

*The*

*Seven*

*Advancements*

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## *Tables of Content*

<i>Dedication.....</i>	
<i>Comfort And Anagnorisis.....</i>	<i>1-2</i>
<i>Love.....</i>	<i>3</i>
<i>Baffled.....</i>	<i>4</i>
<i>Dread.....</i>	<i>5</i>
<i>Losing Your Shit.....</i>	<i>6-7</i>
<i>Dissolvment.....</i>	<i>8</i>
<i>Acceptance.....</i>	<i>9</i>

***To those who feel lost...***

## ***Comfort And Anagnorisis***

*Whenever I'm sad  
I go to my happy tree, so I won't get mad*

*My happy tree gives me something  
Something that makes me forget and makes me feel tingling*

*From within and outward  
Making me grin and taking it like a coward*

*It's so good .....ha ha ha  
So much euphoria*

*But it wears off  
It always doesn't last long ... it's not like I planned of*

*I go back to my happy tree  
This time taking more than three*

*Taking enough to last my lifetime  
But it's never enough ... I must go back to my happy tree one  
last time*

*When I get there my heart pieces littered  
Like all trees my happy tree had just withered*

## *Love*

*This emotion is too new and mushy for my liking  
I feel loaded with helium and too much grinning*

*A dark twist  
Oh yeah, I like this... my usual gift  
No matter how we feel .... We will always have a rift*

*Call me selfish  
I'd freeze time, abduct you... I want that relish  
Take you to wherever we'd make home and start afresh ... it's  
very sheepish*

*I'm tired of this pain  
Nothing I can do about it... restrain  
I guess my theory was correct ... the best thing is to remain  
plain*

# ***Baffled***

*It happened  
I took the risk and it happened  
I loved it I want more of it  
But the aftermath  
The running up and down.... I won't leave this path  
I knew it since it continued  
And now I feel sad again  
Cause the length I have to go to  
Was it worth it all  
Now I'd spend hours up awake thinking  
Why did I do this... what was I thinking  
I'm lost and I need to be saved  
I'm all alone again  
Wear my hood in shame  
I wish sometimes the other sees how I feel  
But I guess it's not going to happen  
He is in his own dimension and I'm in hell*

## ***Dread***

*I'm happily hanging on a thread  
On this thread, I do dread  
All the emotions that haven't disappeared.  
Everything I have feared.*

*It's becoming way too loose, how convenient?  
How I've let these weights become an impediment  
Acting out without my consent  
In ways I can't object.*

*Do I need a reality check?  
Really, cause I know I'm far from deck  
And no matter the miles I trek  
Somehow, I become a wreck*

*It might seem so subtle  
An ounce of hurt the start of trouble  
Where it develops from, a grave puzzle.*

*I crave to be held in hours of silence  
But unfortunately, it's all a false pretense*

## ***Losing Your Shit***



*I have many reasons  
Reasons to be this way  
To always keep myself away  
From all sorts of social life*

*I was taught  
Love is when you're needed  
Self-centered*

*Manipulating to make yourself change  
Downgrading to adjust to someone  
Tolerating all forms of madness you won't*

*Dividing and sacrificing for  
An individual who at the end won't  
Care for you and gladly take the bullet*

*Maybe I'm so unlucky  
On this long quest  
But that's just me  
I see other people get happy  
So, what's wrong with me?*

*Maybe I'm the problem  
My loved ones say I am*

*And they make me believe they are right  
So, I adjust to them to make it alright*

*I've done this all to a point  
I have no idea what is left  
Of myself  
Oh, my dear self*

*Always caring  
Always listening  
Always worrying  
All for someone who doesn't care*

*So don't you blame me  
for not saying 'I love you back'  
The words I never understood and do lack*

*Can't understand a feeling  
When you don't know what it's doing  
When you feel nothing*

*Why is it different?  
Craving apparent  
More to breathe leave the rules adherent*

*No butterflies  
No more pity cries  
Just a bunch of wonder why's*

*Disappear ... feeling alone  
Reappear... lost in that cologne  
Don't know ... always been alone*

## ***Acceptance***

*As I walked in that building  
I realised what I should've been doing  
Letting go instead of brewing*

*I've learned to take it anyway  
I no longer feel like the city of Pompeii  
I don't cry mid-day  
I don't feel delay  
I move peacefully and walk away*