

## **Week 8**

**Name:**

**Mobile:**

<b>Personal Development Workouts</b>
1. Finish reading the first 50 pages of the book Atomic Habits by James Clear and prepare an audio note on each chapter.
<i>Write a short description about this task</i> <i>Link to the folder containing your audio summary</i>



<b>Technical Workouts</b>
1. Complete your project according to the instructions.
<i>Write a description about this task</i>



<b>Miscellaneous Workouts</b>
1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don't spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video.
<i>Write a short description about this task</i> <i>Link to screenshot image</i>

*Write a short description about this task*

*Link to your seminar video*

*Link to the document containing notes for your feedback session*

*Write a short description about this task*

*Link to your progress video*