

# Simulation of Discrete Elastic Rods

Premkumar Sivakumar

## I. INTRODUCTION

This report summarizes the results for a complete physically-based simulation of discrete elastic rods. Elastic rods, in addition to bending and stretching, can undergo twisting. So, the simulation of motion for a rod happens in three dimensions, in contrast to the planar motion for discrete elastic beams. Hence, the DOF of a rod with  $N$  nodes and  $(N-1)$  edges can be given by  $(4N-1)$  which includes three DOF ( $x, y, z$  coordinates) at each node and one DOF (twist angle,  $\Theta$ ) at each edge.

## II. DISCRETE ELASTIC RODS

The elastic rod in consideration has 20 nodes, a total length  $l$  of 20 cm and is naturally curved with radius  $R_n = 2$  cm. The location of the  $N$  nodes at time  $t = 0$  is given by:

$$\mathbf{x}_k = [R_n \cos((k-1)\Delta\theta), \quad R_n \sin((k-1)\Delta\theta), \quad 0],$$

where  $\Delta\theta = (l / R_n) \times (1 / N-1)$ . Fig 1 shows the initial configuration of the rod, with the red triangle marking the position of the first node. The twist angles at  $t = 0$  are 0. The first two nodes and the first twist angle remain fixed throughout the simulation (i.e. one end is clamped). The physical parameters are: density  $\rho = 1000 \text{ kg/m}^3$ , cross-sectional radius  $r_0 = 1 \text{ mm}$ , Young's modulus  $E = 10 \text{ MPa}$ , shear modulus  $G = E/3$  (corresponding to an incompressible material), and gravitational acceleration  $g = [0, 0, -9.81]^T$ . The total simulation time is 5 s with a time step size  $\Delta t$  of 0.01 s. The rod is suspended under gravity from its initial position.

Position of rod at t=0.00

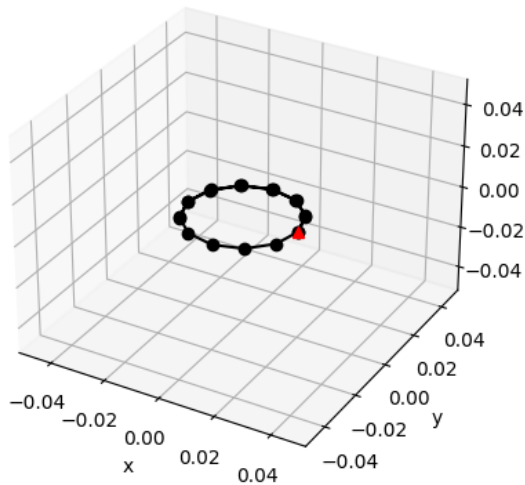


Figure 1

### A. Simulation of Deformation of Rod Under Gravity

Fig 2 shows the final shape of the rod after 5 s of simulation.

Position of rod at t=4.91

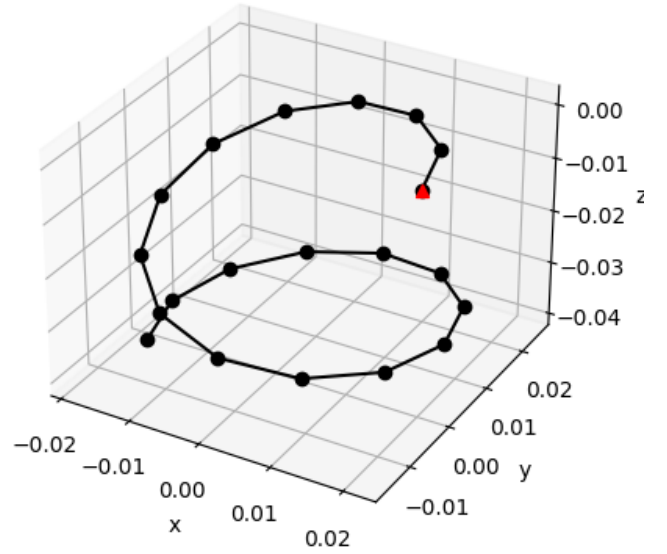


Figure 2

### B. Tip Deflection of the Rod with Time

The rod, once suspended from the initial configuration under gravity, oscillates for a while before coming to rest. Fig 3 shows the tip deflection in terms of the  $z$ -coordinate of the last node with time.

