

Freiburg Medical Laboratory Middle East (L.L.C.)

P.O. Box: 3068, Dubai - UAE, Tel: 04 396 2227, Fax: 04 396 2228

E-mail: info@fml-dubai.com, Website: www.fml-dubai.com

Laboratory Report - Online Version

Physician: Dr. Emily Watson

Hospital: City HealthCare Center

Report Date: 2025-03-31

Test Request Code: CHC-20250331-001

Sample ID: 380032

Patient Name: Mr. John Doe

Gender: Male

Date of Birth: 01.02.1980

Nationality: American

Patient ID: CHC-20250331-001

Sampling Date / Time: 2025-03-30 / 17:09

Receipt Date / Time: 2025-03-30 / 17:09

Analysis & Test Results

Test	Result	Flag	Units	Reference Range
Glucose (Fasting)	130	High	mg/dL	70 - 99
Blood Pressure	80	Normal	mmHg	60 - 90
Skin Thickness	25	Normal	mm	-
Insulin	100	Normal	IU/mL	-
BMI	28.5	Overweight	kg/m²	18.5 - 24.9
Diabetes Pedigree Function	0.5	-	-	-
Age	45	-	years	-

Diagnosis & Recommendations

Based on the glucose level and BMI, the patient shows signs of pre-diabetes. It is advised to:

- Follow up with an endocrinologist.
- Maintain a balanced diet with regular exercise.
- Conduct additional tests like HbA1c and fasting glucose levels.

Remarks: Further monitoring and lifestyle changes are strongly recommended.

Authorized By:

Dr. Emily Watson

City HealthCare Center
(Signature)