## CDC-Supported Colorectal Cancer Screening Activities in Indian Country

Dialogue for Action March 19, 2014

Presentation by:
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### **CDC-supported Activities**

- Colorectal Cancer Control Program (CRCCP)
  - Supports 4 tribal organizations
- Southwest
  - Tribal Colorectal health program
  - Tribal FOBT study (RCT)
- □ Alaska
  - CRC screening education resources
  - FIT demonstration project
- Northern Plains
  - INPACS (and follow up project with AAIP)

# Colorectal Cancer Incidence Rates, Al/AN and NHW, Both Sexes, 2005-2009, CHSDA Counties



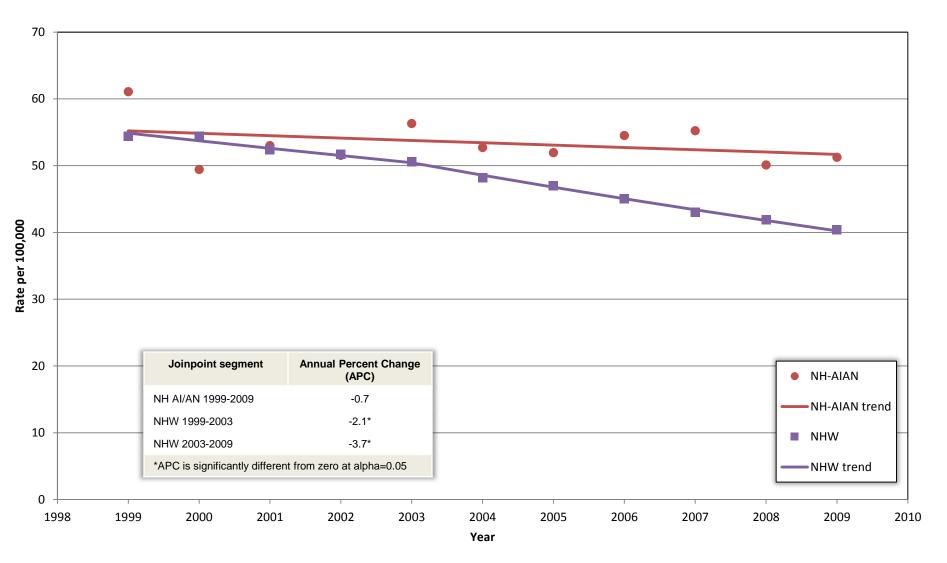
Perdue D, et al. AJPH supplement to be published in 2014.



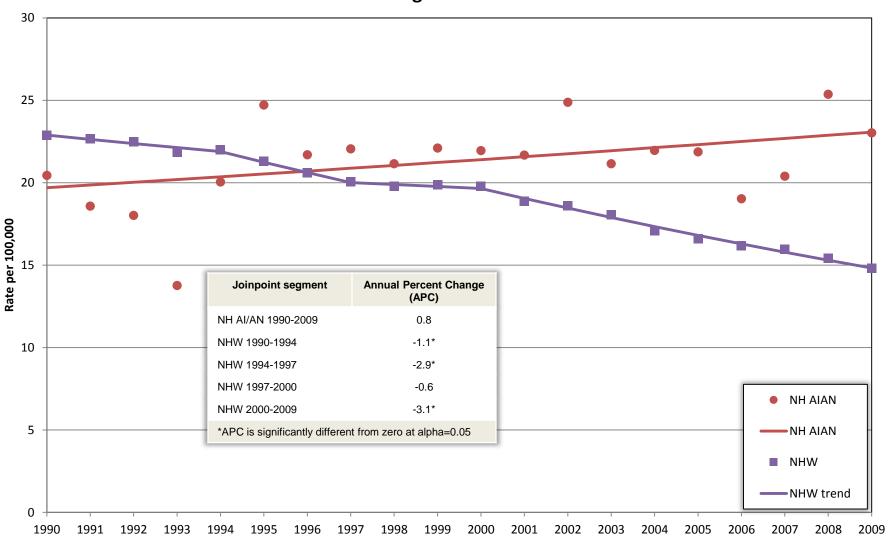


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## Annual age-adjusted colorectal cancer incidence rates and Joinpoint trend lines in CHSDA counties, 1999-2009, both sexes All regions combined

