Patient Evaluation

What we will learn in Patient centered care!

- 1. Gather information from patient
- 2. Explain required investigations/ findings/diagnosis
- 3. Discuss medical questionnaire/perform review of system, precautions considered while planning extraction.
- 4. Problem list
- 5. Explain treatment plan (PHASES)
- 6. Managing acute problems (Acute Phase)
- 7. Disease control phase-Common Conditions & Their Management
- 8. Definitive Phase Active Clinical Management; Replacement & Maintenance

Case Scenario – Irreversible Pulpitis

Scenario: A 32-year-old male presents with severe, lingering pain in the upper left molar region, especially when consuming hot beverages. The pain often radiates to the ear and worsens at night, disrupting sleep. Patient is medically healthy and non-smoker.

Clinical Findings includes deep carious lesion with respect to tooth 26. Diagnostic test revealed prolonged pain on thermal testing (especially heat) and tenderness on percussion.

IOPA with respect to 26 shows large radiolucency approaching the pulp in tooth 26.

Explain findings and diagnosis.

Basic steps to follow

Acknowledge Chief Complaint

Gather specific (Medical and Dental):

• Any recent dental treatment

Clinical Exam Findings (Problem List):

- Deep caries close to pulp
- Prolonged response to thermal test
- Tender on percussion

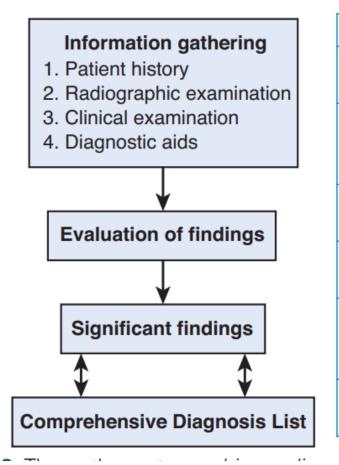
Cause and Course of Illness:

- When did the pain start
- Any history of deep decay or trauma
- Is the pain spontaneous or only on stimulus
- Pain relieved by medication or persists

Diagnosis -

Irreversible pulpitis is an inflammation of the pulp that cannot heal on its own and usually requires root canal treatment to save the tooth. **Symptomatic Apical Periodontitis** means that the inflammation has extended beyond the inside of the tooth and is now affecting the bone around the root.

DIAGNOSTIC WORKFLOW



Letter	Component	Explanation		
С	Chief Complaint	What patient reports as primary reason for visit		
0	Other Conditions	Medical & dental history (systemic diseases, allergies, medications, etc.)		
F	Findings – Clinical	Extraoral and intraoral examination findings		
F	Findings – Radiographic	Radiographic interpretation (periapicals, OPG, bitewings, etc.)		
E	Establish Diagnosis	Synthesizing clinical + radiographic + history to conclude diagnosis		
E	Execute Treatment Plan	Phased treatment planning based on the diagnosis		

CHIEF COMPLAINT

- Caries and non-carious lesions
- Periodontal/ pulp/ or Peri-apical pathology
- Pathology of the periodontium
- Defective restorations, an oral prosthesis and/or implants
- Disorders of the temporomandibular joint (TMJ)

HISTORY OF PAIN- SOCRATES

- S: Site
- O: Onset
- C: Character
- R: Radiates
- A: Associated symptoms
 swelling/discharge/fever/lymphadenopathy
- T: Time/Duration
- E: Exacerbating/Relieving factors
- S: Severity

