

# Challenges for Quantitation of Emphysema in the Screening Setting

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# Screening for COPD and Emphysema

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## Why screen?

1. Identify early stage disease
  - Asymptomatic: fixed protocol
2. Monitor disease progression and response to therapy
  - Symptomatic: adaptive protocol

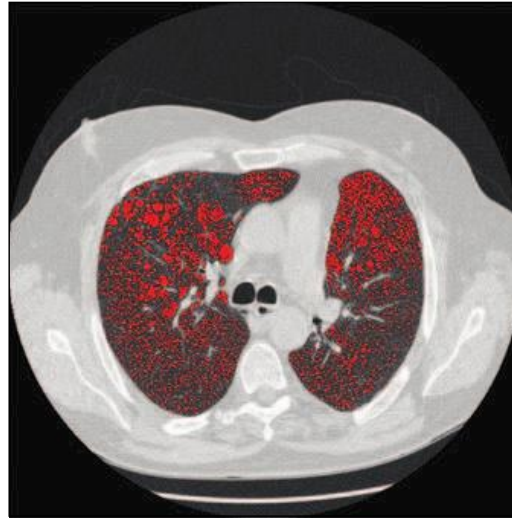
## What to screen for?

- **Emphysema**
- Small airway disease: air trapping
- Large airway disease
- Other lung diseases (dense image structures)

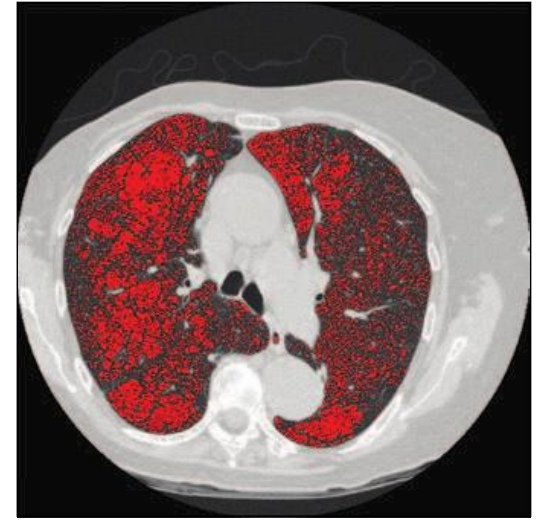


# CT Emphysema Index Measure

- Emphysema Index  $EI_{950, EI_{-910}}$
- Fraction (percentage) of lung parenchyma below intensity threshold



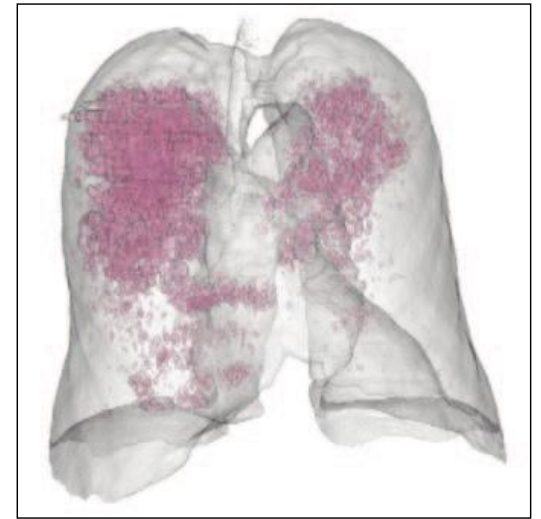
A



B



C



D



# Emphysema Measures

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- **Emphysema Index**  $El_{-950}$ ,  $El_{-910}$ 
  - Fraction (percentage) of lung parenchyma below intensity threshold
  - Poor correlation with  $FEV_1/FVC$
- **Mean Lung Density** MLD
  - Mean lung image intensity in HU
- **15<sup>th</sup> Percentile Intensity** 15PI
  - Image intensity at the 15<sup>th</sup> percentile level in the histogram
- **Fractal Dimension Measure** FD



