

# **Indian Nursing Council (Diploma in Public Health Nursing) Regulations, 2020**

UNION OF INDIA

India

## **Indian Nursing Council (Diploma in Public Health Nursing) Regulations, 2020**

### **INDIANNURSINGCOUNCIL F-NO-11-1-2019-INC- of 2022**

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.No. 11-1 /2019 -INC . –In exercise of the powers conferred by sub -section (1) of Section 16 of Indian Nursing Council Act , 1947 (XLVIII of 1947 ), as amended from time to time , the Indian Nursing Council hereby makes the following regulations , namely :

#### **1. SHORT TITLE AND COMMENCEMENT**

i. These Regulations may be called the Indian Nursing Council (Diploma in Public Health Nursing ), Regulations ,2020.ii . These shall come into force on the date of its notification in the Official Gazette of India.

#### **2. DEFINITIONS**

In these Regulations , unless the context otherwise requires,i. 'the Council 'means the Indian Nursing Council constituted under the Act ;ii. 'RN & RM ' means a Registered Nurse and Registered Midwife (RN & RM) and denotes a nurse who has completed successfully ,recognized Bachelor of Nursing (B.Sc. Nursing ) or Diploma in General Nursing and Midwifery (GNM ) course , as prescribed by the Council and is registered in a SNRC as Registered Nurse and Registered Midwife ;iii. 'RANM ' means a Registered Auxiliary Nurse Midwife and denotes an Auxiliary Nurse Midwife who has completed successfully , recognized Auxiliary Nurse Midwifery (ANM ) course as prescribed by the Council and is registered in a SNRC as Registered Auxiliary Nurse Midwife ;iv . 'RLHV ' means a Registered Lady Health Visitor and denotes a Lady Health Visitor who has completed successfully ,recognized Lady Health Visitor (LHV ) course as prescribed by the Council and is registered in a SNRC as Registered Lady Health Visitor.

### 3. INTRODUCTION

India is a vast country with a huge population. Though, there is a recent shift from the villages to cities and towns, most of the people of India still live in the rural areas. Health Sub Centers and Primary Health Centers are the primary focal point of delivery of health care services of the community. The health care of the rural and urban masses rest on the shoulders of the ANM (MPHWs), LHV and the Public Health Nurses (PHNs). They are the liaison between the community health care system and institutional health care system. These health work forces are expected to provide a wide range of important comprehensive health services to the community. Provision of Comprehensive Primary Health Care (CPHC) is the main focus of the National Health Policy, 2017, pertaining to primary health care, through establishment of Health and Wellness Centers (HWCs). The Ministry of Health and Family Welfare (MoH & FW), Government of India envisages competent nursing personnel to be placed at these centers as well as in Primary Health Centers to organize and provide health care. MoH & FW and the Council have examined the career path for in-service cadre of nursing personnel working in the public health department. Under the National Health Mission (NHM), task shifting is recommended to the cadre of service providers. The Council has committed itself to develop a structured career path for ANMs, LHVs and GNMs. It was recommended that the LHVs with four years of service and an additional one year of training will be eligible to become Block Public Health Nurses. In view of improving the standards of Public Health Nursing, the Council has prepared this syllabus for promotional training for LHVs /GNMs. It is envisioned that this would help in the development of a competent nursing workforce in the community for universal access to good quality health care services and thereby enabling our country to attain the sustainable development goals.

### 4. PHILOSOPHY

The Council believes that the LHVs and GNMs need to be further trained to become the Block PHNs to function in various emerging public health areas of practice and the training should be competency based. This one year of additional training program would prepare the LHVs with skills and knowledge to deliver competent, intelligent and appropriate care to individuals, families and communities in the block level.

