

ABC Behaviour Monitoring Form

Target behaviours: self injury

Service User: Service User	Date of Birth: 31/07/2025
Staff: Staff test	DATE/TIME Behavior started: 21/07/2025 22:08
SETTING Where? Who was present? What was happening? Describe the environment – noise, temperature?	
Location: 12 Present: Activity: Environment: 	
ANTECEDENT What happened just before the behaviour started? Change? Noise? Waiting?	
Description: Routine change: no Unexpected noise: no Waiting for: 	
BEHAVIOUR Describe exactly what the client did	
Description: 	
CONSEQUENCES What happened after the behaviour took place? What did you do?	
Immediate: 	
REFLECTION What can we learn from this situation & take forward whilst supporting the client? Any other relevant information?	
Learnings: 	