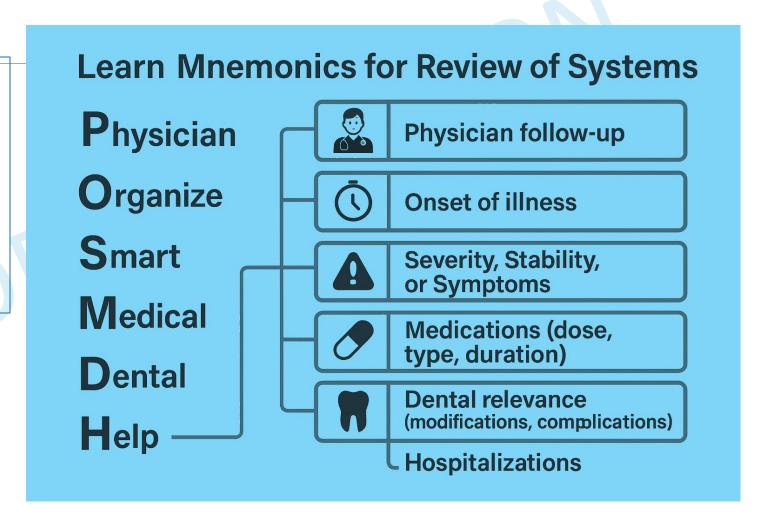
HISTORY OF CHIPPING/FRACTURE

- >Any history of recent trauma
- ➤ Was the tooth/ restoration in hyper occlusion
- ➤ Were lateral forces on the tooth excessive
- ➤ Has there been loss of vertical dimension of occlusion
- ➤ Any history of bruxism/clenching

Medical History

REVIEW OF SYSTEMS

- Look at Directives and distribute time accordingly.
- Refer to given history.
- Refer to the given Medical chart.



Medication History

- Prescription medications
- •Over-the-counter medications / herbal remedies / vitamins / nutritional supplements
- Any peculiar or adverse reaction to any medication
- •Any blood thinners (e.g., Coumadin, Xarelto, Pradax, Eliquis, Clopidogrel, Aspirin)
- •Any recreational drugs (e.g., Cocaine, Marijuana, Amphetamines)
- Personal history: Smoking / Alcohol

Past Dental History

Date of last dental examination.

Frequency of dental visits.

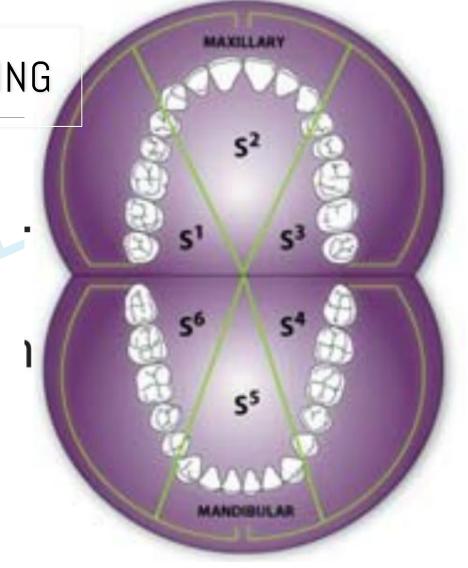
Types of treatment received, and history of any problems during past treatment.

Assessment/Diagnostic test

- Careful inspection.
- Pulp vitality testing
- Percussion test
- Mobility testing
- Occlusal assessment
- Selected radiographic or other imaging.
- Determination of the prognosis for a tooth

PERIODONTAL SCREENING & RECORDING

- Determine need for a comprehensive periodontal evaluation
- Evaluation of all sites at periodontal risk
- Adult patients, age 18 and older
- Sextants are labelled S1-S6



Periodontal Screening & Recording

0	Gingival tissues are healthy with no BOP	Implications
1	Bleeding on probing (BOP)	No further documentation needed.
2	Supragingival or subgingival calculus and/or defective margins are detected.	
3	probing depth between 3.5 and 5.5 mm.	Comprehensive
4	probing depth of greater than 5.5 mm.	periodontal assessment of entire mouth.
X	Any sextant that is completely edentulous.	
	Furcation involvement, mobility, mucogingival problems, or recession ≥3.5mm	

Radiographic Examination

- A thorough clinical examination, consideration of the patient history, review of any prior radiographs, caries risk assessment and consideration of both the dental and the general health needs of the patient should precede radiographic examination.
- Attempt to obtain previous radiographs.