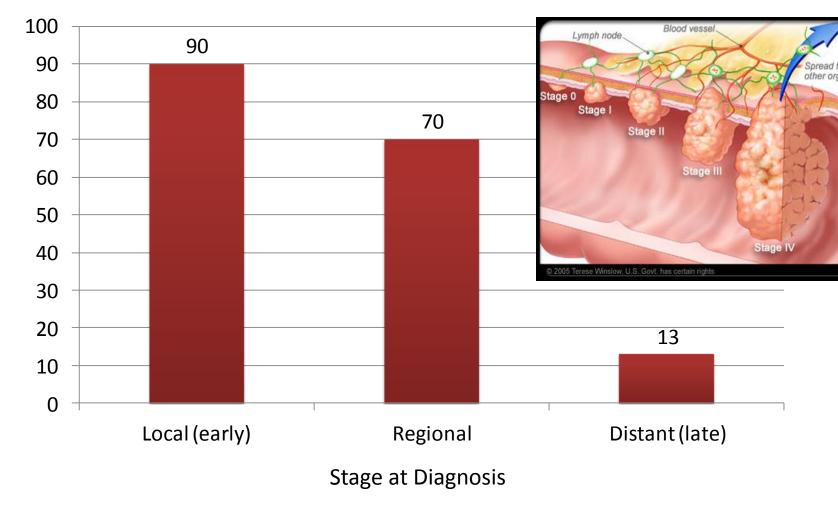


## Annual age-adjusted colorectal cancer mortality rates and Joinpoint trend lines in CHSDA counties, 1990-2009, both sexes All regions combined



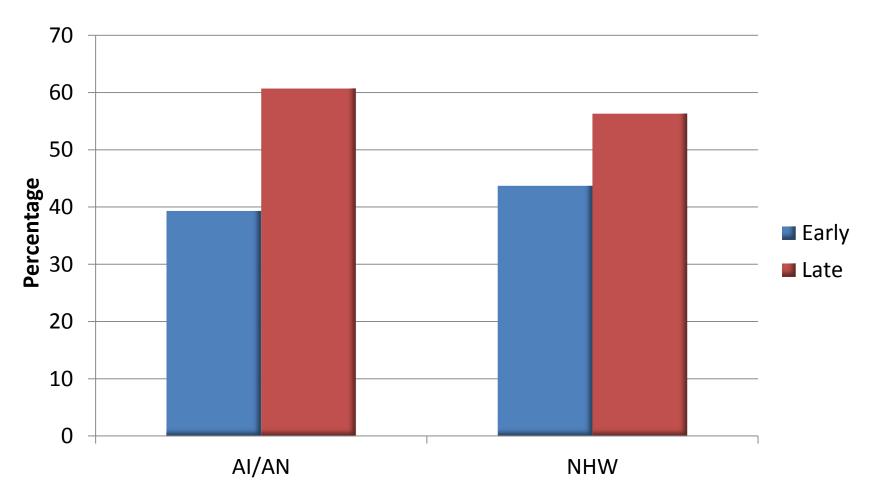
All data excluded for the following states and years: LA: 1990; NH: 1990-1992; OK: 1990-1996

## Five-year CRC-specific Survival by Stage at Diagnosis, All Races, 2003-2009



Data source: Siegel et al, Cancer Statistics, 2014, CA CANCER J Clin 2014; 64: 9-29.

