

Patient Name: Priya Malhotra
Age: 60 years
Gender: Female
Nationality: Indian

Chief Complaint: The patient presents with progressive memory loss and difficulty performing daily tasks.

History of Present Illness: The symptoms started a year ago and have gradually worsened. The patient reports forgetfulness, difficulty remembering recent events or conversations, and struggles with organization and problem-solving. Family members have noticed personality changes and withdrawal from social activities.

Medical History: No significant medical history. No known family history of dementia.

Physical Examination: Neurological examination reveals no focal deficits. No other abnormal findings.

Investigations: Cognitive screening tests, such as the Mini-Mental State Examination (MMSE), show mild cognitive impairment. Brain imaging (e.g., MRI) may be performed to rule out other causes.

Diagnosis: The patient is diagnosed with mild cognitive impairment, possibly due to Alzheimer's disease.

Treatment Plan: The patient will be referred to a neurologist or geriatrician for further evaluation and management. Medications to manage symptoms and slow disease progression, such as cholinesterase inhibitors, may be prescribed. Cognitive stimulation activities and support for the patient and family will be provided. Regular follow-up appointments will be scheduled to assess cognitive function and adjust treatment as needed.