



Post Operative / Procedure Nursing Care Plan

Date 26/10/24

D3 / D1

Time	Patient Specific Nursing Needs	Measurable Goal	Nursing Interventions	M	E	N	Evaluation / Outcome	Time Date Name & ID
Q 2pm 10P	Pain	<input type="checkbox"/> The patient will have less pain as indicated in the pain reassessment form. <input type="checkbox"/> _____ <input type="checkbox"/> _____	<ul style="list-style-type: none"> Evaluate location, character, quality and severity of pain. Reassure patient and family. Administer pain medication as prescribed and as needed. Observe for any changes in vital signs. Maintain proper positioning of patient. Assist or turn patient every two hours. Assess incision area every 8 hours of redness, heat, induration, swelling, separation and drainage. Instruct patient and family about effect and side effect of analgesia and how to prevent and manage side effect. <u>On dressing</u> 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Pain relieved. <input type="checkbox"/> Verbalizes that he/she is comfortable and not in acute stress. <input type="checkbox"/> No signs of incisional infection evident. <input type="checkbox"/> Increase interaction with family and friends. <input type="checkbox"/> _____	 13/01/24 93446 / 10
Q 2pm 10P	Anxiety	<input type="checkbox"/> Patient will cope properly with his illness and react positively to his surroundings.	<ul style="list-style-type: none"> Explain all procedures to patient or family members in simple terms Assess for pain and medication before painful procedures. Maintain calm & restful environment. Encourage verbalization of feelings & dimensional therapy. Help patient to cope with outcomes of surgery. Provide comfortable position to enhance sleep. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> States the anxiety is at manageable level. Free of anxiety Participate with health care team in treatment regimen. <input type="checkbox"/> Uses coping skill as verbalization, pain relief. <input type="checkbox"/> Verbalized of uninterrupted sleep	 13/01/24 93446 / 10