# **Grow Healthy**

#### **Exercise**

- A. Fill in the blanks below with the help of the words given in the box:
- Ans. 1. Keep your body **clean**.
- 2. Take proper **rest**.
- 3. Do exercise daily.

4. Comb you hair.

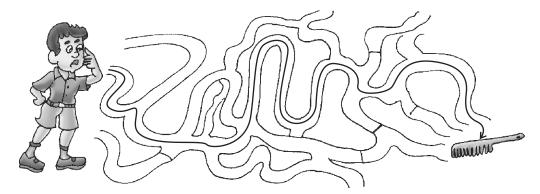
- 5. Use **clean** towel after bath.
- B. Match the following column A with the column B.
- Column 'A' Ans.

#### Column 'B' Dinner

- 1. 8 pm → (i) 2. 8 am — → (ii) Lunch
- 3. 1.30 pm → (iii) Breakfast
- C. Tick (3) the right statement and cross (7) the wrong one.
- Ans. 1. 3
- 2. 7
- 3. 3
- 4. 7
- 5. 3

D. Sumit is looking for his comb. Help him to locate the comb.

Ans.



#### **Activity**

Do yourself

# **How Body Works**

#### **Exercise**

#### A. Answer the following questions:

- 1. Bone is the hardest part of our body. Ans.
  - 3. Lungs helps us in breathing.

- 2. We moue our body with the help of muscles.
- 4. There is one pair of our lungs in our body.

#### Match the following: В.

1. Skeleton ~

Column 'A' Ans.

- Column 'B' (i) strength
- lub-dub, lub-dub 2. Hardest part 3. Muscles -
- → (iii) group of bones. 4. Heart -→ (iv) breathe
- 5. Lungs -(iv) bone
- **Environmental Studies-2**

#### C. Write the name of following pictures:

Ans.







2. heart



3. lungs



4. hand

#### D. Fill in the blanks:

1. **Bone** is the hardest part of the body. Ans.

- 3. Muscles are covered with **skin**.
- 5. **Heart** sounds lub-dub.

- 2. There are **206** bones in our body.
- 4. Structure of bones is called **skelton**.

E. Draw a picture of lungs inside yoru chest with the help fo dots. Colour it also.

Ans. Do yourself

#### **Activity**

Do yourself

# Some Other Body Parts

#### What happens if you do not have brain? 0.

**Ans.** If we do not have brain all our body activity will stop.

#### **Exercise**

#### A. **Answer the following questions:**

1. Saliva mixed up with the food in the mouth. Ans.

2. Stomach digest our food.

3. Brain controls our complete body.

- 4. Brain is located inside the head.
- 5. Saliva helps in the mixing the food and helps in digestion of food.
- В. Write 'silly' if it looks like for the following sentences and write 'good' if it is ok.

Ans. 1. silly 2. good

3. silly

4. silly

5. silly

6. good

### **Activity**

Do yourself

# Keep Fit And Clean

#### **Exercise**

#### Fill in the blanks: Α.

1. Raman bathe with the **Soap**. Ans.

- 3. I wipe my body with **towel**.
- 5. He wears his glasses on his eyes.

#### В. Write the name under each picture:

Ans.

















2. I clean my teeth with **toothpaste**.

4. He washes his **hands** after meal.



1. soap

2. toothpaste

3. tap

4. towel

5. tooth brush

6. tounge cleaner

### Our Food

#### **Activity**

Suppose you do not eat your food in lunch time. How do you feel then? Tick (3) yes or no.

**Ans.** Do you feel lazy?

yes

Do you feel active?

no

Do you feel to play?

no

Do you feel weakness?

yes

#### **Activity**

Name the following food items we eat:

Ans.









Peach

Mango

Cucumber

Cauliflower

Tomato

#### **Exercise**

A. Think and Answer the following:

Ans. 1. milk

2. eggs

3. fruits

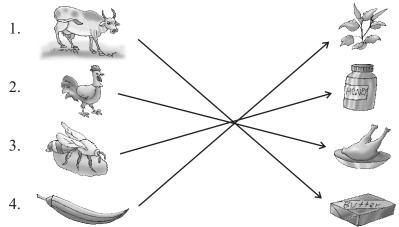
4. meat

5. honey

B. Match the following column 'A' with column 'B':

Ans. Column 'A

Column 'A' Column 'B'



C. Tick (3) the right statements and cross (7) the wrong ones:

**Ans.** 1.

2. 7

3. 7

4. 3

5. 3

D. Colour the fruit give below and write its name also.

Ans. Do yourself

Activity

Do yourself

6

My Sweet House

### **Activity**

These scattered thing belongs to which room of your house. Write the name of room below

the article.

