

Time	Patient Specific Nursing Needs	Measurable Goal	Nursing Interventions	M	E	N	Evaluation / Outcome	Time Date Name & ID
8z 9z 10z	Fluid and electrolytes <input type="checkbox"/> Oral <input type="checkbox"/> IV <input checked="" type="checkbox"/> Ryles Tube Feed <input type="checkbox"/> TPN <input type="checkbox"/> Others	<input checked="" type="checkbox"/> Patient will have balanced fluid and electrolyte balance	<ul style="list-style-type: none"> ● Monitor intake and output chart ● Check for IV sites, patency and monitor for any signs of phlebitis ● Enhance fluid intake unless contraindicated ● Fluid _____ at _____ 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="radio"/> Well hydrated. <input type="radio"/> IV cannula is patent and intact. <input type="radio"/> I/O chart _____	Kath 13/10 10am 10pm
8z 9z 10z	NUTRITION <input type="checkbox"/> Keep NBM <input type="checkbox"/> Full Diet <input type="checkbox"/> Therapeutic Diet <input checked="" type="checkbox"/> Ryles tube feed <input type="checkbox"/> TPN	<input checked="" type="checkbox"/> Patient will have adequate nutrition <input type="checkbox"/> Patient will have no nausea and vomiting	<ul style="list-style-type: none"> ● Provide prescribed diet on time ● Encourage patient to consume the served meal ● Record the amount of food consumed ● IV Fluid at _____ ml/hr. ● TPN at _____ ml/hr. ● RT Feed at <u>60</u> ml/hr. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="radio"/> Good appetite <input type="radio"/> No nausea or vomiting <input type="radio"/> Served meal is consumed full/partial/none (tick wherever applicable)	dti 11/10 11am 1pm 1pm
8z 9z 10z	SKIN INTEGRITY <input type="checkbox"/> Intact skin <input checked="" type="checkbox"/> Skin peel present at Area <u>rectum, ear</u> Grade _____ PUSH Score _____	<input checked="" type="checkbox"/> Patient will have intact skin integrity <input type="checkbox"/> Patients skin peel is improving	<ul style="list-style-type: none"> ● Assess the Braden score and all potential causes of skin breakdown ● Minimize / eliminate friction /shear ● Relieve pressure points by using air mattress, prophylactic skin dressing ● Manage moisture ● Maintain adequate nutrition and hydration ● Keep bed wrinkle free ● Change position as per position clock 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="radio"/> No skin breakdown is noted <input type="radio"/> Skin peel is healing/not healing	dti 11/10 11am 1pm 1pm
8z 9z 10z	HYGIENE <input checked="" type="checkbox"/> Bed bath <input type="checkbox"/> Assist in bath on bed <input type="checkbox"/> Oral care <input type="checkbox"/> Perineal care <input type="checkbox"/> Hair wash <input type="checkbox"/> Others _____	<input checked="" type="checkbox"/> Patient will stay clean and well groomed.	<ul style="list-style-type: none"> ● Encourage patient / daily give sponge bath, oral care, hair care and perineal care. ● Change patients clothes daily ● Encourage hand hygiene as per 5 moments 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="radio"/> Patient is having good personal hygiene	dti 11/10 11am 1pm 1pm