



Tweet



Am I Elon Musk?
@AITA_online

...

AITA for saying my girlfriend thinks she knows better than culinary professionals and expressing my disapproval? bit.ly/3AoI0Zj

AITA for saying my girlfriend thinks she knows better than culinary professionals and expressing my disapproval?

I (26M) live with my girlfriend (27F) of four years, and we try to split all grocery shopping and cooking duties equally. We both like cooking well enough and pay for subscriptions to several recipe websites (epicurious, nytimes) and consider it an investment because sometimes there's really creative stuff there. Especially since we've had to cut back on food spending recently and eating out often isn't viable, it's nice to have some decent options if we're feeling in the mood for something better than usual. (I make it sound like we're snobs but we eat box macaroni like once a week)

Because we work different hours, even though we're both WFH we almost never cook together, so I didn't find out until recently that she makes tweaks to basically every recipe she cooks. I had a suspicion for a while that she did this because I would use the same recipe to make something she did previously, and it would turn out noticeably different, but I brushed it off as her having more experience than me. But last week I had vet's day off on a day she always had off, and we decided to cook together because the chance to do it doesn't come up often. I like to have the recipe on my tablet, and while I was prepping stuff I kept noticing how she'd do things out of order or make substitutions for no reason and barely glanced at the recipe.

It got to the point I was concerned she was going off the rails, so I would try to gently point out when she'd do things like put in red pepper when the recipe doesn't call for it or twice the salt. She dismissed it saying that we both prefer spicier food or that the recipe didn't call for enough salt to make it taste good because they were trying to make it look healthier for the nutrition section (??). It's not like I think her food tastes bad/too salty but I genuinely don't understand what the point of the recipe is or paying for the subs is if she's going to just make stuff up, and there's always a chance she's going to ruin it and waste food if she changes something. I got annoyed and said that the recipe was written with what it has for a reason, and she said she knows what we like (like I don't), so I said she didn't know better than the professional chefs who make the recipes we use (& neither do I obviously)

She got really offended and said I always "did this" and when I asked what "this" was she said I also got mad at her once because she'd make all the bits left over after cooking into weird frankenstein meals. I barely remembered this until she brought up that time she made parm grilled cheese and I wouldn't even eat it (she mixed tomato paste, parm, & a bit of mayo to make a cheese filling because it was all we had.. yeah I wouldn't touch that with a ten foot pole even though she claimed it tasted good). She called me "stiff" and closed minded so I said I didn't get why she couldn't follow directions, even kids can follow a recipe, and it's been almost a week and we're both still sore about it.

4:20 PM · Nov 16, 2022 · Twitter for Android

19 Retweets 80 Quote Tweets 527 Likes



Tweet your reply

Reply



Jen @such_hockey_wow · 8m

...

Replying to @AITA_online

A lot of recipes don't season enough and you have to adjust as you go!
OP's gf knows what she's doing!

BrokenButterfly-313 · 3h
Info · 1 reply · 1 retweet · 1 like
I don't follow recipes. Sometimes I'll use one for a general guideline, but that's about it. I've also been cooking elaborate meals for a couple decades.
BR is a sticker for following recipes. He is never to

Pusletheadedbet8841 · 3h
Info · 1 reply · 1 retweet · 1 like
Has she ever made anything that turned out horrible, that you are now thinking it might have been bad because of her cooking? How much does she spend on groceries? How much are y'all spending on recipes, and are you also spending a ton on organic ingredients to make them? (eg. organic produce, organic flour, etc.) Do you have equal income, and do you share finances besides splitting food?

cooking from scratch. He doesn't have the knowledge, experience or desire to stray.

both of us like to cook. It's not as if her meals are turning out inedible.

... ↗ Reply ⌂ 97

throwaway1243127 OP · 3h

I've been cooking for myself since I moved out of my parent's house after college. I guess it's been 8 years or so of cooking, probably can't be considered new at it anymore.

KillerB3 · 2h

Genius question cause I'm curious.. If you follow a recipe, do you add your own spin to it or anything like that? Will you add hot sauce to something just because the fact it the recipe doesn't call for it?

We have compensation rates and split everything evenly from a joint account for all the household stuff

Leftovers is always our lunch plan to the point we just stopped buying sandwich meat and cheese these days. That's not to say we don't eat out, we still do. Like when this black ramen knocks the socks of manchurian or our noodle! Sometimes we do eat us with odds and ends though. I think we've had a few meals like that. I have been a few times I think where she left something out of a meal because she didn't like it. She'll grab onions and carrots off the top of my head and no she doesn't have the soup gear that runs circles

I cook three days and she cooks three days throughout the week. She has a job and my work schedule fluctuates so we both have night shifts and shifts we get off at noon, on the latter types of day we cook. That's why I say she's more experienced because it's normal for me to empty the fridge

We don't ever really have a chance to cook at the same time generally because of the previous sentence to finish up. When we cook together we just do that parts we like, so she stands over the stove and spices things up while I stir. I think I've had a few jobs of having experience working in a restaurant unless you count a few months at a burger king one summer. She cooks a lot more than I do, I think because she does that's why I say she has more experience compared to me. She only started when I moved out of my mom's house.

... ↗ Reply ⌂ 115

throwaway1243127 OP · 3h

do you guys eat leftovers? I do ya'll end up with a different taste in your food because it's usually due to her substituting things, or run out of things faster for the same reason?

do you have cooking responsibilities evenly, like by alternating, or does one of you cook more often? do either of you have experience working in restaurant kitchens?

throwaway1243127 OP · 3h

There have been a few times either of us ended up making something that was pretty bad in the end. I think it's because we don't have a good idea of what to do when you try something new. But it's not like I can trace back to what caused it, it's just something that occurs definitely by me not knowing the recipe.

It's a couple days a month both of us all together, and while we sometimes shut out our cooking responsibilities, it's always there to fall back on if our food budget fails or it's already the rest of the week.

throwaway1243127 OP · 3h

I'll be honest, the idea that a recipe websites would purposefully under represent how much salt the food needs to taste good seems more like a conspiracy than anything else. I mean, I know it's not that big of a deal and relish when food comes out bland? But if this is a known thing I guess I'm just wrong about it even if it seems self defeating to me

I did know that restaurants are heavy on fats and sugar, but that's a crazy amount of sugar and butter..

