

[← Thread](#)

Blair Braverman [@BlairBraverman](#)

...

Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor activity, although that's true. It's actually something much simpler than that.



12:52 PM · Jul 13, 2019 · Twitter for iPhone

9,838 Retweets **3,792 Quote Tweets** **28.7K Likes**



Tweet your reply

Reply

11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Replying to @BlairBraverman

I grew up learning that all bodies are different. Okay, yeah, that's true. Whatever. All bodies are different. I get it.

5

108

3,491



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

And then I started caring for sled dogs. [@QuinceMountain](#) and I feed and train and massage them, teach them as puppies and ease them into retirement. We get to know each dog so well. And once we started doing this, do you know what became EXTREMELY OBVIOUS?



11

161

4,346



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

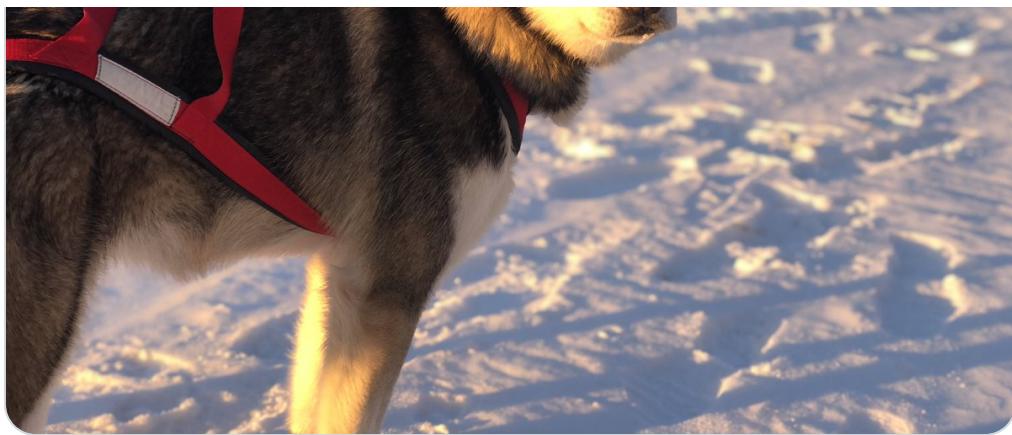
...

Get this: All bodies are different.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



9

245

5,528



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

But I don't mean this in some flip way. I mean it in a bone-deep, beautiful, complicated way.

All of the dogs' bodies are so different.

3

102

4,200



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them eat thousands of calories a day and are still complete stringbeans. They eat literally three times as much food as everyone else.



16

188

6,318





Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them can eat, like, a tablespoon of kibble, and the next day they need a bigger harness. They're easy keepers; their bodies naturally want to be bigger. Which is good! Easy keepers make great sled dogs.



29

163

5,391



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them can start training in September and are immediately ready for long runs.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



7

91

4,927



Blair Braverman @BlairBraverman · Jul 13, 2019

...

Some of them need to ease into training slowly. They need gentler workouts —and more training sessions—before they can keep up with the rest of the team.



10

110

5,143





Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them want to run 1000 miles.



38

140

6,125



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them feel their best during shorter, faster runs. And, occasionally, some of them aren't that into running at all.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



14

104

5,677



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them have disabilities.



20

112

5,945



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

Some of them were born with bodies that make everything harder for them, and they need extra care and understanding to really shine.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



36

209

7,128



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

The point is, THEIR BODIES ARE SO DIFFERENT. But the differences aren't good or bad. They just are. We don't love Talese more or less because he's skinny, or Colbert because he's a chonkster. The idea makes no sense. It's absurd.



19

389

8,354



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

And, like, my body is like that too. It has its own set points, its own levels. So does yours.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



17

157

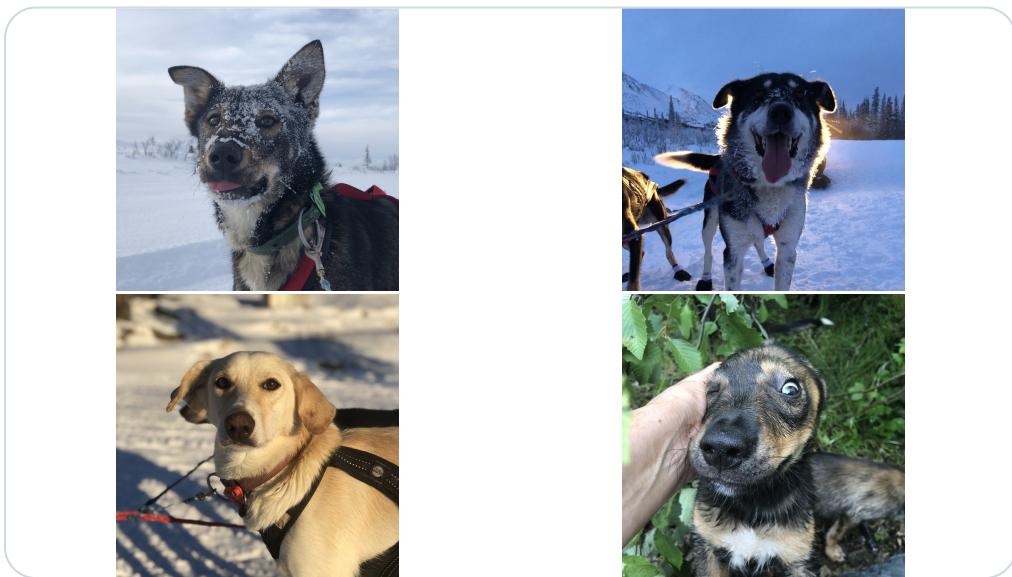
6,546



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

The dogs' bodies aren't up to them, just like ours aren't. There's no value judgment. They are what they are.



14

535

8,210



Blair Braverman ✅ @BlairBraverman · Jul 13, 2019

...

And every single one is magnificent.

The end.

11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



196

566

15.1K



Jennifer (Sky) Walker @Jerwillow · Jul 13, 2019

...

Replying to @BlairBraverman

Maybe I'm hormonal, but I'm sobbing while reading this. Rationally, I know it's true. But I've never been able to really *believe* it, you know?

8

9

587



Blair Braverman @BlairBraverman · Jul 13, 2019

...

Replying to @Jerwillow

I mean, I "knew" it too! But seeing it play out with the dogs has been really transformative for me.

2

7

586



Show replies



aaronD @aarond · Jul 13, 2019

...

Replying to @BlairBraverman

Kima gets a natural tutu where her chest fur meets her tummy fur



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



8

4

658



Blair Braverman @BlairBraverman · Jul 13, 2019

...

Replying to @aarond

OMG KIMA

1

4

91



Show replies



Nikki!! @Elkers · Jul 13, 2019

...

Replying to @BlairBraverman

Dogs don't judge c: You can be whoever you want to be and they will still be so excited when you come home at the end of the day <3

0

4

101



Amanda @madstatler · Jul 13, 2019

...

Replying to @BlairBraverman

Seriously. My dogs love me and think I move mountains. I am fat, and I have chronic physical and mental illnesses, and my dogs know exactly none of that. They see the person who loves them and takes care of them and plays with them.

3

4

461



Amanda @madstatler · Jul 13, 2019

...

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Replying to @madstatler and @BlairBraverman

And, bonus, being responsible for these creatures I love intensely makes it easier to get out of bed on mornings when sick brain is in charge or when I'm having a flare up. I have to get up and feed them and let them out, and, all too often, getting out of bed is half the battle.

2

2

378

Show replies

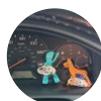


Sara @saralunatan · Jul 13, 2019

Replying to @BlairBraverman

My Queen. Flame BraverMountain.

20



Pete stands for human rights @Pete_Geller · Jul 13, 2019

Replying to @BlairBraverman

Oh Fla.e you are such a GORGEOUS ham! Carry on WOOF!

P.S. And WuWOOF 2 all you gorgeous pups!

15



akaFlamingogrrl @Flamingogrrl · Jul 13, 2019

Replying to @BlairBraverman

I learned this being a swimmer and seeing all kinds of shapes & sizes in the locker room. My epiphany was that, when naked, everyone's body looks

right

1

1

87



Is This Hell? @WattleOfBits · Jul 13, 2019

Replying to @Flamingogrrl and @BlairBraverman

My mirror begs to differ

4

18

Show replies



Constance Lee Menefee @ConnieMenefee · Jul 13, 2019

Replying to @BlairBraverman

...



...

**chris @cooperhill** · Jul 13, 2019

Replying to @BlairBraverman

Blair, I completed her outfit



11



7



753



...

**chris @cooperhill** · Jul 13, 2019

Replying to @cooperhill and @BlairBraverman

Double flame. Wallpaper?



