***I’m the captain of my ship! It will go wherever I tell it too!***

***Infinite intelligence leads and guides me in all my ways.***

***Perfect health is mine, and the Law of Harmony operates in my mind and body. Love, peace, humanity, happiness, strength, confidence and fluidity are mine. The principles of right action and divine order govern my entire life.***

***My subconscious mind knows the answer to it all, it is responding to me now.***