

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

Patient Name	: Mr. VIDYUT PRAKASH MI SHRA	Admission No	: IP2202016
Age/Gender	: 60 Years/Male	UMR No	: UMR2858
Consultant 1	: Dr.NITIN WADHWA	Ward	: 401/401
Department 1	: ORTHOPAEDICS	Date Of Admission	: 22-Feb-2022 8:17 pm
Consultant 2	:	Date of Discharge	: 01-Mar-2022
Department 2	:		
Address	: C 57 SHRI JI VRINDAWAN COLONY NEAR JANTA COLLEGE HUZUR REWA RD-1, MADHYA PRADESH 9202504754		
Referred By	: WALK-IN		

DIAGNOSIS

• **RTA-Open book fracture pubic symphysis with fracture multiple ribs. Post op-ORIF with plating pubic symphysis done under spinal anaesthesia. K/C/O HTN, T2DM**
ICD CODE-S32.501B,S22.49XA,R03.0,E08.9

CHIEF COMPLAINTS (REASON FOR ADMISSION)

• Alleged history of RTA on 21/2/22 at 4.30 pm near rewa. sustained injury over lower back and blunt trauma chest. Complaint of pain in back and chest. Took primary treatment at Govt.hospital, rewa. Then came here for further evaluation and management.

• GENERAL EXAMINATION-

BP-150/90mmhg, HR-126/min, R/R-22/MIN, SpO2-97% on room air

• SYSTEMIC EXAMINATION-

CNS-Patient is conscious alert, responds spontaneously to verbal commands.

CVS-S1S2+

R/S-B/L air entry clear.

P/A-Soft, non tender, no organomegaly.

INVESTIGATIONS

• **HB % 9.9gm % Platelets count -1.44Lacs/cumm.TLC 10700/cumm**
DLC P-77%, -L-21%E-01%, -M-01%,Sugar (R) 135mg/dl,S.Bilirubin (T) 0.77mg/dl.
SGOT-60units/ml. S. Creatinine 1.2mg/dl SGPT- 49units/ml.,B. Urea-51mg/dl
Prothombin Time 19.2second , Blood Group O"+",S. Alkaline Phosphatase 139IU/L

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USG Abdomen : No significant finding noted.

PROCEDURE

: Plating pubic symphysis under spinal anaesthesia.

IMPLANT

: SS locking pubic symphysis plate -6 hole

COURSE IN HOSPITAL

: Alleged history of RTA on 21/2/22 at 4.30pm near rewa.

Patient was admitted with above mentioned complaints. Orthopedicians's opinion was taken and Xrays were done which was suggestive of Open book fracture pubic symphysis and multiple ribs fracture(left). Routine blood investigation were done which were normal and patient was planned for surgery. After a protocol based pre medical and pre anaesthesia checkup, pateint was planned for surgery.

24/2/22-ORIF with plating pubic symphysis under spinal anaesthesia.

Post op period was uneventful . dressing was done and Physiotherapy was done which the patient tolerated well and patient is being discharged in stable condition.

Note- Patient was given one PRBC post OT.

Also patient had an episode of Bronchial hyper reactivity for which pulmonologist's opinion was taken and advise followed. Patient will need further followup regarding this.

CONDITION ON DISCHARGE

: Better.

Vitals stable. Systemic examintaion- normal.

ADVISED

: -Hot Fomentation-Dynapar gel.

-Bed rest.

-Ribs belt.

-Physiotherapy as advised.

Nebulization with duolin sos.

-Avoid :

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TREATMENT ADVISED

Tab. Wilcef 250mg 1BDx 10 days (Twice a day after meal)
Tab. Levoflox 750mg 1ODx5 days (once a day after meal)
Tab. Dompan SR 1 OD x 10 days (once a day before breakfast)
Tab. Mediser D 1OD x10 days (once a day after meal)
Tab. Caladd 1HS x10 days (once in night after meal)
Tab. Limcee 1 BD x10 days (Twice a day after meal)
Tab. Pregaba M 75 1OD x10 days (once a day after meal)
Tab. Ultracet 1SOS x10 days (Twice a day after meal)
Tab. Telma 40mg 1OD (once a day after meal) after check the BP
Tab. Metformin 500mg 1BD (Twice a day after meal) after check the blood sugar level

Tab. Glimipride 1mg 1BD (Twice a day after meal) after check the blood sugar level

Tab. Ketotru SOS (If severe Pain)

FOLLOWUP AND REVIEW DATE

Follow Up Advice & Review Date :
Review on 12th March 2022 in Ortho OPD for removal of suture.
When to obtain urgent care : in case of pain, cough, breathlessness etc.
How to obtain urgent care in case of emergency 24x7 - (: 0761-3500283)
, Whatsapp : 7566003344.

In Case Of Any Queries Or Emergencies Please Contact. Phone No: 9676404488/04023783000

Medical Officer

Dr. NITIN WADHWA
CONSULTANT ORTHOPAEDIC SURGEON

Created By AKRITI
Modified By SREEJONA