stamlo 2.5mg 1 OD (Once a day)- As per the physician DATE OF FOLLOW-UP: Review on 05/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutures -----the discharge sheet for mr shivanand jee ends here-----