

- Score 0 points if patient has no cry/moan awake or asleep
- Score 1 point if patient has occasional moans, cries, whimpers, sighs
- Score 2 points if patient has frequent/continuous moans, cries, grunts

#### Consolability

- Score 0 points if patient is calm and does not require consoling
- Score 1 point if patient responds to comfort by touch or talk in  $\frac{1}{2}$  – 1 minute
- Score 2 points if patient require constant consoling or is unconsoled after an extended time

Whenever feasible, behavioral measurement of pain should be used in conjunction with self-report. When self-report is not possible, interpretation of pain behaviors and decision-making regarding treatment of pain requires careful consideration of the context in which the pain behaviors were observed.

Each category is scored on a 0–2 scale, which results in a total score of 0–10

#### Assessment of Behavioral Score:

0 = Relaxed and comfortable

1–3 = Mild discomfort

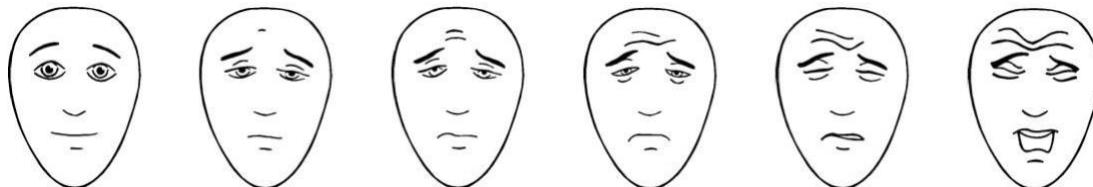
4–6 = Moderate pain

7–10 = Severe discomfort/pain

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**Source:** *The FLACC: A behavioral scale for scoring postoperative pain in young children*, by S Merkel and others, 1997, *Pediatr Nurse* 23(3), p. 293–297.

**Graphic 1. Faces Pain Scale – Revised (FPS-R)**



In the following instructions, say "hurt" or "pain", whichever seems right for a particular child. "These faces show how much something can hurt. This face [point to face on far left] shows no pain. The faces show more and more pain [point to each from left to right] up to this one [point to face on far right] — it shows very much pain. Point to the face that shows how much you hurt [right now]."

Score the chosen face 0, 2, 4, 6, 8, or 10, counting left to right, so "0" = "no pain" and "10" = "very much pain". Do not use words like "happy" or "sad." This scale is intended to measure how children feel inside, not how their face looks.

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#### References

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[Go To TOC](#)