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



6



394



Show replies



Stafford White @staffordduff · Jul 13, 2019

...

Replies to @BlairBraverman

Beautiful thread—thank you! 😊



6



Bridget and Dell and the Sashanator @bridgetobm · Jul 13, 2019

...

Replies to @BlairBraverman

This is your best thread ever, I think ❤️



16



Sharon Peterson @shrnpeterson009 · Jul 13, 2019

...

Replies to @BlairBraverman

So eloquently stated. The world would be a far worse place without dogs.
You are their faithful companion from birth until death.



11





Lynette Hall-we voted for democracy! 🇺🇸 @lynmph · Jul 13, 2019

...

Replying to @BlairBraverman and @Jaime_ASantos

Beautiful thread!

Thank you for sharing!!



Marlene @MPersisting · Jul 13, 2019

...

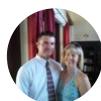
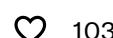
Replying to @BlairBraverman

This is so true. And our bodies continually change and it's difficult to feel comfortable with those changes at first.

Menopause, I am talking to you.



1



Kim Bowser @KimAZ · Jul 13, 2019

...

Replying to @MPersisting and @BlairBraverman

Oh FUCK YES. I don't recognize myself. It's shocking.



2



Show replies



Cathy 🌸🇺🇦🔬🐕 @MariePaddock · Jul 13, 2019

...

Replying to @BlairBraverman

This is a lovely thread. We all need to be a little kinder to ourselves about our bodies.



1



Sauchi aka Sasha @AK_Chick · Jul 13, 2019

...

Replying to @MariePaddock and @BlairBraverman

Yes we do!



1



Alex Helmintoller @alhelmintoller · Jul 13, 2019

...

Replying to @BlairBraverman

ahhh why am I cryingg

**wmassih** @lbca81 · Jul 13, 2019

...

Replying to @BlairBraverman

This thread is just why I follow Blair. What a little gem.

**Hannah Lepird** @palindrome0710 · Jul 13, 2019

...

Replying to @BlairBraverman

I needed this thread

**Jor** @jorleigh1 · Jul 13, 2019

...

Replying to @BlairBraverman

This damn near made me cry. As a kid it would have made me cry. ❤️❤️❤️



5

**Katie** 💉💉💉💉 @katiek_wanders · Jul 13, 2019

...

Replying to @jorleigh1 and @BlairBraverman

I cried. 😭😭😭



3

[Show replies](#)**Some accounts you've liked often like this Tweeter****perSISTER** @witandwitness · Jul 13, 2019

...

Replying to @BlairBraverman

Flame in a tutu! My life is complete!!!

**Jer Brand** @autOpoietic · Jul 13, 2019

...

Replying to @BlairBraverman

Love this. Also makes me wish my dad was still running dogs. Sorta miss it all.



...

**flower power** @flowersnotlawns · Jul 13, 2019

Replying to @BlairBraverman

Beautiful dogs!!



...



@FibroFly · Jul 13, 2019

Replying to @BlairBraverman

☀️🐶 beautifully written and illustrated...



...

**Colleen Macklin** @colleenmacklin · Jul 13, 2019

Replying to @BlairBraverman

And the great thing about all of this is that all bodies are different and they don't mind at all!



...

**Tybee Diskin** @hellotybeeren · Jul 13, 2019

Replying to @BlairBraverman

Thank you for this lovely thread.



...

**Martin Blore** @martinblore · Jul 13, 2019

Replying to @BlairBraverman

Absolutely wonderful read - thank you :).



...

**Maggie** @maggienote · Jul 13, 2019

Replying to @BlairBraverman

I needed to read this. I had a really hard time having my two kids (like life

threatening, hard times). And I've spent so long being angry at my body for its "shortcomings" and feeling inferior to people who can have their babies without problems. Thank you. 💜

1



32



...



Alyssa @amccornock · Jul 14, 2019

Replying to @maggienote and @BlairBraverman

Me too. ❤️

1



2



...



Is This Hell? @WattleOfBits · Jul 13, 2019

Replying to @BlairBraverman

Butterfly against a green sky

1



9



...



Is This Hell? @WattleOfBits · Sep 29, 2020

Replying to @WattleOfBits and @BlairBraverman

Traditionally flying fantasy animals sprout wings from the shoulders, so these hip-based wings are an innovation

1



...



Chris #UnCivilWar Vernon @CVernon4048 · Jul 13, 2019

Replying to @BlairBraverman and @VictoriaDahl

#UglyDogsInFlamingTutus ❤️❤️

1



3



...



Courtney @Lee4ever2 · Jul 13, 2019

Replying to @BlairBraverman

These pups are magic. First, they are adorable as is. Then they get booties and Pow! Then onesies and Holy Cow! Snow on the face and, well, hello goofy! Then a tutu and off into another stratosphere of dreamy! What. Is. Next. Can't wait to see....

1



17



...

-1- Blair Braverman on Twitter- -Y'all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Scotland in SF @slksfca · Jul 13, 2019

Replying to @BlairBraverman

@threadreaderapp unroll s.v.p.

1

1

12

↓

↑



Thread Reader App ✅ @threadreaderapp · Jul 13, 2019

...

Replying to @slksfca

Hola please find the unroll here: Thread by @BlairBraverman: "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor ac [...]"

threadreaderapp.com/thread/1150130...

Enjoy :) 🤖



Blair Braverman
@BlairBraverman

Thread reader

Yall, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor activity, although thats true. Its actually something much simpler than that. I grew up learning that all bodies are different. Okay, yeah, thats true. Whateve...

Read Unrolled Thread

Tweet

Share

threadreaderapp.com

Thread by @BlairBraverman: "Y'all, having sled dogs has been so goo..."

Thread by @BlairBraverman: "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical ..."

1

20

42

↓

↑



Krissy @thatkrissy · Jul 13, 2019

...

Replying to @BlairBraverman and @VictoriaDahl

This is beautiful 😊

1

1

1

↓

↑



Mary-Ann Baldwin ☮ ✅ @maryannbaldwin · Jul 13, 2019

...

Replying to @BlairBraverman

Love this thread.



Naomi R. Yunker @Naomi_NB031 · Jul 13, 2019

...

Replies to @BlairBraverman

Read your article about this on Mashable !!! Great read ! Cool to find you on there !!!



Beatriz Olavarria 🇺🇾🇺🇸 @BeaOlavarria · Jul 13, 2019

...

Replies to @BlairBraverman

How cute is this.



1



3



C 🍸 @ChrisMartiny · Jul 13, 2019

...

Replies to @BlairBraverman

I love this perfect example of celebrating differences. And I also want to steal all your dogs for myself.



11



Emily B @emilyreadsalot · Jul 13, 2019

...

Replies to @BlairBraverman

BLER!! THIS IS IT! This is your first children's book. All about each dog's body and how good they all are!!!



35



21



849



Sauchi aka Sasha @AK_Chick · Jul 13, 2019

...

Replies to @emilyreadsalot and @BlairBraverman

This is such a wonderful and much needed book idea! @BlairBraverman please, please, please! 😊



1



2



52



Show replies

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



ellen @ellenty · Jul 13, 2019
Replying to @BlairBraverman

This thread from [@caitrun](#) discusses the same theme, and I have reflected on it often in my journey of growing to accept and appreciate my body.

...

 **Caitrin ⚡** @caitrun · Apr 28, 2019

One of the best things I've ever done for my body image is to think of myself as a dog breed. I've thought about it, and if I had to classify my body size/activity level, I'd be a Brittany. Super high energy, medium sized, athletic.

Show this thread

The Brittany is a breed of gun dog bred primarily for bird hunting. Although it is often referred to as a spaniel, the breed's working characteristics are more akin to those of a pointer or setter. [Wikipedia](#)

Life expectancy: 14 – 15 years

Weight: Male: 30–40 lbs (14–18 kg), Female: 30–40 lbs (14–18 kg)



2

2

23

↓

↑



Jennifer (Houli) Houlihan, but in a m... @TheJHoulih... · Jul 13, 2019 ...

Replying to @ellenty @BlairBraverman and @caitrun

This is great. Thanks for sharing!

2

2

3

↓

↑



Clark Shelly, Earper @SVCSOCCER · Jul 13, 2019

...

Replying to @BlairBraverman

Such a beautiful post! And what amazing,stunning pups you have! They all look so happy :)

2

2

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↓

↑



Valarie @ValarieJ · Jul 13, 2019

...

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...

Replies to @BlairBraverman

What a wonderful perspective. I'm always trying to explain from a public health perspective that calories are NOT the only factor in weight loss/gain and it's unhealthy to obsess about them. But I think the puppy photos make the point better.

