

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

Patient Name	: Miss. POOJA SANGHI	Admission No	: IP2203007
Age/Gender	: 30 Years/Female	UMR No	: UMR3135
Consultant 1	: Dr.NITIN WADHWA	Ward	: 421/421/11
Department 1	: ORTHOPAEDICS	Date Of Admission	: 14-Mar-2022 1:26 pm
Consultant 2	:	Summary Date	: 17-Mar-2022
Department 2	:		
Address	: UID 794832281245 43 GARHA ROAD DAYA NAGAR KAMLA NEHRU WARD JBP MP Jabalpur, MADHYA PRADESH 9425153602,8871819118		
Referred By	: WALK-IN		

DIAGNOSIS

: A case of ACL tear Lt. knee and known case of JME and migraine.
Post op. Arthroscopic ACL repair Left (under spinal anaesthesia.)
ICD code- S 83.512A

CHIEF COMPLAINTS (REASON FOR ADMISSION)

: Pain and swelling in Lt knee since 1 month. Aggravated by trauma on left knee three days back. History of trauma on the same limb thrice.

CLINICAL EXAMINATION

: General examination-
BP-110/70mmHg, H/R-74/min, R/R-18/min, Spo2-98% on room air.
Systemic Examination-
CNS- Patient is conscious, alert, responds spontaneously to verbal commands.
CVS-S1 S2+
R/S- bilateral air entry equal
P/A- soft, Bowel sounds+

Local examination- edema over Lt. knee. Restricted ROM.

INVESTIGATIONS

: HB %- 11.6gm % Platelets count-2.07 Lacs/cumm.TLC-9400/cumm ,
DLC P-84%, -L-08%E-03%, -M-02%, Sugar (R) -92mg/dl,S.Bilirubin (T)
-0.86mg/dl.
SGOT-24units/ml. S. Creatinine-0.8 mg/dl SGPT-19 umits/ml.,B.
Urea-21mg/dl
Prothombin Time-13.3second , Blood Group -B "+",S. Alkaline
Phosphatase-75IU/L
S. Proteins (T)-6.7gm/dl, HIV & Australia Antigen- Negative.

Patient Name : Miss. POOJA SANGHI

Admission No : IP2203007

Referred By : WALK-IN

S. Potassium 5.8mEq/L, Urine RM -0 to 2 pus cell.

PROCEDURE

: **15/03/22- Arthroscopic ACL Repair Lt. knee under spinal anaesthesia.**

COURSE IN HOSPITAL

: Patient was admitted with above mentioned complaints. Had an ACL tear left knee,. Routine investigations was done which were within normal limits. After a protocol based PMC and PAC. patient was planned for sugery. Arthroscopic ACL repair was done on 15/2/2022.(under spinal anaesthesia) Was managed with I/v fluids, I/V antibiotics, I/V PPI, analgesics. and symptomatic and supportive treatment. Physiotherapy was done which she tolerated well. Post op period was uneventful. Patient is being discharged in stable condition.

CONDITION ON DISCHARGE

: Better. Vitals stable. Systemic examination-normal

ADVISED

: -Hot Fomentation-Dynapar gel.
-**Physiotherapy as advised.** -
Avoid : Heavy Weight Lifting. and Use Western Commode Toilet, jerk, Do not Sit on the ground

TREATMENT ADVISED

: Tab Cefuroxime 250mg	1BDx 5 days (Twice a day after food)
Tab Joint plus	1BD x5days (Twice a day after food)
Tab Pantaprozole 40mg	1 OD x 10 days (once a day before breakfast)
Tab Gemcal	1 HS x30 days (once a day after food)
Tab.Ultracet	1 SOS (If severe pain)
Tab Tendocare	1BDx 15day(twice a day after meals.

Note- Continue regular medications for JME and maigrain.

FOLLOWUP AND REVIEW DATE

: Follow Up Advice & Review Date :
Review on 25th march 2022, in Orthopaedics OPD.
When to obtain urgent care : Pain in limb etc.
How to obtain urgent care in case of emergency , Whatsapp : 7566003344
(between 10.00AM to 06.00PM)

Patient Name : Miss. POOJA SANGHI

Admission No : IP2203007

Referred By : WALK-IN

In Case Of Any Queries Or Emergencies Please Contact. Phone No: 9676404488/04023783000

Medical Officer

Dr. NITIN WADHWA
CONSULTANT ORTHOPAEDIC SURGEON

Created By AKRITI

Modified By SAKSHI