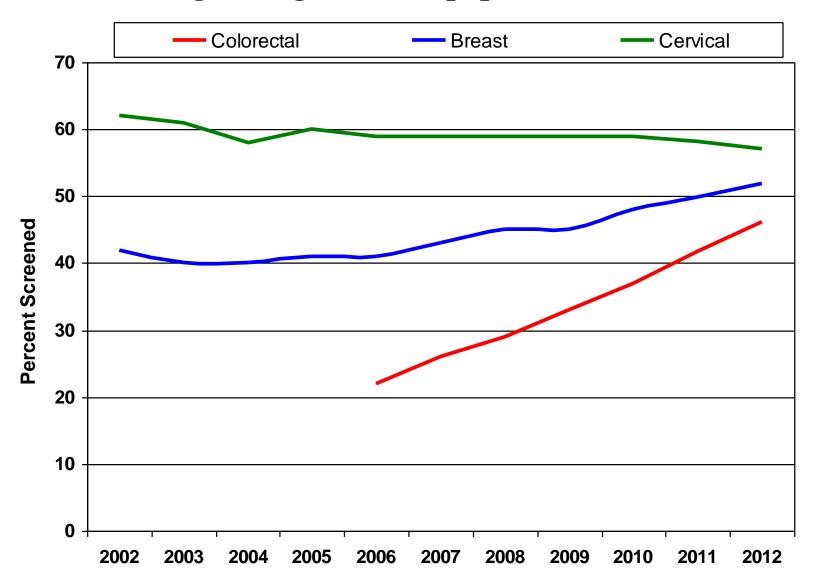
## CRC Stage at Diagnosis\* Al/AN and Non-Hispanic white, 2005-2009



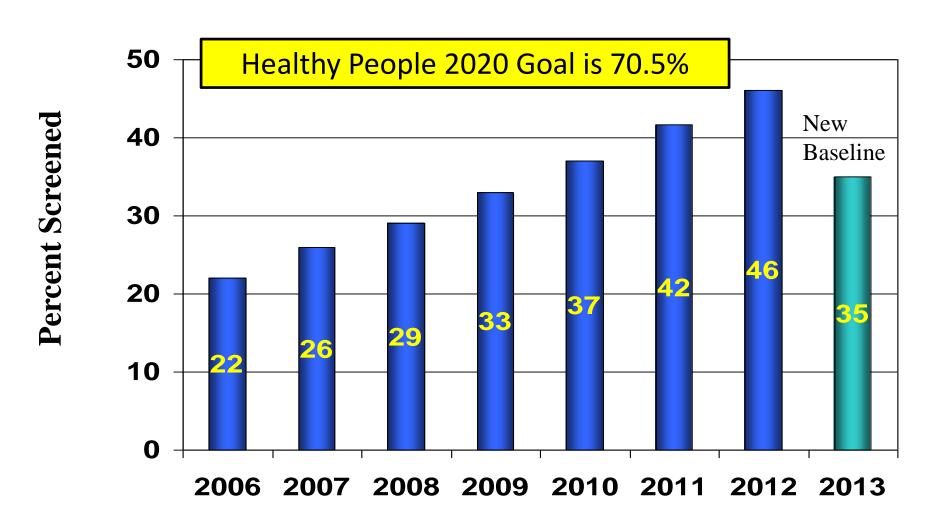
<sup>\*</sup>Early stage includes local disease; late stage includes regional and distant stage disease

Perdue D, et al. AJPH supplement to be published in 2014.

#### Cancer screening among IHS user population (GPRA results)



## CRC Screening Among AI/AN (GPRA results)



## Division of Cancer Prevention and Control Albuquerque Assignee Collaborations

#### 1. Southwest:

Albuquerque Area Indian Health Board (AAIHB)

#### 2. Alaska:

Alaska Native Tribal Health Consortium (ANTHC)

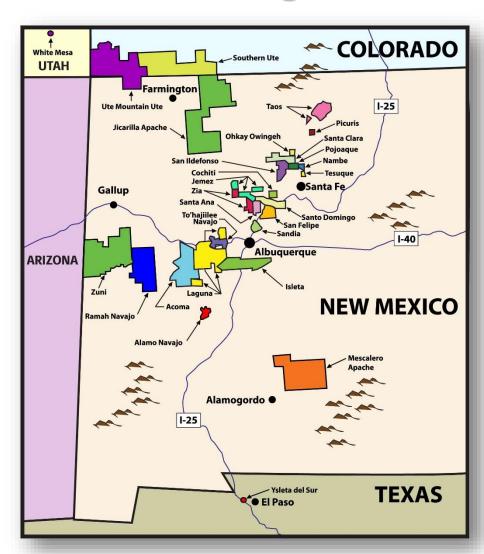
#### 3. Northern Plains:

American Indian Cancer Foundation (AICAF)

## **AAIHB Tribal Colorectal Health Program**

#### **Main goals:**

- 1. Build colorectal health capacity among CHRs
- 2. Establish multidisciplinary colorectal health task force in each participating tribe
- 3. Implement local colorectal health awareness and patient navigation activities
- 4. Share successful strategies with other tribal communities



### **CHR Capacity Development Approach**

- **□** Training Approaches
  - PowerPoint
  - Videos
  - Anatomical Models
  - Survivor stories
  - Role playing
  - Interactive games
  - Field visit to colonoscopy facility
  - Language groups
  - Health education materials development





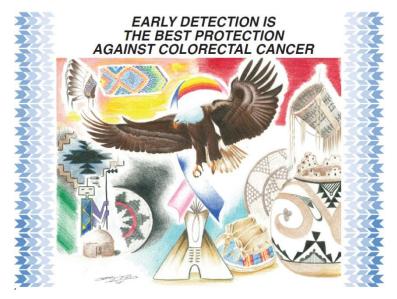
## **Tools for Community Education**

- **□** Power Points
- □ Interactive Games
  - Bingo
  - Penny Game
  - Readers Theater
  - Millionaire
- **□** Anatomical Models
- □ Videos
- □ Resource Guide
- □ Glossary
- □ Flip Chart
- □ Radio PSAs