Linkyland · 3h

No... people won't complain because most people taste it and then add more salt. Or do what your gf does and adapt as they go.

Final_Figure_7150 · 2h

Also a lot of recipes include a line such as 'season to taste before plating' I just don't get why tweaking a recipe needs to be such drama.

... ↗ Reply ⌂ 331

throwaway1243127 OP · 3h

... ↗ Reply ⌂ 20

... ↗ Reply ⌂ 257

... ↗ Reply ⌂ 88

2



50



...

**Jen** @such_hockey_wow · 5m

Replying to @such_hockey_wow and @AITA_online

I'm kind of a stickler in the kitchen (I can't STAND anyone in there with me when I'm cooking) but I'm definitely flexible with recipes.

AgnieszkaChemistry79 · 3h

AITA and I don't want to be controlling, but do you have the right to control other aspects of your life tightly? I change recipes to the point that by the time I've made them a few times they are completely different. I've never asked her to make them exactly to the way my husband and I enjoy our food (tons of extra garlic, more spice, etc). Sounds like she's a good cook, let her do her thing.

... ↗ Reply ⌂ 114

JoshDukaskey · 33m

Associate Altimetrix [1]

throwaway1243127 OP · 3h

We sometimes have similar issues in other areas. The dusting especially since we have so many trinkets I prefer to do it more often and leaving on time (she's always late) and I'm on time. I think she's just been has a habit of being late if she's going somewhere on her own.

I've been reading comments and it does seem like changing the recipe is a pretty normal thing, but I don't think I could ever feel comfortable doing it. I think maybe we just need to not cook at the same time. It works out that way 90% of the time anyway.

boug · 2h

Christ. Are you this controlling in other aspects of your relationship?

... ↗ Reply ⌂ 27

throwaway1243127 OP · 2h

I get that I've picked a weird hill to die on at this point, but no. We're honestly not argumentative generally and I don't try to control what she does

... ↗ Reply ⌂ 26

Broken-Butterfly-313 · 3h

Participant [1]

You guys have different cooking styles. No biggie. But lecturing her on it was a dick move, especially since it sounds like she's not ruining food.

Just apologize and don't do it again. Recipes really are not one size fits all.

... ↗ Reply ⌂ 79

throwaway1243127 OP · 2h

I accept the judgement. Thanks for being nice about it.

I apologized to her that day to keep the peace but I'll do it a second time with insight. I guess I really didn't have much of a concept of how other people cooked. A few people have pointed out I sound like a stickler for rules and its true, I don't know why stuff like this bothers me but I can't make it other people's problem

... ↗ Reply ⌂ 42

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12



...

**Jen** @such_hockey_wow · 3m

Replying to @such_hockey_wow and @AITA_online

I will admit that I didn't learn how to cook by following written recipes though. I learned by watching cooking shows (especially Good Eats and Barefoot Contessa) so that could be why I'm more flexible with recipes.

Restauranteur18 · 1h

You don't think you have the ability to be around while she cooks without correcting her? That seems like a much better solution than having her do all the cooking.

... ↗ Reply ⌂ 101

throwaway1243127 OP · 2h

I don't have the ability to turn off my decisions over it, even though multiple people have pointed out it has to be reasonable basis. Most of the time I'm working when she cooks, I'm not able to leave the room. Her counter our "office" is in the space where a dining

Nik-ki · 2h

Participant [1]

It doesn't sound that way to me, but everyone has a different taste and he does sound stiff as a board.

OP, do you do your taxes for fun?

throwaway1243127 · 2h

Well I certainly don't do them for profit

Logical_Ad_1383 · 2h

I don't understand why you have a problem with how she cooks unless it's just that she's doing something you can't

throwaway1243127 · 2h

It just makes me uncomfortable, and it was hard to follow along with her since she was doing things out of order while I was chopping stuff

Hello-there-7567 · 1h

Why would it make you uncomfortable though if the food tastes nice afterwards?

Like it tastes fine, so why do you care so much?

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arte/xenia/sky @trans_foxgirl · 24m

...

Replying to @AITA_online

might get some flack here but ESH. i have a dietary issue, so I need to know exactly what's in a meal, so substitutions and playing around with ingredients is dangerous, but also playing around with recipes slightly once you're used to making them is the essence of home cooking

9 15



Prince of Lucidity (any pronouns) @LidsRodney · 12m

...

Replying to @trans_foxgirl and @AITA_online

Your experience is valid but doesn't apply here. If that were the issue OP would have brought it up

4



Prince of Lucidity (any pronouns) @LidsRodney · 14m

...

Replying to @AITA_online

Are you serious, bro? No one with any experience cooking ever follows the recipe completely. You use them for ideas and sometimes to learn new techniques, then use your store of knowledge to tweak them into something you like better. Professional chefs do this.

1 5



Seane, The Neurodivergent Crafter (they/the...) @generalbull... · 3m

...

Replying to @LidsRodney and @AITA_online

Yeah. Recipes are suggestions. It's not like you're going to create choline

gas if you mix the wrong things together....



E+h.AN @EthanReBirth · 26m

Replying to @AITA_online

Asshole for sure



37



...



syd @ectogammat · 26m

Replying to @AITA_online

this guy would hate me



51



...



Little Onion @le_shallot · 26m

Replying to @AITA_online

It's not that deep 💀 people alter recipes all the time



120



...



Kayinprogress @kayinprogress · 25m

Replying to @AITA_online

I think this guy needs to dig deep and figure out why something this small bothers him. If only there were a place where he could sit with a professional listener who could help him work through that... 🤔



205



...



SoundWithinTheSilence 💬 @sound_within · 22m

Replying to @kayinprogress and @AITA_online

It rhymes with "controlling" - oh no, wait, it IS controlling



32



...



Luo Binghe's Gigantic Object @hadesselch · 17m

Replying to @sound_within @kayinprogress and @AITA_online

honestly it makes me think of autism (I say this as someone neurodivergent

and almost definitely autistic)



3



...



Rudi Edsall @RudiEdsall · 25m

Replying to @AITA_online

The best part about cooking is being able to get creative with it



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15



...



BT @bentyers · 3m

Replying to @RudiEdsall

We always follow the recipe the first time, then adjust accordingly if we're going to do it again



...