### 5. CURRICULAR FRAMEWORK

The Diploma in Public Health Nursing (DPHN) is a one year training program and its curriculum is conceptualized encompassing foundational short courses and major specialty courses for public health nursing and management. The foundations to public health nursing such as applied microbiology and pathology, Nutrition and food safety, Information, Education and Communication including individual and family education and counselling and the major specialty courses are organized under Community Health Nursing -I & Community Health Nursing -II. Community Health Nursing -I comprises of introduction to community health nursing, organization of public health care delivery system, Comprehensive primary health care services, Epidemiology, Health Information Management System (HIMS) and National Health programs. Community Health Nursing -II comprises of Reproductive Child Health including Adolescent health (RMNCH + A),

Population dynamics and control , Specialized role of public health nurses : Geriatric Health care, Palliative care , Oncology nursing , Rehabilitation nursing , School health nursing , Occupational health nursing ,Quality Assurance in Community health nursing practice , Emergency and disaster management , Community health nursing administration : Management and supervision , leadership and resource management are the short courses that aim to provide the trainees with the knowledge , attitude and competencies essential to function as accountable , safe and competent public health nurses .

## **6. AIM**

This program aims to prepare LHVs to function in the capacity of Public Health Nurses enabling them to provide comprehensive health care to individuals , families and communities at the block level . It further aims to equip themselves as public health nurses in the Primary Health Care centers and Health Wellness Centers . This additional training program also prepares them to be efficient managers at the middle level as well as at the district level in monitoring and supervising the activities of MPHVs and Lady Health Visitors , in the efficient implementation of national health programs and policies , collect , analyze , manage and utilize public health data and to promote harmony and efficiency within the health team to improve the quality of health care .

## **7. . COMPETENCIES**

On completion of the program , the trainees (Block Public Health Nurse ) will be able to :i. Apply basic sciences in the assessment ,diagnosis and treatment of the physiological, physical, psychological, social and spiritual problems of individuals and their families with various communicable and non-communicable diseases.ii . Relate the influence of environmental factors and sanitation on health and diseaseiii. Identify the importance of food safety in prevention of food borne diseasesiv . Provide health education /counseling to individuals and families applying the principles and techniques of behavior change appropriate to community settingsv . Communicate effectively with individuals , families and professional colleagues fostering mutual respect and shared decision making to enhance health outcomesvi . Use epidemiological approach in community diagnosisvii . Provide reproductive maternal newborn and child health care including adolescent careviii . Demonstrate specialized practice competencies /skills relevant in providing community based care to patients with diseases and disordersix . Demonstrate skills in implementing various national health programs in the communityx . Participate actively in the special roles such as school health nurse , occupational health nurse ,disaster nursexi . Understand the role of a block public health nurse in health information management and manages public health data effectivelyxii . Demonstrate understanding of leadership and resource management strategies and use them in public health care settings promoting collaborative and effective teamworkxiii . Demonstrate skill in managing the sub center , primary health center /community health center /first referral units , and health wellness centersiv. Demonstrate skills in the supervision of other health workers and members of health team in the field practice areaxv . Conduct special clinics and organize special programs in the community as per the emerging need.

## **8. SCOPE OF PRACTICE**

On completion of the program and certification ,the Lady Health Visitors should be employed in the public health system as a public health nurse in the block level.

## **9. GUIDELINES FOR IMPLEMENTATION OF PROMOTIONAL TRAINING PROGRAM FOR LADY HEALTH VISITORS**

### **1. The program can be offered at**

Government School of Nursing /Public Health Oriented Training Centre

### **2. Faculty :**

a. Qualification and Experience of Teachersb . Full time teaching faculty in the ratio of 1:10C. Guest faculty : multi -disciplinary in relation to the subjects /courses .

### **3. Budget :**

a. There should be separate budgetary provision for staff salary , honorariums for guest faculty and part time teachers , clerical assistance , library and contingency expenditure for the program in the overall budget of the institution.

### **4. Physical and learning resources :**

a. Class room /conference room 1b. Teaching aids :c. Community Health Nursing Skill lab for simulated learning at the instituted. Library and computer with internet facilitye.C.a .i. OHPii. LCD projector with laptopiii . Manikins and simulators for learning Office :i. Services of DEO and MTSii. Computer with printer ,Xerox machineiii. Telephone facilities

### **5. Clinical facilities :**

a. The institution should have adopted at least 30,000 rural population and 20,000 urban population .b. Permission to utilize the Government Primary Health Centers /Community Health Centers and Sub Centers.c. Residential facilities at the PHC /CHC.

