



Family Health Day

Saturday, March 23

10 am – 1 pm

Fun Run/Walk starts at 10:30 am

Kearney Family YMCA

1-mile Family Fun Run/Walk

FREE T-shirt for Runners

Nutrition/Healthy Activities

Inflatables for the Kids

Win bikes or iPod Nano



While you're at this exciting family event, visit the Prevent Cancer Super Colon™! It's an incredible, inflatable, interactive colon that teaches people about the risks, symptoms, prevention, early detection and treatment options for colorectal cancer. As visitors walk through the Prevent Cancer Super Colon™, they get a close-up look at healthy tissue, tissue with non-malignant colorectal diseases, as well as tissue with various stages of colorectal cancer.



+ CATHOLIC HEALTH
INITIATIVES

Good Samaritan Hospital

Kearney, Nebraska

www.gshs.org

The medical center, centered on you.