Ans.



Study Room



Kitchen



**Drawing Room** 



Bath Room

#### **Exercise**

#### A. Fill in the blanks with the correct word from the box given below:

Ans. 1. He takes rest in **bedroom**.

- 2. We take bath in **bathroom**.
- 3. We welcome our guests in **drawing room**.
- 4. A kuchcha house is made of **mud**.

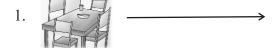
- 5. A pucca house is made of **bricks**.
- Tick (3) the correct statements and cross (7) the wrong ones in the following: В.
- Ans.
- 2. 7
- 3. 7
- 4. 3

#### Match the column A with the column B. C.

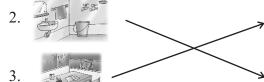
Ans.

#### Column 'A'

#### Column 'B'



→ (a) Mom gives us delicious food here.



(b) I do my homework here.



(c) I take shower bath hare.



(d) A sleeping place.

#### D. Colour the following figures.

Do yourself Ans.

### **Activity**

Do yoruself

# Our Clothes

### **Activity**

**Ans.** Raincoat

#### **Exercise**

#### Fill in the blanks: A.

1. We wear **cotton** clothes in summer. Ans.

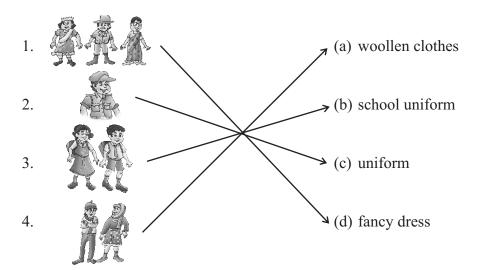
2. We wear **woollen** clothes in winter.

- 3. We wear **raincoat** during rain.
- 5. A policeman wear **uniform**.
- Match the column A with column B.

B. Column 'A' Ans.

Column 'B'

4. We wear **fancy** clothes in school function.



### **Activity** Do yourself

## **Good Manners**

#### **Activity**

Write two more good manners other than used above.

- **Ans.** 1. Obey your parents.
  - 2. Helps the poors.

#### **Exercise**

- Α. Fill in the blanks with the correct words given in the box:
- 1. **Thank you,** for giving me your pen. Ans.

  - 3. Stand in queue at **bus stop**.
  - 5. Keep hanky on your nose while **sneezing**.

B. What will you say in the following events.

Ans.



Happy birthday



Excuse me



2. Please help me.

4. Wish, your teacher.

Sorry



Good night

C. Tick (3) the right statements and cross (7) the wrong ones.

Ans.

3. 7

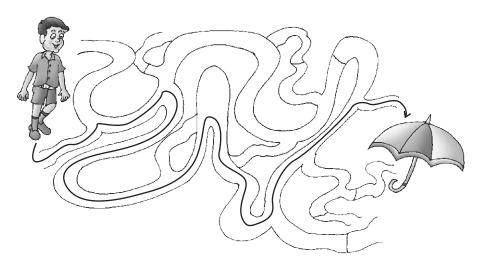
4. 3

5. 3

Environmental Studies-2

#### D. Raja is looking for his umbrella which has been lost somewhere. Help him to find the same.

Ans.



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# My Family

#### **Activity**

What do you call your mother's mother?

Ans. Maternal mother.

What do you call your father's sister?

Ans. Aunt.

#### **Exercise**

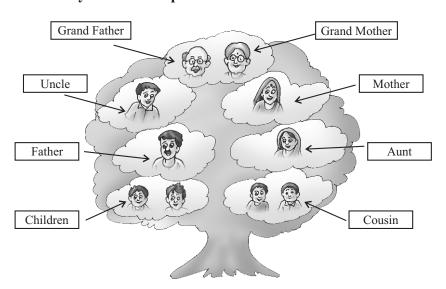
A. Answer the following questions:

Ans. Do yourself

B. Fill in the blanks with the correct word given in the box below:

- **Ans.** 1. My father's brother is my **uncle**.
- 2. My mother's sister is my **count**.
- 3. My uncle's children are my **cousins**.
- 4. A small family has **four** members.
- 5. A big family has **more** than four members.
- C. Who are there in a family trees? Fill up the boxes in the tree.

Ans.