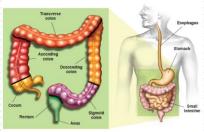


## Flip CHART





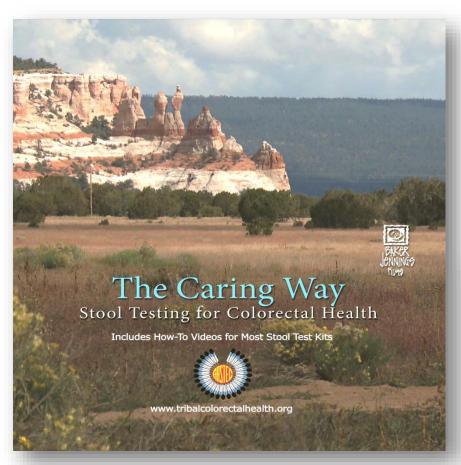
The Digestive System



Stool Card Test Results



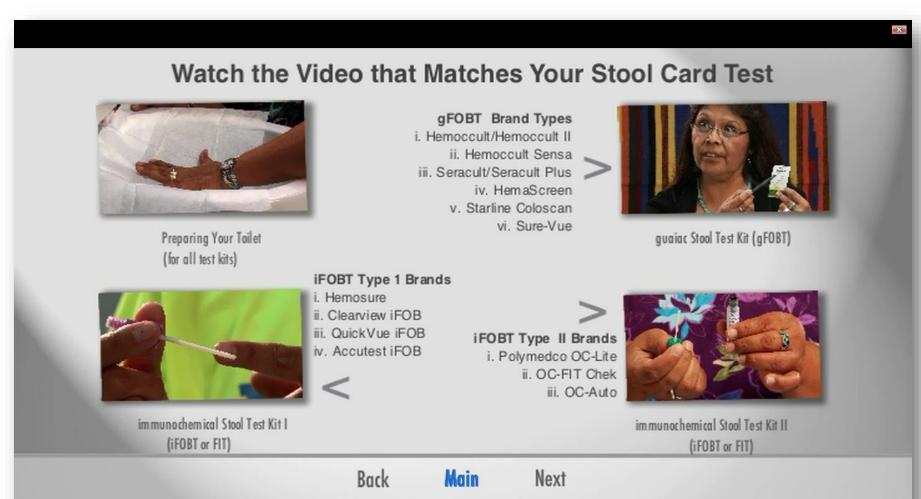
## The caring way







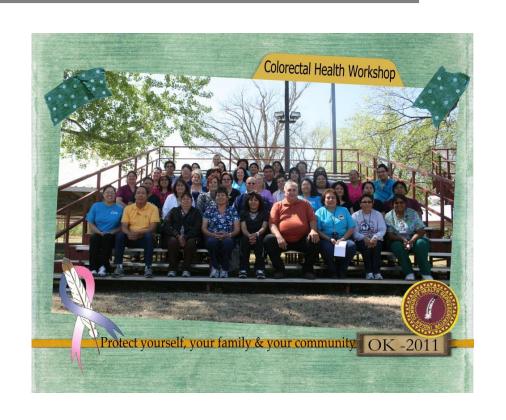
## The caring way: Instructional



## Regional Colorectal Health Workshops

#### Over 175 CHR participants!

- Wind River, WY 3/2011
- Oklahoma Area 4/2011
- Billings Area 6/2011
- Tucson Area 11/2011
- Portland Area 2/2012
- Phoenix Area 5/2012
- Bemidji Area 5/2013
- Albuquerque Area 6/2013



\*All workshops co-facilitated by Albuquerque Area CHRs

## www.TRIBALCOLORECTALHEALTH.org

#### ALBUQUERQUE AREA SOUTHWEST



#### TRIBAL EPIDEMIOLOGY CENTER

REPORTS & PUBS

HOME OUR TEAM WHO WE SERVE SERVICES & PROGRAMS

SHARE

102:57

#### Treasure Our Elders!

Angelita Berry - Ute Mountain Ute Tribe

#### Tribal Colorectal Health Program

The Tribal Colorectal Health Program is a demonstration program funded by the Centers for Disease Control and Prevention, in cooperation with the National Indian Health Service Division of Epidemiology and Disease Prevention. The primary objectives of this program are to:

Build knowledge and skills among Community Health Representatives (CHRs)

#### **Digital Stories/Videos**

LEARN MORE

- Treasure Our Elders!
- As'dzaa Diabetes
- · Caring For My People
- . Take Your Passion And Make It Happen
- Go Lytely
- Making A Difference
- · Keep Our Elders Safe
- · Touch Of Life
- · When Stars Shine
- Becoming A C.H.R.
- Following In My Mother's Footsteps
- Four Directions Health
- Walk In Beauty
- My Mother Prayed Cancer Away
- Women Are Healers
- The Caring Way: FOBT For Colorectal

  Health
- Procedures To Complete A GFOBT Test
- Procedures To Complete An IFOBT Test (E.G. Polymedco OC Light)
- Preparing Your Toilet For An FOBT Test
- Procedures To Complete An IFOBT Test (E.G. Hemosure, Clearview)

#### Radio PSAs

Judith's Message 1



Angelita's Message

▶ 00:00

Star's Message

▶ 00:00

### **Tribal FIT Study (RCT)**

To test effectiveness of strategies to improve uptake of FIT among Native Americans

#### **Study arms:**

- Usual care
- Mail out of FIT
- Mail out FIT and follow-up from trained community health representative

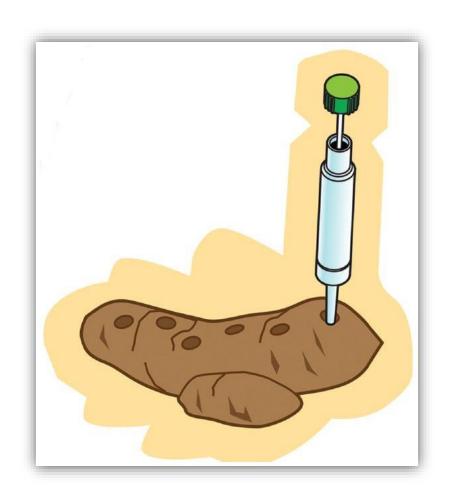


Hemoccult ICI

## Fecal Immunochemical Test (FIT)

#### **ADVANTAGES:**

- No food or medication restrictions
- More specific for lower GI bleeding
- Often single stool collection



## Study group 1 (Usual care)

• Clinic provider recommendation and dissemination of FOBT kit in clinic

• All patients age 50-75 that visit clinic in 12 month period

. No CHR intervention

## Study group 2 (Mail-Out ONLY)

- Participants receive a mailed packet only
- Packet contains:
  - Letter
  - FIT kit with instructions
  - Pre-stamped, addressed envelope
- . No CHR intervention

