ABC Behaviour Monitoring Form

Target behaviours: <u>self_injury</u>

Service User: Service User	**Date of Birth:** 08/07/2025
Staff: Staff test	**DATE/TIME Behavior started:** 21/07/2025 22:17

SETTING
Where? Who was present? What was happening? Describe the environment – noise, temperature?

Location:

Present:

Activity:

Environment:

ANTECEDENT
What happened just before the behaviour started? Change? Noise? Waiting?

Description:

Routine change: no
Unexpected noise: no
Waiting for:

BEHAVIOUR
Describe exactly what the client did

Description:

CONSEQUENCES
What happened after the behaviour took place? What did you do?

Immediate: 12

REFLECTION
What can we learn from this situation & take forward whilst supporting the client? Any other relevant information?

Learnings: