



NABH ACCREDITED



MGM

NEW BOMBAY HOSPITAL, VASHI



Organizations Accredited
by Joint Commission International

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- If you have undergone ileostomy or colostomy then special instructions of diet and bag care will be given .

Be patient with yourself :

Everyone recovers at his or her own rate , and it may take time before the patient is at full speed again , if rest is what the doctor has ordered , ask friends and family to help take some of the load off and offer company and don't be stubborn – permit yourself to accept help from others .

The more you can rely on family and medical team , the faster and easier the recovery will be .

Please call/consult your doctor/hospital immediately if you experience any of the following symptoms :

- Increased soakage at the operated site
- Increased redness around the operated site
- Increased swelling around operated site
- Pain that suddenly increases or becomes overwhelming.
- Foul odour from the wound site
- Fever which is persistent with or without chills
- Sudden unbearable pain at operated site
- Breathlessness
- Incapability to tolerate food or drink
- Persistent diarrhea,constipation ,nausea or vomiting.

KEEP YOUR FOLLOW UP APPOINTMENTS AND FOLLOW YOUR DOCTOR'S INSTRUCTIONS