

Kitchen Story

Pravallika

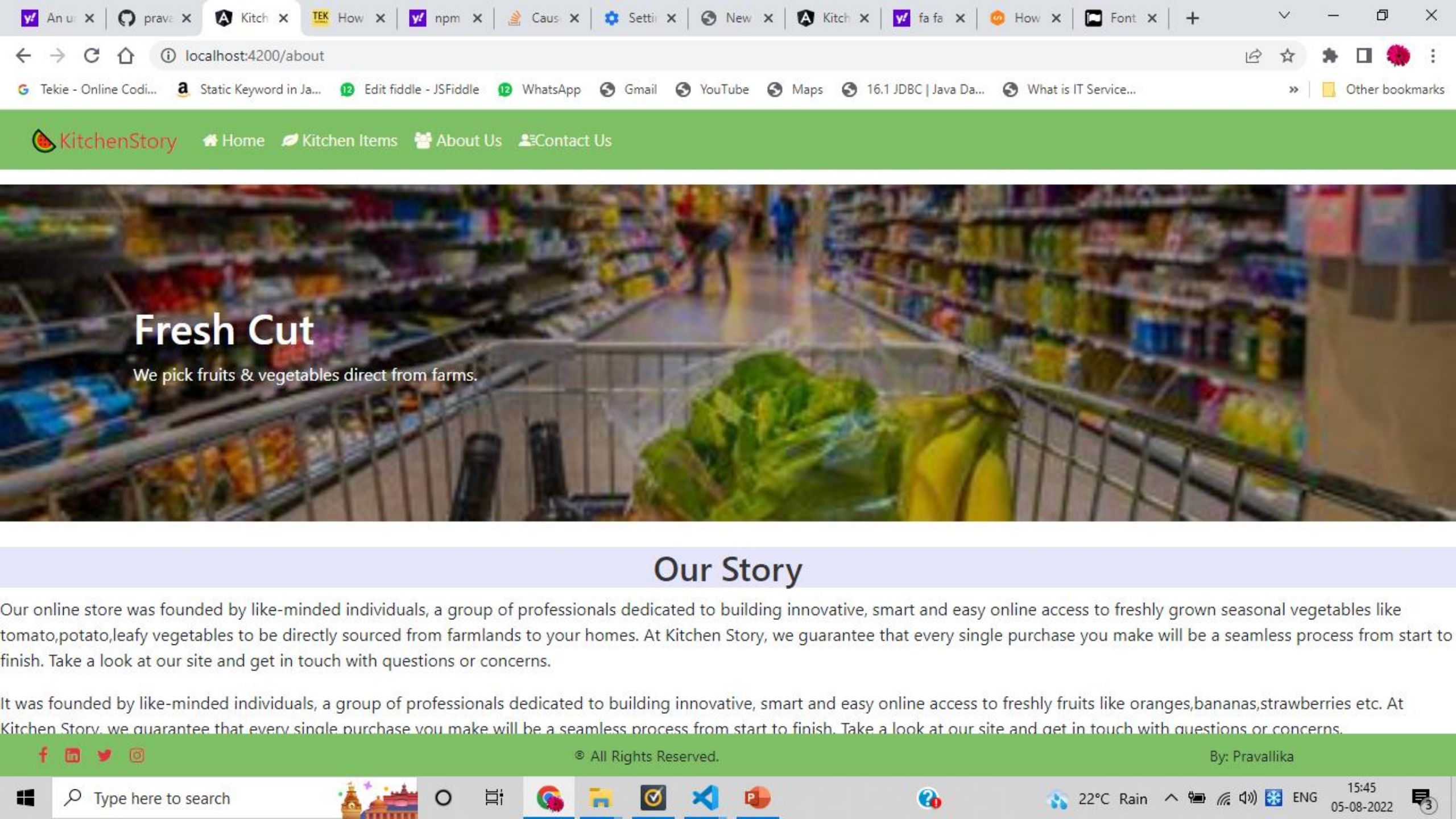


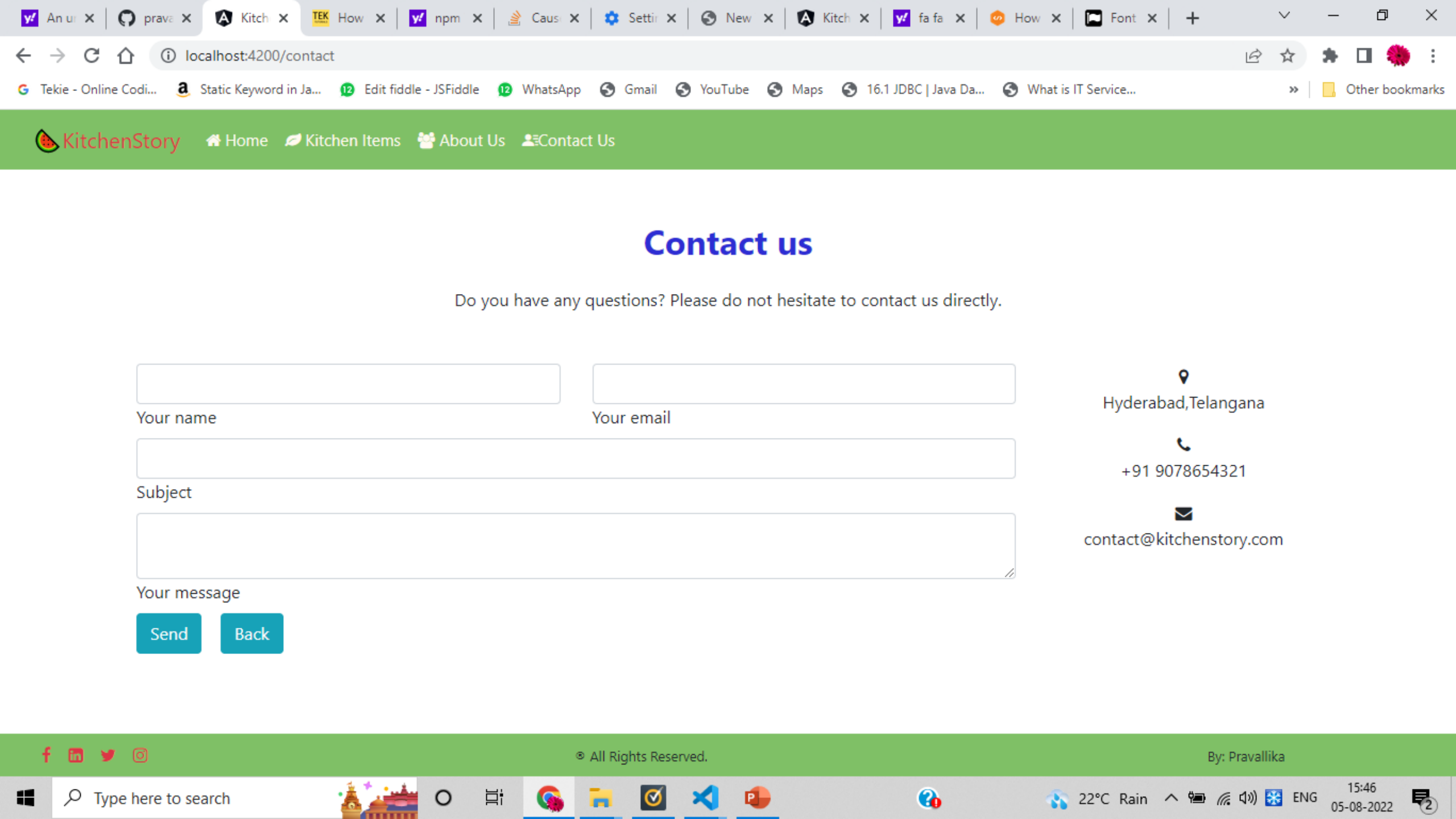


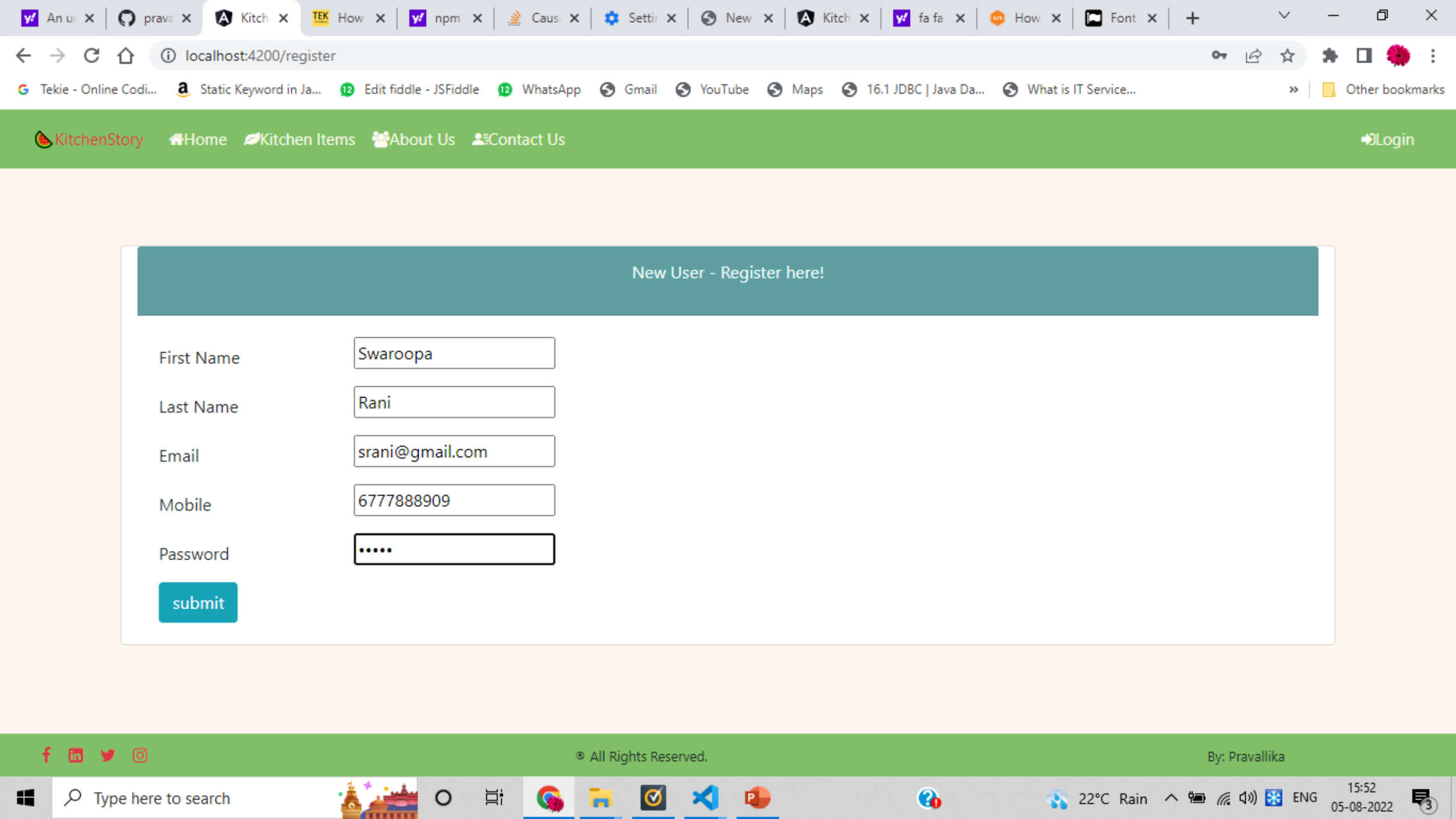
Healthy Delights

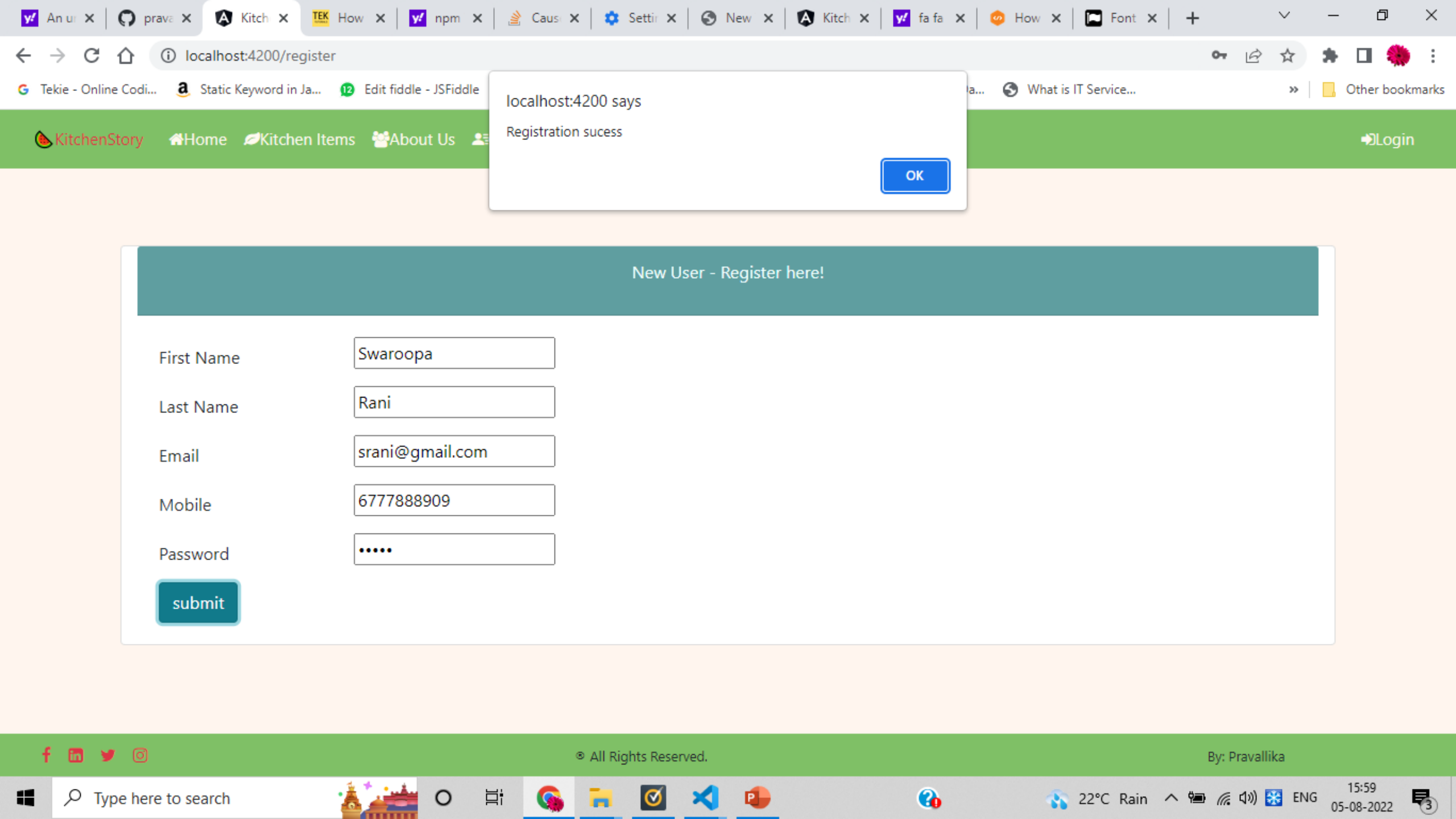
A diet rich in vegetables and fruits can lower blood pressure, reduce the risk of heart disease and stroke, prevent some types of cancer, lower risk of eye and digestive problems, and have a positive effect upon blood sugar, which can help keep appetite in check. Eating