



PAIN RE-ASSESSMENT FORM

DIAGNOSIS: post op Appendectomy.

Date & Time	Pain score	Pain Character, Frequency, Location, Duration, Referral / Radiating	Interventions	Sign & Employee ID	PAIN SCALES
8 AM 10 pm	0/10	No pain	pharmacological	Nilajan N3529	NEONATAL INFANT PAIN SCALE (NIPS) (0-2 MTHS) 0-3 - Mild 4-6 - Moderate 7-10 - Severe
8 AM	0/10	No pain	—	Jayashree N382	FLACC Scale (2 mths - 7 yrs) 0 - Relaxed & comfortable 1-3 - Mild discomfort 4-6 - Moderate pain 7-10 - Severe pain
3pm	0/10	No pain	—	Usha N384	Wong and Baker Facial Grimace scale : (7 yrs - 16yrs)
10pm	0/10	No pain	—	Nilajan N3529	 NRS/VRS/ VAS: age more than 16yrs
8 AM	0/10	No pain	—	Jayashree N382	CPOT : Suggested for ventilated patients (0-8)score
3pm	0/10	No pain	—	(PC) N382	NON PHARMACOLOGICAL INTERVENTIONS
10pm	0/10	No pain	—	Nilajan N3529	Diversional Therapy a. Relaxation – conducive environment b. TV c. Music, d. Physical and mental exercises (Guided Surgery)
8 AM	0/10	No pain	—	Jayashree N382	Cutaneous stimulation and massage e. Positioning f. Rubbing/ massage the skin
3pm	0/10	No pain	—	Parisha N382	Thermal therapies (no longer than 15 to 20 minutes) g. Cold application h. Heat application i. Shortwave diathermy
4:30 pm	03/10	mild pain at abdomen	pharmacological management	Parisha N382	Transcutaneous electrical nerve stimulation (TENS) j. Interferential Therapy
5:30 pm	01/10	mild pain at abdomen	Q.E.K.	Parisha N382	Psychosocial therapy/counseling k. Individual counseling l. Family counselling
6:30 pm	0/10	No pain	—	Parisha N382	
8pm	0/10	No pain	—	Sopan N3846	
8pm	0/10	No pain	—	AD N3852	
2pm	0/10	No pain	—	DRW N3858	
					PHARMACOLOGICAL INTERVENTIONS As per doctors prescription