



WAKE UP REFRESHED WITH FITORBIS!

- SAY GOODBYE TO GROGGY MORNINGS
- HELLO TO A MORE ACTIVE WAKE-UP ROUTINE!
- DATE - 20/05/2024

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THE BATTLE AGAINST SLEEP INERTIA

Difficulty waking up is common, with 42% reporting struggles.

1. Feeling groggy despite a full night's sleep
2. Impact of sleep inertia on alertness
3. Snoozing alarm exacerbates the issue

ROOTS OF SLEEP INERTIA

Reduced blood flow to the brain contributes to sleep inertia.

- Study findings on snoozing and sleep inertia extension
- Impact of blood flow on wakefulness

INTRODUCING FITORBIS

FITORBIS – The AI Alarm Clock

A Smarter Alarm Clock Solution

Features:

- Requires physical activity to turn off
- Uses a camera to analyze movement
- Eliminates snoozing habit

WAKE UP WITH ACTIVITY

Simple steps to a refreshed morning

- Place watch in front and step back for capture
- Complete designated task (e.g., 10 push-ups)
- Alarm turns off automatically upon task completion



WHY CHOOSE FITORBIS ??

Key Benefits :-

- Promotes physical activity in the morning
- Prevents snoozing habit formation
- Enhances alertness and productivity throughout the day

The background is a blue gradient with decorative white circuit-like lines in the corners. These lines consist of straight segments and small circles, resembling a stylized electronic circuit board.

Q&A && THANK YOU