



- d. Severe head injury – Elevate head of bed 30 degrees
5. Transport destination specific to head trauma
  - a. Preferential transport to highest level of care within trauma system:
    - i. GCS 3–13, P (pain) or U (unresponsive) on AVPU scale
    - ii. Penetrating head trauma
    - iii. Open or depressed skull fracture

### **Patient Safety Considerations**

1. Do not hyperventilate patients: Maintain all patients in EtCO<sub>2</sub> range of 35–45 mmHg
2. Assume concomitant cervical spine injury in patients with moderate/severe head injury
3. **Geriatric Consideration:** Elderly patients with ankylosing spondylitis or severe kyphosis should be padded and immobilized in a position of comfort and may not tolerate a cervical collar
4. **Pediatric Consideration:** Children have disproportionately larger heads. When securing pediatric patients to a spine board, the board should have a recess for the head, or the body should be elevated approximately 1–2 cm to accommodate the larger head size and avoid neck flexion when immobilized

### **Notes/Educational Pearls**

#### **Key Considerations**

1. Head injury severity guideline:
  - a. **Mild:** GCS 14–15/AVPU = (A)
  - b. **Moderate:** GCS 9–13/AVPU = (V)
  - c. **Severe:** GCS 3–8/AVPU = (P) or (U)
2. Important that clinicians be specifically trained in accurate neurologic status assessment [See [Appendix VII. Neurologic Status Assessment](#)]
3. If endotracheal intubation or invasive airways are used, continuous waveform capnography is required to document proper tube placement and assure proper ventilation rate and minute volume (preventing both hyperventilation [too fast] and overventilation [too much])
4. Herniation is difficult to diagnose in the prehospital setting. Hyperventilation results in vasoconstriction which further decreases blood flow to the brain and worsens the secondary brain injury.

### **Pertinent Assessment Findings**

1. Neurologic status assessment findings
2. Pupils
3. Trauma findings on physical exam

### **Quality Improvement**

#### **Associated NEMSIS Protocol(s) (eProtocol.01)** (for additional information, go to [www.nemsis.org](http://www.nemsis.org))

- 9914101 – Injury - Head

#### **Key Documentation Elements**

- High-flow oxygen with non-rebreather (NRB) mask
- Airway status and management
- EtCO<sub>2</sub> monitored and documented for all traumatic brain injury (TBI) patients with advanced airway and strict avoidance of hyperventilation, overventilation, and hypocapnia)