### **6. Admission Terms and Conditions :**

A candidate should havei. Undergone the LHV course with minimum of four years of service experience .ii. RN & RM or equivalent with 5 years ' service experience .iii. Age Limit :Should be less than 50 years .iv . Be physically fit.b . Selection should be made based on the seniority -cum -merit .C. Number of seats 20-30 as per the availability of community field practice area .

## **7. Salary /stipend :**

a . In -service candidates will get their regular salary

## **10. EXAMINATION GUIDELINES**

Examinations would be conducted by the examination board or university .

### **1. Eligibility for appearing in the exam :**

a . Attendance :theory and practical - 100 % b . Internal examination :not less than 50 % in theory and practical  
For each subject the marks required for qualifying shall be 50 % in Theory and Practical separately in each semester . 80 % of the total marks should be termed as distinction .

## **11. CERTIFICATION**

### **150.**

Marks be given for internal assessment , for Theory & Practical .Internal assessment should be done by tests , assignment throughout the session .Practical Internal assessment should be based on Clinical experience , field Experience .Students must secure minimum 50 % marks in the Theory Paper (external ) to pass and 50 % marks in the Practical exam (external ).A candidate has to pass in theory and practical exam separately in each of the paper .If a candidate fails in either theory or practical paper he /she has to re -appear for both the papers (Theory and Practical ) along with next batch .

### **3. Practical examination :**

a . OSCE : Objective Structured Clinical Examination type of examination should be followed for 50 % of the marks alongside viva in the internal and final examination . b . Maximum number of students per day : 10 students . c . Examination should be held in the clinical area only . d . The team of practical examiners would include one internal and one external examiner . Teachers of the Diploma in Public Health Nursing program is preferred .A candidate who fails to pass in 3 attempts will be discontinued from the course i.e. a candidate will get an opportunity to pass the semester examination in 3 attempts including first attempt .The course is compulsorily a residential program .

**80. % attendance in theory and 100 % in practical & field training is compulsory for eligibility to appear**

for the examination .

#### **4. Standard of passing :**

The candidate should obtain at least 50 % marks separately in internal assessment and external examination in each of the theory and practical papers .Less than 60 % is second division .

#### **60. % to 75 % is first division .**

More than 75 % is distinction .Students will be given opportunity of maximum 3 attempts for passing .

### **12. PROGRAM STRUCTURE :**

#### **1. Title : Diploma in Public Health Nursing**

#### **2. A diploma is awarded on the successful completion of the prescribed study program which will state that :**

a. Candidate has completed the prescribed course of study.b. Candidate has completed 100 % requirements of the clinical experience.C. Candidate has passed the prescribed examination.d. Any type of leave taken by the candidate during the course period should be compensated before the completion of the course for the award of the Diploma.Course break -up  
:Total weeks in a year Vacation (AL + CL + SL + public holidays )Exam preparation and examinationTheory and practical experienceImplementation of curriculum :Block classes 2 weeks × 40 hoursResidency of 42 weeks × 45 hours per weekTotal:52 weeks= 6 weeks

#### **2. weeks**

#### **44. weeks= Theory**

Lab/Skill Lab Hours-

#### **110. 30**

#### **200. hours 40 weeks**

Clinical Experience

#### **40. + 720 hours**

= 80 hours= 1890 hours= 1970 hoursBlock classes (Theory and Skill lab experience ) = 2 weeks × 40 hours per week (80 hours )(Theory = 74 hours , Skill lab = 6 hours , total 80 hours )(1 + 16 weeks )Clinical practice including theory and skill lab = 42 weeks x 45 hours per week (1890 hours

)(Theory = 126 hours , Skill lab = 34 hours , Clinical = 1730 hours )Theory = 200 hours , Skill lab = 40 hours , Clinical = 1730 hours (10 % : 90 % )Field experience

**23.**

### **1730. hours (38**

weeks )Field experience should start after 70 % of the theory is completed .Students should be posted in the Community Health Center /Block PHC /PHC for residential posting .C. Students should be posted for 8 hour duty during the day .PlacementsThe students will be posted to the under mentioned clinical area during their training period.For course description details visit - <https://ia801507.us.archive.org/16/items/in.gazette.central.e.2022-10-10.239558/239558.pdf>