# Challenges with screening (CT imaging)

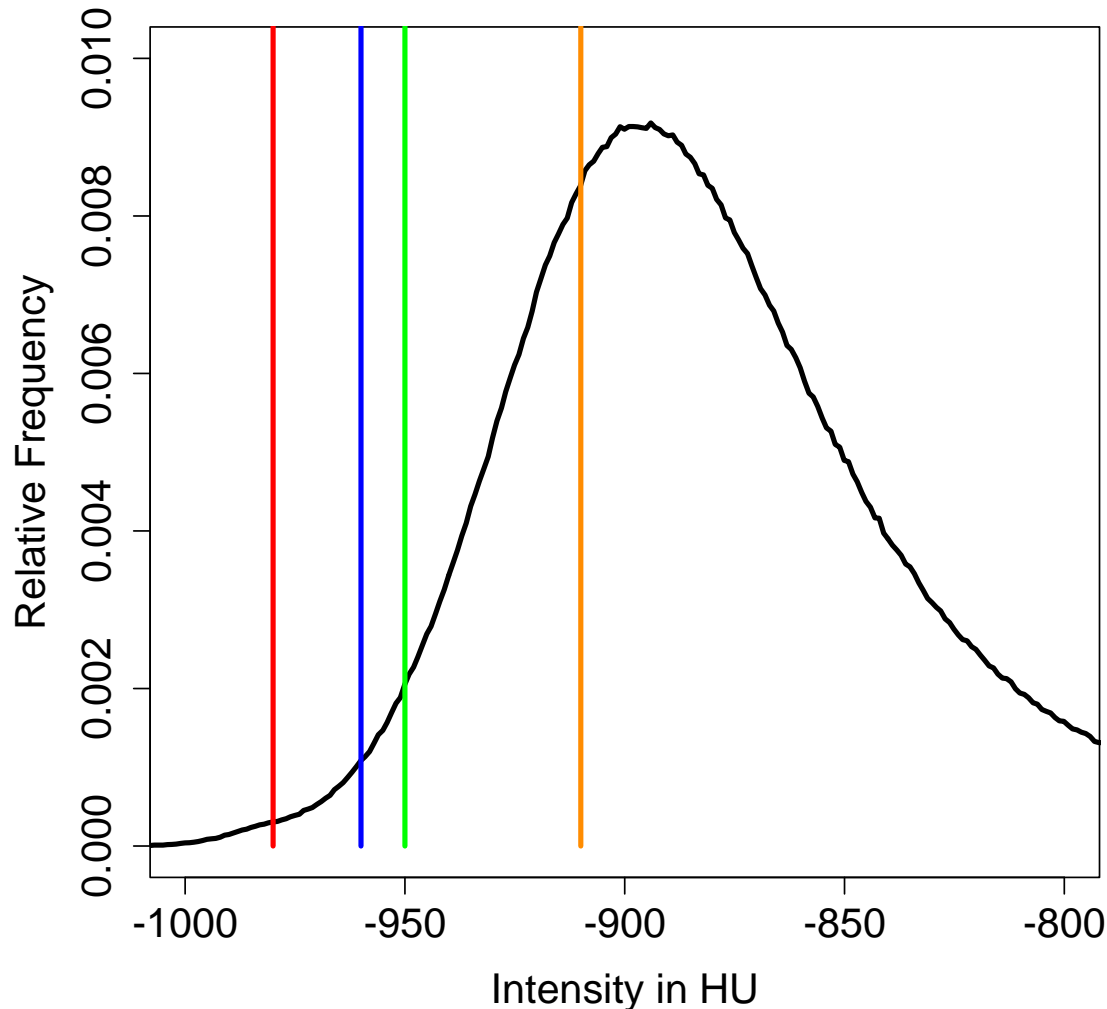
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- Low-dose regimen
  - Noisy images: challenge for measurement of Emphysema
  - Multiple-scans required for airway trapping measurement
  - Noise limits the depth to which airways can be measured
- Calibration
  - Image calibration is important for Emphysema measurement
- Changes in CT scanner settings
  - Dose (KVp,mAs), slice thickness, and recon filter affect EI measures
  - Changes in technology e.g. model based reconstruction
- Inspiration Level



