



Date 12/10/24 10

## Post Operative / Procedure Nursing Care Plan

Time	Patient Specific Nursing Needs	Measurable Goal	Nursing Interventions	M	E	N	Evaluation / Outcome	Time Date Name & ID
8 <sup>th</sup> 10 <sup>th</sup>	<b>Pain</b>	<input type="checkbox"/> The patient will have less pain as indicated in the pain reassessment form. <input type="checkbox"/> _____	<ul style="list-style-type: none"> <li>● Evaluate location, character, quality and severity of pain.</li> <li>● Reassure patient and family.</li> <li>● Administer pain medication as prescribed and as needed.</li> <li>● Observe for any changes in vital signs.</li> <li>● Maintain proper positioning of patient. Assist or turn patient every two hours.</li> <li>● Assess incision area every 8 hours of redness, heat, induration, swelling, separation and drainage.</li> <li>● Instruct patient and family about effect and side effect of analgesia and how to prevent and manage side effect.</li> <li>● _____</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Pain relieved. <input type="checkbox"/> Verbalizes that he/she is comfortable and not in acute stress. <input type="checkbox"/> No signs of incisional infection evident. <input type="checkbox"/> Increase interaction with family and friends. <input type="checkbox"/> _____	<u>10/10/24</u> <u>10/10/24</u>
8 <sup>th</sup> 10 <sup>th</sup>	<b>Anxiety</b>	<input type="checkbox"/> Patient will cope properly with his illness and react positively to his surroundings.	<ul style="list-style-type: none"> <li>● Explain all procedures to patient or family members in simple terms</li> <li>● Assess for pain and medication before painful procedures.</li> <li>● Maintain calm &amp; restful environment.</li> <li>● Encourage verbalization of feelings &amp; dimensional therapy.</li> <li>● Help patient to cope with outcomes of surgery.</li> <li>● Provide comfortable position to enhance sleep.</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> States the anxiety is at manageable level. Free of anxiety Participate with health care tea in treatment regimen. <input type="checkbox"/> Uses coping skill as verbalization, pain relief. <input type="checkbox"/> Verbalized of uninterrupted sleep	<u>10/10/24</u> <u>10/10/24</u>	