DATIENT	VCE	VNIDD	DEVEL	.OPMENTAL	CLVCE
PAHENI	AUL	AIND D	DEVEL	OPIVICIVI AL	JIAGE

	PATIENT AGE AND DENTAL DEVELOPMENTAL STAGE							
TYPE OF ENCOUNTER	Child with Primary Dentition (prior to eruption of first permanent tooth)	Child with Transitional Dentition (after eruption of first permanent tooth)	Adolescent with Permanent Dentition (prior to eruption of third molars)	Adult, Dentate or Partially Edentulous	Adult, Edentulous			
New Patient* being evaluated for oral diseases Individualized radiographic exam consisting of selected periapical/occlusal views and/or posterior bitewings if proximal surfaces cannot be visualized or probed. Patients without evidence of disease and with open proximal contacts may not require a radiographic exam at		Individualized radiographic exam consisting of posterior bitewings with panoramic exam or posterior bitewings and selected periapical images.	Individualized radiogra posterior bitewings with posterior bitewings and images. A full mouth in exam is preferred when clinical evidence of gen or a history of extensive	d selected periapical traoral radiographic n the patient has neralized oral disease	Individualized radiographic exam, based on clinical signs and symptoms.			
Recall Patient* with clinical caries or at increased risk for caries** Posterior bitewing examined visits cannot be examined visits.		m at 6-12 month intervals sually or with a probe	if proximal surfaces	Posterior bitewing exam at 6-18 month intervals	Not applicable			
Recall Patient* with no clinical caries and not at increased risk for caries**	Posterior bitewing exam at 12-24 month intervals if proximal surfaces cannot be examined visually or with a probe		Posterior bitewing exam at 18-36 month intervals	Posterior bitewing exam at 24-36 month intervals	Not applicable			



Systemic Assessment

ASA Physical Status Classification

1

• Identify status of current medical condition

2

Modify dental treatment based on systemic health

3

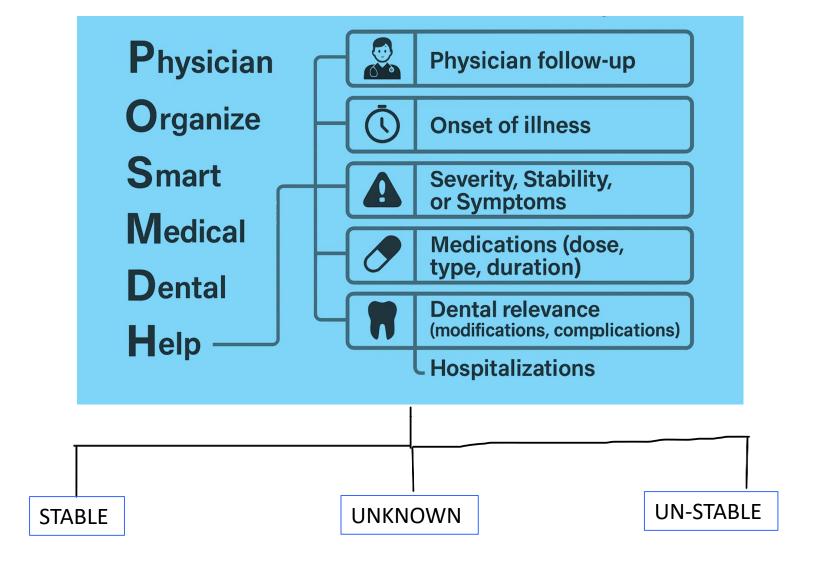
• Prevent Medical Emergencies in office

Δ

• Prevent Serious Postop complications

Review of system

Mnemonics







Do you use cannable? ...

CONFIDENTIAL MEDICAL-DENTAL QUESTIONNAIRE

The information contained in the medical-dental questionnaire is necessary for the provision of dental care. Your dental record is protected by law and professional secrecy. It is kept in the office and only the dentist and authorized personnel may consult it and make entries.