### Activity

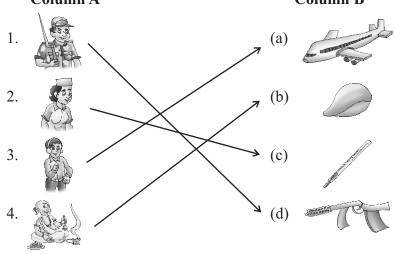
Do yourself

# People Around Us

#### **Exercise**

- A. Answer the following questions:
- Ans. 1. Teacher 2. Doctor 3. Tailor 4. Book Seller 5. Peon
- B. Fill in the blanks with the help of correct words given in the box.
- **Ans.** 1. A postman brings our **letters**. 2. A washerman **washer** our clothes.
  - 3. **Police** protects us from robbers. 4. **Barber** cuts our hair.
  - 5. Watchman **gourds** our houses.
- C. Match the following column a with column B.

Ans. Column A Column B



#### **Activity**

List of occupation people doing around us:

1. Carpenter2. Washerman3. Tailor4. Teacher5. Cobbler6. Electrician7. Shopkeeper8. Doctor9. Nurse10. Postman11. Milkman12. Advocate13. Gate man14. Police man15. Builder

11

# My Nearby Services

#### **Activity**

Mention the name of two services available in your neighbourhood.

Ans. 1. Post office

2. School

**Activity** 

Which service of your neighbourhood you like most and why? Write below:

**Ans.** I like my school very much. My school is very close to my house. I learn many things from my teacher. They teach me how to be have in good manners. I love my school and teachers.

#### **Exercise**

#### A. Answer the following questions:

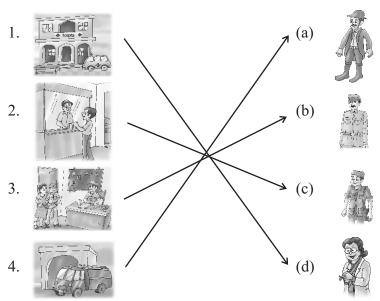
- Ans. 1. (i) School and (ii) Bank 2. Public. Telephone or (P.C.O.) 3. Police Station.
  - 4. Hospital 5. Bank Lockers

#### B. Fill in the blanks with correct words from the box below:

- **Ans.** 1. We send money order through **Post office**. 2. Ramesh went to Singapore by **Aeroplane**.
  - 3. We get latest information from **cyber cafe**. 4. We get bus from **Bus station**.
  - 5. We go to **Hospital** in case of illness.

#### C. Match the following column A with column B.

#### Ans. Column A Column B



# 12

# Safety Rules

#### **Activity**

1. Always play in playgrounds only.

2. Do not touch electric switch wet handed.

#### **Exercise**

#### A. Answer the following questions:

**Ans.** 1. We should obey traffic lights for our safety on Roads.

- 2. If we rush on stairs we may get hurted.
- 3. If, we climb on window, we may fell down.
- 4. We should help him sending to hospital.
- 5. We should follow safety rules to avoid accidents.

#### B. Fill in the blanks with the help of the words given in the box:

**Ans.** 1. Never board a **moving** bus.

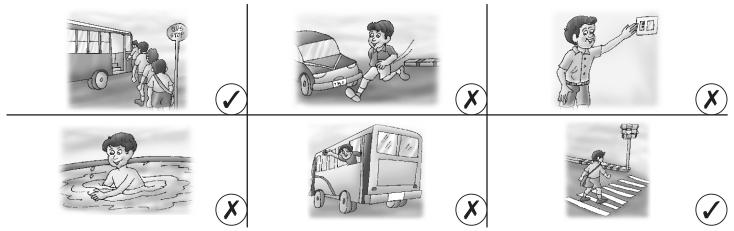
2. Do not **lean** out of window of a moving bus.

- 3. Do not touch **electric** wire.
  4. Do not **play** on the road.
- 5. Do not swim without **swimming** tube.

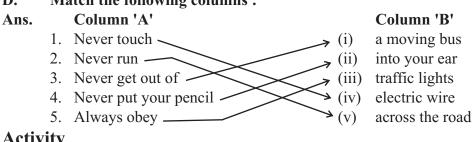
#### C. Tick (3) the picture which is right and cross (7) the ones.

Ans.

### Environmental Studies-2



#### D. Match the following columns:



### Activity

Do yourself

13

# We Help Each Other

2. Father earn money in our family.

4. Gardener waters the plant at our home.

### **Activity**

Write the name of your mother and father and their professions also.

Ans. Do yourself.

Activity

Say Yes or No

Ans. 1. Yes

2. Yes

3. Yes

#### **Exercise**

#### A. Answer the following questions:

- **Ans.** 1. Mother look the food at our home.
  - 3. Pappa bring the vegetables in our family.
  - 5. I lay at my bed.
- B. Colour your car.

