



## Gut Health Test Report

The attached results are from the Gut Health microbiome test. This test uses shotgun metagenomic sequencing to identify all microbes (i.e., bacteria, viruses, fungi, archaea) present during sampling.

This microbiome report is intended to be used exclusively for wellness purposes and to educate you about the microbes in your body. This test is not intended to diagnose or treat disease, nor is it a substitute for a physician's consultation. The microbes referenced in your report and their associations are based on emerging scientific research. These insights were determined by evaluating current research and may change over time to reflect the most up-to-date research available.

### About Tiny Health

Tiny Health provides at-home gut microbiome testing for all ages and vaginal microbiome testing for ages 18 and older, with specific insights tailored for each phase of life: infants, toddlers, children, and adults. We also have specific insights for those who are pregnant or trying to conceive.

Tiny Health metrics are based on tens of thousands of samples reflecting both publicly available reference samples and proprietary Tiny Health customer data.

### About our technology

This test uses shotgun metagenomic sequencing, the gold standard in microbiome research. Our report produces a comprehensive, high resolution picture of the microbiome compared to more traditional PCR tests, which are limited to a subset of microbes, or 16S methods, which have limited resolution.

All our tests are processed in a CLIA-certified lab using customized, proprietary technology. With strain-level precision, our test can detect over 120,000 microbes (i.e., bacteria, viruses, fungi, archaea, and many parasites) commonly found in gut and vaginal microbiomes.

### For practitioners

We're building a community of practitioners who want to help patients understand the root cause of symptoms and conditions and be supported by the latest evidence-based microbiome research.

If you want to access our practitioner resources or have any questions for our scientific and clinical team, please contact us at [practitioners@tinyhealth.com](mailto:practitioners@tinyhealth.com).

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