## Study group 3 (Mail-out + CHR)

- Participants receive the same mailed packet as study group 2
- Participants also receive up to 3 outreach sessions from CHRs
  - Phone calls
  - Home visits
- Outreach sessions take place in 4 week intervals

### **CHR Outreach SESSIONs**

- SESSION #1 TELEPHONE CALL
  - 4 weeks after kits are mailed

- . SESSION #2 HOME VISIT
  - 4 weeks after outreach session #1

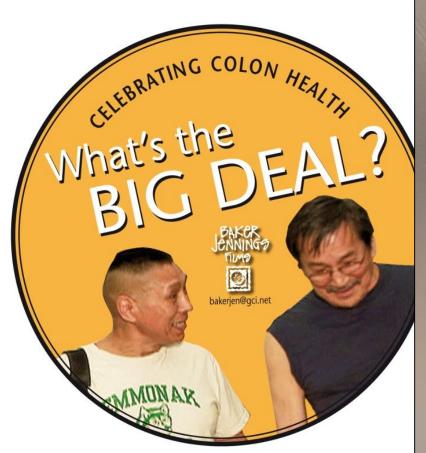
- . SESSION #3 TELEPHONE CALL
  - 4 weeks after outreach session #2

## **Alaska Native CRC Screening CD-ROM**



Learn how colorectal cancer affects you and your community. Learn how you can decrease your colorectal cancer risk, find it early when it can be best treated, and live a healthier life! After using this CD-ROM, earn Continuing Education credit by taking the Eagles Challenge.

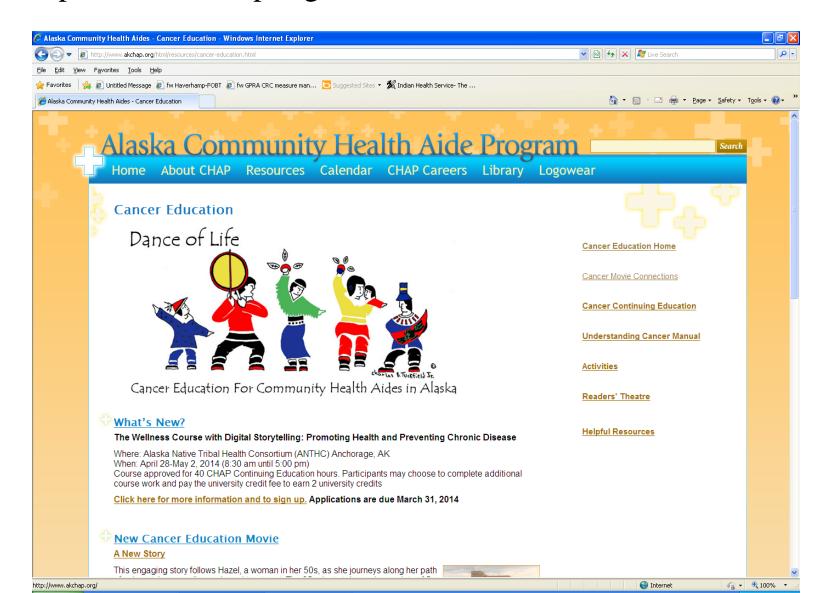
## Readers' Theatre Script was Adapted into Telenovela (with Funding from CRCCP in Barrow, AK)





#### Resources are available at:

#### http://www.akchap.org/html/resources/cancer-education.html



### **FIT Demonstration Project**

□ Survey Alaska Natives to determine acceptability of FIT for CRC screening

□ Approach facility board of directors about adopting FIT as a screening option and establishing a screening policy

# INPACS Project Improving Northern Plains American Indian Colorectal Cancer Screening

#### □ Aims

- Assess Colon Cancer Screening Systems
  - Patient Tracking systems
  - Provider Reminder Systems
  - . Referral Characteristics
- Measure Provider Factors
  - · Screening Knowledge
  - . Attitudes and Beliefs
  - Challenges
- Determine Local Endoscopic Capacity

## Questions?

Contact me at: donald.haverkamp@ihs.gov 505-232-9968