

Questionnaire after completing the 15-day period

This questionnaire is divided into four sections about the chatbot, the collected data, the smoking triggers and the general questions. For two of these sections additional data was sent in the mail about your collected data and smoking triggers. This is needed to answer the questions in these sections.

This questionnaire will take approximately 15 a 20 minutes. It is important to take your time to fill this in since this is essential for the study. Even though the questions are in English, you may answer in Dutch if you wish.

* Required

1. What is your name? *

Thank you for participating in the study and taking the time to fill in this questionnaire!



Chatbot

The following part contains all the questions related to the chatbot, about its quality, its pro and cons, and its ability.

2. What was your first impression of the chatbot? *

3. Did you notice any problems with the chatbot? *

Mark only one oval.

☐ Yes

☐ No

4. If you did notice any problems, which were they?

5. From a scale from 1 to 10, how fun did you find it to converse with the chatbot? *

Mark only one oval.

Not fun at all

1

☐

2

☐

3

☐

4

☐

5

☐

6

☐

7

☐

8

☐

9

☐

10

☐

Really fun

6. Why did you like to converse with the chatbot? Or why didn't you like it? *

7. Did you like this method of gathering data with all kinds of different games? *

Mark only one oval.

Did not like it

1

☐

2

☐

3

☐

4

☐

5

☐

Like it

8. Which game was your favourite? *

Mark only one oval.

☐ Just One Lie

☐ List Builder

☐ Story Builder

☐ Where Am I?

9. Why was this your favourite game? *

10. Which game did you like the least of all? *

Mark only one oval.

- ☐ Just One Lie
- ☐ List Builder
- ☐ Story Builder
- ☐ Where Am I?

11. Why was this your least favourite game? *

12. Do you have some suggestions for improvements for one or all the games? If so, which ones?

13. Did you find it taxing to talk with the chatbot every day, or did you not mind at all? *

Mark only one oval.

Not a lot of work

1 ☐

2 ☐

3 ☐

4 ☐

5 ☐

A lot of work / very taxing

14. Would you be inclined to use the chatbot outside of this study? *

Mark only one oval.

Not at all

1

☐

2

☐

3

☐

4

☐

5

☐

Absolutely

15. Why would you be inclined to use the chatbot outside of this study? Why not? *

16. Did you ever talk with the chatbot about your smoking behaviour? *

Mark only one oval.

☐ Yes

☐ No

17. If you did talk with the chatbot about your smoking behaviour, what did you talk about?

18. Did you talk with the chatbot about all aspects of your smoking habits? *

Mark only one oval.

☐ Yes

☐ No

19. If there was something about your smoking behaviour that was left out, what was it? Something that the chatbot did not ask after?

20. Do you think the games have anything to do with smoking, or do they seem a bit random?

Mark only one oval.

Random

1

☐

2

☐

3

☐

4

☐

5

☐

Related to smoking

Collected
Data

In the email you can find your collected data and thus the profile the chatbot has made of you.

21. What are some grave errors that are present in the data? What is not correct? ★
If some grave errors are present, please write them here, and correct them.

22. Do you think the chatbot made an accurate profile of you, or do you think something essential is lacking? *

Mark only one oval.

Lacking

1

☐

2

☐

3

☐

4

☐

5

☐

Accurate

23. What is lacking in your profile?

Smoking Triggers

This part includes the detected smoking triggers. These are the detected smoking triggers in their different categories. A smoking trigger is an object, person, action, or sight that makes you want to smoke a cigarette. For example, if you see someone else smoking, you get the urge to smoke yourself. Your smoking trigger is then seeing someone else smoking.

In the email you can find your smoking triggers according to each category. Take this list in consideration when you answer the next questions. Keep in mind that the more games you have played with the chatbot, the more smoking triggers could be found.

24. Are there any smoking triggers in this list that you are absolutely sure are a mistake? *

Mark only one oval.

☐ Yes

☐ No

25. If there are any mistakes, which ones?

26. Which smoking triggers did you already know about?

27. Are there any smoking triggers that the chatbot missed? *

Mark only one oval.

☐ Yes

☐ No

28. If the chatbot missed any smoking triggers, which are these?

29. If you look at the different types/categories of smoking triggers, do you think this is a good selection? *

Mark only one oval.

☐ Yes

☐ No

30. Which categories are good categories in your opinion? Ones that represent the different types of smoking triggers well?

Check all that apply.

- ☐ negative emotions
- ☐ stress
- ☐ activities
- ☐ smoking cues
- ☐ substance abuse
- ☐ location
- ☐ moment of day/week
- ☐ general

31. If you think this is not a good selection, which categories should be added?

32. Which type or which smoking trigger do you think is absent?

General questions

Now follows the part with the general questions.

33. Do you prefer a questionnaire to ask you about all your personal data or do you prefer the method from the study? *

Mark only one oval.

questionnaire

1 ☐

2 ☐

3 ☐

4 ☐

5 ☐

method of the study

34. Do you think knowing your smoking triggers is valuable? *

Mark only one oval.

Not at all

1

☐

2

☐

3

☐

4

☐

5

☐

Absolutely

35. If a chatbot gets developed that can react on your smoking triggers the moment they happen with tips and tricks to help you, would you be willing to try it out? *

Mark only one oval.

Not at all

1 ☐

2 ☐

3 ☐

4 ☐

5 ☐

Absolutely

36. Why would/wouldn't you be interested in this kind of chatbot? *

37. What was your overall experience in this study? *

38. Is there anything you would like to add?

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