1

1

24



😊🇺🇦 April 🌈 @morphisa · Jul 18, 2019

...

Replying to @ValarieJ and @BlairBraverman

It's because we keep being told 'calories in calories out' and that we are disgusting and unhealthy by the gym rats and the CrossFit crowd. They won't allow us to be happy with our bodies. Every time I see a Weight Watchers commercial I want to scream.

1

1

1



Sharon Peterson @shrnpeterson009 · Jul 13, 2019

...

Replying to @BlairBraverman

Such unbridled joy of having a tutu.

1

1

2



marsh 🌻🇺🇦 @medsteele74 · Jul 13, 2019

...

Replying to @BlairBraverman

Thanks for this Blair. I still struggle with the acceptance of it, but I suppose we are all works in progress.

1

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4



Deborah Gambs @ProfGambs · Jul 13, 2019

...

Replying to @medsteele74 and @BlairBraverman

"Some are easy keepers" ❤️

1

1

6



Valarie @ValarieJ · Jul 13, 2019

...

Replying to @BlairBraverman

Also how is Helli??

1

1

3





Sauchi aka Sasha @AK_Chick · Jul 13, 2019

...

Replying to @BlairBraverman

Thank you for posting this @BlairBraverman! Body image is something I've struggled with since I was a teen. Time to stop fighting it and start embracing it!



Jennifer Robinson~VOTE BLUE @Jenroless · Jul 13, 2019

...

Replying to @BlairBraverman

I would like to heart this a million times. Thank you. Good crying.



Audrey Wauchope Lieberstein ✅ @audreyalison · Jul 14, 2019

...

Replying to @Jenroless and @BlairBraverman

Best thread ever??



Amanda @HurtubisePH · Jul 13, 2019

...

Replying to @BlairBraverman

What a perfectly simple, beautiful way to tear down the ridiculous body standards we humans impose upon ourselves. Thanks.



Raistlin Dolor @VII_Pen337 · Jul 13, 2019

...

Replying to @BlairBraverman

This whole thread is adorable, thank you for sharing it <3



Ellen B. @EllenABee7 · Jul 13, 2019

...

Replying to @BlairBraverman

What a great thread! Thanks.





MaryRachel @Mary_Rachel · Jul 13, 2019

...

Replying to @BlairBraverman

My 20-yr-old kid whose training to be a Wildland Firefighter called me today. To tell me about her experience yesterday, getting caught in a big waterfall/eddy while floating.

She was SO proud of her body for climbing 5 ft out of the water onto a rock to save her own damn life.

8

17

715



MaryRachel @Mary_Rachel · Jul 13, 2019

...

Replying to @Mary_Rachel and @BlairBraverman

2 yrs ago, she was "just" a high school cheerleader.

Today, she proudly told me the story of how she relied on her strength, physical and mental, to survive.

BLER, she was SO proud of herself!

(Yes, I lectured long and hard about wearing a life-jacket)

I might have yelled.

6

10

661



Show replies



Michelle Sajetowski @ChefMichele2 · Jul 13, 2019

...

Replying to @BlairBraverman

Hello Blair! One of my close friends mother made snowboots/running for a Bismarck ND woman's dogs who ran the Iditarod few years back!



#muchrespect 😎

@NBO32Muzic

1

1

4



Heather Wood @heatherkaywood · Jul 13, 2019

...

Replying to @BlairBraverman

Having pets for the first time as a full grown adult made me understand that human beings are animals. They react to stimuli like stress or fear by lashing out. Stop listening to rationalizations, pay attention to behavior, and think about how what might be triggering it

1

1

7





Heather Wood @heatherkaywood · Jul 13, 2019

...

Replying to @heatherkaywood and @BlairBraverman

As someone who more and more realizes that she was probably an undiagnosed non neurotypical child, being the caretaker for animals has made me understand so much about my fellow human beings



Richard @arrpeeh · Jul 13, 2019

...

Replying to @BlairBraverman

@MaryShapley check this out



Alan @F8Guy · Jul 13, 2019

...

Replying to @BlairBraverman

Dogs....are..... amazing!

We just don't deserve them!

Thanks @BlairBraverman people need to understand what they're capable of, with the right care!



dr. karen m. poremski @profkarenpski · Jul 13, 2019

...

Replying to @BlairBraverman

Thanks for this beautiful thread, Bler. I've been learning how to forgive, and even cherish, my body, which got sick 3+ years ago.



Shamus McGillicuddy (he/him) @ShamusMc1 · Jul 13, 2019

...

Replying to @BlairBraverman

I love your ugly dogs, Karen.



Sue Spencer Beastmodegrandma @liftuupcoaching · Jul 13, 2019

...

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Replying to @BlairBraverman

This is such a cool way of explainingpeople and dogs 😊



...



Laura @lauralinsanity · Jul 13, 2019

Replying to @BlairBraverman

I absolutely love this. Body positivity 2.0.



...



Heather Dufficy @HDufficy · Jul 13, 2019

Replying to @BlairBraverman

One of the best threads! So amazingly true!



...



Marie Kung @mariekung · Jul 13, 2019

Replying to @BlairBraverman

Learning through you and your dogs reminds me of learning through Jane Goodall and her stories of the Gombe chimpanzees.



...



exploress @HokiEllis · Jul 13, 2019

Replying to @BlairBraverman

This is such a good thread I teared up a lil



...



Anderson Cooper's Stunt Double @boinkofscience · Jul 13, 2019

Replying to @BlairBraverman and @KeeblerOrganElf

And they're all fantastic, beautiful, good doggos



...



ChopTart @KeeblerOrganElf · Jul 13, 2019

Replying to @boinkofscience and @BlairBraverman

Read the whole thread, its wonderful

1

1

[Show replies](#)

**Lucy** @LucyQuinn2011 · Jul 14, 2019

...

Replying to @BlairBraverman and @TragicAllyHere

Oh what a gorgeous bunch! And great reasoning in your commentary too of course!

2

**robertamunroe** @robertamunroe · Jul 14, 2019

...

Replying to @BlairBraverman

CHONKSTER 😂😍😍😍

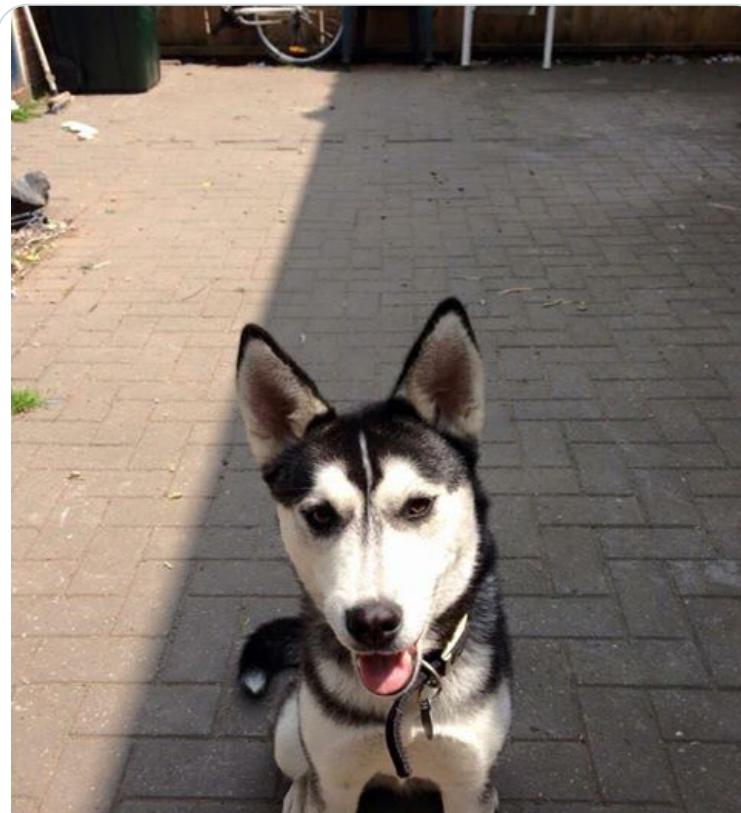
1

**CMDR 10K Tat** @tat270280 · Jul 14, 2019

...

Replying to @BlairBraverman

I have been say this for years, mainly about the education system that you can't pidgin hole everybody into one system of what they should achieve at an age. Also here a pic of Luna, who thought she was a cat mostly but was used to help train the rescue dogs we took care of.





1 ↴

21 ❤️

**Sommeil du Dragon** ➡️ @prof_dragon · Jul 14, 2019

...

Replying to @BlairBraverman

@Nordengail beaucoup de photos de bons doggos dans ce fil



1 ↴

2 ❤️

**KatPower** ➡️ @KatGeek · Jul 14, 2019

...

