



FALL RISK ASSESSMENT PHYSIOTHERAPY

FALL RISK ASSESSMENT (MODIFIED MORSE SCALE) :

Variables	Numeric Value	CNS / CVS Medication	No Yes	0 20
History of Falling	No 0 Yes 25	Gait Normal / bed rest / wheel chair		0
Secondary Diagnosis / Elimination Problem	No 0 Yes 15	Weak Impaired		10 20
Ambulatory Aid		Mental Status Oriented to own stability		0
None / bed rest / nurse assist	0	Overestimated or forgets limitations		15
Crutches / Cane / Walker	15			
Furniture	30	Total Score		35

FALL RISK ASSESSMENT (THE HUMPTY DUMPTY SCALE)

Parameter	Criteria	Score	
Age	Less than 3 years old	4	Total score : _____ 7-11 : Low risk 12 or above : High risk
	3 to less than 7 years old	3	
	7 to less than 13 years old	2	
	13 years and older	1	
Gender	Male	2	Interventions for low risk <ul style="list-style-type: none"> Orient the patient / attendant to surroundings Bed is in low position and Bed locked Orient the patient / attendant on use of call bell Keep all side rails up Patient instructed not to get up without assistance Assistant with patient while using washroom Place the yellow colour ID band on bed
	Female	1	
Diagnosis	Neurological Diagnosis	4	
	Alterations in oxygenation (respiratory diagnosis, dehydration, anaemia, anorexia, syncope / dizziness, etc)	3	
	Psychiatric behavioural disorders	2	
	Others diagnosis	1	
Cognitive Impairment	Not aware of limitation	3	Interventions for High risk <ul style="list-style-type: none"> Family companion instructed to be present at bedside Need for 24 hrs. Supervision / Assistance Initiate the use of bedside commode if appropriate Place the red colour ID band on bed
	Forgets limitations	2	
	Oriented	1	
Environmental factors	History of falls or infant - toddler placed in bed	4	
	Patient uses assertive devices or infant toddler in crib or furniture / lighting	3	
	Patient placed in bed	2	
	Outpatient Area	1	
Response to surgery / sedation and anaesthesia	Within 24 Area	3	
	Within 48 hours	2	
	More than 48 hours / none	1	
Medication Usage	Multiple usage of : sedatives (excluding ICU patients sedated and paralyzed) Hypnotic, Barbiturates, Phenothiazine, Antidepressants, Laxatives diuretics, Narcotics	3	
	One of the medicines listed above	2	
	Other medications / none	1	