1. Fetch

The `fetch()` method is used to fetch resources across the Internet.

Syntax: fetch(URL, OPTIONS)

URL - URL of the resource
OPTIONS - Request Configuration

1.1 Request Configuration

We can configure the fetch request with many options like,

- Request Method
- Headers
- Body
- Credentials
- Cache, etc.

We can configure a request by passing an `options` object with required properties and their values.

For example,

```javascript
let options = {
  method: "GET",
  headers: {
    "Content-Type": "application/json"
  },
  body: JSON.stringify(data)
};
```