# EI Thresholds

Histogram for Lung region

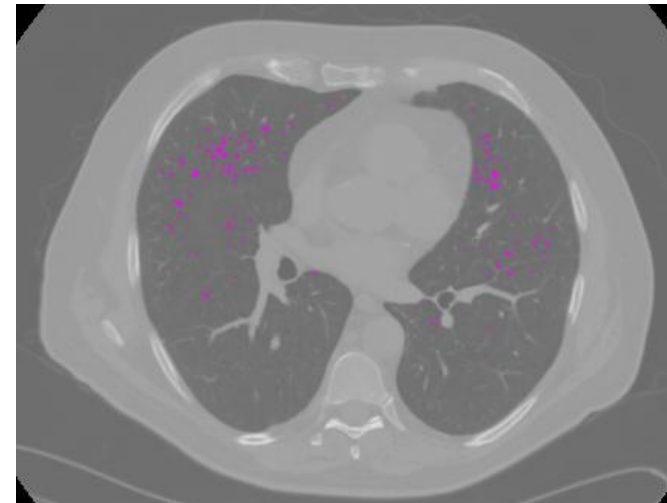


$EI_{-910} = 23.8\%$

$EI_{-950} = 2.5\%$

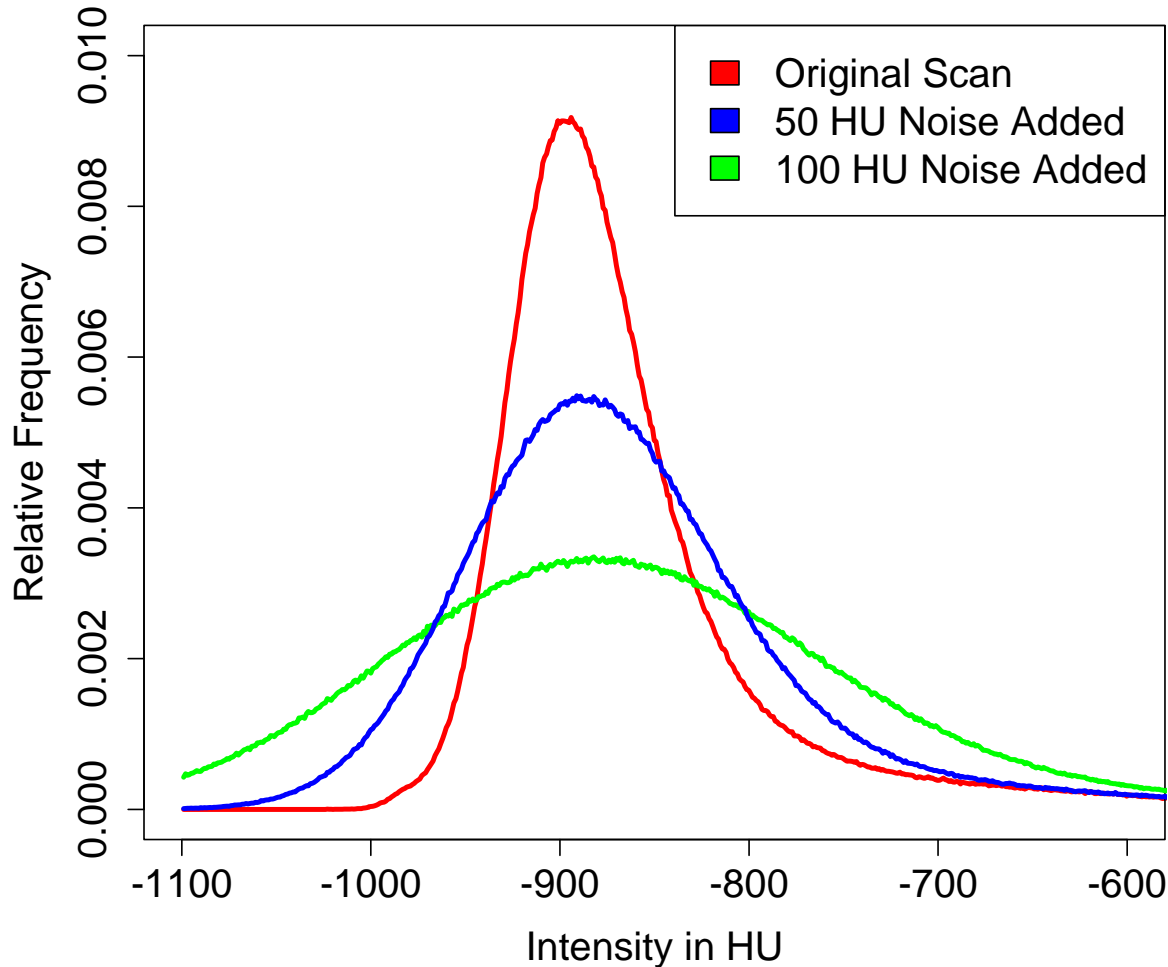
$EI_{-960} = 1.1\%$

$EI_{-980} = 0.1\%$



# Effect of Image Noise

Histogram for Lung region