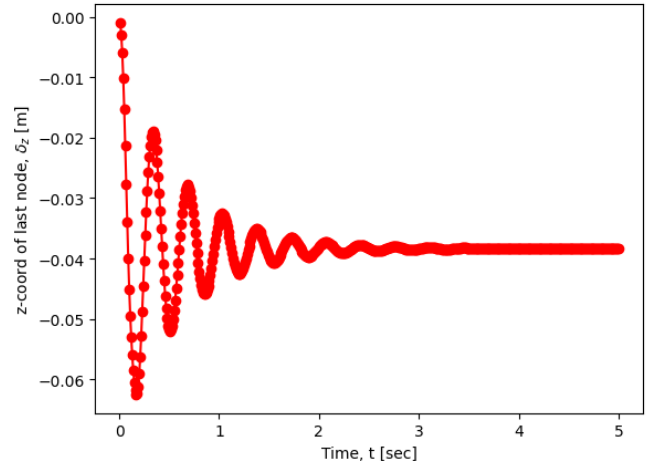


Figure 3

As it can be seen, the z-coordinate of the last node reaches a steady state value of  $\sim -0.04$  m for a time step size  $\Delta t$  of 0.01 s and 20 nodes.

### III. IMPLEMENTATION OF DISCRETE ELASTIC RODS ALGORITHM

Following is the pseudocode of discrete elastic rods:

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#### Algorithm 1: Discrete Elastic Rods

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**Require:** DOFs and velocities at  $t = t_j$

**Require:** Reference frame at  $t = t_j$

**Require:** Index of the free DOFs

**Ensure:** DOFs and velocities at  $t = t_{j+1}$

**Ensure:** Reference frame at  $t = t_{j+1}$

**function** Discrete\_Elastic\_Rods(DOF\_old, Velocity\_old,  
Reference frame\_old)

    Guess DOFs at  $t_{j+1}$  as DOF at  $t_j$

$n = 1$

**while** error > tolerance **do**

        Compute reference frame

        Compute reference twist

        Compute material frame

        Compute force and Jacobian of free indices

        Update DOFs of free indices using Newton-Raphson

        Calculate error

$n = n+1$

**end while**

    Update DOF at  $t = t_{j+1}$

    Calculate velocity at  $t = t_{j+1}$

    Update reference frame at  $t = t_{j+1}$

**return** DOF, velocity, ref frame, tangent at  $t = t_{j+1}$

**end function**

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To compute the elastic forces and Jacobian of the elastic forces as shown in the algorithm above, the gradient and hessian of elastic energies are needed. Following is the pseudocode for calculating gradient and hessian of elastic energies in a rod.

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#### Algorithm 2: Gradient & Hessian of Elastic Energies in Rod

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**Require:** DOFs

**Require:** Elastic stiffness

**Require:** Undeformed Voronoi length

**Require:** Undeformed edge length

**Require:** Natural Curvature

**Require:** Reference frame

**Require:** Reference twist

**Require:** Material frame

**Ensure:** Force

**Ensure:** Jacobian

**function** Grad\_Hess\_Elastic\_Rod(DOF)

    Initialize Force as a vector of zeros of size  $4N-1$

    Initialize Jacobian as a zero matrix of size  $(4N-1, 4N-1)$

**for**  $k$  from 1 to  $N-1$  **do**

        Save the DOFs  $x_k$  and  $x_{k+1}$

        Calculate gradient and hessian for stretching energies

        Store the force in the vector

        Store the Jacobian in the matrix

**end for**

**for**  $k$  from 2 to  $N-1$  **do**

        Save the locations of DOFs

        Calculate gradient and hessian of bending energies

        Store the force value

        Store the Jacobian value

        Calculate gradient and hessian of twisting energies

        Store the force value in the vector

        Store the Jacobian value in the matrix

**end for**

**return** Force and Jacobian

**end function**

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Following is the algorithm for the simulation or the time stepping loop.

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#### Algorithm 3: Simulation

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**Require:** Physical parameters

**Require:** Material properties

**Require:** Simulation time and time step size

**Require:** Mass matrix

**Require:** External force

**Require:** Initial DOF vector

**Require:** Boundary conditions

**Require:** Natural curvature

    Calculate total number of steps ( $Nsteps$ )

    Initialize current time as zero

**for** timeStep=1, timeStep <  $Nsteps$ , timeStep++ **do**

        Assign the initial DOF as the guess value

        Call the function Discrete\_Elastic\_Rods()

        Update the DOFs

        Update current time

        Store the z-coordinate of the last node

**end for**

    Plot the z-coordinate of last node with time

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### REFERENCES

- [1] Professor M. Khalid Jawed, MechAE 263F Course modules Link: <https://bruinlearn.ucla.edu/courses/193842/modules> Portion of this code and the helper functions or files have been referenced from the class resources on Bruinlearn.