Replying to @BlairBraverman

This is Darcy. I want him to be a dressage horse. He thinks dressage is boring. He wants to jump. I'm scared of jumping - but it makes him so happy, I'm doing it anyway.

I could force him to do dressage, but there would be no joy.



 4 2 93**Jor @jorleigh1** · Jul 14, 2019

...

Replying to @KatGeek and @BlairBraverman

Do what makes him happy you'll never regret it. His joy will morph into your own. ❤️ a girl who's dog changed his entire family's life.

 3**Che Chalkley 🌻 @chechalkley** · Jul 14, 2019

...

Replying to @BlairBraverman

What a wonderful thread in so many ways ❤️ Thank you @BlairBraverman

 1**kerim @kerimoose** · Jul 14, 2019

...

Replying to @BlairBraverman

i may have had a good cry from this thread its so good aaa

**Sarah Cordell @carefultaco** · Jul 14, 2019

...

Replying to @BlairBraverman

The thread I needed to read this morning.

**Beth Lyons @bettylyons** · Jul 14, 2019

...

Replying to @BlairBraverman

I often reflected on how the Aussie Shepherd in my life, Bim, is so damn beautiful and how he's never wasted a moment wishing he looked more like another breed and how foolish it would be if he did. I try to remember that for myself.

 55**Joy Chappell @_JoyHaley** · Jul 14, 2019

...

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...

Replying to @BlairBraverman and @christiantherapist
@BlairBraverman You should most DEFINITELY turn this thread into a children's book complete with photos of your beautifully and wonderfully made pups. ❤️🐶



Tracy Schulz @tst_tracy · Jul 14, 2019

...

Replying to @BlairBraverman

P



Leigh Goodwin @Ms_Wombat · Jul 14, 2019

...

Replying to @BlairBraverman

Thank you.



-1- Blair Braverman on Twitter - Y'all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



mask wearer **Ukraine...** @mrshel... · Jul 14, 2019 ...

Replying to @BlairBraverman
@threadreaderapp please unroll.

1

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1

1



Thread Reader App @threadreaderapp · Jul 14, 2019

...

Replying to @mrshellwinger

Hello you can read it here: Thread by @BlairBraverman: "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor ac [...]" threadreaderapp.com/thread/1150130...
Talk to you soon.



Blair Braverman
@BlairBraverman

Thread reader

Yall, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor activity, although thats true. Its actually something much simpler than that. I grew up learning that all bodies are different. Okay, yeah, thats true. Whateve...

[Read Unrolled Thread](#)

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threadreaderapp.com

Thread by @BlairBraverman: "Y'all, having sled dogs has been so goo...

Thread by @BlairBraverman: "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical ...

1

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4

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New Locales in Pinned Tweet -- find me e... @starlig... · Jul 14, 2019 ...

Replying to @BlairBraverman

Thank you for this. I was in a fatal car accident in March. 26 broken bones, 6 surgeries, 5+ ft of scars. Currently a wheelchair user. I've been struggling with dysphoria since I came home. My right knee+leg look hugely different.

My body has changed, but still carries me.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



3

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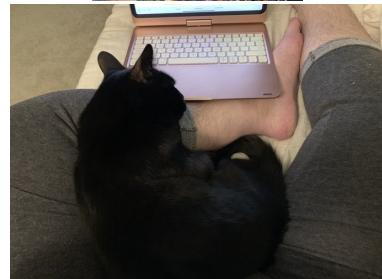
55



New Locales in Pinned Tweet -- find me e... @starlig... · Jul 14, 2019 ...

Replying to @starlightgeek and @BlairBraverman

My cats and dog still love me. They are mindful (usually) of the painful areas. Puppe is sad I don't go on walks, but my brother takes her and that's good enough. My cats love to snuggles. They don't care that my body is different.



1

2

55



Show replies



Mark "Abolitionist" Graham @emc2G · Jul 14, 2019 ...

Replying to @BlairBraverman

@threadreaderapp please unroll and then rollover, good dog 🐕

1

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7





Thread Reader App @threadreaderapp · Jul 14, 2019

...

Replying to @emc2G

Saluti please find the unroll here: Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor ac [...]"

threadreaderapp.com/thread/1150130...

Talk to you soon.



Blair Braverman
@BlairBraverman

Thread reader

Yall, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor activity, although thats true. Its actually something much simpler than that. I grew up learning that all bodies are different. Okay, yeah, thats true. Whateve...

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threadreaderapp.com

Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so goo..."

Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical ..."



2

5



marlene @harlowjean10 · Jul 14, 2019

...

Replying to [@BlairBraverman](#)

This thread should be mandatory reading for all who suffer have suffered lifelong eating disorders like me, what a much needed eye opener! I agree you need to write a children's book!!



5



Narjas Theodora Zatat @Narjas_Zatat · Jul 14, 2019

...

Replying to [@BlairBraverman](#)

[@JoMsj0](#) this is such a lovely thread



2





Java Woman @Madre193 · Jul 14, 2019

...

Replying to @BlairBraverman
This is a great thread
a wonderful read
A perfect way to see others
And just what is needed
So read and enjoy, people
Thanks, Blair.



2



Bend Over It's Liberals @BendLiberals · Jul 14, 2019

...

Replying to @BlairBraverman

Duke University has started training foxes to be service animals in cold climates for poor people. I still have a copy of the magazine from several years ago. They were even teaching sign language to foxes. It was just fascinating.



1



C.S. O'Grady @CSOGRADY · Jul 14, 2019

...

Replying to @BlairBraverman

Thank you for this fantastic thread! It is best I have read in ages. This is so positive and beautiful and really reinforces positive body images we all struggle with. Please consider an article format that can be shared via email, FB & etc. b/c everyone should see this!



Laurie Osgood @osgood_laurie · Jul 14, 2019

...

Replying to @BlairBraverman

Beautiful, ty. ❤️



1



Realize @realizeorigin · Jul 14, 2019

...

Replying to @BlairBraverman

Beautiful





Rob Raymond @RobbyRaymond_ · Jul 14, 2019

Replying to @BlairBraverman

I FUCKING LOVE DOGGOS!!!!



...



Ally @Allydenny · Jul 14, 2019

Replying to @BlairBraverman

This is such a wonderful thread! ❤️ 😊



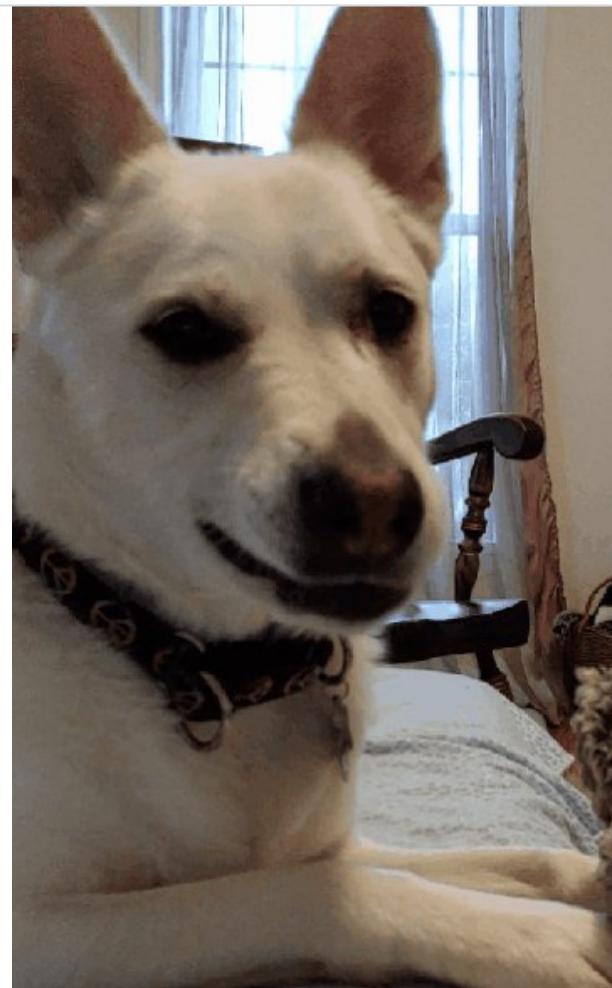
...



The Festival Gal @TheFestivalLife · Jul 14, 2019

Replying to @BlairBraverman

Reggie loves this thread.



GIF





destiny 🎃🧙‍♀️✨🔮 @DestinyPhoenix · Jul 14, 2019

...

Replying to @BlairBraverman

This is the best thread



@Mas1mimi @MaryanneSculley · Jul 14, 2019

...