16 days... @carmela_morano · 25m

Replying to @AITA_online

So your gf is trying to make the food more to your tastes and you're yelling at her for it? Ok buddy



2



218



...



maddy @madddddys · 25m

Replying to @AITA_online

I relate to this woman, as we are both unappreciated creative geniuses



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180



...



maddy @madddddys · 25m

Replying to @madddddys and @AITA_online

emphasis on unappreciated



11



...



chris alsikkan @AlsikkanTV · 25m

Replying to @AITA_online

Picky eaters end more marriages than affairs lmao



n





Kris Dreemurr @ tag pokemon spoilers n lea... @ZACKK1NN... · 22m ⋮

Replying to @AlsikkanTV and @AITA_online

Hey I'm a picky eater and like. Yeah I think this guy is a bit of a jerk but the Parm grilled cheese sounds legit gross.

Also we can't help being picky it's not like we choose this



3



6



SoundWithinTheSilence @sound_within · 21m ⋮

Replying to @ZACKK1NN1E @AlsikkanTV and @AITA_online

Totally fine, as long as you're willing to make your own food when partner makes something you don't like instead of chastising them for it in public



1



8



Kris Dreemurr @ tag pokemon spoilers n lea... @ZACKK1NN... · 19m ⋮

Replying to @sound_within @AlsikkanTV and @AITA_online

I mean. It wasn't in public even in this case and both me and my partner are both picky (we both have autism so texture is a huge issue)

I get a little upset when people act like we're horrible for being picky, it really gets to me



2



3



Q@QtheWhatever · 18m ⋮

Replying to @ZACKK1NN1E @sound_within and 2 others

agreed. the issue is the behaviour, not the preference.



1



3



Kris Dreemurr @ tag pokemon spoilers n lea... @ZACKK1NN... · 16m ⋮

Replying to @QtheWhatever @sound_within and 2 others

Yeah! The issue isn't the fact he's "picky" it's the way he went about it. Me asking for no tomato chunks because it can make me sick if I eat them is completely different from what this guy did.



1

**SoundWithinTheSilence** @sound_within · 15m

...

Replying to @ZACKK1NN1E @QtheWhatever and 2 others

Absolutely. And if I can alter part of a dish so we both enjoy it, I absolutely do. I make two batches of noodles, for example, if I'm having a sauce he doesn't like



1

**Kris Dreemurr** @ tag pokemon spoilers n lea... @ZACKK1NN... · 5m

...

Replying to @sound_within @QtheWhatever and 2 others

Yeah! I'm glad you understand-

Sorry if I seemed defensive, I've had a lot of people get. Really upset when I physically couldn't eat something due to my issues-

**Chris B** @MissChrisLB · 25m

...

Replying to @AITA_online

Hope you enjoy cooking all your own meals from now on - if I were her, I'd never cook for you again.

**C. Morgan, On Set VFX Artist Extraordin...** @LeimertCreati... · 25m

...

Replying to @AITA_online

first off... NYT recipes are curated by folks who've never once tasted a spice

**Nolamama69** @Nolamama69 · 22m

...

Replying to @LeimertCreative and @AITA_online

THANK YOU they are chronically under seasoned.

**futon penguin** (Masto: @preeya@bigleaf.city) @uberpreeya · 1m

...



Replying to @AITA_online

> so I brushed it off as her having more experience than me

That's still what it is, dude! The alterations ARE her having more experience!

**Jillian needs a living wage** @no_good_wyfe · 25m

...

Replying to @AITA_online

after reading title only: yes

After reading post: yes, OP is one of those people who can follow recipes but not actually cook and is being weird and resentful of their gf



1



81

**Jillian needs a living wage** @no_good_wyfe · 24m

...

Replying to @no_good_wyfe and @AITA_online

Oops sorry his gf I probably should have guessed lol



3

**anya** @anyahsu_ · 25m

...

Replying to @AITA_online

if you don't want her to cook for you with her good cooking, I volunteer to take your spot



3

**Kirsten O'Neill** 🐔 @ohkirsten · 25m

...

Replying to @AITA_online

Aw honey you're a cool but she's a chef.



4

**BD** @briskide · 25m

...

Replying to @AITA_online

Ah yes, cooking. The activity that *checks notes* encouraged no creativity at all in any shape or form. Definitely not.



3



247





BD @briskide · 24m

Replies to @briskide and @AITA_online

Periodic reminder I have "Shake and Baked" a banana and then pan-fried it.

...

You don't find that in a ready-made recipe, I'll tell you what!

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82

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Show replies



tactical gender reveal payload @jlhgginger · 24m

...

Replies to @AITA_online



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118

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mx boops 🍩❤️🌟☀️🌈 @mandieboox3 · 19m

...

Replies to @jlhgginger and @AITA_online





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263

↓

↑

[Show replies](#)**Ceaseless watcher** @SebNeedsRest · 24m

...

Replying to @AITA_online

Lmao who is going to tell him that cooking is made up and recipes are just things you adjust from household to household using the power of creativity



2

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48

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**Gratitooted** @gratitooted · 24m

...

Replying to @AITA_online

Yes. Yes you are. Good Lord - Recipes are suggestions, not the absolute.

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**Gin** 🐺 @TiredWerewolf · 24m

...

Replying to @AITA_online

Ngl that parm grilled cheese sounds amazing and I want OP's gf to make me 10 of them

4

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78

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**Alexandra Cronin** @ACronin92 · 18m

...

Replying to @TiredWerewolf and @AITA_online

Right I was like I'd eat that!

2

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Joel (dnallohleoj on cohost and tumblr, too) @dnallohleoj · 24m

...

Replying to @AITA_online

If it's not the first time you make a dish you should be free to make whatever changes to the recipe you want, so... yeah yta



Sarah @sosomanysarahs · 24m

...

Replying to @AITA_online

Sigh. NAH if you drop it immediately and never pick this fight again. The two of you cook differently. You shouldn't cook together. Neither of you is right or wrong.



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32



JonBrid @brid_jon · 21m

...

Replying to @sosomanysarahs and @AITA_online

Except he's definitely wrong



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80



Show replies



Mulher em situação de Maria do Bairro @cami_shameless · 23m

...