Personal Information	Contact Information
First name	Home tel.
Last name	
Gender FO MO XO	Cell phone
Date of birth YY/MM/DD	
Health Ins. No Expiry YY/MM	
Address	Name
City	
Province Postal code	Main tel.
Dental Information	Cell phone
Reason for today's visit	Last visit 0-6 months O 6-12 months O + than 12 months O
Do you fear dental treatments?	Treatment(s) received Yes No
Not at all O A little O Very much O	With panoramic radiographs (large x-ray)
Specify	With intraoral radiographs (small x-rays) O O

This questionnaire will help the dentist and his or her staff provide the best possible care and reduce the risk of medical complications. It is in the patient's best interest to carefully fill it out and notify the dentist of any change in their health condition.

Operative precautions-For use by the professional	
Modification(s)	Date YY/MM/DD
Modification(s)	Date YY/MM/DD
Modification(s)	Date YY/MM/DO
Modification(s)	Date YY/MM/DD

Medical history		Yes	No	
1.	Would you like to speak privately with your dentist?	0	0	Reason, details and date
2.	Are you being treated by a physician?	0	0	
3.	Have you ever had surgery or been hospitalized?	0	0	
4.	Do you have joint prostheses (hip, knee, etc.)?	0	0	
5.	Have you gained or lost a lot of weight recently?	0	0	
6.	Are you pregnant?	0	0	
7.	Are you breastfeeding?	0	0	
8.	Are you taking natural or homeopathic products?	0	0	Specify
9.	Are you taking medication?	0	0	
10	Are you taking birth control O or hormones O?	0	\circ	

Please indicate all medication (including birth control and hormones) that you are taking or have taken in the last 12 months

Medication and reason	Medication and reason

Please check Yes or No for each current or past condition 0 0 0 0 0 0

rease check rea or no for each current or past continuer	Yes 7						·	No
Blood disorders	144	100	Skin dispases					
(hemophilia, anemia, prolonged bleeding)	0.00	0						
Heart conditions								
Infarction (heart attack), angina, surgery, etc.		0						
Heart infection (endocarditis)			Osteoporosis					
Surgery to replace or repair a valve / cusp	- 0	0		nt fe.o	- 1	ablets)	0	0
Blood pressure high O low O	- 0	0						
Dizziness, fainting			Chronic pain				0	0
Frequent headaches			Epilepsy				0	0
Jaw pain						ases		
Liver disorders (hepatitis A. B. C. cirrhosis, etc.)	- 0	0						
Digestive system disorders or diseases	- 0	0	Frequent colds or sinusi	tis			0	0
Specify			Tuberculosis or lung dis-	orders			0	0
Stomach disorders ulcer o reflux o	0	0	Asthma				.0	0
Kidney disorders			Hay fever / seasonal alle	ergles.			0	0
Diabetes			Allergy or manifestation	withp	roc	fucts containing:		
Thyroid disorders	0	0	Latex	0 0	0.	Sulfonamides	0	0
Cancer (tumour) Specify	0	0	Penicitlin					0
Radiotherapy	- 0	0	Other antibiotics	0 0	0	Food	0	0
Chemotherapy			Codeine	0 0	0	lodine-containing products	0	0
Do you suffer from dry mouth?	0	0	Aspirin	0 0	0	Food lodine-containing products Other:	. 0	0
Sexually transmitted or blood-borne infections (STBBI) Specify	- 0	0	Other medical condition	s that	sho	uld be mentioned:		
Other aspects								
Have you ever been told that you snore or seem to stop			Do you take other drugs?				0	0
breathing while you sleep?		0	Do you take methadone?				0	0
Do you wake up tired in the morning and/or feel tired			the second second second second second					
during the day?	- 0	0	Section reserved for t	the de	ntis	t's special notes		
Do you suffer from sleep apnea?	_ 0	0			-			
Do you smake? cig./day or ex-smaker 🖸								
Do you drink alcohol?								
Frequency:drinks O /day O /week O /month								
De unu una reposible?	-	-						