Replying to @BlairBraverman

Sled dogs are phenomenal. My little pom-rat terrier x responds happily, to these 3 words (when shouted, and on the move) ☆"HAW! GEE! MUSH! & easy. ...ooa..."☆ Saw he had a "little musher", in there, like his momma.



Jeanne Azarovitz @Northquahog48 · Jul 14, 2019

...

Replying to @BlairBraverman

ICYMI @darth



Tisha Bohr @TishaBohr · Jul 14, 2019

...

Replying to @BlairBraverman

I heart this thread sooo much! It really made my day.



Laura Ruebel @laura_ruebel · Jul 14, 2019

...

Replying to @BlairBraverman

We have twin dogs!! ❤





I am DBA @DBAaml · Jul 14, 2019

...

Replying to @BlairBraverman

[@threadreaderapp](#) unroll



1



Thread Reader App @threadreaderapp · Jul 14, 2019

...

Replying to @DBAaml

Hello, please find the unroll here: Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor ac [...]"

[threadreaderapp.com/thread/1150130...](#)

Share this if you think it's interesting.



Blair Braverman
@BlairBraverman

Thread reader

Yall, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor activity, although thats true. Its actually something much simpler than that. I grew up learning that all bodies are different. Okay, yeah, thats true. Whateve...

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Thread by @BlairBraverman: "Y'all, having sled dogs has been so goo..."

Thread by @BlairBraverman: "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical ..."



1



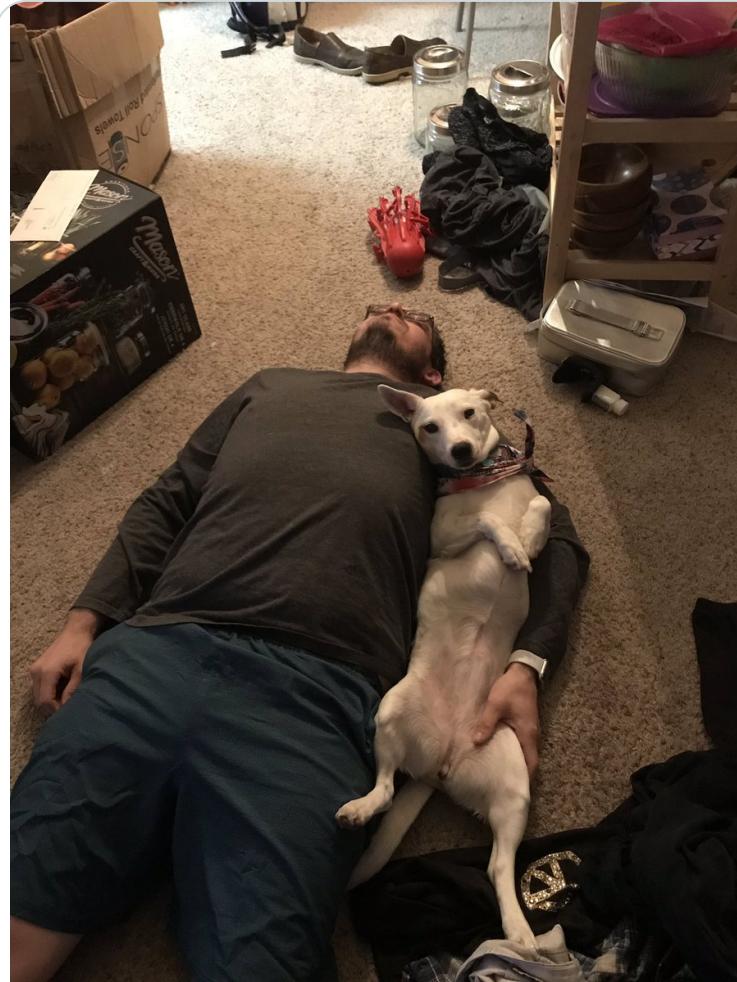


Stevie-Joe @King_Boneveo · Jul 14, 2019

...

Replying to @BlairBraverman

No body shame with this one



1

15



ViolentCrumble @chasethefirefly · Jul 14, 2019

...

Replying to @BlairBraverman

I love this so much. A much needed message for me today. I am comforted by every word and picture shared. Thank you.



1

1



Debrah Ross aka Kate @Lysastrata · Jul 14, 2019

...

Replying to @BlairBraverman and @ashleyne1cole

I just hope you're not referring to events like the Iditarod in Alaska!



1

1



**Jor** @jorleigh1 · Jul 14, 2019

...

Replying to @Lysastrata @BlairBraverman and @ashley1cole

Yes she is. They ran the race in March.



1

[Show replies](#)**Jules** 🐾 @JulesBfromCali · Jul 14, 2019

...

Replying to @BlairBraverman

Omg what an amazing thread!!Thank you for sharing this. I would never think of loving a dog more or less due to their bodies or capabilities. Their value is found in their souls. I wish we (me included) felt that way about people. ❤️🐾

**Some accounts you follow often like this Tweeter****Kathleen Maltby** @elaramom08 · Jul 14, 2019

...

Replying to @BlairBraverman

My 10 year old almost 11 year old was having a moment of self doubt. She was talking to me about it and I had just read your post and I was like oohhh you should read this! She loved it and it was a great way of describing body image and everyone has special talents.

**Maggie MacIntyre** @inkstainedmags · Jul 14, 2019

...

Replying to @BlairBraverman

Thank you for this gentle reminder.

**sabee** @Namastesabee · Jul 14, 2019

...

Replying to @BlairBraverman

I love you, @BlairBraverman ! You get it. Thank you for sharing this amazing reflection on life. It was a blessing in so many ways. 😍🐾🐾





Sophie @solexont21 · Jul 14, 2019

Replying to @BlairBraverman

@rdynamite93 some wholesome Sunday content for you ❤️

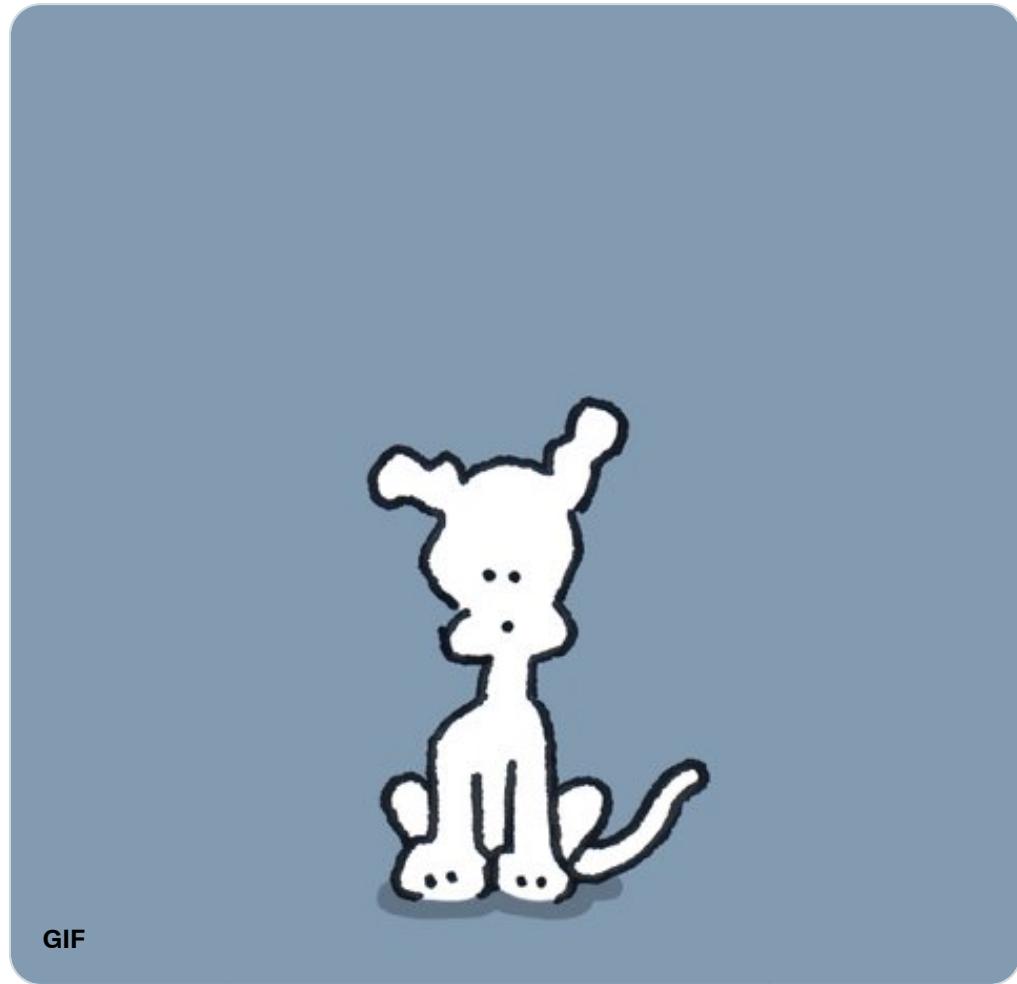


...