Replying to @AITA_online

I have a feeling this is not about the food... YTA



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NotATweeter16 @NotATweeter16 · 23m

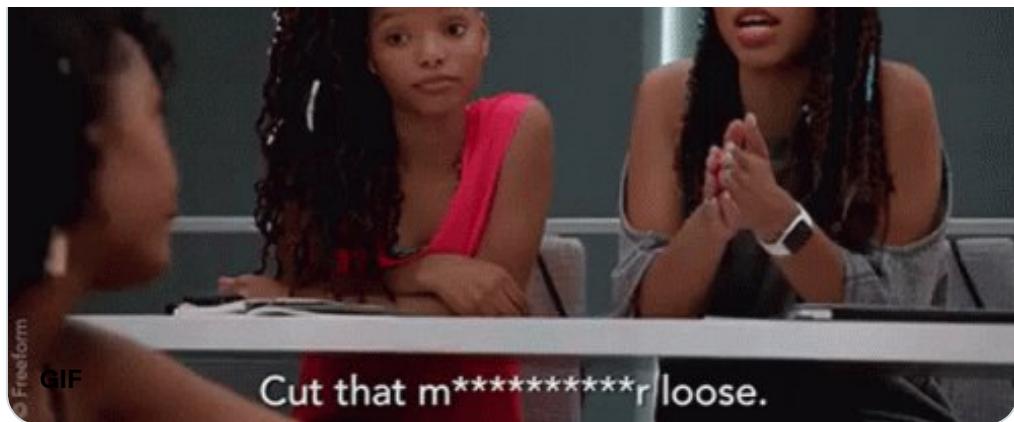
...

Replying to @AITA_online

it seems unlikely that his rigidity and aversion to experimentation hasn't restricted... other aspects of their relationship

someone should tell his girlfriend:



**Chris Futrell** @CVFutrell · 23m

...

Replying to @AITA_online

Recipes are guidelines not gospel. Signed, a 20+ year professional chef.

**Cherubino** @Cherubino04 · 23m

...

Replying to @AITA_online

Oh dear God. He's upset his girlfriend knows how to cook.

**eden.** @unelementary_ · 23m

...

Replying to @AITA_online

I feel like this should not be an issue at all. Recipes are guides, but we all have our own tastes and cooking styles.

It's a guide, not a hard and fast rule!

Not sure about AH, but OP gotta chill!

**(g)ay** 🌈 @eyy0g · 23m

...

Replying to @AITA_online

This is such a dumb argument to start, especially if he likes her food as much, if not more, than the version he makes following the recipe



**Kayla @KaylaJoy1984** · 23m

...

Replying to @AITA_online

YTA. Have you not watched cooking shows? Many great, successful chefs tweak recipes or make changes to enhance flavors/textures. Also- why do you need to approve of her cooking methods? The fact that you have no cooking intuition doesn't mean you berate your gf.

**Diana Brickell @DianaBrickell** · 23m

...

Replying to @AITA_online

Oddly, this dude doesn't seem to object to anything that the girlfriend actually cooks... at least that he was willing to taste. Plus, the only people I know who follow recipes to the letter are people who don't know enough about cooking to make adjustments for their own tastes.

**Kate Jones @Tryn2BKind** · 12m

...

Replying to @DianaBrickell and @AITA_online

I'll bet he would have loved that grilled parm if he hadn't known what was in it.

**Caroline @ImpoliteLesbian** · 23m

...

Replying to @AITA_online

The professional chefs don't know *you* and your tastes better than GF. She's making food the way you and her like it. I'm an okay cook and even I do that.

Also, I would absolutely try that sandwich

**SoundWithinTheSilence** 💬 @sound_within · 23m

...

Replying to @AITA_online

Sounds like she actually might be better than the "professionals" if she's improvising based on their personal tastes.

A hell of a lot better than him.

Also, it's just factual that all the leftover "bits" go into lunch the next day. I typically put mine in a tortilla

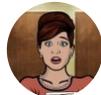
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71

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Clodia @Clodia55680147 · 21m

...

Replying to @sound_within and @AITA_online

Also a lot of “professionals” on websites need to come up with a lot of recipes fast and they aren’t all perfect.

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26

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Show replies



Aaron @aaronlrizzo · 23m

...

Replying to @AITA_online

YTA

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BVKCitizen @bvkcitizen · 22m

...

Replying to @AITA_online

Getting this annoyed over something so trivial is a symptom of a deeper issue with the relationship imo.

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Krock19 stands with Iran women @Krock192 · 22m

...

Replying to @AITA_online

Omg please tell me that he added some response and dug an even deeper hole

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14

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I ATE'NT DEAD ♂🏳️‍🌈 @disabledtrans · 1m

...

Replying to @Krock192 and @AITA_online

He's been cooking since he left home. She's been cooking since single digits.

He's obviously right.

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kate @katewitko · 22m

...

Replying to @AITA_online

this guy thinks a single clove of garlic is all you need because the recipe says so



3



71



(ツ)/-' @greycat · 16m

...

Replying to @katewitko and @AITA_online

Omg, yes.



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🦋 DR MRS THE MOTHMAN 🦋 @exfatalist · 22m

...

Replying to @AITA_online

idk, as much as I dislike the people who comment on recipes like "It's great, here's everything I changed!" this dude manages to radiate annoyance through text.



**BD** @briskide · 22m

...

Replying to @AITA_online

Seriously, I need to come back to this. How many people here cook? And how many people have a casserole, or other mixed dish for leftovers? How the OP thinks this is weird, I don't understand.

**I ATE'NT DEAD** ♂🏳️‍🌈 @disabledtrans · 20m

...

Replying to @briskide and @AITA_online

What ELSE do you do with leftovers? Throw them away? How does he think goulash became a thing? Curry? Stew? :tears hair:

It's a SIN to throw away food. People starve, y'know. >.>

**I ATE'NT DEAD** ♂🏳️‍🌈 @disabledtrans · 22m

...

Replying to @AITA_online

YTEM. She's right about the salt, and any good cook can modify a recipe on the fly; it's why good cookbooks have substitution tables in the front (so you can learn).

You've never complained about the taste when you couldn't see that she wasn't 'following the rules'.



@Luci_brennacolleen@mas.to @_brennacolleen · 15m

...