CARDIOVASCULAR DISEASE

Stable Patients

Consider these treatment modifications

- 1. Stress Reduction: Short, morning appointment (calm environment/ preoperative anxiolytics)
- 2. Medication Management: Ensure the patient takes their medications as prescribed.
- 3. Monitoring: Continuously monitor vital signs (pre-op & 5 minutes post anesthetic inject)
- 4. Local Anesthesia with minimal vasoconstrictors (e.g., epinephrine). Avoid epinephrine-impregnated retraction cord
- 5. Pain Control: Use effective pain management to prevent postoperative pain, which can induce stress and angina.
- 6. Emergency Preparedness: Drugs and have emergency protocols in place.

Avoid rapid position changes

Hypertension

Suggested guidelines

Systolic Systolic	Diastolic	Treatment alteration
<140	<90	may proceed with dental treatment
140-159	&/or 90-99	reassess in 5 minutes if still ↑ encourage pt to see MD for assessment may proceed with dental tx at that appt
160-179	&/or 100-109	reassess in 5 minutes if still ↑ refer to MD within 1 month may proceed with dental tx at that appt intra-op monitoring of BP
180-200	&/or 110-115	reassess in 5 minutes if still ↑ refer to MD in 1 wk avoid elective tx pain mgmt is a priority
>200	&/or >115	reassess in 5 minutes if still \(\gamma\) refer to MD immediately, especially if the patient is symptomatic avoid elective tx pain mgmt is a priority

Ischemic Heart Disease Conditions

Feature	Stable Angina	Unstable Angina	Myocardial Infarction (MI)
Nature & Trigger	Transient chest discomfort due to Physical or psychological stress	Angina with minimal exertion or at rest New onset	Severe ischemia Often spontaneous Not always stress-related
Duration & Pattern	Predictable, reproducible Constant over time	Unpredictable Increased frequency/duration	Severe chest pain >15 min
Relieving Factors	Resolves with rest or nitroglycerin	Less responsive to rest/nitroglycerin	Not relieved by nitroglycerin/rest
Associated Symptoms	None or mild	May present similarly to MI without markers	Nausea, vomiting, cold sweat, cyanosis, air hunger, palpitations

[✓] Defer elective treatment- 1 month in hospitalization (MI); 3 months following major heart surgery.

Stroke

- ✓ Medications- Anticoagulants.
- ✓ Current neurological status (speech, swallowing, motor function).
- ✓ Defer elective dental treatment for at least1 month following a stroke.

Aspect	Pacemaker Surgery	Coronary Stent Placement		
	- Cardiac evaluation	- Cardiac evaluation		
Review of system	- Medication (Beta-blocker,	- Medication (Dual Antiplatelet Therapy (DAPT):		
	anticoagulants)	Aspirin+ Clopidogrel (or Ticagrelor/Prasugrel)		
	- Electromagnetic interference (EMI)	- High bleeding risk due to DAPT		
	(electrosurgery units)	- Risk of stent thrombosis if antiplatelets are		
Dental Concerns	erns - Bleeding risk minimal unless on	stopped prematurely		
	anticoagulants			
Modifications for Extraction	- Avoid ultrasonic devices near chest	- Discuss with cardiologist if DAPT is active and surgery is urgent		

Patient with Bleeding risk

✓ Assess bleeding risk of patient

- ✓ Antiplatelet drugs(Aspirin or Clopidogrel); Anticoagulant (Warfarin, Dabigatrin)
- ✓ Plan minimally invasive surgical technique
- ✓ Use local hemostatic measures (e.g., pressure packs, suturing, tranexamic acid rinse, gelatin sponge)
- ✓ Post-op pain control with acetaminophen (avoid NSAIDs due to bleeding risk)
- ✓ Provide written and verbal post-op instructions for how to manage bleeding if appeared after surgery

Patient on WARFARIN (COUMADIN)

