

Dr. Shyvin KS
Consultant (General Medicine Department) Date of birth: 31st May 1989
Ernakulam, Kerala, India

Contract period at current workplace: Not yet decided Notice period : 1 Month

Academic Qualifications

Qualification	Awarding Body	Dates
EULAR online course in Rheumatic diseases	EULAR	Ongoing
CPCR (Rheumatology)	QUEXSTHEALTHCARE & NANAVATIMAX Super Speciality Hospital	Oct 2023
MRCP (UK)	RCP, UK	Feb 2023
IMT	JRCPTB	Oct 2021
MBBS	University of Calicut	Oct 2013

Clinical Appointments

Current Role – Working as a Consultant in the General Medicine Department of San Jos Parish Hospital Pavaratty, Kerala, India. I do consult the out patient, in patient and ICU department. I even perform procedures like intubation, central line, HD catheter and lumbar punctures and ICD insertion, ascitic tapping and pleural tapping.

I joined in Aster Wayanad Specialty Hospital/DMMC as MRCP IMT trainee, in 2018. After completing the training, I worked as a specialty registrar in the department of general medicine and critical care in the same hospital.

PostTitle	Hospital	Department	Date
Consultant	SanJosParishHospital,Pavaratty, Kerala,India	GeneralMedicine	Aug 23-Ongoing
MedicalOfficer	KeralaGovernment FamilyHealthCentre Poothady	Medicine	Jan 23–Aug 23
SpecialtyRegistrar	AsterWayanadSpecialtyhospital	CriticalCare	July22 –Dec22
SpecialtyRegistrar	AsterWayanadSpecialtyhospital	Medicine	Sep 21 – Jun 22
Internal MedicineTrainee	AsterWayanad Specialtyhospital	Medicine	Oct18 –Oct21
GeneralPractitioner	Thejus Clinic,Mulav ukad	GeneralPractitioner	Jan17 –Oct18
Resident MedicalOfficer	LakshmiHospital	Emergency Medicine	Jul16 – Dec16
Generalpractitioner	Thejus Clinic,Mulav ukad	GeneralPractitioner	Feb 15 – Jun 16
Internship	MESMedicalCollege Perinthalmanna	Medicine/A&E /Surgery/O&G	Jan14 –Dec14

Courses and Conferences Attended

Course	Location	Date
WorldCongressonEndocrineandDiabetes	Online	September 23, 2022
Internal medicineupdateCalicutMedicalCollege	India	2020
National Conference onPulmonaryDiseasesoftheNationalCollegeofChestPhysicians	India	2019

DMWIMS Internal medicine updates	India	2019
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Publications

- 1) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>
[<https://ijisrt.com/polyarteritis-nodosa-presenting-as-acute-pancreatitis>]
Abstract note: POLY ARTERITIS NODOSA PRESENTING AS ACUTE PANCREATITIS]
- 2) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>
[<https://ijisrt.com/an-interesting-case-of-rheumatoid-arthritis>]
Abstract note: An interesting case of rheumatoid arthritis
- 3) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>
[<https://ijisrt.com/acute-liver-failure-in-dengue-shock-syndrome>]
Abstract note: Acute Liver Failure in Dengue Shock Syndrome
- 4) <https://www.ijdmsrjournal.com/current-issue.php?issueid=31>
Abstract note: NEUROENDOCRINE ABNORMALITIES IN TRAUMATIC BRAIN INJURY (case series)
- 5) <https://www.ijdmsrjournal.com/current-issue.php?issueid=32>
Abstract note: A cohort study to compare the benefit of Levosimendan vs Dobutamine for acute decompensated heart failure cases.
- 6) <https://jalh.org/article.asp?issn=27727165;year=2022;volume=2;issue=2;spage=54;epage=58;aulast=Shivashankaran;type=0>
Abstract note: Clinical profile and diagnosis of tracheal bronchus among patients undergoing fiberoptic bronchoscopy in a tertiary level health facility
- 7) <https://www.longdom.org/abstract/chronic-glomerulonephritis-presenting-as-hypertension-57218.html> Abstract note: chronic glomerulonephritis presenting as hypertension.

Presentations

- 1) International Paper presentation- NEUROENDOCRINE ABNORMALITIES IN TRAUMATIC BRAIN INJURY | World Congress on Endocrine and Diabetes held during September 23, 2022
- 2) National Poster presentation- Invasive Aspergillus Tracheobronchitis Presenting as an Intraluminal Mass | National Conference on Pulmonary Diseases of the National College of Chest Physicians 2019
- 3) Regional Poster presentation- A Case of Polycythemia Rubra Vera | DM WIMS Internal medicine updates 2019, Internal medicine update 2020 Calicut Medical College

Auditor other Quality Improvement Projects

- 1) To Detect the Prevalence of White Coat Hypertension

Aim—To reduce the Patient on overenthusiastic and anti-hypertensive management and to avoid the complication of anti-hypertensive drugs.

2) Importance of ESR in referring patients to rule out rheumatoid arthritis.

Aim: The aim is to reduce the financial burden on government and to prevent patient transfers that are not necessary.

Teaching Experience

Provided teaching and training for undergraduate and postgraduate students of Aster Wayanad/DM WIMS medical college. I have been a part of the planning and executing undergraduate teaching schedules from the first clinical year to final year of undergraduate training. Similarly, I have provided training for junior trainees within the IMT program. The feedback was gathered by the Senior Faculties which is addressed in NHS E-Portfolio

Leadership Experience

- I was one among the coordinators to conduct continuing medical education program in 2019, 2021 and 2022 at DM WIMS/ASTER WAYANAD medical college.
- Thejus medical shop/Clinic-Administrator and the medical officer.
- I have managed various national health programs for eight months in FHC Poothady

Other Experiences

I completed basic Pranik Healing Course