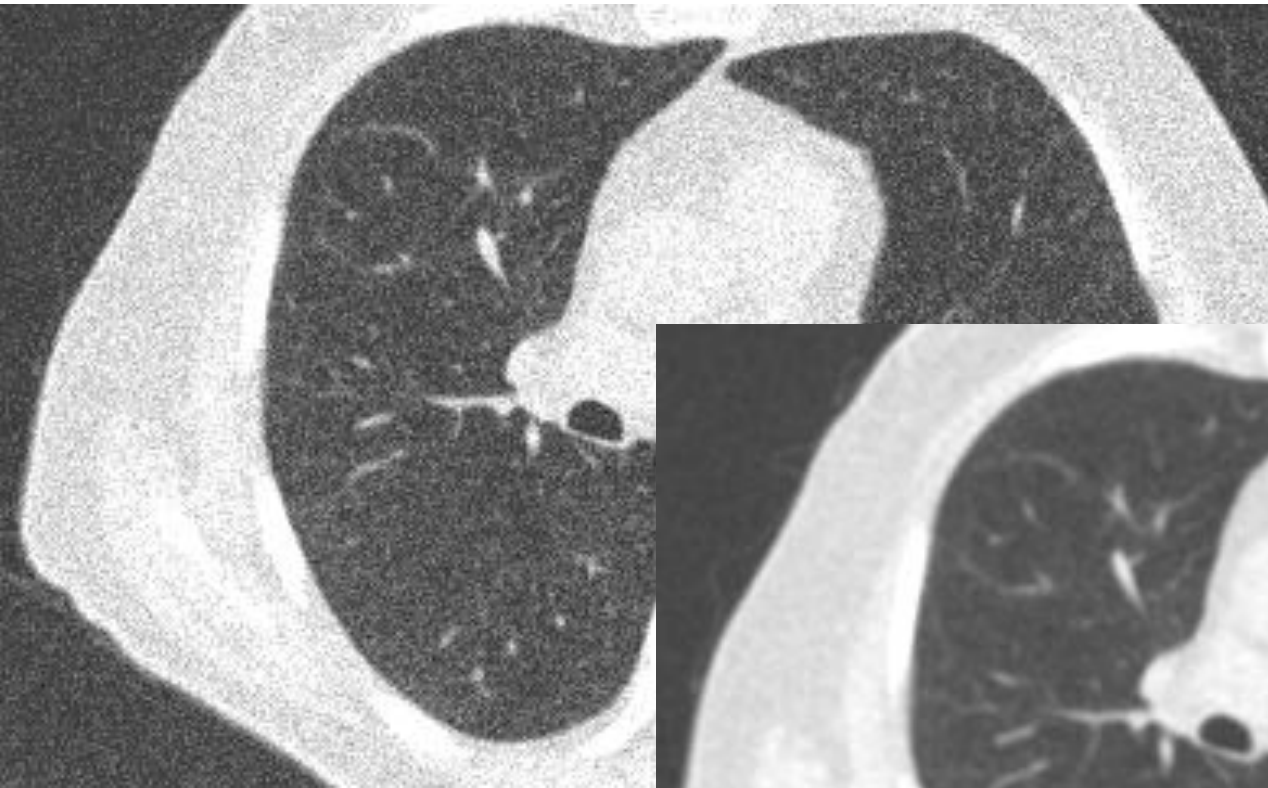


The effect of adding  
Gaussian noise of SD  
50 and 100 HU

LIDC  
120 kVp  
198 mAs  
1.25 mm  
16 MDCT



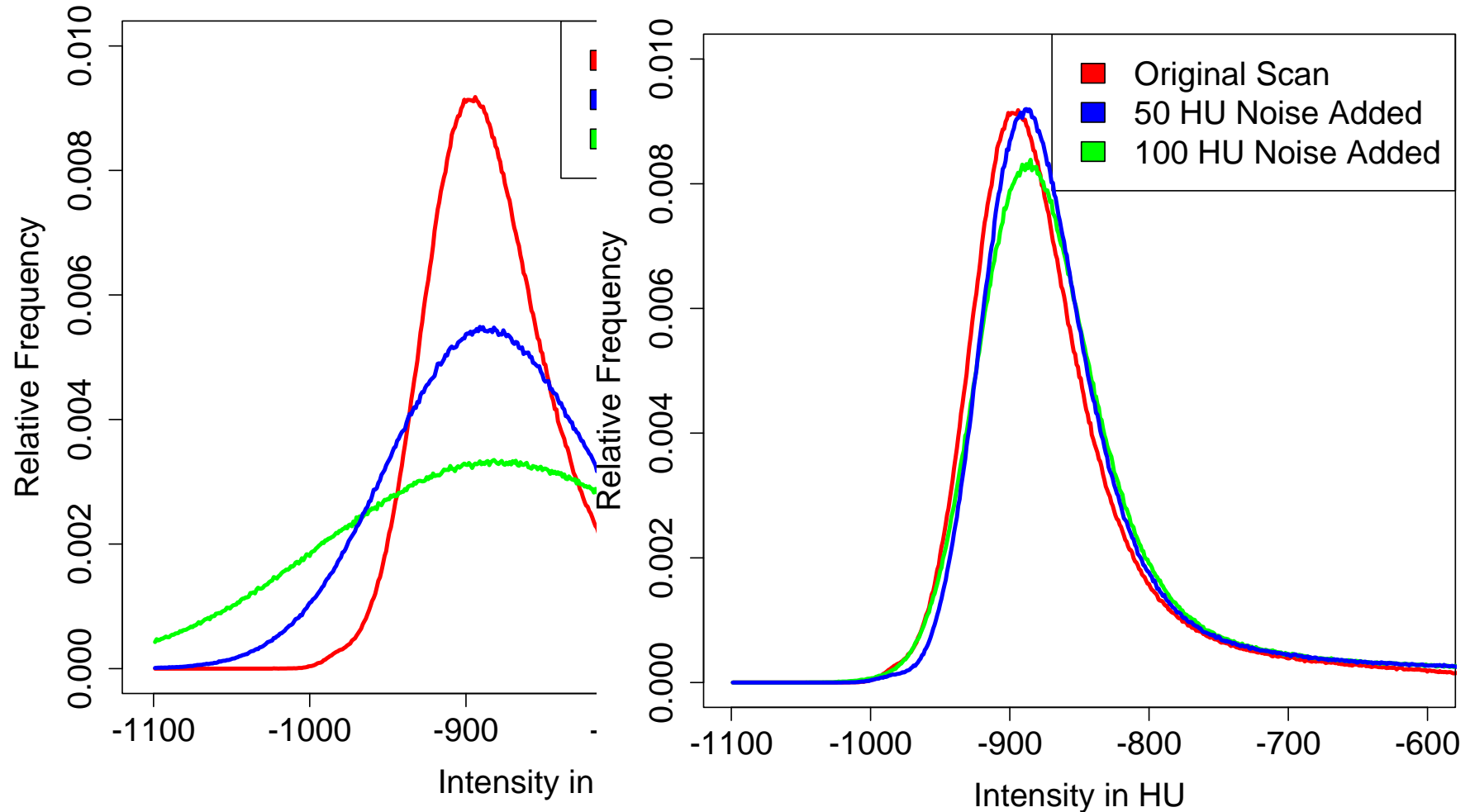
# Image Noise Filtering





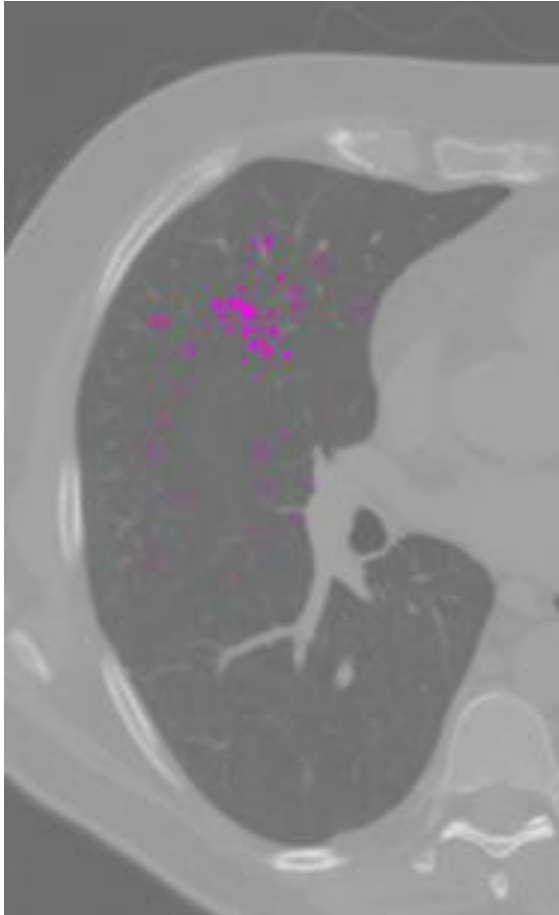