- ✓ Recent INR reading. How often do you get it checked? When was your last test?
- ✓ Need recent INR prior to surgery (within 48 hrs, 24 hrs if possible)
- INR is ≤ 3.5- Minor surgery (simple extractions)
- ✓ INR is ≥ 3.5, then delay invasive procedure; Refer to MD & specialist.
- ✓ For bleeding emergency pt to go to Hospital emergency dept has reversal agent (vitamin K)

Joint Replacement

- When was the surgery done
- How often do you follow up
- Any complications due to treatment Hematoma Wound drainage
- Were you advised to take antibiotics prior to dental treatments If yes, who recommended it And when did you last take antibiotic prophylaxis
- Any complication/infection with your prosthetic joint

Follow current guidelines of RCDSO and CDA. American heart association

Do a medical consult to discuss antibiotic use if required

If complications after joint replacement: discussion is needed with Orthopaedic surgeon.

If antibiotics are recommended by MD:

- (a) Then MD should prescribe the antibiotics.
- (b) MD should advise what procedures antibiotics are recommended for.
 - (c) MD should decide which antibiotic should be used.

Current American Heart Association Recommendations (2007)

Cardiac Conditions Associated With the Highest Risk of Adverse Outcome From Endocarditis for Which Prophylaxis With Dental Procedures Is Recommended

- Prosthetic cardiac valve
- Previous infective endocarditis
- Congenital heart disease (CHD)[†]
 - Unrepaired cyanotic CHD, including those with palliative shunts and conduits
 - Completely repaired CHD with prosthetic material or device by surgery or catheter intervention during the first 6 months after the procedure*
 - Repaired CHD with residual defects at the site or adjacent to the site of a prosthetic patch or prosthetic device, which inhibits endothelialization
- Cardiac transplantation recipients who develop cardiac valvulopathy

Dental Procedures for Which Endocarditis
Prophylaxis Is Recommended for Patients in
Box 2-1

- All dental procedures that involve manipulation of gingival tissue or the periapical region of teeth or perforation of the oral mucosa
- This includes all dental procedures except the following procedures and events:
 - Routine anesthetic injections through noninfected tissue
 - Taking of dental radiographs
 - Placement of removable prosthodontic or orthodontic appliances
 - Adjustment of orthodontic appliances
 - Shedding of deciduous teeth and bleeding from trauma to the lips or oral mucosa

No antibiotic prophylaxis required

Mitral valve prolapse

Congenital heart disease

Rheumatic heart disease

Stent placed in heart

Pacemaker

All About Attacks

If Patient has history of attack in last dental visit:

(type of visit, procedure, stress level, how was it managed)

Letter	Stands For	Details	Modifications
М	Medications	Current meds, compliance, effect of medication	Bring medications
O	Onset & Frequency	When did it first start, at what usual time How often	Schedule appointments when attacks are least likely
Т	Triggers	What provokes it (e.g., exercise, allergens, stress, infection)	Avoid triggers
Н	Hospitalization History	Any ER visits or admissions for this condition	Medical Consult (4 weeks/1 month)
E	Episode Duration	How long does each attack last	
R	Recent Changes in attack	Onset/frequency/Severity	Medical Consult

Asthma

- ✓ Semi supine or upright chair position for asthma.
- ✓ If sedation is required, nitrous oxide—oxygen inhalation is best.

 Benzodiazepines can be given short term for well controlled cases.
- ✓ Narcotics (opioids) and barbiturates are avoided in severe asthma.
- ✓ Avoid ASA in all patients with asthma, avoid NSAIDS only in persistent cases.
- ✓ Avoid NSAIDS with ASA induced asthma and nasal polyps.

Allergy

- ✓ Allergen details.
- ✓ Documented/ Not Documented.
- ✓ Type of reaction: Trouble breathing or significant swelling
- ✓ Past hospitalization
- ✓ Latex allergy

Be Aware: Gloves, rubber dam, rubber in anesthetic carpules, suction tubing, mixing bowls, blood pressure cuffs/pump, stethoscope, bite block, prophy cup, etc.

