

Birla Vidya Niketan
Enrichment Worksheet
Subject- EVS
Class- V
Topic- The Human Body

Q.1 Name the soft and fatty material found inside our bones, which helps in making red blood cells.

- A) Minerals B) Platelets C) Tendons D) Bone marrow

Q.2 Which among the following is an immovable joint?

- A) Shoulder joint B) Joint between vertebrae
C) Joint between upper jaw and skull D) Joint between bones in the wrist

Q3. The tissues which hold two bones together at a joint are:

- A) Tendon B) Ligaments C) Cartilage D) Bone marrow

Q.4 Match the following:

Column A		Column B	
(i)	Pivot joint	[A]	Between any two vertebrae
(ii)	Hinge joint	[B]	Shoulder
(iii)	Gliding joint	[C]	Between skull and first vertebra
(iv)	Ball and socket joint	[D]	Knees

- A) (i - A), (ii - B), (iii - B), (iv - C) B) (i - C), (ii - D), (iii - B), (iv - A)
C) (i - B), (ii - A), (iii - D), (iv - C) D) (i - C), (ii - D), (iii - A), (iv - B)

Q.5 Name the connective tissues which join muscles to bones.

- A) Cartilage B) Tendons C) Marrow D) Vertebra

Q.6 Which among the following is a non-communicable disease?

- A) Measles B) Whooping cough C) Anaemia D) Chicken pox

Q.7 Which among the following diseases is caused by a parasite?

- A) Malaria B) Chickenpox C) dysentery D) Influenza

Q.8 The nerves which carry messages from the sense organs to the brain are _____.

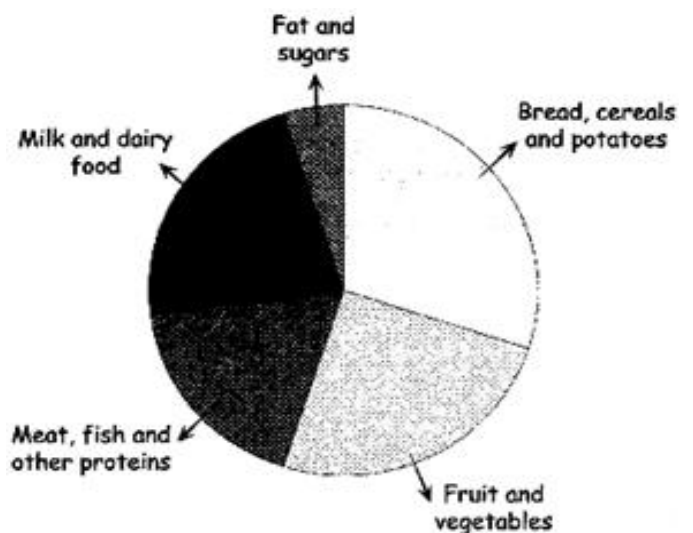
- A) Mixed nerves B) Motor nerves C) Sensory nerves D) Both [a] and [c]

Q.9 Which of the following vitamin help your body to fight infection and boosting your immune system?

- A) Vitamin A B) Vitamin B C) Vitamin C D) Vitamin D

Q. 10 As seen in the pie chart, bread, cereals and potatoes occupy the maximum portion of a balanced diet. These food items are a source of:

- A) Carbohydrates
B) Proteins
C) Fats
D) Minerals



Answer Key-

Q. 1- D, Q. 2- C, Q. 3- B, Q. 4-D, Q. 5-B, Q. 6-C, Q. 7-A, Q. 8-C, Q. 9-C, Q. 10-A