**Ans.** Do yourself

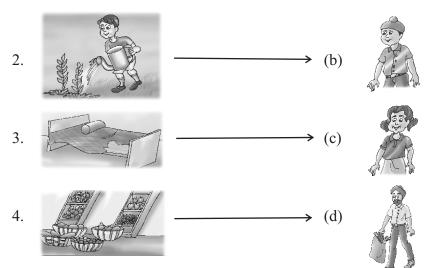
C. Match the following column A with the column B.

Ans. Column A Column B





10 Environmental Studies-2



#### **Activity** Do yourself

# Places of Worship

### **Activity**

Ans. Mandir

#### **Exercise**

#### **Answer the following questions:** A.

1. Hindus pray in temples. Ans.

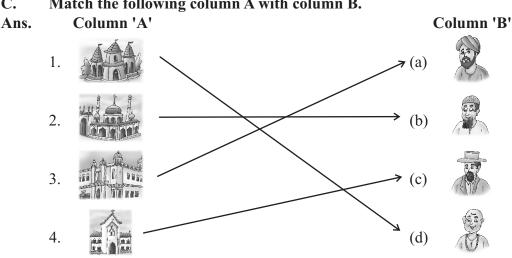
- 2. Muslims pray in mosques.
- 3. Christians follow the teachings of Jesus christ.
- 4. People pray to God because it gives us power to go ahead.
- 5. God is our father.

#### В. Fill in the blanks with correct words from the box below:

1. **Temple** is the place of worship for Hindus. Ans.

- 2. **Mosque** is the place of worship for Muslims.
- 3. Christians go to **church** for prayer.
- 4. Prayer of Muslims is called Namaz.
- 5. Gurudwara is a place fo worship.

#### C. Match the following column A with column B.



#### **Activity**

- 1. I went to Hanuman Mandir on Tuesday.
- 2. Many peoples were worshiping to God.
- 3. Some peoples were ringing the bells.
- 4. Some woman man and children were singing "Aarti" in group.
- 5. There were many pictures and idols of Bhagwan Ram, Krishan, Ganesh Shivji and Parvati too.

15

### **Our Festivals**

#### **Exercise**

#### A. Answer the following questions:

**Ans.** 1. Hindus celebrate Diwali.

- 2. Muslims celebrate Id.
- 3. Christians celebrate Christmas.
- 4. Sikhs celebrate' Guru Purab'.
- 5. We celebrate the festivals for our tradition and joy.

#### B. Fill in the blanks with the correct word from the box :

**Ans.** 1. Hindus celebrate **Diwali** festival.

2. 2nd October is the birthday of **Gandhiji**.

3. Muslims celebrate **Id** festival.

- 4. the sweet dish on Id is called **Sewainya**.
- 5. The most enjoyable thing on Guru Purb is to have Langar.
- 6. Guru Purab is birthday of tenth Guru of Sikhs.

#### C. Match the following religious marks.

Column B

1. (a) (b) 786

3. (c) 76

4. (d) 37

#### **Activity**

Ans.

Make a list of festivals we celebrate in India other than mentioned above.

Hindus : Holi, Raksha Bandhan, Dushhara, Shiv Ratri, Basant Panchami.

Muslims : Id ul MIlad, Id-ul-Fitar, Id-ul-Zuha.

Sikhs : Guru Nanak Birthday, Baisakhi, Lohri, Holi Mohall, a Guru Govind Jayanti

Christians : Good Friday, Easter, Lent Hallyweok. Sunday.

# My School

#### **Exercise**

#### A. Answer the following questions:

- **Ans.** 1. Principal is the head of our school.
  - 3. Peon of school ring sound bell.
  - 5. Bus Driver drive our school bus.
- B. Recognize the place and name it below:

Ans.







Office

2. Music teacher teach us music.

4. We got to school to gain knowledge.



Park

Library Drawing Room

C. Match the following column A with the column B. Ans. Column A

Column A

1. We gain knowledge
2. We enjoy cold drinks
3. Many books available
4. We play football
5. Head of the school

Column B

(a) Library

(b) Play ground

(c) Principal

(d) Canteen

(e) School

### Activity

Do yourself

17

### Plants - Our Green Friends

### **Activity**

### Q. What will you miss if there are no trees?

Ans. 1. If there were no tree, No fruit vegetable will be available.

Ans. 2. If there is no tree, animals will not find the their food.

#### **Exercise**

#### A. Answer the following questions:

**Ans.** 1. Plants gives us fruits, vegetables, Medicines, food and shalter to us as well as animals.

- 2. Big plants are called trees.
- 4. Rose plant gives us flower.

