

cynergy

cynergy Contest



TEAM WORK



PHYSICAL FITNESS



PERFORMANCE



CELEBRATIONS

cYnergy Contest

A gamified wellness & engagement program designed & executed for:

- Creating awareness about wellness
- Taking on a fitness challenge that's also fun
- Bringing Teams “together” to perform
- Sparking an inner drive for individual excellence on:



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Communication
& Set-Up

Contest Execution (X-
Days)

Results & Awards



1. Individuals OR teams to compete on:
 - Max Distance in 1 min
2. World-class equipment, set-up, & execution

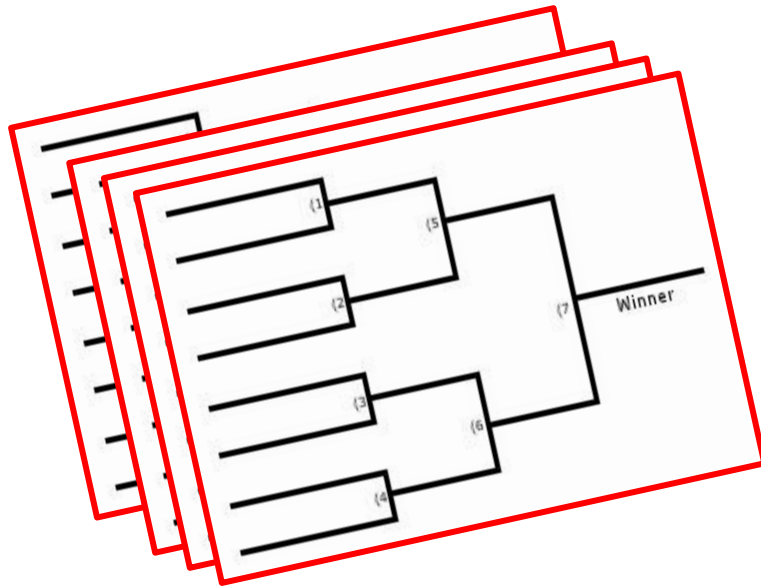
TEAM WORK

PHYSICAL FITNESS

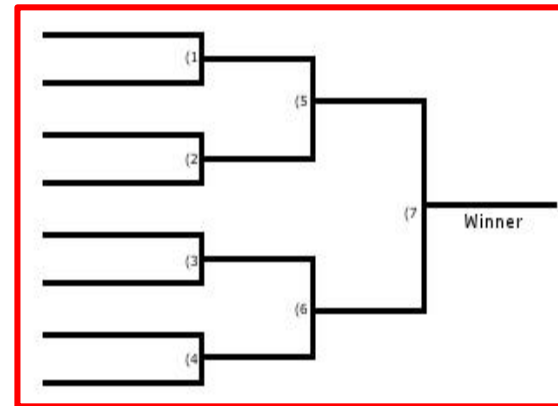
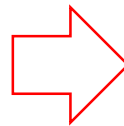
PERFORMANCE

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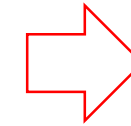
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Intra-Team Rounds



Inter-Team Semi Finals



**CYNERGY
2016
CHAMPIONS**

Grand Finale

Please note that several helpful & motivating team segmentations are possible. Example – age-wise, inter-departmental, inter-facility etc.

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TEAM WORK



HEALTH &
WELLNESS

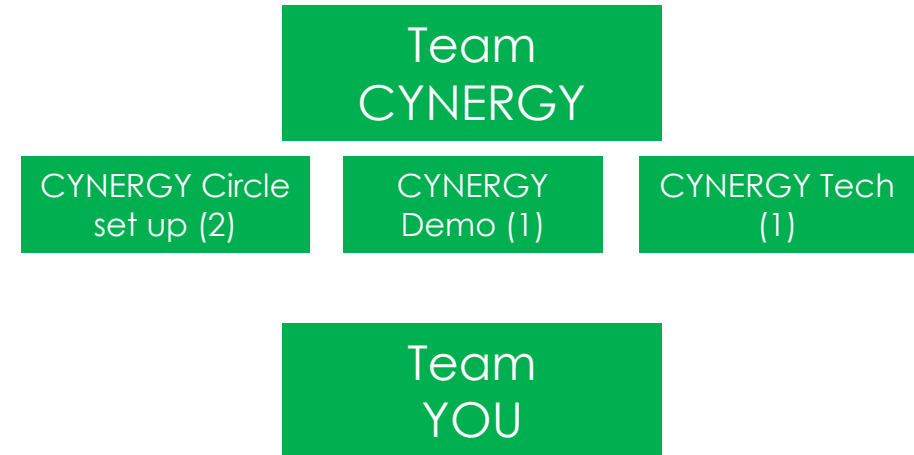


PERFORMANCE



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Let's get the CYNERGY started