# Effect of Noise Filtering

Histogram for Lung regic

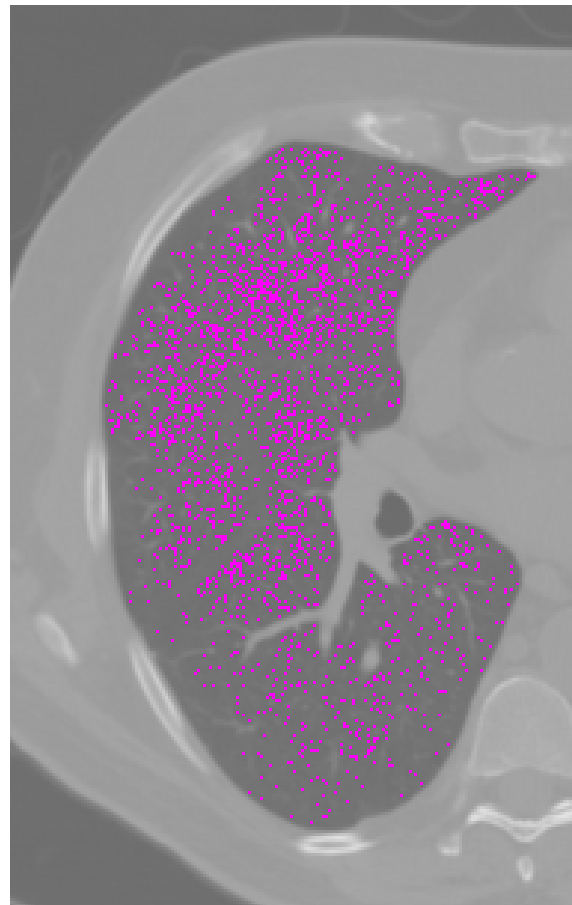


# Effect of Noise on Emphysema Index

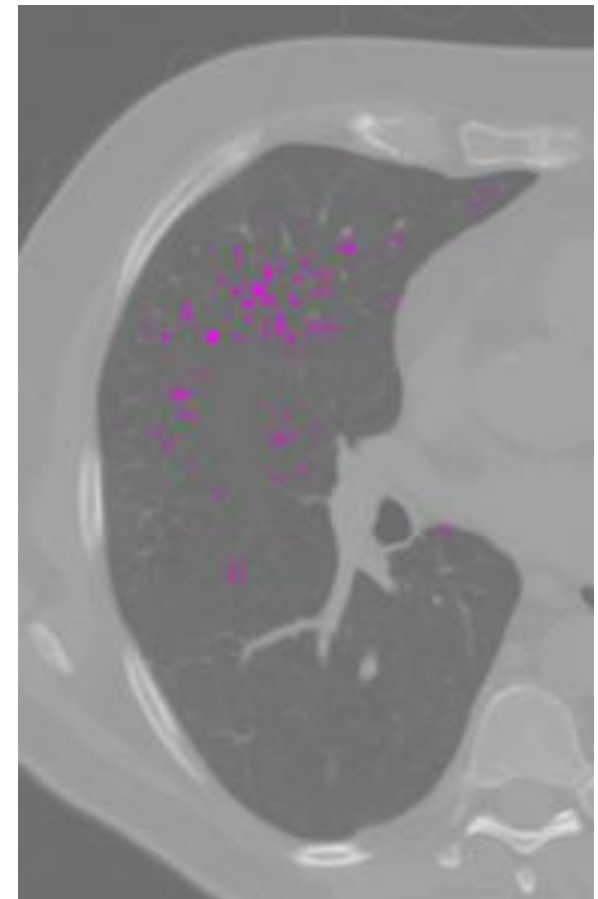
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EI (-950) for original scan