- 3. Small plants are called shrubs or herbs.
- 5. I like banana very much.

#### B. Fill in the blanks with the correct words from the box.

**Ans.** 1. We get food grains from **plants**.

- 3. Plants are our green **friends**.
- 5. Trees bring **rain** for us.

- 2. We get oil and **medicines** from plants.
- 4. Birds get **shelter** in the trees.

#### C. Write the name of products in correct column below:

Ans.	SL. No.	Fruit	Vegetable	Food grains
	1.	Mango	Brinjal	Rice
	2.	Papaya	Tomato	Wheat
	3	Melon	Potato	

#### **Activity**

Ans.	·	Tree		Herbs
	1.	Neem	1.	Rose
	2.	Mango	2.	Tulsi

- 3. Jamun
- 4. Banyan
- 5. Peepal

# 18

### **Animals World**

### **Activity**

Q. Name two animals you have seen around.

Ans. 1. Cow

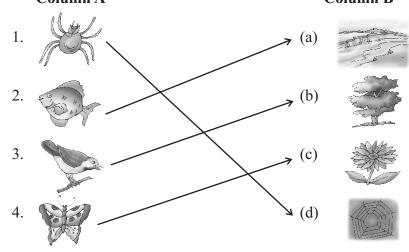
2. Camel

#### **Exercise**

- A. Answer the following question:
- Ans.
   1. 1. Dolphin
   2. Whale
   2. 1. Pigeon
   2. Hen

   3. 1. Bug
   2. Ant
   4. 1. Snake
   2. lizard
  - 5. Animals are used for carrying goods.
- B. Fill in the blanks with the correct words given in the box below:
- **Ans.** 1. Fish live in water. 2. Birds have two wings.
  - 3. Insects have **six** legs. 4. Reptiles **crawl** on the ground.
  - 5. A crocodile is a **reptile**.
- C. Match the following column A with the column B:

### Ans. Column A Column B



#### **Activity**

Ans.		Land Animals	Water Animals	Birds
	1.	Cow	Fish	Peacock
	2.	Camel	Duck	Pigeon
	3.	Deer	Crocodile	Hen
	4.	Buffalo	Starfish	Crow
	5.	Ox	Dolphin	Parrot
	6.	Bull	Frog	Eagle

19

### Travel Around

#### **Exercise**

- A. Answer the following questions:
- **Ans.** 1. We go to school by school bus.
- 2. Father go to his office by car.
- 3. Boat, Ship.

- 4. All the vehicles in it runs on roads.
- 5. Truck, Bus.
- B. Fill in the blanks with the correct words from the box given below:
- **Ans.** 1. Ship is a means of water transport.
- 2. Gliders fly in the air.

3. Bus runs on land.

- 4. Train runs on tracks.
- 5. Means of transport are used to save **time**.
- C. Colour the following dotted figure and name it.
- Ans. Glider

20

## The Earth

### Activity

### Write down on which type of land you are living:

**Ans.** We are living on plain land.

#### **Exercise**

#### A. Answer the following questions:

- **Ans.** 1. The shape of the earth is round like ball.
- 2. Two third area of the land is covered with water.
- 3. The land between two hill tops is called valley. 4. River ends into the sea.
- 5. Sandy are of the earth is called desert.

#### B. Fill in the blanks with the correct words from the box below:

- **Ans.** 1. The earth is **round** like an orange.
  - 2. **Two third** surface area of the earth is covered with water.
  - 3. Place between two hill tops is called **valley**.
  - 4. We grow **crops** in plains.
  - 5. The land surrounded with water si called **island**.

#### C. Write the name of land below the following pictures.

Ans.

D.





Desert



Stream

Island Val Write Yes or No for the following:

Ans. 1. Yes

2. No

3. Yes

4. No

5. Yes

6. Yes

### Activity

Do yourself

21

# Our Sky

#### **Exercise**

#### A. Answer the following questions:

**Ans.** 1. A rainbow has seven colours in it.

- 3. Sun is a big ball of fire.
- B. Fill in the blanks with the words in the box:
- **Ans.** 1. The **sun** makes the day hot.
  - 3. The **moon** changes its shape daily.
- 2. Sun gives us light and heat. Sun gives us life.
- 2. The sun is a big ball of **fire**.
- 4. The stars twinkle at **night**.
- C. Below are some things which you can see floating in the sky generally.

Ans.



Kite



Helicopter



Eagle



Balloons



Glider



Butterfly

# **Activity** Do yourself