Anastasia @ktfcoyote · Jul 14, 2019

Replying to @BlairBraverman



...



Kyleia is thankful for all my friends! @Kyleia · Jul 14, 2019

Replying to @BlairBraverman

I'm glad I found this in a Twitter moment. I almost missed it. Thanks for the thread, @BlairBraverman it's really motivational for me ❤️



This Tweet was deleted by the Tweet author. Learn more



Blair Braverman @BlairBraverman · Jul 14, 2019

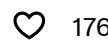
...

Replying to @molly_knight

She's so proud.



3



Show replies



Brian Jackson @axnjaxn · Jul 14, 2019

...

Replying to @BlairBraverman

@quesotarantino



Natalie @poodlegirl08 · Jul 14, 2019

...

Replying to @BlairBraverman

Aww! What a wonderful person you are. I would love to do what you do.

Dogs are amazing! ❤️🐾



Amy Galles @AmyLGalles · Jul 14, 2019

...

Replying to @BlairBraverman

My favorite thing about dogs is they don't know anything is wrong with them if they're different. Dogs with three legs don't act insecure around other dogs they're like, "what this is the kind of dog I am"



Jor @jorleigh1 · Jul 14, 2019

...

Replying to @AmyLGalles and @BlairBraverman

Hari in the pink onesie is blind he retired from the team this past year.. they tried to make him a pet but he was miserable because he wanted to run... so Blair found a way to let him do what he loves..



[Show replies](#)**Lynn Marie** @LynnMarieSays · Jul 14, 2019

...

Replies to @BlairBraverman

Thank you for this, Blair

**KellyM ♣** @klz316 · Jul 14, 2019

...

Replies to @BlairBraverman

@jameelajamil I think you'd appreciate this thread 😊

**ckmom⁷** @ckmom · Jul 14, 2019

...

Replies to @BlairBraverman

This is so beautiful. It made me cry!! 😭❤️❤️❤️❤️

**jlc1111** @julcline2000 · Jul 14, 2019

...

Replies to @BlairBraverman and @KHayhoe

This was so wonderful!

**Amy Greenshields** @a2davids · Jul 14, 2019

...

Replies to @BlairBraverman

Beautiful

**L 🌎 🌱 🌸 🤝 🤝 🤝 🐰** @Loll1pops · Jul 14, 2019

...

Replies to @BlairBraverman

This is a beautiful thread 😊😊😊



...

**Nina Johnson** @ninaleejohnson · Jul 14, 2019

Replying to @BlairBraverman and @ashley1cole

I feel like it is vital that @smrtgrls knows about this thread



...

**1alexinmex** @1alexinmex · Jul 14, 2019

Replying to @BlairBraverman

K



...

**Candace Nigh** @CandaceNigh · Jul 14, 2019

Replying to @BlairBraverman

I love this thread. So insightful and helpful to rethink all the expectations we have about our body images and what we demand of ourselves during fitness training and other activities of life.



...

**SusieC** @susierbcc · Jul 14, 2019

Replying to @BlairBraverman

Loved this. Very insightful.



...

**Blair Braverman** ✅ @BlairBraverman · Jul 14, 2019

Replying to @molly_knight

She's so proud.



...

**Espy "There is always light"** 🇺🇦 @esp1371 · Jul 14, 2019

Replying to @BlairBraverman and @molly_knight

Let's be real, that but has been famous since her national TV appearance

11/15/22, 7:22 PM

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...

before the Iditarod. Her unforgettable cameo is the envy of dogs the world over.

1



46



Blair Braverman @BlairBraverman · Jul 14, 2019

...

Replying to @molly_knight



0:23 2,068 views

6



167



Christina Reynolds @creynoldsnc · Jul 14, 2019

...

Replying to @BlairBraverman and @molly_knight

Blair, does Flame have her own stuffed animal?

1



9



Show replies



Lisa @Minetoknow1 · Jul 13, 2019

...

He is!

0



2



Jor @jorleigh1 · Jul 14, 2019

...

She is.. finished the Iditarod in March. Her name is Flame. ❤️

0



53



**Quince Mountain** @QuinceMountain · Jul 14, 2019

*in certain conditions



3



...

**Daniel Lent** @mrlent · Jul 14, 2019

Come up during Iditarod and be surprised.



17



...

**Thread Reader App** @threadreaderapp · Jul 14, 2019

Replying to @PictureTherapy

Hola there is your unroll: Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor ac [...]" threadreaderapp.com/thread/1150130...
Share this if you think it's interesting. 🤖

Blair Braverman
@BlairBraverman**Thread reader**

Yall, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical outdoor activity, although thats true. Its actually something much simpler than that. I grew up learning that all bodies are different. Okay, yeah, thats true. Whateve...

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threadreaderapp.com

Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so goo...Thread by [@BlairBraverman](#): "Y'all, having sled dogs has been so good for my body image. And not because mushing is a joy-filled, physical ...

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...

**bill pieper 2/2+1** @WilliamPieper · Jul 14, 2019

Replying to @molly_knight and @BlairBraverman

"Suck it, haters."





Lisa Randolph @thelisarandolph · Jul 14, 2019

Replying to @BlairBraverman

Awesome thread. I needed this. Now I can put twitter down.



...



Doc @DocteurNaunie · Jul 14, 2019

Replying to @BlairBraverman

Write a book about these dogs!



...



Groucho Barx @cyberspork · Jul 14, 2019

Replying to @BlairBraverman

Dogs are so weird and dorky, and that's why I love them so very much 😍



...



Tara Deliberto Ph.D. @TaraDeliberto · Jul 14, 2019

Replying to @BlairBraverman

Beautiful and accurate.



...



Aye @ayeshanshan · Jul 14, 2019

Replying to @BlairBraverman

Just wanted to say that this is a nice thread. Thanks for sharing it :)



...



Jessica Kochu @JessicaKochu · Jul 14, 2019

Replying to @BlairBraverman

This is so beautiful. Thank you.



...

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Alyssa @amccornock · Jul 14, 2019

Replying to @BlairBraverman

This is amazing. From the bottom of my heart, thank you.



Tina Marie @tinamarielandes · Jul 14, 2019

Replying to @BlairBraverman

This #dogtrail is awesome!!! Love it!



Margaret Weis @WeisMargaret · Jul 14, 2019

Replying to @BlairBraverman

This is great. I keep telling my flyball class the same thing. I have a border collie who picked up the game in four weeks and one that might do it in four months. One isn't better than the other. Just different dogs!



1



15



Jor @jorleigh1 · Jul 14, 2019

Replying to @WeisMargaret and @BlairBraverman

We have a dog who didn't start to excel until literally age 6... he loved what he was doing but everything didn't necessarily click into place.. once it did he's been unstoppable. They learn and grow at their own pace.. as long as they are having fun keep trying ❤️



1



12



Show replies



Amy Ludwig VanDerwater (she/her) 🇺🇸 @amylvpoemf... · Jul 14, 2019

Replying to @BlairBraverman

.@gigivdh20 @HopeVanDerh2o



2



Rich Gwynne-Jones 🇬🇧🏴󠁧󠁢󠁳󠁣󠁥󠁮󠁲󠁳󠁵󠁻󠁽󠁿 @richard_gwynne · Jul 14, 2019

Replying to @BlairBraverman

#arctic # sledging, couldnt agree more Blair. Two of my dog team from a few years ago Norway to Finland To Sweden for British Heart Foundation. I

11/15/22, 7:22 PM

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...

had two big bruiser brothers as muscle a couple of racing types and a tiny but feisty bitch mega intelligent and totally the boss



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10

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Rich Gwynne-Jones 🇬🇧 🇸🇪 🇩🇪 @richard_gwynne · Jul 14, 2019

...

Replying to @richard_gwynne and @BlairBraverman

Cont, if we were all the same shape, size and all had the same level of ability then we would not be able to achieve half as much as we do. Vive la difference

1

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Nix on Ice !!! ❄️ @nixmixcosplay · Jul 14, 2019

...

Replying to @BlairBraverman

This is the purest thread, thank you for sharing all these angels 😍😍😍

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Dana DeRosa Cole @drcole22 · Jul 14, 2019

...

Replying to @BlairBraverman

1

1

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Lindsay @redheadlindsay · Jul 14, 2019

...

