

Freiburg Medical Laboratory Middle East (L.L.C.)

P.O. Box: 3068, Dubai - UAE, Tel: 04 396 2227, Fax: 04 396 2228

E-mail: info@fml-dubai.com, Website: www.fml-dubai.com

Laboratory Report - Online Version

Physician: Dr. Michael Singh

Hospital: Horizon Medical Center

Report Date: 2025-05-03

Test Request Code: HMC-20250503-009

Sample ID: 401005

Patient Name: Mr. Ravi Sharma

Gender: Male

Date of Birth: 02.11.2005

Nationality: Indian

Patient ID: HMC-20250503-009

Sampling Date / Time: 2025-05-02 / 08:45

Receipt Date / Time: 2025-05-02 / 08:45

Analysis & Test Results

Test	Result	Flag	Units	Reference Range
Glucose (Fasting)	92	Normal	mg/dL	70 - 99
Blood Pressure	75	Normal	mmHg	60 - 90
Skin Thickness	20	Normal	mm	-
Insulin	115	High	IU/mL	-
BMI	27.0	Overweight	kg/m ²	18.5 - 24.9
Diabetes Pedigree Function	0.3	-	-	-
Age	19	-	years	-

Diagnosis & Recommendations

The patient shows normal fasting glucose but has high insulin levels and is overweight.

Diagnosis: Insulin Resistance / Pre-Diabetic Risk

It is advised to:

- Monitor glucose periodically
- Adopt a healthier diet and exercise plan
- Limit sugar and processed food intake

Remarks: Not diabetic, but early signs of metabolic imbalance—monitoring and prevention are key.

Authorized By:

Dr. Michael Singh

Horizon Medical Center
(Signature)

City HealthCare Center

(Signature)