+50 HU noise

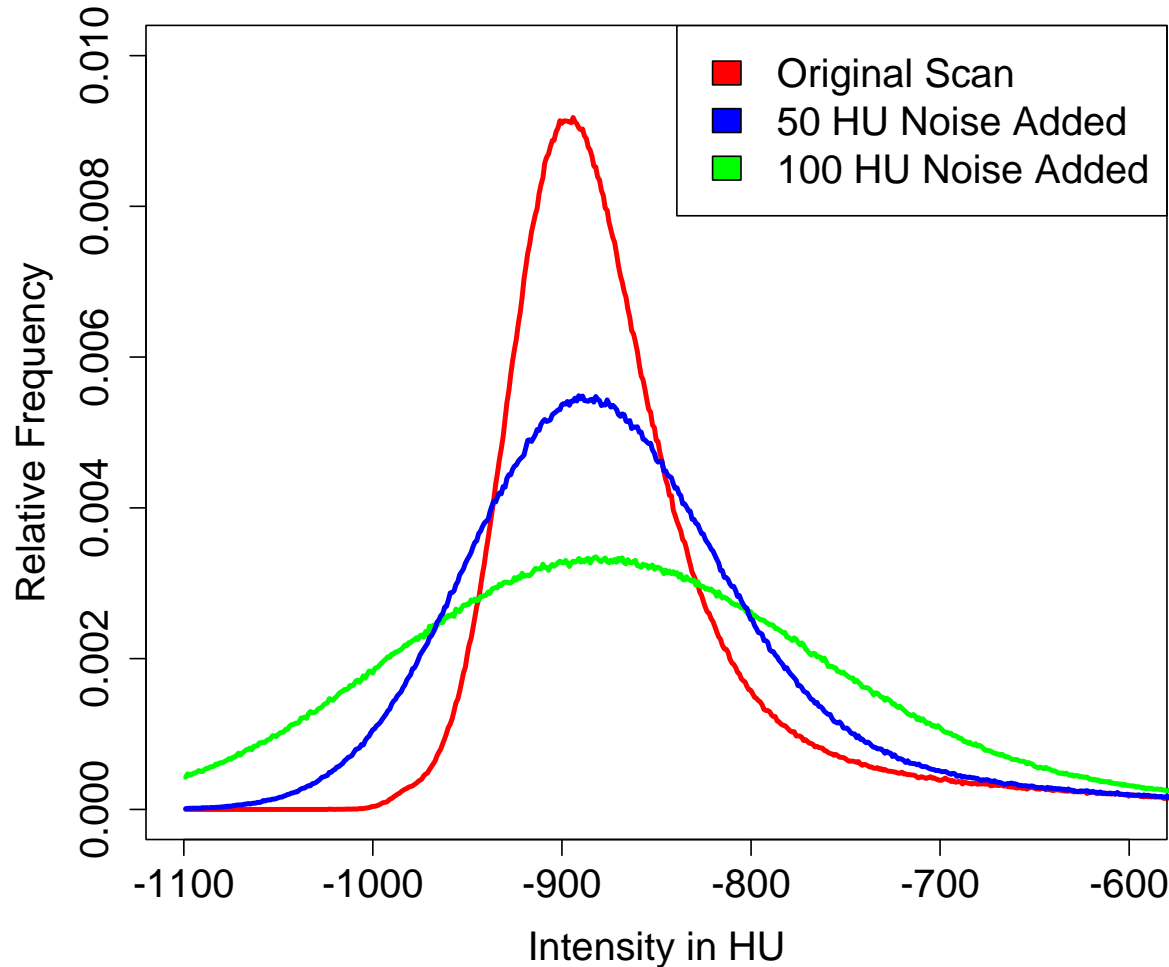


After noise filtering



# Effect of Image Noise

Histogram for Lung region



The effect of adding Gaussian noise of SD 50 and 100 HU

Before Filtering

$$EI_{-950} = 2.6\%$$

$$EI_{-950} = 13.0\%$$