Replying to @disabledtrans and @AITA_online

He even said he brushed it off as her having more experience, wouldn't say that if it wasn't better than his 'impeccable' cooking



[Show replies](#)

**Lara** @smallphysicist · 22m

...

Replying to @AITA_online

Seriously, why don't more people think they'd be just fine without these partners

**Brianna Chesser** @BriannaChesser · 26m

...

Replying to @AITA_online

"Expression my disapproval.=



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**Armbird** @Armbird13 · 25m

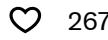
...

Replying to @AITA_online

how to reveal to everyone in the world that your gf is a way better cook than you



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**Je suis Fatty-Gay** @JustCall_MeJo · 21m

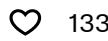
...

Replying to @AITA_online

I am confusion I hain't never in my life seen someone follow a recipe exactly word for word. My Grandma & et al would follow the recipe tasting as they went & adding what they felt was missing. It always turns out good. Once you know how to cook recipes are jumping off points



1

**sara sadly** @mostestghostess · 20m

...

Replying to @AITA_online

Come on, man.

**katie jee** @katie_the_jee · 20m

...



Replying to @AITA_online

**crow**
@crowguye

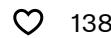
...

Replying to @elle_em

Let me consult the tarot...



9:13 AM · 2/16/22 · Twitter for Android

**Shayna Grissom** @ShaynaGrissom · 20m

...

Replying to @AITA_online

So...what happens when you're allergic to peanuts and the recipe calls for peanuts in a stir-fry?

I didn't realize there were people who actually required the whole blog of content before the actual recipe.

Yeah, YTA.

**simon has the same handle on tumblr** @SimonJadis · 20m

...

Replying to @AITA_online

YTA / YTEM

1. GF is doing extremely normal cooking (almost all people modify recipes!) and it sounds like she's making good choices
2. genuinely I am a "stiff" person myself but OP makes me seem relaxed by comparison
3. I would despise playing DnD with OP

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ツ 黃 @JelloYelo · 15m

...

Replying to @SimonJadis and @AITA_online
what is ytem ?

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🎶🌈 Amber Waves 🌈🎶 @dancescatharsis · 20m

...

Replying to @AITA_online

YTA because your approach was really rude ("even kids can follow a recipe"). My dude, people constantly adapt recipes to their personal needs. I often look them up then omit ingredients/swap things because of dietary issues, etc. Experienced, creative cooks can do this....

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Q @QtheWhatever · 20m

...

Replying to @AITA_online

YTA and that parm grilled cheese sounds really interesting

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InterestedObserver @InterestedObs13 · 22m

...

Replying to @AITA_online

Someone who never watched Emeril who would BAM out of the blue 😂😂

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Ashleigh@Dragon*Con @WouldThatIBe · 22m

...

Replying to @AITA_online

.....is he deadass? People alter recipes to their taste even ones from the nytimes.. I just made chili and added a ton of stuff that wasn't on the recipe

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Mrs L Khan @LeenyBea · 21m

Replying to @AITA_online

...

That sandwich sounds amazing and I wish I could eat it. This man sound insufferable.



ZoeyLikesDBD @ZoeyLikesDBD · 21m

Replying to @AITA_online

...

mans acting like professionals are perfect have you seen this mans grilled cheese? 🤦



Bob Scrillen @BobScrillen · 21m

Replying to @AITA_online

...

Dude can't cook and likely had a low iq



Kam 🍵 @drewstarkeyy · 20m

Replying to @AITA_online

...

NAH if u let it go & never bring it up again because neither of u are in the wrong. there are people who like to be creative while cooking & people who like to follow a recipe word for word. u just have different cooking styles. don't cook together again & simply enjoy the food.





(g)ay 🌈 @eyy0g · 20m
Replying to @AITA_online

...



Whitney || Wakanda Forever @Myweirdnormal · 20m

...

Replying to @AITA_online

I will be shocked if OP isn't FFFFFF. How boring do you have to be to get upset that someone didn't follow a recipe perfectly. Wonder how bland their food is 😞



Platinum Kiss @TheQueenofKush · 20m

...

Replying to @AITA_online

She can actually cook and trusts her skills, he obviously does not. After cooking enough meals, I can read through a recipe once, take the parts I like and leave the parts I don't, then make substitutions based on what I have in the fridge. Recipes are more for inspiration.



11/16/22, 4:49 PM

-3- Am I Elon Musk- on Twitter- -AITA for saying my girlfriend thinks she knows better than culinary professionals and expressing my disapp...



Kev @homebrew_kev · 20m

Replying to @AITA_online

She's using her intuition.



...



complex case (official) @fohfuu · 19m

...

Replying to @AITA_online

(Article reprinted from the 1950s)



Brendon @3662brendon · 19m

...

Replying to @AITA_online

so unless i missed it he never said he didn't like the food? (outside of the frankenparm, which, fair 🤷‍♂️)



Malcolm Brogdon Bogdanovic @GhostofQuincy · 3m

...

Replying to @3662brendon and @AITA_online

Exactly. She's always done this, he's always liked it, but now that he sees she's been ad-libbing he thinks it's some kind of sacrilege



Jessica @Jessrynn4 · 19m

...

Replying to @AITA_online

Look at the comments section on any recipe, and it is filled with all the different changes people made to the recipe because they prefer this or didn't have that.



Vincent Van Gosh @CanadiEnby · 19m

...

Replying to @AITA_online

It sounds like she has the fundamentals down and is comfortable going off-recipe to make it suit her, which is a normal thing people do with recipes? OP doesn't sound like they're at that level yet and it doesn't have to be such a thing?



**DR MRS THE MOTHMAN**

@exfatalist · 18m

...

Replying to @CanadiEnby and @AITA_online

the iranian yogurt isn't the issue here 😞



10

**AsteriskFairy, Wegner's Loyalty Brand Mana...**

@AsteriskFa... · 19m

...

Replying to @AITA_online

YTEM, OP

**the Boobonic Plague**

@twtjooheon · 19m

...

Replying to @AITA_online

Aside from everything else, using mayo on a grilled cheese is pretty normal and usually tastes better than like butter.



3

**teej**

▼ Director Respecter

@undithering · 19m

...

