

Dr. Shyvin K S
Consultant (General Medicine Department)
Date of birth: 31st May 1989
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Contract period at current work place : Not yet decided
Notice period : 1 Month

Academic Qualifications

| Qualification | Awarding Body | Dates |
|---|--|----------|
| EULAR online course in Rheumatic diseases | EULAR | Ongoing |
| CPCR (Rheumatology) | QUEXST HEALTHCARE & NANAVATI MAX Super Speciality Hospital | Oct 2023 |
| MRCP (UK) | RCP, UK | Feb 2023 |
| IMT | JRCPTB | Oct 2021 |
| MBBS | University of Calicut | Oct 2013 |

Clinical Appointments

Current Role – Working as a Consultant in the General Medicine Department of San Jos Parish Hospital Pavaratty, Kerala, India.

I do consult the out patient, in patient and ICU department. I even perform procedures like intubation, central line, HD catheter and lumbar punctures and ICD insertion, ascitic tapping and pleural tapping.

I joined in Aster Wayanad Specialty Hospital/DMMC as MRCP IMT trainee, in 2018. After completing the training, I worked as specialty registrar in the department of general medicine and critical care in the same hospital.

| Post Title | Hospital | Department | Date |
|---------------------------|---|---------------------------|------------------|
| Consultant | San Jos Parish Hospital, Pavaratty, Kerala, India | General Medicine | Aug 23-Ongoing |
| Medical Officer | Kerala Government Family Health Centre Poothady | Medicine | Jan 23– Aug 23 |
| Specialty Registrar | Aster Wayanad Specialty hospital | Critical Care | July 22 – Dec 22 |
| Specialty Registrar | Aster Wayanad Specialty hospital | Medicine | Sep 21 – Jun 22 |
| Internal Medicine Trainee | Aster Wayanad Specialty hospital | Medicine | Oct 18 – Oct 21 |
| General Practitioner | Thejus Clinic, Mulavukad | General Practitioner | Jan 17 – Oct 18 |
| Resident Medical Officer | Lakshmi Hospital | Emergency Medicine | Jul 16 – Dec 16 |
| General practitioner | Thejus Clinic, Mulavukad | General Practitioner | Feb 15 – Jun 16 |
| Internship | MES Medical College Perinthalmanna | Medicine/A&E /Surgery/O&G | Jan 14 – Dec 14 |

Courses and Conferences Attended

| Course | Location | Date |
|--------|----------|------|
|--------|----------|------|

| | | |
|---|--------|--------------------|
| World Congress on Endocrine and Diabetes | Online | September 23, 2022 |
| Internal medicine update Calicut Medical College | India | 2020 |
| National Conference on Pulmonary Diseases of the National College of Chest Physicians | India | 2019 |
| DM WIMS Internal medicine updates | India | 2019 |

Publications

- 1) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>

[<https://ijisrt.com/polyarteritis-nodosa-presenting-as-acute-pancreatitis>

Abstract note: POLYARTERITIS NODOSA PRESENTING AS ACUTE PANCREATITIS]

- 2) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>

[<https://ijisrt.com/an-interesting-case-of-rheumatoid-arthritis>

Abstract note: An interesting case of rheumatoid arthritis

- 3) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>

[<https://ijisrt.com/acute-liver-failure-in-dengue-shock-syndrome>

Abstract note: Acute Liver Failure in Dengue Shock Syndrome

- 4) <https://www.ijdmsrjournal.com/current-issue.php?issueid=31>

Abstract note: NEUROENDOCRINE ABNORMALITIES IN TRAUMATIC BRAIN INJURY (case series)

- 5) <https://www.ijdmsrjournal.com/current-issue.php?issueid=32>

Abstract note: A cohort study to compare the benefits of Levosimendan vs Dobutamine for acute decompensated heart failure cases.

- 6) <https://jalh.org/article.asp?issn=27727165;year=2022;volume=2;issue=2;spage=54;epage=58;aulast=Shivashankaran;type=0>

Abstract note: Clinical profile and diagnosis of tracheal bronchus among patients undergoing fiberoptic bronchoscopy in a tertiary level health facility

- 7) <https://www.longdom.org/abstract/chronic-glomerulonephritis-presenting-as-hypertension-57218.html> Abstract note: chronic glomerulonephritis presenting as hypertension.

8) <https://www.ncbi.nlm.nih.gov/myncbi/1dSU7jQIv2ZQa/bibliography/public/>
[<https://ijisrt.com/importance-of-esr-in-referring-patients-to-rule-out-rheumatoid-arthritis> (QIP-Importance of ESR in Referring Patients to Rule Out Rheumatoid Arthritis)]

Presentations

- 1) International Paper presentation- NEUROENDOCRINE ABNORMALITIES IN TRAUMATIC BRAIN INJURY | World Congress on Endocrine and Diabetes held during September 23, 2022
- 2) National Poster presentation- Invasive Aspergillus Tracheobronchitis Presenting as an Intraluminal Mass | National Conference on Pulmonary Diseases of the National College of Chest Physicians 2019
- 3) Regional Poster presentation- A Case of Polycythemia Rubra Vera | DM WIMS Internal medicine updates 2019, Internal medicine update 2020 Calicut Medical College

Audit or other Quality Improvement Projects

- 1) To Detect the Prevalence of White Coat Hypertension
Aim – To reduce the Patient on over enthusiastic and anti-hypertensive management and to avoid the complication of anti-hypertensive drugs.
- 2) Importance of ESR in referring patients to rule out rheumatoid arthritis.
Aim: The aim is to reduce the financial burden on government and to prevent patient transfers that aren't necessary.

Teaching Experience

Provided teaching and training for undergraduate and postgraduate students of Aster Wayanad/DM WIMS medical college. I have been a part of the planning and executing undergraduate teaching schedules from the first clinical year to final year of undergraduate training. Similarly, I have provided training for junior trainees within the IMT program. The feedback was gathered by the Senior Faculties which is addressed in NHS E-Portfolio

Leadership Experience

- I was one among the coordinators to conduct continuing medical education program in 2019, 2021 and 2022 at DM WIMS/ASTER WAYANAD medical college.
- Thejus medical shop/Clinic- Administrator and the medical officer.
- I have managed various national health programs for eight months in FHC Poothady

Other Experiences

I completed basic Pranik Healing Course

Referee

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