

CURRICULUM VITAE

OBJECTIVES

This is opportunity for me to enhance my career, hence I will work hard with sincerity and prove my creditability. From all the experiences, I have gained during my jobs while in nursing school; I have acquired these skills that will help me perform my task to your standards.

- Remain calm under pressure and stress
- Analytical, reliable, mature, creative, discipline
- Relate to different culture and population



PERSONAL DETAILS

Name : Salina Thapa
Nationality : Nepali
Gender : Female
Marital Status : Married
Date of Birth : July 6, 1995
Blood group : A +ve
Permanent Address : Urlabari 8, Morang
Contact Address : Tinkune, Kathmandu
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Email Address : saleenathapa.st@gmail.com
NNC Registration No : 50187

ACADEMIC QUALIFICATION

2014 – 2018 Bachelor of Science in Nursing
Nobel Medical College Teaching Hospital, Biratnagar, **Kathmandu University**
(75.02%)

2012–2014 Intermediate (+2 science)
Arniko Awasiya Higher Secondary School, Biratnagar, Morang Nepal (68.60%)

2012 SLC
Shishu Shiksha Sadan English School, Rajghat 5, Morang Nepal (88.38%)

CLINICAL EXPERIENCE

- Fundamental of Nursing, Nobel Medical College Teaching Hospital, Biratnagar, Nepal
 - Midwifery, Nobel Medical College Teaching Hospital, Biratnagar, Nepal
 - Pediatrics, Nobel Medical College Teaching Hospital, Biratnagar, Nepal
 - Medical Surgical Nursing, Nobel Medical College Teaching Hospital, Biratnagar, Nepal
 - Mental Health Nursing, Nobel Medical College Teaching Hospital, Biratnagar, Nepal
 - Leadership and Management
 - In Surgery ward of Nobel Medical College Teaching Hospital, Biratnagar, Nepal for 4 weeks
 - In Tankisinwari Primary Health Centre for 2 weeks
 - Family Planning Training, Nobel Medical College Teaching Hospital, Biratnagar, Nepal

 - **Main Speciality Course:**
 - ICU/CCU/NICU (5 months)
 - ICU/CCU posting in Nobel Medical College Teaching Hospital, Biratnagar, Nepal
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ADDITIONAL INFORMATION

Academic Research: Research study conducted on “**Knowledge regarding weaning among mothers of under one year children visiting Pediatric OPD of Nobel Medical College Teaching Hospital, Biratnagar**”

Academic Teaching Learning Activities: **PCL Nursing 1st year on Fundamental of Nursing** at Nobel Medical College Teaching Hospital, Biratnagar.

SKILLS

Technical Skills

- SPSS
- Power point
- MS word
- Excel

Personal Skills

- Fluent in English, Nepali and Hindi languages.
- Dedicated to work and Competent.
- Physically and mentally fit, reliable, resourceful and self-motivated.
- Compassionate and enjoy caring for people. Good communication and presentation skills.
- Good team work with ability to work also in person.
- Good capacity to work at specialized department i.e. ICU/CCU, OT
- Research skills and experience, Lesson planning expertise.
- Demonstration Leadership and Management in hospital ward for practical process.
- Exceptionally motivated self-starter and creative problem solver who works hard and loves a challenge.
- Punctual and good at decision making

WORK EXPERIENCE

Worked at Nepal Medicit Hospital, Sainbu, Lalitpur for 6 months.

Currently working as a Nursing Instructor in Shankarapur Academy, Jorpati

INTERESTS

- Patient care
 - Volunteering in health related campaigns
 - Exploring nature through travelling
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DECLARATION

I hereby declare that all the above mentioned information and experience are true to my knowledge and belief.

REFERENCES

- Mrs. Durga Chaulagain (Lecturer , Nobel Medical College Teaching Hospital, Biratnagar)
- Mrs. Sasmita Ghimire (Lecturer, Nobel Medical College Teaching Hospital, Biratnagar)
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