

Freiburg Medical Laboratory Middle East (L.L.C.)

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Laboratory Report - Online Version

Physician: Dr. Emily Watson

Hospital: City HealthCare Center

Report Date: 2025-04-12

Test Request Code: CHC-20250412-009

Sample ID: 381945

Patient Name: Ms. Aisha Rahman

Gender: Female

Date of Birth: 15.06.1990

Nationality: Pakistani

Patient ID: CHC-20250412-009

Sampling Date / Time: 2025-04-11 / 10:15

Receipt Date / Time: 2025-04-11 / 10:15

Analysis & Test Results

Test	Result	Flag	Units	Reference Range
Glucose (Fasting)	110	High	mg/dL	70 - 99
Blood Pressure	78	Normal	mmHg	60 - 90
Skin Thickness	20	Normal	mm	-
Insulin	85	Normal	IU/mL	-
BMI	26.3	Overweight	kg/m ²	18.5 - 24.9
Diabetes Pedigree Function	0.3	-	-	-
Age	34	-	years	-

Diagnosis & Recommendations

Based on the slightly elevated glucose and BMI, the patient may be at risk of **pre-diabetes**.

It is advised to:

- Monitor glucose regularly.
- Adopt healthier eating habits and increase physical activity.
- Follow up with a general physician or endocrinologist.
- Conduct HbA1c for further confirmation.

Remarks: Risk of developing diabetes. Preventive care is recommended.

Authorized By:

Dr. Emily Watson

City HealthCare Center
(Signature)