

TRIVENI HEALTH CARE

1480, Wright Town, Near Wright Town Stadium
Jabalpur 482002/ 7566003344

Patient Name	: Mr. PIYUSH ANAND	Admission No	: IP2112010
Age/Gender	: 28 Years/Male	UMR No	: UMR1996
Consultant 1	: Dr.JITENDRA JAMDAR	Ward	: 414/414
Department 1	: ORTHOPAEDICS	Date Of Admission	: 16-Dec-2021 4:49 am
Consultant 2	: JANMEJAY JAMDAR	Summary Date	: 05-Jan-2022
Department 2	: NEURO SURGERY		
Address	: GORAKHPUR JABALPUR Jabalpur , MADHYA PRADESH 824869222		
Referred By	: WALK-IN		

DIAGNOSIS

: RTA followed by Polytrauma with Head Injury and Multiple Limb Fractures Undergone ORIF with Interlock Nail Right Femur and ORIF with Extraarticular Plate Right Humerus

CHIEF COMPLAINTS (REASON FOR ADMISSION)

: Patient has come with alleged history of Road Traffic accident followed by:
Pain in Right Arm since accident
Pain in Right Thigh since accident
Vomiting 3-4 episodes
Mild bleeding from Left Ear

GENERAL EXAMINATION

: Pulse 90/min, BP 120/90 mmHg, RR 20 /min, Temp-97.
RS - Clear., Air entry Bilaterally equal
CVS - S1 S2 +.
PA - Soft, Non tender
CNS - Conscious, alert, no focal deficits seen

O/E : Oedema, Tenderness & Deformity- Rt. thigh & arm. Mild bleeding Lt. ear.

INVESTIGATIONS

: - HB %: 11.8gm %
- Platelets count 2.66 Lacs/cumm.
- TLC 13500/cumm
- DLC : P-93%, L-05%, E-01%, M-01%, B- 00%
- Sugar (R): 159 mg/dl,
- S.Bilirubin (T) 0.59mg/dl , S. Direct Bilirubin: 0.19, S. Indirect Bilirubin :

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- S. Proteins (T):6.2gm/dl,
- HIV & Australia Antigen Negative,
- S. Sodium 134mEq/L
- S. Potassium 4.2 mEq/L,
- Urine RM: 1-2/HPF
- Se. Procalcitonin: 0.45 ng/ml
- D- Dimer: 367 ng/ml, NT- pro BNP: 50 pg/ml
- Malaria Parasite- Negative.

- USG Abdomen : No abnormality detected.

X RAY

- : 1. X-Ray Rt Arm AP & Lateral view : Communited fracture of Shaft Right Humerus
2. Xray Rt Thigh AP & Lateral view : Communited displaced fracture Right Femur Lower end

CT SCAN

- : CT Scan Plain Brain s/o :
1. No significant abnormality in Brain Parenchyma
 2. Linear undisplaced fracture of Left Parietal Bone and Mastoid Part of Left Temporal Bone with collection in Mastoid air cells
 3. Fracture of Left Sphenoidal sinus wall with Hemosinus
 4. Extracalvarial soft tissue scalp swelling and edema in Right Frontal region

SEEN BY

: Team Orthopaedics Triveni Hospital Jabalpur.

TREATMENT GIVEN

: Blood Transfusion- 3 units given, Inj. Pipzo 4.5g, Inj. Pantop, Inj. Levipil, Inj. Emset, Inj. Fentanyl, Inj. PCM, Inj. Amikacin 500mg, Inj. Tramadol 100ml,

PROCEDURE

: **Conservative Management followed by ORIF with Nailing Right Femur and ORIF Platting Right Humerus Done Under GA on**

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19/12/2021.

IMPLANT

: 42 x 11 Nail Orthomax, 4 Bolt, 10 Hale Extraarticular Plate, 1 (Nibula) 10 screw, 3 screw marrial,

COURSE IN HOSPITAL

: Patient was admitted with alleged history of Road traffic accident on 16/12/2021, came with complaints of Pain in Right arm since 1 hour, Pain in Rt Leg since 1 hour and 3-4 episodes of Vomiting since 1 hour. On admission patient was Conscious, alert & responding to Verbal commands. His Vitals were: Pulse: 90 beats/min, B.P.: 120/90 mm of Hg, SpO2: 95% at room air. Systemic examination revealed no abnormality. X ray Rt Arm and Rt Thigh was done that suggested Comminuted Fracture Right Humerus and Fracture Shaft Right Femur at lower end. Patient was managed with I.V. Fluids, I.V. Antibiotics and I.V. Analgesics. CT Brain Plain was done suggestive of no intracranial injury with Linear Undisplaced fracture of Lt Parietal bone & Mastoid part of Left Temporal bone with fracture of Lt Sphenoidal sinus wall with Hemosinus. Neurosurgery opinion was taken and he was declared fit from neuro side. ENT opinion was taken for ENT Bleed, suggested conservative treatment for Hemotympanum and Hemosinus. He was to be scheduled for ORIF of Rt Humerus & Femur on 18/12/2021 after Preanesthetic & Premedical checkup. Patient was declared unfit for surgery in Preanesthetic checkup as his Oxygen saturation fell upto 88% at room air. He was immediately started on High flow oxygen along with S/C Clexane. Also his blood sample was sent for CBC, D-Dimer, Pro-BNP assay. His Hb was 8.8 g%, so 2 packs of Packed RBCs were given before surgery. Surgery was postponed till he became stable and Hb value came to 10g%. An ORIF with Plating Right Humerus and ORIF with Interlock nails Right Femur was scheduled on 20/12/2021 after a scheduled Preanesthetic and Premedical evaluation. Surgery was uneventful. 1 pack of Packed RBCs was given after surgery. Patient is better now and is maintaining Oxygen saturation of 96% at room air. For Now patient is being discharged on medicines with complete bed rest for 15 days. Physiotherapy being advised for same.

CONDITION ON
DISCHARGE

: **BETTER.**

ADVISED

: - Full Mixed Diet

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-Physiotherapy as advised.

TREATMENT ADVISED

Tab Cefuroxime 500mg 1BD x 5 days (Twice a day after food)
Tab Pantapazole 40mg 1 OD x 10 days (once a day before breakfast)
Tab Calcium 500mg 1 HS x 10 days (Once a day at night)
Tab Vitamin C 500mg 1 BD x 10 days (Twice a day)
Tab Becosule Z 1 OD x 10 days (Once a day)
Tab Ultracet 1BD x 5 days (Twice a day after food)
Then 1 OD x 5 days (Once a day after food)
Then SOS on pain
Otrivin Nasal Drops BD x 10 days (Twice a day)
Colora Gargles BDx 10 days (Mix 1 tsp with a glass of warm water)
Steam inhalation TDS x 10 days (Three times a day)

FOLLOWUP AND REVIEW DATE

Follow Up Advice & Review Date : ***Review after 10 days.***
When to obtain urgent care : Headache, Vomiting, Fever Surgical Site/Wound Infection, Seizures,
How to obtain urgent care in case of emergency 24x7 -(: 0761-2410333, 2415333, 2412333 , Whatsapp : 7566003344 (between 10.00AM to 06.00PM)

In Case Of Any Queries Or Emergencies Please Contact. Phone No: 9676404488/04023783000

Medical Officer

Dr. JITENDRA JAMDAR
CONSULTANT ORTHOPAEDIC SURGEON

Created By GARIMA
Modified By DRNARENDRA