Pregnancy

Type of treatment procedure

Trimester

Complications in previous or current pregnancy

- ✓ Delay routine treatment in 1st Trimester
- ✓ Delay all elective surgery until delivery.
- ✓ Minimize radiographic exposure.
- ✓ Short morning appointments, Semi reclined left lateral position.
- ✓ Avoid ASA , Anxiolytic drugs, Tetracyclines throughout pregnancy.
- ✓ Avoid Nitrous oxide in 1st trimester but can give in 3rd trimester provided its 50 % O2.
- ✓ Avoid NSAIDs in third trimester, can be given in 1st and 2nd trimesters (Ibuprofen). Avoid Opioids in 1st and 2nd Trimesters.

COPD

Short appointment; treat them at the end of the day.

Stress Reduction Protocol; Avoid anxiolytic drugs (barbiturates/BZD) & opioids.

Avoid supine position (upright chair position is preferred)

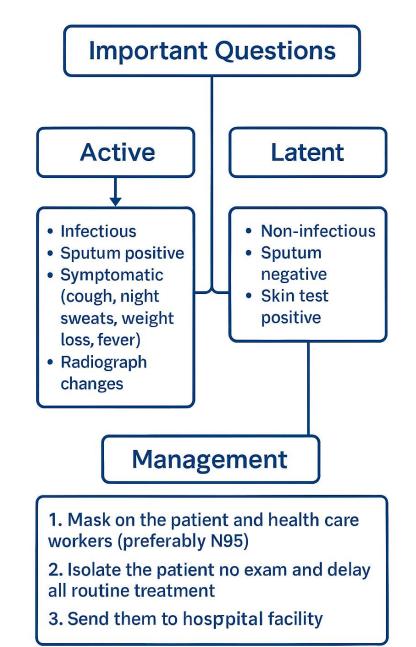
Severe COPD:

Avoid O2 (specifically N2O)' rubber dam

Refer to hospital.

Consider Smoking cessation

Tuberculosis



Diabetes

- ✓ Confirm if glycosylated hemoglobin (HbA1c) < 7%
- ✓ Appointment should not interfere with usual medication dose/ meal. Prefer morning appointments.
- ✓ Take glucometer readings if patient miss taking FBS.
- ✓ Oral glucose source ready, know emergency protocols
- ✓ Treat all infections aggressively. Ensure excellent oral hygiene, and encourage preventive care

Question?

Patient blood sugar level is 8 mmol/L, Will you proceed with treatment?

All about values ...

HbA1c (%)	Estimated Average Glucose (mg/dL)	Estimated Average Glucose (mmol/L)
7.0%	154 mg/dL	8.6 mmol/L

Glucometer measures

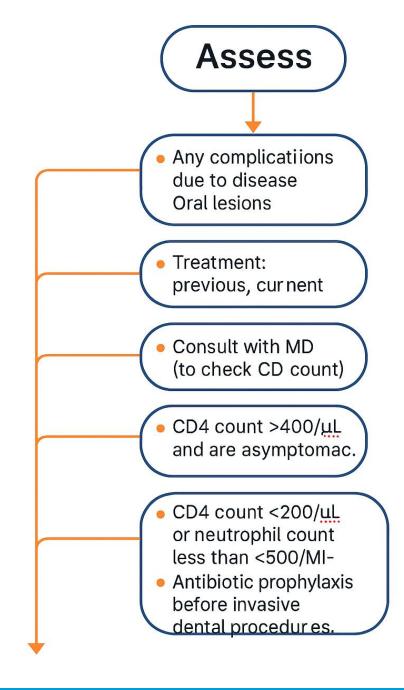
- •mg/dL (milligrams per deciliter) common in North America
- •mmol/L (millimoles per liter) common in Canada, UK, Europe

