Singh, Suraj (Cognizant)

From: customercare@mbcare.in

Sent: Wednesday, August 26, 2020 5:36 PM

To: Singh, Suraj (Cognizant)

Subject: Your appointment confirmation letter.

Attachments: ATT00001.bin

[External]

MediBuddy Appointment ID (3687637) is Confirmed



Your appointment for Health Check has been confirmed.



Dear Suraj Singh,

Appointment ID: 3687637

We are happy to confirm your appointment for health check. Thank you for choosing MediBuddy, (Suraj Singh)!

Here are the details of your appointment:

Employee	755123 Cognizant Technology Solutions
Beneficiary	Suraj Singh
Healthcare Centre	The Apollo Clinic Cosmic Enclave,Opposite S.B.I Bank(Sama Branch),Near Gipcl Circlesama, Vadodara
Centre SPOC	Ms.KumKum Lakshmi
Date and Time	31-Aug-2020 9:30 AM
Test Details	Package 1- Up to 35 years Male
	Fasting Blood Sugar
	Post Prandial Blood Sugar
	ECG
	Physician Consultation
	Physical Examination

Blood Grouping & Rh Typing

Complete Haemogram

Routine Urine Analysis (RUA)

Serum Uric Acid

Blood Urea Nitrogen(BUN)

Total Cholesterol

GGT (Gamma Glutamyl Transpeptidase)

ALT

AST

Chest X - Ray

This confirmation letter is valid only for the above mentioned appointment date. Should you like to <u>reschedule</u>, you will receive a revised confirmation letter for the next preferred date.

Do note these important points in preparation for your health check:

- Please carry a copy of your "National photo ID card" along with this confirmation email for
 your appointment. This confirmation letter is valid only for the above mentioned appointment
 date. Should you like to <u>reschedule</u>, you will receive a revised confirmation letter for the
 next preferred date.
- The beneficiary must fast overnight for 12 hours before the appointment. Only water can be consumed.
- Avoid smoking or consuming alcohol for a minimum of 24 hours before the check-up.
- Women are not advised to undergo health check at the time of menstruation.
- X-rays are not recommended for pregnant women.
- You may carry urine and stool sample in a sterilized container that can be obtained from your nearest pharmacy (If Applicable - Please check above test details).
- You are not required to make any payment at the medical centre if package is sponsored by your company and unless you undergo additional tests at your own discretion or as per recommendation by consulting physician.
- Registration is mandatory at the medical centre; this may take 15-20 minutes.
- Health checks at your medical centre may take 4-5 hours on weekdays and 5 6 hours on Saturdays. Please do plan accordingly.

Before you go, here's some quick reading on general wellness:

- Hypertension worries? Here's what you should know.
- Make a resolution to <u>make health your priority</u>.

Warm Regards, Team MediBuddy

Email: customerhealthcheck@mahs.in Grievances: grievances@mahs.in

Call: 080-68239354 (Monday to Saturday: 8:00 AM to 8:00 PM)



