

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

### DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

Patient Name	: Mr. AJAY MISHRA	Admission No	: IP2212001
Age/Gender	: 28 Years/Male	UMR No	: UMR6568
Admission Dt	: 01-Dec-2022	Discharge Dt	: 03-Dec-2022
Consultant	: Dr.JITENDRA JAMDAR	Referred By	: Walk-in
Department	: ORTHOPAEDICS	Ward	: 4 TRIPLE SHARING/408/1
Patient Address	: 1596,OLD PP COLONY,GWARIGHAT ROAD Jabalpur , MADHYA PRADESH 9300782897		

#### DIAGNOSIS

Comm. fracture intraarticular upper end tibia left.

#### ICD CODE.

S82. 142A

#### CHIEF COMPLAINTS

Pain & swelling left leg since trauma on 23.11.2022 at 07:00pm due to road side accident.

#### CLINICAL EXAMINATION

HR-90/M, BP-120/80MMHG, RR-20/M, SPO2-98% , Temp.-98F , Blood sugar (F)-84 mg/dl, no pallor, no jvc raised , no edema on feet, no icterus, no cynosis, oedema, tenderness,deformity left leg & knee.

R/S:-B/L Vesicular

CVS:- Heart sound normal

CNS:- Concious, oriented, no focal deficiet

P/A:- Soft,no tender, no organomegaly

#### INVESTIGATION

HB % 10.8gm % Platelets count 3.06 Lacs/cumm.TLC 6,400/cumm.

DLC P-88%, -L-10%E-01%, -M-01%,Sugar (R) 84mg/dl,S.Bilirubin (T) 0.76mg/dl.

SGOT 29units/ml. S. Creatinine 0.8 mg/dl SGPT 18units/ml.,B. Urea 19mg/dl

S. Alkaline Phosphatase 195IU/L.

S. Proteins (T) 6.7gm/dl, HIV & Australia Antigen Negative.

Patient Name : Mr. AJAY MISHRA

Admission No : IP2212001

#### COURSE IN HOSPITAL

Mr. Ajay Mishra, 28y, M. presented with pain & swelling left leg since trauma 23.11.2022 at 07:00pm road accident. Orthopedician's opinion was taken and examination was done, which revealed that there was comm. fracture intraarticular upper end tibia left. Blood investigations were done, which were normal. After a protocol based pre medical and pre anesthetic checkup, patient was planned for surgery. **On-01.12.2022- Open reduction medial locking plate tibia upper and left done under spinal anesthesia** was done. Post op period was uneventful. Patient is being discharged in stable condition.

#### Surgery

Open reduction medial locking plate tibia upper and left done under spinal anesthesia on 01.12.2022.

#### Implant

4 hole locking proximal medial tibia plate cancellous screw 6.5mm ,32tl,55/1 ( SS Orthomax).

#### CONSULTANT NAME SIGN AND DATE

Dr. Jitendra Jamdar.

#### SPECIAL INSTRUCTION

- Complete bed rest.
- Elevation toes exercise.
- Static quadriceps exercise.

#### TREATMENT ON DISCHARGE

Tab. Xolid 600 mg	BD(Twice a day) x 7 days.
Tab. Cefrotux 250	BD(Twice a day) x 10 days.
Tab. Dompan SR	OD(Once a day) x 10 days.
Tab. Aciz SP	BD((Twice a day) x 7 days.
Tab. Shelcal M 500mg	OD(Once a day) x 30 days.
Tab. Vit C 500mg	OD(Once a day) x 30 days.
Tab. Convedex fort	BD((Twice a day) x 15 days.
Tab. Modvita fort	OD(Once a day) x 30 days.
Syp. Cremaffin	HS(At bed time)(3 tsf)(Constipation).
Tab. Ketotram	SOS(If required).

#### DATE OF FOLLOW UP

Review on 15.12.2022 for removal of sutures in ortho opd.

Online free video consultation:- Doctor consultation (1), dressing (1)

When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound Infection, Seizures, Weakness in any limb

How to obtain urgent care in case of emergency 24x7 -( 0761-3500283)

Patient Name : Mr. AJAY MISHRA

Admission No : IP2212001

Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

Transcribed By : ADITI

Resident Doctor

Dr. JI TENDRA JAMDAR  
CONSULTANT ORTHOPAEDIC SURGEON