Comparison of HbA1c vs Glucometer in Dental Settings

Parameter	HbA1c	Glucometer (Capillary Glucose)
What it Measures	3-month average blood sugar	Current blood glucose level
Units	%	mg/dL or mmol/L
Sample Type	Lab test	Finger prick
Clinical Use	Long-term control Routine visits Treatment planning Poor wound healing	Immediate glucose status Acute symptoms Emergencies (chairside monitoring)
Reliability	Reliable; not affected by short-term fluctuations	Can vary due to food, stress, infection

HIV- infection

- •What is normal range of CD4?
- Above 500/mm cube
- Bleeding problems (platelets may be decreased)
- Use routine practice (standard precautions/universal precautions)



Patients taking steroid

Steroid Use in Dental **Patients Gather Patient History** • Drug details: reason, name, route, duration • Check for complications: HTN, DM, peptic ulcer, osteoporosis **Assess Risk Factors** • Is the procedure stressful or involves surgery/anestheśia? • Is patient in severe pain or infertion? Has patient taken ≥25 mg cortisol/ day currently or within the last 2 weeks? • Risks: poor health, duration > 4 years, pain/infection, Addison's's disease Yes No Medical Coverage consultation not required required Supplement 2 hours prior to surgery

Patients taking bisphosphonates

Patient Taking Bisnhosphonates

Gather History

- Reason for drug
- Drug name
- Route of administratio (oral or IV)

Common Drugs:

Actonel, Pamidronate, Prolia, Fosamax

Route of Administration?

ORAL Bisphosphonate

- Routine dental care Risk increases after 4 years of use
- Perform atraumatic procedures with minimal tissue trauma

IV Bisphosphonates

- Higher risk of ONJ
- Increases after 2 years of therapy
- Safe to perform
- Restorative procedures
- Nonsurgical endodontics
- Scaling & root planing (SRP)
- Avoid
 - Elective dentoalveolar surgical procedures

Cancer

- ➤Type of cancer
- Treatment- type/timeline: Surgery Radiation Chemotherapy
- Areas of the head and neck region irradiated& Amount of radiations
- >Any complications due to treatment
- Are you currently using any preventive treatment as per dentist recommendations

Pre Cancer Therapy

- Thorough dental exam
- Repair / extract teeth
- Infection control
- Fluoride trays, hygier a enforcement

Luring Therapy

- Urgent care only
- Symptomatic care (pain, antifungals

Post Radiation

- Consult Oncologist
- Increased oral recalll
- Avoid extractions
- Fluoride trays daily

Medical Referral

- 1. Patient identifying information.
- 2. Background (History / findings)
- 3. The proposed dental treatment.
- 4. A specific request for information or action.

Date

From: ID

To: Physician

RE: (Pt name) (DOB:)

Dear Doctor:,

Patient named X, presented to clinic for multiple extractions of mobile teeth. M/H revealed joint replacement 5 years ago and Diabetes type 2.

Past Dental History revealed patient was prescribed antibiotic prophylaxis for multiple extractions. Planned treatment can be accomplished with minimal stress using local anesthetic containing 2% lidocaine and 1:100,000 epinephrine.

As per the current guidelines, its not mandatory to give prophylactic antibiotics for joint replacement. Please evaluate and advise or prescribe antibiotics if you find it necessary for the above-mentioned dental treatment. If there are any other health considerations, I should be aware of, please let me know. Should you require any additional information, please do not hesitate to contact me. Informed Consent of the patient attached herewith.

Sincerely

Unstable Medical Condition

- ✓ Symptomatic condition.
- ✓ Attack: increased severity/ Frequency.
- ✓ Any recent hospitalizations or changes in Medical condition
- ✓ Incomplete info regarding Medications

- ✓ Elective dental care should be deferred.
- ✓ Medical consultation obtained.
- ✓ Treat them in a hospital facility.
- ✓ Follow Stress Reduction Protocol.
- ✓ Take consent to refer to physician
- ✓ Manage any current emergency- analgesic/smoothen sharp edges



IGNITE DENTAL VISION 4