Replying to @AITA_online

me when i don't know how to cook

**Basil of Faker Street (or “Best Parody of Myse...**

@utterlyba... · 19m

...

Replying to @AITA_online

YEM Programming manuals provide guidelines as to what to do, and the engineers are free to improvise with whatever spices they wish. Just let them do their work, you clearly have not had a problem with their cooking until now. Stop firing everyone. Wait, I've taken it too far.



3



**Dance: 10⁻¹, Looks: 3** @Andrew 3000 · 18m

...

Replying to @AITA_online

Stick to baking.

**Eustace St. James** @EustaceStJames · 17m

...

Replying to @AITA_online

"In cooking you've got to have a what-the-hell attitude." - Julia Child

Pedantry is a bad look, OP.

**Calitabico** @Stairway · 17m

...

Replying to @AITA_online

Baking is science, cooking is art

**Suki Zoë** @iamsukizoe · 17m

...

Replying to @AITA_online

The last recipe I followed was instructions for cooking venison, dictated on the phone by my grandmother 30 years ago. RIP both venison and grandmother (unrelated demises).

**Seana Lyn** @SeanaLyn · 16m

...

Replying to @AITA_online

Even professional chefs say to adjust to taste. I understand some people like to follow a recipe exactly (I personally am not one of them which is probably why I suck at baking) but OP made way too big of a deal of a difference in cooking style and was demeaning. Also he's wrong

**Mischievous Scamp** ❤️🌈 @toomusic3 · 16m

...

Replying to @AITA_online

This is just....a weird argument. I would say just let her do her thing bc OP hadn't complained about the taste of it before seeing what she did. I

understand following things to the letter bc I tend to do that as well even I know it's not a ridged thing when cooking.

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Mischiefous Scamp ❤️🌈 @toomusic3 · 15m

...

Replying to @toomusic3 and @AITA_online

Idk, I can't say anything one way or the other since once I learn a recipe to my liking, I do not fiddle with it bc I like my food turning out the same every time but that has to do with my sensory issues than anything else

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Ax Lizzie 🐀cook忏悔@AxLizzie@mastodon.social @AxLizzie · 16m

...

Replying to @AITA_online

This makes me really curious as to the OP's childhood exposure to cooking.

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I ATE'NT DEAD ♂🏳️‍🌈 @disabledtrans · 3m

...

Replying to @AxLizzie and @AITA_online

Per comments, he only started cooking when he left home. She cooked from early childhood.

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Cerulean (xe/they) @cerulean_marie · 16m

...

Replying to @AITA_online

Based on the title I thought this was going to be about food safety at a restaurant or something.

YTA. It's cooking, not baking, you don't need to follow the recipe precisely if you know what you like.

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ms. goose caboose @cheesensprinkle · 19m

...

Replying to @AITA_online

can you post ab the dude who eats 6 eggs a day

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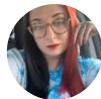
empersand @peggyleesfever · 19m

Replying to @AITA_online

I think this is bait. It is too specific



...



ktcatlady @ktcatlady · 18m

Replying to @AITA_online

I am once again asking men why they date people they absolutely do not like. 😞



...



Avalon Sparks @AvalonSparks · 17m

Replying to @AITA_online

Nah, not an a hole. You both just have different styles of cooking. There's millions of free recipes online though and the subscriptions seem a waste to me.



...



irisameh (elle + masc. / they) @irisameh · 17m

Replying to @AITA_online

This dude needs to chill out for a sec. Some people prefer doing recipes to a t but the gf here clearly takes the recipes as inspiration to make it fit their taste better.

If he can't bear them not cooking his way maybe he should stick to cooking alone and stop criticizing her.



...



Regular Carrie 🎨 @GasolineJoy · 16m

Replying to @AITA_online

Her versions weren't even bad, she was just making normal substitutions and he's mad because she's wasting money(???) by not following recipes exactly. LMAO.



...



cat (BAD MODE) (parody) 🍔 @datnewnewtype · 16m

...

Replying to @AITA_online

that sandwich sounds ghoulish but otherwise it's not really reasonable to follow every recipe to the letter when you're home cooking



Lauren Rachel @Lore_Quest · 16m

...

Replying to @AITA_online

Oh he's definitely TA. She's right about the salt/health thing, she can clearly cook, and with cooking you can riff, it's baking that's more structured. And that sandwich sounds yummy, it's all umami flavors.



3



Lady Melpomène @LadyMelpomene · 16m

...

Replying to @AITA_online

"What's the point of the recipe ?"

Getting inspiration, taking the general idea from it and then make it your own... This guy needs to relax, it's not a chemistry class, you're not working at a restaurant, you're allowed some creativity and some fun.



3



Parody was a mistake @AdultCyberGoth · 15m

...

Replying to @AITA_online

Like the old saying goes, "Baking is a science, cooking is an art". I usually look at at least 4 versions of the same recipe before I try something new, and never follow 1 precisely. My kitchen isn't a chain restaurant, the only consistency that matters is my own preference.



MadMei Galileo Gallifrey @inornatesevera · 15m

...

Replying to @AITA_online

I absolutely admire her creativity, even though her parm grilled cheese sounds like a tasty abomination. I mean, does his description horrifying me? Yes. Would I wanna try it? YES!
Let the girl be creative. Even if she fails few times, she still be creating amazing food. YTA





Flux Nomad @flux_nomad · 14m

Replying to @AITA_online

Yes, YATA.



...



Laurabee 🎨 Artist & Designer! 😊💉 x4 @justlaurabee · 14m

...

Replying to @AITA_online

I mean, if it tastes gross, I'd be a bit suss and agree but sounds like he's not even considering what she's trying out. I follow recipes to a T because I don't know any better when it comes to new stuff but nothing with improvising if it enhances something



Weirwood Tree Hugger @weirwoodtreehug · 14m

...

Replying to @AITA_online

I'm shocked to find out that there are people who don't tweak recipes. I thought everyone adjusted recipes to suit their tastes!



KRISTING 🎪🤖🎭 @PhysicalRevelry · 11m

...

Replying to @weirwoodtreehug and @AITA_online

no recipe ever calls for enough cayenne nor garlic.



the irreducible @anguilline · 14m

...

Replying to @AITA_online

... ex-girlfriend.