$$EI_{-950} = 24.1\%$$

After Filtering

$$EI_{-950} = 1.3\%$$

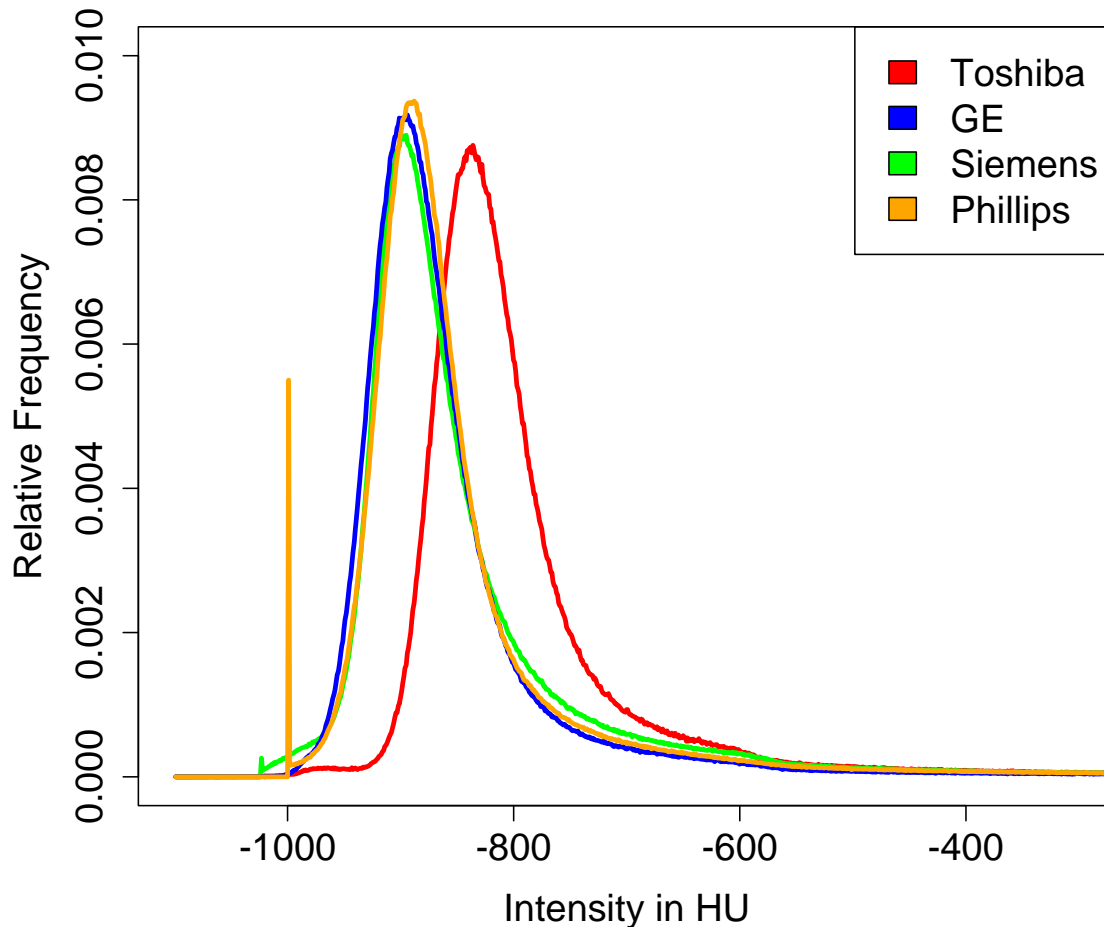
$$EI_{-950} = 2.6\%$$



# Manufacturers Low Cutoff

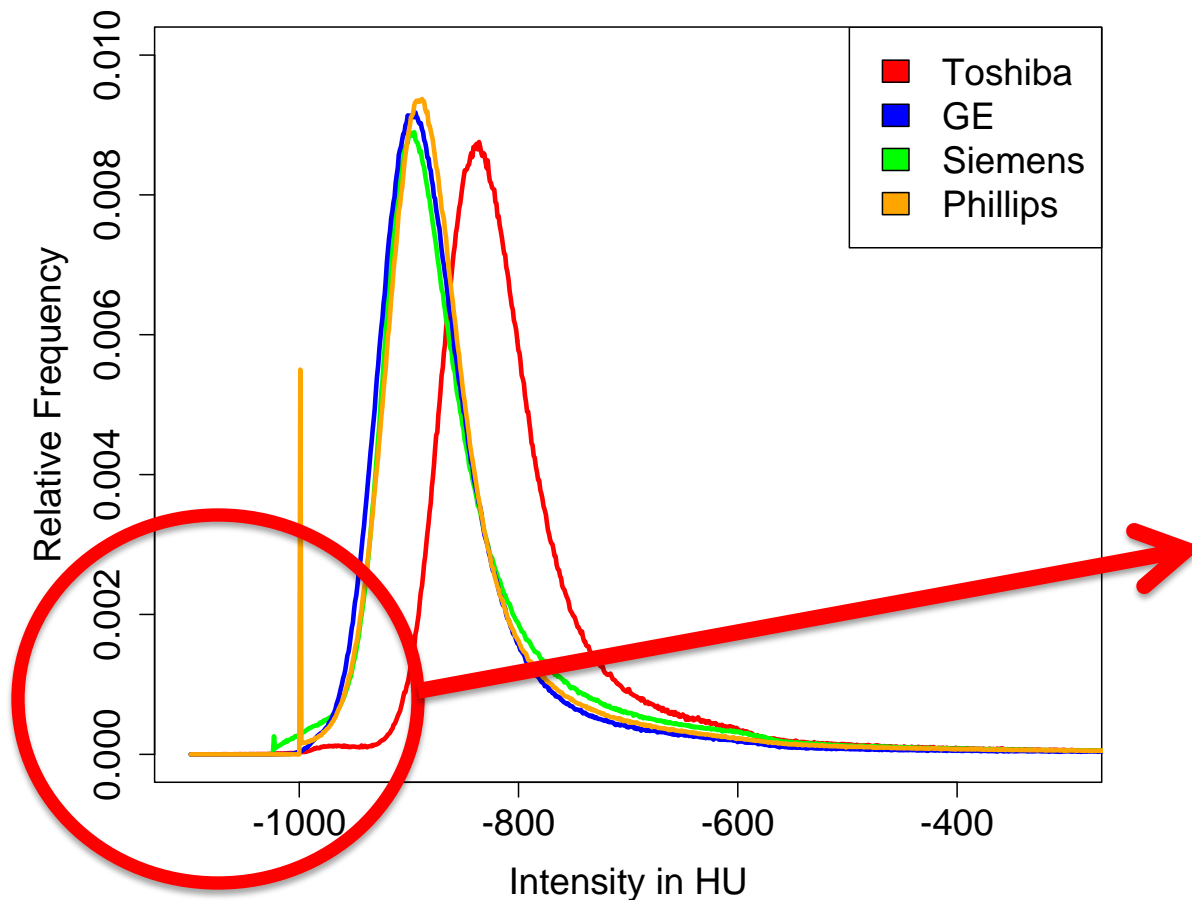
Example scans from 4 different Manufacturers

