

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mr. DEEPAK KUMAR SINGH	Admission No	: IP2303044
Age/Gender	: 46 Years/Male	UMR No	: UMR12457
Admission Dt	: 10-Mar-2023	Discharge Dt	: 24-Mar-2023
Consultant	: Dr. ORTHOPEDIC DEPARTMENT	Referred By	: Walk-in
Department	: ORTHOPAEDICS	Ward	: 4TH FLOOR/410/2
Patient Address	: SATNA Satna , MADHYA PRADESH 9131032037		

DIAGNOSIS

2 Days Old Central # Dislocation Lt. Hip with # Lower End Radius Lt. with Head Injury.

ICD CODE

S73.005A, S52.5, S09

CHIEF COMPLAINTS

Trauma on 07.03.2023 at around 06.00 PM due to fall from height (2nd floor).

Primary t/t elsewhere.

C/o- Pain & Swelling- Lt. hip & Lt. wrist with sutured wound forehead since trauma.

PAST HISTORY

- Catheterization done & BE Cast Lt. given on 07/03/2023 elsewhere.

CLINICAL EXAMINATION

Local: Oedema, Tenderness & Deformity- Lt. hip & Lt. wrist. Sutured wound Lt. forehead.

General: HR- 88/min, BP- 110/60 mmHg, RR- 20/min, SpO2- 97%, Temp.- 98.1 Degree F.

RS - B/L Clear. -CVS - S1 S2+.

PA - Soft. -CNS - Conscious.

INVESTIGATION

HB- 7.8, TLC- 7300, Platelets- 1.66, BSR- 96, B.Urea- 44, Creatinine- 1.1, TSH- 2.08, Total Bilirubin- 1.09, SGPT- 58,

SGOT- 65, Total Protein- 5.8, PT Test- 17.4, INR- 1.3, HBsAg- Negative, HIV- Negative, B.Group-"O" +VE,

08/03/2023 CT Brain- Fracture of left nasal bone.

09/03/2023 CXR AP View- No significant abnormality noted.

09/03/2023 CT Scan Pelvis with Both Hips- Comminuted fracture noted in iliac bone on left side. Fracture extending upto the ileopectineal line involving roof and floor of acetabulu. Fracture also extending upto the superior and inferior pubic rami.

PROCEDURE

- Lower femoral pin traction Lt. done under GA on 11/03/2023.

- # Pelvis fixed with ilioinguinal and stoppa's approach Lt. done under SA on 17/03/2023.

IMPLANT

16 hole Recon plate, 4mm Cancellous screw-1, Small washer-1 (SS Orthomax)

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TREATMENT GIVEN

ICU Care, Blood Transfusion- 4 units given, Inj. Tazofic 4.5gm, Inj. Oflokem 100ml, Inj. Histac 1amp, Inj. Tramazac 100mg, Inj. Nacphin, Inj. Phenargan, Inj. Delphi-L 1amp x 3 given,

COURSE IN HOSPITAL

Mr. Deepak Kumar, 46y/M, presented with pain & swelling left hip and left wrist with head injury with sutured wound forehead left side due to fall from height (2nd floor) on 07/03/2023 at around 06.00 PM. Catheterization & BE Cast left was given on 07/03/2023 elsewhere. Seen by Orthopedic surgeon, x-ray shows central fracture dislocation left hip with fracture lower end radius left, advised pin traction followed by acetabulum plating. Blood investigation were done, which revealed anemia (HB-7.8gm%) therefore 2 units of PRBC given. After medical fitness & pre anesthetic checkup was planned for procedure. Lower femoral pin traction left done under general anesthesia on 11/03/2023. Fracture pelvis fixed with recon plate left done under spinal anesthesia on 17/03/2023. Post operative period was uneventful. 2 units of PRBC given. Physiotherapy given as advised by physiotherapist. Patient is being discharged in a stable condition.

SPECIAL INSTRUCTION

Complete Bed Rest with traction over pully with 3 bricks.
Keep the limb in wide abduction.
Back Care with terogood powder.

-Elevation, Finger and Toes exercises.
-Static quadriceps exercises.

TREATMENT ON DISCHARGE

Tab Cefakind 1 BD (Twice a day) x 10 days
Tab Levoflox 750mg 1 OD (Once a day) x 15 days
Tab Nifty SR 1 BD (Twice a day) x 5 days
Tab Sporlac 1 BD (Twice a day) x 15 days
Tab Dompan SR 1 OD (Once a day) x 10 days
Tab Calastan 1 HS (Once a day at night) x 30 days
Tab Limcee 1 OD (Once a day) x 30 days
Tab Convidex Forte 1 BD (Twice a day) x 15 days
Tab Modvita Forte 1 OD (Once a day) x 15 days
Tab Aciz SP 1 BD (Twice a day) x 5 days
Tab Ketotru S/L SOS (for severe pain)
Tab Gabaneuron NT 1 HS (Once a day at night) x 15 days (Before dinner)
Tab Montair FX 1 HS (Once a day at night) x 5 days
Tab Pyridium 1 TDS (Thrice a day) x 3 days
Syp Cital 2tsf TDS with once cup of water thrice a day x 5 days

DATE OF FOLLOW UP

Review on 07/04/2023 at 9.00 AM in Ortho OPD for Removal of Sutures, Removal of Pin & Application of Long Bucks Traction.

Transcribed By : ASHISH

Resident Doctor

Dr. ORTHOPEDIC DEPARTMENT
CONSULTANT ORTHOPAEDIC SURGEON