



Date 29/09/23

Post Operative / Procedure Nursing Care Plan

D6/DY

Time	Patient Specific Nursing Needs	Measurable Goal	Nursing Interventions	M	E	N	Evaluation / Outcome	Time Date Name & ID
8Am	Pain	<input checked="" type="checkbox"/> The patient will have less pain as indicated in the pain reassessment form. <input type="checkbox"/> _____	<ul style="list-style-type: none"> Evaluate location, character, quality and severity of pain. Reassure patient and family. Administer pain medication as prescribed and as needed. Observe for any changes in vital signs. Maintain proper positioning of patient. Assist or turn patient every two hours. Assess incision area every 8 hours of redness, heat, induration, swelling, separation and drainage. Instruct patient and family about effect and side effect of analgesia and how to prevent and manage side effect. pt is on T-T 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Pain relieved. <input checked="" type="checkbox"/> Verbalizes that he/she is comfortable and not in acute stress. <input type="checkbox"/> No signs of incisional infection evident. <input type="checkbox"/> Increase interaction with family and friends. <input type="checkbox"/>	<u>Abhay</u> n3292 8pm
3pm								<u>Shradha</u> n3292 10pm
10V								<u>Vikas</u> n3292 10pm
8Am	Anxiety	<input type="checkbox"/> Patient will cope properly with his illness and react positively to his surroundings.	<ul style="list-style-type: none"> Explain all procedures to patient or family members in simple terms Assess for pain and medication before painful procedures. Maintain calm & restful environment. Encourage verbalization of feelings & dimensional therapy. Help patient to cope with outcomes of surgery. Provide comfortable position to enhance sleep. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> States the anxiety is at manageable level. Free of anxiety Participate with health care tea in treatment regimen. <input type="checkbox"/> Uses coping skill as verbalization, pain relief. <input type="checkbox"/> Verbalized of uninterrupted sleep	<u>Abhay</u> n3292 8pm
3pm								<u>Shradha</u> n3292 10pm
10V								<u>Vikas</u> n3292 10pm