

Adult Male Patients							
Height	IBW kg	Lung-Protective		Resuscitative		Metabolic	
		6 ml/kg		10 ml/kg		8 ml/kg	
		Vt	Initial f	Vt	Initial f	Vt	Initial f
5'0"	50	300	12	500	12	400	20
5'1"	52	314	12	523	12	418	20
5'2"	55	328	12	546	12	437	20
5'3"	57	341	12	569	12	455	20
5'4"	59	355	12	592	12	474	20
5'5"	62	369	12	615	12	492	20
5'6"	64	383	12	638	12	510	20
5'7"	66	397	12	661	12	529	20
5'8"	68	410	12	684	12	547	20
5'9"	71	424	12	707	12	566	20
5'10"	73	438	12	730	12	584	20
5'11"	75	452	12	753	12	602	20
6'0"	78	466	12	776	12	621	20
6'1"	80	479	12	799	12	639	20
6'2"	82	493	12	822	12	658	20
6'3"	85	507	12	845	12	676	20
6'4"	87	521	12	868	12	694	20
6'5"	89	535	12	891	12	713	20
6'6"	91	548	12	914	12	731	20

Source: NIH-NHLBI ARDS Network

Adult Female Patients							
Height	IBW kg	Lung-Protective		Resuscitative		Metabolic	
		6 ml/kg		10 ml/kg		8 ml/kg	
		Vt	Initial f	Vt	Initial f	Vt	Initial f
5'0"	46	273	12	455	12	364	20
5'1"	48	287	12	478	12	382	20
5'2"	50	301	12	501	12	401	20
5'3"	52	314	12	524	12	419	20
5'4"	55	328	12	547	12	438	20
5'5"	57	342	12	570	12	456	20
5'6"	59	356	12	593	12	474	20
5'7"	62	370	12	616	12	493	20
5'8"	64	383	12	639	12	511	20
5'9"	66	397	12	662	12	530	20
5'10"	69	411	12	685	12	548	20
5'11"	71	425	12	708	12	566	20
6'0"	73	439	12	731	12	585	20
6'1"	75	452	12	754	12	603	20
6'2"	78	466	12	777	12	622	20
6'3"	80	480	12	800	12	640	20
6'4"	82	494	12	823	12	658	20
6'5"	85	508	12	846	12	677	20
6'6"	87	521	12	869	12	695	20

Source: NIH-NHLBI ARDS Network