Histogram for Lung region

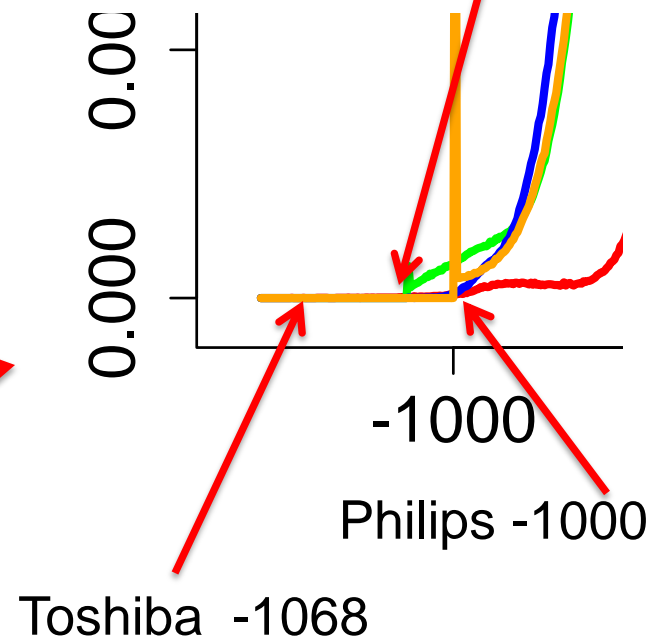


# Manufacturers Low Cutoff

Example scans from 4 different Manufacturers  
Histogram for Lung region

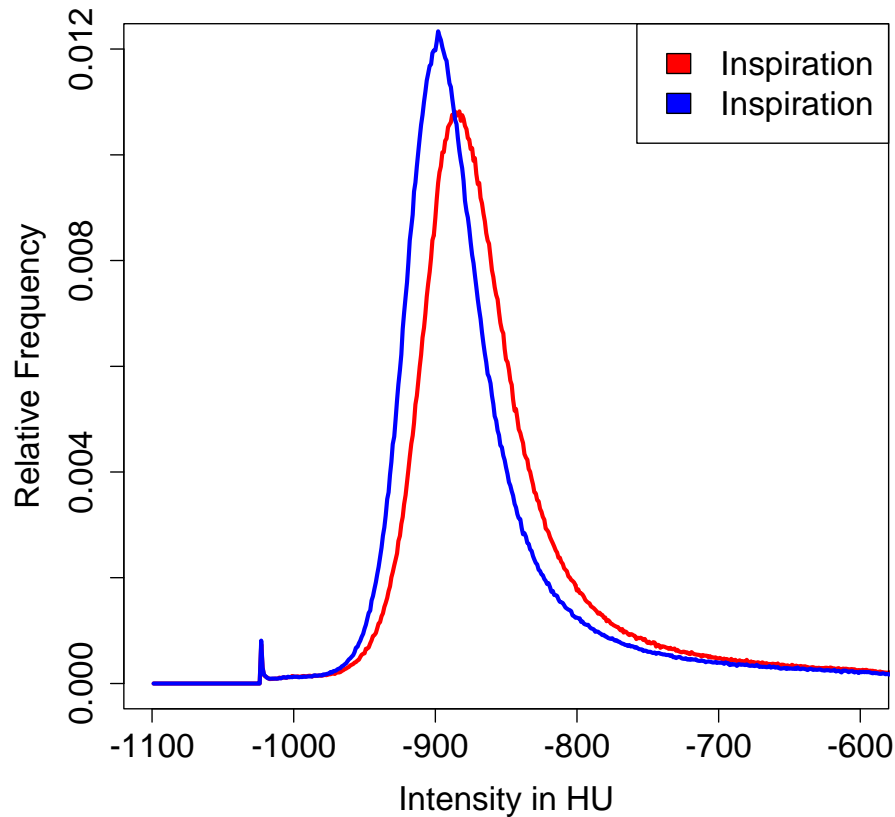


GE, Siemens -1024

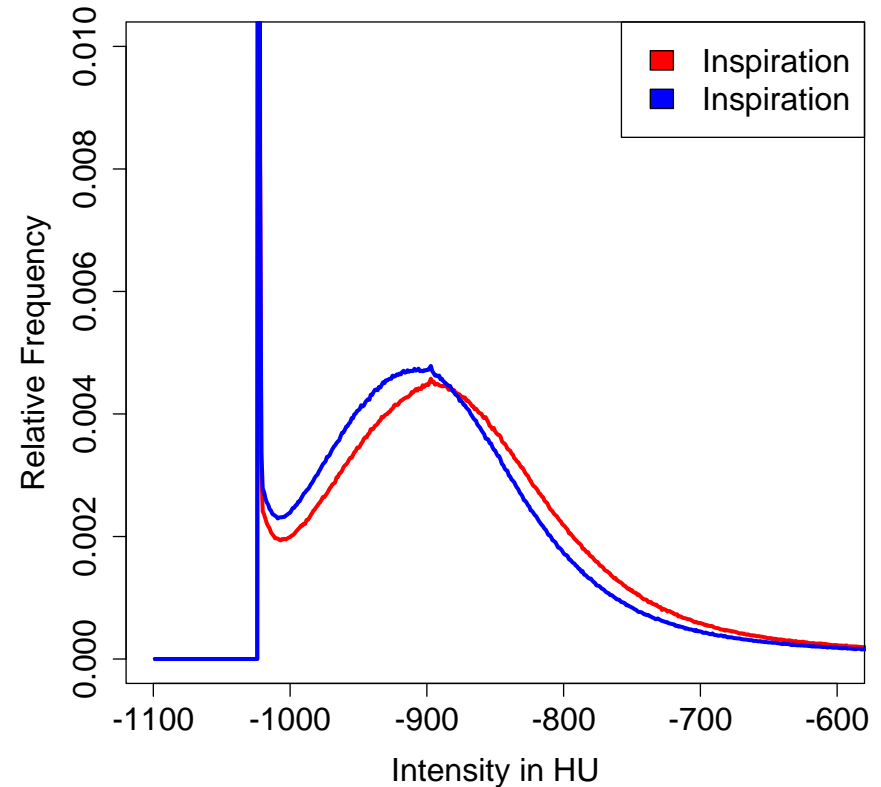


# Example: Difference in inspiration (9%)

Histogram for Lung region



Slice thickness 5 mm

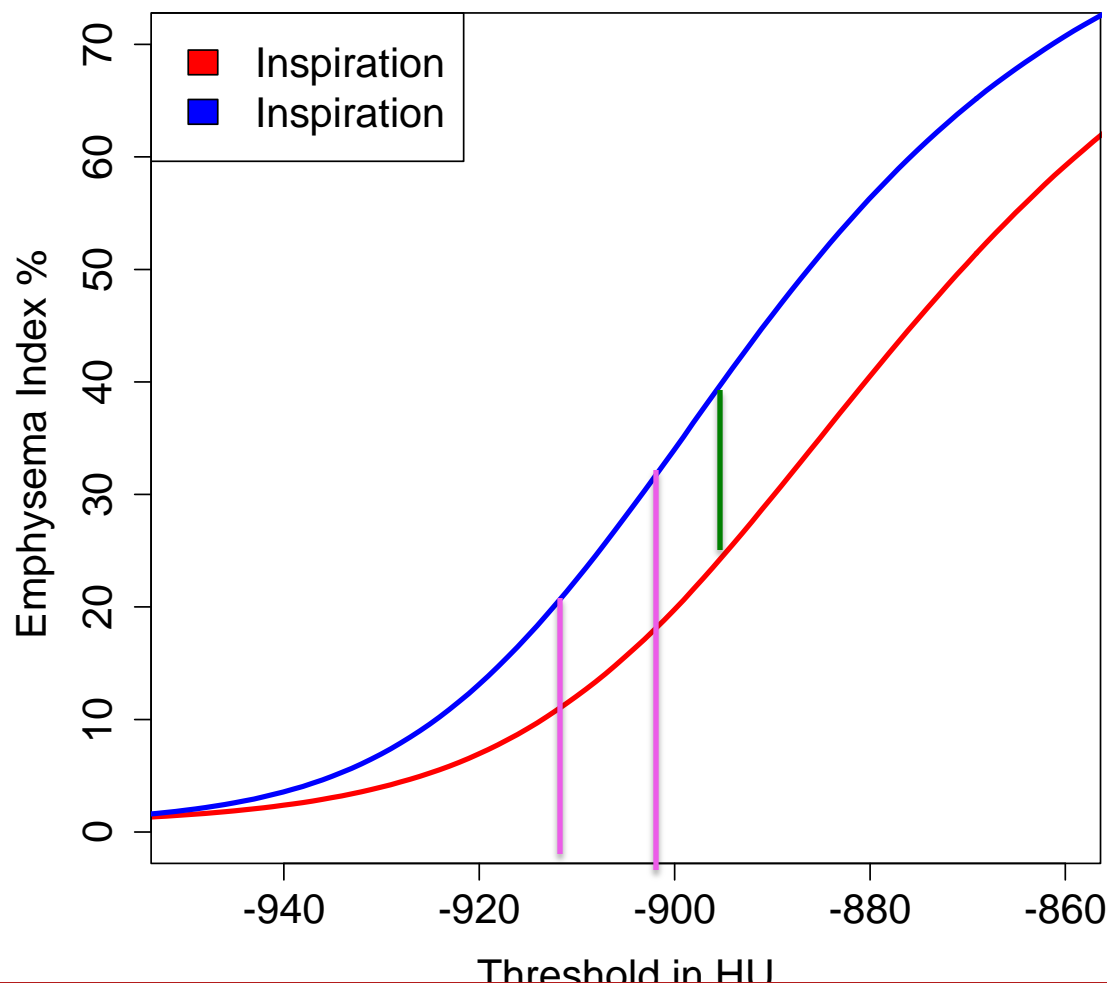


Slice Thickness 1.0 mm



# Effects of inspiration and calibration

- Lung histogram



10% change in EI due to inspiration change

10% change in EI due to 10 HU “calibration” change



# Conclusion

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- Challenges
  - Image noise
  - Subject inspiration level
  - Scanner parameter settings
  - Poor correlation with conventional function tests
- Opportunities
  - Low-cost (in the context of LC screening) evaluation of COPD and emphysema
  - Simple automated implementation
  - The importance of early diagnosis of COPD

