## ← Thread



futon penguin (Masto: @preeya@bigleaf.... @uberpre... · Apr 30 · · · · Great thread that's a reminder of how common it is to experience the same condition so differently from the singular accepted norm, that you don't even realize that's what's happening until you find people who share your \*subjective\* experience.

Alexandra Erin, Fake Parody (she/her) @AlexandraErin · Apr 30 What "Rapid Onset Gender Dysphoria" (ROGD) and "social contagion" and "pushing people into being trans" actually mean, as explained in terms of my migraine journey.

Before last summer, I didn't talk about having migraines. Would have told you that I didn't get them regularly.

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futon penguin (Masto: @preeya@bigleaf.... @uberpre... · Apr 30 ··· This is also a mental health Twitter thing. I'd always sort of suspected I was autistic and ADHD, but could never exactly connect them to myself until I came here and saw posts from people who describe their experience in ways that clicked with me.



futon penguin <u>(Masto: @preeya@bigleaf.city)</u> @uberpreeya

Like, so many in autistic & ADHD Twitter has a story similar to mine: "Always just inexplicably too much (but 'high-functioning'), burned out and diagnosed depression & anxiety even though those didn't feel right on any level."

1:25 PM · Apr 30, 2022 · Twitter for iPhone

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futon penguin (Masto: @preeya@bigleaf.... @uberpre... · Apr 30 · · · · Anyway, the point is, there's something really interesting and important to me in how much dysfunction and dismissal arises from the collective places where projecting our self into someone else's experience is considered the right answer vs when it's not.



futon penguin (Masto: @preeya@bigleaf.... @uberpre... · Apr 30 ··· Oh right, I forgot that another reason for this thread is ongoing Wellbutrin discourse, which is reminding me of the awful time I had while I was on it, which I can also realize is not universal even as I ponder my distance from the consensus on my timeline.

Q t₁ ♡ 13 <u>↑</u> III



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