Replying to @BlairBraverman

Tutu Flame is my second favorite Flame ever, I think, right behind Four-Legged Snake in the Grass Flame.



4

77



LGorove 🐕🇺🇦🇺🇦 @LisaGorove · Jul 14, 2019

...

Replying to @BlairBraverman

Beautiful-your words, your very cool four-legged soulmates, the importance of this concept. Lost my daughter to an eating disorder that said, in her mind, that her body was not good. This would have been good for her to read. We love dogs.



1



jCLjCLjCL @jCLCLCLCL · Jul 14, 2019

...

Replying to @BlairBraverman

GAH THIS THREAD IS BRILLIANT 😊❤️🙌





Purple Francis 🇧🇷 @cheflekrez · Jul 14, 2019

Replying to @BlairBraverman

You're crying...



...



fiona murphy @fionamurphyyyy · Jul 14, 2019

Replying to @BlairBraverman

@Oliverj1412



1



...



OrientalLakeside @Orientallake · Jul 14, 2019

Replying to @BlairBraverman

Loved this thank you 😍



1



...



Katherine @mushingstan · Jul 14, 2019

Replying to @BlairBraverman

Thanks so much for sharing this was so needed



...



carrie adams @MadamCAdams · Jul 14, 2019

Replying to @BlairBraverman

New favorite phrase : “easy keeper.” I feel so seen.



...



Ash Mayo @GambinoDragon · Jul 14, 2019

Replying to @BlairBraverman

@lissyto4 ❤️



1



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...



Mariana Des Forges @MLdesforges · Jul 14, 2019

...

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Replying to @BlairBraverman
@SofieHagen you would love this!!!!



Moonchijid7 @Jessy_Blue012 · Jul 14, 2019

...

Replying to @BlairBraverman

Can someone please make this into a children's book asap please thanks



Vienna 🇺🇸 @lcdpjoder · Jul 14, 2019

...

Replying to @BlairBraverman

I'm not crying, you are.



@Catmikk@mstdn.social 🇺🇦 @ducttapemom · Jul 14, 2019

...

Replying to @BlairBraverman

Brilliant post. Moms of America thank you.



4



Dog Lover 🐕❤️🐕❤️🐕❤️🐕 @doglovinglawyer · Jul 14, 2019

...

Replying to @BlairBraverman

Blair, you NEED to make this into a children's book! I am serious. Beautiful.



1



corpse wife 💀 @maybegray · Jul 14, 2019

...

Replying to @BlairBraverman and @sharanvkaur

this thread is so heartwarming ❤️❤️❤️



1



Permanently Exhausted DSW 🚲😴 @Tailynnrenee · Jul 14, 2019

...

Replying to @BlairBraverman

This is the message I want her to learn ❤️ I have spent my life dealing with what I think other people's expectations of my appearance are. I don't want

11/15/22, 7:22 PM

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...

that for her. She's perfect in every way. Thanks for putting it into words for us all



1

15



Fox Lee @TheArtGremblin · Jul 14, 2019

...

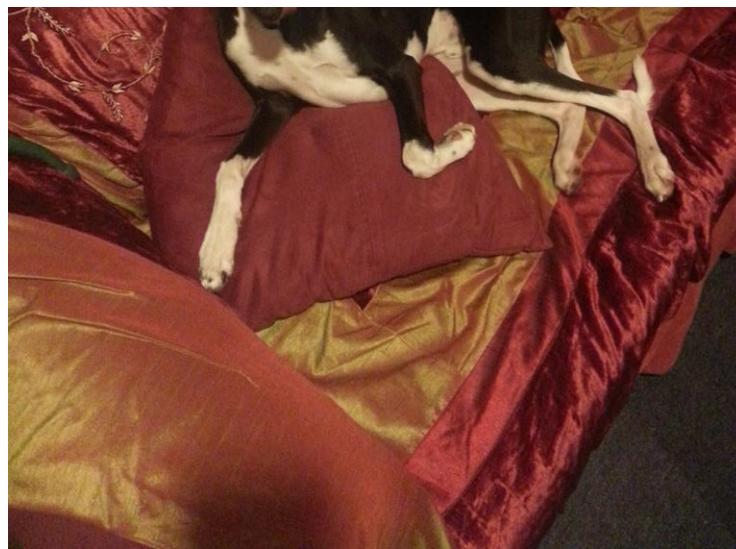
Replies to @BlairBraverman

Pets are SO important for empathy. I hate the heat, but the world simply cannot be warm enough for my skinny noodle dog Elli. That's just how his body is, so I have to listen to him and accept what he needs.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Free Reality Winner @homeless_not · Jul 14, 2019

...

Replying to @BlairBraverman

I've always considered my body as a rental. And I am soooo not getting my deposit back.



Kate @geekgirl321 · Jul 14, 2019

...

Replying to @BlairBraverman

I need to hear this more often...



Patricia Plunkett @42thecloser · Jul 14, 2019

...

Replying to @BlairBraverman

Beautiful thread



jasonrfletcher @jasonrfletcher · Jul 14, 2019

...

Replying to @BlairBraverman

Your thread is phenomenal!!





Rebecca Esther (she/they) 🌲⚧️ @RebeccaEstherxo · Jul 14, 2019

...

Replying to @BlairBraverman

This thread makes me so happy. All bodies are good bodies!



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jo carden ✌ @_jomygosh · Jul 14, 2019

...

Replying to @BlairBraverman

@emilyniichel



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Han 🏳️🌈 @Hannibal_joy23 · Jul 14, 2019

...

Replying to @BlairBraverman

@idelrio94



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Mutti @die_mutti · Jul 14, 2019

Replying to @BlairBraverman

ALL THE DOGS ARE SO BEAUTIFUL! Inside and outside! My heart just exploded looking at all those doggos ❤️😍🐾😊😍❤️🐾😘😍



...



5AM @motionsickinbed · Jul 14, 2019

Replying to @BlairBraverman

Thank you for sharing. This is the most positive twitter thread I have seen in a while ;-; ❤️



...



Susannah 🧡 💙 @ListensSusannah · Jul 14, 2019

Replying to @BlairBraverman

@jameelajamil You seen this inspiring thread?



...



mondobeagle @canisCleo · Jul 14, 2019

Replying to @BlairBraverman

This whole thread and replies! I mean, damn! Getting bookmarked to re-read over again when I need a boost myself!



...



avalanche warning 💥 @morgannaanna · Jul 15, 2019

Replying to @BlairBraverman

This is what I needed to see this week 🙌



...



Beth Martin @bethmarie_marie · Jul 15, 2019

Replying to @BlairBraverman

You won the internet! Congratulations! This is beautiful.



...



PunaMama @mama_puna · Jul 15, 2019

Replying to @BlairBraverman and @ashleyyn1cole
@jameelajamil hey lady- thought you'd enjoy



...



Lorin Mallorie @LorinMallorie · Jul 15, 2019

Replying to @BlairBraverman

This is really beautiful, thank you ❤️



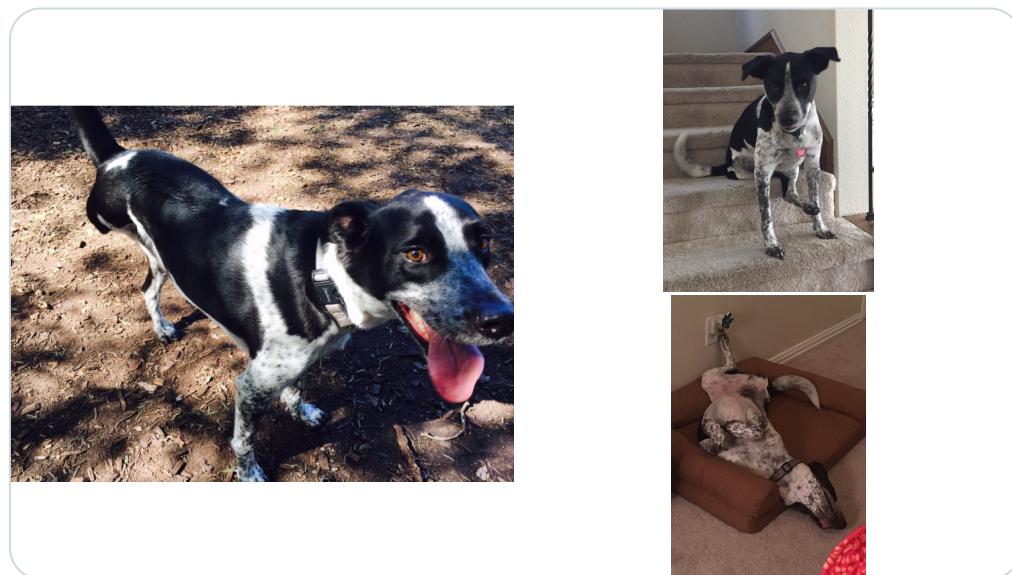
...