Sarah @VintageHedghog · 14m

...

Replying to @AITA_online

So many people modify recipes especially around seasoning. I find I love a

lot of seasoning and have to add more than the recipe. Recipes tends to be made to appeal to a wide audience and modifications are normal. I always at least triple the garlic amount in things.

1



Sarah @VintageHedghog · 12m

...

Replies to @VintageHedghog and @AITA_online

He had no issues about her meals before & even said the modifications didn't make the meals taste bad. No they probably wouldn't ruin the recipe, cooking is like art while baking is like science where you need to be good about following the recipe for certain reactions to happen

1



Show replies



the worm who stole xmas 🎄🌟(he/worm) ♂@birchbo... · 14m

...

Replies to @AITA_online

Most recipes are just a guideline. You're allowed to change things to your preference, it's not like she's breaking a law

1



Rye Bethancourt @SBethancourt02 · 13m

...

Replies to @AITA_online

If it never tasted bad, I don't see why he's complaining. The recipe can be a guideline, a skeleton template if you will. It doesn't have to be law.

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Liz M @1110Liz1000 · 13m

...

Replies to @AITA_online

Reading title: yes, probably. Reading post: yes, absolutely, what on earth is wrong with you. Recipes aren't unchangeable gospel. They're a starting point from which you can then make tweaks and adaptations to fit your own taste.

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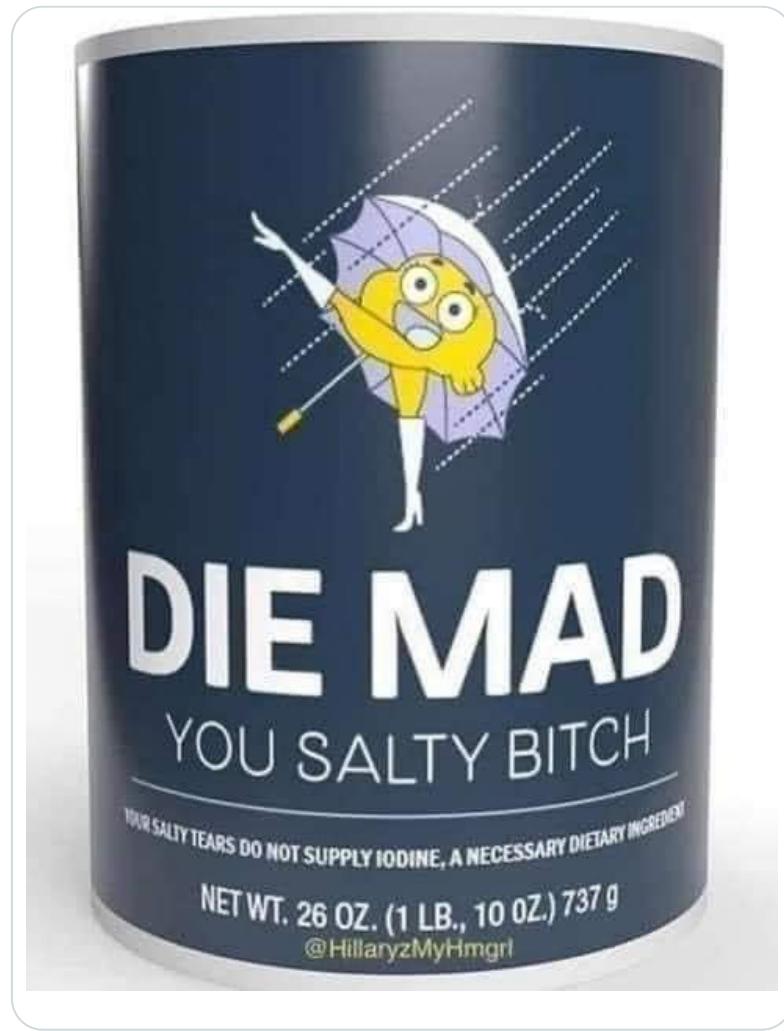


Tara @tiramissou34 · 13m

...

Replying to @AITA_online

think she needs to leave him, but barring that if they're really attached to him cook only from the recipe exactly as it says til the point gets made. Or only for herself and none for him. Or just use this salt instead ✨



Alila Cornelius-Jordan @LiLiTsunTsun · 13m

...

Replying to @AITA_online

YTA those recipes are (should) be taken as guidelines and not absolute rules. If he didn't have a problem with her food before, he should just hush and maybe just always make his own meals.



riley-o @rileyzero · 13m

...

Replying to @AITA_online

LOL imagine adjusting a recipe as though everyone has different tastes to account for, just wow your gf is literally Hitler on steroids





amy thomasson @athomasson11 · 13m

...

Replying to @AITA_online

He lost me at “I gently told her.” I’ll bet a million dollars he sounded like a pompous jerk.



Chelsea D @ChelseaDMorning · 12m

...

Replying to @AITA_online

I want that Parm grilled cheese wtf



Whitley Marion @WhitleyMarionGW · 12m

...

Replying to @AITA_online

He said “No you have to lay on your back and spread your legs. I lay between them. Stop trying to turn over on all fours! No one does that! I can’t put my tongue there!!!!”



jennifer "Coppertop" 🌈 @jlynn43xo · 12m

...

Replying to @AITA_online

YTA lol. It sounds like you nag her a lot and are extremely controlling/nitpicky. She deserves better. Also you're a total snob. Stop trying to act like you're better than her.



ra/shel/ley @addictedtotext · 11m

...

Replying to @AITA_online

YTA, cooking is art, and you can add and subtract to make it your style. Baking is science, and you have more need to follow a recipe if you aren't familiar with the science behind it.



Hazel @sharpie5000 · 11m

...

Replying to @AITA_online

NTA, its not hard to follow recipes, she can fuck up her own food when she isn't cooking for two 😂



Juan de Saan @saanisl · 11m

...

Replying to @AITA_online

Yta. And weird hill to die on.



Candi Barr 🍞 @everydaypatrice · 11m

...

Replying to @AITA_online

Sorry can't relate. I almost always change recipes when I cook. I like my food to taste a certain way and if I'm following a recipe, I may change a thing or two to fit my personal preference.



therkalexander.tumblr.com @TheRKAlexander · 11m

...

