```
<?php
$file = fopen("people.txt", "w");

// Write names and ages into the file
foreach ($people as $name => $age) {
    fwrite($file, "$name - $age\n");
}

// Close the file
fclose($file);

// Read the file content
$fileContent = file_get_contents("people.txt");
echo nl2br($fileContent); // Display content on
web page
?>
```