

Additional Resources

- *The Chimp Paradox: The Mind Management Program to Help You Achieve Success, Confidence, and Happiness* by Dr. Steve Peters
- *Emotional Intelligence: Why It Can Matter More Than IQ* by Daniel Goleman
- *HBR's 10 Must Reads on Emotional Intelligence* by Harvard Business Review
- *Thinking, Fast and Slow* by Daniel Kahneman
- *Working with Emotional Intelligence* by Daniel Goleman