non-starchy vegetables and fruits like apples, pears, and green leafy vegetables may even promote weight loss. Their low glycemic loads prevent blood sugar spikes that can increase hunger.

At least nine different families of fruits and vegetables exist, each with potentially hundreds of different plant compounds that are beneficial to health. Eat a variety of types and colors of produce in order to give your body the mix of nutrients it needs. This not only ensures a greater diversity of beneficial plant









localhost:4200 says

Registration success

OK

New User - Register here!

First Name

Swaroop

Last Name

Rani

Email

srani@gmail.com

Mobile

6777888909

Password

.....

submit

Login here!

Email

srani@gmail.com

Password

.....

submit






Please change your password !






Current Password

New Password

Re-enter Password

Submit

Items	Id	Name	Cost	Delete
	1	Tomato	50	Delete
	2	Cabbage	40	Delete
	3	Carrot	60	Delete
	4	Potato	30	Delete
	5	Banana	60	Delete







Items	Id	Name	Cost	Delete
	1	Tomato	50	Delete
	3	Carrot	60	Delete
	4	Potato	30	Delete
	5	Banana	60	Delete
	6	Orange	55	Delete

Item added

OK

Itemid	
Item Name	Cabbage
Source	cabbage
Price	40
Quantity	1
Total Price	40

submit

	16				<div>delete</div> <div>OK Cancel</div>	<div>Delete</div>
	17	Eggs		100		<div>Delete</div>
	18	Brinjal		70		<div>Delete</div>
	19	Lettuce		30		<div>Delete</div>
	20	Sorrel		40		<div>Delete</div>
	31	Cabbage		40		<div>Delete</div>