

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mr. GOVARDHAN LODHI	Admission No	: IP2303085
Age/Gender	: 35 Years/Male	Weight	: 64
		UMR No	: UMR12874
Admission Dt	: 17-Mar-2023	Discharge Dt	: 22-Mar-2023
Consultant	: Dr. ORTHOPEDIC DEPARTMENT	Referred By	: Dr. THC
Department	: ORTHOPAEDICS	Ward	: 4TH FLOOR/408/1
Patient Address	: TIKAMGARH Tikamgarh , MADHYA PRADESH 7000061728		

DIAGNOSIS

6 Days Old # Medial Condyle Tibia Rt.

ICD CODE

S42.46

CHIEF COMPLAINTS

Trauma on 11.03.2023 at around 03.00 AM due to fall while dancing.

Primary t/t elsewhere.

C/o- Pain & Swelling- Rt. knee & leg since trauma.

CLINICAL EXAMINATION

Local: Oedema, Tenderness & Deformity- Rt. knee & leg.

General: HR- 80/min, BP- 120/80 mmHg, RR- 20/min, SpO2- 98%, Temp.- 96.3° F.

RS - B/L Clear.

CVS - S1 S2+.

PA - Soft.

CNS - Conscious.

INVESTIGATION

HB- 12.9, TLC- 5300, Platelets- 1.92, BSR- 94, Creatinine- 0.8, Total Bilirubin- 0.56, SGPT- 57,

PT Test- 15.4, INR- 1.2, HBsAg- Negative, HIV- Negative, B.Group-"O" +VE,

PROCEDURE

- Open reduction and locking plate upper end tibia Rt. done under SA on 20/03/2023.

IMPLANT

2 hole medial locking plate tibia (SS Orthomax)

TREATMENT GIVEN

Inj. C-one SB 1.5gm, Inj. Oflokem 100ml, Inj. Aciloc 1amp, Inj. Vivian 1amp, Inj. Tramazac 100mg, Inj.

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Rubuphin, Inj. Phenargan,

COURSE IN HOSPITAL

Mr. Govardhan Lodhi, 35y/M presented with old fracture medical condyle tibia right due to fall while dancing on 11.03.2023 at around 3:00AM at home. Pt took primary t/t at chhatarpur. After medical fitness & pre anaesthetic check up. On 20.03.2023 locking plating upper end tibia right done under SA. Post op recovery uneventful. Pt is being discharged in a stable condition and advice to review after 10 days for removal of sutures.

SPECIAL INSTRUCTION

Bed Rest.

Elevation and Toes exercises.

Keep the limb in wide abduction.

Static quadriceps exercises.

Back Care with terogood powder.

TREATMENT ON DISCHARGE

Tab Cefquin 200mg	1BD (Twice a day) x 12 days
Tab Panda DSR	1OD (Once a day) x 12 days
Tab Calastan	1HS (Once a day at night) x30 days
Tab Limcee	1BD (Twice a day) x30 days
Tab Convidex Forte	1BD (Twice a day)x15 days
Tab Modvita Forte	1OD (Once a day)x15 days
Tab Aciz SP	1BD (Twice a day)x5 days
Tab ketotram	SOS

DATE OF FOLLOW UP

Review on 04/04/2023 at 09:00am in ortho OPD for removal of sutures .

Transcribed By : ASHISH

Resident Doctor

Dr.ORTHOPEDIC DEPARTMENT
CONSULTANT ORTHOPAEDIC SURGEON