

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

DEPARTMENT OF ORTHOPAEDICS
DISCHARGE AT REQUEST

Patient Name	: Mr. MOTILALDAHIYA	Admission No	: IP2303100
Age/Gender	: 77 Years/Male	UMR No	: UMR13085
Admission Dt	: 20-Mar-2023	Discharge Dt	: 25-Mar-2023
Consultant	: Dr.JANMEJAY JAMDAR	Referred By	: Dr.THCH
Department	: NEURO SURGERY	Ward	: 4TH FLOOR/406/2
Patient Address	: SATNA Satna , MADHYA PRADESH 8320893973		

DIAGNOSIS

Synovitis Rt. Hip (Gout) with Rt. Sacroilitis with Rt. Siatic Neuropathy with Rt. L4/L5 Radiculopathy with Claudication.

ICD CODE

M67.351

CHIEF COMPLAINTS

C/o- Pain Rt. hip since 8 days.

CLINICAL EXAMINATION

Local: Oedema, Tenderness & Deformity- Rt. hip & thigh. Rt. ankle D/F 4/5.

General: HR- 82/min, BP- 120/70 mmHg, RR- 22/min, SpO2- 95%, Temp.- 98.2°F.

RS - B/L Clear.

CVS - S1 S2+.

PA - Soft.

CNS - Conscious.

INVESTIGATION

HB- 16.0, **TLC-** 6400, **ESR-** 46, **Platelets-** 2.59, **BSR-** 101, **Creatinine-** 1.5, **Calcium-** 8.6,

Uric Acic- 8.4, **25 Hydroxi (OH) Vit.D-** 32.3, **RA Factor-** Negative,

MRI Shows- L3-4 B/L lateral recess stenosis with disc bulge with L4-5 B/L lateral recess stenosis with disc bulge with Rt. sided wet facet L3-4 with no parslysis with reversal of C. lordosis.

PROCEDURE

- Injection Caudal Epidural given on 23/03/2023.

TREATMENT GIVEN

Tab Cetil 250,g Cap Lines 500mg, Tab V-min D3, Tab Sporlac, Tab Nucoxia P, Tab Panda DSR, Tab calastan, Tab Ketotru, Tab Feburil 40mg, Tab Orthocort 6mg,

Patient Name : Mr. MOTILALDAHIYA

Admission No : IP2303100

COURSE IN HOSPITAL

Mr. Moti Lal Dahiya, 77y/M, presented with severe pain right hip. His S.Uric Acid found 8.4mg%. Seen by Orthopedic surgeon and diagnosed as synovitis right hip (Gouty arthritis). Treated conservatively. There was not much relief in pain. MRI of spine and pelvis done, seen by Neuro surgeon. MRI revealed L3-L4 lateral recess stenosis with disc bulge with L4-L5 B/L lateral recess stenosis with disc bulge. Advised endoscopic surgery by Neuro surgeon. Patient is not prepared for surgery at present therefore Injection Caudal Epidural given on 23/03/2023. Patient got relief to some extent and discharged in a stable condition with advice spine surgery as early as possible.

SPECIAL INSTRUCTION

Complete Bed Rest. -Plenty of fluids orally.
Exercises as explained. -Hot Fomentation - Densaid MR Rollar.
Back care with terogood powder.

TREATMENT ON DISCHARGE

Tab Spinus 250mg 1 BD (Twice a day) x 7 days
Tab Sporlac 1 TDS (Thrice a day) x 5 days
Tab Panda DSR 1 OD (Once a day) x 10 days
Tab Calastan 1 HS (Once a day at night) x 30 days
Tab Intario P 1 BD (Twice a day) x 5 days
Then 1 OD (Once a day) x 5 days
Tab Feburic 40mg (Febuxostat) 1 OD (Once a day) x 10 days
Tab Adfoj 1 TDS (Thrice a day) x 3 days
Then 1 BD (Twice a day) x 5 days
Then 1 OD (Once a day) x 5 days
Tab Ketotru S/L 1 TDS (Thrice a day) x 5 days
Tab Zycolchin 1 BD (Twice a day) x 10 days
Tab Vitamin D (Once a week) x 4
Tab Fruselac ½ Tab OD (Once a day) x 10 days
Tab Gabaneuron NT 300/10 1 HS (Once a day at night) x 10 days (Before dinner)

DATE OF FOLLOW UP

Review on 04/04/2023 at 9.00 AM in Ortho & Neuro OPD for Spine Surgery.

Transcribed By : ASHISH

Resident Doctor

Dr.JANMEJAY JAMDAR
CONSULTANT NEURO SURGEON