

# Start early.



## Never stop.

## Reduce your risk for skin cancer.

Limit sun exposure between 10 a.m.—4 p.m.

Wear sunscreen & protective clothing

Have an annual skin exam\*



\*You can detect skin cancer early by routinely examining your skin & having an annual skin exam by a health care professional. Learn more about lowering your risk at [www.preventcancer.org](http://www.preventcancer.org).

