

Freiburg Medical Laboratory Middle East (L.L.C.)

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Laboratory Report - Online Version

Physician: Dr. Emily Watson  
Hospital: City HealthCare Center

Report Date: 2025-03-31  
Test Request Code: CHC-20250331-001  
Sample ID: 380032

Patient Name: Mr. John Doe  
Gender: Male  
Date of Birth: 01.02.1980  
Nationality: American  
Patient ID: CHC-20250331-001

Sampling Date / Time: 2025-03-30 / 17:09  
Receipt Date / Time: 2025-03-30 / 17:09

Analysis & Test Results

Test	Result	Flag	Units	Reference Range
Glucose (Fasting)	130	High	mg/dL	70 - 99
Blood Pressure	80	Normal	mmHg	60 - 90
Skin Thickness	25	Normal	mm	-
Insulin	100	Normal	IU/mL	-
BMI	28.5	Overweight	kg/m²	18.5 - 24.9
Diabetes Pedigree Function	0.5	-	-	-
Age	45	-	years	-

Diagnosis & Recommendations

Based on the glucose level and BMI, the patient shows signs of pre-diabetes. It is advised to:

- Follow up with an endocrinologist.
- Maintain a balanced diet with regular exercise.
- Conduct additional tests like HbA1c and fasting glucose levels.

Remarks: Further monitoring and lifestyle changes are strongly recommended.

Authorized By:  
Dr. Emily Watson

City HealthCare Center  
(Signature)