Right Hypochondriac		
Mgnt Hypothonanac	Liver	General inspection
	Gallbladder	o Colour e.g. Jaundice
x X X	Small intestine	 Ask about pain and note discomfort
	Ascending Colon	 Spider-naevi throughout
XXX	Transverse Colon	 Note and describe vomit
' '	Spleen	Hands
	Right Kidney	
Epigastrium	Oesophagus	Leukonychia – White spotting in finger nails
	Stomach	 Koilonychia – Inwards spooning of finger nails
x	Liver	o Clubbing
<u> </u>	Pancreas	 Anaemic palmar creases
	Small intestine	 Palmar erythema
1 1	Transverse colon	 Dupuytren's contracture – Inwards flexion of
	Right and left kidneys and ureters	medial fingers
	Spleen	 Hepatic flap
Left Hypochondriac	Stomach	 Pulse rate, rhythm and strength
<i>,</i> .	Liver (tip)	Neck
\times \times \times	Pancreas (tail)	 Jugular venous pressure
<u> </u>	Small intestine	Face and Eyes
	Transverse colon	Conjunctiva (Jaundice)
1 1	Descending colon	o Anaemia
	Left kidney	Mouth ulcers
	Spleen	
Right Lumbar	Liver (tip)	o Dentition
Night Lumbui	Gallbladder	 Dehydration – Lips and tongues
	Small intestine	 Tongue disorders – e.g. Atrophy, Polyps
X	Ascending colon	Lymph Nodes
^	Right kidney	o Occipital
I I	right Runey	 Pre and Post-auricular
Umbilical	Ctamach	o Submandibular
Ombilical	Stomach	o Submental
v I v I v	Pancreas Small intestine	 Tonsillar
x	Transverse colon	 Anterior and posterior cervical
	Right and left kidneys and ureters	 Supraclavicular including scalene
	Right and left kluffeys and dieters	Abdomen – Inspection
		/ to do mich mop cotton
		·
Loft Lumbar	Small intestine	
Left Lumbar	Small intestine	 Symmetry and shape – obvious lumps, bulging
Left Lumbar	Descending colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis
		 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension
Left Lumbar	Descending colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central
	Descending colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's)
<u> </u>	Descending colon Left kidney tip	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation
	Descending colon Left kidney tip Small intestine	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas
<u> </u>	Descending colon Left kidney tip Small intestine Appendix	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness
<u> </u>	Descending colon Left kidney tip Small intestine Appendix Cecum	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys
Right iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver
<u> </u>	Descending colon Left kidney tip Small intestine Appendix Cecum	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen
Right iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder
Right iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder occipital nodes Aorta
Right iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder occipital nodes Aorta nodes Abdomen – Percussion
Right iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder occipital nodes Aorta Abdomen – Percussion Liver
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder occipital nodes Aorta nodes Abdomen – Percussion
Right iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Bladder Bladder Bladder Bladder Bladder
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Spleen Spleen Spleen
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Bladder Bladder Bladder Bladder Bladder
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder Prostate	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Spleen Bladder Spleen Bladder Spleen Spleen Bladder Shifting dullness
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder Prostate Small intestine	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Spleen Bladder Shifting dullness Fluid thrill Abdomen – Auscultation
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder Prostate Small intestine Descending colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Spleen Bladder Shifting dullness Fluid thrill Abdomen – Auscultation
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder Prostate Small intestine Descending colon Sigmoid colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Spleen Bladder Shifting dullness Fluid thrill Abdomen – Auscultation Bowel sounds and note location e.g. Descending
Right iliac X Hypogastric X Left iliac	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder Prostate Small intestine Descending colon Sigmoid colon Right and left ovaries	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Shifting dullness Fluid thrill Abdomen – Auscultation Bowel sounds and note location e.g. Descending colon Aorta
Right iliac X Hypogastric	Descending colon Left kidney tip Small intestine Appendix Cecum Ascending colon Right ovary and fallopian tube Small intestine Sigmoid colon Rectum uterus Right and left ovaries and fallopian tubes Right and left ureters Bladder Prostate Small intestine Descending colon Sigmoid colon	 Symmetry and shape – obvious lumps, bulging masses or distension Pulsations and Peristalsis Venous distension Discolorations – Bruise like shapes either central (Cullen's) or dispersed (Grey turner's) Abdomen – Palpation Light and Deep – All 9 areas Rebound tenderness Ballot Kidneys Liver Spleen Bladder Aorta Abdomen – Percussion Liver Spleen Bladder Shifting dullness Fluid thrill Abdomen – Auscultation Bowel sounds and note location e.g. Descending colon