

## TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium  
Jabalpur 482002/ 7566003344

### DEPARTMENT OF ORTHOPAEDICS DISCHARGE SUMMARY

|                 |   |              |                            |
|-----------------|---|--------------|----------------------------|
| Patient Name    | : Mr. RAJENDRA  | Admission No | : IP2212005                |
| Age/Gender      | : 39 Years/Male   | UMR No       | : UMR6619                  |
| Admission Dt    | : 06-Dec-2022   | Discharge Dt | : 09-Dec-2022              |
| Consultant      | : Dr.JITENDRA JAMDAR  | Referred By  | : Walk-in                  |
| Department      | : ORTHOPAEDICS  | Ward         | : 410 TRIPLE SHARING/410/B |
| Patient Address | : BAMHAUREE GHANA KATNI<br>Katni , MADHYA PRADESH<br>8964004618 |              |                            |

#### DIAGNOSIS

Fracture right tibia upper end fibula with head injury.

#### ICD CODE

S82.831A, S09.90XA

#### CHIEF COMPLAINTS

Pain & swelling right leg with multiple abrasion over face since 4 days back.

#### CLINICAL EXAMINATION

HR-86/M, BP-130/70MMHG, RR-22 /M, SPO2-98% , Temp.-97F , Blood sugar (F)-97 mg/dl, no pallor, no jvc raised , no edema on feet, no icterus, no cynosis, oedema, tenderness,deformity right leg.

R/S:-B/L Vesicular

CVS:- Heart sound normal

CNS:- Concious, oriented, no focal deficiet

P/A:- Soft,no tender, no organomegaly

#### INVESTIGATION

HB % 14.4gm % Platelets count 2.28 Lacs/cumm.TLC 6,900/cumm.

DLC P-75%, -L-23%E-01%, -M-01%,Sugar (R) 97mg/dl.

SGOT 49units/ml. S. Creatinine 0.9 mg/dl SGPT 52umits/ml.

Prothombin Time 13.6second , Blood Group A"+".

HIV & Australia Antigen Negative.

Patient Name : Mr. RAJENDRA

Admission No : IP2212005

COURSE IN HOSPITAL

Mr. Rajendra Dahiya, 39y, M, presented with pain & swelling right leg with multiple abrasion over face since 4 days back. Orthopedician's opinion was taken and examination was done, which revealed that there was fracture right tibia upper end fibula with head injury. Blood investigations were done, which were normal. After a protocol based pre medical and pre anesthetic checkup, patient was planned for surgery.

**On- 07.12.2022- Orif with nailing with proximal screw right tibia done under spinal anesthesia** was done. Post op period was uneventful. Patient is being discharged in stable condition.

**Surgery**

Orif with nailing with proximal screw right tibia done under spinal anesthesia on 07.12.2022.

**Implant**

10x32 canule interlock nail tibia right 3.5 cortical screw 2 ( SS Orthomax).

CONSULTANT NAME SIGN AND DATE

Dr. Jitendra Jamdar.

SPECIAL INSTRUCTION

- Complete bed rest.
- Elevation toes exercise.
- Static quadriceps exercise.

TREATMENT ON DISCHARGE

|                     |                          |
|---------------------|--------------------------|
| Tab. Ceftum 500mg   | BD(Twice a day)x 10days. |
| Tab. Dompan SR      | OD(Once a day)x 10days.  |
| Tab. Signoflam      | BD(Twice a day)x 10days. |
| Tab. Convidex forte | BD(Twice a day)x 10days. |
| Tab. Calastan       | OD(Once a day)x 10days.  |
| Tab. Limcee 500mg   | BD(Twice a day)x 10days. |

DATE OF FOLLOW UP

Review after 10 days for removal of sutures in ortho opd.

Online free video consultation:- Doctor consultation (1), dressing (1)

When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound Infection, Seizures, Weakness in any limb

How to obtain urgent care in case of emergency 24x7 -( 0761-3500283)

Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

Transcribed By : ADITI

Resident Doctor

Dr. JI TENDRA JAMDAR  
CONSULTANT ORTHOPAEDIC SURGEON