Replying to @AITA_online

I improv nearly everything I make with things on hand, and frankenstein multiple recipes together if I need components of each or if I'm missing part of an equation to make a dish a certain way. So I'm this AH's worst nightmare.

**Controlling the media with 120 followers** @MarkJHenrysDad · 10m

...

Replying to @AITA_online

Those chefs aren't pharmacists. You don't have to follow the recipes precisely. I doubt they'd tell you any different.

**Matthew Frye** @_Purble · 10m

...

Replying to @AITA_online

As someone who usually follows recipes exactly to the letter, yeah YTA. At the *very minimum* you should allow for others to be more creative with their cooking than you, even if you won't do that yourself.

**archphoenix** @archphoenix · 9m

...

Replying to @AITA_online

The whole "thinks she knows better than culinary professionals" at the top is what really set my teeth on edge. You were absolutely fine with her food til you saw her cooking.

**Sarah von Books on Fire** @BooksonFire_DE · 9m

...

Replying to @AITA_online

The more experienced you get in cooking, the more recipes become a jump off point to work from and not an instruction manual. I constantly switch things up because I'm a picky eater and I like some concepts but not some ingredients. So relax and communicate. If you want to cook

**Sarah von Books on Fire** @BooksonFire_DE · 8m

...

Replying to @BooksonFire_DE and @AITA_online

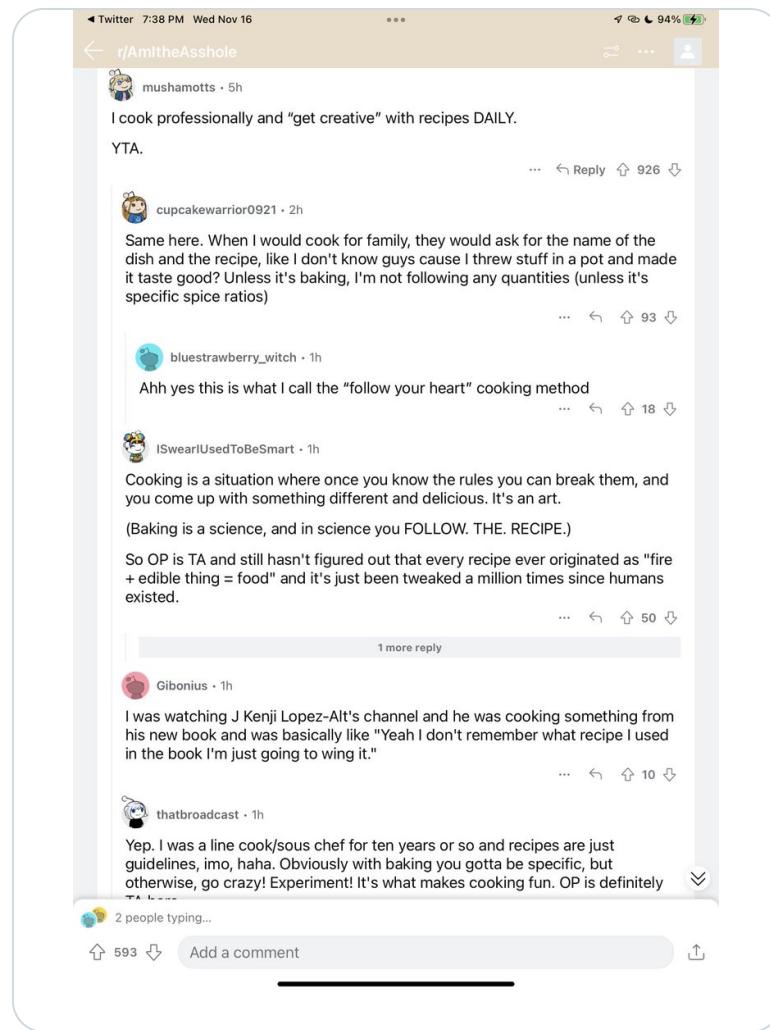
together in the future, talk beforehand if you want to follow a recipe step by step or if you want to make something like it but more tailored to your own tastes.



 **Rye Bethancourt** @SBethancourt02 · 8m

Replying to @AITA_online

I've always said this - cooking is a art and baking is a science.



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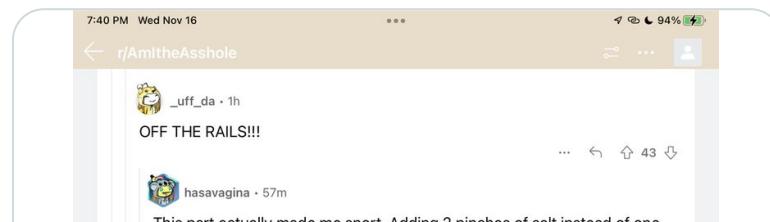
1



Rye Bethancourt @SBethancourt02 · 7m

Replying to @SBethancourt02 and @AITA_online

Someone also mentioned ND, but proper communication can fix that.



THIS part actually made me sh*t. Adding 2 pinches of salt instead of one.
MADNESS

... ← ↑ Vote ↓

Necessary_Tiger4603 · 2h
Yes!! There is literally no problem here. He sounds exhausting!

... ← ↑ 41 ↓

1 more reply

Salt_Koala2526 · 1h
I wonder if he's neurodivergent.. like things have to go a certain way. It's not a big deal tho.

If he knows what's up, perhaps they can communicate better over this and not let it fester for a week.

... ← ↑ 30 ↓

Karaethon22 · 36m
I'm sorta like him. Instructions to the letter. My husband is like her. Makes changes and experiments a little. He is a much better cook than me. But more importantly, we have an understanding that when he cooks he does whatever, when I cook it's strictly following the recipe, and when we both cook I will follow the recipe unless he says he wants to do it differently. In which case he does that bit himself or gives me instructions equally explicit to follow. It does bad things to my anxiety to not have specific instructions, but I also trust his judgement because again, he's a better cook.

It works fine, just takes communication like you said. I wonder if OP's issue is more paying for recipes? Perhaps they also need to communicate about that, which recipes they want to pay for to ensure they're actually used. To maybe understand how she uses them that's different and still worth the cost/only pay for his and she uses free ones. Or something.

... ← ↑ Vote ↓

7 people typing...

↑ 593 ↓ Add a comment

