

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mr. PANKAJ CHAURASIA	Admission No	: IP2303103
Age/Gender	: 31 Years/Male	UMR No	: UMR13096
Admission Dt	: 21-Mar-2023	Discharge Dt	: 24-Mar-2023
Consultant	: Dr. ORTHOPEDIC DEPARTMENT	Referred By	: Dr. THC
Department	: ORTHOPAEDICS	Ward	: 4TH FLOOR/408/1
Patient Address	SHATTI MAHOLL WARD MNO 4 MAHARAJPUR Chhatarpur, MADHYA PRADESH 9303608885		

DIAGNOSIS

Comp. Conn. Intercondylar # Femur Lt.

ICD CODE

M25.502

CHIEF COMPLAINTS

Trauma on 20.03.2023 at around 07.30 PM due to fall from own bike.

Primary t/t elsewhere.

C/o- Pain & Swelling- Lt. knee & thigh.

CLINICAL EXAMINATION

Local: Oedema, Tenderness & Deformity- Lt. thigh & knee.

General: HR- 80/min, BP- 120/70 mmHg, RR- 20/min, SpO2- 98%, Temp.- 98.2° F.

RS - B/L Clear.

CVS - S1 S2+.

PA - Soft.

CNS - Conscious.

INVESTIGATION

HB-11.8, TLC- 14100, Platelets- 1.73, Creatinine- 1.0, B. Urea- 29, SGOT- 61, SGPT- 34,

PT Test- 15.9, INR- 1.2, TSH- 3.89, HBsAg- Negative, HIV- Negative, B.Group-"O" +VE,

23/03/2023 Wound Culture Lt. Knee- Growth of staph aureus seen.

PROCEDURE

- Open reduction locking plate distal femur Lt. with insertion of cement beads done under SA on 21/03/2023.

IMPLANT

10 hole locking plate distal femur (SS Orthomax)

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TREATMENT GIVEN

ICU Care, Blood Transfusion- 1 unit given, Inj. Wilcef 1.5gm, Inj. Oflokem 100ml, Inj. Peploc 1amp, Inj. Tramazac 100mg, Inj. Serenace 1amp,

COURSE IN HOSPITAL

Mr. Pankaj Chourasiya, 31y/M, presented with pain & swelling left knee & thigh due to fall from own bike on 20/03/2023 at around 07.30 PM. Seen by Orthopedic surgeon, x-ray shows compound comminuted intercondylar fracture femur left and advised surgery. Blood investigation were done, which were normal. After medical fitness & pre anesthetic checkup, patient was planned for procedure. Open reduction locking plate distal femur left with insertion of cement beads done under spinal anesthesia on 21/03/2023. 1 unit of PRBC given. Post operative period was uneventful. Physiotherapy given as advised by physiotherapist. Patient is being discharged in a stable condition with advised will require medial plating & bone grafting a later date. Review after 12 days for removal of sutures.

SPECIAL INSTRUCTION

Bed Rest with Thomas splint. -Elevation and Toes exercises.
Keep the limb in wide abduction. -Static quadriceps exercises.
Back Care & Ring Care with terogood powder.

NOTE

- Will require medial plating & bone grafting at a later date.

(geacrk k x; k gsf d ejlt dksfM; y Iyfvx o gMMHj usds vWj's ku dh t #jr i Mch).

TREATMENT ON DISCHARGE

Tab Cepodem 200mg 1 BD (Twice a day) x 12 days
Tab Xolid 600mg 1 BD (Twice a day) x 12 days
Tab Panda DSR 1 OD (Once a day) x 12 days
Tab Calastan 1 HS (Once a day at night) x 30 days
Tab Limcee 1 OD (Once a day) x 30 days
Tab Convidex Forte 1 BD (Twice a day) x 15 days
Tab Modvita Forte 1 OD (Once a day) x 15 days
Tab Aciz SP 1 BD (Twice a day) x 5 days
Tab Ketotru S/L SOS (for severe pain)
Tab Hynorex 25mg 1 BD (Twice a day) x 3 days
Tab Libotryp DS 1 HS (Once a day at night) x 10 days

DATE OF FOLLOW UP

Review on 05/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutrues.

Transcribed By : ASHISH

Resident Doctor

Dr. ORTHOPEDIC DEPARTMENT
CONSULTANT ORTHOPAEDIC SURGEON