Tami Howard Carr @CarrTami01 · Jul 15, 2019

Replying to @BlairBraverman

I love this. Thank you. And it really is true. We accept our pups' differences, why can't we accept our own? Our 3-legged lover @LtDan3Legs thanks you!



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Trai-All @trai_all · Jul 15, 2019

Replying to @BlairBraverman

Can you publish this tweet as a book so it can be put in childrens orthopedic & therapy clinics & my coffee table?



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BouffantBecky @bouffantbecky · Jul 15, 2019

...

Replying to @BlairBraverman

This was an absolute gem to read. Thank you.



kelly @kellykeelinglaw · Jul 15, 2019

...

Replying to @BlairBraverman

So wait does that mean I read thru all the replies



Katie(blueOwl2Ivy) 🎃💀🦉 @ktclain · Jul 15, 2019

...

Replying to @BlairBraverman

Thank you so much for this. Been struggling with body image issues lately as my body has really changed this year.



SweetJane @SweetJaneHere · Jul 15, 2019

...

Replying to @BlairBraverman

All the feels



Debbie Topping @debeachcomber · Jul 15, 2019

...

Replying to @BlairBraverman

I love this thread!



Lachesis Esq. 🕸️🕷️🇮🇪🇬🇧🇪🇺 @CaroleMagoha · Jul 15, 2019

...

Replying to @BlairBraverman

Are you rocking an orange tutu just now? Did you think that through? 🤔



Tasha @NoLabels0914 · Jul 15, 2019

...

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Replying to @BlairBraverman and @jackisnotabird
This thread is the best.



Mood Indigo @moodimgoing · Jul 15, 2019

...

Replying to @BlairBraverman

Love this photo so much. Concur with everyone that this thread should be a part of your children's book series -- altho this one in particular would be a great book for grownups too.



Texarkana Public Library @TexarkanaL · Jul 15, 2019

...

Replying to @BlairBraverman

This is a great thread!



Gabrielle Roesch-McNally, PhD @G_Roesch · Jul 15, 2019

...

Replying to @BlairBraverman

Best twitter post...EVER!



Jason B. Love @adventurejason · Jul 15, 2019

...

Replying to @BlairBraverman

Thank you, @BlairBraverman, for articulating these fantastic words. Thank you, @donttrythis, for bringing it to my attention. Thank you, community, for spreading truth and love; never enough of those things.



Pete stands for human rights @Pete_Geller · Jul 13, 2019

...

Replying to @Monroesmydog and @BlairBraverman

😂😂😂 Too late Loo!



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



Jor

She does.

• Jul 14, 2019



Jor @jorleigh1 • Jul 14, 2019

...

Replying to @sovereigntyseva and @BlairBraverman

Not a company.. please stay around and check out some of Blair's posts about her dogs she has addressed this issue a lot. I understand where you are coming from.. the well being of the dogs is the most important thing.



Jor @jorleigh1 • Jul 14, 2019

...

Replying to @jorleigh1 and @BlairBraverman

These dogs are loved.. there are terrible people everywhere.. but the majority of mushers love their dogs.



C R @ieBaringa • Jul 14, 2019

...

Replying to @sovereigntyseva and @BlairBraverman

I'm the first one to jump on welfare issues.

There aren't welfare issues with how Blair and Q care for their athletes.



James Frye @JamesFrye • Jul 14, 2019

...

Replying to @molly_knight and @BlairBraverman

tbh, flame's butt was already famous online -- and broadcast! -- for other reasons



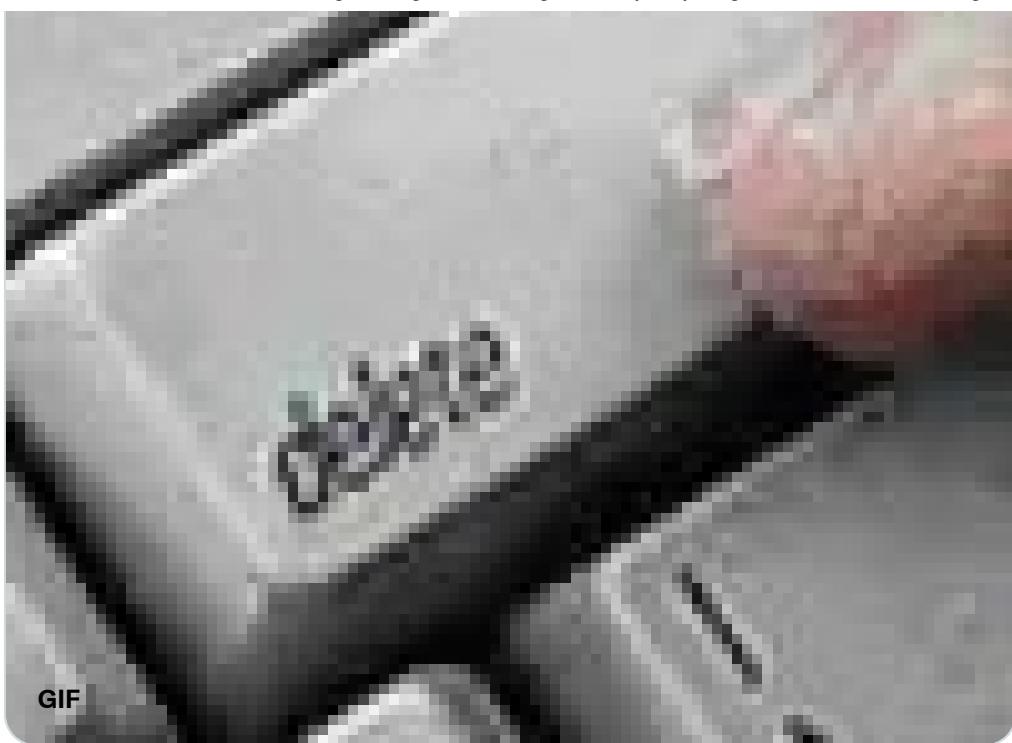
Alex @Bartlett157 • Jul 14, 2019

...



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter- -Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



ezra ✨🌟 @b1uebear · Jul 14, 2019

...

flame is a girl n she ran the iditarod. when was the last time you ran through the alaskan wilderness?



Espy "There is always light" 🇺🇦 @esp1371 · Jul 14, 2019

...

Replies to @molly_knight and @BlairBraverman

I'm pretty sure someone out there would be able to do that! It's the dog butt known the world over.

cc: [@DwayneFuhlhage](#) [@JamesFrye](#)



Tweetmonger 🎄💀 @DwayneFuhlhage · Jul 14, 2019

...

Replies to @esp1371 @molly_knight and 2 others

I am but a simple photographer and itinerant editor.

Good Lord there are a lot of strange Flame things in my Google Photos.



11/15/22, 7:22 PM

-1- Blair Braverman on Twitter - Y-all- having sled dogs has been so good for my body image. And not because mushing is a joy-filled- physic...



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Show replies



EVAN AAML @EVANAAML · Jul 15, 2019

...

Replying to @BlairBraverman

This is a beautiful and inspiring thread for anyone who feels self conscious over their bodies. A wonderful take on the matter. I also looked at each individual photo and kindly ask that you give each wonderful sled dog there a good head pat/scratch for me. 😭💚

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The Sunny Werb @SmittyTheWerb · Jul 15, 2019

...

Replying to @BlairBraverman

So many good boys and girls. *must resist urge to pet*

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Roman Meliska (@mastodon.social) @happy_roman · Jul 16, 2019

...

Replying to @BlairBraverman and @oliverbruce

Yay, awesome read, thank you for writing (Blair) and sharing (Oliver) it! Felt immediately familiar with a story on Iditarod I read recently thanks to @settern ... wait, of course it did, because it's your story, again 😊 Off for the book. Have a great summer.

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Colleen M Cole @ColleenMCole · Jul 17, 2019

...

Replying to @BlairBraverman

This thread is amazing! Thank you! Plus, love the adorable pics of all the dogs.



Adrienne LaCava @AdrienneLaCava · Jul 20, 2019

...

Replies to @BlairBraverman and @brenda_archer

OMG I love you Blair!! What fun and gratifying work you do. And this whole thread is perfect. Perfect. Following. Retweeting.



chadskie @itschadskie · Jul 20, 2019

...

Replies to @BlairBraverman

Okay, sure.... everyone's body is different, BUT I bet not one of those dogs is obese. Why? Because of exercise and a healthy balanced diet. So, sure different bodies, but no excuse for obesity and being unhealthy...

