



MGM
NEW BOMBAY HOSPITAL, VASHI

Plot No. 35, Sector 3, Vashi, Navi Mumbai - 400703
Tel.: (022) 5066 6777



PAIN RE-ASSESSMENT FORM

DIAGNOSIS: _____

Date & Time	Pain score	Pain Character, Frequency, Location, Duration, Referral / Radiating	Interventions	Sign & Employee ID	PAIN SCALES
					NEONATAL INFANT PAIN SCALE (NIPS) (0-2 MTHS) 0-3 - Mild 4-6 - Moderate 7-10 - Severe
					FLACC Scale (2 mths - 7 yrs) 0 - Relaxed & comfortable 1-3 - Mild discomfort 4-6 - Moderate pain 7-10 - Severe pain
					Wong and Baker Facial Grimace scale : (7 yrs - 16yrs)  0 - No Hurt 2 - Hurts Little Bit 4 - Hurts Little More 6 - Hurts Even More 8 - Hurts Whole Lot 10 - Hurts Worst
					NRS/VRS/ VAS: age more than 16yrs  0 - None 1 - Mild 3 - Moderate 5 - Severe
					CPOT : Suggested for ventilated patients (0-8)score
					NON PHARMACOLOGICAL INTERVENTIONS Diversional Therapy a. Relaxation – conducive environment b. TV c. Music, d. Physical and mental exercises (Guided Surgery) Cutaneous stimulation and massage e. Positioning f. Rubbing/ massage the skin Thermal therapies (no longer than 15 to 20 minutes) g. Cold application h. Heat application i. Shortwave diathermy Transcutaneous electrical nerve stimulation (TENS) j. Interferential Therapy Psychosocial therapy/counseling k. Individual counseling l. Family counselling
					PHARMACOLOGICAL INTERVENTIONS As per doctors prescription